

# **BALZHEIMER'S**<sup>®</sup>

# COMMUNITY PROGRAMS

Alzheimer's Association<sup>®</sup> Florida Chapters 800.272.3900 | alz.org<sup>®</sup>

# CONTENTS

# **ALZHEIMER'S**<sup>®</sup> ASSOCIATION

The Alzheimer's Association®

is proud to coordinate services in Florida through three chapters: Central and North Florida, Florida Gulf Coast, and Southeast Florida. We serve Floridians by providing education, awareness, outreach and support.

Please use this guide to explore local programming. For additional resources visit Community Resource Finder at <u>alz.org/crf</u>.

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# WELCOME

The Alzheimer's Association, Florida Chapters, serves all 67 counties in our beautiful state. We offer education, outreach, and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families, and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention, and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand, and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to your local Program Manager to arrange a private and personalized program for your group or to invite us to your local event or health fair.

#### Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association. you become part of a dedicated network working to combat this devastating disease, honor loved ones, and provide care and support to those in need. Learn more at volunteer.alz.org.

#### **Explore Various Opportunities:**

- Community Educator
- Support Group Facilitator
- Community Connector
- Awareness Champion
- Alzheimer's Advocate
- Brand Ambassador
- Walk to End Alzheimer's Committee
- The Longest Day Committee
- And more!





# Meet Our Team

Care and Support

Julie Shatzer Northwest Florida

**Donna Lee** Greater Gainesville & Jacksonville

**Stefanie Wardlow** Greater Ocala & The Villages

Lyndsey Taylor Greater Orlando

Makeba Huntington-Symons, M.A. Greater Tampa Bay

Jody Streussnig, BAA, CDP, CMDCP Greater Polk

> Escambia Santa Ro

Silvia Caldwell, LPN Greater Sarasota

Lisa L. Kiddon Southwest Florida

**Evelyn Espinal, BBA** Greater Treasure Coast

**Olivia Curtis, B.S.** Palm Beach

Samrah Mitha, MPH Broward

Keith Gibson Miami-Dade & Monroe

#### Regional

Julie Shatzer, MSW, LCSW, Vice President of Programs

Kasia Sherwin, MNM, Director of Grants and Data

Keith Gibson, Sr. Director, Community Engagement

Katie Fahrenbruch, M.Ed., Director of Community Engagement

Stefanie Wardlow, M.A., Senior Program Manager Quality Initiatives and Brain Bus





Gadsden

Liberty Wak

Franklin

Leon

Holmes Jackson

Calhoun

Washington

Walton

Florida Gulf Chapter

Hamilton

Suwanne

afayette

Dixie

Baker

Bradfo

Putnam

Lak

Polk

Hardee

Charlotte

Lee

arasota Desoto

Marion

St Johns

Flagler

Seminole

Osceo

Highland

Glades

Hendr

Collie

21

St. Lucie

Broward

Orange

Columbia

Gilchrist Alachua

Citrus

Hernando

Pasco

Hillsborough

Manatee

Levy

Madison

Taylor

Southeast Florida Chapter

# **INFORMATION & SUPPORT**



#### Welcome to ALZConnected®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at <u>alzconnected.org</u>

#### **Care Consultations**

Living with mild cognitive impairment, Alzheimer's disease, or other dementia profoundly impacts multiple generations. Each person has a unique role, spouses, siblings, children of all ages, and friends—all contributing to the care team. This journey demands careful consideration, strategic planning, and above all, a well-thought-out plan.

Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our professional staff has the knowledge to guide you through a variety of topics. People reach out for many different reasons. Not sure what to ask or where to start? That's okay, too. Just give us a call and we'll guide you from there. The service is free and is at no cost to you.

#### Consultations are available several ways:

- Phone: Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- Live Chat: Access via the green button on our website, available 8 a.m. to 8 p.m. ET, Monday to Friday. <u>alz.org/help-support</u>.
- Online Form: Fill out a form for assistance, with a response within 24 hours.

#### Build an Action Plan with ALZNavigator™

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. <u>alz.org/alznavigator</u>

# VIRTUAL PROGRAMS

# Virtual Brain Bus

**ARE YOU READY? DISASTER PREPAREDNESS** JUNE LEARN MORE > FOR CAREGIVERS 25 12 p.m. ET Engage ALZ JUNE HEALTHY LIVING FOR YOUR BRAIN AND BODY > LEARN MORE 03 10 a.m. FT JUNE **10 WARNING SIGNS OF ALZHEIMER'S** LEARN MORE > 10 10 a.m. ET LEARN MORE JUNE MANAGING MONEY 10 12 p.m. ET **BEAUTIFUL BRAINS: GIFTS BESTOWED FOR** JUNE **LEARN MORE** > SCIENTIFIC DISCOVERY 11 12 p.m. ET EFFECTIVE COMMUNICATION STRATEGIES LEARN MORE JUNE > 10 a.m. ET 17 UNDERSTANDING AND RESPONDING TO LEARN MORE JUNE DEMENTIA RELATED BEHAVIORS 24 10 a.m. ET UNDERSTANDING AND RESPONDING TO JULY LEARN MORE **DEMENTIA RELATED BEHAVIORS** 8

> LEARN MORE

AUGUST

12

12 p.m. ET

12 p.m. ET

**10 WARNING SIGNS OF ALZHEIMER'S** 

SEPT. 9	THE EMPOWERED CAREGIVER: BUILDING FOUNDATIONS OF CAREGIVING 12 p.m. ET	> LEARN MORE	
ост. 14	THE EMPOWERED CAREGIVER: SUPPORTING INDEPENDENCE 12 p.m. ET	LEARN MORE	
NOV. 11	THE EMPOWERED CAREGIVER: COMMUNICATING EFFECTIVELY 12 p.m. ET	> LEARN MORE	
DEC. 9	THE EMPOWERED CAREGIVER: RESPONDING TO DEMENTIA-RELATED BEHAVIORS 12 p.m. ET	> LEARN MORE	
AAIC FOR ALL			



#### **SESSION FOR CLINICIANS**

9 a.m. -1 p.m. EST or on your own time if attending virtually



#### **COMMUNITY SESSION**

9 a.m. -1 p.m. EST or on your own time if attending virtually

#### ADVANCE YOUR ALZHEIMER'S AND DEMENTIA CLINICAL PRACTICE KNOWLEDGE

Access to Cutting-Edge Research Updates Tailored to Busy Providers

- Earn CME/CE Credits at No Cost
- Participate Live on July 31 or On Your Own Time\*

Participate in AAIC For All in Toronto, Canada or online July 31, 2025. Register by July 31. alz.org/AAICForAIIClinicians





LEARN MORE

LEARN MORE

# VIRTUAL PROGRAMS

# **VIRTUAL SUPPORT GROUPS**

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective, and provide you with the support and encouragement necessary to move beyond your diagnosis. Call the 24/7 Helpline for instructions on how to log into the virtual meeting.

#### **Caregiver Support Groups**

- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 7 p.m. ET
- 2nd Friday, 12:30 p.m./11:30 a.m. ET
- 3rd Tuesday, 3 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Monday, 5 p.m. ET
- 4th Thursday, 9:30 a.m. ET
- 4th Saturday, 3:30 p.m. ET

#### Caregiver Support Group in Spanish

- 1st Thursday, 12:30 p.m. ET
- 2nd Monday, 6 p.m. ET

#### Adult Children Bilingual Support Group

• 4th Thursday, 6 p.m. ET

#### Early Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET

#### Veteran's Caregiver Support Group

• 4th Thursday, 1 p.m. ET

#### Younger Onset Support Group

• 3rd Wednesday, 11 a.m. ET



# **ON-DEMAND PROGRAMS**

# **EXPLORE RECORDED WEBINARS**

Access on-demand education at <u>Alzprogramsanytime.org</u>

Featured on-demand webinar Hurricane Preparedness Tips for Caregivers Learn tips on preparing for potential disaster <u>Click here to register and watch the recording.</u>



#### We have topics under the following categories:



#### **Caregiver Resources**

Learn strategies to help you care for your loved one living with Alzheimer's or other dementia.



#### Brain Health & Warning Signs

Identify the warning signs of Alzheimer's, learn how to reduce your risk and more.



#### The Empowered Caregiver

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.



#### Latest Research

Discover the latest advancements in Alzheimer's and dementia research.



#### **Community-Specific Resources**

Understand how to work with specific communities including those with intellectual and developmental disabilities, deafness or hard of hearing and more.



#### En Español (Spanish Language Videos)

# **BRAIN BUS**



**Rob Harris** 

Program Manager

The Brain Bus raises awareness of Alzheimer's and related dementias and addresses the benefits of early detection, early diagnosis, brain health and risk reduction. With two mobile units and virtual offerings the Brain Bus is able to travel throughout Florida.



Heike Accorsi Trilingual Program Manager

BRAIN RUS RAIN BRAIN BUS Elder Affairs SCAN #ENDALZ

The Brain Bus is sponsored in part by State of Florida Department of Elder Affairs and the Area Agency on Aging For Southwest Florida.

# **NORTHWEST FLORIDA**

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Holmes, Leon, Liberty, Okaloosa, Santa Rosa, Wakulla, Walton & Washington Counties

#### Julie Shatzer, MSW, LCSW

Vice President of Progrmas | 727.270.9847 | jshatzer@alz.org For virtual programs see table of contents.

### **PRIVATE AND PERSONALIZED PROGRAMS**

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Rotary Club of South Walton
- Fort Walton Beach Yacht Club
- Rotary Club of Milton

### **COMMUNITY EDUCATION & OUTREACH**

#### Calhoun County

**Brain Bus Stop at Sam Atkins Park** Saturday, October 18, 8 a.m. Sam Atkins Park, 17316 NW Silas Green St. Blountstown 32424

#### Escambia County

Healthy Living for Your Brain and Body Tuesday, June 10, 1 p.m. CST Bayview Senior Center, 2000 E Lloyd St, Pensacola 32503

#### Awareness Presentation

Wednesday, June 18, 1 p.m. CST Baptist Hospital, 123 Baptist Way, Pensacola 32503

#### Awareness Presentation

Thursday, June 19, Noon CST Baptist Medical Park Nine Mile, 9400 University Pkwy., Pensacola 32514





# **NORTHWEST FLORIDA**

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Holmes, Leon, Liberty, Okaloosa, Santa Rosa, Wakulla, Walton & Washington Counties

**Brain Bus Stop at the Gallery Night Juneteenth: Art of Freedom** Friday, June 20, 5 p.m. CST 405a S Palafox St., Escambia 32502

#### Santa Rosa County

Awareness Presentation Friday, June 27, Noon CST Andrews Institute, 1040 Gulf Breeze Pkwy., Gulf Breeze 32561

**Brain Bus Stop at Clyde L. Gracie Community Center** Friday, September 19, 8 a.m. CST Clyde L. Gracie Community Center, 5629 Byrom St., Milton 32570

Brain Bus Stop at First Baptist Church Milton Thursday, September 18, 10 a.m. CST First Baptist Church Milton, 6797 Caroline St., Milton 32570

Walton County Healthy Living for Your Brain and Body Tuesday, June 17, 1:30 p.m. CST The Blake at Miramar Beach, 90 Ponce De Leon St, Miramar Beach 32550

#### Healthy Living for Your Brain and Body Tuesday, June 17, 9:00 p.m. CST

The Blake at Miramar Beach, 90 Ponce De Leon St, Miramar Beach 32550

#### Washington County

**Brain Bus Stop at Possum Palace** Saturday, August 2, 8 a.m. Possum Palace, 3121 Possum Palace Dr. Chipley 32428

# **CAREGIVER SUPPORT GROUPS**

#### **Escambia County** 2nd Thursday at 5:45 p.m. CST Pensacola Library Conference Room, 239 N. Spring St., Pensacola 32502

2nd Friday at 1:30 p.m. CST Azalea Trace, 10100 Hillview Drive, Pensacola 32514 3rd Friday at 10:39 a.m. CST Olive Baptist Church, 1836 East Olive Road, Pensacola 32514

#### Okaloosa County

1st Wednesday at 11:30 a.m. The Meridian at Westwood, 1001 Mar Walt Drive, Ft Walton Beach 32547

1st Wednesday at 2 p.m. CST Niceville Senior Center, 201 Campbell Drive, Niceville, FL 32578

2<sup>nd</sup> Wednesday at 2 p.m. CST Crestview Senior Activity Center, 205 Stillwell Blvd., Crestview 32539

#### Santa Rosa County

2nd Monday at 10 a.m. CST Navarre United Methodist Church, 9474 Navarre Pkwy., Navarre 32566

2nd Thursday at 1 p.m. CST Milton Community Center, 5629 Byrom Street, Milton 32570

3rd Tuesday at 10 a.m. CST Beehive, 4702 Gulf Breeze Parkway, Gulf Breeze 32563

#### Walton County

3nd Monday at 11 a.m. CST Defuniak Springs, 312 College Ave., DeFuniak Spings 32435



# **GREATER GAINESVILLE & JACKSONVILLE**

Alachua, Baker, Bradford, Columbia, Clay, Duval, Gilchrist, Hamilton, Jefferson, Lafayette, Levy, Madison, Nassau, St. Johns, Suwanee, Taylor & Union Counties



#### Donna Lee

Program Manager | 850.583.8758 | <u>dmlee@alz.org</u> For virtual programs see table of contents.

### **PRIVATE AND PERSONALIZED PROGRAMS**

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

## **COMMUNITY EDUCATION & OUTREACH**

Brain Bus Stop at City of Alachua City Hall Monday, June 9, 4 p.m. City of Alachua City Hall, 15100 NW 142 Terrace, Alachua 32615

**Brain Bus Stop at Williston Care Center** Friday, July 25, 3:30 p.m. Williston Care Center, 300 NW 1st Ave., Williston 32696

**Brain Bus Stop at Alachua County Sports and Event Center** Saturday, August 16, 9 a.m. Sports and Event Center, 4870 Celebration Pointe Ave, Gainesville 32608

**Brain Bus Stop at Mt Moriah Church** Sunday, August 17, 9 a.m. Mt Moriah Church, 718 SE 11th St., Gainesville 32641

**Brain Bus Stop at Lubee Bat Conservatory** Saturday, October 25, 8 a.m. Lubee Bat Conservatory, 18405 CR-231, Gainesville 32609

#### **Bradford County**

**Brain Bus Stop at Bradford ARC Hub** Tuesday, August 12, 10 a.m. Bradford ARC Hub, 10501 Hampton Ave., Hampton 32091

**Brain Bus Stop at Tatem Brother's Park** Thursday, August 14, 10 a.m. Tatem Brother's Park, 22598 Park St, Lawtey 32058

Brain Bus Stop at Tatem Brother's Park

Thursday, November 13, 10 a.m. Tatem Brother's Park, 22598 Park St, Lawtey 32058

#### **Clay County**

### Brain Bus Stop at Thrasher-Horne Conference Center

Saturday, August 9, 10 a.m. Thrasher-Horne Conference Center, 283 College Dr. Orange Park 32065

#### **Duval County**

**Brain Bus Stop at River Garden Hebrew Home** Thursday, July 24, 9 a.m. River Garden Hebrew Home, 11401 Old Saint Augustine Rd., Jacksonville 32258

Brain Bus Stop at Almost Home DayBreak Center Friday, August 1, 8:30 a.m. Almost Home DayBreak Center, 3604 Cardinal Point Dr., Jacksonville 32257

Brain Bus Stop at St. Paul Missionary Church Saturday, August 2, 10 a.m. St. Paul Missionary Church, 3738 Winton Dr., Jacksonville 32208

### 10 Warning Signs of Alzheimer's

Monday, August 11, 10 a.m. North Jacksonville Baptist Church Senior Ministry, 8531 N Main St., Jacksonville

#### **Gilchrist County**

Brain Bus Stop at Hart Springs RV and Campground Saturday, October 18, 9:30 a.m. Hart Springs RV and Campground, 4183 SW 80th Ct.., Bell 32619



# **GREATER GAINESVILLE & JACKSONVILLE**

Alachua, Baker, Bradford, Columbia, Clay, Duval, Gilchrist, Hamilton, Jefferson, Lafayette, Levy, Madison, Nassau, St. Johns, Suwanee, Taylor & Union Counties

Nassau County Brain Bus Stop at YMCA Wildlight Saturday, June 7, 10 a.m. YMCA Wildlight, 251 Breezeway Street, Yulee 32097

**Suwanee County** Brain Bus Stop at Live Oak Library Thursday, September 11, 5:30 p.m. Live Oak Library, 1848 Ohio Ave S, Live Oak 32064

#### **Union County**

Brain Bus Stop at Lake Butler Middle School Gym Saturday, July 19, 9 a.m. Lake Butler Middle School Gym,150 SW 6th St., Lake Butler 32054

### **CAREGIVER SUPPORT GROUPS**

#### Alachua County

2nd Friday, Noon Senior Healthcare Center at Crown Pointe, 2205 NW 40th Terr., Gainesville

#### **Duval County**

1st Wednesday, 4 p.m. The Windsor at San Pablo, 4000 San Pablo Parkway, Jacksonville 32224

2nd Wednesday, 3:30 p.m. River Garden Hebrew Home, 11401 Old, St. Augustine Rd., Jacksonville 32258

2nd Wednesday, 6 p.m. Palms Presbyterian Church, 3410 3rd St. South, Jacksonville Beach 32250

#### Levy County

2nd Thursday, 1:30 p.m. Luther Callaway Public Library, 104 NE 3rd Street, Chiefland 32626

St. Johns County 1st Wednesday, 11:30 a.m. The Players Community Senior Center, 175 Landrum Lane, Ponte Vedra Beach





Citrus, Hernando, Lake, Marion, Osceola, Putnam & Sumter Counties

#### Stefanie Wardlow, M.A.

Senior Program Manager | 727.270.9862 | swardlow@alz.org For virtual programs see table of contents.

### **PRIVATE AND PERSONALIZED PROGRAMS**

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

### MCI/EARLY STAGE/YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

#### Lake County

1st Friday, 10 a.m. Clermont Rec. Center, (South Entrance), Room 6, 3700 S. Hwy. 27, Clermont

#### **Sumter County**

1st Friday, 10 a.m. Charter Research, The Villages 32162. \*First Steps, in-person or virtual

## **CAREGIVER SUPPORT GROUPS**

#### Lake County

1st Thursday, 2 p.m. Alto Senior Living, 1601 Hooks St., Clermont 34711

3rd Wednesday, 1:30 p.m. Waterman Village, 445 Waterman Ave., Mt. Dora 32757

#### **Marion County**

3rd Friday, 2:30 p.m. Ocala VA Clinic, 4826 SW 49th Rd., Ocala 34474 \*for Veteran caregivers or caregivers of Veterans

# **GREATER OCALA & THE VILLAGES**

### Citrus, Hernando, Lake, Marion, Osceola, Putnam & Sumter Counties

4th Tuesday, 1 p.m. Brookdale Canopy Oaks, 9070 SW 80th Ave., Ocala 34481

4th Thursday, 2:30 p.m. Marion Senior Services, 1101 SW 20th Ct., Ocala 34471

#### **Sumter County**

2nd Thursday, 2 p.m. Wildwood Community Center, 6500 Powell Rd., Wildwood, FL 34785





# **GREATER ORLANDO**

# Brevard, Flagler, Orange, Seminole & Volusia Counties



**Lyndsey Taylor** Program Manager | 407.543.9429 | <u>lctaylor@alz.org</u> For virtual programs see table of contents.

# PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

# **COMMUNITY EDUCATION & OUTREACH**

### Brevard County

**Brain Bus Stop at The Center for Collaboration** Tuesday, June 24, 10:30 a.m. The Center for Collaboration, 1100 US-1, Rockledge 32955

#### Brain Bus Stop at St John the Evangelist Catholic Community

Friday, July 18, 10 a.m. St John Evangelist Catholic Community, 5655 Stadium Parkway, Brevard 32940

#### Brain Bus Stop at Viera Government Center

Wednesday, July 30, 10 a.m. Viera Government Center, 2725 Judge Jamieson Way, Viera 32940

#### **Brain Bus Stop at Titusville Government Center** Thursday, July 31, 9 a.m. Titusville Government Center, 400 South St., Titusville 32780

#### **Orange County Brain Bus Stop at Titusville Government Center** Thursday, July 31, 9 a.m. Titusville Government Center, 400 South St., Titusville 32780



# **GREATER ORLANDO**

### Brevard, Flagler, Orange, Seminole & Volusia Counties

**Brain Bus Stop at Orange County Convention Center** Saturday, August 23, 10 a.m. Orange County Convention Center, 9800 International Dr., Orlando 32819

**Brain Bus Stop at Orange County Convention Center** Sunday, August 24, 11 a.m. Orange County Convention Center, 9800 International Dr., Orlando 32819

Seminole County Brain Bus Stop at Oviedo on the Park Wednesday, October 22, 8 a.m. Oviedo on the Park, 299 Center Lake Ln., Oviedo 32765

## MCI / Early Stage / Young On-set Group

Registration required, please call 800.272.3900

Seminole County Art Connects ALZ, early stage Alzheimer's disease art class Mondays, 1 p.m. One Senior Place- Greater Orlando, Altamonte Springs 32714

## **CAREGIVER SUPPORT GROUPS**

**Brevard County** 2nd and 4th Tuesday, 10:30 a.m. Rockledge Presbyterian Church, 921 Rockledge Dr., Rockledge 32955

#### **Flagler County**

2nd Monday, 11 a.m. Market Street Assisted Living, 2 Corporate Drive, Palm Coast 32137

2nd and 4th Monday, 3:30 p.m. St. Elizabeth Ann Seton Catholic Church, 4600 Belle Terre Pkwy., Palm Coast

#### **Orange County**

1st Monday, 7 p.m. Forest Lake Seventh Day Adventist Church, 515 Harley Lester Ln., Apopka 32703

# **GREATER ORLANDO**

### Brevard, Flagler, Orange, Seminole & Volusia Counties

1st Wednesday, 6 p.m., Neurology One, 92 N. Dean Rd., Suite 100, Orlando 32825 \*Bilingual/Spanish Caregiver Support Group

2nd Monday, 4 p.m. One Senior Place- Greater Orlando, 715 Douglas Ave., Altamonte Springs 32714

1st Thursday, 6 p.m. Spring Hills Lake Mary, 3655 W Lake Mary Blvd., Lake Mary 32746

3rd Thursday, 3 p.m. The Mayflower, 1850 Mayflower Ct., Winter Park 32792

#### **Volusia County**

1st Tuesday, 12 p.m. Brookdale Deland, 1210 N. Stone St., Deland 32720

1st Friday, 10:30 a.m. Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd., Port Orange

3rd Tuesday at 10:30 a.m. Aberdeen, 50 Allwood Green Blvd., Ormond Beach 32174

3rd Wednesday, 6 p.m. The Blake @ LPGA, 1635 N Williamson Blvd., Daytona Beach 32117

3rd Thursday, 10:30 a.m. Arya at Debary, 838 Signature Dr., Debary 32713





# **GREATER TAMPA BAY** Hillsborough, Pasco & Pinellas Counties



Makeba Huntington-Symons, M.A. Senior Program Manager | 727.220.4446 <u>mahuntingtonsymons@alz.org</u> For virtual programs see table of contents.

# PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

# **COMMUNITY EDUCATION & OUTREACH**

#### Hillsborough County

**Brain Bus Stop at 100 North Tampa Building** Tuesday, June 17, 11 a.m. 100 North Tampa Building, 100 N. Tampa St., Tampa 33602

#### Brain Bus Stop at 100 North Tampa Building

Tuesday, June 18, 11 a.m. 100 North Tampa Building, 100 N. Tampa St., Tampa 33602

Healthy Living for your Brain and Body: Tips from the Latest Research Wednesday, June 18, Noon BayCare Health Hub, 2470 Bloomingdale Ave., Valrico 33956

Healthy Living for your Brain and Body: Tips from the Latest Research Wednesday, September 17, Noon BayCare Health Hub, 2470 Bloomingdale Ave., Valrico 33956

Healthy Living for your Brain and Body: Tips from the Latest Research Wednesday, November 19, Noon BayCare Health Hub, 2470 Bloomingdale Ave., Valrico 33956



# **GREATER TAMPA BAY** Hillsborough, Pasco & Pinellas Counties

#### **Pinellas County**

Brain Bus Stop at JB Sanderlin Center Thursday, September 11, 5:30 p.m. JB Sanderlin Center, 2335 22nd Ave South St. Petersburg 33712

### **CAREGIVER SUPPORT GROUPS**

**Hillsborough County** 4th Monday 1 p.m. St. Andrew Presbyterian Church, 1239 W Del Webb Blvd, Rm 2, Sun City Center

2nd Tuesday, 12 p.m. Hyde Park Methodist, 500 W. Platt Street, Tampa 33606. RSVP required. (Hybrid, in-person and virtual via Zoom)

3rd Tuesday, 6:30 p.m. & 4th Wednesday at 2 p.m. Tessera of Brandon, 1320 Oakfield Drive, Brandon 33511. RSVP required. (Hybrid, in-person and virtual via Zoom)

3rd Wednesday, 12 p.m. St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

3rd Wednesday, 12 p.m. St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

1st Thursday, 3 p.m. Phyllis Busansky Adult Day Center, 4102 West Spruce Street, Tampa 33607

2nd Thursday, 3 p.m. Plant City Adult Day Center, 1205 S. Waller Street, Plant City 33566

4th Thursday at 3 p.m. Wimauma Adult Day Center, 16621 Lagoon Shore Blvd., Wimauma 33598 \*Respite available

#### Pasco County

2nd Wednesday, 3 p.m. Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542

1st Thursday, 10:30 a.m. Land O' Lakes Public Library, 2818 Collier Pkwy., Land O' Lakes 34639

2nd Thursday, 1 p.m. Millpond Estates Club House, 7729 Morningdale Drive, New Port Richey 34653

#### **Pinellas County**

Every Monday, 9:30 a.m. Palm Harbor Centre, 1500 16th Street, Palm Harbor 34683

1st and 3rd Monday, 1 p.m. Madonna Ptak Memory Disorders Clinic, 430 Morton Plant St., Ste. 401, Clearwater

2nd Tuesday, 9:30 a.m. Largo Public Library, 120 Central Park Drive, Largo 33771

2nd Tuesday, 10 a.m. Arden Courts of Palm Harbor, 2895 Tampa Road, Palm Harbor 34684

Every Wednesday, 10 a.m. Hale Activity Ctr. Dunedin, 330 Douglas Avenue, Dunedin 34698

2nd Wednesday, 1 p.m. East Lake Public Library, 4125 E. Lake Road S., Palm Harbor 34685

2nd and 4th Wednesday, 10 a.m. Visiting Angels Tarpon Springs, 35 W. Lemon St., Tarpon Springs 34689



3rd Wednesday, 6 p.m. TLC Adult Day Care & Recreation Center, 3970 Tampa Rd., Unit J., Oldsmar 34677

1st and 3rd Thursday, 2 p.m. 2nd Thursday, 6 p.m. St. Anthony's Memory Disorders Center, Professional Office Building 1201 5th Avenue, N., Suite 309, St. Petersburg 33705

1st Thursday, 6 p.m. Arden Courts of Largo, 300 Highland Ave., Largo 33770

4th Thursday 10 a.m. Craft Kafe Downtown 200 Central Avenue, St. Petersburg 33701





# **GREATER POLK** DeSoto, Hardee, Highlands & Polk Counties



Jody Mathewson, BAA, CDP, CMDCP Senior Program Manager | 239.294.1729 | jlmathewson@alz.org For virtual programs see table of contents.

# PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

• City of Lakeland

#### COMMUNITY EDUCATION & OUTREACH Highlands County

#### The Empowered Caregiver: Communicating Effectively Monday, August 25, 5 p.m. Faith Pentecostal House of God, 956 W. Hal McRae Blvd., Avon Park 33825

#### Polk County

**Brain Bus Stop at Munn Park** Saturday, June 14, 10 a.m. Munn Park, 210 E. Main St. Lakeland 33801

#### Brain Bus Stop at Christ Memorial Baptist Church

Thursday, June 26, 9 a.m. Christ Memorial Baptist Church, 2929 Hardin Combee Rd., Lakeland 33801

#### Polk County Sheriff's Office Back to School Bash

Saturday, July 12, 9 a.m. Polk County Sheriff's Office, 1100 Dunson Rd., Davenport, 33896

#### Brain Bus Stop at Central District Substation

Saturday, July 26, 9 a.m. Central District Substation, 3635 Ave G NW. Winter Haven 33880

#### Brain Bus Stop at Polk County Sheriff's Office

Monday, November 17, 7:30 a.m. Polk County Sheriff's Office, 1891 Jim Keene Blvd., Winter Haven 33880

# **CAREGIVER SUPPORT GROUPS**

#### Polk County

2nd Tuesday 12 p.m. Hawthorne Inn, 6150 Lakeland Highlands Rd., Lakeland 33813 \*lunch provided

3rd Monday, 11 a.m. Schalamar Creek Clubhouse Garden Room, 4500 US-92, Lakeland 33801

3rd Tuesday, 1:30 p.m. 3601 Cypress Gardens Rd., Winter Haven 33884

4th Thursday, 9:30 a.m. Solivita Baltic Room, 395 Village Dr., Kissimmee 34759

4th Tuesday, 10:30 a.m. Beautiful Minds Social Center, 1037 S. FL Ave. Suite #130, Lakeland 33803 \*park in back





# **GREATER SARASOTA**

### Charlotte, Manatee & Sarasota Counties



**Silvia Caldwell, LPN** Program Manager | 727.270.9894 | <u>sicaldwell@alz.org</u> For virtual programs see table of contents.

# PRIVATE AND PERSONALIZED PROGRAMS

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- Stone River Retirement Community
- Lorraine Lakes Community

# **COMMUNITY EDUCATION & OUTREACH**

#### Sarasota County

#### Health Fair

Saturday, June 7, Noon Senior Friendship Center, 1888 Brother Geenen Way, Sarasota 34236

#### 10 Warning Signs of Alzheimer's

Wednesday, June 25, 11:30 a.m. YMCA, 705 Center Rd., Venice 34285

# **Caregiver Support Groups**

#### **Charlotte County**

2nd Monday, 5:15 p.m. ActivAge at Chelsea Place, 3626 Tamiami Trl., Port Charlotte 33952

2nd Tuesday, 3 p.m. Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda 33950



# **GREATER SARASOTA**

#### Charlotte, Manatee & Sarasota Counties

#### **Manatee County**

1st & 3rd Wednesday, 10 a.m. Rocky Bluff Library, 6750 US-301, Ellenton 34222

1st Thursday at 10 a.m. Westminster Bradenton at The Manor, 1700 21st Street West Bradenton 34205

2nd & 4th Thursday, 10 a.m. Lakewood Ranch YMCA, 5100 Lakewood Ranch Blvd., Bradenton 34211

#### Sarasota County

1st Tuesday, 11:30 a.m. Frances T. Bourne Jacaranda Library, 4143 Woodmere Park Blvd., Venice 34293

1st 2nd & 3rd Monday, 10 a.m. Church of Palms, 3224 Bee Ridge Rd., Sarasota 34239

3rd Wednesday, 10 a.m. San Pedro Catholic Church, 14380 Tamiami Trail, North Port 34287

2nd Thursday, 3 p.m. Town Square Sarasota, 3882 Central Sarasota Pkwy., Sarasota 34238 \*Respite available





# SOUTHWEST FLORIDA

# Collier, Glades, Hendry & Lee Counties



Lisa L. Kiddon Program Manager | 727.316.8341 | <u>Ilkiddon@alz.org</u> For virtual programs see table of contents.

# PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

# **COMMUNITY EDUCATION & OUTREACH**

#### **Collier County**

Brain Bus Stop at Golden Gate Community Center Wednesday, June 4, 9 a.m. Golden Gate Community Center, 4701 Golden Gate Parkway, Naples 34116

#### Advancing the Science

Tuesday, June 17, Noon Saint John the Evangelist Catholic Church, 625 11th Ave. N., Naples 34108

#### Lee County

**Empowered Caregiver: Exploring Care and Support Services** Tuesday, June 10, 2 p.m. Lakes Regional Library, 15290 Bass Rd., Fort Myers, 33919

#### Awareness Presentation

Monday, June 16, 10 a.m. Well Way Second Floor Health Life Center 609 SE 13th Ct.nd, Cape Coral, 33990

#### Brain Bus Stop at Mariner's Landing

Monday, July 21, 10 a.m. Mariner's Landing, 2120 Carrell Rdd., Fort Myers, 33901

#### Brain Bus Stop at North Fort Myers Regional Park Center

Friday, August 8, 10 a.m. North Ft. Myers Regional Park Center, 2000 N Recreational Park Way, Fort Myers

#### Brain Bus Stop at Mount Olive African Methodist Episcopal

Saturday, July 26, 9 a.m. 2160 Veronica S Shoemaker Blvd., Fort Myers 33916

#### Brain Bus Stop at Area Agency on Aging Third Annual Community Resource Fair Friday, September 12, 10 a.m. Area Agency on Aging, 2830 Winkler Ave., Suite 112, Fort Myers 33916

#### Brain Bus Stop at Riverwoods Plantation Estero

Wednesday, January 14, 10 a.m. Riverwoods Plantation Estero, 4600 Robert E. Lee Blvd., Estero 33928

### **CAREGIVER SUPPORT GROUPS**

#### Lee County

1st Wednesday at 11 a.m. Peace Lutheran Church, 15840 McGregor Blvd., Fort Myers 33908

1st Tuesday at 10 a.m. Cypress Cove, 10200 Cypress Cove Drive, Fort Myers 33908

2nd Wednesday at 1 p.m. and/or 4th Friday at 10 a.m. Good Shepherd United Methodist Church, 2951 Trail Dairy Cir., North Fort Myers

2nd Thursday at 10 a.m. The Terraces at Bonita Springs, 26455 S. Tamiami Trail, Bonita Springs 34134

3rd Tuesday at 10 a.m. Gulf Coast Village 1333 Santa Barbara Blvd., 4th Floor Craft Room, Cape Coral

3rd Thursday at 10 a.m. Lee Healthy Life Center, Coconut Point, 23450 Via Coconut Point, Estero 33928







# **GREATER TREASURE COAST**

### Indian River, Martin, Okeechobee & St. Lucie Counties



#### **Evelyn Espinal, BBA**

Program Manager | 305.503.0468 | <u>eaespinal@alz.org</u> For virtual programs see table of contents.

### **PRIVATE AND PERSONALIZED PROGRAMS**

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# **COMMUNITY EDUCATION & OUTREACH**

#### Indian River County

#### **Awareness Presentation**

Friday, June 27, 6:30 p.m. Community Missionary Baptist Church, 4229 29th Ave, Vero Beach 32967

#### Martin County

Health Fair Saturday, May 31, 10 a.m. The Children's Museum, 1707 NE Indian River Dr., Jensen Beach 34957

#### Brain Bus Stop at House of Hope

Wednesday, June 4, 1 p.m. House of Hope, 2484 SE. Bonita St., Stuart 34997

#### Brain Bus Stop at House of Hope Hobe Sound

Wednesday, June 5, 9:30 a.m. House of Hope Hobe Sound, 8937 SE. Bridge Rd., Hobe Sound 33455

#### Brain Bus Stop at House of Hope Indiantown

Wednesday, June 6, 9:30 a.m. House of Hope Indiantown, 15549 SW. Warfield Blvd., Indiantown 34956



# GREATER TREASURE COAST

Indian River, Martin, Okeechobee & St. Lucie Counties

Health Fair Wednesday, June 11, 12:30 p.m. Kane Center 900 SE Salerno Road, Stuart 34997

**Brain Bus Stop at Blake Library** Friday, November 14, Noon Blake Library, 2351 SE Monterey Rd., Stuart 34996

**St. Lucie County Brain Bus Stop at MIDFLORIDA Event Center** Saturday, June 7, 10 a.m. MIDFLORIDA Event Center, 9221 SE. Event Center Place, Port St Lucie

**Brain Bus Stop at Fort Pierce Police Department Recreation Center** Wednesday, July 16, 10 a.m. Fort Pierce Police Department Recreation Center, 903 S. 21st St., 34950

Health Fair Tuesday, July 22, 10 a.m. Villa Seton, 3300 SW. Chartwell Street, Port St. Lucie 34953

**Brain Bus Stop at Food Bank at Havert L. Fenn Center** Saturday, August 2, 8:30 a.m. Food Bank at Havert L. Fenn Center, 2000 Virginia Ave., Fort Pierce 34982

### **CAREGIVER SUPPORT GROUPS**

#### St. Lucie County

2nd & 4th Tuesday at 10:30 a.m. Harbor Place, 3700 SE Jennings Road, Port St. Lucie, 34952

2nd Thursday, 10 a.m. Golden Ponds Home Community, 1800 Golden Ponds Dr., Fort Pierce 34945





# PALM BEACH COUNTY



#### **Olivia Curtis, B.S.** Program Manager | 772.236.7607 | <u>omcurtis@alz.org</u> For virtual programs see table of contents.

## PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- The Glades Initiative
- The Pines at Delray North
- Abbey Delray South

### **COMMUNITY EDUCATION & OUTREACH**

#### Brain Bus Stop at JFK Middle School Saturday, August 9, 8 a.m. JFK Middle School in Riviera Beach, 1901 Ave. S., Riviera Beach 33404

### MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

2nd Wednesday, 2 p.m. Brain Matters Research, Delray Beach 33445

1st Thursday, 1:30 p.m. Palm Beach Premiere Research, West Palm Beach 33407

2nd Wednesday, 4:15 p.m. JEM Research Institute, Lake Worth 33462

### **CAREGIVER SUPPORT GROUPS**

2nd Tuesday, 10:30 a.m. Wellington Bay, 2590 Wellington Bay Dr., Wellington 33414

2nd Wednesday, 1 p.m. Mae Volen Center 1515 W. Palmetto Park Rd., Boca Raton 33486

3rd Tuesday, 11 a.m. YMCA Boynton Beach Branch, 9600 S Military Trail, Boynton Beach 33436

3rd Wednesday, 11 a.m. Palm Beach Premiere Research, 4631 N. Congress Ave., West Palm Beach

3rd Thursday, 3 p.m. Royal Palm Beach Recreation Center, 100 Sweet Bay Lane, Royal Palm Beach

4th Tuesday, 11 a.m. Brain Matters Research, 800 NW 17th Ave., Delray Beach 33445

4th Tuesday, 4:15 p.m. JEM Research Institute, 142 John F Kennedy Dr., Lake Worth 33462

4th Wednesday, 1 p.m. Mae Volen Center, 1515 W Palmetto Park Rd., Boca Raton 33486

4th Thursday, 6 p.m. New Day Adult Day Care, 301 Ebbtide Dr., Suite H, N., Palm Beach 33408





# **BROWARD COUNTY**



**Samrah Mitha, MPH** Program Manager | 786.847.7456 | <u>snmitha@alz.org</u> For virtual programs see table of contents.

## **PRIVATE AND PERSONALIZED PROGRAMS**

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

• The Carl Shechter Southwest Focal Point Community Center

### **COMMUNITY EDUCATION & OUTREACH**

Brain Bus Stop at Wolk Park

Thursday, June 12, 10 a.m. Wolk Park, 1080 N.W. 42nd Way, Lauderhill 33313

#### 10 Warning Signs of Alzheimer's

Saturday, July 26, 2 p.m. Southwest Regional Library, 16835 Sheridan St., Pembroke Pines 33331

#### Brain Bus Stop at Carter Park

Thursday, October 9, 10 a.m. Carter Park, 1450 W Sunrise Blvd., Fort Lauderdale 33311

### **CAREGIVER SUPPORT GROUP**

1st and 3rd Saturday, 10 a.m. John Knox Village, 501 SW Sixth Street, Pompano Beach, 33060

2nd Tuesday, 5:30 p.m. The Meridian Waterways, 3001 E. Oakland Park Blvd., Ft. Lauderdale 33306



# **BROWARD COUNTY**

3rd Wednesday, 2 p.m. Northwest Regional Library, 3151 University Drive, Rm 214, Coral Springs 33065

3rd Wednesday, 5:30 p.m. Covenant Living of Florida, 9215 W. Broward Blvd., Fort Lauderdale 33306





# **MIAMI-DADE & MONROE COUNTIES**

#### **Keith Gibson**

Sr. Director, Community Engagement 561.414.2365 | <u>kgibson@alz.org</u> For virtual programs see table of contents.

#### **PRIVATE AND PERSONALIZED PROGRAMS**

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

• DoubleTree by Hilton Grand Hotel Biscayne Bay

#### **COMMUNITY EDUCATION & OUTREACH**

#### Miami-Dade County

Alzheimer's and Dementia; What Do We Know? Friday, June 22, 10:30 a.m. Renaissance Ballrooms, 5910 SW 8th St, Miami 33144

#### Brain Bus Stop at City of Hialeah Annual Health Fair

Thursday, June 19, 11 a.m. Milander Center for Arts and Entertainment, 4800 Palm Ave., Hialeah 33012

#### Brain Bus Stop at Second Baptist Church

Sunday, June 22, 8 a.m. Second Baptist Church, 11111 Pinkston Drive, Miami 33176 Health Fair Sunday, June 22, 8 a.m. Second Baptist Church, 11111 Pinkston Drive, Miami 33176

#### Understanding Alzheimer's and Dementia

Thursday, July 3, 1:30 p.m. Pine Woods Villa in Cutler Bay, 8420 SW. 188th Terrace, Cutler Bay 33157

#### **Monroe County**

**Brain Bus Stop at Murray E. Nelson Government Center** Friday, July 25, 11 a.m. Murray E. Nelson Gov. Center, 102050 Overseas Hwy., Key Largo 33037

### **CAREGIVER SUPPORT GROUPS**

#### Miami-Dade County

2nd Monday, 6 p.m., In-Spanish Coral Gables Branch Library, 3443 Segovia Street, Coral Gables 33134

2nd Thursday, 12:30 p.m. Northeast Dade, Aventura Library, 2930 Aventura Blvd., Aventura 33180

3rd Tuesday, 10:30 a.m. Grand Living at Coral Gables, 363 Granello Ave., Coral Gables 33146

4th Tuesday, 7 p.m. The Palace Suites, 11377 SW 84th St., Miami 33173

4th Thursday, 12:30 p.m. Coral Gables Adult Activity Center, 2 Andalusia Ave., Coral Gables 33134



# **COMMUNITY ENGAGEMENT**



#### Keith Gibson

Sr. Director, Community Engagement 561.414.2365 | <u>kgibson@alz.org</u>

Although African Americans are more likely than Whites to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that African Americans, Hispanics and others are not getting treatments when they are most likely to be effective at improving quality of life.

#### **Community Forums**

As the American population ages and becomes increasingly more diverse, we are committed to identifying and addressing barriers that may prohibit members of these diverse communities from receiving important Alzheimer's diagnosis, treatment and resources.



Thank you to OurFund for their generous support.

# THE INTERSECTION OF IDD AND ALZHEIMER'S



#### Katie Fahrenbruch

Director, Community Engagement 850.696.0814 | <u>kafahrenbruch@alz.org</u>



#### DID YOU KNOW

Individuals with Down syndrome have a higher than 90% lifetime risk of developing Alzheimer's disease.

#### Family Support Group for IDD/Down Syndrome & Dementia

• 4th Tuesday, 6 p.m. ET

#### The Exchange

A place for people with IDD, their families, and their providers to come together to learn about IDD and dementia, brainstorm resources, and explore strategies.

• 3rd Tuesday, 3 p.m. ET

#### **Live Webinars**

• The Intersection of IDD & ALZ - Calibrating Our Responses, Wednesday May 28, 2 p.m.



Thank you to generous funding from the Golisano and WITH Foundations.



# HEALTH SYSTEMS AND MEDICAL PROFESSIONALS

#### **Continuing Education on Alzheimer's and Dementia**

The Alzheimer's Association offers continuing medical education on Alzheimer's and dementia, including free CE options. These resources help physicians, radiologists, neurologists, nurses, advanced practice nurses, physician assistants, psychiatrists, social workers, pharmacists and other clinicians to remain current in this fast-changing field.

- <u>CME activities</u>
- <u>Research webinars</u>

# The Alzheimer's and Dementia Care ECHO<sup>®</sup> Program for Health Systems and Medical Professionals

Project ECHO Series helps improve health outcomes and reduce care barriers. <u>Read</u> <u>the blog post</u> by Judi Lux. She describes how Project ECHO has enhanced her work as a medical social worker in an underserved rural area.

#### essentiALZ<sup>®</sup>

**Person-centered dementia care training and certification - from the experts.** Feel confident in providing person-centered dementia care with essentiALZ<sup>®</sup> — Alzheimer's Association training and certification. This training and certification program offers professional care providers:

- Convenient learning through a self-paced, three-hour online curriculum,
- Practical and comprehensive training based on the Alzheimer's Association Dementia Care Practice Recommendations.
- Recognition through the essentiALZ certification exam.

To learn more, visit <u>alz.org/essentiALZ</u>.

Note: Professionals who complete essentiALZ — Alzheimer's Association Training and Certification are eligible to claim continuing education credit at no additional cost. For disclosure and accreditation information, visit <u>alz.org/essentiALZ-credit</u>.

### **PUBLIC HEALTH SPOTLIGHT**

For public health students, educators and professionals, A Public Health Approach to Dementia is a free, online, interactive curriculum featuring videos, knowledge checks and next steps. Each module also includes a downloadable instructor guide with learning objectives, a list of relevant competencies, teaching aids such as case studies, test questions, video resources and additional learning activities. Learn more.

## RESEARCH

#### Scientific Conferences

The Alzheimer's Association offers year-round opportunities for the scientific community to network and learn about Alzheimer's and dementia research. Events include the Alzheimer's Association International Conference<sup>®</sup> (AAIC<sup>®</sup>) — the world's largest meeting dedicated to advancing dementia science — and a variety of in-person and virtual conferences, symposia and other events. <u>Learn more</u>.

#### Welcome to the ISTAART Community

The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) is a diverse global network of scientists, clinicians and dementia professionals. Members of this professional organization share common goals: the pursuit of knowledge, collaboration and breakthroughs to advance the research and treatment of Alzheimer's disease and other dementia. When you join ISTAART, you'll have the opportunity to connect with colleagues worldwide, explore avenues for networking and mentorship, and stay on the leading edge of scientific advancements. <u>Learn more</u>.

### **MEET OUR RESEARCH CHAMPIONS**



Keith Gibson kgibson@alz.org



Lyndsey Taylor lctaylor@alz.org



Stefanie Wardlow, M.A. swardlow@alz.org

Our Research Champions provide high-level updates on the latest in Alzheimer's and dementia research and the Association's role in driving and leading global research initiatives. In addition, they network with Florida researchers and bridge the gap between science and the community. To schedule a virtual or in-person presentation please email one of the above staff members.



THE LONGEST DAY

SUNRISE OUTDOOR YOGA

# CREATE YOUR OWN FUNDRAISER AND OUTSHINE THE DARKNESS OF ALZHEIMER'S.

The Longest Day<sup>®</sup> is the day with the most light – the summer solstice.

Join us to fight Alzheimer's through a fundraising activity of your choice on a day that works for you.

The funds you raise advance the care, support and research efforts of the Alzheimer's Association<sup>®</sup>.

Start your fundraiser at alz.org/tld

Thank you to all our volunteers, sponsors and guests who made the 2025 Gala Season a huge success in Florida!

Inspire, Imagine & Hoppe GALA



Purple Soirée

**HOOPS & HEROES** 



For 2026 partnership & volunteer opportunities: Tampa - Christine Feller at clfeller@alz.org Orlando - Denise Ward at dlward@alz.org Miami - Liesl Mejias at limejias@alz.org

# Rest ALZHEIMER'S® ASSOCIATION

# WALK 🖻 END ALZHEIMER'

ALZHEIMER'S SASSOCIATION

- Sept. 27 Space Coast
- Sept. 27 Ocala
  - Oct. 4 Orlando
  - Oct. 4 The Villages
  - Oct. 4 Pasco County
  - Oct. 4 South Shore
  - Oct. 4 Pinellas County
  - Oct. 5 Pensacola
  - Oct. 11 Gainesville
  - Oct. 18 Tampa
    - Nov. 1 Emerald Coast - Okaloosa County
    - Nov. 1 Volusia County
    - Nov. 1 **Treasure Coast**
    - Nov. 2 Emerald Coast - Panama City
    - Nov. 8 Jacksonville
    - Nov. 8 Lee County
    - Nov. 9 **Boca Raton**
- Nov. 15 Sarasota County
- Nov. 15 Miami
- Nov. 22 Tallahassee
- Nov. 22 **Collier County**
- Palm Beach Nov. 22
  - Dec. 6 Polk County
  - Broward County SCAN ME Dec. 6

**Register today** at alz.org/walk





save the date







# We Need Your Voice

# **BECOME AN ADVOCATE TODAY!**



Because of advocates, we've passed critical legislation and increased federal research funding. Our work isn't done.

We'll train you to advocate. Whatever your experience and availability, we're eager to have you on our advocacy team!

- Meet with elected officials.
- Share your story.
- Spark conversation on social media

- Engage the media.
- Widen our reach.
- Build relationships with officials and staff

# **CONTACT US**

Jennifer Braisted | jbraisted@alz.org





AN ADVO

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# Stay Up to Date

## Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.



# 

# Follow & Tag Us on Social!

**Chapter Accounts** 

Central & North Florida Chapter | @AlzCnfl Facebook | Instagram | X

Florida Gulf Coast Chapter | @AlzFlGulf Facebook | Instagram | X

Southeast Florida Chapter | @AlzSefl Facebook | Instagram | X

#### Statewide Accounts

LinkedIn Alzheimer's Association, Florida TikTok @AlzFlorida YouTube @AlzFlorida

# Alz MindFL - Florida's Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, Alz MindFL. The blog features stories from across Florida including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at alzmindfl.org.



800.272.3900 | alz.org®



Advancing Alzheimer's and dementia research starts with you. Help shape the next breakthrough with TrialMatch<sup>®</sup>.



#### It takes everyone to advance Alzheimer's research.

By joining research studies, you can help us develop the next generation of dementia treatments, diagnostic tools, care and prevention strategies.

Get involved through the Alzheimer's Association TrialMatch<sup>®</sup> — a tool for people with cognitive impairment, dementia, caregivers and healthy participants to quickly and easily learn more about research opportunities taking place throughout the United States and across the world. Confidentially search hundreds of drug and non-drug studies, sign up, receive email notifications about new opportunities or connect with research teams.

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#### Get started today.



ALZHEIMER'S RSASSOCIATION

alz.org/TrialMatch | 800.272.3900



Caring for someone with <u>Alzhei</u>mer's isn't easy.

Reaching us is.

24/7 Helpline: 800.272.3900





Click for local support, information, resources, upcoming events and more.

If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia<sup>®</sup>.

Thank you!

ALZHEIMER'S R ASSOCIATION