



COMMUNITY PROGRAMS & EVENTS

Alzheimer's Association®
Florida Chapters
800.272.3900 | [alz.org](https://www.alz.org)®

CONTENTS



The Alzheimer's Association® is proud to coordinate services in Florida through three chapters: Central and North Florida, Florida Gulf Coast, and Southeast Florida. We serve Floridians by providing education, awareness, outreach and support.

Please use this guide to explore local programming and events. For additional resources visit Community Resource Finder at alz.org/crf.

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WELCOME

The Alzheimer's Association, Florida Chapters, serves all 67 counties in our beautiful state. We offer education, outreach, and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families, and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention, and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand, and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to your local Community Engagement Manager to arrange a private and personalized program for your group or to invite us to your local event or health fair.

Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association, you become part of a dedicated network working to combat this devastating disease, honor loved ones, and provide care and support to those in need. Learn more at volunteer.alz.org.

Explore Various Opportunities:

- Community Educator
- Support Group Facilitator
- Community Connector
- Awareness Champion
- Alzheimer's Advocate
- Brand Ambassador
- Walk to End Alzheimer's Committee
- The Longest Day Committee
- And more!

LEARN MORE



Meet Our Team

Care and Support

Alexis Jacobs, JD, FCCM
Panhandle & Greater Tallahassee

Donna Lee
Greater Gainesville, Jacksonville, & Ocala

Lyndsey Taylor
Greater Orlando, Volusia & Flagler

Stefanie Wardlow, M.A.
Citrus and Hernando

Makeba Huntington-Symons, M.A.
Greater Tampa Bay

Jody Streussnig, BAA
Greater Polk & The Villages

Silvia Caldwell, LPN
Greater Sarasota & Sun City Center

Lisa L. Kiddon
Southwest Florida

Evelyn Espinal, MSW
Greater Treasure Coast, Brevard & Osceola

Olivia Matute, B.S.
Palm Beach

Samrah Mitha, MPH
Broward

Joe H. Baldelomar, Psy.M.
Miami-Dade

Regional

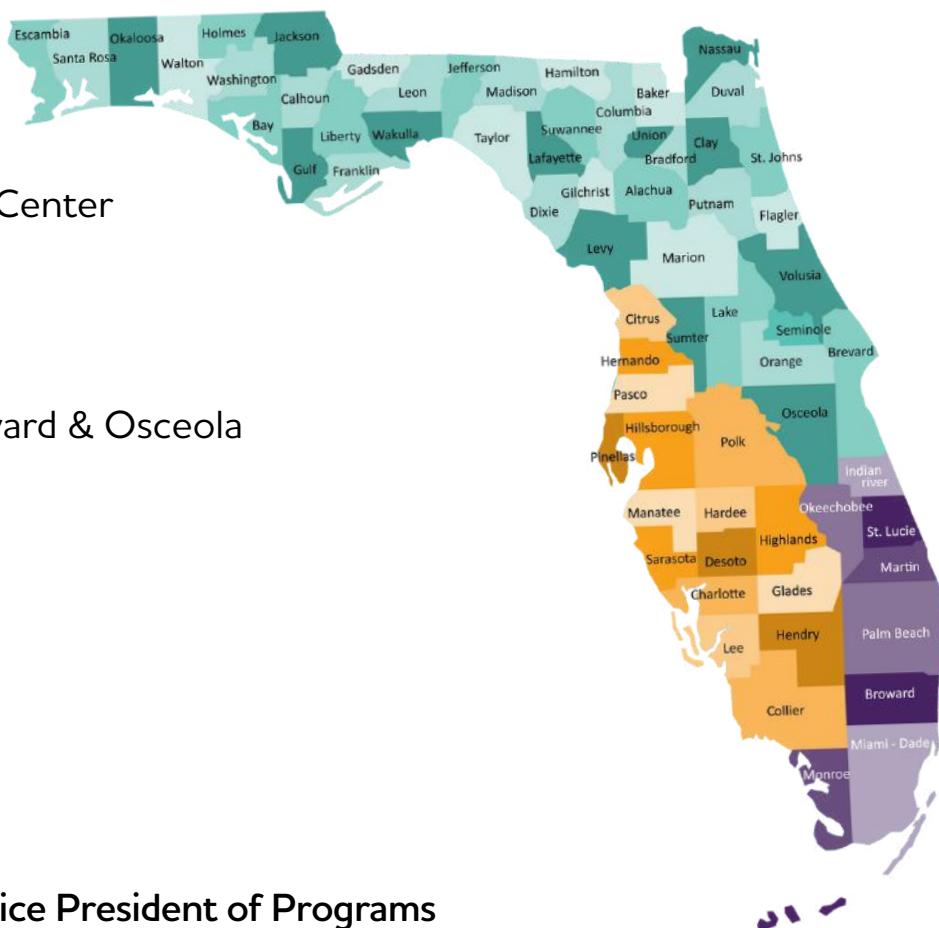
Julie Shatzer, MSW, LCSW, Vice President of Programs

Kasia Sherwin, MNM, Director of Grants and Data

Keith Gibson, Senior Director, Community Engagement

Katie Fahrenbruch, M.Ed., Director of Community Engagement

Stefanie Wardlow, M.A., Senior Community Engagement Manager and Brain Bus



INFORMATION & SUPPORT



Welcome to ALZConnected®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at alzconnected.org



Care Consultations

Living with mild cognitive impairment, Alzheimer's disease, or other dementia profoundly impacts multiple generations. Each person has a unique role, spouses, siblings, children of all ages, and friends—all contributing to the care team. This journey demands careful consideration, strategic planning, and above all, a well-thought-out plan.

Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our professional staff has the knowledge to guide you through a variety of topics. People reach out for many different reasons. Not sure what to ask or where to start? That's okay, too. Just give us a call and we'll guide you from there. The service is free and is at no cost to you.

Consultations are available several ways:

- **Phone:** Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- **Live Chat:** Access via the green button on our website, available 8 a.m. to 8 p.m. ET, Monday to Friday. alz.org/help-support.
- **Online Form:** Fill out a [form](#) for assistance, with a response within 24 hours.

Build an Action Plan with ALZNavigator™

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. alz.org/alznavigator



VIRTUAL PROGRAMS

Engage ALZ

**DEC.
9**

**THE EMPOWERED CAREGIVER: RESPONDING
TO DEMENTIA-RELATED BEHAVIORS**
12 p.m. ET

 [LEARN MORE](#)

**DEC.
9**

ATYPICAL ALZHEIMER'S
12 p.m. ET

 [LEARN MORE](#)

**Jan.
13**

MANAGING MONEY
12 p.m. ET

 [LEARN MORE](#)

**Feb.
10**

UNDERSTANDING ALZHEIMER'S AND DEMENTIA
12 p.m. ET

 [LEARN MORE](#)

**Mar.
10**

10 WARNING SIGNS OF ALZHEIMER'S
12 p.m. ET

 [LEARN MORE](#)

**Apr.
14**

HEALTHY LIVING FOR YOUR BRAIN AND BODY
12 p.m. ET

 [LEARN MORE](#)

**May
12**

**THE IMPACT OF ALZHEIMER'S AND DEMENTIA
IN THE COMMUNITY**
12 p.m. ET

 [LEARN MORE](#)

**Jun.
9**

**THE EMPOWERED CAREGIVER: BUILDING
FOUNDATIONS OF CAREGIVING**
12 p.m. ET

 [LEARN MORE](#)



VIRTUAL PROGRAMS

VIRTUAL SUPPORT GROUPS

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective, and provide you with the support and encouragement necessary to move beyond your diagnosis. Call the 24/7 Helpline for instructions on how to log into the virtual meeting.

Caregiver Support Groups

- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 7 p.m. ET
- 2nd Wednesday, 12:30 p.m./11:30 a.m. ET
- 3rd Tuesday, 3 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Monday, 5 p.m. ET
- 4th Thursday, 9:30 a.m. ET
- 4th Saturday, 3:30 p.m. ET

Caregiver Support Group in Spanish

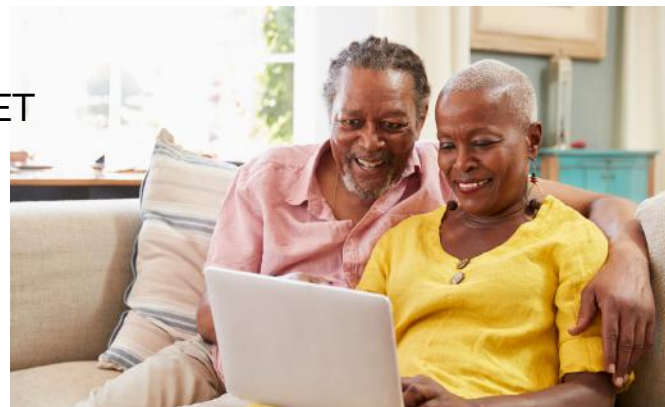
- 1st Thursday, 12:30 p.m. ET

Early Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET

Younger Onset Support Group

- 3rd Wednesday, 11 a.m. ET



ON-DEMAND PROGRAMS

EXPLORE RECORDED PROGRAMS

Transitions in Care

Moving a loved one with dementia into a long-term care community can be emotionally challenging. This program offers tips and support to help caregivers assess needs, explore options, understand coverage and stay involved after the move. [Click to learn more.](#)

Access on-demand webinars at [Alzprogramsanytime.org](https://www.alzprogramsanytime.org)

We have topics under the following categories:



Caregiver Resources

Learn strategies to help you care for your loved one living with Alzheimer's or other dementia.



Brain Health & Warning Signs

Identify the warning signs of Alzheimer's, learn how to reduce your risk and more.



The Empowered Caregiver

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.



Latest Research

Discover the latest advancements in Alzheimer's and dementia research.



Community-Specific Resources

Understand how to work with specific communities including those with intellectual and developmental disabilities, deafness or hard of hearing and more.



En Español (Spanish Language Videos)

Featured: Unlocking Potential with Rehabilitation

Rehabilitation—like physical, occupational, and speech therapy—can make a big difference in the lives of people with dementia and those that care for them. [Click to learn more.](#)

BRAIN BUS



Rob Harris
Community Engagement
Manager

The Brain Bus raises awareness of Alzheimer's and related dementias and addresses the benefits of early detection, early diagnosis, brain health and risk reduction. With two mobile units and virtual offerings the Brain Bus program reaches all counties throughout Florida.



Aramiz Gonzalez
Bilingual Community
Engagement Manager



The Brain Bus is sponsored in part by State of Florida Department of Elder Affairs and the Area Agency on Aging For Southwest Florida.

PANHANDLE & GREATER TALLAHASSEE

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Madison, Okaloosa, Santa Rosa, Suwannee, Taylor, Wakulla, Walton & Washington Counties



Alexis Jacobs, JD, FCCM

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Our Place Restaurant
- Bay County Council On Aging

COMMUNITY EDUCATION & OUTREACH

Gadsden County

Brain Bus Stop at Chattahoochee Southside Senior Center

Thursday, November 20, 10 a.m.

Chattahoochee Southside Senior Center, 852 Lincoln Dr., Chattahoochee 32324

Hamilton County

Understanding Alzheimer's and Dementia

Friday, January 16, 12 p.m.

UF/IFAS Extension, 1143 NW US Highway 41, Jasper 32052

Brain Bingo

Friday, January 23, 1 p.m.

UF / IFAS Extension, 1143 NW US Highway 41, Jasper 32052

Brain Bus Stop at Stephen Foster Folk Culture Center State Park

Saturday, May 23, 9:30 a.m.

Stephen Foster Folk Center, 11016 Lillian Saunders Dr., White Springs 32096

Brain Bus Stop at Stephen Foster Folk Culture Center State Park

Sunday, May 24, 9:30 a.m.

Stephen Foster Folk Center, 11016 Lillian Saunders Dr., White Springs 32096



PANHANDLE & GREATER TALLAHASSEE

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Madison, Okaloosa, Santa Rosa, Suwannee, Taylor, Wakulla, Walton & Washington Counties

Brain Bus Stop at Stephen Foster Folk Culture Center State Park

Sunday, November 22, 9:30 a.m.

Stephen Foster Folk Center, 11016 Lillian Saunders Dr., White Springs 32096

Leon County

Brain Bus Stop at DoubleTree by Hilton Tallahassee

Wednesday, November 19, 8:30 a.m.

DoubleTree by Hilton Tallahassee 101 S. Adams St. Tallahassee, FL 32301

Brain Bus Stop at Springtime Tallahassee

Friday, March 27, 9 a.m.

Springtime Tallahassee Festival, 600 E Park Ave., Tallahassee 32301

Awareness Presentation

Wednesday, July 15, 8:30 a.m.

Tallahassee Senior Center, 1400 N Monroe St, Tallahassee 32303

Santa Rosa County

Understanding Alzheimer's and Dementia

Sunday, November 16, 8:30 a.m. CST

Pleasant Hill Missionary Baptist Church, 5550 Econfina Street Milton 32579

Wakulla County

Awareness Presentation

Monday, January 12, 10 a.m.

Wakulla Senior Center, 33 Michael Drive, Crawfordville 32327

Understanding Alzheimer's and Dementia

Monday, January 26, 10 a.m.

Wakulla Senior Center, 33 Michael Drive, Crawfordville 32327

CAREGIVER SUPPORT GROUPS

Escambia County

2nd Friday at 1:30 p.m. CST

Azalea Trace, 10100 Hillview Drive, Pensacola 32514

3rd Friday at 10:39 a.m. CST

Olive Baptist Church, 1836 East Olive Road, Pensacola 32514



Okaloosa County

1st Wednesday at 2 p.m. CST

Niceville Senior Center, 201 Campbell Drive, Niceville, FL 32578

2nd Wednesday at 2 p.m. CST

Crestview Senior Activity Center, 205 Stillwell Blvd., Crestview 32539



GREATER GAINESVILLE, JACKSONVILLE & OCALA

Alachua, Baker, Bradford, Clay, Columbia, Dixie, Duval, Gilchrist, Levy, Marion, Nassau, Putnam, St. Johns, & Union Counties



Donna Lee

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- UF Medical Guild
- River House

COMMUNITY EDUCATION & OUTREACH

Alachua County

Health Fair

Saturday, November 15, 10 a.m.

Santa Fe Blount Center, 530 W University Ave, Gainesville 32601

Brain Bus Stop at the Florida Gym of UF

Thursday, November 20, 10 a.m.

The Florida Gym of UF, 250 Gale Lemerand Dr., Gainesville 32611

Brain Bus Stop at Santa Fe Palms RV Resort

Thursday, December 11, 10 a.m.

Santa Fe Palms RV Resort, 3013 NE 53rd Ave., Gainesville 32609

Baker County

Brain Bus Stop at American Legion Post 83

Friday, January 31, 10 a.m.

American Legion Post 83, 150 S. Lowder St., Mcclenny 32063

Duval County

Health Fair

Saturday, November 15, 8 a.m.

Clanzel T Brown Park Tennis, 4575 Moncrief Rd., Jacksonville 32209



Awareness Presentation

Saturday, November 22, 10 a.m.

Spirit of the Living God Ministries, 5043 Timothy Lane, Jacksonville 32210

Brain Bus Stop at Adam Herbert University Center

Friday, January 31, 10 a.m.

Adam Herbert University Center, 12000 Alumni Dr., Jacksonville 32224

Gilchrist County

Brain Bus Stop at Legends Center

Saturday, December 6, 10 a.m.

Legends Center, 5130 Soutel Dr., Jacksonville 32208

Levy County

Brain Bus Stop at Dogan S. Cobb Municipal Building

Saturday, January 24, 11 a.m.

Dogan S. Cobb Municipal Building, 660 E.Hathaway Ave., Bronson 32621

Brain Bus Stop at City Hall

Saturday, February 28, 11 a.m.

City Hall, 50 NW Main St., Williston 32696

Brain Bus Stop at Camp Anderson

Thursday, March 26, 10 a.m.

Camp Anderson, 536 NE 168th Ave, Old Town 32680

Marion County

Brain Bus Stop at Mary Sue Rich Community Center

Saturday, June 20, 10 a.m.

Mary Sue Rich Community Center, 1821 NW 21st Ave, Ocala 34475

Putnam County

Brain Bus Stop at First Presbyterian Church

Thursday, April 30, 9 a.m.

First Presbyterian Church, 123 S. Second Street Palatka 32177



GREATER GAINESVILLE, JACKSONVILLE & OCALA

Alachua, Baker, Bradford, Clay, Columbia, Dixie, Duval, Gilchrist, Levy, Marion, Nassau, Putnam, St. Johns, & Union Counties

St. Johns County

Brain Bus Stop at Dementia Caregiver Conference,

Saturday, January 10, 9 a.m.

Dementia Caregiver Conference, 179 Marine Street St., Augustine 32084

Brain Bus Stop at Renaissance Resort

Friday, February 21, 10 a.m.

Renaissance Resort, 500 S. Legacy Trl St., Augustine 32092

CAREGIVER SUPPORT GROUPS

Alachua County

2nd Friday, Noon

Senior Healthcare Center at Crown Pointe, 2205 NW 40th Terr., Gainesville

Duval County

2nd Wednesday, 3:30 p.m.

River Garden Hebrew Home, 11401 Old, St. Augustine Rd., Jacksonville 32258

2nd Wednesday, 6 p.m.

Palms Presbyterian Church, 3410 3rd St. South, Jacksonville Beach 32250

2nd Thursday, 1:30 p.m.

Luther Callaway Public Library, 104 NE 3rd Street, Chiefland 32626

Marion County

3rd Monday 11 a.m..

Mary Sue Rich Community Center, 1821 NW 21st Ave., Ocala 34475

3rd Friday, 2:30 p.m.

Ocala VA Clinic, 4826 SW 49th Rd., Ocala 34474

*for Veteran caregivers or caregivers of Veterans

St. Johns County

2nd Thursday, 10 a.m.

St Anastasia Catholic Church, 5205 A1A S, St. Augustine 32080







GREATER ORLANDO, FLAGLER & VOLUSIA

Flagler, Orange, Seminole & Volusia Counties



Lyndsey Taylor

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- Special Olympics
- Universal Studios Orlando
- Lake Nona Medical Center

COMMUNITY EDUCATION & OUTREACH

Flagler County

Brain Bus Stop at Flagler County Fair Grounds

Sunday, April 26, 11 a.m.

Flagler County Fair Grounds, 150 Sawgrass Rd. Bunnell 32110

Seminole County

Brain Bus Stop at Oviedo on the Park

Saturday, November 22, 11 a.m.

Oviedo on the Park, 299 Center Lake Ln., Oviedo 32765

Volusia County

Brain Bus Stop at Brannon Center Expo

Sunday, November 23, 11 a.m.

Brannon Center Expo, 105 S Riverside Dr., New Smyrna Beach 32168



GREATER ORLANDO, FLAGLER & VOLUSIA

Flagler, Orange, Seminole & Volusia Counties

MCI / Early Stage / Young On-set Group

Registration required, please call 800.272.3900

Seminole County

Art Connects ALZ, early stage Alzheimer's disease art class

Mondays, 1 p.m.

One Senior Place- Greater Orlando, Altamonte Springs 32714

CAREGIVER SUPPORT GROUPS

Flagler County

2nd Monday, 11 a.m.

Market Street Assisted Living, 2 Corporate Drive, Palm Coast 32137

2nd and 4th Monday, 3:30 p.m.

St. Elizabeth Ann Seton Catholic Church, 4600 Belle Terre Pkwy., Palm Coast

Orange County

1st Monday, 7 p.m.

Forest Lake Seventh Day Adventist Church, 515 Harley Lester Ln., Apopka 32703

1st Wednesday, 6 p.m.,

Neurology One, 92 N. Dean Rd., Suite 100, Orlando 32825

*Bilingual/Spanish Caregiver Support Group

2nd Monday, 4 p.m.

One Senior Place- Greater Orlando, 715 Douglas Ave., Altamonte Springs 32714

1st Thursday, 6 p.m.

Spring Hills Lake Mary, 3655 W Lake Mary Blvd., Lake Mary 32746

3rd Thursday, 3 p.m.

The Mayflower, 1850 Mayflower Ct., Winter Park 32792

Volusia County

1st Tuesday, 12 p.m.

Brookdale Deland, 1210 N. Stone St., Deland 32720



1st Friday, 10:30 a.m.

Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd., Port Orange

3rd Tuesday at 10:30 a.m.

Aberdeen, 50 Allwood Green Blvd., Ormond Beach 32174

3rd Wednesday, 6 p.m.

The Blake @ LPGA, 1635 N Williamson Blvd., Daytona Beach 32117

3rd Thursday, 10:30 a.m.

Arya at Debary, 838 Signature Dr., Debary 32713





GREATER POLK & THE VILLAGES

Hardee, Highlands, Lake, Polk & Sumter Counties



Jody Mathewson, BAA

Senior Community Engagement Manager

239.294.1729 | jmathewson@alz.org

For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Polk County
- Maranatha Village
- Crystal Lake Club Community
- Highlands Ridge Community Health Center

COMMUNITY EDUCATION & OUTREACH

Highlands County

Brain Bus Stop at Avon Park Main Street

Monday, December 1, 7 p.m.

Avon Park Main Street, N. Anoka, Avon Park 33825

Brain Bus Stop at Sebring Falls

Thursday, February 26, 9 a.m.

Sebring Falls, 2100 Caribbean Road E. Sebring 33870

Polk County

Health Fair

Thursday, November 20, 9 a.m.

Liberty Link Fall Fest, 1150 Martin Luther King Jr. Blvd., Bartow 33830



GREATER POLK & THE VILLAGES

Hardee, Highlands, Lake, Polk & Sumter Counties

Brain Bus Stop at Christ Memorial Baptist Church

Thursday, December 18, 9 a.m.

Christ Memorial Baptist Church, 2929 Hardin Combee Rd., Lakeland 33801

Brain Bus Stop at Polk County Sheriff's Office

Monday, November 17, 7:30 a.m.

Polk County Sheriff's Office, 1891 Jim Keene Blvd., Winter Haven 33880

Brain Bus Stop at Mulberry Public Library

Wednesday, February 11, 10 a.m.

Mulberry Public Library, 905 NE 5th St, Mulberry 33860

MCI/EARLY STAGE/YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

Sumter County

1st Friday, 10 a.m.

Charter Research, The Villages 32162. *First Steps, in-person or virtual

CAREGIVER SUPPORT GROUPS

Lake County

1st Thursday, 2 p.m.

Alto Senior Living, 1601 Hooks St., Clermont 34711

3rd Wednesday, 1:30 p.m.

Waterman Village, 445 Waterman Ave., Mt. Dora 32757

Polk County

1st Thursday, 11 a.m.

Methodist Temple, 2700 South Florida Ave., Lakeland 33803

2nd Tuesday, 12 p.m.

Hawthorne Inn, 6150 Lakeland Highlands Rd., Lakeland 33813

*lunch provided

3rd Monday, 11 a.m.

Schalamar Creek Clubhouse Garden Room, 4500 US-92, Lakeland 33801

3rd Tuesday, 1:30 p.m.

3601 Cypress Gardens Rd., Winter Haven 33884



4th Thursday, 9:30 a.m.

Solivita Baltic Room, 395 Village Dr., Kissimmee 34759

Sumter County

2nd Thursday, 2 p.m.

Wildwood Community Center, 6500 Powell Rd., Wildwood, FL 34785





CITRUS & HERNANDO COUNTIES



Stefanie Wardlow, M.A.
Senior. Community Engagement Manager
727.270.9862 | swardlow@alz.org
For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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COMMUNITY EDUCATION & OUTREACH

Citrus County

Brain Bus Stop at Florida Manatee Festival

Saturday, January 17, 9 a.m.

Citrus Avenue, Crystal River 34428

Brain Bus Stop at Florida Manatee Festival

Sunday, January 18, 9 a.m.

Citrus Avenue, Crystal River 34428

Hernando County

Brain Bus Stop at Linda Pederson Park

Friday, March 6, 9 a.m.

Linda Pederson Park, 6400 Shoal Line Boulevard, Spring Hill 34607

Brain Bus Stop at Linda Pederson Park

Saturday, March 7, 9 a.m.

Linda Pederson Park, 6400 Shoal Line Boulevard, Spring Hill 34607

Brain Bus Stop at Linda Pederson Park

Sunday, March 8, 9 a.m.

Linda Pederson Park, 6400 Shoal Line Boulevard, Spring Hill 34607





GREATER TAMPA BAY

Hillsborough, Pinellas & Pasco Counties



Makeba Huntington-Symons, M.A.

Senior Community Engagement Manager
727.220.4446 mahuntingtonsymons@alz.org
For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Four Seasons MHP
- Rasmussen University- Central Pasco
- Ranchero Village
- Fairway Village Residents Association Inc
- Eckerd College

COMMUNITY EDUCATION & OUTREACH

Hillsborough County

Health Fair

Saturday, November 22, 10 a.m.

Victor Crist Community Center Complex, 14013 N. 22nd St., Tampa 33613

Brain Bus Stop at Brandon Parade of Light

Saturday, December 13, 5:30 p.m.

Brandon Parade of Light, South Lakewood Dr. and Oakfield Dr., Brandon 33511

Pinellas County

Health Fair

Wednesday, November 19, 11 a.m.

Humanitary Medical, 6500 66 ST N., Pinellas Park 33781

10 Warning Signs of Alzheimer's

Thursday, December 18, 12 p.m.

Largo Community Center 400 Alt Keene Rd, Largo, FL 33771



GREATER TAMPA BAY

Hillsborough, Pinellas & West Pasco Counties

Brain Bus Stop at Central Park Performing Arts Center

Thursday, January 29, 10 a.m.

Central Park Performing Arts Center, 105 Central Park Dr., Largo 33771

CAREGIVER SUPPORT GROUPS

Hillsborough County

4th Monday 1 p.m.

St. Andrew Presbyterian Church, 1239 W Del Webb Blvd, Rm 2, Sun City Center

2nd Tuesday, 12 p.m.

Hyde Park Methodist, 500 W. Platt Street, Tampa 33606. RSVP required.
(Hybrid, in-person and virtual via Zoom)

3rd Tuesday, 6:30 p.m. & 4th Wednesday at 2 p.m.

Tessera of Brandon, 1320 Oakfield Drive, Brandon 33511. RSVP required.
(Hybrid, in-person and virtual via Zoom)

3rd Wednesday, 12 p.m.

St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

1st Thursday, 3 p.m.

Phyllis Busansky Adult Day Center, 4102 West Spruce Street, Tampa 33607

2nd Thursday, 3 p.m.

Plant City Adult Day Center, 1205 S. Waller Street, Plant City 33566

3rd Thursday at 3 p.m.

Wimauma Adult Day Center, 16621 Lagoon Shore Blvd., Wimauma 33598
*Respite available

Pinellas County

Every Monday, 9:30 a.m.

Unity of Palm Harbor, 1960 Tampa Road, Palm Harbor 34683

1st and 3rd Monday, 1 p.m.

Madonna Ptak Memory Disorders Clinic, 430 Morton Plant St., Ste. 401, Clearwater



2nd Tuesday, 9:30 a.m.

Largo Public Library, 120 Central Park Drive, Largo 33771

2nd Tuesday, 10 a.m.

Arden Courts of Palm Harbor, 2895 Tampa Road, Palm Harbor 34684

Every Wednesday, 10 a.m.

Hale Activity Ctr. Dunedin, 330 Douglas Avenue, Dunedin 34698

2nd Wednesday, 12:15 p.m.

East Lake Public Library, 4125 E. Lake Road S., Palm Harbor 34685

3rd Wednesday, 6 p.m.

TLC Adult Day Care & Recreation Center, 3970 Tampa Rd., Unit J., Oldsmar 34677

1st and 3rd Thursday, 2 p.m.

St. Anthony's Memory Disorders Center, Professional Office Building
1201 5th Avenue, N., Suite 309, St. Petersburg 33705

1st Thursday, 6 p.m.

Arden Courts of Largo, 300 Highland Ave., Largo 33770

4th Thursday 10 a.m.

Craft Kafe Downtown 200 Central Avenue, St. Petersburg 33701

4th Thursday 10 a.m.

The Plaza at The Palms of Largo, 385 Alt Keene Rd, Largo 33771

Pasco County

1st Thursday, 10:30 a.m.

Land O' Lakes Public Library, 2818 Collier Pkwy., Land O' Lakes 34639

2nd Thursday, 1 p.m.

New Port Richey Public Library, 5939 Main St., New Port Richey 34652

2nd Wednesday, 3 p.m.

Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542



3rd Wednesday, 6 p.m.

Land O' Lakes United Methodist Church, 6209 Land O'Lakes Blvd., Land O' Lakes



GREATER SARASOTA & SUN CITY CENTER

Desoto, Manatee & Sarasota Counties



Silvia Caldwell, LPN

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- State College of Florida
- West Bradenton Baptist Church
- Live Oak RV Park
- Waterlefe Golf & River Club
- Leisure Lake
- Pleasant Park
- Paradise Bay
- Heather Hills
- Harbor Isles

COMMUNITY EDUCATION & OUTREACH

DeSoto County

Brain Bus Stop at Desoto County Library

Thursday, November 20, 2 p.m.

Desoto County Library, 125 N. Hillsborough Ave., Arcadia 34266

Brain Bus Stop at Turner Agri-Civic Center

Tuesday, January 13, 4 p.m.

Turner Agri-Civic Center, 250 NE Roan St. Arcadia 34266

Manatee County

10 Warning Signs of Alzheimer's

Thursday, November 20, 11 a.m.

Lakewood Ranch Library, 16410 Rangeland Pkwy., Bradenton 34211



GREATER SARASOTA & SUN CITY CENTER

Desoto, Manatee & Sarasota Counties

Healthy Living for Your Brain and Body

Thursday, December 11, 11 a.m.

Lakewood Ranch Library, 16410 Rangeland Pkwy., Bradenton 34211

Healthy Living for Your Brain and Body

Thursday, January 29, 11 a.m.

Manatee County Public Library System, 6081 26th Street, West Bradenton 34208

Sarasota County

Brain Bus Stop at San Pedro Catholic Church

Saturday, November 15, Noon

San Pedro Catholic Church, 14380 Tamiami Trail, North Port 34287

Brain Bus Stop at GT Bray Rec Center

Saturday, December 13, 4 p.m.

GT Bray Rec Center, 5502 33rd Ave Dr W., Bradenton 34209

Brain Bus Stop at Roberts Arena

Friday, March 13, 5 p.m.

Robert's Arena - Sarasota Fair, 3000 Ringling Blvd., Sarasota 34237

Brain Bus Stop at Roberts Arena

Monday, March 17, 4 p.m.

Robert's Arena - Sarasota Fair, 3000 Ringling Blvd., Sarasota 34237

Caregiver Support Groups

Manatee County

1st & 3rd Wednesday, 10 a.m.

Emmanuel Baptist Church, 8305 US-301, Parrish 34219

1st Thursday at 10 a.m.

Westminster Bradenton at The Manor, 1700 21st Avenue West, Bradenton 34205

2nd & 4th Thursday, 10 a.m.

Lakewood Ranch YMCA, 5100 Lakewood Ranch Blvd., Bradenton 34211

Sarasota County

Every Monday at 10 a.m.

Church of Palms, 3224 Bee Ridge Rd., Sarasota 34239



1st Tuesday, 11:30 a.m.
Frances T. Bourne Jacaranda Library, 4143 Woodmere Park Blvd., Venice
34293

3rd Wednesday, 10 a.m.
San Pedro Catholic Church, 14380 Tamiami Trail, North Port 34287



SOUTHWEST FLORIDA

Charlotte, Collier, Glades, Hendry, Lee & Monroe Counties



Lisa L. Kiddon

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Cascades at Estero
- Riverwoods Plantation
- Island Walk
- VA Healthcare Center

COMMUNITY EDUCATION & OUTREACH

Charlotte County

Brain Bus Stop at Taste of Punta Gorda

Friday, March 8, 11 a.m.

Taste of Punta Gorda, 100 Nesbit Street Punta Gorda 33950

Collier County

Health Fair

Saturday, December 6, 10 a.m.

Naples Botanical Gardens; 4820 Bayshore, Naples, FL 34112

Brain Bus Stop at Saint John the Evangelist Catholic Church

Tuesday, January 22, 8 a.m.

Preparing for Aging Symposium, 625 111th Ave. N, Naples 34108

Lee County

Awareness Presentation

Wednesday, December 3, 11 a.m.

Discovery Senior Living, 6870 Alister Way, Fort Myers 33912



Brain Bus Stop at Cape Coral Technical College

Wednesday, December 10, 3 p.m.

Cape Coral Technical College, 360 Santa Barbara Blvd N., Cape Coral, 33991

Brain Bus Stop at Island Coast High School - Mobile Food Pantry

Thursday, December 11, 3 p.m.

Island Coast High School, 2125 De Navarra Pkwy., Cape Coral 33909

Brain Bus Stop at North Fort Myers Regional Park

Friday, December 12, 10 a.m.

N. Fort Myers Regional Park, 2000 N Recreation Park Way, N. Fort Myers 33903

Brain Bus Stop at Intergenerational Recreation Center

Wednesday, December 17, 9 a.m.

VA Healthcare Center, 2489 Diplomat Pkwy E, Cape Coral 33909

Awareness Presentation

Wednesday, December 17, 11 a.m.

Beacon of Hope, 5090 Doug Taylor Circle, Saint James City 33956

Brain Bus Stop at Riverwoods Plantation Estero

Wednesday, January 14, 10 a.m.

Riverwoods Plantation Estero, 4600 Robert E. Lee Blvd., Estero 33928

Brain Bus Stop at Bonita Shores Club House

Saturday, January 24, 10:30 a.m.

Bonita Shores Club House, 315 West Ave., Bonita Springs 34134

Brain Bus Stop at Elks Club

Sunday, February 1, 1 p.m.

Elks Club, 3231 Coconut Rd., Bonita Springs 34134

Brain Bus Stop at Preparing for Aging Symposium

Tuesday, February 24, 8 a.m.

Gulf Coast Church of Christ, 9550 6 Mile Cypress Pkwy., Fort Myers 33966



CAREGIVER SUPPORT GROUPS

Charlotte County

2nd Monday, 5:15 p.m.

ActivAge at Chelsea Place, 3626 Tamiami Trl., Port Charlotte 33952

2nd Tuesday, 3 p.m.

Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda 33950

Lee County

1st Tuesday at 10 a.m.

Cypress Cove, 10200 Cypress Cove Drive, Fort Myers 33908

2nd Wednesday at 1 p.m. and/or Last Friday at 10 a.m.

Good Shepherd United Methodist Church, 2951 Trail Dairy Cir., North Fort Myers

2nd Thursday at 10 a.m.

The Terraces at Bonita Springs, 26455 S. Tamiami Trail, Bonita Springs 34134

3rd Tuesday at 10 a.m.

Gulf Coast Village 1333 Santa Barbara Blvd., 4th Floor Craft Room, Cape Coral

3rd Thursday at 10 a.m.

Lee Healthy Life Center, Coconut Point, 23450 Via Coconut Point, Estero 33928



GREATER TREASURE COAST, BREVARD & OSCEOLA

Brevard, Indian River, Martin, Okeechobee, Osceola & St. Lucie Counties



Evelyn Espinal, BBA

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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COMMUNITY EDUCATION & OUTREACH

Brevard County

Health Fair

Thursday, December 11, 5:30 p.m.

Catherine Schweinsberg Rood Central Library, 308 Forrest Ave., Cocoa 32922

Indian River

Brain Bus Stop at Intergenerational Recreation Center

Saturday, February 7, 10 a.m.

Intergenerational Recreation Center, 1590 9th St SW, Vero Beach 32962

Okeechobee County

Brain Bus Stop at Okeechobee Agri-Civic Center

Saturday, January 31, 9 a.m.

Okeechobee Agri-Civic Center, 4601 Highway 710, Okeechobee 34974

St. Lucie County

Health Fair

Wednesday, November 19, 11 a.m.

Palm Grove Community, 5951 Travelers Way, Fort Pierce 34982



St Nicholas Greek Festival

Saturday, February 21, 12 p.m.

St Nicholas Greek Orthodox Church, 2525 South 25th St. Fort Pierce. 34981

CAREGIVER SUPPORT GROUPS

Brevard County

2nd and 4th Tuesday, 10:30 a.m.

Rockledge Presbyterian Church, 921 Rockledge Dr., Rockledge 32955

St. Lucie County

2nd & 4th Tuesday at 10:30 a.m.

Harbor Place, 3700 SE Jennings Road, Port St. Lucie, 34952

2nd Thursday, 10 a.m.

Golden Ponds Home Community, 1800 Golden Ponds Dr., Fort Pierce 34945







Olivia Matute, B.S.

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- The Pines at Delray North
- Florida Atlantic University, Schmidt College of Medicine

COMMUNITY EDUCATION & OUTREACH

Health Fair

Wednesday, November 19, 10 a.m.

Shirley & Barton Weisman Centers, 7091 W Atlantic Ave., Delray Beach 33446

Brain Bus Stop at South Bay City Hall

Saturday, December 20, 1 p.m.

South Bay City Hall, 335 SW 2nd Ave., South Bay 33493

Brain Bus Stop at Hilton Palm Beach Airport

Thursday, May 14, 10:30 a.m.

Hilton Palm Beach Airport, 150 Australian Ave., West Palm Beach 33406

MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

2nd Wednesday, 2 p.m.

Brain Matters Research, Delray Beach 33445



1st Thursday, 1:30 p.m.

Palm Beach Premiere ReSouth Bay City Hall 335 SW 2ND AVENUE, SOUTH BAY, FL 33493
search, West Palm Beach 33407

2nd Wednesday, 4:15 p.m.

JEM Research Institute, Lake Worth 33462

CAREGIVER SUPPORT GROUPS

2nd Tuesday, 10:30 a.m.

Wellington Bay, 2590 Wellington Bay Dr., Wellington 33414

2nd Wednesday, 1 p.m.

Mae Volen Center 1515 W. Palmetto Park Rd., Boca Raton 33486

2nd Thursday, 1:30 p.m.

Palm Beach Premiere Research, 4631 N. Congress Ave., West Palm Beach

3rd Tuesday, 11 a.m.

YMCA, 9600 South Military Trail, Boynton Beach 33436

4th Tuesday, 11 a.m.

Brain Matters Research, 800 NW 17th Ave., Delray Beach 33445

4th Tuesday, 4:15 p.m.

JEM Research Institute, 142 John F Kennedy Dr., Lake Worth 33462

4th Wednesday, 1 p.m.

Mae Volen Center, 1515 W Palmetto Park Rd., Boca Raton 33486

4th Thursday, 6 p.m.

New Day Adult Day Care, 301 Ebbtide Dr., Suite H, N., Palm Beach 33408







Samrah Mitha, MPH

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- BSO- Lauderdale by the Sea District
- Lime Bay

COMMUNITY EDUCATION & OUTREACH

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors

Monday, December 1, 10:30 a.m.

Coconut Creek Community Center, 1100 Lyons Rd, Coconut Creek 33063

CAREGIVER SUPPORT GROUP

1st and 3rd Saturday, 10 a.m.

John Knox Village, 651 SW 6th St., Pompano Beach, FL 33060

2nd Tuesday, 5:30 p.m.

The Meridian Waterways, 3001 E. Oakland Park Blvd., Ft. Lauderdale 33306

3rd Wednesday, 2 p.m.

Northwest Regional Library, 3151 University Dr., Rm 214, Coral Springs 33065

3rd Wednesday, 6 p.m.

Covenant Living of Florida, 9215 W. Broward Blvd., Fort Lauderdale 33306





MIAMI-DADE COUNTY



Joe H. Baldelomar, Psy.M.

Bilingual Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- Mount Hermon AME Church
- Miami-Dade County Aviation Department's (MDAD)
- Miami VA

COMMUNITY EDUCATION & OUTREACH

New Advances in Alzheimer's Treatment

Wednesday, November 19, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056

Managing Money

Wednesday, December 17, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056

Brain Bus Stop at Betty T. Ferguson Recreational Center

Saturday, January 3, 9 a.m.

Betty T. Ferguson Recreation Center, 3000 NW 199th St., Miami Gardens 33056

Healthy Living for your Brain and Body

Tuesday, January 21, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056



Caregiver Stress

Wednesday, February 18, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056

Understanding Alzheimer's and Dementia

Wednesday, March 18, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056

Brain Bus Stop at Opa-Locka Church of Our Lord

Saturday, March 21, 11 a.m.

Opa-Locka Church of Our Lord, 2010 Ali Baba Ave., Opa-Locka, 33054

Understanding Alzheimer's and Dementia

Wednesday, April 15, 11 a.m.

North Dade Regional Library, 2455 NW 183rd St., Miami Gardens 33056

CAREGIVER SUPPORT GROUPS

Miami-Dade County

2nd Monday, 6 p.m., In-Spanish

Coral Gables Branch Library, 3443 Segovia Street, Coral Gables 33134

2nd Thursday, 12:30 p.m.

Northeast Dade, Aventura Library, 2930 Aventura Blvd., Aventura 33180

4th Tuesday 7 p.m.

The Palace Suites, 11377 SW 84th St., Miami 33173

4th Thursday, 12:30 p.m.

Coral Gables Adult Activity Center, 2 Andalusia Ave., Coral Gables 33134





COMMUNITY ENGAGEMENT



Keith Gibson

Sr. Director, Community Engagement

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Although African Americans are more likely than Whites to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that African Americans, Hispanics and others are not getting treatments when they are most likely to be effective at improving quality of life.

Community Forums

As the American population ages and becomes increasingly more diverse, we are committed to identifying and addressing barriers that may prohibit members of these diverse communities from receiving important Alzheimer's diagnosis, treatment and resources.

Thank you to OurFund for their generous support.



THE INTERSECTION OF IDD AND ALZHEIMER'S



Katie Fahrenbruch

Director, Community Engagement

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DID YOU KNOW

Individuals with **Down syndrome** have a higher than **90% lifetime risk** of developing **Alzheimer's disease**.

Family Support Group for IDD/Down Syndrome & Dementia

- 4th Tuesday, 6 p.m. ET



Thank you to generous funding from the Golisano and WITH Foundations.



Empowering Professionals in the Fight Against Dementia

What is ALZPro?

ALZPro is the Alzheimer's Association's hub for professional resources. It unites care resources, research, data platforms, clinical guidelines, continuing education and implementation tools — all on one trusted platform. ALZPro empowers professionals to reduce risk, advance early detection, improve care and expand equitable access.

The ALZPro Advantage

ALZPro equips you with essential tools to deliver equitable, evidence-informed, person-centered care.

ALZPro provides:

- **Instant access to streamlined tools, resources, research**
and training
- **Timely, relevant scientific findings and clinical insights,**
tailored for busy professionals
Practical resources that directly support your work and the people you serve
The opportunity to connect and collaborate with peers and leading experts
- **Opportunities for continuing education credits, online**
training and certifications

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR RESEARCHERS

RESEARCH

Scientific Conferences

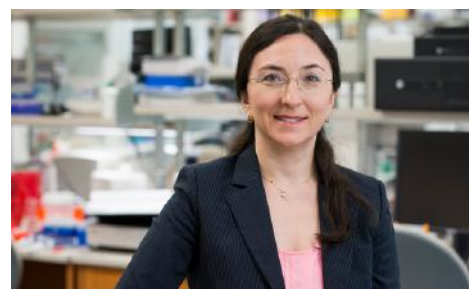
The Alzheimer's Association offers year-round opportunities for the scientific community to network and learn about Alzheimer's and dementia research. Events include the Alzheimer's Association International Conference® (AAIC®) — the world's largest meeting dedicated to advancing dementia science — and a variety of in-person and virtual conferences, symposia and other events. [Learn more.](#)

Welcome to the ISTAART Community

The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) is a diverse global network of scientists, clinicians and dementia professionals. Members of this professional organization share common goals: the pursuit of knowledge, collaboration and breakthroughs to advance the research and treatment of Alzheimer's disease and other dementia. When you join ISTAART, you'll have the opportunity to connect with colleagues worldwide, explore avenues for networking and mentorship, and stay on the leading edge of scientific advancements. [Learn more.](#)

Grant Programs

The Alzheimer's Association International Research Grant Program (IRGP) funds investigations to advance our understanding of Alzheimer's disease, identify new treatment strategies, improve care for people with dementia and further our knowledge of brain health and disease prevention. [Learn more.](#)



DO WHAT YOU LOVE. HELP END ALZHEIMER'S.

Hiking, golfing, gaming, crafting, play pickleball or bridge, host a cookout or purple party — no matter what your passion is, you can make it a fundraiser to end Alzheimer's and all other dementia.

So select an activity, pick a date and fundraise for a future without Alzheimer's.

Visit alz.org/dowhatyoulove to get started.

**DO WHAT
YOU LOVE
TO END ALZ**[™]
ALZHEIMER'S  ASSOCIATION[®]



Florida Galas



For sponsorship opportunities and more in the Tampa Bay Area,
email Christine Feller at clfeller@alz.org



For sponsorship opportunities and more in Greater Orlando,
email Denise Ward at dlward@alz.org



For sponsorship opportunities and more in South Florida,
email Liesl Mejias at limejias@alz.org

- Sept. 27 Space Coast
- Sept. 27 Ocala
- Oct. 4 Orlando
- Oct. 4 The Villages
- Oct. 4 Pasco County
- Oct. 4 South Shore
- Oct. 4 Pinellas County
- Oct. 11 Gainesville
- Oct. 18 Tampa
- Nov. 1 Emerald Coast - Okaloosa County
- Nov. 1 Volusia County
- Nov. 1 Treasure Coast
- Nov. 2 Emerald Coast - Panama City
- Nov. 8 Lee County
- Nov. 9 Jacksonville
- Nov. 9 Boca Raton
- Nov. 15 Sarasota County
- Nov. 15 Miami
- Nov. 22 Tallahassee
- Nov. 22 Collier County
- Nov. 22 Palm Beach
- Dec. 6 Polk County
- Dec. 6 Broward County
- Dec. 7 Pensacola



SCAN ME



**Register today
at alz.org/walk**

SAVE the DATE

JAN.
26-27
2026

ALZHEIMER'S RALLY IN TALLAHASSEE

For more information,
email jbraisted@alz.org

 **ALZHEIMER'S[®]
ASSOCIATION**

The Florida Capitol



Stay Up to Date

Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.



Follow & Tag Us on Social!

Chapter Accounts

Central & North Florida Chapter | @AlzCnfl
[Facebook](#) | [Instagram](#) | [X](#)

Florida Gulf Coast Chapter | @AlzFIGulf
[Facebook](#) | [Instagram](#) | [X](#)

Southeast Florida Chapter | @AlzSefl
[Facebook](#) | [Instagram](#) | [X](#)

Statewide Accounts

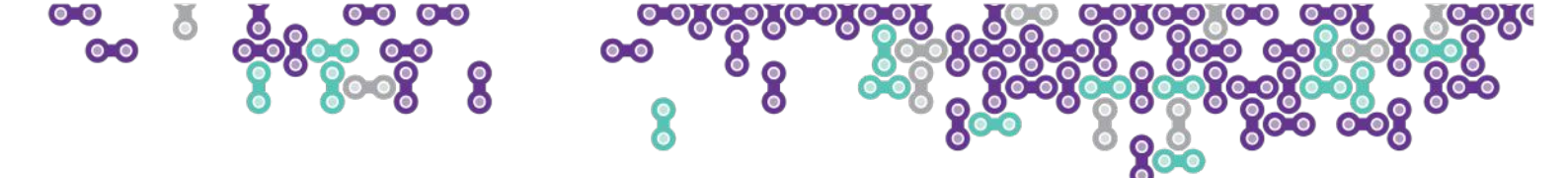
LinkedIn	Alzheimer's Association, Florida
TikTok	@AlzFlorida
YouTube	@AlzFlorida



Alz MindFL - Florida's Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, Alz MindFL. The blog features stories from across Florida including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at alzmindfl.org.





Advancing Alzheimer's and dementia research starts with you. Help shape the next breakthrough with TrialMatch®.



It takes **everyone** to advance Alzheimer's research.

By joining research studies, you can help us develop the next generation of dementia treatments, diagnostic tools, care and prevention strategies.

Get involved through the Alzheimer's Association TrialMatch® — a tool for people with cognitive impairment, dementia, caregivers and healthy participants to quickly and easily learn more about research opportunities taking place throughout the United States and across the world. Confidentially search hundreds of drug and non-drug studies, sign up, receive email notifications about new opportunities or connect with research teams.

Participate in three easy steps:

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2. Answer 10 simple questions about yourself or the person you're helping to sign up to help personalize your study matches.
3. Review your study matches to explore studies that may be a good fit.

Get started today.



alz.org/TrialMatch | 800.272.3900

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ALZHEIMER'S ASSOCIATION®



Click for local support,
information,
resources, upcoming
events and more.



VISIT ALZ.ORG

Caring for someone with Alzheimer's isn't easy.

Reaching us is.

24/7 Helpline: 800.272.3900



Get empowered in your Alzheimer's journey

Take action with the
My ALZ Journey app



A diagnosis can feel overwhelming, but My ALZ Journey can help you navigate your diagnosis of Alzheimer's or another dementia and move forward.

Download the app today in the Apple App Store or Google Play Store to learn what to expect and how to plan ahead.

alz.org/MyALZJourney

If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia®.

*Thank
you!*

ALZHEIMER'S  ASSOCIATION®