

# ALZHEIMER'S® ASSOCIATION

# COMMUNITY PROGRAMS

Alzheimer's Association® Florida Chapters 800.272.3900 | alz.org®



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**ALZHEIMER'S®**ASSOCIATION

The Alzheimer's Association® is proud to coordinate services in Florida through three chapters: Central and North Florida, Florida Gulf Coast, and Southeast Florida. We serve Floridians by providing education, awareness, outreach and support.

Please use this guide to explore local programming. For additional resources visit Community Resource Finder at <u>alz.org/crf</u>.

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# **WELCOME**

The Alzheimer's Association, Florida Chapters, serves all 67 counties in our beautiful state. We offer education, outreach, and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families, and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention, and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand, and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to your local Program Manager to arrange a private and personalized program for your group or to invite us to your local event or health fair.

#### Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association. you become part of a dedicated network working to combat this devastating disease, honor loved ones, and provide care and support to those in need. Learn more at volunteer.alz.org.

#### **Explore Various Opportunities:**

- Community Educator
- Support Group Facilitator
- Community Connector
- Awareness Champion
- Alzheimer's Advocate
- Brand Ambassador
- Walk to End Alzheimer's Committee
- The Longest Day Committee
- And more!













## Meet Our Team

# Care and Support

Andre Hall, B.A., CMC Northwest Florida

Donna Lee

Greater Gainesville & Jacksonville

Connie Storms, M.S., M.A. Greater Ocala & The Villages

Lyndsey Taylor Greater Orlando

Makeba Huntington-Symons, M.A. Greater Tampa Bay

Jody Streussnig, BAA, CDP, CMDCP Greater Polk

Escambia

Silvia Caldwell, LPN Greater Sarasota

**Lisa L. Kiddon** Southwest Florida

**Evelyn Espinal, BBA**Greater Treasure Coast

Olivia Curtis, B.S. Palm Beach

Samrah Mitha, B.S. Broward

Jesus Medina, MHA Miami-Dade & Monroe

#### Regional

Julie Shatzer, MSW, LCSW, Vice President of Programs

Kasia Sherwin, MNM, Director of Grants and Data

Keith Gibson, Sr. Director, Community Engagement

Katie Fahrenbruch, M.Ed., Director of Community Engagement

Stefanie Wardlow, M.A., Senior Program Manager Quality Initiatives and Brain Bus



Central & North Florida Chapter



Florida Gulf Chapter

Hamilton

Baker

Columbia



Southeast Florida Chapter





# **INFORMATION & SUPPORT**



#### Welcome to ALZConnected®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at alzconnected.org



#### **Care Consultations**

Living with mild cognitive impairment, Alzheimer's disease, or other dementia profoundly impacts multiple generations. Each person has a unique role, spouses, siblings, children of all ages, and friends—all contributing to the care team. This journey demands careful consideration, strategic planning, and above all, a well-thought-out plan.

Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our professional staff has the knowledge to guide you through a variety of topics. People reach out for many different reasons. Not sure what to ask or where to start? That's okay, too. Just give us a call and we'll guide you from there. The service is free and is at no cost to you.

#### Consultations are available several ways:

- Phone: Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- Live Chat: Access via the green button on our website, available 8 a.m. to 8 p.m. ET, Monday to Friday. <u>alz.org/help-support</u>.
- Online Form: Fill out a <u>form</u> for assistance, with a response within 24 hours.

#### Build an Action Plan with ALZNavigator™

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. alz.org/alznavigator

# VIRTUAL PROGRAMS



# Become an Empowered Caregiver Today!

**FEB** 11

**BUILDING FOUNDATIONS OF CAREGIVING** 12 p.m. ET

**LEARN MORE** 

MAR 11

**SUPPORTING INDEPENDENCE** 12 p.m. ET



**APR** 8

**COMMUNICATING EFFECTIVELY** 12 p.m. ET



**MAY** 13

**RESPONDING TO DEMENTIA RELATED BEHAVIORS** 12 p.m. ET



# **ENGAGE ALZ**



12 p.m. ET

Learn about dementia risk, Alzheimer's and caregiving



**REGISTER NOW** 





# **VIRTUAL PROGRAMS**

#### **VIRTUAL SUPPORT GROUPS**

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective, and provide you with the support and encouragement necessary to move beyond your diagnosis. Call the 24/7 Helpline for instructions on how to log into the virtual meeting.

#### **Caregiver Support Groups**

- 1st & 3rd Tuesday, 10:30 a.m. ET
- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 7 p.m. ET
- 3rd Tuesday, 3 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Monday, 5 p.m. ET
- 4th Thursday, 9:30 a.m. ET
- 4th Saturday, 3:30 p.m. ET

#### Caregiver Support Group in Spanish

- 1st Thursday, 12:30 p.m. ET
- 4th Thursday, 5 p.m. ET

# Caregiver of People with Younger Onset Dementia

• 2nd Wednesday, 7 p.m. ET

#### Early Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET

#### Veteran's Caregiver Support Group

• 4th Thursday, 1 p.m. ET

#### Younger Onset Support Group

• 3rd Wednesday, 11 a.m. ET



# **ON-DEMAND PROGRAMS**

#### **EXPLORE RECORDED WEBINARS**

Access on-demand education at Alzprogramsanytime.org

# Featured on-demand webinar Holidays Hints for Caregivers

Discover valuable tips to ensure a joyful and successful holiday season for everyone involved. Click here to register and watch the recording.



#### We have topics under the following categories:



#### **Caregiver Resources**

Learn strategies to help you care for your loved one living with Alzheimer's or other dementia.



#### **Brain Health & Warning Signs**

Identify the warning signs of Alzheimer's, learn how to reduce your risk and more.



#### The Empowered Caregiver

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.



#### Latest Research

Discover the latest advancements in Alzheimer's and dementia research.



#### Community-Specific Resources

Understand how to work with specific communities including those with intellectual and developmental disabilities, deafness or hard of hearing and more.



En Español (Spanish Language Videos)

# **BRAIN BUS**



The Brain Bus raises awareness of Alzheimer's and related dementias and addresses the benefits of early detection, early diagnosis, brain health and risk reduction. With two mobile units and virtual offerings the Brain Bus is able to travel throughout Florida.



**Rob Harris** Program Manager

Heike Accorsi Trilingual Program Manager













The Brain Bus is sponsored in part by State of Florida Department of Elder Affairs and the Area Agency on Aging For Southwest Florida.



# NORTHWEST FLORIDA

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Holmes, Leon, Liberty, Okaloosa, Santa Rosa, Wakulla, Walton & Washington Counties



Andre Hall, B.A., CMC
Program Director | 407.543.9427 | achall@alz.org
For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Gadsen County Senior Center
- Olive Baptist Church

#### **COMMUNITY EDUCATION & OUTREACH**

Escambia County
Community Forum

Sunday, January 19, 8 a.m. CST

Zion Hope Baptist Church, 201 West Leonard Street, Pensacola 32501

#### **Leon County**

Brain Bus Stop at Second Harvest on the Big Bend

Tuesday, March 11, 2 p.m.

Tallahassee Housing Authority, 2940 Grady Road, Tallahassee 32312

#### **CAREGIVER SUPPORT GROUPS**

**Escambia County** 

2nd Tuesday at 5:45 p.m. CST

West Florida Public Library, 239 N Spring St., Pensacola, 32502

# **GREATER GAINESVILLE & JACKSONVILLE**

Alachua, Baker, Bradford, Columbia, Clay, Duval, Gilchrist, Hamilton, Jefferson, Lafayette, Levy, Madison, Nassau, St. Johns, Suwanee, Taylor & Union Counties



**Donna Lee**Program Manager | 850.583.8758 | dmlee@alz.org
For virtual programs see table of contents.

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• Bell High School

#### **COMMUNITY EDUCATION & OUTREACH**

**Alachua County** 

Brain Bus Stop at University of Florida's Spring Fair

Wednesday, February 5, 11 a.m.

University of Florida Reitz Union, 655 Reitz Union Drive, Gainesville 32603

Brain Bus Stop at the North Florida Health Care Association Luncheon

Tuesday, April 8, 11 a.m.

Lifesouth Community Blood Centers, 1221 NW 13th Street, Gainesville 32601

Brain Bus Stop at Pride Center's Health Fair

Saturday, April 12, 10 a.m.

Pride Community Center, 3850 NW 83rd Street Suite 201, Gainesville 32606

Brain Bus Stop at Gator Fly-in

Saturday, March 22, 10 a.m.

University Air Center, 4701 NE 40th Terrace, Gainesville 32641

Baker County Health Fair

Saturday, February 1, 10 a.m.

Baker County VFW, 150 S Lowder St., Macclenny 32063

# **GREATER GAINESVILLE & JACKSONVILLE**

Alachua, Baker, Bradford, Columbia, Clay, Duval, Gilchrist, Hamilton, Jefferson, Lafayette, Levy, Madison, Nassau, St. Johns, Suwanee, Taylor & Union Counties

#### Brain Bus Stop at Uplift Baker

Wednesday, February 12, 9 a.m.

Baker County Fairgrounds, 5567 Lauramore Road, Macclenny 32063

#### **Clay County**

#### Brain Bus Stop at Penney Farms Retirement Community Lunch Hours

Thursday, February 27, 10:30 a.m.

Penney Farms Retirement Community, 3495 Hoffman Street, Penny Farms 32079

#### **Columbia County**

#### Brain Bus Stop at Second Harvest on the Big Bend

Thursday, February 13, 4 p.m.

The Worship Center, 22880 State Road 247, Lake City 32024

#### **Duval County**

#### **Awareness Presentation**

Thursday, January 16, 10:30 a.m.

DaySpring Baptist Church, 5654 Dunn Avenue, Jacksonville 32218

#### Brain Bus Stop at Active After 50

Saturday, January 18, 10 a.m.

Adam Herbert University Center, 12000 Alumni Drive., Jacksonville 32224

#### Veteran Health Fair

Saturday, January 25, 10 a.m.

Veteran Stand Down, 510 Fairground Pl, Jacksonville 32202

#### Brain Bus Stop at Duval Public Health Event

Tuesday, May 13, 3 p.m.

Duval County Florida Health Department, 515 W 6th St., 3rd floor Tobacco Conference Room, Jacksonville 32206

#### St. Johns County

#### **Brain Bingo**

Wednesday, January 29, 2:30 p.m.

Stillwell Golf & Country Club, 1188 Stillwater Blvd, St Johns, FL 32259

#### Brain Bus Stop at Active After 50

Saturday, February 15, 10 a.m.

St. Johns County Convention Center, 500 S. Legacy Trail St., Augustine 32092

#### **Gilchrist County**

#### Brain Bus Stop at Suwannee Valley Quilt Festival

Saturday, March 22, 9 a.m.

Trenton Train Depot Park, 111 NW 4th Ave., Trenton 32693

#### Brain Bus Stop at Central Florida Electric Annual Meeting

Saturday, May 3, 9 a.m.

Suwannee River Fair 17851 90 Ave Fanning Springs 32693

#### **Union County**

#### Brain Bus Stop at Union County Women's Club Meeting

Monday, May 19, 4 p.m.

Union County Women's Club, 285 NE 1st Ave., Lake Butler 32054

#### **Taylor County**

### Brain Bus Stop at Steinhatchee Community Center

Sunday, February 16, 10 a.m.

Steinhatchee Community Center, 1013 Riverside Drive, Steinhatchee 32359

#### **CAREGIVER SUPPORT GROUPS**

#### Alachua County

2nd Friday, Noon

Senior Healthcare Center at Crown Pointe, 2205 NW 40th Terr., Gainesville

#### **Levy County**

2nd Thursday, 1:30 p.m.

Luther Callaway Public Library, 104 NE 3rd Street Chiefland 32626

#### St. Johns County

1st Wednesday, 11:30 a.m.

The Players Community Senior Center, 175 Landrum Lane, Ponte Vedra Beach

#### **Duval County**

1st Wednesday, 4 p.m.

The Windsor at San Pablo, 4000 San Pablo Parkway, Jacksonville 32224

2nd Wednesday, 3:30 p.m.

River Garden Hebrew Home, 11401 Old, St. Augustine Rd., Jacksonville 32258

2nd Wednesday, 6 p.m.

Palms Presbyterian Church, 3410 3rd St. South, Jacksonville Beach 32250



# **GREATER OCALA & THE VILLAGES**

Citrus, Hernando, Lake, Marion, Osceola, Putnam & Sumter Counties



Connie Storms, M.S., M.A.
Senior Program Manager | 352.448.0875 | csstorms@alz.org
For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- AARP Club
- Salvation Army
- You Thrive
- VIP Care
- Circle Square Cultural Center
- On Top of the World
- Summer Glen Community
- Marion Landing Lifestyle Center
- Webber Center, College of Central Florida

#### **COMMUNITY EDUCATION & OUTREACH**

#### **Hernando County**

#### **Brain Bus Stop at Swamp Fest**

Friday, Saturday and Sunday, March 7-9, 9 a.m.

Linda Pedersen Park, 6400 Shoal Line Blvd., Spring Hill, 34607

#### **Marion County**

Brain Bus Stop at Habitat for Humanity Strawberry Festival

Saturday, March 1, 9 a.m.

McPherson County Complex, 601 SE 25th Ave., Ocala, 34471

#### Brain Bus Stop at Parade of Senior Services

Friday, March 21, 10 a.m.

College of Central Florida Ewers Century Center, 40 SW 26th St., Ocala 34474

# **GREATER OCALA & THE VILLAGES**

Citrus, Hernando, Lake, Marion, Osceola, Putnam & Sumter Counties

#### **Sumter County**

Health Fair

Friday, January 24, 8 a.m.

Savannah Center The Villages, 1545 N. Buena Vista Blvd, The Villages 32162

#### Brain Bus Stop at Parade of Senior Services

Friday, March 21, 10 a.m.

College of Central Florida Ewers Century Center, 40 SW 26th St., Ocala 34474

#### **Sumter County**

Health Fair

Friday, January 24, 8 a.m.

Savannah Center The Villages, 1545 N. Buena Vista Blvd, The Villages 32162

#### Brain Bus Stop at Rotary Club of The Villages Home & Garden Show

Saturday, February 1, 10 a.m.

Lake Sumter Landing, 1000 Lake Sumter Landing, The Villages 32162

#### MCI/EARLY STAGE/YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

#### **Lake County**

1st Friday, 10 a.m.

K2 Research Education Center, Clermont 34711. \*First Steps, in-person or virtual

#### **Sumter County**

1st Friday, 10 a.m.

Charter Research, The Villages 32162. \*First Steps, in-person or virtual

#### **CAREGIVER SUPPORT GROUPS**

#### Lake County

1st Thursday, 2 p.m.

Alto Senior Living, 1601 Hooks St., Clermont 34711

3rd Wednesday, 1:30 p.m.

Waterman Village, 445 Waterman Ave., Mt. Dora 32757

#### **Marion County**

3rd Tuesday, 4 p.m.

The Windsor of Ocala, 2650 SE 18th Ave., Ocala 34471

3rd Friday, 2:30 p.m.

Ocala VA Clinic, 4826 SW 49th Rd., Ocala 34474

\*for Veteran caregivers or caregivers of Veterans

4th Tuesday, 1 p.m.

Brookdale Canopy Oaks, 9070 SW 80th Ave., Ocala 34481

4th Thursday, 2:30 p.m.

Marion Senior Services, 1101 SW 20th Ct., Ocala 34471

#### **Sumter County**

2nd Thursday, 2 p.m.

Wildwood Community Center, 6500 Powell Rd, Wildwood, FL 34785



# **GREATER ORLANDO**

## Brevard, Flagler, Orange, Seminole & Volusia Counties



**Lyndsey Taylor**Program Manager | 407.543.9429 | <u>lctaylor@alz.org</u>
For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- One Senior Place
- Flagler County Senior Center

#### **COMMUNITY EDUCATION & OUTREACH**

#### **Brevard County**

Brain Bus Stop at Palm Lakes Estates Wellness Fair 2025

Sunday, January 26, 11 a.m.

Palm Lakes Estates 1000 Fell Road West Melbourne 32904

#### **Orange County**

Brain Bus Stop at UCF College of Health Professions and Sciences Healthy Fair Friday, March 7, 10 a.m.

University of Central Florida 3280 Progress Drive Orlando 32826

#### **Seminole County**

Brain Bus Stop at World Market at the Park

Saturday, May 31, 8 a.m.

Oviedo on the Park, 299 Center Lake Ln., Oviedo 32765

#### **Volusia County**

Brain Bus Stop at Active After 50

Saturday, January 11, 10 a.m.

Volusia Mall, 1700 W International Speedway Blvd., Daytona Beach 32114

#### Brain Bus Stop at Deland PRIDE Love is Love Pride Fest

Saturday, February 15, 2 p.m.

Artisan Alley, 112 W Georgia Ave., Deland 32720

#### MCI / EARLY STAGE / YOUNG ON-SET GROUP

Registration required, please call 800.272.3900

#### **Seminole County**

Art Connects ALZ, early stage Alzheimer's disease art class

Mondays, 1 p.m.

One Senior Place- Greater Orlando, Altamonte Springs 32714

#### CAREGIVER SUPPORT GROUPS

#### **Brevard County**

2nd and 4th Tuesday, 10:30 a.m.

Rockledge Presbyterian Church, 921 Rockledge Dr., Rockledge 32955

#### Flagler County

2nd Monday, 11 a.m.

Market Street Assisted Living, 2 Corporate Drive, Palm Coast 32137

2nd and 4th Monday, 3:30 p.m.

St. Elizabeth Ann Seton Catholic Church, 4600 Belle Terre Pkwy., Palm Coast

#### **Orange County**

1st Monday, 7 p.m.

Forest Lake Seventh Day Adventist Church, 515 Harley Lester Ln., Apopka 32703

1st Wednesday, 6 p.m.,

Neurology One, 92 N. Dean Rd., Suite 100, Orlando 32825

\*Bilingual/Spanish Caregiver Support Group

2nd Monday, 4 p.m.

One Senior Place- Greater Orlando, 715 Douglas Ave., Altamonte Springs 32714

# **GREATER ORLANDO**

## Brevard, Flagler, Orange, Seminole & Volusia Counties

1st Thursday, 6 p.m.

Spring Hills Lake Mary, 3655 W Lake Mary Blvd., Lake Mary 32746

3rd Thursday, 3 p.m.

The Mayflower, 1850 Mayflower Ct., Winter Park 32792

#### **Volusia County**

1st Tuesday, 12 p.m.

Brookdale Deland, 1210 N. Stone St., Deland 32720

3rd Thursday, 10:30 a.m.

Arya at Debary, 838 Signature Dr., Debary 32713

1st Friday, 10:30 a.m.

Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd., Port Orange 32129

3rd Tuesday at 10:30 a.m.

Aberdeen, 50 Allwood Green Blvd., Ormond Beach 32174

3rd Wednesday, 6 p.m.

The Blake @ LPGA, 1635 N Williamson Blvd., Daytona Beach 32117



# **GREATER TAMPA BAY**

Hillsborough, Pasco & Pinellas Counties



Makeba Huntington-Symons, M.A. Senior Program Manager | 727.220.4446 <u>mahuntingtonsymons@alz.org</u> For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- SSCC Pickleball Club and Care Access
- SCCCA Community Hall

#### **COMMUNITY EDUCATION & OUTREACH**

**Pinellas County** 

Brain Bus Stop at East Lake Community Library

Tuesday, January 14, 10:30 a.m.

East Lake Community Library, 4125 E Lake Rd. S, Palm Harbor 34685

Brain Bus Stop at 4th Annual Pinellas Taco Festival

Saturday and Sunday, January 25 and 26, 11 a.m.

England Brother Park, 5010 81st Ave. N, Pinellas Park 33781



# **GREATER TAMPA BAY**

# Hillsborough, Pasco & Pinellas Counties

#### **CAREGIVER SUPPORT GROUPS**

#### Hillsborough County

2nd Tuesday, 12 p.m.

Hyde Park Methodist, 500 W. Platt Street, Tampa 33606. RSVP required. (Hybrid, in-person and virtual via Zoom)

3rd Tuesday, 6:30 p.m. & 4th Wednesday at 2 p.m.

Tessera of Brandon, 1320 Oakfield Drive, Brandon 33511. RSVP required. (Hybrid, in-person and virtual via Zoom)

3rd Wednesday, 12 p.m.

St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

1st Thursday, 3 p.m.

Phyllis Busansky Adult Day Center, 4102 West Spruce Street, Tampa 33607

2nd Thursday, 3 p.m.

Plant City Adult Day Center, 1205 S. Waller Street, Plant City 33566

3rd Thursday, 3 p.m.

Bloomingdale Adult Day Center, 3940 Canoga Park Drive, Brandon 33511

4th Thursday at 3 p.m.

Wimauma Adult Day Center, 16621 Lagoon Shore Blvd., Wimauma 33598 \*Respite available

3rd Thursday, 3 p.m.

Bloomingdale Adult Day Center, 3940 Canoga Park Drive, Brandon 33511

#### Pasco County

2nd Wednesday, 3 p.m.

Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542

1st Thursday, 10:30 a.m.

Land O' Lakes Public Library, 2818 Collier Pkwy., Land O' Lakes 34639

2nd Thursday, 1 p.m.

Millpond Estates Club House, 7729 Morningdale Drive, New Port Richey 34653

#### **Pinellas County**

1st Monday, 7:45 a.m.

Westminster Suncoast, The Quak Room, 1095 Pinellas Point Dr. S., St. Petersburg

Every Monday, 9:30 a.m.

White Chapel and Harbor Hall, 1190 Georgia Avenue, Palm Harbor 34683

1st and 3rd Monday, 1 p.m.

Madonna Ptak Memory Disorders Clinic, 430 Morton Plant St., Ste. 401, Clearwater

2nd Tuesday, 9:30 a.m.

Largo Public Library, 120 Central Park Drive, Largo 33771

2nd Tuesday, 10 a.m.

Arden Courts of Palm Harbor, 2895 Tampa Road, Palm Harbor 34684

Every Wednesday, 10 a.m.

Hale Activity Ctr. Dunedin, 330 Douglas Avenue, Dunedin 34698

2nd Wednesday, 1 p.m.

East Lake Public Library, 4125 E. Lake Road S., Palm Harbor 34685

3rd Wednesday, 6 p.m.

TLC Adult Day Care & Recreation Center, 3970 Tampa Rd., Unit J., Oldsmar 34677

1st and 3rd Thursday, 2 p.m.

2nd Thursday, 6 p.m.

4th Thursday, 10 a.m.

St. Anthony's Memory Disorders Center, Professional Office Building, 1201 5th Avenue, N., Suite 309, St. Petersburg 33705

1st Thursday, 6 p.m.

Arden Courts of Largo, 300 Highland Ave., Largo 33770



# **GREATER POLK**

## DeSoto, Hardee, Highlands & Polk Counties



Jody Streussnig, BAA, CDP, CMDCP Senior Program Manager | 239.294.1729 | jlstreussnig@alz.org For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Peace River Electric Cooperative
- Tanglewood
- Maranatha Village
- Crystal Lake Club
- Carillon Lakes
- Kiwanis Club of Lakeland

#### **COMMUNITY EDUCATION & OUTREACH**

#### **Highlands County**

Brain Bus Stop at Whispering Pines Health Fair

Tuesday, January 14, 9 a.m.

Whispering Pines 55 Plus Park, 2323 Brunns Rd., Sebring 33872

#### **DeSoto County**

Brain Bus Stop at Desoto County Ahead: A Community Resource Fair

Wednesday, January 8, 4 p.m.

Turner Agri- Civic Center, 2250 NE Roan St., Arcadia 34266

#### **Polk County**

Brain Bus Stop at Day of Caring

Wednesday, February 12, 1 p.m.

Bonnet Springs Park, 400 Bonnet Springs Blvd., Lakeland 33815

# **GREATER POLK**

# DeSoto, Hardee, Highlands & Polk Counties

#### Brain Bus Stop at Unity in the Community

Saturday, February 15, 10:30 a.m. Central Park, 135 4th St. NW, Winter Haven, 33881

#### Health Fair

Friday, March 14, Noon

First Presbyterian Church Lakeland, 175 Lake Hollingsworth Drive, Lakeland 33801

#### **CAREGIVER SUPPORT GROUPS**

#### **Polk County**

2nd Tuesday 12 p.m.

Hawthorne Inn, 6150 Lakeland Highlands Rd., Lakeland 33813

\*lunch provided.

3rd Monday, 11 a.m.

Schalamar Creek Clubhouse Garden Room, 4500 US-92, Lakeland 33801

3rd Tuesday, 1:30 p.m.

3601 Cypress Gardens Rd., Winter Haven 33884

4th Thursday, 9:30 a.m.

Solivita Baltic Room, 395 Village Dr., Kissimmee 3475

4th Tuesday, 10:30 a.m.

Beautiful Minds Social Center, 1037 S. FL Ave. Suite #130, Lakeland 33803

\*park in back

Thank you to GiveWell for their generous support.



# **GREATER SARASOTA**

#### Charlotte, Manatee & Sarasota Counties



**Silvia Calwell, LPN**Program Manager | 727.270.9894 | <u>sicaldwell@alz.org</u>
For virtual programs see table of contents.

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- Daybreak Adult Day Center
- King's Gate
- Meadows Community Association
- Empath Health
- Island Walk
- Roser Church

#### **COMMUNITY EDUCATION & OUTREACH**

#### Sarasota County

#### Health Fair

Thursday, January 9, 10 a.m.

Meadows Community Association, 3350 Longmeadow, Sarasota 34235

#### Understanding Alzheimer's and Dementia

Monday, January 13, 10 a.m.

Venice United Church of Christ, 620 Shamrock Blvd., Venice 34293

#### 10 Warning Signs

Monday, January 20, 10 a.m.

Venice United Church of Christ, 620 Shamrock Blvd., Venice 34293

#### Brain Bus Stop at La Casa Mobile Park

Friday, January 24, 11 a.m.

La Casa Mobile Park, 300 El Prado, North Port, 34287

#### Healthy Living for your Brain and Body

Monday, January 27, 10 a.m.

Venice United Church of Christ, 620 Shamrock Blvd., Venice 34293

#### Brain Bus Stop at All Faith Food Bank Church of the Palms Mobile Farm Market

Wednesday, February 5, 10:30 a.m.

Church of the Palms, 3224 Bee Ridge Road, Sarasota 34239

#### Brain Bus Stop at Lazy River Village Health Fair

Friday, February 7, 11:00 a.m.

Lazy River Village, 10500 Tamiami Trail, North Port 34287

#### Brain Bus Stop at Holiday Park Health Expo-North Port

Friday, February 28, 11 a.m.

Holiday Park, 5401 Holiday Park, North Port, 34287

#### Brain Bus Stop at Church of the Palms Mobile Pantry Veterans Appreciation

Tuesday, May 27, 9 a.m.

Church of the Palm, 3224 Bee Ridge Road, Sarasota 34239

#### **Charlotte County**

#### Brain Bus Stop at Harry Chapin Food Bank

Thursday, February 6, 9 a.m.

Human Services of Charlotte County, 21500 Gibralter Drive, Port Charlotte 33952

#### Health Fair

Saturday, February 15, 10 a.m.

Port Charlotte Public Library, 21500 Gibralter Dr., Port Charlotte 33952

#### Manatee County

#### Brain Bus Stop at Tree Lake Association

Friday, January 17, 9 a.m.

Tree Lake Association, 2215 73rd Street East, Palmetto 34221

#### Healthy Living for Your Brain and Body

Thursday, January 23, 4:30 p.m.

MTC, 6305 SR 70 East, Bradenton 34203

# **GREATER SARASOTA**

#### Charlotte, Manatee & Sarasota Counties

#### **CAREGIVER SUPPORT GROUPS**

#### **Charlotte County**

2nd Monday, 5:15 p.m.

ActivAge at Chelsea Place, 3626 Tamiami Trl., Port Charlotte 33952

2nd Tuesday, 3 p.m.

Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda 33950

#### **Manatee County**

3rd Tuesday, 10:30 a.m.

Bradenton YMCA, 3805 59th St. West., Bradenton 34209

1st Wednesday, 10 a.m.

Rocky Bluff Library, 6750 US-301, Ellenton 34222

2nd & 4th Thursday, 10 a.m.

Lakewood Ranch YMCA, 5100 Lakewood Ranch Blvd., Bradenton 34211

3rd Wednesday, 1 p.m.

Palmetto Public Library, 923 6th St., West, Palmetto 34221

#### **Sarasota County**

1st Tuesday, 11:30 a.m.

Frances T. Bourne Jacaranda Library, 4143 Woodmere Park Blvd., Venice 34293

1st & 3rd Monday, 10 a.m.

Church of Palms, 3224 Bee Ridge Rd., Sarasota 34239

3rd Wednesday, 10 a.m.

San Pedro Catholic Church, 14380 Tamiami Trail, North Port 34287

2nd Thursday, 3 p.m.

Town Square Sarasota, 3882 Central Sarasota Pkwy., Sarasota 34238

\*Respite available

# SOUTHWEST FLORIDA

#### Collier, Glades, Hendry & Lee Counties



**Lisa L. Kiddon**Program Manager | 727.316.8341 | <u>Ilkiddon@alz.org</u>
For virtual programs see table of contents.

#### PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Esplanade Golf and Country Club
- Longshore Lake
- Verona Walk
- Club at The Strand
- Naples Reserve
- The Club at Sterling Oaks
- Quarry Beach Club
- Bonita Shores Community
- Seven Lakes Golf and Country Club
- The Commons Club
- Bonita Terra
- Cypress Trails
- Heritage Palms Golf and Country Club
- Horizon Village

#### **COMMUNITY EDUCATION & OUTREACH**

**Collier County** 

Brain Bus Stop at 29th Annual New Years Arts Fair Saturday, January 4, 10 a.m.
Cambier Park, 755 8th Avenue South, Naples 34102

Brain Bus Stop at 29th Annual New Years Arts Fair Saturday, January 5, 10 a.m.
Cambier Park, 755 8th Avenue South, Naples 34102

# **SOUTHWEST FLORIDA**

### Collier, Glades, Hendry & Lee Counties

#### Health Fair

Monday, January 20, 1 p.m.
The Players Club, 8060 Grand Lely Drive, Naples 34113

#### Brain Bus Stop at St. John the Evangelist

Thursday, January 23, 9 a.m.
St. John the Evangelist, 625 111th Ave. N, Naples 34108

#### Healthy Living for your Brain and Body

Wednesday, March 19, 2025 Noon Wintrust Banking Center Branch, 3401 Tamiami Trail, N., Naples 34103

#### **Hendry County**

#### Brain Bus Stop at Barron Park

Saturday and Sunday, February 23 and 23, 9 a.m. 1559 De Soto Ave., Labelle 33935

#### Lee County

#### Brain Bus Stop at Riverwood Plantation

Tuesday, January 7, 10 a.m. Riverwood Plantation 4600 Robert E. Lee Blvd., Estero 33928

#### 10 Warning Signs of Alzheimer's

Friday, January 31, 10 a.m. Healthy Life Center Coconut Point, 23450 Via Coconut Point, Estero 33928

#### Health Fair

Thursday, January 9, 10 a.m. Estero Bay Village, 20518 Tahitian Blvd., Estero 33928

#### Health Fair

Tuesday, January 21, 10 a.m. FGCU Cohen Student Union, 11090 Fgcu Blvd N., Fort Myers 33965

#### Brain Bus at Pine Manor Community Center

Tuesday, January 21, 10 a.m. Pine Manor Community Center, 5547 Tenth Ave. Fort Myers 33907

## **Empowered Caregiver: Communicating Effectively**

Tuesday, February 11, 2 p.m.

Fort Myers Regional Library, 2450 First St., Fort Myers 33919

## 10 Warning Signs of Alzheimer's

Thursday, February 13, 10 a.m.

Well Way Cape Coral Health Center, 609 SE 13th Court., Cape Coral 33990

## Brain Bus Stop at St. Cecilia Catholic Church

Wednesday, February 19, 9 a.m.

St. Cecilia Catholic Church, 5632 Sunrise Dr., Fort Myers 33919

## **Brain Bus Stop at YMCA Bonita Springs**

Tuesday, March 4, 8 a.m.

YMCA Bonita Springs, 27200 Kent Road, Bonita Springs 34135

## **Empowered Caregiver: Responding to Dementia-Related Behaviors**

Tuesday, April 8, 2 p.m.

Northwest Regional Library, 519 Chiquita Blvd. N., Cape Coral 33993

## **Empowered Caregiver: Exploring Care and Support Services**

Tuesday, June 10, 2 p.m.

Lakes Regional Library, 15290 Bass Rd., Fort Myers, 33919

## **CAREGIVER SUPPORT GROUPS**

## Lee County

1st Wednesday at 11 a.m.

Peace Lutheran Church, 15840 McGregor Blvd., Fort Myers 33908

1st Tuesday at 10 a.m.

Cypress Cove, 10200 Cypress Cove Drive, Fort Myers 33908

2nd Wednesday at 1 p.m. and/or 4th Friday at 10 a.m.

Good Shepherd United Methodist Church, 2951 Trail Dairy Cir., North Fort Myers

## **SOUTHWEST FLORIDA**

## Collier, Glades, Hendry & Lee Counties

2nd Thursday at 10 a.m.

The Terraces at Bonita Springs, 26455 S. Tamiami Trail, Bonita Springs 34134

3rd Tuesday at 10 a.m.

Gulf Coast Village 1333 Santa Barbara Blvd., 4th Floor Craft Room, Cape Coral

3rd Thursday at 10 a.m.

Lee Healthy Life Center, Coconut Point, 23450 Via Coconut Point, Estero 33928

Thank you to Moorings Park for their generous support.

## **GREATER TREASURE COAST**

Indian River, Martin, Okeechobee & St. Lucie Counties



**Evelyn Espinal, BBA**Program Manager | 305.503.0468 | <u>eaespinal@alz.org</u>
For virtual programs see table of contents.

## PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

## **COMMUNITY EDUCATION & OUTREACH**

**Indian River** 

Brain Bus Stop at VNA Family Fun Day

Saturday, February 22, 11 a.m.

Parc24 Building, 445 24th Street, Vero Beach 32960

## **Okeechobee County**

Brain Bus Stop at 18th Annual Okeechobee Family Health & Safety Expo Saturday, January 25, 9 a.m.

Agri-Civic Center, 4601 Highway 710, Okeechobee, 34972

## St. Lucie County

Health Fair

Saturday, January 11, 9 a.m.

Lincoln Park Academy in Fort Pierce, 1806 Ave I, Fort Pierce 34950

## Brain Bus Stop at The Safety Festival

Saturday, April 26, 9 a.m.

Clover Park, 31 Piazza Dr., Port St. Lucie 34986

## Brain Bus at Treasure Coast Puerto Rican Day Parade and Festival 2024

Saturday, December 21, 12 p.m.

St. Lucie County South Regional Sport Complex, 560 NW University Blvd., Port St Lucie 34986

## **GREATER TREASURE COAST**

Indian River, Martin, Okeechobee & St. Lucie Counties

## **CAREGIVER SUPPORT GROUPS**

St. Lucie County

2nd & 4th Tuesdays, 10:30 a.m.

Harbor Place, 3700 SE Jennings Rd., Port St. Lucie 34952



## PALM BEACH COUNTY



Olivia Curtis, B.S.

Program Manager | 772.236.7607 | omcurtis@alz.org

For virtual programs see table of contents.

## PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Valencia Palms of Delray Beach
- Tivoli Lakes of Boyton Beach
- Villa Borghese of Delray Beach
- Mid-County Senior Center

## **COMMUNITY EDUCATION & OUTREACH**

Brain Bus Stop at Valencia Pointe of Boyton Beach Health Expo Thursday, January 9, 10 a.m. Valencia Pointe of Boyton Beach, 6395 Castle Gate Blvd., Boyton Beach 33437

Brain Bus Stop at Senior Home Safety and Prevention Expo Thursday, January 30, 12:30 p.m. Wellington Bay, 2590 Wellington Bay Drive, Wellington 33414

Brain Bus Stop at Jupiter Jubilee Civic Fair Saturday, February 8, 11 a.m. Jupiter Community Center, 210 Military Trail, Jupiter 33458

## MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

2nd Wednesday, 2 p.m.

Brain Matters Research, Delray Beach 33445

1st Thursday, 1:30 p.m.

Palm Beach Premiere Research, West Palm Beach 33407

2nd Wednesday, 4:15 p.m.

JEM Research Institute, Lake Worth 33462

## **CAREGIVER SUPPORT GROUPS**

2nd Tuesday, 10:30 a.m.

Wellington Bay, 2590 Wellington Bay Dr., Wellington 33414

2nd Wednesday, 1 p.m.

Mae Volen Center 1515 W. Palmetto Park Rd., Boca Raton 33486

3rd Wednesday, 11 a.m.

Palm Beach Premiere Research, 4631 N. Congress Ave., West Palm Beach

3rd Thursday, 3 p.m.

Royal Palm Beach Recreation Center, 100 Sweet Bay Lane, Royal Palm Beach

4th Tuesday, 11 a.m.

Brain Matters Research, 800 NW 17th Ave., Delray Beach 33445

4th Wednesday, 1 p.m.

Mae Volen Center, 1515 W Palmetto Park Rd., Boca Raton 33486

4th Thursday, 2:30 p.m. and 3:30 p.m.

Mid County Senior Center 3680 Lake Worth Rd., Lake Worth 33461 \*Respite provided

4th Thursday, 6 p.m.

New Day Adult Day Care, 301 Ebbtide Dr., Suite H, N., Palm Beach 33408



## **BROWARD COUNTY**



**Samrah Mitha, B.S.**Program Manager | 786.847.7456 | snmitha@alz.org
For virtual programs see table of contents.

## PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

John Knox Village

## **COMMUNITY EDUCATION & OUTREACH**

Health Fair

Wednesday, January 29, Noon Jarvis Hall, 4505 N. Ocean Dr., Lauderdale by The Sea, FL 33308

## **CAREGIVER SUPPORT GROUP**

1st Tuesday, 1 p.m.

The Court at Palm Aire, 2701 N. Course Dr., Pompano Beach, 33069

1st Wednesday, 2 p.m.

Lenox on The Lake, 6700 W Commercial Blvd., Fort Lauderdale 33306

1st and 3rd Saturday, 10 a.m.

John Knox Village, 501 SW Sixth Street, Pompano Beach, 33060

2nd Tuesday, 5:30 p.m.

The Meridian Waterways, 3001 E. Oakland Park Blvd., Ft. Lauderdale 33306

3rd Wednesday, 5:30 p.m.

Covenant Living of Florida, 9215 W. Broward Blvd., Fort Lauderdale 33306

3rd Wednesday, 2 p.m.

Northwest Regional Library, 3151 University Drive, Room 214, Coral Springs



## **MIAMI-DADE & MONROE COUNTIES**



**Jesus Medina, MHA**Program Manager | 786.847.7438 | jemedina@alz.org
For virtual programs see table of contents.

## PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

## CAREGIVER SUPPORT GROUPS

Miami-Dade County

2nd Monday, 6 p.m., In-Spanish Coral Gables Branch Library, 3443 Segovia Street, Coral Gables 33134

2nd Thursday, 12:30 p.m.

Northeast Dade, Aventura Library, 2930 Aventura Blvd., Aventura 33180

2nd Friday, 12:30 p.m.

Pinecrest Community Center, 5855 Killian Dr., Pinecrest 33156

3rd Tuesday, 10:30 a.m.

Grand Living at Coral Gables, 363 Granello Ave., Coral Gables 33146

4th Tuesday, 7 p.m.

The Palace Suites, 11377 SW 84th St., Miami 33173

4th Thursday, 12:30 p.m.

Coral Gables Adult Activity Center, 2 Andalusia Ave., Coral Gables 33134



## **COMMUNITY ENGAGEMENT**



## **Keith Gibson**

Sr. Director, Community Engagement 561.414.2365 | kgibson@alz.org

Although African Americans are more likely than Whites to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that African Americans, Hispanics and others are not getting treatments when they are most likely to be effective at improving quality of life.

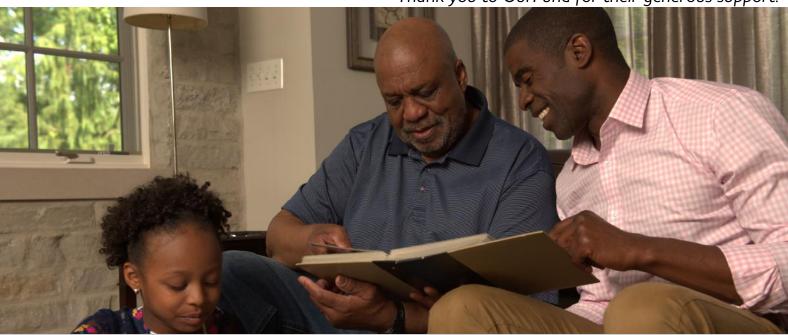
## **Community Forums**

As the American population ages and becomes increasingly more diverse, we are committed to identifying and addressing barriers that may prohibit members of these diverse communities from receiving important Alzheimer's diagnosis, treatment and resources.

## Coming soon

- Aging with Pride Summit 2025
- African American Community Forum, February 2025
- Minority Health Forum, April 2025

Thank you to OurFund for their generous support.



## THE INTERSECTION OF IDD AND ALZHEIMER'S



Katie Fahrenbruch
Director, Community Engagement
850.696.0814 | kafahrenbruch@alz.org

Individuals with Down syndrome have a higher than 90% lifetime risk of developing Alzheimer's disease.

## **Diagnostic and Quality Care Summits**

Our learning objectives are to create a better understanding of Alzheimer's disease, recognize symptoms, receive an accurate diagnosis, manage symptoms, and access resources. These events will be hybrid for maximum access.

## Save the Date for Summit

- Jacksonville March 18, 2025
- Orlando March, 20, 2025
- Broward March 21, 2025

## Join our Summit Planning Coalitions

- Jacksonville January 7, 3pm ET
- Orlando January 8, 3pm ET
- Broward January 10, 3pm ET

## Family Support Group for IDD/Down Syndrome & Dementia

- 4th Tuesday, 6 p.m. ET
- 4th Monday, 5 p.m. ET

## The Exchange

A place for people with IDD, their families, and their providers to come together to learn about IDD and dementia, brainstorm resources, and explore strategies

• 3rd Tuesday, 3 p.m. ET

## **Goal Writing Collaborative**

Come together to brainstorm the need for dementia specific goals for individuals with IDD and their support plans.

• Thursday, January 16, 2 p.m. ET

Thank you to generous funding from the Golisano and WITH Foundations.

## FOR PROFESSIONALS

## **HEALTH SYSTEMS AND MEDICAL PROFESSIONALS**

## Continuing Education on Alzheimer's and Dementia

The Alzheimer's Association offers continuing medical education on Alzheimer's and dementia, including free CE options. These resources help physicians, radiologists, neurologists, nurses, advanced practice nurses, physician assistants, psychiatrists, social workers, pharmacists and other clinicians to remain current in this fast-changing field.

- CME activities
- Research webinars

## The Alzheimer's and Dementia Care ECHO® Program for Health Systems and Medical Professionals

Project ECHO Series helps improve health outcomes and reduce care barriers. Read the blog post by Judi Lux. She describes how Project ECHO has enhanced her work as a medical social worker in an underserved rural area.

essentiALZ® Training and Certification for Community-based and Long Term Care The essentiALZ offers an affordable, all-in-one opportunity for new and experienced professional care workers. Program benefits include:

- Convenient learning through a self-paced, three-hour curriculum.
- Practical training based on the gold standard for quality care.
- Recognition of knowledge through essentiALZ certification and <u>continuing</u> education credit.

This comprehensive training covers five topic areas including the basics of Alzheimer's and dementia, person-centered care, assessment and care planning, activities of daily living, and communication changes and dementia-related behavior. <u>Learn more</u>

## PUBLIC HEALTH SPOTLIGHT

For public health students, educators and professionals, A Public Health Approach to Dementia is a free, online, interactive curriculum featuring videos, knowledge checks and next steps. Each module also includes a downloadable instructor guide with learning objectives, a list of relevant competencies, teaching aids such as case studies, test questions, video resources and additional learning activities. <u>Learn more.</u>

## FOR RESEARCHERS

## RESEARCH

### Scientific Conferences

The Alzheimer's Association offers year-round opportunities for the scientific community to network and learn about Alzheimer's and dementia research. Events include the Alzheimer's Association International Conference® (AAIC®) — the world's largest meeting dedicated to advancing dementia science — and a variety of in-person and virtual conferences, symposia and other events. <u>Learn more</u>.

## Welcome to the ISTAART Community

The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) is a diverse global network of scientists, clinicians and dementia professionals. Members of this professional organization share common goals: the pursuit of knowledge, collaboration and breakthroughs to advance the research and treatment of Alzheimer's disease and other dementia. When you join ISTAART, you'll have the opportunity to connect with colleagues worldwide, explore avenues for networking and mentorship, and stay on the leading edge of scientific advancements. Learn more.

## **MEET OUR RESEARCH CHAMPIONS**



Keith Gibson kgibson@alz.org



Lyndsey Taylor <a href="mailto:lctaylor@alz.org">lctaylor@alz.org</a>



Stefanie Wardlow, M.A. swardlow@alz.org

Our Research Champions provide high-level updates on the latest in Alzheimer's and dementia research and the Association's role in driving and leading global research initiatives. In addition, they network with Florida researchers and bridge the gap between science and the community. To schedule a virtual or in-person presentation please email one of the above staff members.



# CREATE YOUR OWN FUNDRAISER AND OUTSHINE THE DARKNESS OF ALZHEIMER'S.



The Longest Day® is the day with the most light – the summer solstice.

Join us to fight Alzheimer's through a fundraising activity of your choice on a day that works for you.

The funds you raise advance the care, support and research efforts of the Alzheimer's Association®.

Start you fundraiser at alz.org/tld



**Purple Soirée**April 4 | 5:30 p.m.

Winter Park Events Center

For partnership & volunteer opportunities, contact Denise Ward at <a href="mailto:dlward@alz.org">dlward@alz.org</a>

Inspire,
Imagine & Hope

Blooming with Hope

Friday, April 4, 2025 6:30-11 p.m. The Gathering in Tampa

For partnership & volunteer opportunities, contact Christine Feller at clfeller@alz.org



April 5, 2025 7-11:30 p.m. Coral Gables

For partnership & volunteer opportunities, contact Liesl Mejias at limejias@alz.org

## WALK IN END ALZHEIMER'S

ALZHEIMER'S () ASSOCIATION

## save the date

- Sept. 21 Space Coast
  - Oct. 5 Orlando
  - Oct. 5 The Villages
  - Oct. 6 Pensacola
- Oct. 19 South Shore
- Oct. 20 Ocala
- Oct. 26 Palm Beach
- Oct. 26 Gainesville
- Oct. 27 Emerald Coast Okaloosa
  - Nov. 2 Sarasota & Manatee Counties
  - Nov. 3 Emerald Coast Panama City
  - Nov. 3 Tampa
  - Nov. 9 Jacksonville
  - Nov. 9 Collier County
  - Nov. 9 Volusia County
- Nov. 10 Boca Raton
- Nov. 16 Miami
- Nov. 16 Tallahassee
- Nov. 16 Pasco County
- Nov 16 Lee County
- Nov. 23 Broward County
- Nov. 23 Pinellas County
  - Dec. 7 Polk County
  - Dec. 7 Treasure Coast
- Dec. 14 Florida Keys

Register today

at alz.org/walk















Join advocates across the state as we share our stories and meet with legislators to discuss priorities including funding for the Brain Bus, critical respite services, and legislation to establish a statewide public awareness campaign. To learn more email jbraisted@alz.org.







## JUNE 8-10, 2025

The Alzheimer's Impact Movement (AIM) Advocacy Forum is the nation's premier Alzheimer's disease advocacy event. Volunteer advocates from across the United States come together to make the case to federal policymakers to advance policies to improve the lives of all individuals affected by Alzheimer's and all other dementia.



## Stay Up to Date

## Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.

























## Follow & Tag Us on Social!

## **Chapter Accounts**

Central & North Florida Chapter | @AlzCnfl Facebook | Instagram | X

Florida Gulf Coast Chapter | @AlzFlGulf Facebook | Instagram | X

Southeast Florida Chapter | @AlzSefl Facebook | Instagram | X

### Statewide Accounts

LinkedIn Alzheimer's Association. Florida

TikTok @AlzFlorida YouTube @AlzFlorida



## Alz MindFL - Florida's Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, Alz MindFL. The blog features stories from across Florida including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at alzmindfl.org.



## **ADVANCING THE SCIENCE:**

## THE LATEST IN ALZHEIMER'S AND DEMENTIA RESEARCH

Request a presentation by the Alzheimer's Association®



Today, nearly 7 million Americans are living with Alzheimer's — an escalating health crisis that affects many in our community. At the same time, significant progress in Alzheimer's research has led to advancements in diagnosing, treating and preventing dementia.

Request Advancing the Science presentation to learn about the latest in Alzheimer's research, and how the Alzheimer's Association is leading the way toward a world without Alzheimer's and all dementia.



Click to send an email request for a free virtual program for your group, civic or community organization.



Caring for someone with Alzheimer's isn't easy.

Reaching us is.

24/7 Helpline: 800.272.3900

**VISIT ALZ.ORG** 



Click for local support, information, resources, upcoming events and more.

If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia<sup>®</sup>.

