

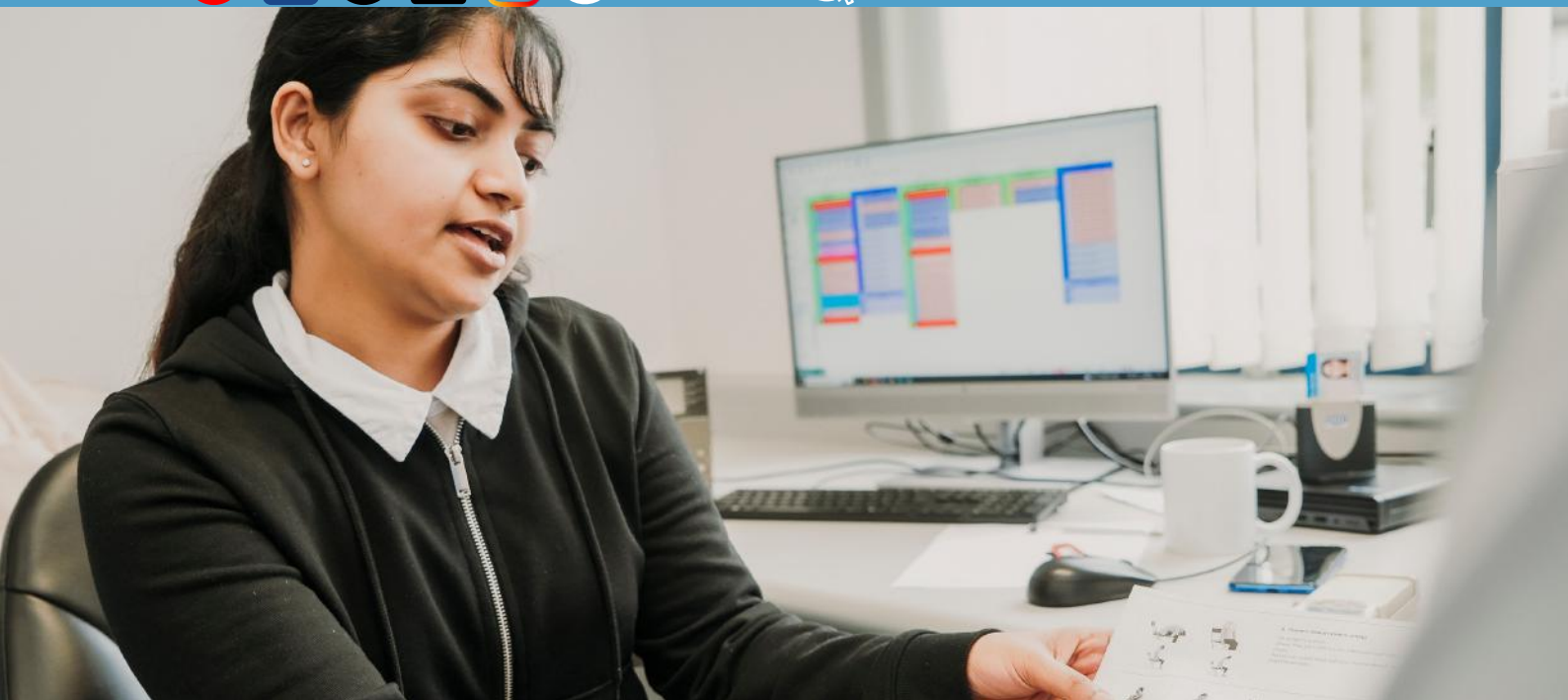
SEPTEMBER 2025

THE HUB PLUS TRAINING



NEWSLETTER

Find us on:       07883 328933  www.thehubplus.co.uk  ddlmc.thehubplus@nhs.net



Welcome to The Hub Plus Training Newsletter!

Your ultimate source for training and development! Stay in the loop with the latest learning opportunities, expert insights, and skill-building resources designed to help you grow, excel, and achieve your goals.

Let's level up together!



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**The Hub Plus - Supporting our General Practice family
on their Primary Care journey**

Join us for The Hub Plus GP Study Day

This full-day event offers high-quality clinical and non-clinical learning at an heavily subsidised rate of **£45 for Derbyshire GPs** (or £85 for colleagues outside the county), **with lunch included!**

• What to expect:

- Expert-led clinical updates on respiratory medicine, gastroenterology, paediatrics, and neurology
- Practical workshops on AI in primary care and wellbeing/self-care strategies
- Direct engagement with local primary and secondary care clinicians, tailored to the Derbyshire context, with time built in for networking



**Tuesday 14th
October 2025**



09:15 to 16:00



**RTC Business Park,
London Road
Derby, DE24 8UP**

Guest Speakers:



Dr. Valeed Ghafoor

Dr. Ghafoor strategic healthcare leader and GP Partner with a proven track record in national-scale implementation across primary care, patient access, chronic disease pathways, and workforce development. Passionate about scalable change, data-informed strategy, and meaningful partnerships; including with industry partners, digital health, and integrated care systems.



Dr. Susie Bayley

With over 20 years of experience as a doctor in the NHS, including 10 years as an NHS leader, Susie brings a wealth of knowledge and expertise to her role as a coach and facilitator. Susie is known for her incredible warmth, humour, honesty, and exceptional problem-solving skills. This combination makes her an understanding, compassionate coach and a trusted guide and mentor.



Dr. Meenu Pandey

With over 17 years of paediatric experience across India and the UK, Dr Pandey. She is passionate about finding creative, practical solutions to complex problems in medicine, particularly through education, innovation, and research. Equity and wellbeing matter deeply to her— not just for patients, but for colleagues and the wider healthcare system.

Plus - Mr Ahmed El-Shawarky & Dr. Gillian Sare

[Click here](#) to book your place now

ICB Pharmacy Team System Induction Training

The ICB Pharmacy Team is offering all PCN and Practice staff the opportunity to join us virtually for our next wave of System Induction Training.

The aim of induction training is to support all staff members to use the information available to them to ensure safe, appropriate prescribing for the population of Derby and Derbyshire.

The first part of the session will provide an overview of resources - suitable for all staff members, with the second part of the session providing more in-depth clinical information.

The session will cover:

- Introduction to the ICB Pharmacy Team, our role and what we do
- Clinical System settings and formulary to help you get the best out of the clinical system
- Queries and advice
- Introduction to our Medicines Management website resources

During the sessions we suggest that staff members have access to a computer to mirror the navigation that will be demonstrated, and we absolutely encourage staff to participate by asking questions to get the best from the session. It will also be a chance for staff to meet some of the members of the ICB Pharmacy Team.

Next session: **Thursday 11th September 13:00-13:55pm via MS Teams.**

Join the session, please send name and email address to ddicb.pharmacy@nhs.net

Derby and Derbyshire GP Satisfaction and Retention Survey 2025

Dr. Jo Marval, currently undertaking a fellowship with The Hub Plus, is researching how to support the **retention of GPs in Derby and Derbyshire**. This includes understanding local colleagues' needs, evaluating interventions that promote retention, and exploring ways to retain skills towards the end of a GP's career.

To support this work, GPs are invited to complete a **short questionnaire** (just 5 minutes) about their experiences, challenges, and support needs. The responses will help identify what is working well and where additional resources may be needed. There is also the option to take part in a short interview to discuss experiences and ideas in more detail. Any and all input is greatly appreciated.

Lunch and Learn GP Clinical Update Sessions

Dr Sarah Morris is pleased to offer monthly clinical update sessions. These sessions are tailored to provide updates for Derbyshire based clinicians and open to all GPs and advanced practitioners at all stages of career.

Details for upcoming sessions can be found by clicking the links below:

- **24/09/25** - [Common Gynaecology Presentations in Primary Care](#)
- **22/10/25** - [Lower Limb MSK](#)
- **26/11/25** - [Dermatology- 2ww, hair loss, fungal infections](#)

In addition, don't miss our special one-off event exploring population health with Dr Laura French, Director of Population Health Management for the Derby and Derbyshire ICB.

👉 **[Places are first come first served Click here to find out more!](#)**



QUEST - Protected Learning Time

Why not join one of our upcoming focused learning sessions designed to support your Protected Learning Time on Wednesday afternoons. Whether you're clinical or non-clinical staff, there's something for everyone.

- **Wed 17th September, 13:30–15:30:** [Supporting Deaf Patients \(with Basic BSL training\) \(All Staff\)](#)
- **Wed 17th September, 13:30–15:30:** [Lung Cancer Screening & Diagnosis \(Clinical Staff\)](#)
- **Wed 8th October, 13:30–15:30:** [Cultural Sensitivity in Patient Care & Pharmacy First Training \(All Staff\)](#)
- **Wed 8th October, 13:30–15:30:** [Cardio-Renal Metabolic Results \(Clinical Staff\)](#)
- **Wed 15th October, 13:30–15:30:** [Cultural Sensitivity in Patient Care & Pharmacy First Training \(All Staff\)](#)
- **Wed 15th October, 13:30–15:30:** [Cardio-Renal Metabolic Results \(Clinical Staff\)](#)

Oliver McGown Training

Please find links to tier 1 part 2 of the NHS England Oliver McGowan mandatory training in learning disabilities and autism below. Webinars last for 60 minutes. You must complete the full session for compliance to be recorded.

Prior to the session, please fill in a participation form by clicking [HERE](#).

- **Weds 10th September - 1500 – 1600** - [Join the meeting now](#)
- **Monday 15th September - 1000 – 1100** - [Join the meeting now](#)
- **Weds 17th September - 1500 – 1600** - [Join the meeting now](#)
- **Monday 22nd September - 1000 – 1100** - [Join the meeting now](#)
- **Weds 24th September -1500 – 1600** - [Join the meeting now](#)
- **Monday 29th September - 1000 – 1100** - [Join the meeting now](#)

Calling All Practice Managers - (LARC) Survey

We are inviting your practice to take part in a vital survey developed with the **Derbyshire Women's Health Hub**. This survey is designed to assess current service provision and training needs in women's health, with a focus on **Long-Acting Reversible Contraception (LARC)**.

Why This Survey Matters

Women across Derby and Derbyshire continue to face significant challenges in accessing timely, appropriate care. Recent findings show:

- A 23.5% increase in new STI diagnoses in Derby and 31.6% in Derbyshire between 2021 and 2022.
- Access to LARC services is inconsistent, with many practices lacking trained staff or dedicated time to offer these essential contraceptive options.
- Community engagement in 2024–2025 revealed that women often experience fragmented services, long waits, and limited postnatal contraceptive support, especially after abortion or childbirth.

These gaps are not just numbers they represent real barriers to care for women in our communities.

About the Survey

This short survey will help us:

- Identify training needs in LARC and broader women's health.
- Map service gaps across general practices.
- Inform targeted investment in workforce development and service planning.

Our Goal: **100% Practice Participation**

We are aiming for every general practice in Derby and Derbyshire to complete this survey. Your input is essential to ensure we have a complete and accurate picture of the current landscape.

<https://forms.office.com/e/RK4Z8w1SKq>

Please complete the survey by **Monday 6th October**

It takes just a few minutes and will directly influence how we support practices and improve care for women across the region.

Support Your Team with Suicide Awareness Training

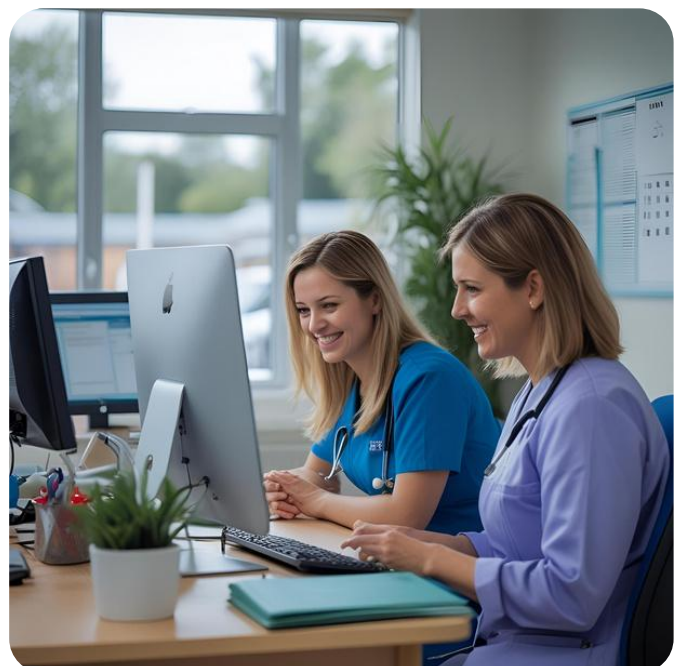
We are offering a free, tailored training sessions to help your team better understand and respond to suicide risk.

Topics include:

- Understanding Suicide
- Personal Safety Planning
- Postvention
- Tools & Resources
- Sessions are 1–2 hours, online or in-person

If you are interested, please fill out the Expression of Interest Form:

Suicide Awareness Training session:
Expression of Interest form



Introducing The Hub Plus Learner of the Month

We are excited to launch a new initiative called ‘**Learner of the Month**’, to celebrate individuals who have actively engaged in our training programmes.

June 2025
Kristy Milner

July 2025
Madeleine Corbyn

MADDY CORBYN - OPERATIONS MANAGER



“As someone who is new to management in General Practice, I have found the Hub Plus to be an incredibly valuable training resource. They offer so many courses covering a wide range of topics, so there really is something for everyone. The facilitators are knowledgeable, supportive and always willing to share their expertise and resources. I have also really valued the opportunity to connect with other people in similar roles. Thank you!”

PLT Quest Training - Pharmacy First & Cultural Sensitivity in Patient Care – 08/10/25 & 15/10/25

The Hub Plus are excited to offer a 2-part special for October Quest afternoon!

- 13:30 to 14:25 - Role of Cultural Sensitivity in Patient Care
- 14:35 to 15:30 - Pharmacy First

Both sessions are delivered live online and open to all roles in Primary Care.



Aims of the cultural sensitivity session:

- Enhance patient satisfaction and trust
- Improve communication with patients from diverse backgrounds
- Reduce misunderstandings and potential complaints
- Foster an inclusive and welcoming healthcare environment
- Strengthen professional confidence in handling cultural diversity

Aims of the Pharmacy First session:


- Information on what services community pharmacy offer
- Understanding of who is appropriate for referral to a community pharmacy
- What a patient can expect once referred including the cost of any treatment
- How to complete an electronic referral to a community pharmacy

This session can be delivered in person for your practice/PCN. For more information please contact paula.whitehurst1@nhs.net

Upcoming Training Sessions

Motivational Interviewing Study Day

 **Dates:** 02 October 2025

 **Time:** 09:00 – 16:00

 **Location:** Online

Enhance your consultation skills with our **Motivational Interviewing (MI) Study Day**, designed specifically for those supporting patients with Smoking Cessation. This interactive, live online training moves beyond traditional lectures—delivering a memorable, engaging, and highly practical learning experience.

Programme highlights:

- Introduction to the principles and spirit of MI
- Understanding ambivalence and how to work with it
- Developing skills in open questions, affirmations, reflections, and summaries
- Practical demonstrations tailored to participant scenarios
- Regular short breaks to keep sessions focused and effective

What makes this course different?

- Evidence-based approach: Learn how to use MI techniques to reduce resistance and support meaningful behaviour change.
- Engaging delivery: Expect creative demonstrations, interactive activities, and clear illustrations instead of long slide decks or role-play exercises.
- Practical application: Gain confidence in using MI strategies in real-world consultations, helping patients find their own motivation to change.

Who should attend?

This course is ideal for anyone working in primary care who is either new to Motivational Interviewing or seeking a refresher. It is an accessible, introductory-level training designed to have immediate impact on everyday consultations.

 **Sign up here**

Population Health Approach to General Practice

Learning Objectives:

- Understand what is meant by the 'wider determinants of health' and how these affect health status
- Appreciate the breadth and scope of health inequalities and the extent to which they can affect health outcomes
- Think about some of the key elements of a population health approach, and how these can be used to tackle systemic challenges

 **Date:** 22 October 2025

 **Time:** 14:00 – 15:00

 **Location:** Online

 **Register now**

Basic Life Support Training

By the end of the session participants should be able to:

- Perform an ABCDE assessment inc Anaphylaxis recognition and management and Sepsis
- Use the emergency equipment and medication within the Practice appropriately
- Perform CPR as required on any age group eg adults, children and infants
- Use an Automated External Defibrillator safely and appropriately

 **Date:** 21 October 2025


 **Time:** 14:00 – 15:00

 **Location:** RTC Business Park,
London Rd, Derby DE24 8UP

 **Register now**

Mind the Generation Gap: Gen Z & the Future of Healthcare Teams

 **Date: 17 September 2025**


 **Time: 13:30 – 15:00**

 **Location: Online**

 [Register now](#)

LGBT+ Awareness in Primary Care: Practical Skills for Staff

 **Date: 24 September 2025**

 **Time: 09:30 – 10:30**

 **Location: Online**

 [Register now](#)

Refresher training: Warfarin Management in Primary care

 **Date: 22 September 2025**

 **Time: 08:45 – 17:00**

 **Location: Coney Green Business
Centre, Clay Cross, S45 9JW**

 [Register now](#)

Update on CQC

 **Date: 25 September 2025**


 **Time: 12:30 – 13:30**

 **Location: Online**

 [Register now](#)

Your Pension and the Public Service Remedy

 **Date: 07 October 2025**


 **Time: 13:00 – 14:30**

 **Location: Online**

 [Register now](#)

Data Security

 **Date: 28 October 2025**

 **Time: 13:30 – 16:30**

 **Location: Online**

 [Register now](#)

Cervical screening: Tips and Troubleshooting

 **Date: 03 November 2025**


 **Time: 14:00 – 16:00**

 **Location: Online**

 [Register now](#)

Performing spirometry in General Practice

 **Date: 26 November 2025**

 **Time: 09:30 – 12:30**

 **Location: Derby - Venue TBC**

 [Register now](#)

Did you know – spotlight on E-Learning



Suitable for all new and existing staff in GP practices within Derby and Derbyshire

- How General Practice works and where it fits in a health and social care system
- Introduction to the training hub
- Multi-Disciplinary Team
- Resources for primary care clinicians

Level 1 Infant Feeding Training

Training video series provides a foundation of knowledge suitable for all general practice staff including non-clinical staff.

Derbyshire Quality Improvement Portal

A comprehensive platform designed to be your go-to resource for all things related to Quality Improvement in Primary Care in Derbyshire.

Explore our full range by
signing up here