

Loving life with little ones

about toddle

Oxfordshire

FREE

EVENTS

Halloween
and
Christmas
Days Out

Oct - Dec 2025

COMMUNICATION

And How It
Helps With
Sleep Training

Understanding
Curiosity

WIN
DAILY PRIZES
THIS DECEMBER
THE 12 DAYS OF
CHRISTMAS IS
BACK!

Everything Bump, Baby & Toddler Near You

Covering Oxford, Banbury, Bicester, Witney, Abingdon,
Wallingford, Didcot, Thame, Henley and surrounding villages

COVER PHOTO BY



"My children love these annual events and they just keep getting better each year"



"Cranford's Day of Discovery one of our favourite family days out"

Join us for a free fun-filled circus themed morning as we celebrate all things under the big top! Parents and families from Nursery to Year 6 are welcome to join in the adventure from High Flying Acts, Amazing Entertainers, Circus School, Fun Hands-On Activities and more!

JUNIOR SCHOOL DAY OF DISCOVERY

UNDER THE BIG TOP

★★★ SATURDAY 8 NOVEMBER ★★★

9am-12pm



Book your free tickets online with Eventbrite!



A Vibrant Education for Boys and Girls aged 3-18 • Moulsoford, Wallingford, Oxfordshire OX10 9HT
www.cranfordschool.co.uk

WELCOME

AUTUMN EDITION!



What an incredible summer it's been – long sunny days, family adventures, and those precious little moments we'll carry with us forever. As the seasons shift, there's a new kind of magic in the air. The nights are drawing in, the leaves are turning golden, pumpkins are appearing on doorsteps... and dare we say it - yes, we can

IT'S CHRISSSSSSTTTTTTMAAAAAAAS!

Autumn and winter bring with them some of the most exciting times of the year for families. From the giggles of dressing up for **Halloween** to the sparkle of **firework displays**, and finally the wonder of **Christmas** itself – this is the season of creating memories. Think cosy jumpers, chilly evening walks, hands wrapped around hot chocolate, and watching little faces light up with joy.

For us, this year has been truly special. We've had the privilege of meeting so many amazing parents and inspiring small businesses, and we're so grateful for your stories, feedback, and support. **Toddle About has always been more than a magazine** – it's a community, and that's because of you.

Inside this issue, we've packed in **Halloween fun**, **seasonal events and days out**, and our **festive Christmas Gift Guide**, filled with thoughtful gift ideas that support local businesses.

So grab a cuppa, settle in, and let's dive into a magical season together.

Subscribe **FOR FREE** today at
www.toddleabout.co.uk/subscribe

Bill & Emily

Loving life with little ones!

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: www.toddleabout.co.uk

MEET THE TEAM



Bill & Emily - Owner/Editors



Tim & Ruth - Franchisors

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email: bill@toddleabout.co.uk

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[@](#) toddleaboutOxfordshire

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Cover picture:

A huge thank you to Oxfordshire-based **Gracefully Greener Photography** for this stunning cover image.

You can discover more of their beautiful work at:

www.gracefullygreenerphotography.co.uk



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Toddle About Oxfordshire, 19 Herriard Way, Tadley Hampshire RG26 3UG. Call us on 07359 162 124.



Discover, Play And Imagine In Small Worlds

Small Worlds is The Story Museum's dedicated area for under-fives, where you'll find a land of picture books, nursery rhymes and story-themed zones to explore. Go on a Bear Hunt, meet Elmer, ride the Story Bus and enjoy stories on a giant bed! Each session starts with a song and story, with plenty of joining in; your little one is then free to explore the five story-themed zones for the rest of the session before a final story and goodbye song.

www.storymuseum.org.uk See P.28



Stay And Play At Cranford

Every Monday morning (9:30–10:30am, term time), Cranford's Early Years team welcomes parents and toddlers to fun and nurturing Stay & Play sessions. Each week combines structured and free play, giving children the chance to explore, make friends, and develop new skills. Specialist teachers also lead themed activities in Music, Sport, French, Science and Art, ensuring every session is exciting and engaging. These free sessions are open to new families, as well as siblings already in the Cranford community. Booking in advance is essential.

www.cranfordschool.co.uk See P.2



First Aid, Your Way

Want to feel calm and confident in a medical emergency? Been meaning to learn first aid for a while? Happy Hearts First Aid has you sorted. Join Sammy — mum of three, former nurse, and expert first aid trainer — for relaxed, fear-free training, either online or in person. From bite-sized modules to friendly 2-hour Baby & Child sessions, you'll learn what matters most, in a way that fits your life.

www.happyheartsfirstaid.com

Bring Stories To Life With Puppetry

This half term, children can enjoy free craft and story workshops in Oxfordshire Libraries with local puppetry company Wild Boor Ideas. The sessions are inspired by A Christmas Carol and explore themes of kindness, generosity, and togetherness. Children will discover stories through shadow puppetry before creating their own festive puppets to bring tales to life. The workshops are part of Book Bonding, a literacy project that helps children connect sensory play with storytelling and reading.

www.wildboor.com



Pick the Right Kids' Bike This Christmas

Looking for the perfect Christmas gift that brings year-round fun? A well-made kids' bike is a present they'll never forget – encouraging confidence, independence and healthy outdoor adventures. But with so many cheap "toy" bikes around, it's vital to choose one that's safe, durable and great to ride. Cycle Sprog is the UK's go-to resource for family cycling advice, with trusted reviews, expert tips and buying guides to help you pick the right bike for your child this festive season and beyond.

www.cyclesprog.co.uk See P.19





The SSNAP and Silver Star Garden is officially open!

A disused patch of land at Oxford's John Radcliffe Hospital has been transformed into a calming garden for patients and staff at the Women's Centre, home to maternity and newborn services. The project was co-funded by The Silver Star Maternity Fund and SSNAP, which supports sick newborns and their families. The garden offers a much-needed retreat during difficult and emotional times. It stands as a lasting tribute to Professor Redman, a global pioneer in maternal care, and his compassion and dedication, while providing a peaceful haven for families and hospital staff alike.

www.ssnap.org.uk See P.23



New Flavours, 100% Organic Goodness

Clearspring has relaunched its much-loved fruit purée pouches with a fresh new look, recyclable packaging, and two exciting smoothie-style flavours: Banana, Strawberry & Mango and Banana, Blueberry & Strawberry.

Clearspring Organic FRUIT 100% Fruit Purée is made with nothing but organic fruit, no added sugar, concentrates, or preservatives. Perfect for toddlers, teens, and parents, the purées are versatile and delicious: enjoy on-the-go, with yoghurt or cereal, blended into smoothies, or even frozen as fruity ice pops.

www.clearspring.co.uk

Get The Party Started With Ride On Time

Ride On Time has grown bigger and is now offering delivery across the whole of Oxfordshire & the Cotswolds! Their party packages offer an amazing fleet of ride on toys that will be fantastic entertainment at a birthday party or event! It really offers a WOW factor and can fit various themes such as construction, tractors, cars and emergency vehicles! Get your party booked for 2025/2026!

www.rideontimehire.com See P.34



From Soggy Socks To Splash-Proof Style

Fed up with soggy socks and bags of drenched clothes, two mums set out to design kids' waterproofs that really work. With six little explorers between them, they knew outdoor play needed gear that could keep up, rain or shine. After countless prototypes and muddy test runs, Puddle Proofs was born. Their thoughtfully designed kids' waterproof waders are durable, comfortable, and built for adventure. Stylish yet practical, they keep children dry and happy through every splash, jump, and climb — and with the seal of approval from mums themselves, they're outerwear you can truly rely on.

www.puddleproofs.com See P.15



Magical Half-Term Fun

The Story Museum in Oxford has a magical line-up this October half term. Families can enjoy Les Enfants Terribles: A Gameshow for Awful Children, a hilarious kid-versus-adult challenge, and a vibrant Hansel and Gretel ballet. Creative children will love dragon puppetry and printmaking workshops, while the popular Story Explorers holiday clubs return with drama, craft, and storytelling fun. Explore the Whispering Wood, Enchanted Library, Story Arcade, and don't miss the last chance to follow the Alice Anniversary Trail.

www.storymuseum.org.uk See P.28



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered
our Summer Toddler Models competition!

Congratulations to little Jude who won a **Banwood Eco
Scooter and Helmet**, worth £118!

We received so many gorgeous entries - we hope you enjoy
looking through them as much as we have and that this gives
all our entrants a lovely keepsake.



Jude, 18 months old

BANWOOD

Find out more at www.banwood.co.uk



Jasper, 1 year



Rosa, 23 months



Enola and Tilly, 2 years
and 3 months



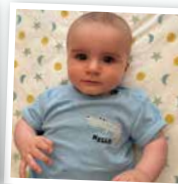
Hugo, 20 months



Theo, 5 years



Beau, 5 years



Jack, 6 months



Nora, 1 years 9 months



Arlo, 2 years



Raea, 3 years



Madeleine, 6 months



Charlie, 3 years 4 months



Annie, 3 years



Zephyr, 9 months



Archie, 1 year 5 months



Barnaby, 9 months



Penny, 2 years



Hazel, 2 years



Zena, 22 months



Kadie, 4 years



Jonty, 1 year 11 months



Freya, 1 year 10 months



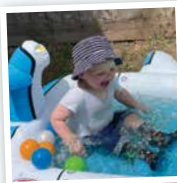
Lily-Rose, 3 years



Evangeline, 20 months



Tommy, 4 months



Finley, 2 years 4 months



Ruri, 20 months



Harry, 2 years 7 months



Lydia, 4 months



Ralph and Jake, 4 years and 8 months



Noah, 4 years 4 months



Rory, 1 year 9 months



Phoebe, 2 years 11 months



Vedant, 4 years 4 months



Mason and Isabella, 2 and 4 years



COMPETITION

TODDLE MODELS

WIN A FAMILY TICKET TO DISNEY ON ICE, WORTH £220

THE PRIZE: Win one of TWO family tickets to the London show (26th Dec – 4th Jan).

Disney On Ice returns with a brand-new magical adventure for the whole family!

In *Disney On Ice presents Find Your Hero*, audiences will discover what it truly means to be a hero as Mickey Mouse, Minnie Mouse and friends from the Disney Kingdom come together to bring timeless tales to life. Gliding into the UK from the 29th October 2025 – 4th January 2026.

Find out more at www.disneyonice.com.



WORTH £220

HOW TO ENTER:

Send us a photo of your little one enjoying some Autumn/Winter fun!

We will print as many entries as possible in the next magazine to give you a lovely keepsake.

Enter by **Sun 7th Dec 2025**.



ENTER AT:
www.toddle.fun/toddlemodels

happy Halloween

Friday
31st October

It's time to put on your witch's hat and get your little one dressed up! Enjoy the spooky season at these Halloween events near you

PUMPKIN PATCH

HIGH LODGE FARM

October 11 - 31, 10am - 4pm

Step into a spooktacular woodland trail at High Lodge this Halloween! Spot mischievous skeletons, witches, and runaway ghosts, then enjoy the Play Patch, Mud Mountain, barrel train rides, marshmallow toasting, and a pumpkin patch. By day it's all treats for little ones—by night, Pumpkin Nights adds extra spooky magic! **Cost:** Adult: £7; Child: £9; Under 1s: Free.

Culham, Abingdon OX14 3BN
www.highlodgefarm.com/halloween



MONSTER BALL

ROVES FARM

October 23 - 31, 3pm

Join the team for a Monster Ball mini disco, fun for the whole family. Show off your best dance moves! Get in the spooky spirit in your best fancy dress and show off your wicked waltzes, ghoulish ghosts and scary skeletons. Prizes for best dressed.

Cost: Adult £12.30; Child £13.30; 1-2 year olds £7.50; Under 1s free

Sevenhampton, Swindon SN6 7QG
www.rovesfarm.co.uk/whats-on/halloween/

HALLOWEEN TRAIL

BLenheim PALACE

October 23 - November 2, 4pm - 9pm

Dare to explore Blenheim Palace's brand-new Halloween trail! Wander through glowing forests filled with towering skeletons, giant spiderwebs, cursed tombs, and a medieval dungeon. With spooky surprises and magical lights around every corner, it's an unforgettable evening of thrills, chills, and Halloween adventure for the whole family.

Cost: Adult from £22; Child from £16.50; Under 2s free.

Woodstock OX20 1PS
www.blenheimpalace.com/whats-on/events/halloween-at-blenheim-palace

RETURN OF THE WILD WITCH

SUTTON COURTENAY EEC
October 27

Join the Wild Witch on a magical adventure around the nature reserve! Fly along as she checks on animals preparing for winter, then mix up your own wildlife potion in her den before enjoying cosy seasonal crafts indoors. A spellbinding day of fun!

Cost: Child: £8, accompanying adult free.

Sutton Courtenay Road, Didcot OX14 4TE
www.bbowl.org.uk/events/2025-10-27-family-trail-return-wild-witch-sutton-courtenay-monday-27-october

PUMPKIN PICKING

Cotswold Farm Park
October 3 - 31

Join us at Cotswold Farm Park's magical Pumpkin Patch! Pick your perfect pumpkin, enjoy face-painting, carve masterpieces, explore a spooky trail, live music, selfie zones, food trucks, and more. Entry is included with your farm ticket—dog friendly, accessible, and fun for the whole family!

Cost: Adult: from £12.95; Child: from £10.95; Under 2s: Free.

Guiting Power, Cheltenham GL54 5FL
www.cotswoldfarmpark.co.uk/seasonal-events/pyo-pumpkin-patch

HALLOWEEN FAMILY RAVE

TAP SOCIAL TAPHOUSE
November 2 • 3pm - 5pm

Get ready for a spooktacular family rave at Tap Social Taphouse, Oxford! Dance to Count Skylarkin's Halloween beats with bubbles, snow foam, balloons, and a giant parachute. Enjoy creepy crafts, colouring, and playdough fun, while grown-ups sample Tap's seasonal brews. Fancy dress encouraged!

Cost: Adults £13; Child £10; Babies Free.

27 Curtis Industrial Estate North Hinksey Lane Oxford OX2 0LX
www.toddle.club/halloweenfamilyrave

VEGETABLE & LENTIL PUFF PASTRY LEAVES

The perfect mix of comfort and creativity - a delicious and fun way to incorporate extra veggies into meals.

INGREDIENTS:

- 1-2 Rolls of puff pastry
- 200-250g Butternut Squash
- 1 tbsp oil or butter
- 1 small onion, finely chopped
- ½ large courgette, finely diced
- 2 garlic cloves (minced)
- 1 tsp dried sage or type
- ½ tsp smoked paprika
- ½ can of green or brown lentils
- 75g grated cheddar cheese
- Egg or milk (for pastry wash)

MAKES: 6 LARGE 'LEAVES'

SUITABLE FROM 6 MONTHS

METHOD:

- 1 Preheat oven to 180°C and line a flat baking sheet.
- 2 Cook your butternut squash: either microwave it for 5-6 minutes or steam it until soft. Then, lightly mash with a fork until broken down.
- 3 In a dry pan, heat oil and add the onion. Sauté for 4-5 minutes. Add the diced courgette and cook for 4-5 minutes, until tender.
- 4 Stir in garlic, herbs, and spices. Cook for 1 min.
- 5 Mix the mashed squash, lentils, and vegetables in a bowl. When slightly cooler, stir in the cheese.
- 6 Roll out the pastry and cut out 2 identical leaf shapes. Repeat for as many leaves as you're making.
- 7 Fill a leaf with 1 heaped tbsp of the veg mix, leaving a margin for sealing. Place another pastry leaf on top, and press the edges together with a fork. Score leaf 'veins' on top. Use a whisked egg or milk to brush pastry.
- 8 Bake for 20-25 minutes until puffed and golden!



Recipe by Lucy Upton, The Children's Dietitian, and author of 'The Ultimate Guide to Children's Nutrition'. Lucy is a specialist paediatric dietitian who supports children's nutrition & eating habits. www.thechildrensdietitian.co.uk.

HOGSHAW FARM
• WILDLIFE PARK

AUTUMN ON THE FARM

JOIN US FOR MAGICAL FAMILY EVENTS THIS SEASON

- Pumpkin decorating, potion making & Wizard School magic at Halloween
- Meet Father Christmas for festive fun from late November
- Discounts for members

INFO & TICKETS ONLINE
WWW.HOGSHAWFARM.CO.UK

MONSTER MAZE

THESE CHILDREN WANT TO
EXPLORE THE CREEPY, OLD HOUSE.
CAN YOU HELP THEM GET THERE?
WATCH OUT FOR MONSTERS!



CHEEKY CHARLIE HUNT!

WE'VE HIDDEN CHARLIE, TODDLE
ABOUT'S CHEEKY MASCOT,
THROUGHOUT THE MAGAZINE
CAN YOU COUNT HOW
MANY TIMES HE APPEARS?



SANTA'S SWITCH UP

SPOT THE
DIFFERENCE.
THERE ARE
10 TO FIND!

ANSWERS ON P.43





FREE Printables for World Kindness Day



Download free colouring sheets dedicated to celebrating World Kindness Day (Thursday 13th Nov 2025) from the Printables section on the Toddle About website.

www.toddle.club/kindness

We have loads of other activities to choose from too. All designed to help your child learn whilst having fun.

Dig in and see what we have for you!



Dot-to-Dot



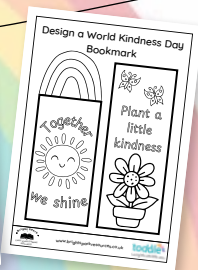
Colouring in



Writing Skills



Scavenger Hunts



Word Search

In collaboration with Bright Spark Early Learning Resources: www.brightsparkresources.co.uk

Where your child's journey **begins**



Nursery & reception places available

Sibford Early Years provides a perfect entry into school life



Visit sibford.org.uk/events to book your place at an open event

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Dishing Out the Veggie Vibes

ONE FAMILY'S JOURNEY TO PLANT HOOD, AND WHY WE HAVEN'T LOOKED BACK!

By Natasha Ashton



Buckle up, because this plant mama of two (plus one lovely step-munchkin) is about to spill the chickpeas on why our family swapped the cow milk for the greens. Was it ethical enlightenment, eco-epiphany, or a quest for kale-fuelled vitality? A bit of everything, really.

Why We Went Plant-Based

For me, it's almost like coming full circle, I was on and off vegetarian as a teenager right up until I was 20, so plant forward eating was never completely unfamiliar. But as an adult, our family had a full on ethical awakening. One evening, my husband and I found ourselves asking: Do we want to be friends with cows or have them on our dinner plates?

Spoiler alert: the mooing won our hearts. So tofu took centre stage, and bacon quietly bowed out.

I also found myself deep in the world of food documentaries. Watching titles like *What the Health*, *Cowspiracy*, *Seaspiracy*, and *You Are What You Eat* helped solidify our decision. Seeing the environmental and ethical impact of animal agriculture was eye-opening – and something I couldn't unsee.

The Health Boost

Within just 10 days of cutting out animal products, my energy levels soared. I felt lighter, more awake, and less sluggish after meals. It turns out, plant protein is easier to digest than meat – which might explain that sudden spring in my step.

Studies suggest that a plant-based diet can lower the risk of heart disease, support blood sugar control, and help with weight management. And yes, you really can get all the nutrients and vitamins you need from plants (with a bit of planning).

Natasha Ashton is a wife, mama, bonus mama and full-tie content creator. If you want more plant-based info (plus a peek into Natasha's real-life family chaos), she's a content creator specialising in UGC content – you can follow along on Instagram. www.instagram.com/natashauk

The Challenges – and the Comebacks

Of course, going plant-based as a family hasn't been without its awkward moments. We've dodged more than a few side-eyes at family barbecues and navigated restaurant menus with military precision. My advice? Stay informed. Share facts gently. And when in doubt, ask: What's more important – taste or life?

Raising Plant-Based Kids

Bringing up plant-based kiddos is a balance of principles and flexibility. Here's what's worked for us:

Start Small: Introduce plant-based swaps gradually – like lentil Bolognese or sweet 'n' sour tofu.

Get Them Involved: Kids are more likely to try meals they've helped prepare.

Stock Up on Alternatives: Oat milk is our go-to! We absolutely love the plant-based Babybels and plant-based Dairylea Jumbo Tubes.

Keep Communication Open: Let schools and nurseries know your child's dietary needs – ours have been really supportive.

Be Flexible: While we stick to a plant lifestyle day-to-day, we take a vegetarian approach at parties & events, so our kids can fully join in celebrations without feeling excluded.

Final Thought

Transitioning to a plant-based lifestyle doesn't have to be overwhelming. Take it one step – or one lentil – at a time.



HAVE YOUR SAY!



Can You Help? We'd love to know what you think!

Toddle About has been around for **15 years** now, but we're still looking for ways to improve. *Please complete our survey to let us know what you think!*

Fill out our survey at toddle.fun/survey

As a thank you, **every respondent** will get **15% off all products at My-Picture.co.uk!**
One lucky winner will get a **£50 Voucher!**

From cozy personalised blankets to stunning wall art and photo books, you can capture your most cherished family moments and turn them into beautiful keepsakes with **My-Picture.co.uk**. It's the perfect way to celebrate your memories.

Closing date: midnight on Sun 23rd Nov 2025.



Psychological therapy and parenting support for families with young children in Oxfordshire and online



Get support today - scan the QR code



 [dr.natalie.psychologist](https://www.instagram.com/dr.natalie.psychologist)

Supporting parents and families with:



Pregnancy and birth



Adjustment to parenthood



Managing your NICU journey



Toddlers and preschoolers

CHRISTMAS GIFT GUIDE



PERSONALISED SENSORY BOXES: FROM £20

Hand-finished and bursting with colour, these sensory boxes from Mini Mind Creations are filled with scarves, ribbon rings, shakers, bubbles, and more. Every item is carefully chosen to support developmental milestones while creating magical moments of connection - transforming everyday play into opportunities for discovery, growth, imagination and joy.

www.instagram.com/MiniMindCreations
or MiniMindCreations@outlook.com to order.



ARIA PERSONALISED INITIAL NECKLACE: £35.95

A little love letter in jewellery form – the Aria Personalised Initial Necklace is a delicate and meaningful personalised necklace designed to keep someone special close to your heart.

A thoughtful handmade touch that becomes a daily reminder of love, connection and the moments that matter most.

www.katiemariecreations.co.uk



BAMBOO SOFT HOODED TOWEL: FROM £31.99

Make bath time magical with this adorable CuddlePenguin Hooded Toddler Towel from Cuddledry. Perfect for cuddling dry, it's made from sustainable bamboo and cotton, so it's gentle on delicate skin AND the planet - and great for imaginative play too - practical, and cute! Available in Dinosaur, Bunny and Xmas Elf designs for 1-6 years, with a personalised option.

www.cuddledry.com



HANDS & FEET CASTING GIFTS: FROM £20

Capture hands & feet forever with Halcyon Casts. Beautifully detailed baby, sibling & family casting gifts & vouchers. The perfect keepsake for new parents, thoughtful gift for grandparents & a session experience for the family to remember. A timeless treasure to celebrate a moment in time. Give the gift of memories.

www.halcyoncasts.co.uk



NOSY CROW FOLD-OUT + PLAY DOLL'S HOUSE: £20

Nosy Crow's Fold-Out + Play Doll's House is part stylish board book, part imaginative play set – and utterly ingenious. It unfolds into a gorgeous 3D doll's house with four rooms to decorate using stand-up characters, press-out furniture, and colourful stickers. There's even a sturdy built-in storage drawer

– ideal for keeping everything together between playtimes or for on-the-go entertainment during Christmas family visits.

Buy from www.waterstones.com



WIN
THIS!

Scan to find out
more and enter:



GIFT IDEAS FOR YOU AND YOUR LITTLE ONES.



CHILDREN'S ALL WEATHER WADERS: £54.99

Puddleproofs are the ultimate one-piece, all-weather clothing solution for adventurous kids. These waders enhance outdoor learning and play keeping little explorers dry, comfortable and mess-free whatever the weather. Thanks to their unique gap-free design, Puddleproofs offer a superior solution compared to waterproof trousers and separate wellies, making them perfect for all outdoor adventures. Handmade in Portugal, they are available in shoe sizes infant 5 - junior 3 and come in navy, red, pink and yellow. .

Available to buy from www.puddleproofs.com



HAND KNIT CHRISTMAS ELF SET: FROM £26

Hand knit Christmas elf set ideal for that seasonal photo opportunity or festive parties. Available from Ages from Birth Up to 2 years.

This set can be purchased with or without the accessories items to make it as simple as you would like.

www.knitting-mouse21.co.uk



MATCH 2 LEARN CARDS: £10

Be the first to turn, recognise and articulate to win your opponent's card! This brilliantly fun game helps children learn letters, numbers, phonics and colours while keeping the whole family entertained. A perfect mix of play and learning.

www.match2learn.co.uk



THE ADVANCED GLOW FACIAL: £49

WORTH £84 SAVE £35

A complete routine of science-backed cleansers, exfoliators, and serums to hydrate, brighten, and revitalise skin. Vegan, cruelty-free, and freshly made in Surrey, this festive gift set comes in a light green box with branded sleeve.

Includes: Cleanser 50ml x2, Toning Essence 30ml, Moisturiser 20ml, 3 Serums 6ml each, Super Greens Oil 6ml, Bamboo Cloth.

www.tropicskincare.com/alexnicholls

OUCH POUCH FIRST AID KIT: £28

The Ouch Pouch is the perfect children's first aid kit for the parent on the go. It has everything you might need in case of an accident, all contained in a water resistant pouch! Handmade in England by Mums, for Mums the Ouch Pouch is designed to take the stress out of small medical emergencies allowing you to make magical memories with peace of mind. They're also ideal gifts for caregivers that may be looking after your children such as a trusted childminder, or grandparents.

Available to buy from www.ouch-pouch.co.uk





WHAT'S GOING ON IN THERE?

Using Curiosity to Understand and Support Your Toddler

By Bryana Kappadakunnel, LMFT

As a therapist who specialises in early childhood mental health - and as a mother myself - I've seen firsthand how powerful it is when parents shift from reacting to their toddler's behaviour to getting curious about it.

Curiosity is one of the six Seeds of Connection in what I call the Connection Garden - a concept I developed to help parents build emotionally safe, responsive relationships with their children. When seeds like attunement, playfulness, and repair are planted and nurtured consistently, the parent-child relationship grows stronger and more joyful.

But when connection is missing, or only offered conditionally, we end up in what I call the Connection Desert. It's a place where children feel misunderstood and emotionally thirsty - and parents feel isolated, burned out, and unsure how to move forward. Fortunately, we can always begin to plant new seeds - and Curiosity is one of the most transformative.

What Curiosity Really Means

Many of us were raised to believe that discipline means control. That a toddler's tantrum needs to be "fixed," or that whining should be ignored until it stops. But when we get curious instead and ask, "What's going on in there?," we begin to understand that behaviour is communication.

Toddlers don't have the language or brain development to say, "I'm overtired, overstimulated,

and I miss you." So they cry, hit, throw, or resist. When we respond with curiosity instead of control, we teach them that it's safe to have big feelings - and we start to build lifelong skills for emotional health and relational trust.

The Power of Observation

One of the simplest, yet most profound, ways to cultivate curiosity in your relationship with your toddler is through observing them do what they do best: play. When you're just getting started with child observation, I recommend you make an effort to practice this intentionally for about 5-10 minutes a day. Eventually, this will become a natural part of your relationship with your toddler.

Here's how it works:

Set up the play environment so that it is totally safe for your toddler. Creating a "Yes" space where everything is safe (including toys, things to climb, etc) encourages your toddler to discover their own interests and get lost in the magic of play. At the same time, it will help you to resist the urge to hover, intervene, or take charge of their play process.

Pull up a chair nearby, settle into your body, and simply notice your breath and any sensations that arise. See if you can observe yourself with the same curiosity you offer your child.

Once you feel settled, start to notice what your child is doing with their hands and where their eyes are looking.

Following their hands and eyes allows you to become more connected to what their brain is curious about. Resist the urge to fix anything. If you see your toddler frustrated with stacking some blocks, you may feel it would be useful to offer your help. By doing so, you're undermining your child's intense drive toward mastery and competence. Instead, be curious with your toddler: "I wonder if that feels tough...I see you're not giving up." By resisting the urge to fix, control, change, or provide educational directives (e.g., "What colour is this?") while they play, you send the vital messages: I trust that you are competent. I'm curious about how you see things. I'm invested in knowing more about you.

Beware the "Monkey Mind." It's normal for your mind to wander - it might even feel boring to watch your toddler play. You don't have to love it. Just notice, and gently return your focus to what your child is doing. That's curiosity in action. The more you wonder about what they're doing and why it feels important to them, the more lush and vibrant your Connection Garden becomes.

In my experience with leading parents in observation exercises, many parents notice that they judge their children unintentionally: "Why doesn't my child behave like other kids?" Try to shift from judgement into wondering at what They are experiencing. That curiosity may help you see their behaviour not as a problem to correct, but as a strength to nurture

Why Observation Supports Independent Play

One of the beautiful benefits of using child observation consistently is that it nurtures your toddler's ability to engage in independent, imaginative play.

Your willingness to be more curious about their inner world, while resisting the urge to control, fix, or change it, will support your toddler with:

- Playing without constant adult involvement
- Developing longer attention span
- Resolving sibling conflicts with less need for intervention

Additionally, you'll be less likely to seek screens as a

virtual babysitter for your child, because your toddler will become a master at directing their own interests and commanding their physical space with confidence and courage.

Observation isn't passive - it's deeply relational. By watching and narrating without controlling, we say, "I'm interested in you. I delight in who you are." This kind of non-intrusive attention is both grounding and expansive for the developing toddler's mind.

How Curiosity Looks in the Hardest Moments

Here are some phrases you can try next time your toddler is having a moment that feels hard to manage:

- **When your child is hitting:** "You wanted that toy, and it was really hard to wait. I'm here to help."
- **In the middle of a transition:** "You weren't ready to leave. I get it - it's hard to stop playing when you're having fun."
- **When siblings are fighting:** "You both wanted the same thing. Let's take a breath and figure this out together."

What Gets in the Way of Curiosity?

Many parents tell me: "I know I shouldn't yell, but in the moment, I just lose it."

It makes perfect sense. If you were raised in a Connection Desert - where your own feelings were shamed, ignored, or punished - then of course it's hard to stay present with your child's big feelings. Your nervous system might interpret their distress as a threat.

That's why we must extend the same curiosity to ourselves that we do to our children. When we get dysregulated, instead of judging ourselves, we can ask, "What is this moment trying to teach me about what I need?"

This is the deep, healing work that I talk about in my book, *Parent Yourself First*.

Curiosity Is Connection

Your curiosity helps your toddler feel safe, seen, and supported. You tell them that they are not a problem to be fixed - but a person to be understood.

I know how easy it is to default to frustration, especially when you're exhausted or touched out. But if there's one thing I hope you take away from this, it's that curiosity is always available to you -



Bryana Kappadakunnel

Founder of Conscious Mommy and author of Parent Yourself First, Bryana empowers parents to parent with heart and intention. Through her courses, coaching, and expert resources, she helps parents heal past wounds, fostering compassion, clarity, and confidence in raising their children.







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VIP CLUB READER REVIEW:

RAINBOCORN BABYCORN BABY DOLL



Written by **Beth Weston**, Toddler About Subscriber

Rainbocorns Babydoll is a magical surprise for ages 3+, with a capsule revealing a colourful Babydoll. Quick to open and perfect for cuddly play. £17.99 from www.thetoyshop.com

We were absolutely thrilled to be chosen to review the Rainbocorns Babydoll's Magical Rainbocorn Babies Mystery Capsule! I knew it would be a hit with my daughter, who adores dolls - and I was right. The moment she saw the capsule, she squealed with excitement, eager to discover which adorable Rainbocorn baby was inside.

The packaging added to the suspense, with layers to unwrap before revealing a magical crib and Echo, a beautiful doll with sparkling silver eyes. My 4-year-old was over the moon, and the gold slime included was a big bonus she absolutely adored.

Best of all, the packaging doubles as a crib, giving Echo a cosy little home. Even my 1-year-old joined in, popping the dummy into Echo's mouth and rocking her gently. I appreciated the thoughtful design, especially the safe storage space for small parts - handy with a toddler around.

Although the doll is recommended for ages 3+, my youngest still enjoyed cuddling and playing with Echo, even if she couldn't use the accessories. The surprise element is a big part of the fun, and my 4-year-old already wants to collect them all! A delightful gift for children who love dolls and surprises.

Review has been edited.



Beth and her daughter were given this product **as a freebie** for writing this review. Subscribe to Toddler About and you can do the same!

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ENCOURAGING YOUR TODDLER'S FIRST WORDS

By Wendy Austin



We all love hearing our toddler's first words, but some toddlers can take a little longer than others to start speaking. Is there anything you can do to encourage those first words? Most definitely!

For children to communicate effectively, they need the **means, reasons** and **opportunities** to communicate. (D. Money, 1997)

The 'means' include pointing, facial expression, signing, pictures and speech. A 'reason' may include requesting food or a toy, or protesting about something. The 'opportunity' includes having the time and place to try out some lovely new words!

As a mum and a Speech and Language Therapist, I know how easily we learn exactly what our toddlers want, without them having to ask.... and there's the crux. Too often we anticipate our child's needs – we know when they're likely to want a drink or snack and provide it, which is very kind, but in doing so we take away their reasons to communicate!

If toddlers don't need to speak to meet their needs, they may not bother trying to speak!

Create reasons for your child to communicate with you, such as putting their favourite toy just out of reach so they need to 'ask' for help. Try putting desired objects in a clear plastic box your child can't open, so again they need to ask for your help. Offer choices at snack or play time, hold up the items as you offer them, or show pictures –

your child can point if they can't tell you verbally. Model the language as you show the items, for example, 'Banana or bread stick?'

Your child also needs opportunities to speak. Sometimes we get enthusiastic about talking to children when playing – often though, what we're actually doing is asking questions they may not yet have the words to answer!

Instead of asking, 'What have you got?' or, 'What's that?', reduce the pressure and **narrate their play**: 'A car, a red car!', 'Wow, a scary dinosaur!', 'You're pushing the train!' This provides a good model of language, but remember to pause occasionally so they have a chance to speak!

Pauses are very powerful – play 'ready, steady.... GO!' games; pausing after 'ready, steady...' gives your child the chance to provide the 'go!' themselves.

Finally, don't deny your child something if they can't ask with spoken words; communication can be verbal or non-verbal. If they use non-verbal communication, that's fine – just model the word as you give them what they are requesting.

If you're worried your child's speech may be delayed, contact a Speech and Language Therapist for advice.



Wendy Austin is an independent Speech and Language Therapist based in Capel St Mary, Suffolk, supporting children and adults with speech, language and social communication needs. She provides person-centred, evidence-based therapy to help clients communicate effectively. www.wendyaustinsalt.co.uk

THE POWER OF COMMUNICATION IN SLEEP TRAINING

by Melanie Hastings



When we think about sleep training, many parents imagine routines, timings, or strategies but one of the most important (and often overlooked) tools is communication. Babies and toddlers may not understand every word we say, but they pick up so much from our tone, consistency, and the way we guide them through transitions.

Why communication matters

Imagine being put down in your cot or bed without any idea what's happening next. It would feel unsettling, wouldn't it? Our little ones feel the same. By communicating with them, we're helping them to understand what's coming and reassuring them that they're safe, even if things are changing.

Simple phrases such as "It's bedtime now, I'm here, it's time to lie down and go to sleep" give children clarity. They learn what is expected and feel reassured that they're not alone – even if you're no longer rocking, feeding, or holding them to sleep.

Communication builds trust

Sleep training is never about leaving a child to fend for themselves. It's about shifting how we support them, and that shift is so much smoother when communication is at the heart of it. When you tell your little one what's happening, you're showing them that you see them, you're listening, and you'll still be there to comfort them just in a different way now.

A family I recently worked with

I was supporting a family whose baby struggled to settle at bedtime. He would cry and resist lying down in his cot, and bedtime had become stressful for everyone. Together, we focused on communication. His mum began to calmly explain: "It's bedtime now, I'd like you to lie down and go to sleep. I'm here with you."

Within just a few nights, everything began to change. The baby started to relax, because he understood what was happening. Instead of confusion and resistance, he felt reassured by his mum's calm words and tone. Bedtime became peaceful, and the whole family felt the difference.

Putting it into practice at home

- Use the same phrases each night to create consistency.
- Speak gently and with reassurance your tone matters as much as your words.
- Tell your little one what's coming next, so they don't feel taken by surprise.
- Remind them you're still there, even if you're supporting them in a new way.

When communication becomes part of your sleep approach, you're not just teaching your child to sleep you're building a foundation of trust, connection, and understanding that makes the whole process gentler for everyone.

Melanie Hastings is a certified sleep consultant and Norland Nanny with over 17 years of experience caring for little ones. Visit www.melaniehastings.sleepnanny.co.uk to find out more and to get in touch



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bella@familychoirclub.co.uk

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c.lancaster@rugbytots.co.uk

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Christmas

ACTIVITIES & EVENTS



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ILLUMINATE LIGHT TRAIL

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Kingston Road, Frilford, Oxfordshire OX13 5HB
Tel: 01865 392221

milletsfarmcentre.com/illuminate-light-trail/

Cost: Children from £12.50, Adults from £15.50

NOV
29

BICESTER CHRISTMAS LIGHT

Bicester. From 10am (Switch on at 6pm).

Kick off Christmas in Style! Enjoy festive stalls, tasty treats, live music, and family entertainment throughout the day, before the big Christmas lights switch-on at 6pm. A magical, festive celebration for the whole family!

Market Square, Bicester OX26 6AJ
f facebook.com/BicesterTownCouncil
bicester.gov.uk/events/get-involved

Cost: free

DEC
6-23

CHRISTMAS EXPERIENCE

Roves Farm. 9am - 5pm

Step into a winter wonderland at Roves Farm's Christmas Experience! Begin your journey in an enchanting woodland, then meet Father Christmas in his cosy cabin. Swap your golden coin at the Toy Shop, make biodegradable reindeer food, enjoy the Elf Show, crafts, animal feeding, a festive trail and full-day farm access.

Sevenhampton, Swindon SN6 7QG
Tel: 01793 763939

rovesfarm.co.uk/whats-on/christmas-experience

Cost: Children from £32.50, Adults £12.50, Under 1s £10

NOV
29

CHRISTMAS EXTRAVAGANZA

Abingdon Town Centre. From 9am

Enjoy a festive family day packed with music, dancing, and a Christmas market! Little ones will love the mini funfair, play bus, balloon models, and donkeys - plus a special visit from Bluey. With tasty street food and entertainment all around, it's fun for the whole family!

Market Place, Abingdon OX14 3HH
f facebook.com/XmasAbingdon
abingdoneventspartnership.co.uk/christmas-extravaganza

Cost: free

DEC
3-4

STORYTIME WITH MRS CLAU

SSECC. 10am - 11am.

A special event for your toddler to meet Mrs Claus in a relaxed group setting, with festive stories and wildlife crafts by the cosy woodstove. Each child receives their own eco friendly gift from Mrs Claus. (Visits to Santa available for older children, see website.)

Sutton Courtenay Road Didcot OX14 4TE
Tel: 01235 862024

bbowt.org.uk/events

Cost: Children £14, accompanying adult free.

DEC
13

TRACTOR RUN

Banbury. 5pm - 8:30pm.

Celebrating it's 10th year, the festive fleet of fairy-lit tractors will be taking a tour around local villages, spreading Christmas cheer and raising money for Katharine House Hospice. You can even vote for your favourite tractor!

Banbury and surrounding villages
f facebook.com/banburychristmastractorrun
khh.org.uk/whats-on/fundraising-events/banbury-christmas-tractor-run/

Cost: free



Details correct at the time of going to print

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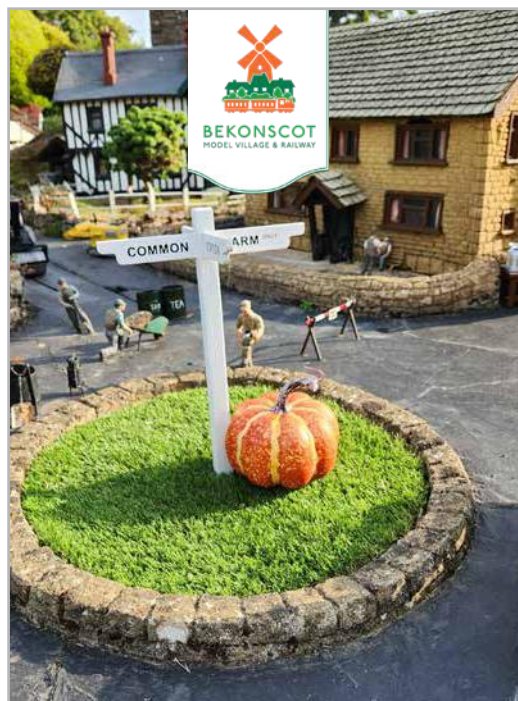
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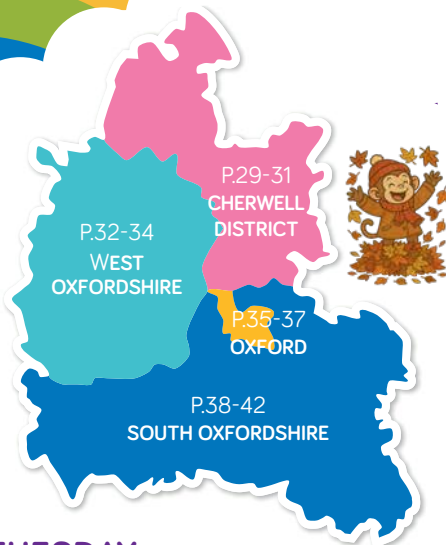
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Cost: £8.75 per session (*must book*).

Dates: 8 Sep - 20 Oct & 3 Nov - 8 Dec.

MUSIC & SIGNING

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Bicester Methodist Church Hall, Bell Lane, Bicester, OX26 6JQ. 07771550335. www.singandsign.co.uk.

• Sing and Sign Stage 1: 10:30 - 11:15 & 11:30 - 12:15.

Ages: 6 mths - 14 mths.

• Sing and Sign Babes: 12:30 - 13:15. **Ages:** 0 - 6 mths.

Cost: £8.50 per session (*must book*).

Dates: 22 Sep - 20 Oct, 3 Nov - 24 Nov & 2 Dec.

The Hill Community Centre, Dover Avenue, Banbury, OX160JP. 07771550335. www.singandsign.co.uk.

• Stage 2: 9:30 - 10:15. **Ages:** 14 mths - 2.5 yrs.

• Stage 1: 10:30 - 11:15 & 11:30 - 12:15. **Ages:** 6 - 14 mths.

• Babes: 12:30 - 13:15. **Ages:** 0 - 6 mths.

Cost: £8.50 per session (*must book*).

Dates: 29 Sep - 20 Oct & 3 Nov - 8 Dec.

Monkey Music Banbury and Bicester

Langford Village Community Hall, 8 Nightingale Place, Bicester, OX26 6XX. 01865 428420. www.monkeymusic.co.uk.

• Jiggety-Jig: 9:30 - 10:00. **Ages:** 2 - 4 yrs.

• Heigh-Ho: 10:15 - 10:45. **Ages:** 1 - 2 yrs.

• Rock'n'Roll: 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.

Cost: £9.75 per session (*must book*). **Dates:** 8 Sep - 8 Dec.

TUESDAY

Ma Mites Mums & Tots Group

Middleton Cheney Village Hall, Main Road, Middleton Cheney, Banbury, OX17 2LT.

Times: 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: £2 per session (*drop in*).

Dates: 2 Sep - 21 Oct & 4 Nov - 16 Dec.

Tackley Baby and Toddler Group

Tackley Village Hall, Medcroft Rd, Tackley, Kidlington, OX5 3AH. 07840 701934. www.tacklevillage.co.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*must book*).

Dates: 2 Sep - 21 Oct & 4 Nov - 16 Dec.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

• Health Visitor Clinic: 12:30 - 14:30.

Ages: 0 - 8 yrs. **Cost:** Free (*drop in*).

• Sensory Baby: 13:30 - 14:30.

Ages: 0 - 1 yrs. **Cost:** £2 per session (*must book*).

Dates: 16 Sep - 16 Dec.

MUSIC & SIGNING

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Bicester Methodist Church Hall, Bell Lane, Bicester, OX26 6JQ. 07771550335. www.singandsign.co.uk.

• Sing and Sign Stage 2: 9:30 - 10:15.

Ages: 1 yrs 2 mths - 2 yrs 6 mths. **Cost:** £8.50 per session (*must book*). **Dates:** 23 Sep - 21 Oct & 4 Nov - 2 Dec.

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**PHYSICAL FUN****Tumble Tots North Cotswolds**

Banbury Rugby Club, Bodicote Park, Oxford Road, Banbury, OX15 4AF. 07305097029. www.tumbletots.com.

- Walking to 2 Years: 10:15 - 11:00.
- 3 Years to School Age: 12:30 - 13:15.
- 6 months to walking: 13:35 - 14:20.

Cost: £8.50 per session (*must book*).

Dates: 9 Sep - 21 Oct & 4 Nov - 9 Dec.

WEDNESDAY**MUSIC & SIGNING****Monkey Music Banbury and Bicester**

West Bicester Community Centre, Shakespeare Drive, OX26 2GJ. 01865 428420. www.monkeymusic.co.uk.

- Heigh-Ho: 23:45 - 0:15. **Ages:** 1 - 2 yrs.

Cost: £9.75 per session (*must book*). **Dates:** 10 Sep - 10 Dec.

Sing and Sign Banbury, Bicester, Brackley & Buckingham

Whitelands Farm Sport Ground (The Kitchen & Bar), Whitelands Way, Bicester, OX26 1AJ. 07771550335. www.singandsign.co.uk.

- Stage 2: 9:30 - 10:15. **Ages:** 14 mths - 2.5 yrs.
- Stage 1: 10:30 - 11:15, 11:30 - 12:15. **Ages:** 6 - 14 mths.
- Sing and Sign Babes: 12:30 - 13:15. **Ages:** 0 - 6 mths.

Dates: 24 Sep - 22 Oct & 5 Nov - 3 Dec.

Cost: £8.50 per session (*must book*).

Sing and Sign Oxford

Kidlington Baptist Church, High Street, Kidlington, OX5 2DS. 07795 005832. www.singandsign.co.uk.

- Sing and Sign Stage 1 in Kidlington: 10:45 - 11:30.

Ages: 6 - 14 mths. **Cost:** £8 per session (*must book*).

- Sing and Sign Babes in Kidlington: 11:45 - 12:25.

Ages: 1 - 6 mths. **Cost:** £7 per session (*must book*).

- Sing and Sign Stage 2 in Kidlington: 21:45 - 22:30.

Ages: 13- 21 mths. **Cost:** £8 per session (*must book*).

Dates: 17 Sep - 3 Dec.

PARENTS & TOTS**Middleton Cheney Library**

Main Road, Middleton Cheney, Banbury, OX17 2PD. 0300 126 1000. www3.northamptonshire.gov.uk.

- Rhymetime: 10:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free. **Dates:** 3 Sep - 22 Oct & 5 Nov - 17 Dec.

Raise Workshops

Wigginton Village Hall, School Lane, Wigginton, OX15 4JX. 07525360021. raiseworkshops.co.uk.

- Play Sessions: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £10 per session (*drop in*). **Dates:** 3 Sep - 12 Nov.

DANCE & DRAMA**Perform Workshops LTD**

West Bicester Community Centre, Bowmont Square, Shakespeare Drive, Bicester, OX26 2GJ. 020 7255 9120. www.perform.org.uk.

- Drama, dance & singing classes for 4-12s: 16:00 - 17:00.

Dates: 3 Sep - 15 Oct & 29 Oct - 17 Dec.

PHYSICAL FUN**Ride On Time**

The Paddocks, Yarnton, OX5 1TE. 07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £7 per session (*must book*). **Dates:** 12 Nov, 17 Dec.

Tumble Tots North Cotswolds

Bletchington Village Hall, White Marsh Way, Bletchington, Kidlington, OX5 3FD. 07305097029. www.tumbletots.com.

- Tumble Tots 1yrs - 2 yrs 3m: 10:00 - 10:45
- Tumble Tots 2 yrs - 3 yrs: 11:00 - 11:45
- Tumble Tots for 3 years to school age: 12:00 - 12:45.
- 6 months to walking (Bletchington): 13:15 - 14:00.

Cost: £8.75 per session (*must book*).

Dates: 10 Sep - 22 Oct & 5 Nov - 10 Dec.

THURSDAY**PARENTS & TOTS****Raise Workshops**

Raise Workshops, Wigginton Village Hall, School Lane, Wigginton, OX15 4JX. 07525360021. raiseworkshops.co.uk.

- Play Sessions: 10:00 - 11:30 & 15:00 - 16:30.

Ages: 0 - 5 yrs. **Cost:** £10 per session (*drop in*).

- Baby Massage: 12:30 - 13:45.

Ages: 0 - 8 mths. **Cost:** £10 per session (*must book*).

Dates: 4 Sep - 25 Sep.



The Sunshine Centre

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ.
01295 276769.

- **Stay & Play: 10:30 - 11:30. Ages:** 0 - 4 yrs.

Cost: £2 per session (*must book*).

Dates: 18 Sep - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

BilinguaSing Coventry & Warwickshire

Longford Park Community Centre, Hobby Road, Banbury,
OX15 4GJ. 07815 149877. bilinguasing.com.

- **We Sing French (family class, 0-4 years): 14:00 - 14:45.**

Cost: £8.50 per session (*must book*).

Dates: 4 Sep - 23 Oct & 6 Nov - 18 Dec.

DANCE & DRAMA

Drama Tots Banbury and Stratford

Mollington Village Hall, Chestnut Road, Mollington, Banbury,
OX17 1BG. 07359252403. dramatotsbanburystratford.classforkids.io.

- **All Stars: 9:30 - 10:10. Ages:** 1.5 yrs - 5 yrs.

Cost: £8.75 per session (*must book*).

Dates: 11 Sep - 23 Oct & 6 Nov - 4 Dec.

FRIDAY

PARENTS & TOTS

Deddington Playgroup

Windmill Community Centre, Hempton Road, Deddington,
OX15 0QH.

Times: 9:45 - 11:45. **Ages:** 0 - 4 yrs. **Cost:** £3.50 per session (*drop in*). **Dates:** 5 Sep - 24 Oct & 7 Nov - 19 Dec.

Lincroft Meadow Care Home

The Moors, Kidlington, OX5 2AA. 01865 950 500.
www.porthaven.co.uk.

- **Little Ones at Lincroft: 10:30 - 12:00. Ages:** 0 - 5 yrs.

Cost: Free (*must book*). **Dates:** 10 Oct, 14 Nov, 12 Dec.

Raise Workshops

Wigginton Village Hall, School Lane, Wigginton, OX15 4JX.
07525360021. raiseworkshops.co.uk.

- **Play Sessions: 10:00 - 11:30. Ages:** 0 - 5 yrs.

Cost: £10 per session (*drop in*). **Dates:** 5 Sep - 14 Nov.

Sibford Tots

Sibford Village Hall, Acre Ditch, Sibford, OX15 5RW.

- **Baby & Toddler Group: 9:30 - 11:30. Ages:** 0 - 5 yrs.

Cost: £2 per session (*must book*). **Dates:** 5 Sep - 19 Dec.

The Sunshine Centre

Edmunds Road, Banbury, OX16 0PJ. 01295 276769.

- **Tune Tots 0-18m: 9:30 - 10:30.**

Cost: Free (*must book*). **Dates:** 19 Sep - 24 Oct, 7 Nov-19 Dec.

PHYSICAL FUN

Ride On Time

Chesterton Community Centre, Chesterton, Bicester,
OX26 1BJ. 07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. **Ages:** 1 - 5 yrs. **Cost:** £6.25 per session (*must book*). **Dates:** 17 Oct, 14 Nov, 28 Nov - 5 Dec & 19 Dec.



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MUSIC & SIGNING

Monkey Music Banbury and Bicester

Exeter Hall, Oxford Road, Kidlington, OX5 1AB.

01865 428420. www.monkeymusic.co.uk.

- **Heigh-Ho: 10:00 - 10:30. Ages:** 1 - 2 yrs.
- **Jiggety-Jig: 10:45 - 11:15. Ages:** 2 - 3 yrs.
- **Rock'n' Roll: 11:30 - 12:00. Ages:** 3 mths - 1 yrs.
- **Ding-Dong: 12:15 - 12:45. Ages:** 3 - 4 yrs.

Cost: £9.75 per session (*must book*). **Dates:** 12 Sep - 12 Dec.

Grimsbury Community Centre, Burchester Place, Banbury,
OX16 3WT. 01865 428420. www.monkeymusic.co.uk.

- **Heigh-Ho: 10:00 - 10:30. Ages:** 1 - 2 yrs.
- **Jiggety-Jig: 10:45 - 11:15. Ages:** 2 - 3 yrs.
- **Rock'n' Roll: 11:30 - 12:00. Ages:** 3 mths - 1 yrs.

Cost: £9.75 per session (*must book*). **Dates:** 12 Sep - 12 Dec.

SATURDAY

PHYSICAL FUN

Rugbytots Banbury, Towcester & Northampton

Hill View Primary School, Hill View Crescent, Banbury,
OX16 1DN. 0345 313 0286. www.rugbytots.co.uk.

- **Rugbytots: 9:05 - 9:50 & 10:30 - 11:15. Ages:** 3.5 yrs - 5 yrs
- **Rugbytots: 9:55 - 10:40. Ages:** 2 yrs - 3.5 yrs.

Cost: £9 per session (*must book*). **Dates:** 7 Sep - 26 Oct.

SUNDAY

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Kingsmere Community Centre, Pioneer Way, Kingsmere,
Bicester, OX26 1BF. 07741476678. www.rugbytots.co.uk.

- **Rugbytots: 8:30 - 9:00, 9:00 - 9:30 & 9:40 - 10:25.**

Ages: 2 yrs - 3.5 yrs. **Cost:** £9 per session (*must book*). **Dates:** 7 Sep - 26 Oct.

WEST OXFORDSHIRE

MONDAY

PHYSICAL FUN

Tumble Tots North Cotswolds

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE.
07305097029. www.tumbletots.com.

- Tumble Tots

Times: 9:45 - 10:30. **Ages:** 1 yrs 3 mths - 2 yrs.

Times: 10:45 - 11:30. **Ages:** 2 - 3 yrs.

Times: 11:45 - 12:30. **Ages:** 6 mths - 1 yrs 6 mths.

Times: 13:00 - 13:45. **Ages:** 3 - 4 yrs.

Cost: £8.75 per session (*must book*).

Dates: 8 Sep - 20 Oct & 3 Nov - 8 Dec.

HEALTH & WELLNESS

She's Active

Fairford Palmer Hall, London road, Fairford, GL7 4AQ.
07834188672. www.shes-active.co.uk.

- Active Mum and Baby/Toddler : 9:30 - 10:15.

Ages: 1 mths - 5 yrs.

Cost: £6.50 per session (*drop in*). **Dates:** 1 Sep - 29 Dec.

TUESDAY

PARENTS & TOTS

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House,
Woodstock, OX20 1SN. 07759140531.
www.oxfordshire.gov.uk.

- Storytime: 15:30 - 16:00. **Ages:** 0 - 10 yrs.

Cost: Free. **Dates:** 2 Sep - 16 Dec.

MUSIC & SIGNING

Carterton Library Rhymetime

6 Alvescot Road, Carterton, OX18 3JH. 01865 815 125.
www.oxfordshire.gov.uk.

- Carterton Library Rhyme Time: 10:30 - 10:50.
- Carterton Library Stay and Play: 15:30 - 16:30.

Dates: 23 Sep - 21 Oct & 4 Nov - 16 Dec.

Cost: Free (*drop in*).

Monkey Music Banbury and Bicester

Burwell Hall, 357 Thorney Leys, Witney, OX28 5NP.
01865 428420. www.monkeymusic.co.uk.

- Heigh-Ho: 10:20 - 10:50. **Ages:** 1 - 2 yrs.
- Jiggety-Jig: 10:45 - 11:15. **Ages:** 2 - 4 yrs.
- Rock'n'Roll: 11:05 - 11:35. **Ages:** 3 mths - 1 yrs.

Cost: £9.75 per session (*must book*).

Dates: 9 Sep - 21 Oct & 4 Nov - 16 Dec.

CREATIVE

Witney Grandparent and Toddlers Group

Witney Methodist Church, 40 High Street, Witney,
OX28 6HG. 07305 791654. www.highstmethodists.co.uk.

- Grandparents and Toddlers: 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £1 per session (*must book*). **Dates:** 9 Sep - 21 Oct & 4 Nov - 16 Dec.

HEALTH & WELLNESS

She's Active

Ceewood Hall, Fettiplace Road, Witney, OX28 5AR.
07834188672. www.shes-active.co.uk.

- Active Mum and Baby/Toddler : 9:45 - 10:30.

Cost: £6.50 per session (*drop in*). **Dates:** 2 Sep - 30 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH.
07909 545484. www.birthbabybalance.co.uk.

- Walking and Talking Coffee Group: 13:00 - 14:30.

Ages: Pregnancy - 5 yrs. **Cost:** £4 per session (*drop in*).

Dates: 30 Sep - 16 Dec.

WEDNESDAY

PARENTS & TOTS

Bladon Baby and Toddler Group

Church Room (Nxt to Bladon Church), Church Street, Bladon,
OX20 1RS. 01993 812651.

Times: 9:45 - 11:30. **Ages:** 0 - 3 yrs. **Cost:** £1 per session (*drop in*). **Dates:** 3 Sep - 22 Oct & 5 Nov - 17 Dec.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House,
Woodstock, OX20 1SN. 07759140531.
www.oxfordshire.gov.uk.

- Rhymetime: 12:00 - 12:30. **Ages:** 0 - 5 yrs.

Cost: Free. **Dates:** 3 Sep - 17 Dec.

MUSIC & SIGNING

Monkey Music Banbury and Bicester

Chipping Norton Baptist Church, 67 New Street, Chipping
Norton, OX7 5LL. 01865 428420. www.monkeymusic.co.uk.

- Monkey Music Heigh-Ho: 9:30 - 10:00. **Ages:** 1 - 2 yrs.
- Monkey Music: Jiggety-Jig: 10:15 - 10:45. **Ages:** 2 - 4 yrs.
- Monkey Music Rock'n'Roll: 11:00 - 11:30. **Ages:** 3-12mths.

Cost: £9.75 per session (*must book*).

Dates: 10 Sep - 10 Dec.

Are you running classes or events?

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SENSORY & DEVELOPMENT

Mandarin Unity

The High Street Methodist Church, 40 High St, Witney, OX28 6HG. 07876 394307. www.mandarinunity.co.uk.

• **Baby Mandarin Classes:** 16:00 - 16:30.

Ages: 0 - 1 yrs. **Cost:** £10 per session (*must book*).

• **Toddler & Preschool Mandarin Classes:** 16:30 - 17:15.

Ages: 1 - 5 yrs. **Cost:** £15 per session (*must book*).

Dates: 1 Oct - 22 Oct.

PHYSICAL FUN

Ride On Time

Carterton Community Centre, Marigold Square, Carterton, OX18 1AX. 07789 887636. www.rideontimehire.com.

• **Ride On Time Play Session:** 10:00 - 11:00.

Ages: 1 - 5 yrs. **Cost:** £7 per session (*must book*). **Dates:** 15 Oct, 19 Nov & 17 Dec.

HEALTH & WELLNESS

She's Active

Warwick Hall, Church Lane, Burford, Ox18 4Ry. 07834188672. www.shes-active.co.uk.

• **Active Antenatal Fitness:** 18:15 - 19:05.

Ages: Pregnancy. **Cost:** £7.50 per session (*drop in*).

• **Active Ladies Only Circuits:** 19:15 - 20:00.

Cost: £6.50 per session (*drop in*).

Dates: 3 Sep - 24 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

• **Comprehensive Antenatal (Pregnancy) Course:** 19:00 - 21:30.

Cost: £54.17 per course (*must book*).

Dates: 3 Sep - 17 Sep & 5 Nov - 10 Dec.

THURSDAY

MUSIC & SIGNING

Monkey Music Banbury and Bicester

St Hugh's Church Centre, Hensington Road, Woodstock, OX20 1JL. 01865 428420. www.monkeymusic.co.uk.

• **Heigh-Ho:** 9:15 - 9:45. **Ages:** 1 - 2 yrs.

• **Jiggety-Jig:** 10:00 - 10:30. **Ages:** 2 - 4 yrs.

• **Rock 'n' Roll:** 10:45 - 11:15. **Ages:** 3 mths - 1 yrs.

• **Ding-Dong:** 11:30 - 12:00. **Ages:** 3 - 4 yrs.

Cost: £9.75 per session (*must book*).

Dates: 11 Sep - 11 Dec.

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG. 07795 005832. www.singandsign.co.uk.

• **Sing and Sign Babies:** 11:45 - 12:25. **Ages:** 1 - 6 mths.

• **Sing and Sign Stage 2:** 10:45 - 11:30. **Ages:** 13 - 21 mths.

• **Sing and Sign Stage 1:** 11:45 - 12:30. **Ages:** 6 - 14 mths.

Cost: £8 per session (*must book*).

Dates: 18 Sep - 4 Dec.

SENSORY & DEVELOPMENT

Baby Sensory (Wantage)

Carterton Community Centre, Marigold Square, Shilton Park, Carterton, OX18 1AX. 07717 757007.

www.babysensory.com.

• **7 to 13 months:** 09:30 - 10:30.

• **Birth to 6 months:** 11:00 - 12:00.

• **Birth to 13 months:** 12:30 - 13:30 & 14:00 - 15:00.

Cost: £9 per session (*must book*).

Dates: 11 Sep - 23 Oct.

HEALTH & WELLNESS

She's Active

Upper Rissington Village Hall, Wellington Road, Upper Rissington, GL54 2QW. 07834188672.

www.shes-active.co.uk.

• **Active Mum and Baby/Toddler:** 13:00 - 13:45. **Ages:** 1-5m

Cost: £6.50 per session (*drop in*). **Dates:** 4 Sep - 25 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH. 07909 545484. www.birthbabybalance.co.uk.

• **Baby Massage:** 11:30 - 13:00. **Ages:** 2 - 6 mths.

Cost: £15 per session (*must book*).

• **Empowered Birth Course:** 19:00 - 21:30.

Cost: £52 per course (*must book*).

Dates: 4 Sep - 18 Sep & 30 Oct - 4 Dec.



FRIDAY

PARENTS & TOTS

Busy Bees Baby & Toddler Group

Eynsham Baptist Church Hall, Lombard Street, Eynsham, Witney, OX29 4HT. 07732305809.

Times: 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 5 Sep - 24 Oct & 7 Nov - 19 Dec.

Minster Lovell Baby and Toddler Group

The Village Hall, Brize Norton Road, Minster Lovell, Witney, OX29 0SP. 07917 768122.

Times: 10:00 - 11:30. **Ages:** Pregnancy - 4 yrs.

Cost: £2.50 per session (*drop in*).

Dates: 5 Sep - 24 Oct & 7 Nov - 19 Dec.

Stonesfield Baby & Toddler Group

Stonesfield Village Hall, Field Close, Stonesfield, OX29 8EF. 01993898212.

Times: 10:00 - 11:30. **Ages:** Pregnancy - 5 yrs.

Cost: £3 per session (*drop in*).

Dates: 5 Sep - 24 Oct & 7 Nov - 19 Dec.

Woodstock Library

The Oxfordshire Museum, Park Street, Fletchers House, Woodstock, OX20 1SN. 07759140531.

www.oxfordshire.gov.uk.

• **Woodstock Library Friday Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 5 Sep - 19 Dec.



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MUSIC & SIGNING

Sing and Sign Oxford

High Street Methodist Church, High, Witney, OX28 6HG.
 07795 005832. www.singandsign.co.uk.

- Sing and Sign Stage 2: 10:00 - 10:45. **Ages:** 13 - 21 mths.
- Sing and Sign Stage 1: 11:00 - 11:45. **Ages:** 6 - 14 mths.

Cost: £8 per session (*must book*).

Dates: 5 Sep - 26 Sep & 19 Sep - 5 Dec.

SENSORY & DEVELOPMENT

Mandarin Unity

The High Street Methodist Church, 40 High St, Witney, OX28 6HG. 07876 394307. www.mandarinunity.co.uk.

- Baby Mandarin Classes: 9:30 - 10:00.

Cost: £10 per session (*must book*).

- Toddler & Preschool Mandarin Classes: 10:15 - 11:00.
- Immersive Mandarin LEGO Fun Club: 16:30 - 17:30.

Dates: 3 Oct - 24 Oct & 7 Nov - 12 Dec.

Cost: £15 per session (*must book*).

PHYSICAL FUN

Ride On Time

Madley Park Hall, Northfield Farm Lane, Witney, OX28 1UE.
 07789 887636. www.rideontimehire.com.

Times: 10:00 - 11:00. **Ages:** 1 - 5 yrs.

Cost: £6.25 per session (*must book*).

Dates: 12 Sep, 10 Oct, 24 Oct, 7 Nov, 21 Nov & 12 Dec.

Tumble Tots North Cotswolds

Burwell Hall, Thorney Leys, Witney, OX28 5NP. 07305097029.
www.tumbletots.com.

- Tumble Tots

Times: 9:45 - 10:30. **Ages:** 1 yrs 3 mths - 2 yrs.

Times: 10:45 - 11:30. **Ages:** 2 - 3 yrs.

Times: 11:45 - 12:30. **Ages:** 3 yrs - 4 yrs 11 mths.

Cost: £8.75 per session (*must book*).

Dates: 12 Sep - 24 Oct & 7 Nov - 12 Dec.

PREGNANCY

Birth Baby Balance

The Yoga Room, Bridge Street Mill, Witney, OX28 1YH.
 07909 545484. www.birthbabybalance.co.uk.

- Bumps and Babes coffee group: 10:30 - 12:00.

Ages: Pregnancy - 1 yrs. **Cost:** £3 per session (*drop in*).

Dates: 3 Oct - 19 Dec.

SATURDAY

SENSORY & DEVELOPMENT

Mandarin Unity

The High Street Methodist Church, 40 High St, Witney, OX28 6HG. 07876 394307. www.mandarinunity.co.uk.

- Baby Mandarin Classes: 10:30 - 11:00.

Cost: £10 per session (*must book*).

- Toddler & Preschool Mandarin Classes: 11:15 - 12:00.

- Immersive Mandarin LEGO Fun Club: 10:15 - 11:15.

Ages: 4 - 11 yrs.

Dates: 4 Oct - 25 Oct & 8 Nov - 13 Dec.

Cost: £15 per session (*must book*).

SUNDAY

SENSORY & DEVELOPMENT

Mandarin Unity

The High Street Methodist Church, 40 High St, Witney, OX28 6HG. 07876 394307. www.mandarinunity.co.uk.

- Chinese Heritage Mandarin Club: 11:15 - 12:15.

Ages: 4 - 11 yrs. **Cost:** £15 per session (*must book*). **Dates:** 5 Oct - 19 Oct & 9 Nov - 14 Dec.



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OXFORD CITY AREA

MONDAY

PARENTS & TOTS

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB. 01865 727721.
www.donnington-doorstep.org.uk.

- Family Drop In: 9:30 - 14:30. **Ages:** 0 - 5 yrs.

Cost: £1 per session (drop in). **Dates:** 1 Sep - 15 Dec.

Oxford County Library

Queen Street, Oxford, OX1 1DJ. 01865 815509.
www.oxfordshire.gov.uk.

- Rhymetime: 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (drop in). **Dates:** 1 Sep - 15 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

The Old School House, East Oxford, OX4 3AJ. 01865 421879.
www.babycollege.co.uk.

- Junior or Walking (18m-3y): 9:45 - 10:30.
- Toddler (9-18m): 10:45 - 11:30.
- Infants (0-9m): 11:45 - 12:30.

Cost: £9 per session (must book).

- Baby Massage (0-6m): 13:00 - 14:00

Cost: £12 per session (must book).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

TUESDAY

PARENTS & TOTS

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB. 01865 727721.
www.donnington-doorstep.org.uk.

- Family Drop In: 9:30 - 14:30. **Ages:** 0 - 5 yrs.

Cost: £1 per session (drop in). **Dates:** 2 Sep - 16 Dec.

St Michael's Baby & Toddler Group

St Michael & All Angels Church, Lonsdale Road,
Summertown, Oxford, OX2 7ES.

www.stmichaels-summertown.org.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 2 Sep - 23 Dec.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street,
Oxford, OX4 3AJ.

- Sunflowers Baby and Toddler Drop-in: 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** £2 per session (drop in).

Dates: 2 Sep - 21 Oct & 4 Nov - 16 Dec.

West Oxford Baby & Toddler Group

West Oxford Community Centre, Botley Road, Oxford,
OX2 0BT. www.woca.org.uk.

- West Oxford Baby & Toddler Group: 9:30 - 11:00.

Cost: £2 per session (drop in).

Dates: 2 Sep - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SIGNING

Sing and Sign Oxford

North Oxford Association, Diamond Place, Summertown,
Oxford, OX2 7DP. 07795 005832. www.singandsign.co.uk.

- Sing and Sign Stage 2: 9:45 - 10:30. **Ages:** 13 - 21 mths.
- Sing and Sign Stage 1: 10:45 - 11:30. **Ages:** 6 - 14 mths.

Cost: £8 per session (must book).

- Sing and Sign Babes: 11:45 - 12:25. **Ages:** 1 - 6 mths.

Cost: £7 per session (must book).

Dates: 2 Sep - 30 Sep & 16 Sep - 2 Dec.

HEALTH & WELLNESS

Jeneration Fitness

All Saints Church House, 39 New High Street, Headington,
Oxford, OX3 7AL. 07779809299.

www.jenerationfitness.co.uk.

- Tuesday HIIT Class: 9:15 - 10:00.
- Tuesday Back to Fit Classes: 10:15 - 11:00.

Dates: 2 Sep - 30 Dec.

WEDNESDAY

PARENTS & TOTS

Cowley Library

Temple Road, Cowley, Oxford, OX4 2EZ. 01865 770403.
www.oxfordshire.gov.uk.

- Rhymetime & Stay and play: 10:30 - 11:00.

Ages: 0 - 4 yrs. **Dates:** 24 Sep - 24 Dec. **Cost:** Free.

Donnington Doorstep Family Centre

Townsend Square, Oxford, OX4 4BB. 01865 727721.
www.donnington-doorstep.org.uk.

- Family Drop In: 9:30 - 14:30. **Ages:** 0 - 5 yrs.

Cost: £1 per session (drop in). **Dates:** 3 Sep - 17 Dec.

Little SSNAPlings (SSNAP)

St Anthony of Padua Church, 115 Headington Way,
Headington, OX3 7SS. 07352983202. www.ssnap.org.uk.

- Baby Yoga (Headington): 10:00 - 12:00. **Ages:** 0 - 1.5 yrs.

Cost: Free (must book). **Dates:** 22 Oct, 19 Nov & 17 Dec.

Oxford County Library

Queen Street, Oxford, OX1 1DJ. 01865 815509.
www.oxfordshire.gov.uk.

- Rhymetime: 11:00 - 11:30.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 3 Sep - 17 Dec.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street,
Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

St. Ebbe's Church

Penny Farthing Place, Oxford, OX1 1QF. stebbes.org.

- The Ark (term time only): 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £1 per session (must book). **Dates:** 10 Sep - 17 Dec.



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SENSORY & DEVELOPMENT

Baby College Oxford

North Oxford Association Summertown, Diamond Place, Summertown, Oxford, OX2 7DP. 01865 421879.
www.babycollege.co.uk.

- Junior or Walking (18m-3y): 9:45 - 10:30.
- Toddler (9-18m): 10:45 - 11:30.
- Infants (0-9m): 11:45 - 12:30.

Cost: £9 per session (*must book*).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

DANCE & DRAMA

Perform Workshops LTD

West Oxford Community Centre, Botley Road, Oxford, OX2 0BT. 020 7255 9120. www.perform.org.uk.

- Drama, dance & singing classes for 4-12s: 16:00 - 17:00.

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

THURSDAY

PARENTS & TOTS

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 4 Sep - 23 Oct & 6 Nov - 18 Dec.



St Clements Church Baby and Toddler

Group

Cross Street, Oxford, OX4 1DA. 01865 246674.
www.stclements.org.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £1 per session (*drop in*). **Dates:** 4 Sep - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Family Choir Club

The Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ. 07540113340. www.familychoirclub.co.uk.

- Mums & Dads Choir: 13:30 - 14:30. **Ages:** 0 - 2.5 yrs.

Cost: £8 per session (*must book*).

- Tots Choir: 15:00 - 15:45. **Ages:** 1.5 yrs - 5 yrs.

Cost: £7.80 per session (*must book*).

Dates: 4 Sep - 18 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

All Saints Church House Headington, 39-41 New High Street, Headington, Oxford, OX3 7AL. 01865 421879.
www.babycollege.co.uk.

- Junior or Walking (18m-3y): 9:45 - 10:30.
- Toddler (9-18m): 10:45 - 11:30.
- Infants (0-9m): 11:45 - 12:30.

Cost: £9 per session (*must book*).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

HEALTH & WELLNESS

Jeneration Fitness

Bury Knowle Park, 178 London Road, Headington, Oxford, OX3 9ED. 07779809299. www.jenerationfitness.co.uk.

- HIIT outdoors: 9:15 - 10:00.

Dates: 4 Sep - 25 Dec.

FRIDAY

PARENTS & TOTS

Oxford County Library

Queen Street, Oxford, OX1 1DJ. 01865 815509.
www.oxfordshire.gov.uk.

- Rhymetime: 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*). **Dates:** 5 Sep - 19 Dec.

Rainbow House Cafe and Play

Wesley Memorial Methodist Church, New Inn Hall Street, Oxford, OX1 2DH. 01865 243216. www.wesleymem.org.uk.

Times: 10:30 - 14:00. **Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 5 Sep - 19 Dec.

HEALTH & WELLNESS

Jeneration Fitness

Bury Knowle Park, 178 London Road, Headington, Oxford, OX3 9ED. 07779809299. www.jenerationfitness.co.uk.

- Friday HIIT outdoors: 14:00 - 14:45.

Dates: 26 Sep - 26 Dec.



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SATURDAY

PARENTS & TOTS

Oxford County Library

Queen Street, Oxford, OX1 1DJ. 01865 815509.
www.oxfordshire.gov.uk

- **Storytime:** 14:30 - 15:30. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 6 Sep - 13 Dec.

Sunflowers Groups

The Comfort Trust, c/o Old Schoolhouse, Hertford Street, Oxford, OX4 3AJ.

- **1st Saturday:** 10:00 - 12:00. **Ages:** 0 - 4 yrs.

Cost: £2 per session (drop in). **Dates:** 4 Oct & 6 Dec.

DANCE & DRAMA

Debutots Oxford and Surroundings

Cherwell Drama Studio, The Cherwell School, Marston Ferry Road, Oxford, OX2 7EE. 01235 251510. debutots.co.uk.

- **Family Story Play:** 10:00 - 10:50. **Ages:** 1 - 7 yrs.

Cost: £10 per session (must book).

Dates: 11 Oct & 15 Nov.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Wheatley Primary School, Littleworth Road, Wheatley, Oxford, OX33 1NN. 07741476678. www.rugbytots.co.uk.

- **Rugbytots:** 9:00 - 9:30 & 9:40 - 10:25. **Ages:** 2 yrs - 3.5 yrs.

Cost: £9 per session (must book).

Dates: 6 Sep - 25 Oct.

OTHER

Waterperry Gardens

Waterperry Gardens, Nr Wheatley, Waterperry, OX33 1JZ. 01844 339226. www.waterperrygardens.co.uk.

- **Spooktacular Halloween Hunt:** 10:00 - 17:00.

Dates: 18 Oct - 2 Nov.

- **Find Santa's Reindeer:** 10:00 - 16:00.

Dates: 22 Nov - 24 Dec.

Cost: £4.50 per session (drop in).

- **Real Reindeer:** 11:30 - 14:30.

Dates: 22 Nov - 23 Nov.

Are you running classes or events?

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SOUTH OXFORDSHIRE AREA

MONDAY

PARENTS & TOTS

Abbey Toddlers

Abbey Baptist Church, Checker Walk, Abingdon, OX14 3JB.
01235 797948. www.abbey-baptist-church.org.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 1 Sep - 20 Oct & 3 Nov - 15 Dec.

Chinnor Library

Station Road, Chinnor, OX39 4PU. 01844 351721.

• **Rhyme Time:** 11:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (drop in). **Dates:** 1 Sep, 6 Oct, 3 Nov & 1 Dec.

Cranford School

Willow Court Lane, Moulsoford, Wallingford, OX10 9HT.

01491 651218 www.cranfordschool.co.uk.

• **Stay and Play:** 9:30 - 10:30. **Ages:** 3 - 5 yrs.

Cost: Free (must book). **Dates:** 1 Sep - 20 Oct, 3 Nov - 15 Dec.

Henley Library

Ravenscroft Road, Henley-on-Thames, RG9 2DH. 01865

815278. www.oxfordshire.gov.uk.

• **Rhymetime:** 9:30 - 10:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in). **Dates:** 1 Sep - 15 Dec.

St Helen's Baby and Toddler Group

St Helen's Church Centre, off West St Helen's St, Abingdon, OX14 5BS. 01235 521039.

Times: 9:30 - 10:45. **Ages:** 0 - 4 yrs. **Cost:** £1 per session

(must book). **Dates:** 1 Sep - 20 Oct & 3 Nov - 15 Dec.

Thame Library

3 North Street, Thame, OX9 3BH. 01844 212288.

www.oxfordshire.gov.uk.

• **Rhymetime (Monday):** 11:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free. **Dates:** 1 Sep - 15 Dec.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944 or lin@theberincentre.co.uk. theberincentre.co.uk.

• **Bumps and Babies:** 13:15 - 14:45. **Ages:** Pregnancy - 1 yrs.

• **Stay and Play:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Dates: 1 Sep - 15 Dec. **Cost:** Free (drop in).

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, OX10 9PT. 07754 081674.

• **Baby and Toddler Group Monday:** 9:00 - 11:30.

Cost: £3 per session (drop in). **Dates:** 22 Sep - 15 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX331NW. 01865 236700. www.mapletree.org.uk.

• **Little Learners:** 10:00 - 11:30. **Ages:** Pregnancy - 5 yrs.

• **Twins' Club:** 14:00 - 16:00. **Ages:** Pregnancy - 5 yrs.

Cost: £3 per session (drop in). **Dates:** 29 Sep - 15 Dec.

MUSIC & SIGNING

Sing and Sign Oxford

Littlemore Village Hall, Railway Lane, Littlemore, OX4 4QB.
07795 005832. www.singandsign.co.uk.

• **Sing & Sign Stage 2:** 9:45 - 10:30. **Ages:** 13 - 21 mths.

• **Sing & Sign Stage 1:** 9:45-10:30, 12:15-13:00. **Ages:** 6-14m

Cost: £8 per session (must book). **Dates:** 15 Sep-1 Dec

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

• **Key Stage 2 Visual Arts:** 16:00 - 18:00. **Ages:** 7 - 11 yrs.

Cost: £13 per session (must book).

• **Key Stage 3 Visual Arts:** 16:00 - 18:00. **Ages:** 11 - 14 yrs.

Cost: £15 per session (must book).

• **Music Wonderland:** 16:00 - 18:00. **Ages:** 3 yrs.

Cost: £10 per session (must book).

• **Junior Music Course:** 16:00 - 18:00. **Ages:** 4 yrs - 5 yrs.

• **Junior Fundamentals Course:** 16:00 - 18:00. **Ages:** 6 - 7 yrs.

Cost: £14 per session (must book).

Dates: 22 Sep - 20 Oct & 3 Nov - 15 Dec.

TUESDAY

PARENTS & TOTS

Jigsaw Toddler Group

St Mary's Church, Church Rd, Thame, OX9 3AJ.

www.gracechurchthame.co.uk.

Times: 9:30 - 11:00. **Cost:** £2 per session (drop in).

Dates: 16 Sep - 21 Oct & 4 Nov - 9 Dec.

Little SSNAPlings (SSNAP)

Red Kite Family Center, 99 Southern Rd., Thame, OX9 2DY.

07352983202. www.ssnap.org.uk.

• **Baby Massage (Thame):** 10:00 - 12:00.

Ages: 0 - 1 yrs 6 mths. **Dates:** 7 Oct, 4 Nov & 2 Dec.

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, OX10 9PT. 07754 081674.

• **Baby and Toddler Group Tuesday:** 9:00 - 11:30.

Cost: £3 per session (drop in). **Dates:** 23 Sep - 16 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX331NW. 01865 236700. www.mapletree.org.uk.

• **Smart Start:** 9:30 - 11:30. **Ages:** Pregnancy - 5 yrs.

Cost: £3 per session (drop in). **Dates:** 23 Sep - 9 Dec.

MUSIC & SIGNING

Family Choir Club

Northcourt Centre, Northcourt Road, Abingdon, OX14 1NS.
07540113340. www.familychoirclub.co.uk.

• **Mums & Dads Choir:** 13:30 - 14:30. **Ages:** 0 - 2 yrs 6 mths.

• **Tots Choir:** 15:00 - 15:45. **Ages:** 1 yrs 6 mths - 5 yrs.

Cost: £8 per session (must book).

Dates: 2 Sep - 16 Dec.

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

- **Key Stage 2 Visual Arts:** 16:00 - 18:00.

Ages: 7 - 11 yrs. **Cost:** £13 per session (*must book*).

- **Key Stage 3 Visual Arts:** 16:00 - 18:00.

Ages: 11 - 14 yrs. **Cost:** £15 per session (*must book*).

- **Music Wonderland:** 16:00 - 18:00.

Ages: 3 yrs. **Cost:** £10 per session (*must book*).

- **Junior Music Course:** 16:00 - 18:00. **Ages:** 4 - 5 yrs.

- **Junior Fundamental Course:** 16:00 - 18:00. **Ages:** 6 - 7 yrs.

Cost: £14 per session (*must book*).

Dates: 23 Sep - 21 Oct & 4 Nov - 16 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

Sprouts Playbarn Millets Farm Centre, Kingston Road, Frilford, Abingdon, OX13 5HB. 01865 421879. www.babycollege.co.uk.

- **Junior or Walking (18m-3y):** 9:30 - 10:15.

- **Toddler (9-18m):** 10:30 - 11:15.

- **Infants (0-9m):** 11:30 - 12:15.

Cost: £9 per session (*must book*).

- **Baby Massage (0-6m):** 12:45 - 13:45

Cost: £12 per session (*must book*).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY. 01865 815005. www.oxfordshire.gov.uk.

- **Rhymetime:** 9:30 - 10:00 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 3 Sep - 17 Dec.

St John's Toddlers

Grove Parish Church, Main Street, Grove, Wantage, OX12 7LQ. 01235 771479. www.groveparishchurch.org.uk.

Times: 9:15 - 11:15. **Ages:** 0 - 3 yrs. **Cost:** £3 per session

(*drop in*). **Dates:** 3 Sep - 22 Oct & 5 Nov - 17 Dec.

Willow Village

Hadland Road Community Centre, Abingdon, OX14 3YH.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 5 yrs. **Cost:** £2 per

session (*drop in*). **Dates:** 3 Sep - 17 Dec & 3 Sep - 17 Dec.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS. www.didcotbaptist.org.uk.

- **Toddler Group:** 9:30 - 11:15. **Ages:** 1 - 3 yrs.

- **Baby Group:** 13:00 - 14:30. **Ages:** 0 - 2 yrs.

Cost: £2.50 per session.

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

- **Baby and Toddler Group Wednesday:** 9:00 - 11:30.

Cost: £3 per session (*drop in*). **Dates:** 24 Sep - 17 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX33 1NW. 01865 236700. www.mapletree.org.uk.

- **Maple Babies:** 9:30 - 12:00. **Ages:** Pregnancy - 2 yrs.

Cost: £3 per session (*drop in*). **Dates:** 24 Sep - 10 Dec.

MUSIC & SIGNING

Berinsfield Library

Green Furlong, Berinsfield, OX10 7NR. 01865 340771. www.oxfordshire.gov.uk.

- **Rhymetime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*). **Dates:** 3 Sep - 22 Oct & 5 Nov - 17 Dec.

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

- **Apple Music Matrix:** 10:00 - 10:30. **Ages:** 2 yrs.

Cost: £6 per session (*must book*).

- **Key Stage 2 Visual Arts:** 16:00 - 18:00. **Ages:** 7 - 11 yrs.

Cost: £13 per session (*must book*).

- **Key Stage 3 Visual Arts:** 16:00 - 18:00. **Ages:** 11 - 14 yrs.

Cost: £15 per session (*must book*).

- **Music Wonderland:** 16:00 - 18:00. **Ages:** 3 yrs.

Cost: £10 per session (*must book*).

- **Junior Music Course:** 16:00 - 18:00. **Ages:** 4 - 5 yrs.

- **Junior Fundamental Course:** 16:00 - 18:00. **Ages:** 6 - 7 yrs.

Cost: £14 per session (*must book*).

Dates: 17 Sep - 22 Oct & 5 Nov - 17 Dec.

SENSORY & DEVELOPMENT

Baby College Oxford

District Community Centre, Gentian Mews, Didcot, OX11 6GR. 01865 421879. www.babycollege.co.uk.

- **Junior or Walking (18m-3y):** 9:45 - 10:30.

- **Toddler (9-18m):** 10:45 - 11:30.

- **Infants (0-9m):** 11:45 - 12:30.

Cost: £9 per session (*must book*).

- **Baby Massage (0-6m):** 13:00 - 14:00

Cost: £12 per session (*must book*).

Dates: 3 Sep - 22 Oct & 5 Nov - 17 Dec.

CREATIVE

Sutton Courtenay Environmental Education Centre, Bbowt

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbowt.org.uk.

- **Nature Tots:** 9:30 - 11:00. **Ages:** 1.5 - 4 yrs.

Cost: £8 per session (*must book*). **Dates:** 5-8 Nov, 10-13 Dec.

- **Storytime with Mrs Claus:** 10:00 - 11:00. **Ages:** 1.5 - 4 yrs.

Cost: £14 per session (*must book*). **Dates:** 3 Dec.

THURSDAY

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY. 01865 815005. www.oxfordshire.gov.uk.

- **Abingdon Library Stay and Play:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*must book*).

Dates: 25 Sep - 23 Oct & 6 Nov - 18 Dec.

Fun development classes for parents and their 0-3 year olds



contact Kate on 07779 240211
Book online at www.babycollege.co.uk

Brightwell Toddlers

The Stewart Village Hall, West End, Brightwell-Cum-Sotwell, OX10 0RT.

Times: 9:15 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £2.50 per session (drop in). **Dates:** 4 Sep - 23 Oct & 6 Nov - 18 Dec.

Buckland Baby & Toddler Group

Buckland Memorial Hall, Orchard Road, Buckland, Faringdon, SN7 8QT. 07496 134139.

• **Buckland Baby & Toddler Group:** 9:30 - 11:00.
Cost: Free (drop in). **Dates:** 4 Sep - 23 Oct & 6 Nov - 18 Dec.

Oakley Baby and Toddler Group

Oakley Village Hall, Oxford Road, Oakley, HP18 9RD.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2 per session (drop in). **Dates:** 4 Sep - 23 Oct & 6 Nov - 18 Dec.

Steppingstones Toddler and Baby Group

Didcot Baptist Church, Wantage Road, Didcot, OX11 0BS. www.didcotbaptist.org.uk.

• **Toddler Group:** 9:30 - 11:15.
Ages: 1 - 3 yrs. **Cost:** £2.50 per session (drop in).
Dates: 4 Sep - 23 Oct & 6 Nov - 18 Dec.

Thame Library

3 North Street, Thame, OX9 3BH. 01844 212288. www.oxfordshire.gov.uk.

• **Storytime:** 15:30 - 16:00. **Ages:** 3 - 7 yrs.
Cost: Free (drop in). **Dates:** 4 Sep & 4 Sep - 18 Dec.

The Berin Centre

Wimblestraw Road, Berinsfield, OX10 7LZ. 01865 341944 or lin@theberincentre.co.uk. theberincentre.co.uk.

• **Themed Thursday:** 10:00 - 11:00 **Ages:** 0 - 5 yrs.
• **Stay and Play Thursday:** 13:15 - 14:45 **Ages:** 0 - 5 yrs.
Cost: Free **Dates:** 4 Sep - 18 Dec.

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, Cholsey, OX10 9PT. 07754 081674.

• **Baby Group:** 9:00 - 11:30. **Ages:** 0 - 1 yrs.
Cost: £3 per session (drop in). **Dates:** 25 Sep - 18 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford, OX331NW. 01865 236700. www.mapletree.org.uk.

• **Time to Rhyme!** 9:30 - 11:30. **Ages:** Pregnancy - 5 yrs.
• **The Maple Tree at Forest Hill:** 10:30 - 12:00. **Ages:** 0 - 5 yrs.
• **Mums' Café:** 13:00 - 15:00. **Ages:** Pregnancy - 5 yrs.
Cost: £3 per session (drop in). **Dates:** 25 Sep - 11 Dec.

MUSIC & SIGNING

Family Choir Club

Ladygrove Community Centre, Tamar Way, Didcot, OX11 7UQ. 07540113340. www.familychoirclub.co.uk.

• **Tots Choir:** 9:30 - 10:15.
Ages: 1.5 - 5 yrs. **Cost:** £7.80 per session (must book).
• **Mums & Dads Choir:** 10:45 - 11:45. **Ages:** 0 - 2 yrs.
Cost: £8 per session (must book). **Dates:** 4 Sep - 18 Dec.

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

• **Ballet Matrix:** 16:00 - 18:00. **Ages:** 3 - 8 yrs.
Cost: £8 per session (must book).
• **Key Stage 2 Visual Arts:** 16:00 - 18:00. **Ages:** 7 - 11 yrs.
Cost: £13 per session (must book).
• **Key Stage 3 Visual Arts:** 16:00 - 18:00. **Ages:** 11 - 14 yrs.
Cost: £15 per session (must book).
• **Music Wonderland:** 16:00 - 18:00. **Ages:** 3 yrs.
Cost: £10 per session (must book).
• **Junior Music Course:** 16:00 - 18:00. **Ages:** 4 - 5 yrs.
• **Junior Fundamental Course:** 16:00 - 18:00. **Ages:** 6 - 7 yrs.
Cost: £14 per session (must book).
Dates: 18 Sep - 23 Oct & 6 Nov - 18 Dec.

DANCE & DRAMA

Perform Workshops LTD

The Northcote Centre, Northcote Road, Abingdon, OX14 1NS. 020 7255 9120. www.perform.org.uk.

• **Drama, dance & singing classes for 4-12s:** 16:00 - 17:00.
Dates: 4 Sep - 23 Oct & 6 Nov - 18 Dec.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbwt.org.uk.

• **Nature Tots at Sutton Courtenay:** 9:30 - 11:00.
Ages: 1.5 - 4 yrs. **Cost:** £8 per session (must book). **Dates:** 5-8 Nov, 10-13 Dec.
• **Storytime with Mrs Claus:** 10:00 - 11:00. **Ages:** 1.5 - 4 yrs.
Cost: £14 per session (must book). **Dates:** 4 Dec.

FRIDAY

PARENTS & TOTS

Didcot Library

197 Broadway, Didcot, OX11 8RU. 01235 813103. www.oxfordshire.gov.uk.

• **Rhymetime:** 9:30 - 10:00. **Ages:** 0 - 5 yrs.
Cost: Free (drop in).
Dates: 17 Oct, 31 Oct, 14 Nov, 28 Nov & 12 Dec.

Our Lady & St Edmund's Baby & Toddler Group

St. Edmund's Parish Centre, 1 Oxford Road, Abingdon, OX14 3PL. 07717 059411.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £1 per session (drop in). **Dates:** 5 Sep - 24 Oct & 7 Nov - 19 Dec.

Thame Library

3 North Street, Thame, OX9 3BH. 01844 212288. www.oxfordshire.gov.uk.

• **Rhymetime (Friday):** 11:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free. **Dates:** 5 Sep - 12 Dec.

The Happy Hub - Cholsey Children's Centre

The Pavilion, Station Road, Cholsey, OX10 9PT.
07754 081674.

• **Baby and Toddler Group:** 9:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*drop in*). **Dates:** 19 Sep - 19 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford,
OX33 1NW. 01865 236700. www.mapletree.org.uk.

• **Creative Corner:** 10:30 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*drop in*). **Dates:** 26 Sep - 12 Dec.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon,
OX14 4TE. 01235862024. www.bbowl.org.uk.

• **Nature Tots at Sutton Courtenay:** 9:30 - 11:00.

Ages: 1.5 - 4 yrs. **Cost:** £8 per session (*must book*). **Dates:** 5-8 Nov, 10-13 Dec.

MUSIC & SIGNING

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay,
OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

• **Apple Music Matrix:** 10:00 - 10:30. **Ages:** 2 yrs.

Cost: £6 per session (*must book*).

• **Key Stage 2 Visual Arts:** 16:00 - 18:00. **Ages:** 7 - 11 yrs.

Cost: £13 per session (*must book*).

• **Key Stage 3 Visual Arts:** 16:00 - 18:00. **Ages:** 11 - 14 yrs.

Cost: £15 per session (*must book*).

• **Music Wonderland:** 16:00 - 18:00. **Ages:** 3 yrs.

Cost: £10 per session (*must book*).

• **Junior Music Course:** 16:00 - 18:00. **Ages:** 4 - 5 yrs.

• **Junior Fundamental Course:** 16:00 - 18:00. **Ages:** 6 - 7 yrs.

Cost: £14 per session (*must book*).

Dates: 19 Sep - 24 Oct & 7 Nov - 19 Dec.

DANCE & DRAMA

Debutots Oxford and Surroundings

The Northcourt Centre, Northcourt Road, Abingdon, OX14
1NS. 01235 251510. debutots.co.uk.

• **Halloween Party Pop Up:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £25 per session (*must book*). **Dates:** 31 Oct.

Perform Workshops LTD

Didcot Methodist Church Hall, Mereend Road, Didcot,
OX11 8RQ. 020 7255 9120. www.perform.org.uk.

• **Drama, dance & singing classes for 4-12s:** 16:00 - 17:00.

Dates: 5 Sep - 24 Oct & 7 Nov - 19 Dec.



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SATURDAY

MUSIC & SIGNING

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay,
OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

• **Key Stage 2 Visual Arts:** 9:00 - 16:00. **Ages:** 7 - 11 yrs.

Cost: £13 per session (*must book*).

• **Key Stage 3 Visual Arts:** 9:00 - 16:00. **Ages:** 11 - 14 yrs.

Cost: £15 per session (*must book*).

• **Music Wonderland:** 9:00 - 16:00. **Ages:** 3 yrs.

Cost: £10 per session (*must book*).

• **Junior Music Course:** 9:00 - 16:00. **Ages:** 4 yrs - 5 yrs.

• **Junior Fundamental Course:** 9:00 - 16:00. **Ages:** 6 - 7 yrs.

Cost: £14 per session (*must book*)

Dates: 20 Sep - 18 Oct & 8 Nov - 20 Dec

PARENTS & TOTS

Abingdon Library

The Charter, Abingdon, OX14 3LY. 01865 815005.
www.oxfordshire.gov.uk.

• **Story Time:** 14:30 - 15:00.

Ages: 3 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 6 Sep - 20 Dec.

The Maple Tree Centre

The Maple Tree, Littleworth Road, Wheatley, Oxford,
OX33 1NW. 01865 236700. www.mapletree.org.uk.

• **Family Fun:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*drop in*). **Dates:** 11 Oct, 15 Nov, 13 Dec.

tod talks

with Bill Clapson

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CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbowl.org.uk.

- **Nature Tots : 9:30 - 11:00. Ages:** 1.5 - 4 yrs.
- Cost:** £8 per session (*must book*). **Dates:** 5-8 Nov, 10-13 Dec.
- **Visit Santa on the Nature Reserve: 10:00 - 12:00 & 13:30 - 15:30. Ages:** 3 - 11 yrs.
- Cost:** £16 per session (*must book*). **Dates:** 6 Dec.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School, Towersey Road, Thame, OX9 3NW. 07741476678. www.rugbytots.co.uk.

- **Rugbytots: 8:10 - 8:40, 8:45 - 9:30, 9:35 - 10:05, 10:15 - 11:00 & 11:05 - 11:50. Ages:** 2 - 3.5 yrs.
- Cost:** £9 per session (*must book*). **Dates:** 6 Sep-25 Oct.

DANCE & DRAMA

Perform Workshops LTD

The Northcote Centre, Northcote Road, Abingdon, OX14 1NS. 020 7255 9120. www.perform.org.uk.

- **Drama, dance & singing classes for 4-12s: 9:30 - 11:00.**
- Dates:** 6 Sep - 13 Dec.

Benson Community Hall, China Piece, Wallingford, OX10 6FY. 020 7255 9120. www.perform.org.uk.

- **Drama, dance & singing classes for 7-12s: 14:15 - 15:45.**
- Dates:** 6 Sep - 13 Dec.



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SUNDAY

MUSIC & SIGNING

Matrix Arts Centre

Matrix Arts Centre, 15-17 The Nursery, Sutton Courtenay, OX14 4UA. 01235 847264. www.matrixartscentre.org.uk.

- **Children's music course open day: 10:00 - 11:00.**
- Ages:** 2 yrs - 7 yrs. **Dates:** 12 Oct.

CREATIVE

Sutton Courtenay Environmental Education Centre, BBOWT

Sutton Courtenay Road, Sutton Courtenay, Abingdon, OX14 4TE. 01235862024. www.bbowl.org.uk.

- **Visit Santa on the Nature Reserve: 10:00 - 12:00 & 13:30 - 15:30. Ages:** 3 - 11 yrs.
- Cost:** £16 per session (*must book*). **Dates:** 7 Dec.

PHYSICAL FUN

Rugbytots Thame, Bicester and Oxford

Lord Williams Lower School, Towersey Road, Thame, OX9 3NW. 07741476678. www.rugbytots.co.uk.

- **Rugbytots: 8:10 - 8:40, 8:45 - 9:30, 9:35 - 10:20 & 10:25 - 11:10. Ages:** 2 - 3.5 yrs.
- Cost:** £9 per session (*must book*). **Dates:** 7 Sep-26 Oct.

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