

FOSSE NEWS

February & March 2023 | Latest news across Fosse Healthcare



Amazing art!

One of our talented carers in Mansfield, Marion sent this wonderful framed artwork to Shez in our Care Hub team as a gift for her young Grandson. Marion made it all entirely from diamond art.

What a lovely gesture - Shez's Grandson, Corey says he absolutely loves it!



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What a lovely gesture

One of our carers handmade teddy bears!

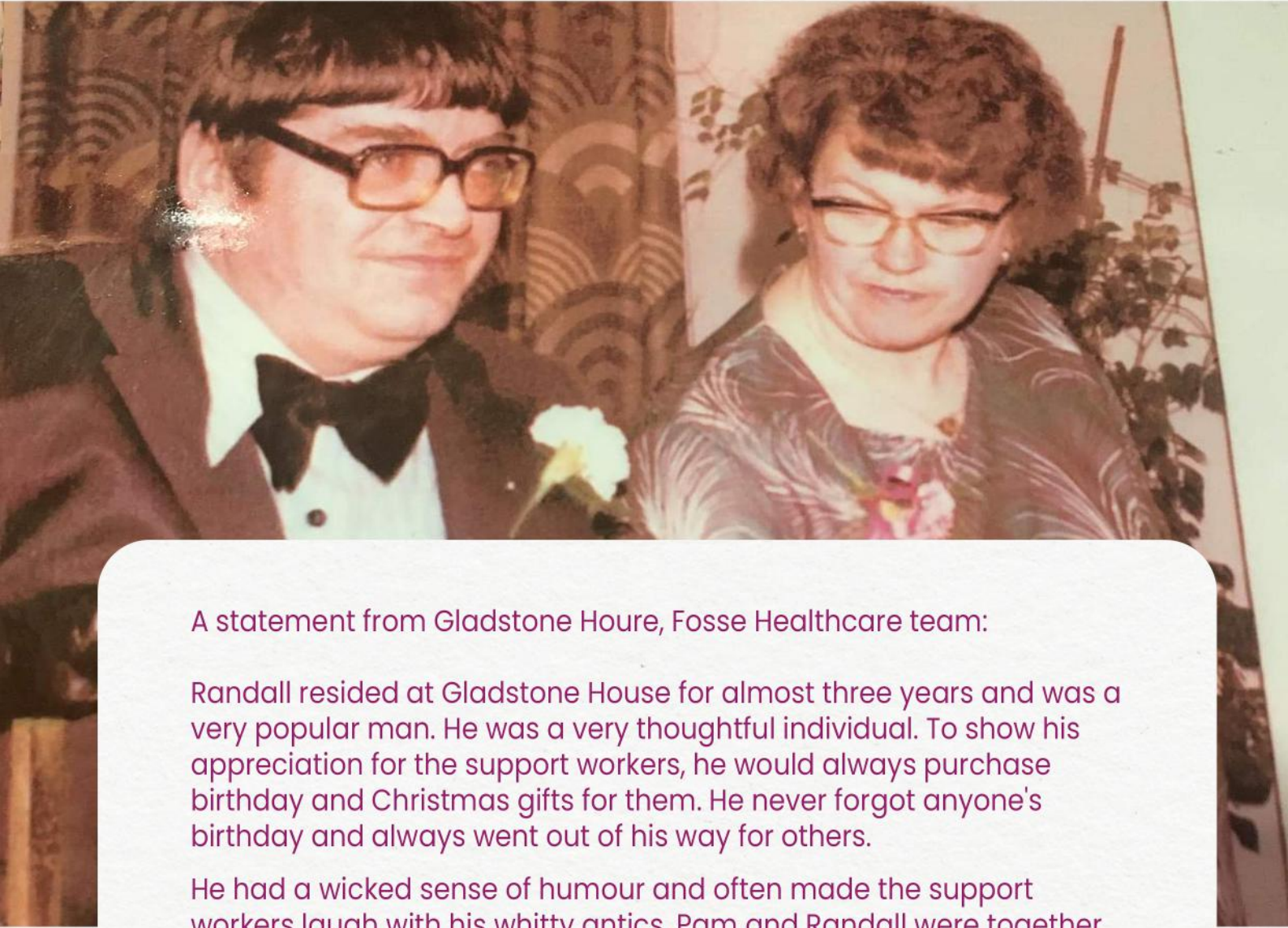
Recently, one of our Sheffield carers, Megan, decided to she wanted to learn how to make handmade items out of wool. She has a really good relationship with all of her clients and after finding out one of her service users daughters liked bears she set about trying to make her one as a surprise. She put a lot of effort into it and I think you'll agree it looks absolutely fantastic! We cannot wait to see what you are going to create next Megan.



Stella's days out with Leanda

Stella is one of our lovely clients in Newark and she loves nothing more than heading out to her local cafe with her carer Leanda for a coffee and a slice of cake. Look at that smile! We hope to see some more 📸 of you both out and about again soon.

Remembering the wonderful Randall



A statement from Gladstone House, Fosse Healthcare team:

Randall resided at Gladstone House for almost three years and was a very popular man. He was a very thoughtful individual. To show his appreciation for the support workers, he would always purchase birthday and Christmas gifts for them. He never forgot anyone's birthday and always went out of his way for others.

He had a wicked sense of humour and often made the support workers laugh with his witty antics. Pam and Randall were together for a number of years, and they were also married. Besides having one son together, Randall also raised Pam's other son. Randall cherished his grandchildren and loved them dearly. His family was very important to him and he did everything in his power to make sure they were taken care of.

It is Pam's wish that Randall be remembered by all and that everyone recognizes how much he was loved by her and the rest of his lovely family and the care team. He was one of a kind and will always be remembered as an essential part of Gladstone House.

Randall will always be in our hearts and thoughts.

Fosse takes on three new extra care schemes

We are excited to announce that as of the 1st April we will be taking over three new housing with care schemes across Leicestershire.

Extra Care housing aims to meet the needs and aspirations of Individuals through the provision of Services designed to accommodate changing needs, for example allowing older people to age in one place and preventing avoidable and/or emergency hospital or residential care admissions.

Typically, Extra Care housing provides a supportive environment, offering a range of Services, from unplanned low-level care and physical response including night-time cover as well as individually tailored care Services (person-centred Commissioned Care). The Service has been developed to provide integrated health and social care Services for people living in Extra Care and those assessed as eligible for care.

Fosse Healthcare already have several amazing schemes running across the East Midlands and now we have extended our support services into the Leicestershire area.



St Marys House, Lutterworth | This 28 one-bedroom self contained flats, former Georgian rectory with a purpose built extension provides a communal dining room and lounges overlooking the gardens. The scheme is situated in a residential setting, close to supermarkets, the town library and all the amenities of Lutterworth town centre. Other facilities include a lift, laundry, hairdressing salon, assisted bathing facilities and guest room.

Oak Court, Blaby | Oak Court is a purpose built extra care scheme providing 50 one or two bedroom self-contained flats with many of the flats including balconies or patios. There are a range of communal spaces for you to enjoy with other residents including a dining room, garden, activities room, hairdressing salon, assisted spa bathroom, library, shop, cinema, hairdressers and guest suite. The communal gardens are split into different areas to allow quiet enjoyment, social activities, gardening and seating areas. There is ease of access both inside and outside for those with lower mobility

Birch Court, Glen Parva | Built in 2000 and renovated in 2012, Birch Court is an extra care housing scheme with 32 one and two bed apartments. It's located approximately 1.2 miles away from Blaby town centre with all its amenities. The scheme has a range of communal areas including a shop, dining area, lounge, laundry facilities, garden, library, hairdressers and assisted bathrooms. All flats have a living area, kitchen, bedroom(s), storage facilities and a level access shower. Birch Court is pet friendly and both cats and dogs are accepted.

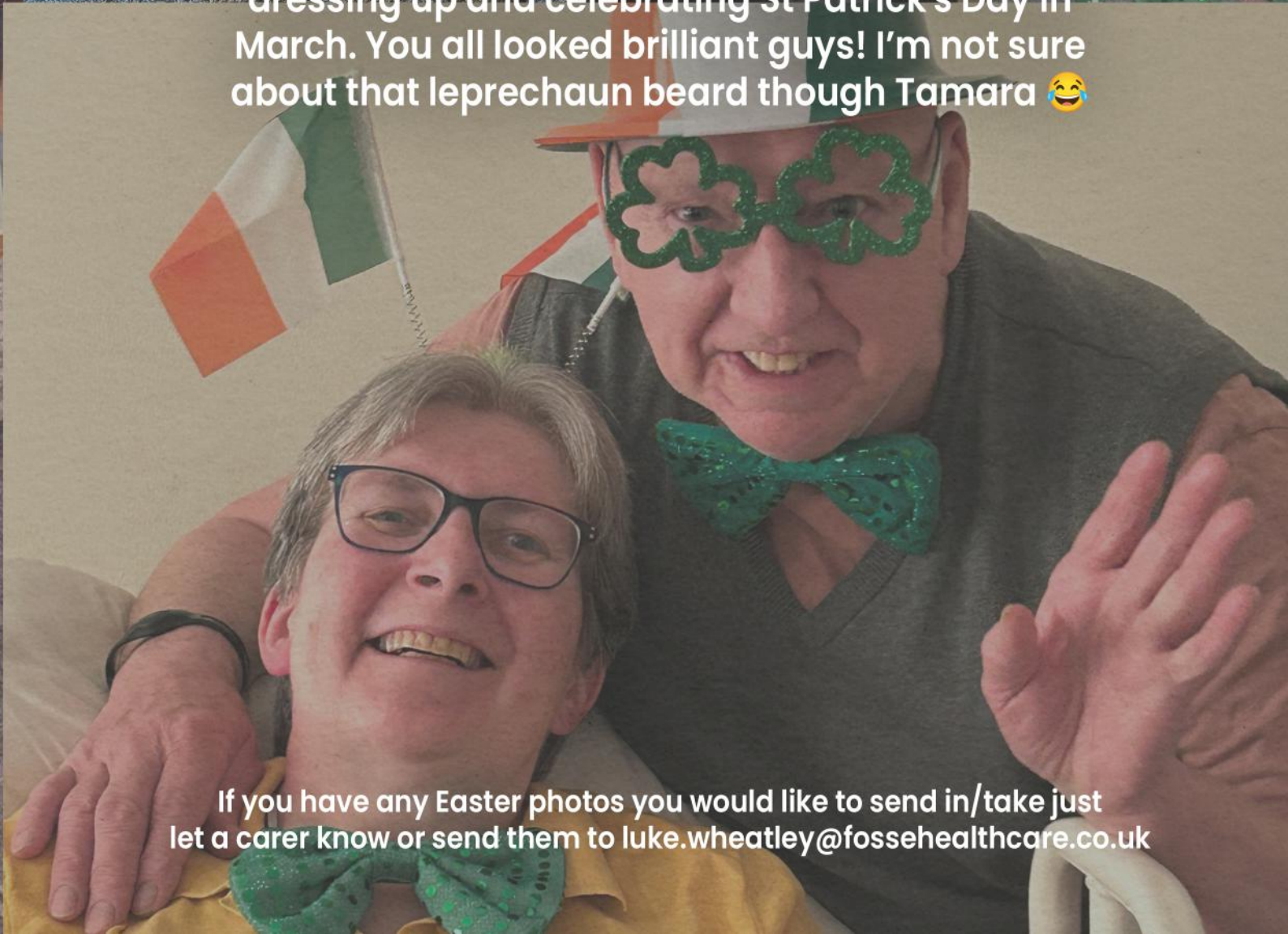




St Patricks Day

At Fosse Healthcare

Our wonderful staff and clients had some fun dressing up and celebrating St Patrick's Day in March. You all looked brilliant guys! I'm not sure about that leprechaun beard though Tamara 😂



If you have any Easter photos you would like to send in/take just let a carer know or send them to luke.wheatley@fossehealthcare.co.uk

An emotional Mother's Day 'You're as good as my mum'

This mother's day, Debbie from Hucknall got her female clients some flowers (for those who have diabetes) and some chocolates. Her lovely clients were so surprised and some asked, 'but why, I am not a mother?' and Debbie's emotional response to that was, 'you're as good as my mum and you deserve to be spoilt.'

What a fantastic gesture and an amazing moment, this is what social care is all about ❤️



Showing off their skills

A new game for our Newark clients!

Over at Gladstone House in Newark, our staff got the residents a new sunny target game to play. The game has gone down really well and everyone has been having a great time competing against each other. Make sure you keep us updated on the leaderboard guys!



Happy 8 years at Fosse Tracey

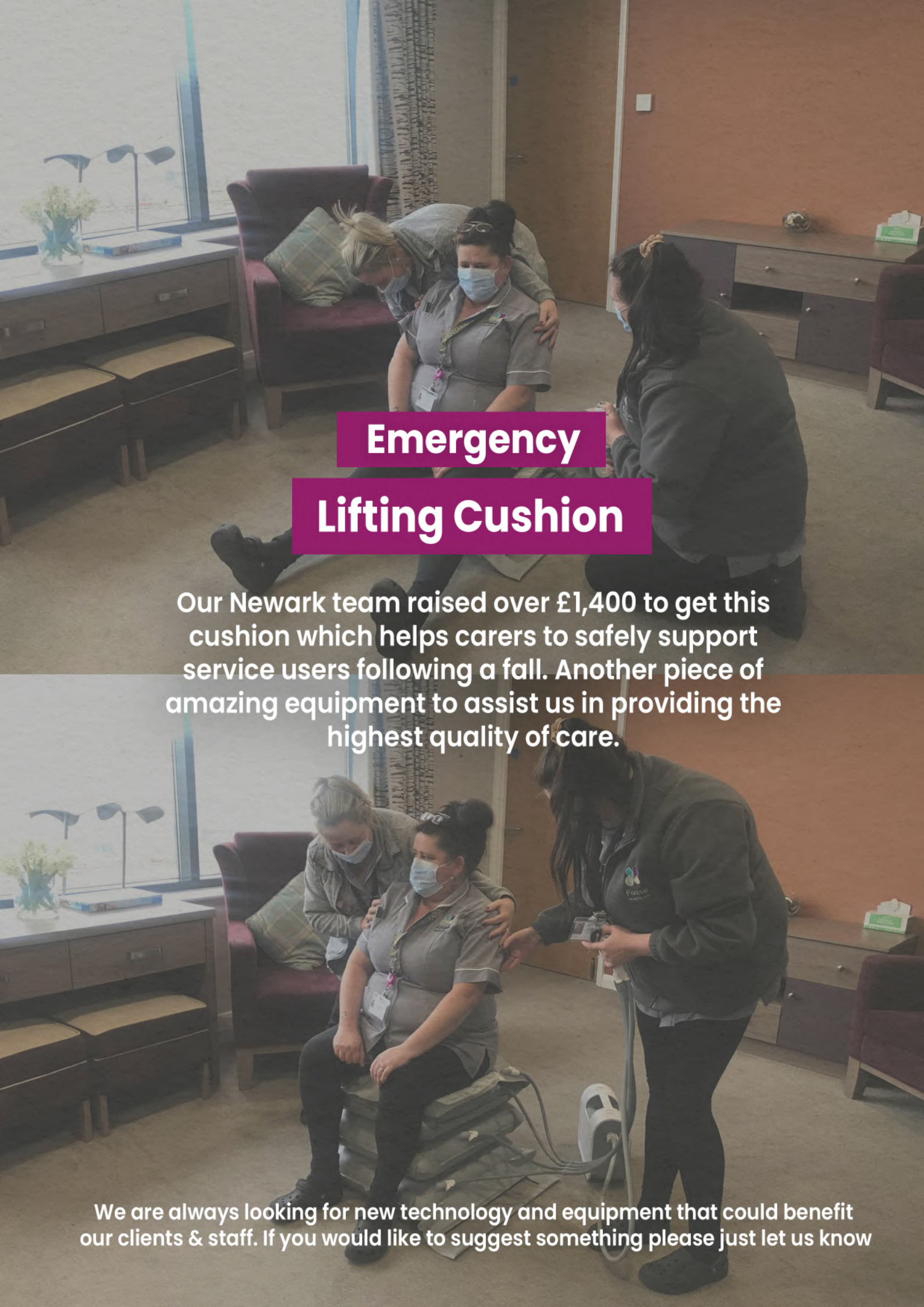
Our amazing carer, Tracey, had been with Fosse Healthcare for a staggering eight years as of March. Her Care Coordinator, Guna surprised her when she was out on call with some lovely flowers to say thank you for her service. You're the best Tracey!



Valentines day fundraiser



Fosse staff and residents at Darlison Court held a fundraiser on Valentines day to try and raise some more money for a defibrillator for the facility. The day was a great success and they have raised another £136 towards the cost. They are going to be doing a lot more fundraisers and other events to reach their target this year. Keep it up guys!



Emergency Lifting Cushion

Our Newark team raised over £1,400 to get this cushion which helps carers to safely support service users following a fall. Another piece of amazing equipment to assist us in providing the highest quality of care.

We are always looking for new technology and equipment that could benefit our clients & staff. If you would like to suggest something please just let us know

Jamie & Thomas

Days out, hobbies & activities!

Jamie is one of our support services clients and he loves to do lots of interesting things with his friend & support worker, Thomas. Thomas says his absolute favourite thing to do is going out and about on his scooter (check out the photo below where he wanted to pose for a photo on one of his scooter sessions!)

They've also been doing some amazing drawing together in March! Aren't those drawings fantastic!? We can't wait to see more of what you get up to guys.





Words Transformer

Change the word at the top to the word at the bottom by changing one letter at each stage to form a new word every time. Make sure you match the middle word as you go!

E	A	S	T
F	A	C	E
L	I	N	K

Well done if you did it! Make sure you ask someone to take a photo of your finished work so we can post the picture online and show them in our next newsletter.



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