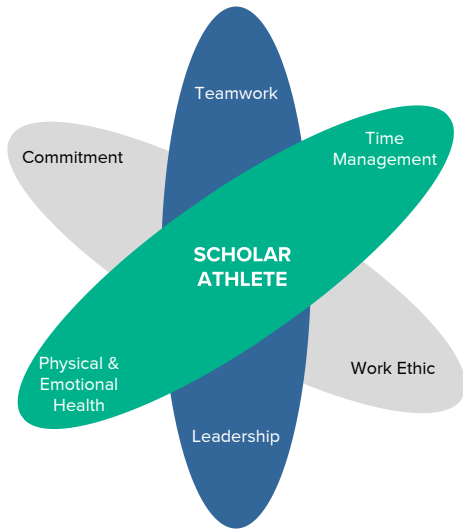


## Innovation in **Education** + High Performance **Athletics**



UNISUS Scholar-Athlete Profile

The UNISUS Scholar-Athlete program combines a world-class International Baccalaureate education with a holistic, focused approach to sports. The program is designed for students who aspire to reach high-performance or advanced levels in their athletic pursuits and successful academic achievements.

Research indicates that students who engage in competitive athletics at school develop crucial skills that have long-lasting positive effects. UNISUS Scholar-Athletes develop essential skills such as resilience, heightened accountability, and unwavering dedication towards achieving their goals and objectives. These skills not only benefit them in sports but they also have a profound impact on their overall personal growth and success.

## Key benefits of the **Scholar-Athlete** Program

### Academic Pathway

- Pathways to graduation enables all students to achieve their best academically. Scholar athletes can graduate with an IBDP and/or enriched B.C. Dogwood High School Diploma
- IB is globally recognized by top universities. Graduates are considered for early admissions and scholarship awards.
- IB graduates are confident, capable learners prepared to take on the challenges of post-secondary education. Most universities will recognize IBDP courses for first year credits

### Athlete Development

- Holistic athlete development including physical strength and conditioning, mental wellbeing, nutrition, and injury prevention
- Focused dry-land training to complement on ice training led by qualified sports therapists
- Individualized training plans and performance achievement reports supported by analytics and video.
- Post-secondary application and offer management with focused approach to athlete brand development





# UNISUS HOCKEY ACADEMY PROGRAM LEVELS

The UNISUS Hockey Academy is tailored for scholar-athletes aspiring to achieve their highest potential in hockey, while acquiring academic achievements to enable life-long academic and professional success. Our comprehensive athletic development systems allows for an accelerated development in hockey skills, while pursuing excellence in academics at the same time.

## Hockey Skills Academy

- Suitable for: all skill levels, to develop their athletic skills in hockey to a high level
- Suggested age range: 9 to 18 years old
- Training program includes: 4.5 hours of on-ice training per week, and up to 4 hours of off ice athletic development training per week
- Competition option: Schedule enables Scholar-athletes to continue to participate in competitive play with their current hockey teams

## Hockey Skills Academy + UNISUS Giants Team Competition

- Suitable for: students who have attained a strong skill levels are invited to try out for teams. Students remain in the Skills Academy, but also spend time training for and competing as a team, preparing students down a trajectory of collegiate competition levels while pursuing excellence in academics.
- Training program includes: 4.5 hours of on-ice training per week, and up to 4 hours of off ice athletic development training per week.
- Competition option: Students will join the UNISUS Giants School Team for competition and tournaments, including the opportunity to attend international tournaments in different countries

