

# COURTSIDE

KOORYONG

**SQUASH**

INTERNATIONAL

THE CLUB'S NIGHT OF NIGHTS

**CHAMPIONS'**  
**DINNER**

**DESTANEE AIAVA**

**HELPS AUSTRALIA TO  
WORLD TEAM FINALS**

# Bold. Beautiful. Timeless.



**Bold personalities, beautiful materials and timeless designs to enhance your outdoor space.**

Bali Republic is Australia's pre-eminent online store for luxurious outdoor furniture.

Visit our online showroom to discover our stunning outdoor furniture range.

1300 430 809 | [balirepublic.com.au](https://www.balirepublic.com.au)



# Tennis Victoria's Premier League

## WOMEN WIN PREMIER LEAGUE TITLE IN GRAND STAND FINISH

The Tennis Victoria Premier League finished in exciting circumstances in April as both the men's and women's finals came down to the final rubber.

Kooyong's women's team came out on top against a talented MCC team while the men put up a great fight against the red hot favourites from Grace Park. With doubles played first, both matches were even going into singles after each team won one of the doubles rubbers in straight sets.

Then things started to heat up as singles began, with Destanee Aiava taking on the highly regarded Zoe Hives while Molly Polak took on rising star Jaimee Fourlis. Things were extremely close in the first set of both matches but Aiava was able to win hers in a tiebreak while Polak went down 7/5 after leading early. The first set winner went on to win the match and this again left things all square with just two rubbers to play.



Destanee Aiava came out on top against Zoe Hives



**Kooyong's Premier League Champion Women's team from left:** Kate Antosik, Destanee Aiava, Annabelle Andrinopoulos, Alana Parnaby, Molly Polak & Bridgette Beck

Annabelle Andrinopoulos then took on Eliza Long while Alana Parnaby took on Sevv Gallios in the matches that would decide the final. Andrinopoulos got off to a slow start as Long found her range early and the first set quickly slipped away while Parnaby also found herself down a set and things looked grim. Both girls regrouped between sets and things began to turn in their favour as Andrinopoulos got out to an early lead and served for the second set at 5/4 before being broken but she broke straight back and served her way into a third set.

Parnaby raced through the second set to also send her match into a decider as the Kooyong girls looked to have all the momentum. Things could have gone either way in several huge service games in the final set for Parnaby but she found a way to hold while also putting plenty of pressure on the Gallios serve and it paid huge dividends with 4/6 6/1 6/4 victory that kept Kooyong in the match.

With MCC leading on games Andrinopoulos had to win the third set for Kooyong to win on the day and she started the third set where she left off in the second, with some beautifully placed ground strokes to get Long out of position and quickly raced to a 5/2 lead. Andrinopoulos then held her nerve and calmly served out the match to be greeted by some huge cheers from her teammates after pulling off the great escape and a fantastic win for the Club.

The men weren't quite so lucky despite the best efforts of all involved as Daniel Byrnes won the first set against James

Lemke but couldn't quite get the win in the second set tiebreak and was forced to retire in the third set with injury while our captain, David Bidmeade, kept his side alive with one of his best wins for the Club as he defeated Adam Hubble 7/6 6/3.

Grace Park's Jarryd Maher then proved to be too strong for Ricky Robertson despite giving everything he had so it came down to the match between Kooyong's Andrew Coelho and Dane Proppogia and it was Proppogia that drew first blood in a tight first set that ultimately decided the day.

Kooyong then needed to win the final two sets without losing many games which became an impossible task and after some quick calculations the result was called but our men's team had given their all.



The Kooyong Mens team

**Congratulations to Grace Park on a wonderful season and a thoroughly deserved title and to all the Kooyong players on another fantastic campaign at the top level of tennis in Victoria!**

# COURTSIDE

THE OFFICIAL MAGAZINE OF  
THE KOOYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 37 AUGUST 2014



## Kooyong Lawn Tennis Club Inc.

489 Glenferrie Road  
Kooyong VIC 3144  
(03) 9822 3333  
(03) 9822 5248

[www.kooyong.com.au](http://www.kooyong.com.au)  
[enquiry@kooyong.com.au](mailto:enquiry@kooyong.com.au)

17 177 846 072  
A0039994S

6



8



10



22



- 3 Tennis Victoria's Premier League
- 5 Message from the CEO
- 5 President's Report
- 6 Kooyong International
- 8 2014 Champions' Dinner
- 10 Foundation News: Wimbledon
- 12 Foundation News
- 14 ITF World Champs
- 15 Team Kooyong Ocean Swim
- 16 Tennis Victoria Awards
- 17 Club News:  
Commonwealth Games
- 18 Caulfield Sports Club
- 19 Club News
- 20 Rules and Regulations
- 22 Pennant Preview
- 24 Junior Competition News
- 25 Pennant Profiles
- 26 Midweek Ladies
- 27 Crèche Community
- 28 Club News: Gym Equipment
- 29 Kooyong International  
Tennis Academy
- 30 Squash News
- 32 Billiards and Snooker Report
- 32 Bridge News
- 33 Young Members Committee
- 34 Social Committee
- 35 Royal Childrens Hospital Auxiliary
- 36 Wine & Food Society
- 37 Health Club News
- 38 Diary Dates

## KOYONG LAWN TENNIS CLUB COMMITTEE

Ian Hill - President  
Peter Carew - Vice-President  
Brian Capp - Vice-President  
Joe Dicks - Treasurer

### Members of Committee

Rowena Cole  
Adam Cossar  
Cam Dickinson  
Richard Kennett  
Fiona Law  
Duncan McCulloch  
Margot McCluskey  
Darren O'Loughlin  
Chris Brown - CEO

*Committee Members may be contacted  
at any time through reception.*

## PUBLISHERS

Courtside magazine edited by  
Daniel O'Neill - Communications Officer  
[doneill@kooyong.com.au](mailto:doneill@kooyong.com.au)

Kylie Herd - Membership  
[kherd@kooyong.com.au](mailto:kherd@kooyong.com.au)

Cedric Mason - Manager - Tennis & Sport  
[cedric@kooyong.com.au](mailto:cedric@kooyong.com.au)

Rachael Whitelaw - Functions Manager  
[rwhitelaw@kooyong.com.au](mailto:rwhitelaw@kooyong.com.au)

Mustard Creative Media  
[info@mustardmedia.com.au](mailto:info@mustardmedia.com.au)

## KOYONG CORPORATE MEMBERS

AAMI  
Duncan Thompson Building  
Link Pumps  
ACM Endeavour  
Montague Cold Storage  
Ozito Industries  
Tuscan Path  
Zanity  
Haymes Paint  
Currie Group  
McLardy McShane  
Guest Group

# PRESIDENT'S REPORT

## Capital Works

It is an important function of the Committee and management to regularly review and update the Club master plan and major capital works programs to ensure the Club meets both current and future needs of Members. In the past, these reviews lead to projects including the substantial clubhouse renovations Members enjoy today and major works around the grass courts last year. The capital works program is a matter of constant review for the Committee to meet our objective of being the country's premier sporting club.

## Club Upgrades

Our work programs focus on refreshing many areas of the club, but also aim to provide new and additional facilities and services to meet the current and future demands. Work over recent years to upgrade the condition of our grass courts has provided significantly better playing conditions and during the last twelve months, substantial improvements were made around our grass courts replacing fences, pathways and services. In looking forward, the Club is investigating further work around our hardcourts to achieve the same level of improvement by upgrading fencing, gates, pathways and services. The demand for those courts however,

will require careful scheduling because of court requirements, both day and night. There is also further investigation of future needs for grounds equipment and all areas of the clubhouse that may need updating.

## Rules and Regulations

Another matter that has occupied some of the Committee's time over the last year involved a review of the Club Rules and Regulations. The Associations Incorporation Reform Act 2012 replaced the Associations Incorporation Act 1981 and the Club has sought the assistance of experts in this field to review the Rules. In doing this we are seeking to adopt changes, in part required by the new act, but also to achieve best practice for governance and management of the Club. The revised Rules will be presented to Members at the Annual General Meeting this year and will include a number of recommendations including changes in the Committee structure.

## Club Events

The early part of the year has seen us enjoy a number of great club events including a very popular President's Lunch featuring AFL identity and radio host Kevin Bartlett.

## Champions Dinner

At the Champion's Dinner, we recognized our section winners, and another highly entertaining night featured a special musical performance by acclaimed vocalist David Hobson. The dinner also provided us an opportunity to celebrate the selection of Kooyong's own Sarah Cardwell and to wish her well in the Commonwealth Games team to play squash in Glasgow Sarah follows in the footsteps of her mother and Kooyong Member Vicki Cardwell, herself a former world number one.

As we move into the second half of the year preparations are underway for the 2015 Kooyong Classic. Members will receive information in the coming months about the event and I encourage you all to become involved in what will be another great event.

Ian Hill  
President

## A MESSAGE FROM THE CEO

Tennis is active all year at Kooyong, but the latter half of each year always sees a build up as our grass courts are prepared for a return to play, tennis moves to finals in several competitions and arrangements are made for the Kooyong Classic in January.

Our grounds crew have again carried out annual maintenance on grass court base lines while substantial work was carried out on the en tout cas courts recently, with more to follow.

In the coming weeks, there will be announcements regarding arrangements and the field for the Kooyong Classic in January and Members will again have the special opportunity to enjoy one of the truly great tennis events of the summer here at Kooyong.

The Kooyong Squash section recently held another successful Squash International, which featured a number

of players in Melbourne for the Victorian Open that followed. We congratulate Rachel Grinham on her win in the women's event for the second year in a row, and Max Lee on success in the men's event. The event also featured Kooyong Member, Sarah Cardwell on the eve of her departure to join the Commonwealth Games Team in Glasgow.

The Champions' Dinner was another fabulous event and we congratulate all our Members who received acknowledgement for their Club Championship successes. An added highlight of the night was a performance by acclaimed singer David Hobson.

This Courtside highlights the achievements on a world stage by several of our Members including a number of our young players supported by the Kooyong Foundation. There were also a number of other Members who

have recently travelled and competed successfully overseas.

The latter part of the year sees all of our Club groups active with several events being planned. Members can look over the opportunities detailed in this edition and be part of those wonderful upcoming events.

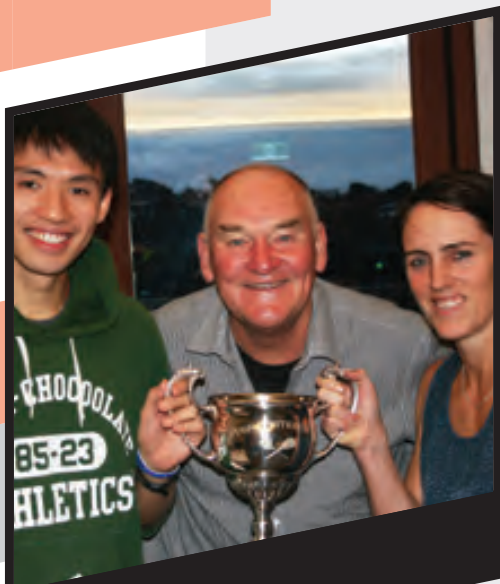
As we head into the latter part of the year, there are also great opportunities available for Members to book function rooms for special events. The great food, wines and service provide perfectly for the special needs and the adjoining terraces make it a perfect place to entertain family or friends. Contact the Club regarding your needs and upcoming functions

Chris Brown  
CEO

# 2014 KOOYONG

# SQUASH

## INTERNATIONAL



From left: Colin Cruickshank with the two winners Max Lee and Rachel Grinham, Sarah Cardwell, and Wan Adnan

## The Kooyong International was again highly anticipated as some of the world's leading squash players converged on Kooyong.

The round robin event gave four men and four women a great opportunity to play some warm up matches before playing the Victorian Open at the Melbourne Sports and Aquatic Centre the following week.

Starting on Friday night and finishing on Sunday afternoon, the event was again highlighted by the inclusion of former world number one Rachael Grinham who went on to win her second consecutive Kooyong International title while Hong Kong's number one player, Max Lee, was able to lift the trophy for the first time.

Kooyong's members and visitors were treated to some fantastic squash with all eight players ranked inside the top 60 in the world.

The ladies event featured current world number 15 Rachael Grinham, Australia's world number 25 Donna Urquhart, Malaysia's world number 39 Delia Arnold and our own Kooyong Foundation Fitzgerald Scholarship star Sarah Cardwell who is currently ranked 55 in the world.

Delia Arnold, the 2012 Kooyong International champion, held match point against Donna Urquhart on the Friday night but the Australian dug her way out of trouble to eventually win the match 15/13 in the 5th.

The other women's match saw Sarah Cardwell win a game from former world number 1 Rachael Grinham which got the pro-Kooyong crowd fired up before she succumbed 3/1 to the national star.

The final was another fantastic match as Grinham overcame Urquhart in a tough match that went the distance to the delight of everyone in attendance.

Grinham won the final in five but incidentally it was Urquhart that turned the tables the following week at the Victorian Open.

In the playoff for third it was Delia Arnold who held out Kooyong's Sarah Cardwell in another tough match.

The men's event featured current world number 25 Max Lee from Hong Kong, world number 37 Wan Adnan from Malaysia, world number 39 Leo Au from Hong Kong and New Zealand's world number 44 Martin Knight.

The men's matches went mainly to script with the top two ranked players, Max Lee and Wan Adnan, making it through to the final.

In the final Max Lee used all his exquisite racquet control to great effect to defeat Wan Adnan despite Adnan chasing nearly everything down.

Both players attacked and attacked and the shot making from both players was fantastic to watch and unlike anything seen previously on the Kooyong courts.

The playoff for third saw Leo Au, whose family has a long history in squash and his sister is currently Hong Kong's number one player, hold out Commonwealth Games silver medallist Martin Knight in another entertaining match.

The cocktail party and presentations at the end of Sunday's matches were another highlight of the event as everyone took the opportunity to mingle with the players.

With the standard of players continuing to improve each year for both the Kooyong International and the Victorian Open it looks like the event has found a permanent place in the squash calendar.

**It was a fantastic three days of world class squash and the Club looks forward to hosting the event again in 2015.**

"In the final Max Lee used all his exquisite racquet control to great effect to defeat Wan Adnan despite Adnan chasing nearly everything down."



# 2014 CHAMPIONS' DINNER

## **It was great to see another fantastic gathering when we celebrated the 2014 Champions' Dinner in early June**

More than 140 members were in attendance at the Club's night of nights and each of our champions were feted for their recent achievements.

From the unbelievably popular entertainment from Australian opera star David Hobson, to the heart felt thank you speeches by our two Club Champions, Kate Antosik and especially first time winner Matthew Carroll, it was a night that reached great heights.

Darren James again steered the night perfectly as we heard from President Ian Hill about the Club and the continued work of the Kooyong Foundation before Cedric Mason came forward to acknowledge our Asia Pacific League and Premier League achievements over the past 12 months.

Cedric then announced the winners from our grade events of the tennis Club Championships as Ian Hill and Darren James made the presentations along with a few very funny interviews.

After dinner was served the night moved into the Bridge presentations where Bridge Club President Rob Nurse announced the winners of the Penny Purbrick Trophy, Fiona Trescowthick and Deb Fogarty.

It was then time for the squash presentations and Jeremy Sneddon

took centre stage to announce the winners including our 3 time winner of the Open Men's event Sam Ejtemai.

Sam continues to go from strength to strength on the world stage and we look forward to hearing more about his development in the years to come.

Another highlight was the presentation made to Sarah Cardwell, who was recently selected as part of Commonwealth Games team to compete in Glasgow later this year.

Money had been raised through the Kooyong Foundation was able to provide some help to Sarah with her overseas adventures and she was humbled to receive help towards her ongoing costs to travel on the squash circuit.

After a fantastic performance by Australian Opera star David Hobson, the final presentations of the evening were made to our tennis Club Champions from the Senior events through to the Under 21's and Open events.

From 14 time Club Champion Liz Peers accepting the trophy for the 50 and over singles to Ken Cooper, Martin Warwick and Phil McCall who are regulars in the final weekend of the Club Championships, the new trophies for each event were a highlight with all involved.

It was also great to see both of our Under 21 winners at the Champions' Dinner as Laura Rabinovich and David Hough joined a great group of young players that have won that event in the past.

Onto the Open events and it was déjà vu for the most part as Kate Antosik and Laura McNamara accepted the Open Doubles trophy for the second year running while Matthew Carroll and David Bidmeade received the trophy for the Men's Open Doubles.

David Bidmeade again won the Mixed Doubles title with Molly Polak before Kate Antosik accepted the trophy for the Open Singles for the second successive year and showed great pride in winning the title at Kooyong again.

But the best speech was made by Matthew Carroll also made a fantastic speech in accepting his first Club Championships title and trophy as he thanked nearly everyone he had come into contact with at the Club over the past 12 years.

It was heartfelt and sincere and the pride in his achievement after being involved with the club for so long was obvious and made for a perfect ending to a great night at the Club.



*More than 140 members were in attendance at the Club's night of nights and each of our champions were feted for their recent achievements.*

# WIMBLEDON

Wimbledon is always a great time of year for the tennis purists and there's plenty of those around Kooyong.

With this in mind we take a quick look at some of the Kooyong Foundation Fitzgerald Scholarship holders who took part in this famous tournament in 2014.

John Peers was again prominent in both the men's doubles and the mixed doubles events.

Seeded 14th, Peers and Jamie Murray drew British pair Daniel Evans and James Ward in the first round and showed their class to win in straight sets 6/2 6/4 6/4.

The second round was an interesting contest with Britain's Jamie Delgado pairing up with Luxemburg's Gilles Muller who were coming off an epic five set encounter where they trailed by two sets to love.

The Australian and British combination again put themselves into a winning position by winning the first set 6/3 and then winning the second set in a tiebreaker.

They moved into the third round for a meeting with the number two seeds when they won the third set 6/3.

Peers and Murray faced off with Alexander Peya and Bruno Soares in what was always going to be a tight contest and it was the Austrian and Brazilian who struck the first blow by winning the first set 6/3.

Not to be outdone, Peers and Murray fought back to win the second set in a tiebreaker before the number two seeds wrested back the ascendancy by winning the third set in another tiebreaker.

With their backs to the wall, Peers and Murray again dug deep to win the fourth set 6/3 but

unfortunately Peya and Soares again surged to win the final set and the match to move into the quarterfinals.

In the mixed doubles, Peers paired up with rising star Ashleigh Barty and, seeded 12th, they got the easy ride through to the third round with a bye and then a walkover.

It was here they ran into the fifth seeds, Daniel Nestor and Kristina Mladenovic, and unfortunately they lost a tight encounter 7/6 6/3.

Andrew Whittington also made bold run into the main draw of the men's doubles with two wins in qualifying to ensure their spot in the event.

Paired with Alex Bolt and seeded four, the Australian duo squeaked past Dominik Meffert and Go Soeda 7/6 7/6 to reach the final round of qualifying where they met British pair David Rice and Sean Thornley and it was a straight forward win 6/3 6/2 to secure their spot in the main draw. The draw wasn't kind to the boys as they drew the experienced duo of Jurgen Melzer and Feliciano Lopez but they took it up to their highly fancied opponents in the first set.

With very little separating the two pairs, it was Melzer and Lopez who took their opportunity late in the set to take it 7/5 but the youngsters fought back and dominated the second set to level the match at a set apiece by winning it 6/3.

Lopez and Melzer then lifted their game to win the third set 6/3 via their only break point opportunity and the fourth set produced seven break point opportunities for the experienced pair and they took advantage of three of those to win the fourth set 6/2 but what a fantastic experience for both Andrew and Alex.

Anastasia Rodionova also featured prominently in both the women's doubles and mixed doubles events with quarterfinal runs in both.

**"The Australian and British combination again put themselves into a winning position"**



Andrew Whittington and Alex Bolt in the mens Doubles

# WIMBLEDON

## CONT'D

Seeded 11th in the women's doubles, Rodionova and her Russian partner Alla Kudryavtseva breezed through the first two rounds against Yanina Wickmayer and Shuai Zhang 6/1 6/3 and then Madison Keys and Alison Riske 6/2 6/2.

The third round was a tough encounter with American seventh seeds Aigail Spears and Raquel Kops-Jones but they managed to get through in straight sets 7/5 6/4 to meet up with giant killers Timea Babos and Kristina Mladenovic who had just knocked out the top seeds and 2013 champions Su-Wei Hsieh and Shuai Peng.

The match was extremely tight throughout and it was all about taking your opportunities when they were available and Babos and Mladenovic certainly did that by winning all six of their break point chances while Rodionova and Kudryavtseva won five

of seven and went down 6/3 3/6 6/4 in a very even contest.

In the mixed doubles, Rodionova partnered another Russian, Mikhail Elgin and the pair sneaked through the first round 9/7 in the third set against British pair Ross Hutchins and Heather Watson before coming up against the 11th seeds Juan-Sebastian Cabal and Raquel Kops-Jones which resulted in a straight sets win 6/2 7/5.

The unseeded Rodionova and Elgin continued their giant killing run when they knocked out 7th seeds Rohan Bopanna and Andrea Hlavackova in three tight sets 3/6 7/5 6/3 but unfortunately they were beaten by 15th seeds Nenad Zimonjic and Sam Stosur 6/3 6/1 in their quarterfinal.



In the Junior Wimbledon tournament, it was great to see both Kooyong Foundation Fitzgerald Scholarship holders, Marc Polmans and Omar Jasika get entry into the event unfortunately they lost their first round matches in the boy's singles.

Polmans lost to American Logan Smith 7/5 6/2 while Jasika lost to French number 8 seed Johan Sebastian Tatlot in the match tiebreaker 7/5 4/6 12/10.

**Congratulations to all of our players on a wonderful tournament!**



## 16 DAY SPLENDOURS OF SOUTHERN AFRICA

### VISIT:

CAPE TOWN, KRUGER NATIONAL PARK,  
VICTORIA FALLS AND BOTSWANA IN  
BEAUTIFUL LODGES AND HOTELS

**\$6499.00** PER PERSON

### DEPARTURE DATES:

- 18 FEB 2015
- 18 AUGUST 2015

\*Any other date subject to minimum group size of 4 people.

### INCLUDES:

Fully guided, internal flights, walk with lions experience, Robben Island tour, Table Mountain Cable Car & much more

**Contact for  
full itinerary and inclusions**

✉ [matt@touricatours.com](mailto:matt@touricatours.com)

☎ 03 9798 8002

🌐 [www.touricatours.com](http://www.touricatours.com)



# DESTANEE AIAVA HELPS AUSTRALIA QUALIFY FOR WORLD TEAM CHAMPIONSHIPS FINALS

Kooyong's Destanee Aiava has gone through the Asia/Oceania qualifying rounds of the World Teams Championships in India undefeated in singles to help her side finish third to book a spot in the finals later this year in the Czech Republic.

The Australian girls started with three very strong wins in the group stage over Uzbekistan, Turkmenistan and Kazakhstan to move into the quarterfinals and a meeting with the fourth seeds from Japan.

Both Destanee and Jeanette Lin showed their class in this match to win comfortably in their singles matches to move into the semi final against the third seeded China. China had disposed of New Zealand in impressive fashion the previous day and again came out firing as the Chinese number two defeated

in 7/5 6/3 to put the pressure back on the Australians but Destanee again showed she was a class above with a 6/2 6/1 victory.

This left it down to the doubles and Destanee and Jeanette won the first set in a tiebreaker before the Chinese pair fought back into the match to level it at a set apiece.

stage where they defeated Turkmenistan, Uzbekistan and Indonesia. Thailand proved to be too strong in the quarterfinals where both Polmans and Stefan Norodom lost their singles matches.

They then played India where Codey and Greg split their singles, with Greg having a win, before the Indian



Destanee Aiava in action on court

The Chinese continued their good form in the final set to win the semi final and move through to the final.

In the playoff for third, the Australian girls swept India aside to finish on a high note and will no doubt be looking to get some revenge when they travel to the Czech Republic in August.

Kooyong's Greg Polmans and Codey Gunn were part of the boy's team that also recently travelled to India for the World Teams Championships Qualifying event but unfortunately they fell at the quarterfinal stage after a strong showing in the group

pair proved to be too strong for Polmans and Norodom.

This moved the boys into the playoff for seventh and eighth which they proceeded to win over Indonesia, who they had beaten in the group stages. Both Greg and Stefan won their singles matches to leave the boys finishing in seventh place.

**Congratulations to the girls who now look forward to the finals in early August!**

## FOUNDATION DONATIONS

**For more than 10 years the Kooyong Foundation has been carrying out its twin tasks of developing promising junior players and expanding the tennis museum displays in the clubhouse.**

More recently the Foundation has offered help to the Club's exceptional young squash players and provided funding for

regular Hotshot tennis coaching clinics for the sons and daughters of members. The Foundation enjoys support from many members and friends of Kooyong who make tax deductible donations to the Australian Sports Foundation. Additionally, a number of our members have chosen to remember the Foundation

in their will by making a bequest. Tax deductible donations can be made by in support of either the Kooyong Foundation (Sport Development Program) or the Kooyong Foundation (Australian Tennis Museum) project or both. If you would like to help please feel free to contact.

**Kooyong CEO Chris Brown or Foundation Chairman Peter Quinn (0418 396 999).**



**MADDERN**  
FINANCIAL ADVISERS

Your Essential Financial Asset - Professional Advice



## Seeking the right independent advice, is as safe as a good second serve.

Call today for a complimentary review.



- Self Managed Super Funds  
(Our Centre of Excellence)
- Tax-effective Strategies
- Wealth Creation
- Investments
- Property Investments
- Accounting/Tax
- Insurance
- Employer Super
- Superannuation
- Retirement Planning
- Redundancy Planning
- Loans

### **SMSF Setup or Transfer - Save \$1,100!**

Hurry! Expires 30th June 2015 (Just before tax time)

As one of Australia's leading SMSF specialists, our Advisers are accredited and experienced as "Specialist Self Managed Superannuation Fund Advisors" (SSA™) as designated by SPAA - Australia's peak SMSF body. At Maddern, SMSFs are a "centre of excellence" where our Chartered Accounting division and our Private Wealth division combine for a seamless client outcome. We manage over 300 SMSFs with combined assets of circa \$1bn.

Maddern Private Wealth Pty Ltd services include:

- SSA™ SMSF specialists
- Financial/Investment Advisers
- Estate Planning service
- A dedicated Private Wealth desk
- Property Investment service
- Loans division
- SMSF audit
- SMSF tax and accounting advice

Highly competitive brokerage charges on share trades  
(in most cases 0.15% or \$44.60)

#### **Maddern Private Wealth P/L**

Private Desk Service  
Suite 238.29 Milton Parade  
Malvern VIC 3144

T: +61 3 9999 7200

F: +61 3 9822 7580



**Visit: [www.maddernfinancial.com.au](http://www.maddernfinancial.com.au)**

Maddern Financial Advisers Pty Ltd ABN: 83 104 046 657 Australian Financial Services Licensee No 332556



***Glenn Busby has again taken out the ITF Seniors World Championship 55's singles title after defeating American Daniel Waldman in the final in Florida, but it was also great to see so many Kooyong members do well.***

The draw went largely to script as the top two seeds fought their way through the early rounds with relative ease before Busby found a tough opponent in his quarterfinal.

American 12th seed, Mike Fedderly tested the top seed as he pushed him to the limit in the first set before Busby found a way to win the set 7/6.

He then took control of the match to move through to the semi final with a 7/6 6/2 victory and then easily accounted for Mark Vines 6/2 6/2 to reach the decider.

Despite the two top seeds making the final, it was all one way traffic as Busby cruised to another world title 6/1 6/2 which complemented the Austria Team Cup he helped Australia win the previous week.

Busby also paired up with New Zealand's Paul Smith to reach the semi final of the doubles event before having to withdraw against eventual winners Mike Tammen and Daniel Waldman.

It was also great to see Kooyong's Martin Warwick reach the

quarterfinals of the Men's 50's Doubles with Beaumaris Lawn's Bruce Ferguson.

Seeded 12th, the Aussie pair defeated the 8th seeds, Stefan Heckmanns and Andreas Koepf, in the third round before succumbing to the top seeds, Konstantinos Efraimoglou and Alain Moracchini, 6/1 6/4 in the quarterfinal.

Former Kooyong scholarship holder Karen Kleverlaan also made the quarterfinals of the 35's singles before going down to Germany's Angelika Roesch 6/1 6/4 that then went on to win the final.

Kleverlaan also made the semi final of the 35's mixed doubles where she again lost to the German.

Kooyong's Wendy Harrison also made a great run through the 55's Mixed Doubles event with partner Thomas Werner of Germany.

They reached the semi final before losing to eventual champions Christine and Paul French of Great Britain 6/3 6/3.

**Congratulations to all of our members that took part in the ITF World Championships!**

# **BUSBY WINS 55's WORLD TITLE**





## TEAM KOOYONG CONQUERS SWIM

A group of Kooyong Members has participated in the Byron Bay Ocean Swim Classic over the past two years, proudly promoting KLTC as "Team Kooyong".

The 2.4 km swim is from Wategos Beach to Main Beach, with all profits from entry fees and sponsorship being donated to local Charities in the Byron Bay area. Close to 2,000 competitors complete the swim. Special mentions for the 2014 swim went to Mark Grooby, who finished 6th from 140 in his age group and 56th overall, and Matt O'Callaghan, finishing 14th from 110 in his age group and 25th overall. The above team photo was taken at the lunch celebration after this year's swim, with the lunch definitely taking longer than the swim did! The participation of Team Kooyong was initiated by KLTC Club Treasurer Joe Dicks who swam last year but couldn't make it this year.

**Team Kooyong will be back for 2015 and hope to make it an annual event for years to come.**

From Left: Justin McNamara, Mark Grooby, Tim Bowden (front) Darren O'Loughlin, Peter Hutchings, Matt O'Callaghan, Paul Devereux and Nick Bowden

## GRAND FINAL LUNCHEON 2014

The Bendigo Bank - East Malvern and St Kevin's Old Boys Football Club are proud to invite you to attend the 2014 Grand Final Luncheon.

Celebrating its 14th year, the Grand Final Luncheon is a true celebration of the year that was and a chance for all clubs, sponsors, players and all affiliated with the VAFA competition to get together and enjoy an afternoon to pay tribute to all the Grand Finalists and **commend the teams on a stellar season.**

Compered by Ian Cover from the Coodabeen Champions, the Grand Final Luncheon is the perfect lead up to the 2014 VAFA finals action.

For further information or table bookings, please contact Steve Browne on 0418 317 248.



**WHEN:**  
FRIDAY 19 SEPTEMBER

**COST:**  
\$130 PER TICKET

**WHERE:**  
KOOYONG TENNIS CLUB  
489 Glenferrie Road, Kooyong

**CONTACT:**  
STEVE BROWNE  
0418 317 248

**TIME:**  
12 pm - 3 pm  
(drinks served til 4 pm)

**DRESS:**  
JACKET & TIE



East Malvern  
**Community Bank®** Branch

Phone 9563 6044

 **Bendigo Bank**

# TENNIS VICTORIA'S CHAMPIONSHIPS DINNER

The beginning of Wimbledon in the Members' Dining Room of the MCG was the perfect backdrop for a celebration of all things Victorian tennis.

A huge crowd gathered to celebrate the year of achievements from both clubs and players across the state and Kooyong members were right amongst the action.

From the back to back wins of Kooyong Foundation Fitzgerald Scholarship holders Marc Polmans and Destanee Aiava in the Junior Athlete of the Year category to the win of Glenn Busby in the Most Outstanding 35+ Tennis Senior and Mark Sheppard's win in the Coaching Excellence – Club or Centre, it was a fantastic night for Kooyong members. Marc has contested all three Junior Grand Slams this year and continues to develop into one of Australia's next stars while Destanee has won her past four Junior ITF tournaments to move her ranking inside the world's top 100 and she's the youngest player at that level.

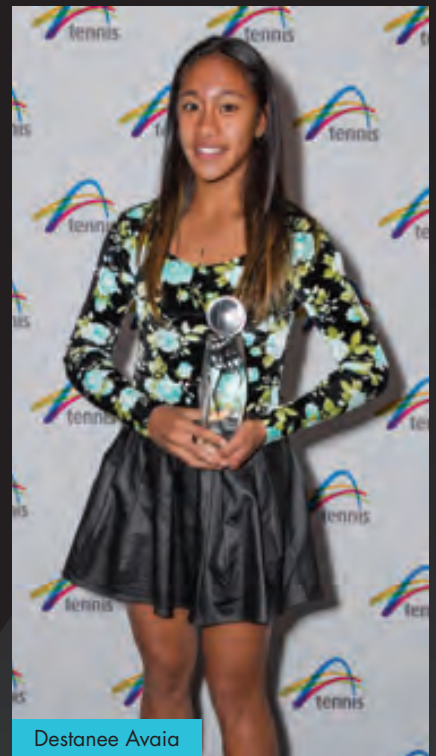
Glenn added a fourth world title to his collection at the ITF Seniors World

Championships in Florida in April in a commanding performance in the 55's age group and this accolade sits alongside his Newcombe Medal win in 2011.

And Mark Sheppard's coaching excellence award was fantastic recognition for the Willison Park coach who has built a fantastic program and has put so much into developing players and the sport in this state over many years. Wheelchair tennis star Daniela Di Toro was recognised with the Victoria Spirit of Tennis award for her huge contribution to the sport over many years, an award won by Colin Stubbs in 2013 and he was on hand to present the award to Daniela along with tennis legend Frank Sedgman.

It was also significant that Kooyong Foundation Fitzgerald Scholarship holders Greg Polmans and Dani McIntyre were also nominated in the Junior Athlete of the Year category.

**Congratulations to all our members on their wonderful achievements and to Tennis Victoria for a great night celebrating the tennis community!**



Destanee Aiava

*"Destanee has won her past four Junior ITF tournaments to move her ranking inside the world's top 100"*



Mark Sheppard



Glenn Busby



Greg Polmans

# 2014 COMMONWEALTH GAMES

**Kooyong's Sarah Cardwell is off to the Glasgow Commonwealth Games later this year and she is over the moon about the experience she will gain.**

Sarah, still just 22, has been selected as the reserve for the squash team so may play singles, doubles or not at all but she is taking that all in her stride.

"I am perfect for that spot because I'm so excited for the experience," she said.

"I've heard people not be happy with the reserve spot before but I'm so keen for the experience even if I do just watch every match."

And being the youngest member of the squad by some distance means she can take it all in with her long term goal of winning a medal at the 2018

Sarah and the rest of the Commonwealth Squash Team

Commonwealth Games on the Gold Coast well within her sights.

Sarah recently returned from a lengthy trip overseas and was also runner up at the City of Perth Open while she will now turn her attention to the Victorian Open as well as a possible start in the Kooyong International.

With a current world ranking of 55, Sarah will be looking to use this experience as a springboard to bigger things over the coming years and will no doubt relish the opportunity to mix with the world's top players.

**We wish Sarah all the best for the Commonwealth Games and beyond!**



## JAKARTA FINANCE AND GOLF TOUR 2014

EXPERT INVESTMENT ADVICE | INTERNATIONAL PROPERTY | PLAY SE ASIA'S FINEST GOLF COURSES | NETWORKING OPPORTUNITIES

McKeown Marrs is inviting select clients and guests to spend a week with two senior advisers, Bill Craig and David McKeown to discuss opportunities in Australian and International equities and derivatives, optimizing superannuation and International property. All set within an unequalled environment of golf, fine dining, five star accommodation and networking.

### Itinerary Overview:

- Saturday: Depart Melbourne, arrive at Shangri La
- Sunday: Jakarta property inspections, Private dinner, Shangri La
- Monday: Finance seminar: Superannuation, Royale Jakarta Golf Club
- Tuesday: Finance seminar: World Market Strategies, Golf at the Esmeralda Golf and Country Club
- Wednesday: Tour of local retail & commercial sites, Private lunch, Mulia Hotel
- Thursday: Golf at the Cengkareng Golf Club, depart for Melbourne

### Tours depart on the first Saturday of each month.

Cost: \$3,750 AUD Including economy class flights, golf fees, local transfers, accommodation at Shangri La Hotel and select meals.



For further information and to confirm your attendance, please contact Bill Craig on either 0427 873 230 or [w.craig@mckeownmarrs.com.au](mailto:w.craig@mckeownmarrs.com.au)

McKeown Marrs  
Level 27, 101 Collins St, Melbourne 3000 Australia  
[www.mckeownmarrs.com.au](http://www.mckeownmarrs.com.au)

**McKeown  
Marrs**

# CAULFIELD PARK SPORTS CLUB

**Kooyong Members are invited to an upcoming Open Day at Caulfield Park Sports Club from 1pm on Sunday the 16th of November.**

The Club incorporates Lawn Bowls, Croquet, Bridge, Petanque and recently added Small Sided Soccer and is situated in the beautiful parklands in the heart of Caulfield.

The bowls section celebrated its 90th Anniversary last October and is a fully licensed club. In 2013 the Caulfield Park Bowling Club amalgamated with the Alma Bowls Club and this saw the formation of the Caulfield Park Alma Bowls Club. The club has two all year around greens – a “tift” dwarf grass and a synthetic carpet.

Barefoot bowls is also probably the fastest growing part of lawn bowls. We cater for all ages and it has become very popular for social, private and corporate functions which also include BBQ's, a fully stocked bar with full kitchen facilities also available.

Croquet joined together with the Caulfield Park Bowling Club in 2007 to form the Caulfield Park Sports Club and is also played on a lawn using a mallet where balls are struck through a set of hoops. It is a recreational game but can also be played competitively.

Caulfield Park also features Petanque which is a form of boules where the goal is to throw a hollow metal ball as close as possible to a small wooden ball called a jack while standing inside a starting circle with both feet on the ground.

It is played on a hard dirt or gravel surface but can also be played on other surfaces. This sport is often associated with food and wine and we regularly hold social and competition games.

An \$8 per person charge will include all activities and afternoon tea and Kooyong Members will be able to discuss future opportunities at Caulfield Park.

Watch the notice boards or website closer to the date or call Ben Milgrom on 0409 259 564 for further details.



# New Restaurant Booking System

In view of improving member services, Kooyong has introduced a new electronic reservation system for the dining areas.

Already used by other high profile restaurants and venues, the resPAK system vis here to improve Kooyong's members dining experience, starting with a more effective reservation making process.

Shortly after making a reservation for one of our dinning rooms, an email will be automatically sent to you, acknowledging your reservation details. The day prior to your visit, a confirmation SMS will be sent to you confirming the booking. By simply responding "YES" or "Y", your reservation will be automatically confirmed. Should you need to make a change to your reservation, please contact Kooyong, where our staff will be happy to help you.

**So next time you make a reservation for the Bistro or the Racquet Club, please let us check and confirm your current mobile number and email address to ensure you get the best service.**



## IBG | Insurance Brokers

### Free Insurance Program Health Check for Kooyong Lawn Tennis Club Members

We can advise & arrange a broad range of general insurance including:

- Retail, Office & Business Packages
  - Construction & Warranty
  - Public & Products Liability
  - Home Building & Contents
    - Farm Packages
  - D&O & Professional Indemnity
    - Corporate Travel
- Industrial Risks; Marine Cargo, Freight & Hull Liability
- Private, Commercial & Fleet Motor

AFLS No. 32671

**Ronnie Schwarz** ANZIIF (Mem), GAICD, MBA,B.Com

Email: [ronnie@ibgroup.com.au](mailto:ronnie@ibgroup.com.au)

Phone (03) 9813 3633 [www.ibgroup.com.au](http://www.ibgroup.com.au)

## MONTHLY MEMBERSHIPS NEW IN 2014

VISIT THE POODLE  
UP TO 10 TIMES A MONTH\*  
\$199/MONTH



\* Standard blowaves only.  
Extras charges accordinally.

[www.thepoodle.com.au](http://www.thepoodle.com.au)

03 98 277 728

THE POODLE  
BLOW DRY BAR

# A FEW REMINDERS

**The Club Rules and Regulations outline opportunities for Members to enjoy the Club, but also detail requirements with respect to Member activities.**

The booking systems for tennis, squash and dining have been established to allow Members to secure opportunities. Members are asked to always advise if bookings need to be cancelled so opportunities can be extended to others.

A reminder is also made that all visitors must be signed in prior to play or accessing the clubhouse. In addition, the dress code applies for Members, but also guests and we ask that all guests are aware of and comply with the dress code.

The gymnasium is available for Members only. Visitors are not permitted at any time.

The swimming pool is also a Member only area, with the exception of the nominated times for parents to bring their children to join them in the pool including weekends and public holidays between 10am-12pm on. Parents must always be in the company of their children at these times and children are not permitted outside nominated times.

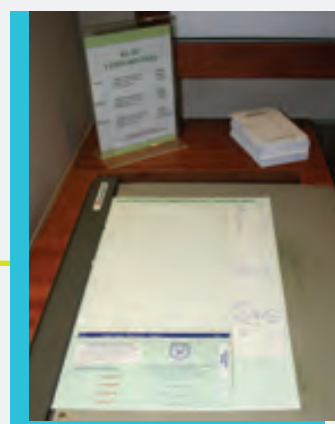
*The Club Rules and Regulations can be viewed on the website at [www.kooyong.com.au](http://www.kooyong.com.au) and it is important that Members understand and comply at all times as breaches may result in action or possible loss of privileges.*

## Visitors

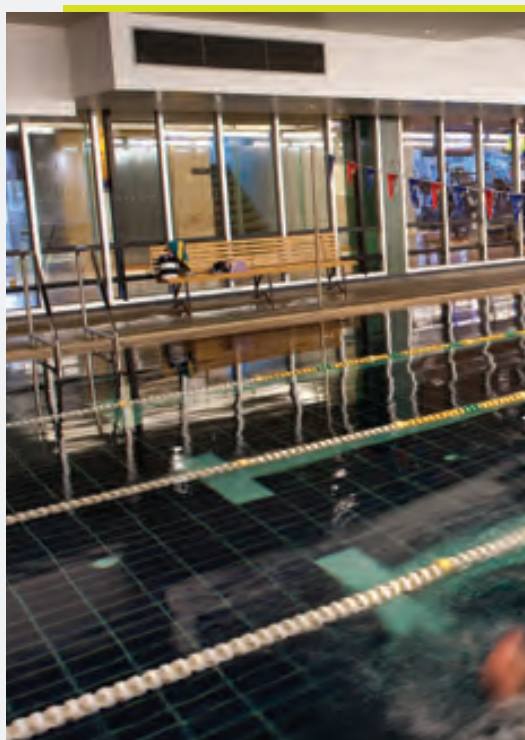
Members must sign in all guests on arrival at the clubhouse or prior to play and pay fees where applicable.

Visitor slip must be retained and presented if requested.

*Failure to sign in guests may result in removal from the courts.*



Visitors Sign In Area



## Swimming Pool

Member's children are permitted only at nominated times including 10am to 12pm on Saturdays, Sundays and Public Holidays and the Tuesday swim class of 4pm to 6pm.

## Dress Code

Dress code applies within the clubhouse and on the courts, and Members are responsible to ensure visitors comply at all times.



*Inappropriate Attire*

*Appropriate Attire*



*Inappropriate Attire*

*Appropriate Attire*

Full details of the dress code and other regulations are available on the club website at: [www.kooyong.com.au](http://www.kooyong.com.au) in the membership section.

## Court Bookings

Members are reminded about the rules surrounding court bookings for en tout cas courts at night and on Tuesday and Thursday mornings.

All members have the opportunity to book courts from 6pm to 10pm each night of the year while only Playing Members can book courts on Tuesday and Thursday mornings when the grass courts are closed.

Restricted Members are reminded that they are NOT allowed to play on the en tout cas courts at all during the day when the grass courts are closed.

### *The following arrangements for booking courts apply:*

- Bookings can be made online via the club website at [www.kooyong.com.au](http://www.kooyong.com.au) or at reception
- Bookings may be made up to one week in advance
- The times available for booking are:
  - 9am to 11am Tuesday and Thursday
  - 11am to 1pm Tuesday and Thursday
  - 6pm, 7pm, 8pm & 9pm Monday to Sunday night
- Members may only book for a maximum two hours at a time
- If a booked court is not used 15 minutes after the start of the booking time, the booking will be forfeited and the court reallocated
- A Member waiting for their playing partners to arrive cannot hold a court longer than 15 minutes from the start of their reserve time
- Tennis etiquette applies at all times

### Restricted Members

- Restricted Members cannot book en tout cas courts during the day when the grass courts are closed
- Restricted Members can only play during the day subject to the regulations applying to visitors when the grass courts are closed

Members are reminded that bookings need to be utilised and if bookings are repeatedly misused then the Member may have this privilege revoked.

## Men's Pennant News

# JUNIORS ON STEEP LEARNING CURVE

**With the Club fielding its youngest teams in history, especially at the top level, things were never going to be about wins and losses.**

The transition of our best young players into Grade 1 and the flow on effect has seen some ups and downs along the way but there's plenty to look forward to as our teams challenge the state's best players.

Injury and travel commitments haven't helped the situation as the Pennant schedule goes up against tournaments across Australia including the recent Junior ITF's in Queensland and players returning for a break from College tennis while others head to the warmth of a European summer.

All of this aside, our Grade 1 sides have battled manfully and players like Dexter Bonet, Ned Whittaker, Daniel Nickels, Mike Vaughan, David Hough, Richard Yang, Michael Commings, Simo Rikalo and Caleb Boland will only be better for the experience next year.

The flow on effect has had a big impact on Lewis Karapanos' Grade 2 side but the ability to get matches under the belt of Todd Millington, Josh Baker, Jeremy Taylor, Connor Di Marco, Greg Polmans, Codey Gunn, Andres Urrego-Varon and Josiah Roach will hopefully fast track their development as well. In Grade 3, Peter Ikosidekas' team is in a race to finish in the top two with Connor Di Marco's team but things are getting tight at the top and both need a win or two in the final few rounds to consolidate their positions in the top four.

The Club's three Grade 5 teams are all on the hunt for a finals berth with Dean Seeley's team just outside the top four with three rounds remaining while Bryce Mitchelson's team is sitting just inside the top four and looking likely to play finals again. Harrison Young's Grade 5 team as been firmly entrenched in the top three all season and should be capable of a good run in the finals with their full side on the court.

In Grade 7, the Club's juniors are getting plenty of experience at senior level and

seem to be enjoying the challenge while our Grade 9 side is just outside the top four and could force their way in by season's end.

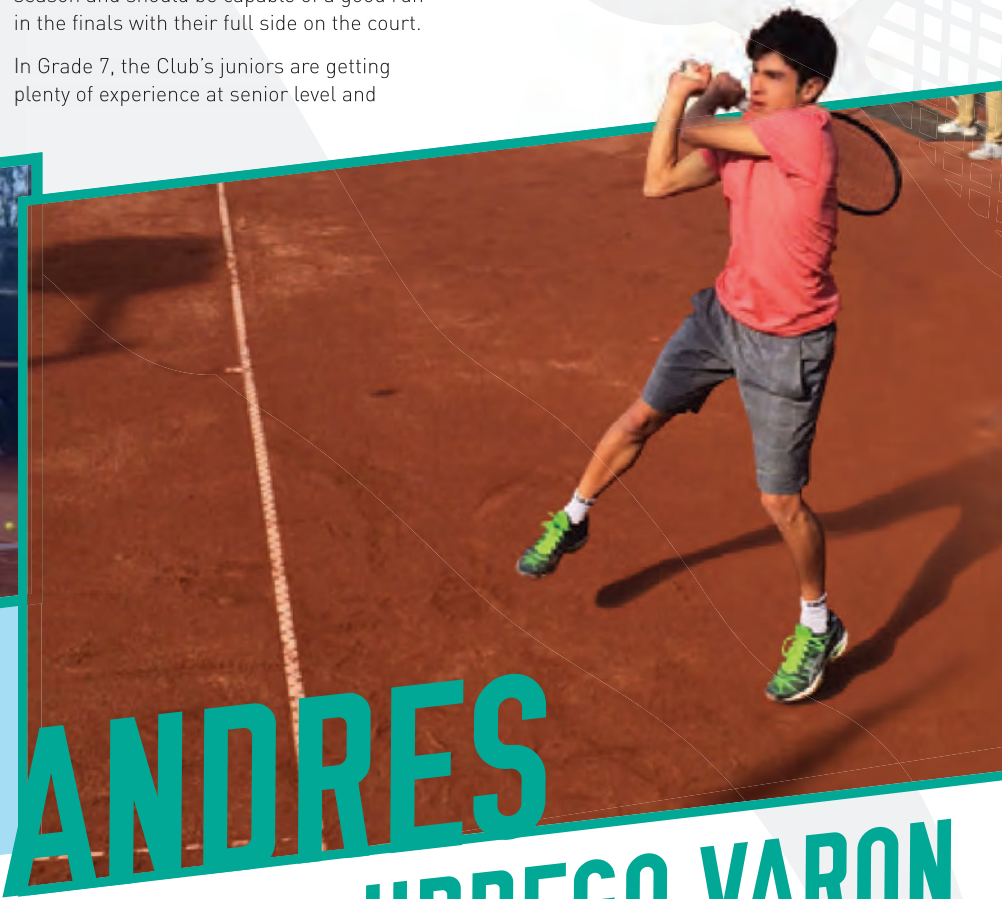
Lachlan McAndrew's team of juniors in Grade 10 are having a strong start to their Pennant careers as they sit in third spot and don't look like dropping below that spot before finals.

In the Men's Open Doubles Grade 1, Chris Straford has again put his side in a perfect position as they go for a fourth premiership on the trot while Ric Mitchell's team are currently in third spot on percentage and might sneak into the semi final.

Our Masters 50+ teams A Grade teams also look likely to play finals with Graeme Heath's team sitting just one point off top spot while Gordon Hammet's team is looking like finishing in fourth spot with three rounds to go.

Josiah Roach and Jeremy Taylor are headed for the finals in Grade 3

WE WISH ALL OUR TEAMS THE BEST OF LUCK OVER THE LAST FEW ROUNDS AND INTO THE FINALS!



# ANDRES URREGO VARON

## Women's Pennant News

# TEAMS FIGHTING FOR FINALS SPOTS

**There's plenty to like about the season from our women's Pennant teams with plenty of experience gained by our younger players through to our most experienced teams continuing to show the way**

Kate Antosik's Grade 1 side is sitting in top spot and look to be in a strong position to win back the Grade 1 flag they won a few seasons back but they will face some strong opposition from teams like Grace Park and Delahey Rec as well as Alana Parnaby's Grade 1 team.

Alana's team has been sitting in either the top spot or second spot in their section for the last few rounds and would love nothing more than to knock off the older and more experienced Kooyong team if they get the chance. Finishing in second spot would make it likely that a match between the two would occur in the Grade 1 semi final in the second week of finals as long as both beat their first round opponents.

It would be a great match to watch and both teams would be hoping for the opportunity to get one up at some stage.

The Club's third Grade 1 team, captained by Stephanie Serafidis, has been on a great learning curve with plenty of tough tennis coming their way after impressively winning Grade 2 last season. They currently sit in sixth spot on the ladder in the tougher of the two sections so they've definitely warmed to the challenge and will only benefit from the experience moving towards next year.

In Grade 2, Kate Francis' team is again looking likely to feature in finals with a semi final against a strong Geelong side nearly guaranteed. This side has so much finals experience that they will be extremely confident going into any match played over six rubbers and could put plenty of pressure on their opponents with the doubles being played first in this year's finals series. Cindy Tamber's Grade 2 team have been up and down throughout the season but they sit just four points outside the top four with three rounds to play.

Every match from here is crucial to keep their season alive.

Melanie Kempson's young Grade 2 team has battled all season long in a tough section and they have shown they are extremely competitive at this level. The younger girls in the side continue to develop and learn from playing against some much older and more experienced teams and will be stronger with this season under their belts.

Jade Sheary's Grade 3 team has been a real surprise packet this season as they've taken all before them to sit in second spot on the ladder. The team featuring rising stars Sophia Storch and Serena Wang as well as Renee Sheary, Jade Sheary and Bridget Laird has lost just the two matches to Doveton and look like a real challenger.

The Club's Grade 4 team captained by Zoe Potter has been continuing their development as most of the girls step out of the junior teams and into senior tennis. They've had some great matches throughout the season and continue to improve as the season goes on.

Angela Woodruff's Grade 6 team sits in fifth spot on the ladder with just three rounds to go in the trial of the shorter season in this grade.

**GOOD LUCK TO ALL  
OUR TEAMS FOR THE  
REMAINDER OF THE YEAR!**



# ANNABELLE ANDRINOPOULOS

# JUNIOR COMPETITION NEWS

**The February to June season of the Bayside Regional Tennis Association's Junior Competition was again a huge success especially with the Club winning back to back Sunday Section 1 flags from an all Kooyong final.**

The February to June season of the Bayside Regional Tennis Association's Junior Competition was again a huge success especially with the Club winning back to back Sunday Section 1 flags from an all Kooyong final.

With 13 of the Club's 19 teams finishing in fifth spot or better, the Club's junior players have benefitted from some tough competition in the past six months. On Saturday mornings it was Gemma Rayment's team that finished third in a six team section which meant they just missed out on a grand final berth.

In Section 2, Lachlan Main's team of Aidan Gall, Max Smyth, Thomas Langford, Lachlan Main and Jack Ganly had a fantastic season culminating in a grand final appearance after they finished second on the ladder. Olivia Douglas' team also had a great season to finish in fourth spot on the ladder in the same section.

On Sunday morning Kooyong's three Section 1 teams were all highly competitive with Kooyong 1 and Kooyong 2 finishing on top of

the ladder while Sebastian Tabain's Kooyong 3 finished just outside the top four. James Goller's Kooyong 1 team of Thomas Graham, Thomas Meysztowicz, Nick Pullen, Ryan Kara, James Goller, Stephanie Hird and Saul Jayes made it through to the grand final where they played Jack Geason's Kooyong 2 team of John Amato, Lachlan McAndrew, Jack Geason, Charlie Geason, Max Potter and Harry Gell. Both teams had a great season but it was Jack's team that came out on top in the grand final to make it three flags in three seasons for the boys covering Sections 1, 2 and 3.

In Section 3, the Club also had three teams with Kris Hyde's team making the semi finals before bowing out to eventual runner up Parkdale while Alex Savage's team finished off the season well to get into fifth place on the ladder and James McNab's team ended the season in eighth place. Gabriel Lennon's Section 6 team finished a very competitive season in eighth place.

In Section 8, the Club's two sides finished in second and third and had to battle it out in a semi final and it was Isabella Lucas' team of Tania Szwarcberg, Jessica Pila, Rebecca Pierri, Isabella Lucas and

Lucy Slobom that won out against Matthew Tingate's team and make the grand final where they eventually lost to Mordialloc. The Club also had two sides playing in Section 9 and it was Angus Cosgriff's team that made it all the way to the grand final after finishing in third spot on the ladder but they lost a close battle with Le Page while Phillippa Dicks' team finished in seventh spot.

In Section 10, Anthony James' team finished in fifth spot just 1.5 points outside the top four while Will Dixon's Section 12 team finished in sixth position.

Josh Palazzo's Section 14 team of Leo Fetter, Josh Palazzo, Jonathon Kinsella, Benjamin Cawthorn-Breheny, Oskar Sari, Matthew Sweetnam, Luca Cawthorn-Breheny and Tom Palazzo had a fantastic season and after upsetting the top side in the semi final they continued on to win the flag by defeating Mordialloc in the grand final.

In Section 15, Monty Farmer's team finished a very respectable fifth while Findlay Wraith-Bell's Section 18 team finished in sixth spot in their first season of competition.

**Congratulations to all the kids and parents involved in our teams for the past season and we look forward to a successful July to December season!**



# PENNANT PROFILES



**Grade:** 2

**ATP/WTB Ranking:** 341

**Play L/H or R/H:** Right handed

**Tennis Achievements:** 2013 State Team, Quarter Finals  
Spring Nationals, Quarter Finals Clay Court Nationals

## ➤ Most admired sportsperson/why?

Rafael Nadal because of his professionalism and work ethic.

## ➤ Greatest influence on tennis career/why?

My parents – for all the running around they do to get me to training and tournaments.

## ➤ Greatest sporting moment witnessed?

Adam Scott winning the 2013 US Masters.

## ➤ What goals have you set for yourself in tennis?

To one day play in a Grand Slam event.

## ➤ What do you enjoy most about pennant tennis?

The great atmosphere and competitive nature of the competition.

## ➤ If you weren't a tennis player what would you be?

A football player or a professional golfer.

## ➤ What do you do outside tennis?

I play school football for St Kevin's and I also swim for the school. I also play golf on Sunday mornings.

## ➤ How much time do you spend developing your tennis each week?

5 hitting sessions which go for about an hour and a half and 2 conditioning sessions.

## ➤ Sacrifices required to play tennis at a high level?

I have limited spare time to catch up with family and friends.



**Grade:** Premier League

**ATP/WTB Ranking:** 58

**Play L/H or R/H:** Right handed

**Tennis Achievements:** 2014 Victoria Junior State Champion U16's,  
3 Time Victorian Pizzey Cup Player, 3 Time All Australian Team  
Member, Winner Cobram Lawn Tennis Gold AMT, Winner Glenorchy  
Open AMT, Finalist Darwin AMT, Playing Australian Open  
Junior Doubles 2014.

## ➤ Most admired sportsperson/why?

My most admired sports person would be Maria Sharapova. Growing up watching her play at her best through ups and downs inspired me to train hard and work so that one day I can compete at that level.

## ➤ Greatest influence on tennis career/why?

My older sister played tennis at a high level and my parents have always encouraged me to achieve my best and I receive great encouragement and support from my coach and strength team in Sydney. It all influences and helps drive me

## ➤ Greatest sporting moment witnessed?

I was lucky enough to have the privilege to sit courtside at the Australian Open and watch Serena Williams play.

## ➤ What goals have you set for yourself in tennis?

Have a top 5 Australian ranking and play all 4 major Grand Slam events.

## ➤ What do you enjoy most about pennant tennis?

Playing a high level of competition in a team environment. Representing the Club and competing against other players you might not always play against.

## ➤ If you weren't a tennis player what would you be?

I love playing all sports but really enjoyed netball and horse riding before committing full time to tennis.

## ➤ What do you do outside tennis?

Hang out with friends and my boyfriend. I am doing 2 VCE Subjects this year so spend a lot of time studying. I enjoy shopping when I get the chance and love family holidays.

## ➤ How much time do you spend developing your tennis each week?

Approximately 22 hours a week including fitness and strength and conditioning.

## ➤ Sacrifices required to play tennis at a high level?

Going to parties with friends, late nights, cakes and chocolate and not hanging out with my sister as much as I would like to.

# Midweek Ladies Report

## The Club's Midweek Ladies Competition teams have recently had plenty of success with three flags won across both the Bayside and Waverley Association finals

The Club's Midweek Ladies Competition teams have recently had plenty of success with three flags won across both the Bayside and Waverley Association finals.

On Tuesday mornings, Jacqui Abbott's Section 1 team finished the season in fourth position on the ladder in the Bayside Regional Tennis Association competition.

Also in Bayside but on Wednesday mornings, Linda Dohnt's Section 1 team finished in fourth spot while Di Synnott's Section 2 team finished in fifth in their first season together.

Detje Marcel's Section 3 team of Jennie McInerney, Helen McKinnon, Nerissa McLean, Katie O'Callaghan, Caroline Wright, Kerri Judd and Caroline Heinze were also in their first season and finished on top of the ladder without dropping a match and went on to win the flag and have now moved up into Section 2.

On Thursday mornings, Jo O'Donoghue's Section A team finished the season in fourth spot on the ladder while Hiromi Bun's Section 1 team finished in fifth spot.

Also in Section 1, Sue Lester's team of Anne Saville, Danni Whiteley, Anne Forbes, Mel Butler, Anne Kaiser and Jenny McKay finished the season in second spot but in the grand final against East Malvern they came out on top. In the Waverley & District Thursday morning competition, Gill Gleeson's A Reserve 2 team finished the season in fifth position.

Jan MacLeod's B Special 1 team of Nancy Bassett, Mardi Andrew, Jane Galbraith, Wendy Johnson, Jayne Pitard and Mandy Lugg finished in third spot on the ladder and won their way through to the grand final where they played Heatherdale and had a great win to top off their season.

In Tuesday morning's MEMRLTA competition, with just a few rounds to go, a few of the

Club's teams are looking like playing finals.

In A1, Sue Tyers side is currently in ninth spot on the ladder while Bridget Laird's team in the same section is just outside the top and could sneak into a finals spot.

Moiria Righetti's A3 team is currently in second spot on the ladder and will be looking forward to playing finals.



Detje Marcel's victorious Wednesday Bayside Section 3 team

***Congratulations to our recent winners and good luck to our teams about to embark on a finals series!***



Sue Lester's Thursday Section 1 winners



Jan MacLeod's winning B Special 1 team

**SAVE  
THE DATE!**

# THE KOOYONG CHILDREN'S CHRISTMAS PARTY

**Special Guest -**  
Magician Luigi Zucchini,  
fantastic raffle prizes,  
party food and a special  
visit from Santa

**Sunday the 23rd November**  
10am to 12pm in the Kooyong  
room at the club

Guests and non-members welcome

Tickets released early october  
for purchase. Look out for  
posters around the club.



**CRÉCHE  
NEWS**

Proudly hosted by the  
KLTC Creche Committee.  
Enquires to Rachael Ralph  
Mobile 0407209911





## GYM EQUIPMENT

The Club has continued to upgrade the gym equipment and recently replaced all treadmills in the cardio area. The Life Fitness 95T Engage units installed match the upright and recumbent exercise bikes and cross trainers that have proven very popular since they were installed last year. The new cardio equipment provides Members with both improved operation and also the added features including work out programs, in-unit television and radio to enjoy during workout sessions.

## The Pro Shop

KLTC Merchandise, New Kooyong Winter range! Latest Winter tennis fashion (Lacoste, K-Swiss, Head, Wilson), gym attire (2XU Running Bare, Open To Play), racquets & racquet bags. Gift vouchers available also. Gift vouchers available also.

**SPECIAL**



### WIMBLEDON BABOLAT GRASS COURT SHOES

Now available on pre-order for June 2015

- come in and see us to make sure you don't miss out.

### BRAND NEW RANGE OF **HEAD, WILSON, BABOLAT** AND **VOLKL** RACQUETS

Use our demo programme to trial a large range of racquets so our Qualified Staff can help select a racquet to best suit your game.

**SPECIAL**

**Was \$319**



**Now \$249!**

Volkl Organix 2, Suitable for the player who is after more power and easy on the arm. Limited stock only!

### RESTRINGING - **24 HOUR TURNOVER**

On site service with the most up to date technology

#### Enquiries:

Phone – 9038 7141 Email – [proshop@kooyongltc.asn.au](mailto:proshop@kooyongltc.asn.au)

#### Hours of business:

**Monday to Thursday** 9.00am to 7.00pm, **Friday** 9.00am to 5.00pm,  
**Saturday** 10.00am to 4.00pm, **Sunday** 10.00am to 2.00pm

# KOOYONG

## International Tennis Academy

### *IN THIS ISSUE, I WOULD REALLY LIKE TO RECOGNISE THE QUALITY OF THE COACHES THAT WE HAVE AT OUR KOOYONG ACADEMY.*

When adding up the number of years coaching accrued between all the coaches there is over 300 years of experience and knowledge, which is quite amazing. The knowledge, experience and backgrounds are all so diverse having Italian, American, Polish and South African influences. Without a doubt the quality of coaches as a group and individuals is as good as can be found anywhere in Australia.

We currently have four Tennis Australia qualified Elite level, nine level 2 and four level 1 coaches, who are able to look after any of your needs no matter what the age or ability.

It's good to see how many more mature players are coming and getting some coaching, we even have players in their 80's who I admire greatly, trying to keep their feet moving and improving their game, which is a great effort.

Over the past two terms we have introduced some "hit and play" classes, which have been really popular with the ladies. These classes are about doing a lot of hitting, point and match play with game analysis. We will be promoting these sessions for adult males this term during the afternoon for those who are interested in doing a lot of hitting and game play, as well as getting to know some other men. This is for all ages and standards.

At the other end of the scale, we've had 2 of our young Kooyong Foundation Squad players travelling overseas recently. Codey Gunn is representing Australia again in a European tour for 6 weeks while Jeremy Taylor went away privately and we hope these boys did well and no

doubt they learnt a lot from those valuable experiences.

During this coming term we will also be introducing a Tournament Performance Development program. This program is internationally recognised and targets tournament performance complementing the player's private coach and tennis pathway. It will be delivered by Glenn Busby and Doug Hill, who have over 70 years of coaching and playing experience between them.

This is for players aged 13-17 who have the desire and passion and want to put in place 'professional foundations', thus securing the opportunity to take their game to "world best" standards and heighten personal performances on the tournament stage. Based on the progressiveness and individuality of players, successful programs around the world allow the athlete to express their character and build a game around the inner person.

**Glenn Busby**  
Director



Please look at the website  
[www.kooyongtennisacademy.com.au](http://www.kooyongtennisacademy.com.au)  
for all our programs or call Shane in the  
Proshop on 98246860 for all enquires



[www.kooyongtennisacademy.com.au](http://www.kooyongtennisacademy.com.au)

# Pennant **News**

**The Autumn Pennant extended into winter with the finals played in June.**

As is tradition, Kooyong hosted the A1 A2 and B2 Grand Finals on the 1st Monday in June. Attendance and atmosphere for the top teams playing in Club Circuit is a highlight of the pennant season.

In A1, unfortunately we lost the Semi Final to RACV and were unable to defend our crown. Captain Chris Harris is working on a strategy to win back the Club Circuit Blue Ribbon prize. Can he do it?

We had a great win in the A2 semi final to give us home ground advantage in the Grand Final but they came up short when the chips were down. The team is in training for an assault on the Spring Pennant Blue Flag.

In B1, we had a great win in the Semi Final and the final was played at the RACV Club. Our players unfortunately couldn't adjust to the bouncy RACV courts.

Our B3 team, with captain James Kerner leading the way, went straight into the grand Final to play Bentleigh. The Bluey was done and dusted, that is until the team's number 2 player, Rob Wickham, undefeated for the season, could not convince his hierarchy that he needed to be in Melbourne for grand final week and not the USA for meetings. With Rob not available, who could the team call on, unknown Grant Lubofsky, a young lawyer who had played a few games in C grade.

Nothing great but who else was there? No one.

When Grant won two unexpected games in the grand final the scene was set for a possible win. The match went down to the wire with Captain Courageous

James Kerner winning the last rubber and securing a great win for our B3 team. The winning team was James Kerner, Chris Morgan, John Piccolo and Grant Lubofsky.

In C2 it was a Kooyong vs Kooyong grand final and Brien Shipton's team finished well on top to go straight into the grand final while Gavin Zeitz's team won the semi final giving them the chance to challenge for the C2 Blue flag. The final went down to the wire with the number ones Gavin Zeitz and Alex Warhurst, having a fantastic match. Gavin hung on to win giving the underdogs a great win. The winning team was Gavin Zeitz, Carlos D Silva, Zane Haupt and Nathan Feldman backed up by Graeme Hubbard and Wendy Pattendon.

We dubbed the C3 team 'the Never Give Up team' after finishing in third position and therefore needing to win the semi final for a crack at the final. The team included a 15 year old, a 17 year old, a 65 year old and a 70 year old. What a mix! The semi final was played at the Veneto Club against our arch rivals from the Furlan Club.

On the day of the semi final, number one player Jeremy Tran pulled out and an organised replacement pulled out just before game time. A walkover was looking likely but in true Kooyong spirit our late replacement players rallied for a fantastic semi final win. Bring on the grand final!

Tate Norris, 15 years old, and Jeremy Tran, 17 years old, came to play and never dropped a game in the final, a great win was recorded after nearly giving a walkover in the semi. The winning team was Jeremy Tran, Tate Norris, Anthony Langford and Mark Deangelis who were assisted in the semi finals by Colin Cruickshank, Eammon Hamilton and Peter (Dicko) Dixon.

A memorable Autumn season with three Blue Flags.

**We can do better and the team captains are already rallying their players for a promising Spring Season.**



**ABOVE:**

# THE VICTORIAN OPEN

**A surprise turnaround in our State title, having won the title last year and the Kooyong International, it was thought that former world number 1 and Kooyong International winner for the past two years Rachael Grinham would run away with the Victorian Open.**

Kooyong International runner up Donna Urquhart had other ideas and ran out an easy winner in three straight sets over Rachael. The crowd was rather dumbfounded by the straight sets win by Donna. Donna knocked out Kooyong's Sara Cardwell in the quarters and then in the semi sent Delia Arnold of Malaysia packing to set up the final against Rachael.

The men's title was a replay of the Kooyong international with the four seeds at Kooyong playing off for a birth in the Victorian State final. Max Lee accounted for his Hong Kong playing partner Leo Au in straight sets while Malaysia's Wan Adnan again proved too strong for New Zealand's Martin Knight winning in four sets. The final between Max and Wan was an almost identical Kooyong playoff

with Max proving too strong in three straight sets.

This is the first Victorian title for both Donna and Max and we may see them at Kooyong again next year. Donna has unfinished business at Kooyong and Max wants to defend his Kooyong title.

From Kooyong, Selena Shaikh, Victoria Leow, Christine Nunn and Sam Ejtemai all made it through to the main draw. All of the players above are recognised as world ranked players and still in their teens or early twenties and they are all are training/playing hard to improve their world ranking.

**Maybe next year one of our Kooyong players will be in the final mix so stay tuned.**



**RIGHT: DONNA URQUHART IN ACTION ON COURT**

# BILLIARDS AND SNOOKER

— by Alistair Macindoe —



## Charlie Chafe Runs Hot in 2014

Kooyong's Charlie Chafe has had an impressive few months in the world of snooker, winning several Under 21 tournaments, and featuring prominently in two other open championships. He stormed to a 6-1 victory over Queensland's Kurt Brown in the final of the 2014 Oceania Under 21 Snooker Championship at the Commercial Club, Albury on March 31st. Charlie's play throughout the tournament was of the highest standard, as he swept through the round robin section without losing a frame, and then recorded victories of 4-0, 5-3, and 6-1 in the knock-out section against a very strong field. Charlie's breaks during the tournament were 106, 104, 75, 73, 62, 61, 54, 52, 48, 47, 47, 44, 42, 39, and 36.

In the Oceania Men's Snooker Championship (open to all ages) he was again very impressive, losing 6-2 in the Final to Victoria's Steve Mifsud. Charlie made breaks of 69, 69, 68, 63, 56, 56, 55, 54, 50, 45, and 43 during the tournament.

Charlie also captained Australia's Under 21 snooker team to a 9-3 victory over New Zealand in the associated Trans-Tasman Test. With the Oceania success following his victory in the 2013 Australian Under 21 Snooker Championship, Charlie has emphatically confirmed his status as the #1 junior snooker player in Australia and Oceania. Then he reached the last 32 of the IBSF World Under 21 in the United Arab Emirates. He made breaks of 100, 94, 89 and 66. Charlie followed this up by winning the Australian Under 21 Snooker Championship at the Brunswick Club. In the Final he defeated Victoria's Ryan Thomerson 6-2. Charlie made breaks of 76, 63, 60, 58, 58, 52, 51, 47, 46, 46, and 45 during the tournament.

Finally, in the 2014 Victorian Snooker Championship held during July, Charlie lost his semi-final match 5-2 to the eventual champion Aaron Mahoney. Charlie made breaks of 71, 73, 53, and 83 during the tournament.

- Alistair Macindoe.

## KLTC Bridge Club

**The Jim Borin Trophy is the Bridge Club's premier event, with competition being held over three Tuesday evenings each May.**

This year the winners were Leeron & Alfred Branicki, who secured a commanding lead in the first session and were never headed. Tied in second place were Eileen Ragg & Anthea Gedge and Rosemary & Rob Nurse. 20 graduates from the beginner class held earlier in the year continued on to supervised sessions under the guidance of former New Zealand representative Stephen Lester in preparation for moving on to regular duplicate bridge sessions later in the year. In June and July, KLTC hosted visits by RACV, RSY and MCC for friendly competition with our closest counterpart clubs.





# MASQUERADE BALL

*RSY young members in conjunction with  
KLTC young members cordially invite you to attend the*

## 2014 YARRAYONG BALL MASQUERADE

**Saturday 16 August**

7pm til Midnight

Como Room, Royal South Yarra Lawn Tennis Club

\$75 for members, \$85 for non-members

Purchase tickets at [www.trybooking.com/ffoh](http://www.trybooking.com/ffoh)

Beer, wine, sparkling and canapes included

Cocktail attire with mask

**Royal South Yarra Lawn Tennis Club**

310 Williams Rd Toorak VIC 3142



FUNCTIONS & EVENTS

# Keep Off The Grass... Not Likely!

The Social Committee held their Mixed Doubles Round Robin on Sunday the 18th of May. With 64 players on 12 courts we were probably the last group fortunate to play on the grass before closure for winter and maintenance commenced for the following season.

Back up in the Sir Norman Brooks Room afterwards, players and guests enjoyed food and drinks and presentations to the winners were made. Congratulations to Danielle and Bruce Suttor who took home the prize for the Winning Double and to Hiromi Bum for Best Female player. Bruce also won the Best Male player. Thanks to the KLTC functions staff and catering. The food and service was exemplary and helped to 'top off' what was a most enjoyable afternoon.

In April members of KLTC and RSYLTC got together for the annual inter club Social Tennis Cup. This year held on the grass courts at Royal South Yarra. Kooyong have been more than competitive these past 3 years but congratulations to RSY who again won the Cup.

**Frankie Katz** recalled that, 'a fierce battle was fought by John Wrigley, Derrick Wildi, Cathy Brice and I. We were fortunate to win 5 of the 6 sets played on our court. Looking forward to the challenge next year and hopefully the trophy will make its way back to KLTC.'

**Jenny Silvers** reflected that 'our group had a great day playing against RSY. Old friends who hadn't seen each other for a number of years found themselves playing against each other. Each change of ends found them catching up with each other's news. Unfortunately for the Kooyong team of Doug Harnick, Danielle and Bruce Suttor and I, the RSY team played much better and were the overall winners on the day.'

**Tanya Fryc** thought that the afternoon was, 'Great tennis, great company and fabulous weather! Who could ask for more? Perhaps a win! Our team got that too on this occasion. See you next year RSY. Looking forward to it!'

My sincere appreciation and thanks go to Jarrad Wright, RSYLTC Sports Director for his skill and expertise in organising the event. Our thanks also to the Members of RSY who were so accommodating, skilful and gracious. We had a great time at the after party and look forward to reciprocating in 2015.

We will be back on the courts in October for the JJ Memorial Mixed Doubles Round Robin but we hope to see you before at our Carnival Masquerade Black Tie Dinner Dance on Saturday 30th August. Please join us for an alluring night of masked glamour, dinner and dancing.

Cindi Damian  
President



Winners are Grinners: Congratulations to Danielle and Bruce Suttor the Mixed Doubles Winners and Hiromi Bum, Best Female Score enjoying her prize with Amy Smith. Bruce also took out Best Male Score.



L to R: Julie Brownell, Paula Francis, Colin Dowzer, Kathy Cameron and Patrick Burroughs enjoy a drink or two post match.



After party: RSYLTC and KLTC Members mixing it up at RSY in the Sir Norman Brooks Room. Congratulating RSY Member Jock Holland on another great win.



# Royal Children's Hospital Auxiliary

Over the past six months the Royal Children's Hospital Auxiliary has held two very successful events with the great support of our many friends at Kooyong.

Our March 3rd Ladies Doubles Tournament had a full complement of players with 306 in total.

The weather was brilliant, the lunch provided by our great chef, Chris Goulding, was very popular and together with our raffle of 12 prizes, all donated by our Committee, we raised the sum of \$1480 which resulted in an overall profit of \$12,000.

My congratulations to Lyn, Joan and Ann Marie for their great organisation of a very enjoyable day for all our guests and to all my Committee for their great assistance on the day. A special 'thank you' to our good friend, Freda, who always assists us on this busy day.

The **Royal Children's**  
**Hospital** Melbourne



Ladies  
Doubles Grass  
Tournament

**306**  
players

Overall Profit,  
including raffle  
**\$12,000**



A month later in April, for our first Card Day for the year, we were fully booked out again with more than 32 tables in play.

A delicious lunch was again beautifully presented, our raffle was very successful and our wonderful supporter, Phyllis George, as always supplied a well stocked stall of goodies netting a great sum of \$600.

Well done Phyllis! We would be lost without you.

Our total profit on this day was \$2,750 including some very generous donations from good friends.

To commence the second half of 2014 we have just held our annual 'Christmas in July' luncheon on the 13th of July which is always a very happy day.

Total Card Day Profit  
**\$2750**



Dates for the  
Diary 2014:



- **Monday 15th September**  
– Card Day in the Kooyong Room
- **Friday 10th October**  
– Trivia Night

For further information regarding ticket secretaries for the above events please consult the noticeboards in the Clubhouse.

Looking forward to a very busy year with all our Kooyong Members and that friends joining with us in fundraising for the hospital.

Marie Devereux  
President

# Wine & FOOD SOCIETY

## One Chef, Three Sommeliers

Friday 18 July

This special event was truly superb from start to finish. The theme 'One Chef - Three Sommeliers' was passionately embraced by everyone. The Kooyong Room was an impressive sight with tables and chairs covered in black; centrepieces of large silver KLTC trophies; candles and seven shining glasses for each person, filled with wine of different varieties...the colour and aromas were enticing!



Members and guests enjoyed delicious canapés followed by an amazing 4-course menu with matching wines. Chris Goulding and his team presented an incredible culinary display of quality, presentation and creativity. A copy of the menu is included to tantalize your taste buds. The food was exceptional, perfectly matched by the stunning wines and the Kooyong team provided exemplary service throughout the night!

Guests were privileged to enjoy a variety of wines chosen by the three sommeliers: Christian Maier from the RACV Club, Tim Feistl from The Australian Club and our own very talented sommelier, Patrice Renaudin. Each of the three highly qualified sommeliers shared their immense knowledge, personal experience and wisdom during the night, which was very informative and entertaining.

In planning, the menu created by Chris Goulding was shared with all sommeliers, who each chose a different wine they felt best matched the courses. A wide range of wine styles and grape varieties were enjoyed from Tasmania, McLaren Vale and Clare Valley in Australia; France; Italy;



Austria and Portugal. At the end of the night, guests were asked to score the best food and wine match as well as their favourite wine of the night. It was an impressive and memorable function, thoroughly enjoyed by everyone.

Many thanks to the Kooyong team for their passion, commitment, creativity and energy to ensure the success of this special event. Congratulations to all concerned! Apologies to members who were unable to join us, as fully booked with a waitlist. Due to an exceptional early response, maximum capacity was quickly allocated. Our Wine & Food Society events are attracting great interest - to avoid disappointment, please ensure you reply early.



## Future 2014 Events

### Thursday 9 October

Il Duca Ristorante, East Melbourne

### Thursday 27 November

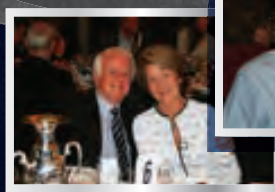
Christmas Function & Winemaker Dinner - KLTC Racquet Club

### Thursday 4 December

Due to Demand, Christmas Function will be held over two consecutive weeks

*We look forward to welcoming you to our future events with fellow members, guests and friends.*

Christine Johnson  
President



## Canapés

Hot smoked trout, leek and tarragon frittata topped with dressed watercress

Zucchini and mint arancini with a soft centre of goats curd

*2011 Abel's Tempest by Heemskerk, Chardonnay / Pinot Noir, Tasmania - Australia*

## Entree

Hand made ravioli filled with blue swimmer crab and King salmon served with rich crab bisque, spaghetti of vegetables and wild cresses

*2013 S.C. Pannel Rose Nebbiolo, McLaren Vale, S.A. - Australia*

*2009 Mitchell Semillon, Clare Valley, S.A. - Australia*

*2012 Domaine Zind-humbrecht Pinot Blanc, Alsace -France*

## Middle Course

Wood grilled octopus and king prawn salad with white beans, celery heart, capers and Sicilian olive oil

*2011 La Spinetta Toscana Vermentino, Tuscany - Italy*

## Main Course

Seared magret duck breast with Confit leg in brik pastry, parsnip purée, sautéed black cabbage and pickled sour cherries

*2012 Pittnauer 'pitti' Zweigelt-Blaufränkisch blend, Burgenland - Austria*

*2011 Domaine de la Renjarde Cotes du Rhone Villages ' Massif d'Uchaux' Grenache Blend,*

*Cotes du Rhone - France*

*2012 Castello di Fonterutoli, Poggio alla Badiola Sangiovese IGT, Tuscany -Italy*

## Side dishes

Steamed greens with toasted almond & sesame butter

Roasted baby Kipfler potatoes with cherry tomatoes, red onion and fresh thyme

## Dessert

Double chocolate and peanut butter terrine with salted caramel ice cream and chocolate sauce

*N.V Ramos Pinto 'Lagrima' Vinho Porto White Port, Douro Valley - Portugal*

# Health Club NEWS

It is inspiring to see an increase in members working hard to achieve their strength & weight loss goals at Kooyong Health Club. There is a vibrant uplifting energy within the gym. New Trainers are bringing a passionate dedication and assisting members in attaining long term results.

Members interested in weight loss, strength and conditioning, injury rehabilitation, general fitness, or personal training Contact Health Club Manager Michael Kull on 0419 003 762 / 9822 3333



PETRINA DA GAMA

Hi I am Petrina, a Personal Trainer that loves to encourage, motivate and mentor clients towards achieving there health and fitness goals. I am certified in boxing and crankit suspension. I enjoy seeing the smiles on client's faces when they say I have muscles I thought I never had.

***"It's moments like these that make me so proud to be a Personal Trainer"***



CLIVE POERWANTORO

Taking those first steps towards a healthier you can be overwhelming and daunting. Daily excuses get in the way of taking those first steps and I can especially relate to this daily battle. My name is Clive and having enjoyed life a little too much, I ballooned out to 105kgs until one day I stopped making excuses and took those first steps towards the person I am today. Energetic, healthy and above all else, loving life. Let me help you take those first steps towards a healthier you. Incorporating weight, suspension, boxing and cardio training into my sessions, I will tailor a fun and challenging plan to help you achieve your fitness goals.

***"Don't let another day pass you by, take that first step today!!"***



DAVE HADDEN

Hi my name is David Hadden; I'm a qualified sports/massage therapist and personal trainer. I've always been fascinated how the human body works, how it can change through training and how injury can affect its functionality. I believe recovery is a vital part of training as it can help transform your body and also reduce the risk of injury, whether it is eating certain foods after a workout to promote muscle growth, stretching or even massage to help increase blood flow and nutrients to the affected areas. I enjoy challenging my clients in an intense, but enjoyable environment and try to cater a session around their sporting and physical goals. I'm a lover of all sports and have been an avid tennis player for as long as I can remember, as a junior I was selected to represent Waverley in several association tournaments and have had an Australian ranking. My personal goals include: increasing my Australian ranking in tennis and beating Roger Federer (even if its just one point).

***"Play like you're first, train like you're second"***



NATALIE EADES

Hi my name is Tali, and I'm a new Personal Trainer in the gym at Kooyong Lawn Tennis Club. I have always loved sport and fitness, and have a background in coaching and playing hockey, tennis and rowing. Through my studies and experience I have developed a training style that is functional and specific to meet the goals of each member, whilst being encouraging and something you can look forward to. Most importantly, I want members to enjoy their sessions and not to think of them as a chore. With this in mind each session is tailored to suit individual needs. I would love to help you achieve your fitness potential, and specialise in weight loss, cardio fitness, team sport conditioning, technique correction, and general fitness for life. I take a positive approach to exercise and recognise the role this plays in creating a healthy body and mind. I really enjoy working as a personal trainer and I find it very rewarding to see my clients meet their goals and achieve their potential.

***"Strive for progress, not perfection"***



JARED NG

Hi, my name is Jared Ng and I am an accredited fitness trainer. I have obtained my certification III & IV in fitness at the Australian Institute of Fitness and have been active in exercise and health for the majority of my life. Whether it will be involved in cricket, football, golf, soccer, tennis and basketball, I have also taken a vast interest in the science and benefits of nutrition which assist me in formulating dietary requirements and knowledge. Being involved in these sports I have helped myself learn about the importance of health & fitness and learning proper techniques and healthy lifestyle. During the period of our training I will be tracking your nutrition habits and overlooking what you eat. Health and fitness has changed my life. By making changes to the way you move, eat and keep active, fitness can change yours too.

***"I can guide you towards a healthier and fitter lifestyle"***

# DIARY DATES

## KOOYONG LAWN TENNIS CLUB

## DIARY DATES 2014

|                                                                                     |                                                                                     |                                                                                   |                                                                                   |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|    | MONDAY                                                                              | FRIDAY                                                                            | SATURDAY                                                                          |
|                                                                                     | <b>4<sup>th</sup></b><br>•<br>New Members Night                                     | <b>8<sup>th</sup></b><br>•<br>Social Committee Happy Hour<br>in the Winter Garden | <b>30<sup>th</sup></b><br>•<br>Social Committee Annual<br>Dinner Dance            |
|   | SUNDAY                                                                              | MONDAY                                                                            | TUESDAY                                                                           |
|                                                                                     | <b>7<sup>th</sup></b><br>•<br>Father's Day Buffet Lunch                             | <b>15<sup>th</sup></b><br>•<br>RCH Card Day                                       | <b>16<sup>th</sup></b><br>•<br>Bridge AGM                                         |
|  | THURSDAY                                                                            | FRIDAY                                                                            | SUNDAY                                                                            |
|                                                                                     | <b>9<sup>th</sup></b><br>•<br>Wine & Food Society Dinner<br>- Il Duca Restaurant    | <b>10<sup>th</sup></b><br>•<br>RCH Trivia Night                                   | <b>12<sup>th</sup></b><br>•<br>Social Committee - JJ Mixed<br>Doubles Round Robin |
| WEDNESDAY                                                                           |  | SUNDAY                                                                            | SUNDAY                                                                            |
| <b>29<sup>th</sup></b><br>•<br>Kooyong Annual AGM                                   |                                                                                     | <b>16<sup>th</sup></b><br>•<br>Bridge Congress                                    | <b>23<sup>rd</sup></b><br>•<br>Crèche Christmas Party                             |
| THURSDAY                                                                            |  | THURSDAY                                                                          | THURSDAY                                                                          |
| <b>27<sup>th</sup></b><br>•<br>Wine & Food Christmas<br>Function - Racquet Club     |                                                                                     | <b>4<sup>th</sup></b><br>•<br>Wine & Food Christmas<br>Function - Racquet Club    | <b>8<sup>th</sup></b><br>•<br>Wine & Food Society AGM                             |

...for all occasions

**We offer great discounts for bulk orders.**

*www.*  
**RAWMATERIALS.**  
*com.au*

Credit:  
Amarcord  
Photography

*"We can't recommend Kooyong  
as a wedding venue highly enough,  
it was brilliant!!"*



Let the function rooms at  
Kooyong be your first choice  
for your wedding in 2014.

Offering spectacular views of the grass courts and gardens, our well appointed rooms open onto spacious terraces, providing the perfect place to welcome guests to enjoy canapés and drinks to commence your Wedding Reception.

Kooyong's exceptional food and service continues to provide a wonderful experience for many newlyweds, with the courts and grounds forming a stunning backdrop for some fantastic photographic memories.

For booking enquiries and to find out more about our Wedding and Function Packages, contact Functions Manager Rachael Whitelaw at the Club on 9822 3333.

FUNCTIONS AT  
*Kooyong*