

Harambee

OFFICIAL NEWSLETTER OF FUTURE IN OUR HANDS-USA



New Well Under Construction in Nyamgagana, Kenya

Thanks to donations made by the community of Lindberg Elementary School in honor of Michele Sprada's retirement another well project is underway. \$4000 is all that is needed to build a well and save the lives. Thank you for your support, Lindberg Elementary School!

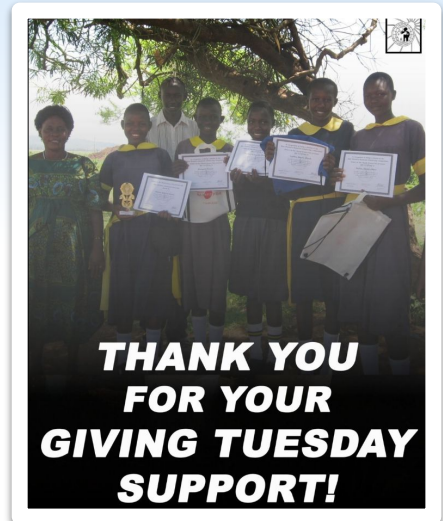
SAVE THE DATES

CELEBRATE APRIL WITH US

We are on a mission to raise \$2,500 this April. Will you [donate this month](#) to help us help those in need?

CELEBRATION OF LIFE FOR SISTER LINDA GLAESER

June 24, 2023 at 11am
St. Joseph University Church
Join us as we celebrate the extraordinary life of the co-founder of FIOH-USA, Sister Linda Glaeser.



Thanks to you students in Canisius College's *IMC Masterclass*, and their professor (and FIOH-USA board member), Mary Owusu, our Giving Tuesday campaign was a tremendous success. The eight students, majoring in Marketing, Digital Media Arts, and Integrated Marketing Communication (IMC), developed a stellar campaign including social media marketing, email marketing and digital awareness for Giving Tuesday, resulting in more than \$2,500 raised. A generous donor contributed two matching gifts which tripled the money collected to \$7,500. We are continuing to work with Mary's students, and are so grateful for their contributions to FIOH-USA. The IMC Masterclass is one of a kind in the USA, where students work experience what it's like to work in a marketing agency to develop and launch meaningful campaigns that advance organizations like FIOH-USA.

Student letter

Excerpts from a student letter to her sponsor explaining how difficult it is to complete schooling.

"Now I am at my third year, semester one. I didn't get a chance to go back to school during November to do my practical exams because I could not get the transport and rent. Mom couldn't afford it by then. So I managed and applied for a special exam which I will do in April 2023. It will be exhausting since I will have other exams by then, but I promise you I will do my best and make you proud."



Regina is a student at the Technical University of Mombasa who started her third year in January 2023.

FIOH-Zambia Emerges From The Pandemic

Maureen Hamianze reports that the goat project is flourishing now that the goats have been moved to Chomo where the office and store are also located. The FIOH-Zambia Board of Directors will be meeting with the Youth Group to officially re-establish the Goat Project in which selected youth will be taught to care for the goats. As the herd expands the goats will be used by the community for milk and meat. The herd currently has 22 goats and 7 kids.

Monies set aside for the Bean Project because of the pandemic have been used for microloans to five women for their small businesses and market stalls. The repaid loan monies will be used to purchase beans in the north of Zambia and sell them in the south if travel and market demands make the Bean Project viable.



The business center reopened after Christmas and is doing well. The building that houses the business center and the FIOH-Zambia office has been re-furbished.

Agri-Vet Project an Overwhelming Success

The villagers in Gosese, Kenya had a better than expected harvest from the project supported by FIOH-USA donors for the last growing season. There was actually too good a harvest, making it difficult to shuck all of the maize they grew. They also realized that the stalks of maize and soybeans were going to waste because they had so many that chopping them up for animal feed was too labor intensive.

FIOH-USA funded a new project proposed by FIOH-Angelic Ark that enabled the purchase of three machines. \$3500 was sent for a maize sheller, a feed chopper/grinder and a feed mixer. The sheller automates the harvest of grain thereby saving the villagers many hours of difficult hand labor. The grinder and mixer allow the villagers to chop up the leftover stalks from the maize and soybean harvest enabling them to be used for animal feed. Green stalks can now be chopped for silage.



Grinder/mixer prepares stalks for animal feed

Sheller now automates separating grain from cobs.



Marketing/Fundraising Committee Redefines Four Causes Supported By FIOH-USA *Canisius Marketing Students Helping to Update Our Website for 2023*

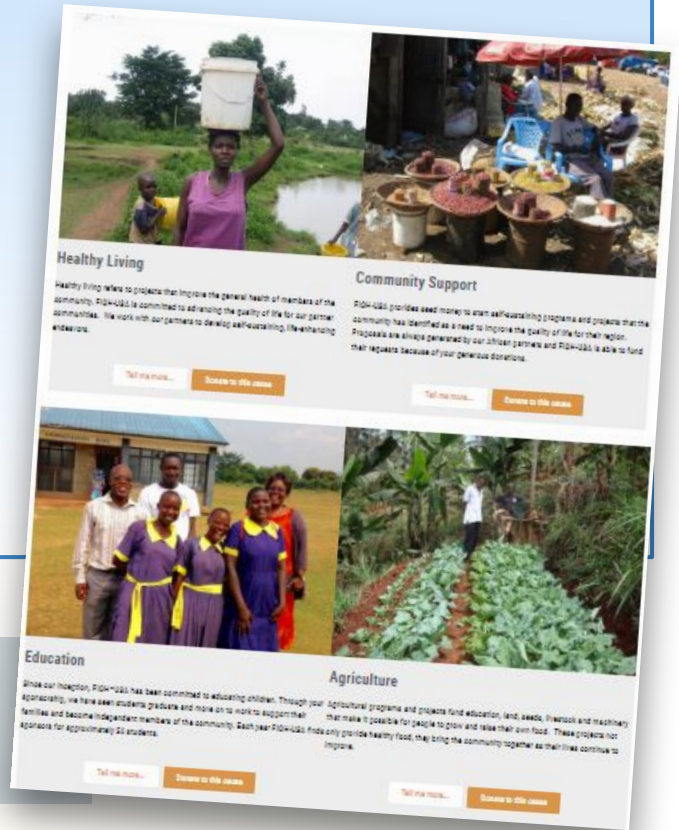
Watch for existing changes in [our FIOH USA website](#) especially related to our causes and all of the projects and programs your donations have made possible.

HEALTHY LIVING

COMMUNITY SUPPORT

AGRICULTURE

EDUCATION



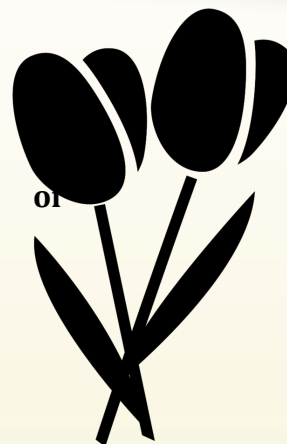
Donations in Memory of and in Honor of

In Honor of

Michele Sprada by Carol Wingenbach
Mary Ellen Dye by Lori Bays
Father Jack Ledwon by Judith Capodicasa

In Memory

Kenneth Curthoys by Louise Heubusch
Helen O'Hare by Louise Heubusch
Linda Glaeser by Karen Spense
Lydia Mansi by Pat VanVerth
Marie McNichol by Pat VanVerth
Clarence Dye by Paula Watkins



Please consider a donation to FIOH-USA in honor of or in memory of your loved ones.

See the next page for ways to easily and securely to donate to FIOH-USA.

GOT CANS? Drop them off at XTRA Dime Back



Western New York locals can bring redeemable cans and bottles to 1041 Englewood Avenue, Kenmore, New York to Xtra Dime Back and donate your returns to #67, Future in Our Hands - USA. This charitable-oriented company supports many organizations in their efforts to obtain monies for their organization. Bring your cans and bottles in now and designate #67 Future in Our Hands - USA as your donation of choice. Thank you.

XTRA DIME BACK
1041 ENGLEWOOD AVE.
KENMORE, NEW YORK
**TELL THEM THE CANS ARE FR #67
FUTURE IN OUR HANDS**



Donating to FIOH-USA has never been easier

You can donate from anywhere, any time, with these 3 secure and simple options:

Donate online: Visit futureinourhandsusa.org
> click donate > that's it!

Donate by text: Text the word Give to
844-930-2628

Donate by mail: Mail donations to:
FIOH-USA
c/o Sandra Warner
5200 Bank Street
Clarence, NY 14031

*100% of your donation goes to our projects.
Thank you for your generosity.*

Let's get social >>>



Do you know the best place to get updates, stories and pictures of the impact your donation is making? Our Facebook and Instagram pages! If you're not already following us on Facebook and Instagram, Here's how.

Facebook: Either log into Facebook and use the search icon to search for "fiohusa" OR click here to go directly to facebook.com/fiohusa. Then click the **LIKE** button.

Instagram: Either log into Instagram and use the search icon to search for "fiohusa" OR click here to go directly to instagram.com/fiohusa. Then click the **FOLLOW** button.

MEET OUR PARTNERS

The following biography was sent to us by Linet Aluma of FIOH-Angelic Ark.

Meet Lillian Dajoh from FIOH-Kenya

Lillian is on the Board of Directors for FIOH-Kenya. She is also Coordinator of the WIRED International Programme, Kenya and Project Officer of the HIV and AIDS project in Pandipieri Institute. She has a Diploma in community health and development and a Higher Diploma in Project Management. She is also trained as a psychological counselor and a play therapist. She currently heads HIV programmes in Kisumu.

She met our co-founders, Sr. Linda Glaeser and Michele Sprada in 2002 during a community health visit. FIOH-USA sponsored Lillian and her brother through college. Lillian states, "I decided to give back to underprivileged people by volunteering as a board member for FIOH-Kenya. I do it with passion and with all my heart because I know what it did for me and my family and the lives that have been saved in the



Lillian Dajoh, Board of Director for FIOH-Kenya

peri-urban, urban and rural areas of Kenya. I have seen students graduate and later support their families." Lillian coordinates the distribution of sanitary supplies to girls in high school.

In our next edition, we will feature another partner.

Thank you for everything you do for Future In Our Hands-USA

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