



MBIMB

January - February 2026 Newsletter
Building Safer Futures Together

The African Adventure Dee Russell Thomas

MEETING FELLOW MBIMB
AMBASSADORS AND
SHARING A VISION



A Positive Start takes The River Room Songbook and MBIMB to visit the Scottish Borders



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As I reflect on this edition of our newsletter, I feel an overwhelming sense of gratitude and pride in the incredible people who make the My Body Is My Body (MBIMB) movement possible.

Across these pages you will see inspiring examples of our ambassadors and partners working tirelessly to bring body safety education to children in their own communities. From schools and community programmes to international collaborations, it is clear that this programme continues to grow because of the passion and commitment of people who truly care about children's safety and wellbeing.

One of the highlights in this issue is the remarkable journey across Africa by our Deputy CEO, travelling through several countries to meet many of our wonderful MBIMB ambassadors and witness the programme in action. It was a powerful reminder that this work is not just a programme — it is a global community of people working together to protect and empower children.

We are also incredibly proud of Deborah J Crozier, MBIMB Advisory Board member and founder of A Positive Start CIC, who is doing a wonderful job sharing The River Room Songbook and the MBIMB Programme with schools and communities, helping children build emotional awareness, confidence, and resilience through music.

This issue also celebrates our Ambassador of the Month, who has personally reached over 1,000 children in just the past couple of months, bringing important body safety messages to young learners across their community.

Finally, we are delighted to celebrate Dr Darwin Moses, MBIMB Board Member and Head of Disability and Inclusive Development, who was recently honoured with the Champion of Deaf Inclusion & Empowerment Award – 2026. His work ensuring that safeguarding education is accessible to children of all abilities is an inspiration to us all. I am immensely proud of our team and deeply thankful to everyone who continues to share this mission.

*Together, we are building safer futures
for children everywhere.*



EDITOR'S NOTE

By Chissy Sykes

♥ Something Big is Coming – MBIMB Global Day!

On 6 June 2026, the world will turn blue for children's safety!

We're launching MBIMB Global Day, a worldwide celebration where families, schools, and communities come together in music, colour, and kindness to help every child grow up safe, strong, and heard.

From Blue School Days and sing-alongs to community concerts and family workshops, everyone can take part — wherever they are. Every pound raised will stay local, supporting schools and families with free My Body Is My Body body-safety resources.

♥ Want to get involved or host an event?

We'd love to hear from you!

✉ Email us at chrissey@mbimb.org



JOIN THE BLUE CREW MBIMB

Fundraising Guide



Protecting Children Today, Building Safer Futures Together

MBIMB Global Day Fundraiser

Date of Event: 6 June 2026

#MBIMBGlobalDay2026



- Empowering Children and Families
- Inspiring Communities
- Making a Difference Together

My Body Is My Body Foundation
Registered Charity 1199901



DONATE NOW QR CODE

Corporate Sponsorship Opportunities

Tier Contribution Impact & Benefits

Why MY Body Is My Body (MBIMB) Matters

Every year, an estimated 1 billion children — that's half of all children worldwide — experience some form of violence, whether physical, emotional, or sexual. This is why programmes like My Body Is My Body are essential. The good news? Violence is preventable, and through clear, memorable messaging and community action, we can start breaking this global cycle — one child, one classroom, one song at a time.

The My Body Is My Body (MBIMB) Foundation exists to change that. We use the universal power of music, stories, and community action to teach children simple, memorable body-safety messages in over 30 languages. Through songs, animated videos, workbooks, and workshops, **MBIMB helps children:**

Understand what safe and unsafe behaviour looks like

Build confidence to speak up if something feels wrong

Learn who they can trust and where to get help

So far, MBIMB has reached over 3 million children in 63 countries — but with your help, we can reach millions more.

We offer clear, impactful tiers so your company can see exactly where your support goes.

♥ Blue Champion – £1,000

Provides resources for 20 classrooms (600+ children).
Logo placement on MBIMB digital campaign materials.



♥ Blue Guardian – £5,000

Trains 100+ teachers and equips 50 classrooms with resources.
Prominent recognition on our website and social media channels.
Logo placement on MBIMB digital campaign materials.

♥ Blue Visionary – £10,000+

Trains 200+ teachers and equips 100 classrooms with resources. Expands MBIMB resources into new regions/countries. Exclusive media spotlight in MBIMB's global press campaign. Dedicated partnership feature in newsletters and events.

Logo placement on MBIMB digital campaign materials.

ASKEW AI™



Rotary
Club of Normanton



Rotary
BARNSELY ROCKLEY
ROTARY CLUB
(District 1220)



BETTER
BARNSELY

Shawlands
Trust

Rotary



Club of
Stainborough



united kingdom

New River Room Course

The River Room Songbook Course written by Deborah J Crozier from A Positive Start and developed by Chrissy Sykes from MBIMB, is a gentle, heart-centred journey through six beautifully crafted songs — I Am Special, Tapping Song, STAND, Breathe Like the Breeze, Heart and Tummy Hold, and Rain. Each song explores an important theme of emotional wellbeing, helping children understand their feelings, calm their minds, and build inner strength through music and reflection.

The course goes beyond simply singing — it explains the theory behind each song, showing how rhythm, repetition, and positive affirmations can support emotional regulation, resilience, and self-belief. With every lesson, children are invited to listen, move, reflect, and express themselves in safe and creative ways.

Together, the six songs create a nurturing space where children can learn to manage emotions, practise self-care, and connect with their natural sense of peace and confidence. The River Room Songbook reminds every child that they already have the tools within themselves to feel calm, capable, and special — just as they are.



BUY
MBIMB
BOOKS
DIRECT
FROM THE
PRINTER



Buy MBIMB Books Direct From the Printer

Save & Support Our Programme

Printed at cost — no markup.
Every purchase helps us reach more children

Children's Workbook

- Single Book: £5.22
- Pack of 10: £2.35 ea
- School Bundle (25books): £1.98

Teacher Lesson Plans

- Single Book: £5.88
- Pack of 10: £3.63 ea
- School Bundle (25books): £3.12

MBIMB Body Safety Rules

- Single Poster: £0.15
- 10 Posters: £0.10 ea
- School Bundle (50 Posters): £0.08 ea

The River Room Songbook

- Single Book: £6.55
- Pack of 10: £3.02 ea
- School Bundle (25books): £2.53



MBIMB Children's Workbook A4 Landscape (2025)

A fun, interactive workbook that helps children learn about body safety through songs, activities, and colourful illustrations. Designed to support the MBIMB lessons. Download a preview copy here: mbimb.org/mbimb-resources

£5.22

Add to basket

Other products



MBIMB Body Safety Rules A4



MBIMB Teacher Lesson Plans (2025)



MBIMB Trauma Informed Children's Workbook A4 Landscape (2025)



The River Room Songbook



My Body is My Body Safety Rules



MY BODY IS MY BODY

My body belongs to me and only to me.
Nobody should hurt me.
Nobody should touch my private parts.
I am the boss of my own body !!



IF IT DON'T FEEL RIGHT DON'T DO IT

If people try to get me to do things I know are wrong, or that make me feel uncomfortable I will say "NO" THEN I WILL TELL A SAFE ADULT



**WHO CAN I TELL IF I HAVE A PROBLEM?
I CAN TELL A SAFE ADULT**

MOMMY OR DADDY,
MOMMY OR UNCLE,
GRANNY OR GRANDPA,
TEACHER OR PRINCIPAL,
COUNSELLOR AT SCHOOL.

ARE YOU FEELING UNSAFE? HERE ARE SOME WARNING SIGNS FROM YOUR BODY

Your face or your hands might start to sweat
Your mouth could feel dry
You might feel sick in your tummy
Your heart could beat fast
You could start crying
You could feel scared
Your legs could feel wobbly

If you are feeling any of these warning signs, find a Safe Adult you can talk to and tell them you are feeling unsafe.



PRIVATE PARTS

My private parts are the parts where my swimsuit or my underwear covers.

- 1. Nobody should touch my private parts
- 2. Nobody can ask me to touch their private parts
- 3. Nobody should take pictures of my private parts.

SAY NO TO SECRETS

If someone is hurting you, bullying you or doing anything that makes you feel uncomfortable, and they ask you to keep it a secret -

**Say No To Secrets
THEN TELL A SAFE ADULT**



A Joyful Start in the Scottish Borders



THE RIVER ROOM SONGBOOK & MBIMB SCHOOL TOUR



There are moments in life when you feel something special unfolding — and our recent visit to St Peter’s Primary School in Galashiels was one of those moments.

Through our collaboration between the My Body Is My Body Foundation and A Positive Start CIC, we are bringing together music, movement, and meaningful conversations to help children build emotional awareness, confidence, and body safety.

The River Room Songbook & MBIMB programme tour is designed to introduce children, teachers, and families to powerful life skills in a way that feels joyful, engaging, and safe.

THE RIVER ROOM SONGBOOK & MBIMB SCHOOL TOUR

Beginning in the River Room

We began the session with two songs from the River Room Songbook, introducing children to the idea that their feelings matter and that their bodies can help them feel calm and strong.

The first song we shared was “I Am Special.”

We chose this song because every child deserves to hear — and feel — that they matter. The lyrics celebrate self-worth and belonging, helping children understand that they are unique, valued, and worthy of kindness. When a whole room of children sings those words together, something beautiful happens — confidence grows and connection forms.

Our second River Room song was The Tapping Song, which introduces children to the gentle concept of tapping as a calming technique. This is based on Emotional Freedom Techniques (EFT), but in the River Room it is not used as therapy — instead, it is presented simply as a fun and safe way for children to calm their bodies and release worries through rhythm and movement.

We were honoured to share this song with Peta Stapleton, who has conducted excellent clinical research into EFT alongside Dawson Church. Dr Stapleton kindly shared the song with teachers in her “Tapping in the Classroom” community, helping spread the idea of emotional regulation through music to educators around the world.

The River Room is all about helping children learn emotional regulation through music, rhythm, movement, and connection — making wellbeing skills something children experience with joy rather than something that feels clinical or complicated.



My grandson still singing 'My body' 😊 this morning, testament to a job well done!!! Xxx

09:59



Introducing the MBIMB Programme

After a short break, we introduced two powerful songs from the My Body Is My Body programme.

The room quickly filled with energy as everyone joined in singing and moving to “My Body Is My Body,” a song that helps children understand consent and body safety in a clear, empowering way.

We then shared “Say No to Secrets,” an important message that teaches children the difference between safe and unsafe secrets and encourages them to speak to a trusted adult.

Leading the songs and movements together were:

- ***Deborah J Crozier – Founder of A Positive Start CIC***
- ***Lesley Redshaw***
- ***Stephanie Davies***

We were also delighted to be joined by Tracey Bell, who kindly organised the school visits and has been incredibly supportive in helping bring the programme to schools across the Scottish Borders.

Watching children, teachers, and parents sing and move together was truly uplifting.

Celebrating the School

At the end of the session, we proudly presented St Peter’s Primary School with a certificate of participation from Chrissy Sykes, founder of MBIMB, and Deborah J Crozier, founder of A Positive Start CIC.

We also shared a range of free resources and handed out stickers to the children — which proved to be very popular!



A Lasting Impact

One of the most touching moments came after the event when a grandparent of one of the children contacted us to say how much they had enjoyed the day — and that their grandchild was still singing “My Body Is My Body” several days later.

For us, that is the true sign of success: when the songs continue beyond the classroom and into everyday life.

Looking Ahead

The tour is only just beginning.

We are excited to visit Edenside Primary School in Kelso on 18th March, and we have also been invited to a planned event at Kelso High School in April to further introduce the programme and share the songs and movements.

Following the St Peter’s visit, YouthBorders also contacted us to offer support in delivering the programme, and discussions are now underway about how we can work collaboratively to reach even more children and families across the Scottish Borders.

A Collaboration from the Heart

This project exists because of the wonderful collaboration between MBIMB and A Positive Start CIC, and we are incredibly grateful to be part of it. Working alongside Chrissy Sykes, whose vision for protecting and empowering children through music has reached communities across the world, is a joy and a privilege. The River Room collaboration grew naturally from shared values — that children learn best when they feel safe, celebrated, and included.

We would also like to say a heartfelt thank you to Lesley Redshaw and Stephanie Davies, whose dedication, enthusiasm, and hard work have helped bring this project to life.

And finally, thank you to Tracey Bell, the schools, and the teachers who welcomed us so warmly.

This is truly a heart-led project, and together we are creating something special — helping children grow up feeling confident, safe, and proud of who they are.

***And if the songs are still being sung days later...
we know we are doing something right.***

MBIMB Global Child Safety Champion 2025



Certificate Presented to James Onions by Carolyn Khoury

MBIMB Global Child Safety Champion 2025

CERTIFICATE OF RECOGNITION

MY BODY IS MY BODY GLOBAL CHILD SAFETY CHAMPION 2025

James Onions

In recognition of your outstanding support in helping the My Body Is My Body Programme reach children in countries around the world. Your belief in our work has opened doors, built new partnerships, and made a real difference to children, families, and communities globally.

Chrissy Sykes

CHRISSY SYKES

MBIMB CEO

Annemarie Mostert

ANNEMARIE MOSTERT

MBIMB BOARD



Honouring James Onions for His Global Impact

The My Body Is My Body (MBIMB) Foundation was proud to present the MBIMB Global Child Safety Champion Award – 2025 to James Onions, a dedicated Rotarian whose work has helped bring child safety education to communities around the world.

James is a long-standing member of the Rotary Club of Kew Gardens in the United Kingdom and has played a key leadership role within the Rotary Inter-Country Committees (ICC), helping to build partnerships between Rotary districts in different countries.

Through Rotary's international network, James has been instrumental in connecting organisations and communities, helping important humanitarian programmes reach more people globally. His passion for international collaboration has helped develop relationships between Rotary clubs across many countries.

For the My Body Is My Body Programme, James has been a powerful advocate. His support and encouragement have helped introduce the MBIMB programme into a growing number of countries, including Romania, Portugal, Hungary, Albania, and the Caribbean, enabling children and educators in these regions to access important body-safety education. James is widely respected within Rotary for his commitment to service and international development. In previous Rotary initiatives, he has also been recognised for helping promote large humanitarian projects that improve lives in vulnerable communities around the world.

By helping to connect MBIMB with Rotary networks across multiple countries, James has played a key role in expanding the reach of child safety education and empowering communities to protect children. The MBIMB Foundation is deeply grateful for his dedication, leadership, and belief in the importance of giving every child a voice.

Together, through partnerships like these, we continue to build safer futures for children everywhere.





MISSION & VISION



SCAN THIS QR CODE
TO FIND OUT MORE
ABOUT MBIMB

3 million

LIVES CHANGED

Every year, according to the WHO, an estimated 1 billion children — that's half of all children worldwide — experience some form of violence, whether physical, emotional, or sexual. This is why programmes like My Body Is My Body are essential.

380

AMBASSADORS

The good news? Violence is preventable, and through clear, memorable messaging and community action, we can start breaking this global cycle — one child, one classroom, one song at a time.

65

COUNTRIES
REACHED

The My Body Is My Body (MBIMB) Foundation exists to change that.

We use the universal power of music, stories, and community action to teach children simple, memorable body-safety messages in over 30 languages.

35

LANGUAGES

Through songs, animated videos, workbooks, and workshops, MBIMB helps children:

- Understand what safe and unsafe behaviour looks like
- Build confidence to speak up if something feels wrong
- Learn who they can trust and where to get help

So far, MBIMB has reached over 3 million children in 63 countries — but with your help, we can reach millions more.



The African Adventure

MEETING FELLOW MBIMB AMBASSADORS AND SHARING
A VISION IN

Nigeria, Benin, Togo, Ghana Kenya and Ethiopia.

Learn about her adventure.....

by dee Russell-thomas

AFRICA

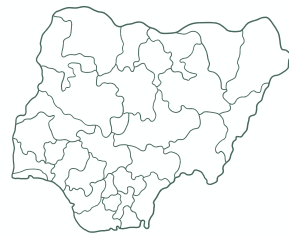


Taiwo Olowu, Dee Russell Thomas, Steve Thomas and Mandy Olowu

MEETING FELLOW MBIMB AMBASSADORS AND SHARING A VISION

I have recently returned from a remarkable time travelling through Africa where I was met with the greatest kindness, respect, support and appreciation. My intention was to witness the impact of our charitable work with “Water _For _Life” in Nigeria and MBIMB programmes across the continent. So much of the support has been carried out with goodwill and trust having never met the partners or visited the sites and schools. This really was a leap of faith.

I put my faith in relationships established on LinkedIn alongside word of mouth and am delighted to say I was amply rewarded!



LAGOS NIGERIA

We arrived late at night in Lagos and received an overwhelming welcome by Taiwo and Mandy Olowu. From thereon they were the best of hosts and became the best of friends.

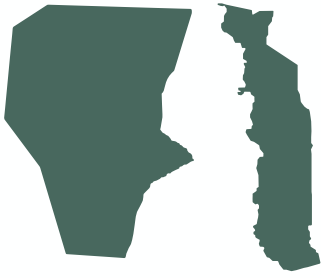
Each day we travelled out of Lagos, across bumpy countryside to various isolated villages. I visited the water bore holes built from our funding. I was made a chief of a community in Nigeria. I visited schools delivering our MBIMB child protection programme, met chieftains, head teachers, ministers and church groups. Everyone treated us so kindly and the joy of watching flowing water from our water bore holes was quite remarkable.

Equally, to be greeted in the communities and individual schools with children singing “My Body Is My Body” was so uplifting. The schools have been teaching the importance of keeping safe, recognising their rights and understanding the difference between secrets and surprises. We joined in the singing, I held up my MBIMB T shirt and we reinforced the message of safety, protection, telling a trusted adult and reducing fear. I was also able to meet with teachers, principals, education ministers, pastors and MBIMB ambassadors.

It was a privilege to share our beliefs, evidence the practical application and consider the next steps to further develop the programmes and embed the message as well as assess the outcomes.



THE AFRICAN ADVENTURE



BENIN AND TOGO

We left Nigeria and travelled across land to enter Benin and Togo where I followed the slavery trail and again met with people who showed an interest in the MBIMB programme. One such person, Christelle is the daughter of a diplomat and has recently returned to Benin following her education in Canada. She has connections with educationalist in Cotonou and after being shown the MBIMB website was eager to hear more and share with her friends. It would be good to have representation in this beautiful country and we continue to exchange information.

At the Togo/ Ghana border I met a delightful young woman who was working for the children's charity. Again, although in the midst of applying for a Visa on Arrival and surrounded by soldiers and officials, this seemed like an opportunity not to be missed! I approached her in the military offices and we discussed her work alongside the MBIMB programme. Soon she and I were engaged in meaningful conversation, comparing our vision as she scrolled through the MBIMB website. She was thrilled to see the resources, the training and the intention and I left her with the intention of further pursuit. "Seizing the Momentum" was gathering momentum!



Emmanuel...



Super hero!



G H A N A

In Ghana I met Emmanuel Frimpong a man whom I had never seen before but again, took a calculated risk which was well rewarded when he arranged our VOAs at the border. He is a wise and measured gentleman who, as president of tourism has a desire to promote his country, celebrate the strengths and support good causes to enhance well-being. I arranged a productive meeting with a Nigerian entrepreneur now living in France.

His brother is a good friend of ours in the UK and had suggested we might have commonalities. I was surprised to find such an active team building water bore holes in Ghana. They are also eager to establish self-sufficient communities with medical centres, schools and faith groups. They showed us some incredible videos of their achievements thus far and, in turn, they were eager to form partnerships with our work. They have written rap songs, created adverts and are developing documentaries. They are now in discussions with Taiwo in Lagos and Emmanuel in Ghana. The entrepreneurs' daughter, who was at the meeting, is a teacher in France and she showed an interest in the MBIMB programme as did another member of the group who is based in London. And so, the ripples spread!

Whilst in Ghana I met fellow MBIMB ambassador Wisdom Dordoe from the "Give Me Hope" foundation. We discussed his work and he asked if I might be able to fit in a visit to one of the deprived schools in the country. I was able to juggle some meetings and the next day we visited a school in Jaimeson which was desperately in need of support. WE travelled on to Wisdoms school and met James the Head Teacher. Alas, Wisdom was ill and unable to attend but I was able to meet all the children in their different age groups and in each I delivered the MBIMB programme.

I shared the work with James and his deputy. Both are very eager to be involved and, although with only one lap-top we managed to open the website and share the resources. Since my return, James has maintained contact and both he and his deputy wish to complete the training and initiate it across this very deprived, very vulnerable school which is run by someone who has similar lived experiences.

Whilst in Ghana I was also able to make contact with another MBIMB ambassador Selasi Nyakpo from the Eastfield Foundation

It has been such a privilege to visit schools, hold meetings with like-minded people and share sustainability visions.

In Kenya I was welcomed by MBIMB ambassador Robert Njue at Nairobi airport. We had met before when I was working in Kenya and had not been able to visit his charitable work. This was about to be rectified!

Dear Robert had planned a full-on itinerary and as we travelled through the country to Embu. We visited Army barracks, rice factories and plantations. As we arrived at the Tabitha rescue centre for the children of prisoners, we received a marvellous welcome reception, with a guard of children marching to the tune of MBIMB. We sang along, exchanged flags and met the children and staff along with Christine, Robert's wife. Throughout our stay, I met with governors of women's prisons, pastors, soldiers, and women's self-help groups in rural communities. I engaged in treks into spiritual caves with the rescued children and watched them blossom as they danced, sang, laughed and took part in a filmed documentary. The women's prison housed pregnant inmates and those who had recently given birth. The mother and child unit consisted of a small windowless, black, dingy room where there were 14 babies, 14 mothers and 5 mothers-to-be all cramped together. We travelled to Narok, Maasai land and the Great Rift Valley. I met with bishops, leaders of Maasai villages, elders and so many vulnerable children whose smiles made all the travelling so very worthwhile. Throughout my travels I witnessed so much need, so much deprivation and hardship but also a remarkable amount of hope, courage and vision.



Dee Russell-Thomas and MBIMB Ambassador Joyce Waiyaki

At the end of my stay in Kenya, I managed to squeeze in a meeting with Joyce Waiyaki. What a woman warrior she is! I am so pleased we both found time in our busy schedules to get together. Joyce is an MBIMB ambassador, a leading Rotarian, an advocate for women's empowerment and a gentle but formidable force. She has a clear strategical vision, an awareness of the big picture and a strong understanding of the needs of women children and Kenya as a whole. I wish we could have had longer together.

Enlightenment and appreciation continued in Ethiopia where one of the MBIMB ambassadors, Gebreegiabher, is working in the north with traumatised children. He delivers our child protection programme and teaches circus skills, acrobatics and safety whilst surrounded by potential danger.

Unbelievably, on my travels, I met with a young Ethiopian Man named Habdu and we discovered he had been good friends with Fitzum, one of my refugees back in the UK. Habdu is a qualified clinical nurse and is also interested in the MBIMB programme. It is a small world and this has been clearly emphasised as we have moved from country to country meeting fellow ambassadors and like-minded people.

THE AFRICAN ADVENTURE



The many leaps of faith taken on this journey were all fulfilled and meeting so many sincere, dedicated humanitarians was incredibly overwhelming and humbling.

I am in awe of all I have seen. I am indebted to my dear friends Taiwo OLOWU, Mandy Olowu, Emmanuel Frimpong, Noble Wisdom Dordoe, GGA Ambassador Robert Njue, Joyce Waiyaki, Gebreegziabher Tadele Desalegn and so many more. You have all made a difference to your communities, to your countries and indeed to me! You have touched my heart and reinforced my belief in the goodness of extraordinary, ordinary people.



I fly out to work again into the Middle East soon... UAE then on to Madagascar and back to Abu Dhabi. In the light of the present conflicts in the Middle East, I shall have to wait and see what happens.

For now.... I sit and hope for peace, freedom, kindness and love. I have found so much of it on my travels and I know this world is made up of brilliant souls who are desperately trying to address the imbalances and build a safer, fairer, happier world.

May goodness prevail; may kindness be ever present and may our world learn to live in peace, harmony and equitability.



My Body is My Body Child Protection



ETHIOPIA





New MBIMB Languages

To celebrate a special milestone for the My Body Is My Body (MBIMB) Programme, we are delighted to introduce a brand-new version of our My Body Is My Body song and animation. This year marks the 10-year anniversary of our very first animation, and to celebrate we have re-recorded the song in English and created a refreshed, updated animation designed to engage and inspire a new generation of children.

We are also excited to share that the programme continues to grow around the world. New language versions are now available in Hungarian, Portuguese (European), Xitsonga, and Setswana, helping even more children learn important body safety messages in their own language. Many more languages will be added over the coming months as our global community continues to expand.

Please help us share these videos within your schools, families, and communities so that together we can continue empowering children, starting conversations, and building safer futures for every child.





New MBIMB Languages

Ez az én testem

Hungarian



I Miri Wa Mina

Xitsonga





New MBIMB Languages

O meu corpo
Portuguese
European

The illustration shows seven diverse children of various ethnicities and ages holding hands in a line. Above them are colorful musical notes and treble clefs. In the bottom right corner, there is a circular logo with the text 'My Body is My Body' and 'www.mbimb.org'.

Ke mmele wa me
Setswana

The illustration shows six diverse children in various poses, some with their arms raised. Above them are colorful musical notes and treble clefs. In the bottom right corner, there is a circular logo with the text 'My Body is My Body' and 'www.mbimb.org'.

Staying Safe, Strong and Happy



 SAFEGUARDING®
FUNDAMENTALS



New Download: “Staying Safe, Strong and Happy” Safeguarding Made Simple for Children

We're excited to share our brand-new downloadable resource created in collaboration with Antonia Noble from [Safeguarding Fundamentals](#) — “Safeguarding for Children (Ages 5–8): Staying Safe, Strong and Happy.”

This colourful and positive PDF helps teachers, parents, and community leaders introduce safeguarding in a gentle, age-appropriate way. Using clear language and cheerful illustrations, it guides children to understand what it means to feel safe, who keeps them safe, and what to do if something makes them feel uncomfortable.

Children will learn simple, memorable messages such as:

- “Your body is special and should always be safe.”
- “We don't keep secrets, only happy surprises!”
- “Always tell a trusted adult if something worries you.”

It's a wonderful tool to open conversations about safety, kindness, and trust — helping every child feel Safe, Strong and Special!

[Click Here To View and Download](#)



Online Safety

Tell a trusted adult if...
Someone you don't know asks for our name, school, or where you live



WHY TEACHERS LOVE MBIMB

Why Teachers Love MBIMB

- **Ready-to-teach:** Each lesson plan comes with clear objectives, timings, and extension ideas.
- **Curriculum-aligned:** Built to support child safety and wellbeing education across a wide range of international curricula and safeguarding frameworks.
- **Inclusive and accessible:** Available in over 30 languages, ensuring every child can join in and understand.
- **Engaging and memorable:** Music and animation capture children's attention and help messages stick.
- **Completely free:** All resources, including songs, videos, and workbooks, are available at no cost to schools.

Making Body Safety Simple, Musical and Free for Every Classroom

Teaching about body boundaries and personal safety is one of the most important — yet often most sensitive — parts of PSHE. Many teachers tell us they want to get it right but sometimes struggle to find age-appropriate language or engaging materials that don't cause fear or confusion.

That's exactly where the My Body Is My Body (MBIMB) Programme helps. This free, ready-to-use safeguarding resource turns a challenging topic into a series of fun, memorable lessons through music, animation, and storytelling.

The programme includes six lively songs, each with an accompanying free lesson plan, discussion prompts, and optional follow-up activities. Every resource is designed so teachers can deliver powerful safeguarding education straight away — no specialist training required.

Children learn key messages such as recognising unsafe behaviour, understanding that their body belongs to them, and knowing who they can turn to for help — all in a way that is uplifting, positive, and easy to remember.

NEW

STANDING STRONG

UNDERSTANDING PEER PRESSURE

Our Latest **Free Course** For
Young Teens

We are excited to announce the launch of our brand-new Peer Pressure Course – Standing Strong, now available for free on our website.

This empowering course has been designed especially for young teens to help them recognise, understand, and resist peer pressure in both everyday life and online spaces.

Using relatable examples, interactive activities, and practical tools, Standing Strong gives children the confidence to make their own safe choices while knowing where to turn for support.

The course is divided into six easy-to-follow lessons, each focusing on a different aspect of peer pressure. By the end, young people will feel more prepared to handle difficult situations, stand by their values, and support others around them.





MAAPP

MAAPP - The Home Of LinkIndex A Safeguarding Toolkit for Professionals and Families

LinkIndex – is a game-changing safeguarding toolkit designed for professionals and families. In a world overflowing with digital resources, LinkIndex brings clarity and convenience. Its smart keyring, powered by QR codes, gives instant access to carefully curated, trusted safeguarding materials — anytime, anywhere. Whether you're supporting a child at home or in a professional setting, MAAPP puts the right tools at your fingertips when they're needed most.

Introductory Offer:

Available at £1.00 per month, valid for 12 months only.



<https://maappuk.co.uk>



RAG4GE: MBIMB Champions



WHAT IS A CHAMPION

Around 1 billion children worldwide experience violence each year. Too many stay silent, not because they don't want help, but because they don't have the words or they're not sure it's OK to tell.

Become a Champion and help promote and share free, child-safe body safety resources, using the power of music, with schools, nurseries and other youth-based groups — one of the quickest, safest ways to reach children.

**Protecting Children starts with
one safe conversation
and songs children remember.
Share our FREE MBIMB
resources for schools and
nurseries.**

YOUR TRAINING CHECKLIST

To become a Champion, complete these short trainings:

MBIMB Website Courses

Course 1: Introduction to Maltreatment

Course 2: How to Present the My Body Is My Body Programme
(SEE QR CODE)

Please scan the QR code ->

OR [CLICK HERE](#)

Rotary's Protecting Youth Program Participants

Complete the required course in the Rotary Learning Center.

[CLICK HERE](#)



Once you've done the training, and received your certificates, you'll be ready to share the MBIMB Programme.



★ Girls' Empowerment
Rotary Action Group

RAG4GE: MBIMB Champions



NEXT STEPS

Download the MBIMB resources – including leaflets and PowerPoint presentations – and take a little time to familiarise yourself with them. [CLICK HERE](#)

Share the My Body Is My Body (MBIMB) resources in your community.

Contact your local schools and nurseries, give a quick overview of the free MBIMB programme, and help them sign up in minutes using our simple form.

Please scan the QR code ->

OR [CLICK HERE](#)



RECOGNITION

Champions who support the most school sign-ups in their community will be recognised and celebrated.

**Protecting Children starts with
one safe conversation
and songs children remember.
Share our FREE MBIMB
resources for schools and
nurseries.**





★ Girls' Empowerment
Rotary Action Group

RAG4GE: MBIMB Champions



Register Now

RAG4GE:

MBIMB Champions

ONBOARDING AND LEARNING SCHEDULE

March 14th 2026 2:00 – 3:00 pm (London Time)

May 16th 2026 2:00 – 3:00 pm (London Time)

July 18th 2026 2:00 – 3:00 pm (London Time)

September 19th 2026 2:00 – 3:00 pm (London Time)

November 14th 2026 2:00 – 3:00 pm (London Time)

Time zone: Europe/London

[Click Here To Register](#)





★ Girls' Empowerment
Rotary Action Group

RAG4GE: MBIMB Champions



QR Code To Access RAG4GE: MBIMB Champions Information

<https://mbimb.org/rag4ge-mbimb-champions-2026/>

On this webpage you will find

- MBIMB Lesson Plans
- MBIMB Children's Workbook
- MBIMB Body Safety Posters
- MBIMB Safeguarding Concern Record
- Community Powerpoint Presentation





**PROTECT
OUR
CHILDREN**



WORLD SAFEGUARDING NEWS



**PROTECT
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CHILDREN**

WORLD SAFEGUARDING NEWS



1 AI “nudification” and deepfake child sexual abuse material (CSAM)

Safeguard leads worldwide are raising the alarm about AI-generated or manipulated sexualised images of children, including “nudification” made from ordinary photos. The key point is simple: the harm is real, even when an image is artificial, and it can be used to shame, groom or blackmail children. UNICEF and partners are calling for faster takedowns, clearer enforcement, and stronger safeguards built into AI tools and platforms.

Source - [UNICEF](#)

2 Online blackmail / sextortion

Online blackmail (often called sextortion) is a growing issue, with many children pressured into sending images and then threatened for more content or money.

UK research from the NSPCC highlights that parents often feel responsible for protection but don't always feel confident talking about online blackmail specifically, compared with general online safety. The safeguarding priority is early, calm education and clear routes to report and get help.



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WORLD SAFEGUARDING NEWS

3 “Harm networks” and organised online exploitation

There is increased attention on organised online networks that target vulnerable children for grooming, coercion, humiliation and escalating harm. Investigations have described these ecosystems as coordinated and fast-moving, often spanning multiple platforms and spilling into real-world risk. The safeguarding message for adults is: treat these as serious exploitation concerns — respond quickly, record concerns clearly, and escalate appropriately.

Source - The Guardian



4 Age assurance and the “ban vs safety-by-design” debate

A major live debate is how to protect children online: age checks and restrictions versus a stronger focus on making platforms safer by design (reducing addictive features, improving reporting, and forcing quicker action). In the UK, the government has launched a consultation looking at options including minimum age approaches, curfews, and platform responsibilities.

Source Reuters



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WORLD SAFEGUARDING NEWS

5 Children's digital wellbeing: consultations, pilots, and new measures



In the UK (March 2026), the government launched a “digital wellbeing” consultation and pilots looking at screen limits, curfews, and protections across social media, gaming and AI chatbots. Even if you're not in the UK, this signals a wider global direction: governments are looking for stronger guardrails and more accountability from tech companies.

Source: The Guardian

6 Schools guidance updates: KCSIE 2026 (England)

For schools and colleges in England, the proposed Keeping Children Safe in Education (KCSIE) revisions for September 2026 are out for consultation (closing 22 April 2026). These updates often shape what schools prioritise — including online safety, peer-on-peer concerns, and how staff respond and record concerns consistently.

Source Gov.UK



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WORLD SAFEGUARDING NEWS



7 Exposure to sexual exploitation content via algorithms

A growing safeguarding issue is children seeing harmful sexual content without actively searching for it — because algorithms surface it, peers share it, or it appears in trends. The focus for adults is “calm, clear, age-appropriate”: teach children what to do if something pops up (close it, screenshot if safe, tell a trusted adult, report).

Source: The Guardian

8 Trafficking and exploitation indicators linked to online listings

There’s renewed scrutiny on how online adult-services listings can be used to facilitate coercion and exploitation, and how weak safeguards may allow trafficking indicators to sit in plain sight. Safeguarding takeaway: exploitation can be digital-first, and professionals need confidence spotting patterns and knowing referral routes.

Source: The Guardian



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WORLD SAFEGUARDING NEWS



9 Safeguarding in sport and cross-border enforcement gaps

Recent cases have reignited calls for stronger safeguarding in sport — especially around covert filming and image-based abuse — and for better international sharing so offenders can't simply move roles or countries. The direction of travel is clearer: zero tolerance, tougher sanctions, and safer recruitment that actually travels with the person.

10 Conflict, displacement, and child protection in emergencies

Humanitarian agencies are warning that conflict and displacement increase safeguarding risks: family separation, exploitation, child recruitment, and gender-based violence. For organisations supporting refugee or displaced families, the safeguarding priority is trauma-informed support, safe referral pathways, and practical protection measures that work in unstable settings.

Source: UNICEF

10



FREE MBIMB ONLINE COURSES

Further Education

Free Online Child Safety Training Programmes

The My Body Is My Body Programme provides FREE online courses to empower communities with essential knowledge on child abuse prevention and safeguarding. These courses include step-by-step guidance on presenting the My Body Is My Body Programme effectively.

1. Introduction to Child Maltreatment & Safeguarding
2. How to Present the MBIMB Programme
3. Digital Discoverers
4. Children's MBIMB Programme
5. Safeguarding Fundamentals
6. Essential Skills for New Mothers
7. MBIMB Presenter Next Steps
8. Bully Aware
9. Standing Strong With Noah
10. Standing Strong With Sofia





Nigeria



A VALENTINE'S DAY WITH A BIGGER MESSAGE: SAFETY, KINDNESS, AND COURAGE

On 14 February 2026, while many people were thinking about hearts and chocolates, something quietly powerful was happening at Cascade TOTS and Scholars. In partnership with Cascade TOTS and Scholars, the Mujib Hope Foundation (MHF) hosted a child-friendly Valentine's Day activity that wasn't just fun — it was filled with purpose.



MBIMB

From the very start, the room felt warm and welcoming. Children and parents began with simple self-introductions, sharing names and smiles, and helping everyone feel included. The Founder of Cascade TOTS and Scholars opened the programme with kind, steady words – setting the tone for a day built on care, respect, and community.

Learning that helps protect children
A key part of the day focused on child protection and body safety. Chiamaka Judith Iheanachor (MHF) guided children through a session on personal boundaries – helping them understand that their bodies deserve respect and that they can speak up if something feels uncomfortable.



A heartfelt thank you to Chiamaka Judith Iheanachor, Munirat Jibrin, the Mujib Hope Foundation, and the team at Cascade TOTS and Scholars for creating a day where children didn't just celebrate – they learned how to stay safer and treat others well.

In true MBIMB spirit, the message was clear and child-safe:

Parents were included too, which matters. When adults hear the same messages, it strengthens children's confidence and keeps the conversation going at home.

Peacebuilding: practising kindness in real life

Next came a beautiful link between safety and peaceful behaviour. Munirat Jibrin led a session on peacebuilding and positive peer interactions, helping children think about how they treat one another – using words that build up, not break down. It wasn't a lecture. It was practical, relatable, and centred on what children can do every day: share, take turns, include others, and choose calm solutions when feelings run big.

A small group, a big impact

In total, 17 children and parents attended – and by the end, the feedback was clear: the day was interactive, impactful, and satisfying for both children and adults. The sessions blended learning with fun in a way that helped children build real skills: confidence, communication, boundaries, and kindness.



India

MBIMB Around the World

Empowering Children in Makapalayam, Tamil Nadu



In October 2025, an inspiring child safety awareness programme took place in Makapalayam, a rural community in Kanyakumari District, Tamil Nadu, India. The initiative was organised as part of a rural camp led by Social Work students from Holy Cross College (Autonomous), Nagercoil, who introduced children from the Urali tribal community to the important messages of the My Body Is My Body (MBIMB) Programme.





Held over two days, 16–17 October 2025, the sessions created a warm and welcoming environment where children could learn about body safety and personal boundaries in a way that was simple, respectful, and easy to understand.

Through engaging discussions, the children explored the idea that their bodies belong to them, and that it is always okay to say “no” to uncomfortable touches or situations. They also learned the importance of telling a trusted adult if something does not feel right. To make the learning memorable and meaningful, the social work students used role-plays and live demonstrations, helping the children understand how they might respond in real-life situations. These interactive activities encouraged participation and helped build confidence, awareness, and self-protection skills.

The programme concluded with a powerful moment as the children joined together in a pledge to respect and protect their bodies, reinforcing the message that every child deserves to feel safe and heard.

Initiatives like this show how education, compassion, and community involvement can come together to help children understand their rights and develop the confidence to speak up.

Together, we are building safer futures for children everywhere.





**DEAF LEADERS
FOUNDATION**

MBIMB Honours
Global Child
Safety Champion
at the India Deaf
Expo 2026





MBIMB Honours Global Child Safety Champion at the India Deaf Expo 2026



The My Body Is My Body (MBIMB) Foundation was proud to take part in the India Deaf Expo 2026, held on 26th February 2026 in Bangalore, India, an important event dedicated to promoting inclusion, accessibility, and empowerment within the Deaf community.

During the inaugural ceremony, MBIMB presented the MBIMB Global Child Safety Champion Award – 2026 to Shri. Murali, in recognition of his outstanding commitment to child safety, inclusion, and empowerment. Through his work and leadership, he has played a significant role in advancing accessibility and opportunities for Deaf individuals and communities.

We would also like to give special recognition to the incredible team from the Deaf Leaders Foundation, whose dedication made it possible to create Indian Sign Language videos for the MBIMB Programme. Their efforts ensure that the vital message of body safety can reach Deaf children and families, helping to make safeguarding education more inclusive and accessible.





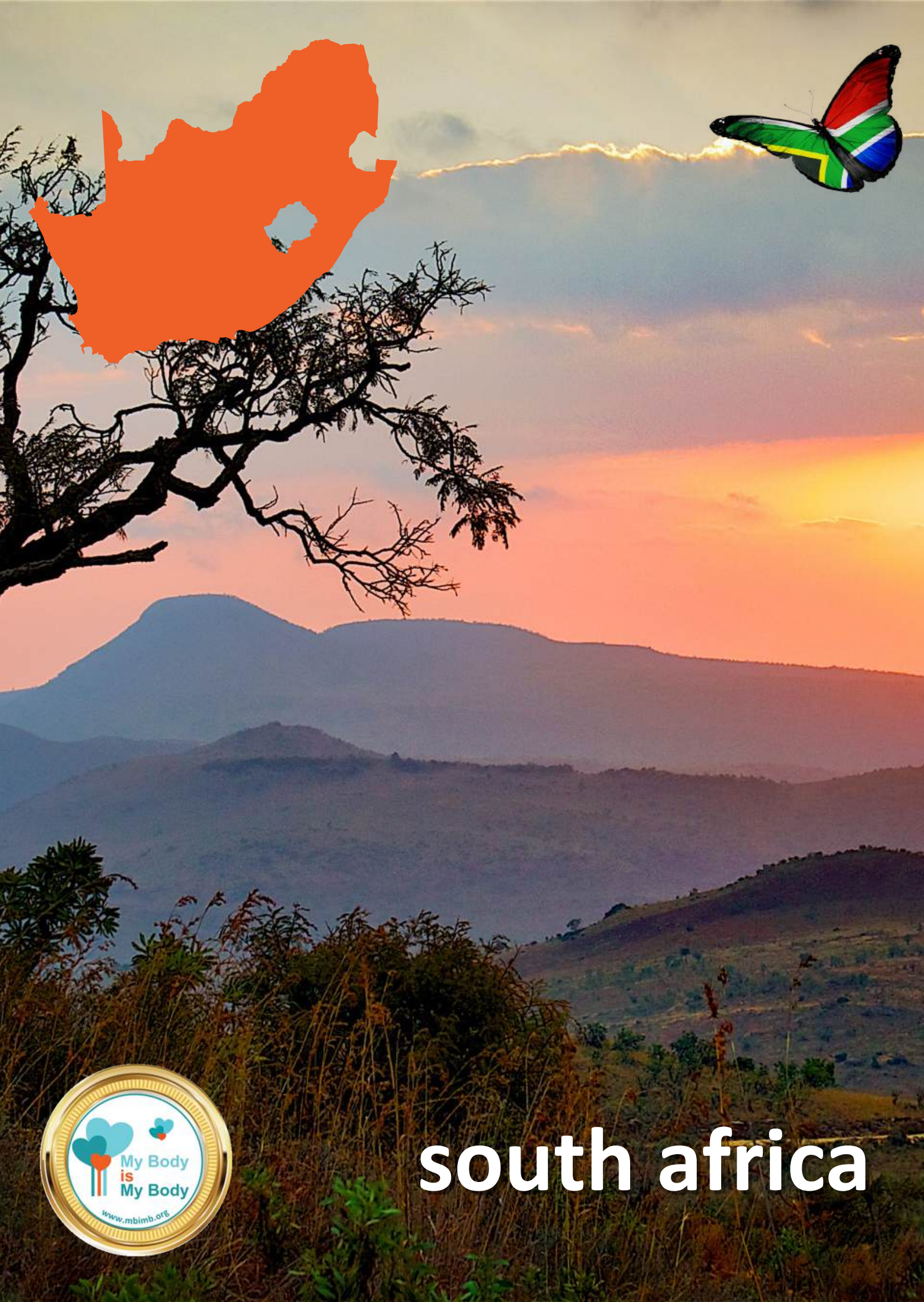
MBIMB Honours Champion of Inclusion at the India Deaf Expo 2026



Moses, MBIMB Board Member and Head of Disability and Inclusion, was honoured at the same conference with the Champion of Deaf Inclusion & Empowerment Award – 2026. This recognition reflects his tireless work in promoting accessibility, equality, and inclusion for Deaf individuals both in India and internationally.

These recognitions highlight the power of collaboration, accessibility, and inclusive leadership. By working together, we can ensure that every child—regardless of language, ability, or background—has access to the knowledge and support they need to stay safe.

Together, we are building a safer and more inclusive world for every child.



south africa

CONGRATULATIONS



**NYIKO
NKWENEKA**



MBIMB AMBASSADOR OF THE MONTH FEBRUARY 2026

In recognition of your outstanding dedication and commitment to protecting and empowering children through the My Body Is My Body Programme.

Your passion and hard work in reaching hundreds of young learners across Limpopo Province, South Africa, is helping children understand body safety, build confidence, and know that they have a voice.

Thank you for making a real difference in the lives of children and for helping us build safer futures together.



MBIMB Ambassador of the Month

Celebrating the Inspiring Work of Nyiko Nkweneke – South Africa

This month, the My Body Is My Body (MBIMB) Foundation is proud to recognise Ambassador Nyiko Nkweneke from Rotary District 9400, Limpopo Province, South Africa, as our MBIMB Ambassador of the Month.

Nyiko has shown remarkable dedication to protecting and empowering children by bringing the My Body Is My Body Programme into schools and early learning centres across the Capricorn and Waterberg Districts. Through her commitment and passion, hundreds of young children are learning important body safety messages in a safe, supportive, and age-appropriate way.

Reaching Children Across Limpopo

Over recent weeks, Nyiko has delivered the programme in numerous schools and crèches, reaching children from early years through primary school. Her sessions included:

Polokwane – Capricorn District

- Khorishi Creche – 15 learners (Age 3–4, Grade RR)
- Motsiri Primary School – 38 learners (Age 9–11, Grade 3)
- Napo Primary School – 161 learners (Age 5–9, Grades R–3)
- Moshudu Morudu Creche – 35 learners (Age 3–4, Grade RR)
- Seoka Primary School – 66 learners (Age 5–13, Grades R–7)

Bela-Bela – Waterberg District

- Mamakwa Primary School – 44 learners (Age 7–9, Grade 3)
- Jinnah Park Primary School – 49 learners (Age 6–7)

Mokopane & Ga-Matlala – Capricorn District

- Madiphatlogomo Primary School – 96 learners (Age 8–10, Grade 3)
- Ham Primary School – 146 learners (Age 7–10, Grades 2–3)
- Moetagare Primary School – 136 learners (Age 5–9, Grades R–3)
- Baphepeng Creche – 14 learners (Age 3–4, Grade RR)
- Semorishi Primary School – 34 learners (Age 7–8, Grade 2)



Ga-Matlala - Waterberg District

Motlare Primary School – 68 learners (Age 8–10, Grade 3)

Segole Primary School – 146 learners (Age 5–9, Grades R–3)

Mmakegang Pre-School – 22 learners (Age 3–4, Grade RR)

A Powerful Impact

In total, over 1,000 children have already been reached through Nyiko's efforts. Each session helps children understand that their body belongs to them, how to recognise uncomfortable situations, and how to speak to a trusted adult if they have a problem.

Working across rural communities and schools, Nyiko continues to bring the MBIMB message of confidence, respect, and safety to children who may otherwise have limited access to safeguarding education.

A True Champion for Children

At MBIMB, we believe that real change happens through dedicated ambassadors who take the programme directly to children and communities. Nyiko's energy, compassion, and commitment perfectly reflect the spirit of the MBIMB movement. Nyiko, thank you for being such a passionate advocate for children and for helping to build safer futures for children across Limpopo Province.

Together, we are giving children knowledge, confidence, and a voice.





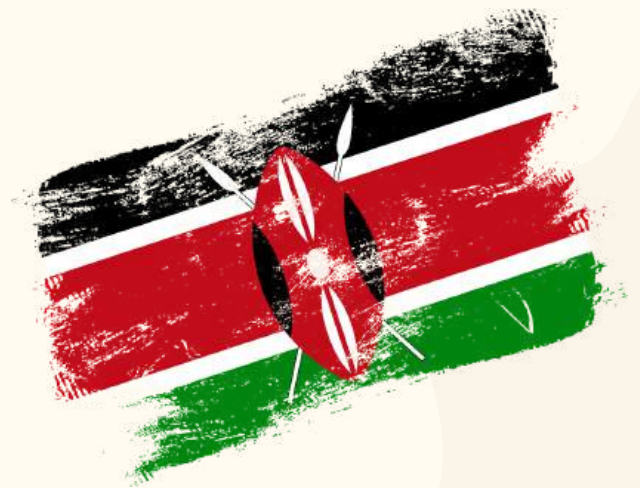




NEW AMBASSADOR KENYA



Dr. Agnes Wamburu, FCII, AWF



My Body is My Body Foundation
Charity Number 1199901

DO YOU WANT TO MAKE A REAL DIFFERENCE?

Become a My Body Is My Body Ambassador

Protect Children. Empower Communities. Be the Change.

My Body Is My Body is a free, musical body safety programme that helps children learn how to protect themselves from abuse in a fun, age-appropriate way — and we need people like **YOU** to help share it.

Why become an MBIMB Ambassador?

- Share our animated musical programme with children aged 3-10
- Host awareness sessions for parents and caregivers
- Use social media to spread -life-saving information
- Help teens share body safety messages with their younger siblings
- inspire others through photos, videos, and stories from your

Safeguarding First

All Ambassadors agree to uphold our strict safeguarding policies. Presentations must be done through recognised schools, NGOs, or approved community organisations. We are here to support and guide you every step of the way.

This is not just volunteering.

It's a movement

No child should suffer in silence. As an MBIMB Ambassador, you will be helping to break cycles of abuse and open channels of communication to build a safer world - one child, one family, one community at a time.

Ready to become a voice for change?

Apply to become an MBIMB Ambassador

Visit www.mbimb.org/ambassador



Apply to become an MBIMB Ambassador



MBIMB Board Of Directors



CHRISSY SYKES

CEO AND FOUNDER

CHRISSY CURRENTLY WORKS WITH NGO'S AND SCHOOL VOLUNTEERS IN OVER 60 COUNTRIES WHO HAVE REACHED AT LEAST 2.5 MILLION CHILDREN WITH THE PROGRAMME. ANOTHER 1.8 MILLION PEOPLE HAVE BEEN REACHED ON YOUTUBE. CHRISSY SPENDS HER TIME TEACHING VOLUNTEERS, SCHOOL TEACHERS AND COMMUNITY LEADERS HOW TO INTRODUCE THE SUBJECT OF CHILD ABUSE PREVENTION INTO THEIR COMMUNITIES USING THE MBIMB PROGRAMME.



DEE RUSSELL - THOMAS

TRUSTEE

WITH OVER 30 YEARS OF EDUCATION EXPERIENCE IN THE UK AND OVERSEAS, IN STATE AND PRIVATE SECTOR AND FROM INFANT THROUGH TO UNIVERSITY LEVEL, DEE IS ABLE TO SUPPORT, ADVISE AND PROVIDE TRAINING IN AREAS OF SCHOOL IMPROVEMENT, PLANNING FOR INSPECTIONS, LESSON OBSERVATIONS AND PERFORMANCE MANAGEMENT.



ANTONIA NOBLE

TRUSTEE

DURING HER 25 YEARS AS A BARRISTER, ANTONIA NOT ONLY DEVELOPED A DEEP UNDERSTANDING OF THE LAW BUT THE ABILITY TO PROCESS AND PRESENT INFORMATION LOGICALLY AND CLEARLY. WHAT'S MORE, IT'S WHAT SHE IS PASSIONATE ABOUT. SHE CARES DEEPLY ABOUT JUSTICE, FAIRNESS AND LIBERTY AND LOVES NOTHING MORE THAN HELPING INDIVIDUALS AND ORGANISATIONS FIND THEIR VOICE AND REACH BETTER OUTCOMES.



NICK ASKEW

TRUSTEE

CEO + FOUNDER OF SPACE AUTO, A RETAIL AND MARKETING SOFTWARE AND DATA TECHNOLOGY COMPANY IN DALLAS, TEXAS. ALSO, FOUNDER OF LUMINARY 2, A DEVELOPMENT AND TECHNOLOGY AGENCY DELIVERING CUTTING-EDGE BUSINESS TECHNOLOGY SOLUTIONS, SPECIALIZING AND INVESTING IN STRATEGIC SAAS PRODUCTS THAT REVOLUTIONIZE INDUSTRIES.



NICK GAZZARD OBE

TRUSTEE

NICK GAZZARD OBE IS A NATIONALLY RESPECTED CAMPAIGNER, SPEAKER, AND FOUNDER OF THE HOLLIE GAZZARD TRUST. HIS PIONEERING WORK ON DOMESTIC ABUSE AND STALKING PREVENTION HAS SAFEGUARDED THOUSANDS THROUGH AWARENESS PROGRAMMES, TRAINING, AND INNOVATIVE SAFETY TECHNOLOGIES. HE BRINGS INVALUABLE EXPERTISE AND PASSION TO PROTECTING CHILDREN WORLDWIDE.



CAROLINE FLYNN

TRUSTEE

CAROLINE IS THE VICE CHAIR FOR THE BASW ENGLAND LONDON BRANCH BRITISH ASSOCIATION OF SOCIAL WORKERS. SINCE 2006 CAROLINE HAS WORKED AS A LOCUM SOCIAL WORKER, CONSULTANT SOCIAL WORKER, MANAGER AND CHILD PROTECTION CHAIR THROUGHOUT THE UK.



DR. TUFAIL MUHAMMAD

ADVISORY BOARD

DR. TUFAIL MUHAMMAD (MD, MCPS, DCH, DCPATH) IS A PAEDIATRICIAN BY PROFESSION. CURRENTLY, HE IS THE CHAIRMAN OF THE CHILD RIGHTS & ABUSE COMMITTEE, PAKISTAN PEDIATRIC ASSOCIATION AND DIRECTOR OF THE REGIONAL TRAINING INSTITUTE PESHAWAR. HE HAS POSTGRADUATE QUALIFICATIONS AND TRAINING IN PEDIATRICS, CLINICAL PATHOLOGY, PUBLIC HEALTH AND REPRODUCTIVE HEALTH.



NANCY ABDELHADI

ADVISORY BOARD

NANCY HAS EXTENSIVE BUSINESS DEVELOPMENT, MARKETING, COMMUNICATIONS, PUBLIC RELATIONS, EVENT PLANNING AND RESEARCH EXPERTISE AS WELL AS A RICH ACADEMIC AND PROFESSIONAL BACKGROUND ON REGIONAL AND INTERNATIONAL LEVELS. SHE ALSO HAS COMPREHENSIVE ORGANIZATIONAL, PUBLIC RELATIONS AND MANAGEMENT COMPETENCIES.



ANNEMARIE MOSTERT

ADVISORY BOARD -ANNEMARIE IS ROTARY

INTERNATIONAL DISTRICT GOVERNOR OF DISTRICT 9400 FOR 2020 - 2021 COVERING BOTSWANA, ESWATINI, PARTS OF MOZAMBIQUE AND PARTS OF SOUTH AFRICA. MEMBER OF THE ORGANISING COMMITTEE FOR RI CONVENTION, 2025 CALGARY. COORDINATOR OF STRATEGIC PLANNING COMMITTEE, ZONE 22, AFRICA. AMBASSADOR GIRLS' EMPOWERMENT ZONE 22. AMBASSADOR, IEP (INSTITUTE FOR ECONOMIC AND PEACE). LEAD TRAINER FOR ROTARY INTERNATIONAL ASSEMBLY ORLANDO 2023. CEO AND FOUNDING MEMBER OF SESEGO FOUNDATION. DISRUPTING POVERTY.



DR. DARWIN MOSES

ADVISORY BOARD DIRECTOR OF INCLUSION AND ACCESSABILITY SERVICES

DISABILITY AND INCLUSIVE DEVELOPMENT PROFESSIONAL WORKED FOR THE EMPOWERMENT OF PEOPLE WITH DISABILITIES FOR MORE THAN 19 YEARS IN THE THEMATIC AREAS OF SPECIAL EDUCATION, INCLUSIVE EDUCATION, LIVELIHOOD, ADVOCACY AND NETWORKING. WORKED PAN INDIA AND INTERNATIONALLY. WORKED WILL ALL TYPES OF DISABILITIES.



DEBORAH J CROZIER

ADVISORY BOARD HEAD OF SCOTLAND

DEBORAH CROZIER IS A PERSON-CENTRED COUNSELLOR, CHARTERED FELLOW MEMBER OF THE ACCPH, AND TRAUMA-INFORMED PRACTITIONER DEDICATED TO CREATING SAFER, MORE COMPASSIONATE COMMUNITIES. SHE IS THE FOUNDER OF A POSITIVE START CIC, A SOCIAL ENTERPRISE SUPPORTING COMMUNITY MENTAL HEALTH AND EMOTIONAL REGULATION ACROSS THE SCOTTISH BORDERS.



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my-body-is-my-body.teemill.com

