

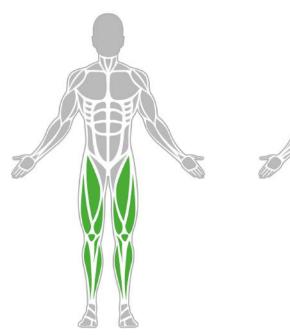
f bestrongworld

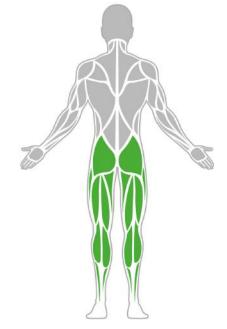
o bestrongworld

global.bestrong.com info@bestrong.com

Muscle Groups Focus







Leg Abductor And Hip Swing

This outdoor functional training device helps tone the waist, hip and thigh muscles and improves overall strength, balance and coordination. The waist exerciser - barre allows the user to gently move through the above muscle groups without straining the joints making this outdoor recreational tool perfect for all age groups.

Attributes

Product code 1-1-303 Certificate EN 16630 Age group 14 + years Capacity 1 person Max. weight load 130 kg Туре Recreational Difficulty level Easy

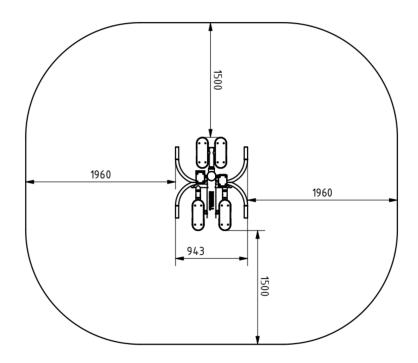
QR Code



Side View

785L 909 h

Plan View



Installation information

Number of installers (concrete)
Total installation time (concrete)
Number of installers (equipment)
Total installation time (equipment)
Excavation volume
Concrete volume
Size of the base structure
Anchoring options
In combined structures, the volume of concrete required varies.

At least 2 people 45-90 min. At least 2 people 90-120 min. 0.65 m³ 0.9 x 0,9 x 0,8 m Surface mounted

Technical specification

Safety surfice area
Net weight
Net weight
97 kg
Material
S235,KO33
Critic fall height
Color options

For more color options, discuss with your sales representative.

Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

10 years 5-10 years 2 years 5-10 years 1-3 years 2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The footrests are made premium quality non-slip HDPE with a high wear resistance.



The device is equipped with an ergonomic non-slip HDPE phone holder for convenience.



At the end of the arms. the handle is rubber-coated for a more comfortable and secure grip.



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.



The bumpers of the devices are made of durabrubber material.









