

# 40 Days Fast/Prayer JOURNAL

**Church of the Living God—JD**

The Pillar and Ground of the Truth,  
Which He Purchased With His Own Blood, Inc.



**National Headquarters**

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General Chief Overseer & Senior Bishop

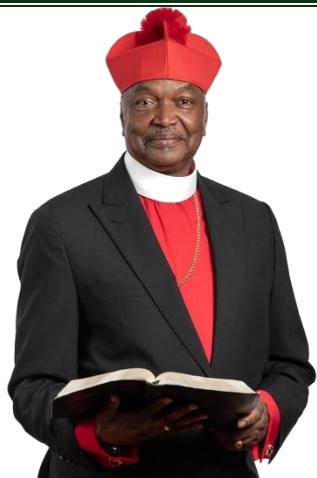
**Bishop Dr. Bonnie S. Guster**  
Assistant Overseer

*"Serving God with a Clean Heart  
And a Right Spirit"*

Create in me a clean  
heart. O God;  
and renew a right spirit  
within me.

Psalm 51:10

*January 1 - February 9  
2026*



## 2026 40 Days Fast Theme and Proclamation

### *“Serving God With a Clean Heart and a Right Spirit”*

Psalm 51:10 – “Create in me a clean heart, O God;  
and renew a right spirit within me.”

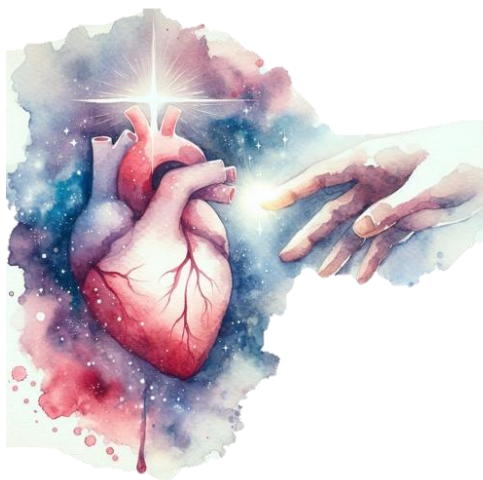
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During these 40 days of fasting, praying and meditating on God’s Word, we as a body of Christ want to give up things more than just food, habits, or our favorite television shows. We want to sacrifice by giving up things like unforgiveness, past hurts that we are holding on to, harboring internal resentment in our hearts, discouragement, and any other unseen weights we have been holding on to for years that have prevented us from developing a closer relationship with God.

We can see that today, so many people are in the church attending services and events and serving within various ministries, but their hearts, minds and spirits are really not in the church. They are just going through the motions. The results bring forth spirits of envy, strife, deception, slothfulness, complaining, desire for power, contention, competition, seeking attention, and the list goes on. It is now time for the church body to have a repenting spirit and a spiritual makeover.

This is an inner cleansing of forgiveness and purification from sin, which transforms the heart and the spirit, causing the body of Christ to be more empowered to walk faithfully with God. What are you willing to give up from January 1<sup>st</sup> to February 9<sup>th</sup> to secure a closer relationship with your God and maintain a clean heart and the renewal of a right spirit!?

We are living in a crucial time, when Jesus is apt to appear in the sky at any moment now.



And in this season, we all must apply the sincere prayer of David, where he, after sinning with Bathsheba, asked God to create in him a clean heart and renew the right spirit within him. Let us all repent and pray the prayer that David prayed as we put into action the 2026 Proclamation. If we want Him to continue to hear our prayers and heal the land, let us commit to **“Serving God with a Clean Heart and a Right Spirit.”** With God, all things are possible.

In His Service,

*Bishop Dr. Calvin Worthem*

General Chief Overseer/Senior Bishop

# 40 Days Fast

## Follow these Guidelines as you participate in the 40 Days Fast.

Saints, in observance of the 40-Day's Fast (12:00 midnight to 12:00 noon) beginning January 1, 2026, through February 9, 2026, we as believers need to fast and pray that God will clean our hearts and renew our spirits. Fasting, Praying, and Sacrificing are the quickest ways to have an encounter with God. We cannot navigate through the End-time storms of life if we do not practice fasting, praying, and sacrificing things that take up more of our time than our time with God. *"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."* (Romans 12:1-2)

For this Fasting period, we are again committed to giving up something (or some things) that we have been holding on to, and that we have allowed to put distance between us and God. Only you can decide what things you need to give up. It could be deception, anger, unforgiveness, unfaithfulness, neglecting to tithe or support your church financially, backbiting, sins that go against maintaining a healthy body, etc. This can go along with the refraining of eating/drinking during the hours of 12 am – 12 pm. Please know that the condition of your internal body health can improve greatly if you take this time to give up things that are harmful to your body (*the temple that the Holy Ghost dwells in*). During these 40 days of sacrificing and praying, choose to take better care of yourself.

So many people of God are suffering with sicknesses today, and even death, because of hidden sins, negative thoughts that cause stress, unprofitable conversations, disrespecting leadership, gossiping, overeating, and the lack of exercise. This different type of Fasting, Praying and Sacrificing will begin the practice of a different lifestyle that will enhance your living and give you a closer relationship with God. The more you practice positive changes and repent for your sins, you will permanently become a better person and be rapture ready.

While fasting, spend more quality time and intimacy with the Lord in worship; reading scriptures and positive literature; in singing spiritual songs and hymns; and in thankful prayers to God. Internalize Ephesians 5:19-20 *"Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;"*

Finally, as you fast and pray, take time to read and focus on the scriptures and prayer focuses provided in this journal for each day. I am praying for your spiritual success. Remember **"...with God all things are possible"**. (Matthew 19:26).

In His Service,  
*Bishop Dr. Calvin L. Worthem*  
General Chief Overseer/Senior Bishop





# Greetings from The Assistant Overseer...



*I greet you all in the name of God the Holy Father, Jesus Christ, His Son and our Holy Redeemer, in the name of the Holy Ghost, our Comforter and Keeper. I pray that you will be blessed and inspired as you develop a clean heart and a right spirit towards God and your sisters and brothers during this 40 Days Fast. May His presence bring miracles, healing, and deliverance to each of you!*

*Be strengthened as you make sacrifices to give up anything that is not pleasing to God and watch Him establish a permanent change in all of our hearts as we start out in a brand-New Year, covered by His love, His grace and His mercy. I am praying for all of our spiritual success!*

*Your Servant in the Lord,*

*Bishop Dr. Bonnie S. Juster*

*Assistant Overseer*

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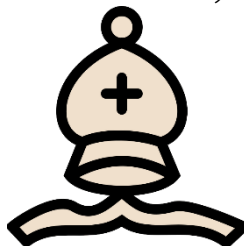
## Encouragement from *The Chief Helpers*

*To the Saints of God... As we again embrace this time set aside for us to Fast and Pray for 40 days in the New Year of 2026, let us also include the process of humbling ourselves under the mighty hand of God, and allowing Him to create a clean heart and renew a right spirit within us. Focus on the theme for this Fast, "Serving God with a Clean Heart and a Right Spirit", and let us forsake everything that holds us back from making a permanent change. May you feel His presence as you read through this Daily Prayer Journal.*

*We are praying for your physical protection and spiritual growth as we all experience the fulfillment of God's promises in our lives.*

*In His Service,*

*Bishop Rosemary Buchanan  
Bishop Dr. Aurora Jones  
Bishop Anthony P. Taylor*



*Bishop Alex Wortham  
Bishop Howard Yawn*



HAPPY NEW YEAR and Holy Greetings to everyone in Jesus' Name!

I thank God for each of you, and this 2026 Fast Journal as well as the theme from the Lord through the General Chief Overseer, Bishop Dr. Calvin L. Worthem.

Being open to change, especially with the expectation of good results, is a good place to be in the Lord. He looks forward to drawing near to those with clean hearts and hands. James 4:8 reads, *"Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded."*

It has always been Jesus' desire for the hearts of His followers to be in good standing with Him. He once said to His disciples in Mark 2:8, *"... Why reason ye these things in your hearts?"* He wanted them to have pure hearts – free from jealousy, hatred and strife. He taught in Matthew 5:8, *"Blessed are the pure in heart: for they shall see God."*

Let us pray to have a heart of repentance and a spirit of peace, love and joy throughout these 40 Days of Fasting, and then beyond the last day. The worth of our sacrificial efforts is priceless.

I implore you to take full advantage of the valuable contents of this Prayer Journal while you fast, and I pray the Lord Jesus blesses you all with answers to your prayers.

*Humbly, At His Feet...*

**Bishop Rosetta Richardson**

*President—International Outreach Ministry of Prayer*

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## What to Worry About Concerning Your Spirit?

*By Dr. Rosette Coney*

***Don't worry about having a beautiful voice to sing glorious songs  
The devil's voice is beautiful, and he sings songs all day long  
Don't worry about having good looks that people will compliment  
Demons are flowing with beauty and always ready to go where sent  
Don't worry about how smart you are and all the things you know  
Old Satan is as smart as a whip and will show out wherever he goes  
Don't worry about your riches or gold and all your material things  
The devil has a lot of stuff, and boatloads of bling, bling, bling  
Just worry about where you stand with God and what He thinks of you  
He's the only one who will judge your life  
when your living down here is through  
Just worry about the state of your heart and if you keep it clean  
Just worry about your spirit man – if it's friendly and nice or mean***





## **(Praying the first seven days for our Leaders)**



### **Day 1 – Thursday, January 1, 2026**

#### **CHOOSE WHO YOU WILL SERVE**

**Focus Scripture:** Joshua 24:15 KJV – *“And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the LORD.”*

**Reflection:** As you pray today, reflect on your life and how you demonstrate or show the world WHO you are serving. Is it God or is it something or someone else?

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### **Day 2– Friday, January 2, 2026**

#### **WHAT GOD REQUIRES**

**Focus Scripture:** Deuteronomy 10:12 KJV - *“And now, Israel, what doth the LORD thy God require of thee, but to fear the LORD thy God, to walk in all his ways, and to love him, and to serve the LORD thy God with all thy heart and with all thy soul,”*

**Reflection:** God requires us to serve Him with every fiber of our being, which involves commitment on our part and total dedication to His cause. Do you meet that requirement?

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### **Day 3– Saturday, January 3, 2026**

#### **FEAR HIM AND BE HONEST IN YOUR SERVE**

**Focus Scripture:** 1 Samuel 12:24 KJV - *“Only fear the LORD, and serve him in truth with all your heart: for consider how great things he hath done for you.”*

**Reflection:** Serving the Lord effectively will require you to fear Him and to do all of your serving in truth. Reflect on all the great things God has done for you and then ponder on how fearful and honest you are in your serve.

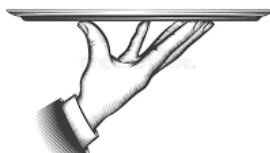
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### **Day 4– Sunday, January 4, 2026**

#### **BE HAPPY SERVING THE LORD**

**Focus Scripture:** Psalm 100:2 KJV - *“Serve the LORD with gladness: come before his presence with singing.”*

**Reflection:** Because of His greatness God is worthy of our serve. How glad are you when you enter into His presence?



## Day 5– Monday, January 5, 2026

### REJOICE AS YOU SERVE

**Focus Scripture:** Psalm 2:11 KJV - *“Serve the LORD with fear, and rejoice with trembling.”*

**Reflection:** The reverence we give to the Almighty God will cause us to tremble at the thought of His majesty and power. What is the reaction that comes out of you when you think about the sovereign God?

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## Day 6– Tuesday, January 6, 2026

### SERVE FERVENTLY

**Focus Scripture:** Romans 12:11 KJV - *“Not slothful in business; fervent in spirit; serving the Lord;”*

**Reflection:** God’s business is serious work. We can’t afford to be slothful or lagging in getting things done for the kingdom of God, and we have to serve Him fervently or passionately. How excited are you in your serve?

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## Day 7– Wednesday, January 7, 2026

### THINK ABOUT WHO YOU ARE SERVING

**Focus Scripture:** Colossians 3:23-24 KJV - *“And whatsoever ye do, do it heartily, as to the Lord, and not unto men; Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.”*

**Reflection:** Eagerly serve like you are serving the Lord and not man; you will be rewarded accordingly. Measure your enthusiasm and turn it up a notch.

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**(Praying the next seven days for all Pastors)**



## Day 8– Thursday, January 8, 2026

### SERVE ONLY ONE MASTER

**Focus Scripture:** Matthew 6:24 KJV - *“No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.”*

**Reflection:** Serving two masters is a little too much. It can cause all kinds of problems for you. It would be in your best interest to let the other one go and hold on to the One who has all power in His hands. So, which one are you going to release?



## **Day 9– Friday, January 9, 2026**

### **SERVING GOD ACCEPTABLY**

**Focus Scripture:** Hebrews 12:28 KJV - *“Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear:”*

**Reflection:** We never want to take the grace of God for granted. For His goodness toward us, we should be so ready to reverence and respect Him and to live favorably for Him before this unfavorable world. Plan to serve acceptably today.

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## **Day 10– Saturday, January 10, 2026**

### **SERVING GOD IS SERVING OTHERS**

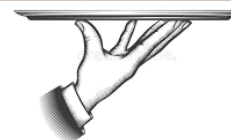
**Focus Scripture:** Galatians 5:13 KJV - *“For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.”*

**Reflection:** God is a Spirit, and He works through us to demonstrate His love. He loves without favoritism and so should we. When we serve each other in love, we serve the One who is love. You know someone today who needs to be shown some love. Let it happen...

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## **Day 11– Sunday, January 11, 2026**

### **SERVE WITH STEADFASTNESS**



**Focus Scripture:** 1 Corinthians 15:58 KJV - *“Therefore, my beloved brethren, be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.”*

**Reflection:** During this Fast, strive to become more dependable and steadier in your serve. Your leaders are depending on you to come through, and God is depending on you too. Reflect on how you can become more dependable.

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## **Day 12– Monday, January 12, 2026**

### **PRAY TO DEVELOP A STRONG SPIRITUAL HEART**

**Focus Scripture:** Psalm KJV 73:26– *“My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.”*

**Reflection:** Life’s situations may often lay heavy on our hearts and cause us to feel faint. But spending time in the presence of God will cause us to build up strength in our hearts, especially when we read His Word and seek His presence. He will strengthen and clean up our hearts and cause us to triumph in every situation we face!





## Day 13– Tuesday, January 13, 2026

### GOD HONORS A CLEAN HEART

**Focus Scripture:** Psalm 73:1 KJV - *“Truly God is good to Israel, even to such as are of a clean heart.”*

**Reflection:** Our God has always been good to His people, and He alone has searched their hearts. What will God find when He searches your heart?

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## Day 14– Wednesday, January 14, 2026

### DON'T LET YOUR HEART WORRY TODAY

**Focus Scripture:** Psalm 73:26 KJV – *“My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.”*

**Reflection:** Those of us who decide to live for God and worship Him fully don't usually complain about what's on the table at mealtimes or whether the clothes in our closets are in fashion. There is far more to our lives than the food we put in our stomachs, or to our outer appearances, or the clothes we hang on our bodies. If we just look at the birds, free and unfettered, not tied down to a job, careless in the care of God, we will see that we count far more to Him than birds. Think about the One who holds your worry-free heart in His hands.

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**(Praying the next seven days for those with heart conditions)**



## Day 15– Thursday, January 15, 2026

### HATRED WILL SOIL THE HEART

**Focus Scripture:** Leviticus 19:17 KJV - *“Thou shalt not hate thy brother in thine heart: thou shalt in any wise rebuke thy neighbour, and not suffer sin upon him.”*

**Reflection:** Hatred is one of the many things that will cause a heart to become soiled. Let's stay away from any sign of hatred for our sisters and brothers and keep our hearts nice and clean. Can you let love flow from your heart today?



## **Day 16– Friday, January 16, 2026**

### **LET YOUR HEART EMBRACE THE ONLY GOD**

**Focus Scripture:** Deuteronomy 4:39 KJV - *“Know therefore this day, and consider it in thine heart, that the LORD he is God in heaven above, and upon the earth beneath: there is none else.”*

**Reflection:** There should be no doubt in our hearts that there is only one true God, and it should be reflected in our lifestyles. What does your lifestyle reflect?

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## **Day 17– Saturday, January 17, 2026**

### **GOD IS LOOKING AT YOUR HEART**

**Focus Scripture:** 1 Samuel 16:7 KJV – *“But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.”*

**Reflection:** God’s vision of us is quite different than man’s vision of us. Man will never see what God sees in us because they are always looking on the outside. Let us be like God today and look for the inside beauty of the people we come in contact with today – look at their precious hearts and not their “rough around the edges” external. Think about how you would want to be seen.

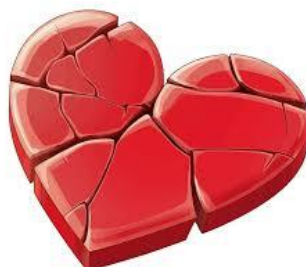
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## **Day 18– Sunday, January 18, 2026**

### **GOD REPAIRS BROKEN HEARTS**

**Focus Scripture:** Psalm 34:18 KJV – *“The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.”*

**Reflection:** So many hearts have been broken from the death of a loved one to the end of a marriage, and so many other situations. But no matter how broken your heart is, God has the tools to put things back together again. He is the Supreme repairer of broken hearts. What heart situation do you need Him to fix today?



## **Day 19– Monday, January 19, 2026**

### **HE SEARCHES THE HEART**

**Focus Scripture:** Jeremiah 17:9-10 KJV – “*9 The heart is deceitful above all things, and desperately wicked: who can know it? 10 I the Lord search the heart, I try the reins, even to give every man according to his ways, and according to the fruit of his doings.*”

**Reflection:** God knows whether the heart of man is deceitful or pure – He searches the hearts of us all and knows the content of each one. He can clean up every deceitful heart and make it right and pure again. Let Him examine your heart today and remove any traces of wickedness.

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## **Day 20– Tuesday, January 20, 2026**

### **TIME FOR A NEW HEART**

**Focus Scripture:** Ezekiel 36:26 KJV – “*A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.*”

**Reflection:** God knows whether the heart of man is deceitful or pure – He searches the hearts of us all and knows the content of each one. He can clean up every deceitful heart and make it right and pure again. Let Him examine your heart today and remove any traces of wickedness.

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## **Day 21– Wednesday, January 21, 2026**

### **THE WORD HIDDEN IN THE HEART**

**Focus Scripture:** Psalm 119:11 KJV – “*Thy word have I hid in mine heart, that I might not sin against thee.*”

**Reflection:** With the Word tucked away safely in your heart, it is ready to act as a secret weapon that will appear at any time when needed if the enemy presents a temptation before you today trying to make you sin. Be ready to defend yourself!

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**(Praying the next seven days  
for sinful hearts to repent)**



**Day 22– Thursday, January 22, 2026**

**PURIFIED HEARTS**

**Focus Scripture:** Matthew 5:8 KJV – *“Blessed are the pure in heart: for they shall see God.”*

**Reflection:** Some hearts have been tainted by the cares of life and filled with pain, disappointments, discouragement and stress. These ailments will blot out all the wonderful blessings God has for His children! A purified heart can only come when we think on things that are lovely, of good report, of virtue, and of praise – these things will keep our hearts pure so we can see God in everything that appears before our eyes.

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**Day 23– Friday, January 23, 2026**

**THE HEART SPEAKS**

**Focus Scripture:** Luke 6:45 KJV – *“A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.”*

**Reflection:** We cannot get wormy apples off a healthy tree, nor good apples off a diseased tree. The health of the apple reflects the health of the tree. We must examine our lives to see what kind of fruit we are producing. Who we are on the inside, not what we say and do, counts. Our hearts hold the depth of what is going on inside of us. What is your heart saying today?

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**Day 24– Saturday, January 24, 2026**

**BELIEVE IN YOUR HEART**

**Focus Scripture:** Romans 10:9-10 KJV – *“That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.”*

**Reflection:** Our salvation is determined by how we believe in our hearts. If we truly believe that God raised Jesus from the dead in victory, and we are bold enough to convince others of this same truth with our mouths, we seal our salvation. Are you willing to share and convince someone today?





## **Day 25– Sunday, January 25, 2026**

### **THE INTENTS OF THE HEART**

**Focus Scripture:** Hebrews 4:12 KJV – *“For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart.”*

**Reflection:** The Word of God is so powerful – with superior x-ray vision to see even the intents of our heart – our motives are detected without hesitation. We can hide nothing from God – He sees absolutely everything. The intents of our hearts must be always kept clean.

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## **Day 26– Monday, January 26, 2026**

### **THE KEEPER OF THE HEART**

**Focus Scripture:** Philippians 4:7 KJV – *“And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”*

**Reflection:** Such great peace God offers for His children that will come and settle them down when trouble threatens their sanity. It’s wonderful what happens when Christ settles you and ushers worry right out of the door. Find someone today who you can bring the peace of God to.

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## **Day 27– Tuesday, January 27, 2026**

### **LET HIM DWELL IN YOUR HEART**

**Focus Scripture:** Ephesians 3:17-19 KJV – *“<sup>17</sup> That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, <sup>18</sup> May be able to comprehend with all saints what is the breadth, and length, and depth, and height; <sup>19</sup> And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.”*

**Reflection:** With Christ dwelling in your heart today, it will be clean and filled with love. And with Christ occupying your heart, you will be able to understand the fullness of the wonderful and loving God you serve. Are you willing to make room for Him in your heart?



## Day 28– Wednesday, January 28, 2026

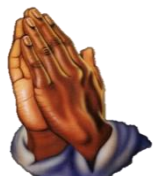
### A STABLED HEART

**Focus Scripture:** Ephesians 3:17-19 KJV – *“Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh.”*

**Reflection:** We are responsible for keeping our own hearts patient, calm, and stable while we wait for the Lord’s return. Placing our hearts in God’s capable hands will help stabilize us during these trying times?



**(Praying the next seven days for the Church Body)**



## Day 29– Thursday, January 29, 2026

### A SPIRIT WITHOUT GUILF

**Focus Scripture:** Psalm 32:2 KJV – *“Blessed is the man unto whom the Lord imputeth not iniquity, and in whose spirit there is no guile.”*

**Reflection:** Guile is defined as, clever, sneaky – you don’t want this rolling around in your spirit when you stand before the Lord in judgment.

## Day 30– Friday, January 30, 2026

### A NEED FOR THE HOLY SPIRIT

**Focus Scripture:** Psalm 51:11 KJV – *“Cast me not away from thy presence; and take not thy holy spirit from me.”*

**Reflection:** During this special time of fasting and praying, take advantage of the opportunity to cry out to God and ask Him not to remove His Holy Spirit from you. Without His Spirit, you have no power over sin.

## Day 31– Saturday, January 31, 2026

### FREE HIS SPIRIT

**Focus Scripture:** Psalm 51:12 KJV – *“Restore unto me the joy of thy salvation; and uphold me with thy free spirit.”*

**Reflection:** We often bind up the Spirit of God by holding fast to things that keep Him from flowing freely. Release the Spirit of God by giving Him total praise – by worshipping Him beyond your physical limitations. Throw up your hands and worship Him right now!

*His  
Free  
Spirit*

## **Day 32– Sunday, February 1, 2026**

### **A SERVANT’S SPIRIT**

**Focus Scripture:** Philippians 2:5-8 KJV – *“Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.”*

**Reflection:** As servants of the Most High God, we have an obligation to have a spirit (mind) of love for one another. The high and mighty in spirit will never prosper because they are selfish – always looking out for their own interests – desiring to be served and not serve. Humility is nowhere present in a person who is selfish. As you sacrifice today, pray that the Church will be filled with people who have a mind to serve and not flooding with selfish individuals, only seeking vain glory.

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## **Day 33– Monday, February 2, 2026**

### **A STEADFAST SPIRIT**

**Focus Scripture:** Psalm 78:7-8 KJV – *“That they might set their hope in God, and not forget the works of God, but keep his commandments: <sup>8</sup>And might not be as their fathers, a stubborn and rebellious generation; a generation that set not their heart aright, and whose spirit was not stedfast with God.”*

**Reflection:** The prayer for the church is that every believer will not forget all the good things God has done for them, and that they will be obedient children of God, not making the mistake of others who have gone before them, but to be steadfast, unmovable and always abounding in the work of the Lord. Let us fervently pray this today!

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## **Day 34– Tuesday, February 3, 2026**

### **AN OVERWHELMED SPIRIT**

**Focus Scripture:** Psalm 143:4 KJV – *“Therefore is my spirit overwhelmed within me; my heart within me is desolate.”*

**Reflection:** On this journey, sometimes your spirit can become overwhelmed, and you feel forsaken. During those times you must learn to feed your spirit and starve your flesh. This comes through fasting and praying. During this time read positive literature, sing songs of praise and lift your spirit back up to where it should be! Someone else may be feeling a little overwhelmed too – find them, call them, and help cheer them up.



## Day 35– Wednesday, February 4, 2026

### A FAILING SPIRIT

**Focus Scripture:** Psalm 143:7 KJV – *“Hear me speedily, O LORD: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit.”*

**Reflection:** Cry out to the Lord during the fast and pour out your heart to Him. Let Him know what you are going through, and He will not let you go down into the pit. He alone is able to lift your falling spirit. Trust Him to be the lifter of your head.



**(Praying the last five days for Miraculous Healings)**



## Day 36– Thursday, February 5, 2026

### HIS SPIRIT IS READY TO BE POURED OUT

**Focus Scripture:** Acts 2:18 KJV – *“And on my servants and on my handmaidens I will pour out in those days of my Spirit; and they shall prophesy:”*

**Reflection:** The Lord is ready to pour out His Spirit upon ready servants and handmaidens who will fulfill His will in prophesying in these last days. Are you open today to receive His powerful Spirit to carry out His works in this last lap of time?

## Day 37– Friday, February 6, 2026

### WE ARE A SPIRITUAL HOUSE

**Focus Scripture:** 1 Peter 2:5 KJV – *“Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.”*

**Reflection:** We are a spiritual house and lively stones or memorials for the Lord – yes, we are a holy priesthood and prepared to offer up acceptable sacrifices unto Him. Who, then, is willing to make a worthy sacrifice to the Lord today?

## Day 38– Saturday, February 7, 2026

### DON'T BELIEVE EVERY SPIRIT

**Focus Scripture:** 1 John 4:1 KJV – *“Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.”*

**Reflection:** As the body of Christ, we are not to believe everything we hear. We must carefully weigh and examine what people say to us. Not everyone who talks about God comes from God. There are a lot of lying preachers loose in the world. Are you able to tell when a prophet is honest and true? Don't you believe every spirit!





## Day 39– Sunday, February 8, 2026

### SPIRIT OF ANTICHRIST

**Focus Scripture:** 1 John 4:3 KJV – *“And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist, whereof ye have heard that it should come; and even now already is it in the world.”*

**Reflection:** The spirit of antichrist has slipped into the churches, bringing with it disrespect, entitlement, complaints, disgruntlement, and unrest. As the body of Christ, we must pray David’s prayer and ask the Lord to restore the right spirit within each of us. This is for real – and God is for real, and He will honor our request for restoration. Let’s pray right now for this spirit of antichrist to leave immediately!

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## Day 40– Monday, February 9, 2026

### RESTORATION FOR THE PEOPLE OF GOD

**Scripture:** Isaiah 38:16 KJV – *“O Lord, by these things men live, and in all these things is the life of my spirit: so wilt thou recover me, and make me to live.”*

**Reflection:** On this last day of the 40 Days Fast, praise be to God who has created in us a clean heart and renewed the right spirit within us. We have learned to starve the thing that produces sin and death in us (flesh) and feed that thing that brings us righteousness and life (spirit), so that we can serve Him properly. God has recovered us and has allowed us to live a life pleasing to Him. To God be the Glory!

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### TO SERVE THE LORD

To serve the Lord with a clean heart

You must be honest and true!

You must believe and trust Him

In everything that you do.

To serve Him with a right spirit

You must eliminate sin;

And when you seek Him

With all of your strength

A change in you will begin!

(A Rosette Coney Original)

*“Serving God With a Clean  
Heart and a Right Spirit.”*



# 2026 NATIONAL CHURCH CALENDAR

DATES	EVENT AND HOST CHURCH LOCATION
February 19-22, 2026 (Thursday-Sunday)	<b><u>2026 East Coast Regional Assembly</u></b> Held in Boston, MA (Host Church) for Philadelphia, PA   Dover, DE   Baltimore, MD   Badin, NC   South Carolina   Virginia   Georgia   and State of Florida
February 26-March 1, 2026 (Thursday-Sunday)	<b><u>2026 Regional Assembly</u></b> Held in Milwaukee, WI (Host Church) for Ohio   Michigan   Indianapolis and Wisconsin
March 6-8, 2026 (Friday-Sunday)	<b><u>2026 Women's Conference</u></b> Held in Mount Clemens, Michigan (Host Church)
March 12-15, 2026 (Thursday-Sunday)	<b><u>2026 Southern Regional Assembly</u></b> Held in Murray, KY (Host Church) for Alabama   Louisiana   Kentucky   Mississippi and Tennessee
April 16-19, 2026 (Thursday-Sunday)	<b><u>2026 West Coast Regional Assembly</u></b> Held in Los Angeles, CA (Host Church) for Arizona   California   Kansas  and Minnesota
June 23-28, 2026 (Tuesday-Sunday)	<b>2026 118th General Assembly</b> <b>Indianapolis, IN</b> Theme: "Serving God with a Clean Heart and a Right Spirit"
July 13-17, 2026 – <b>Camp Jewell</b> (Monday - Friday) July 17 – 19, 2026 – <b>YPA</b> (Friday - Sunday)	<b>2026 Young People Assembly</b> <b>and Camp Jewel</b> in Dayton, Ohio (Host Church) for all young people



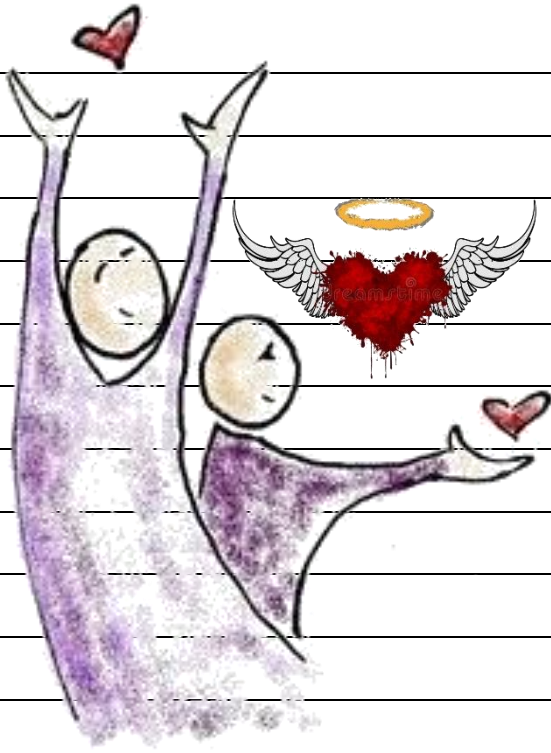
## NOTE

- ❖ *For 5th Sundays, every church will be at their own local church location.*
- ❖ *On Easter Sunday, April 5, 2026, every church will be at their own church.*
- ❖ *All local churches are free to schedule any church activity after the closing date of the YPA*

"Behold, how good and how pleasant it is for brethren to dwell together in unity!"  
Psalm 133:1

# My Personal Notes of Spiritual Growth

*"Serving God With a Clean Heart and a Right Spirit"*





*“Spending time  
with God will  
allow your heart  
to connect with His –  
that’s relationship.”* RC



## **2026 "40-Days Fast" Daily Prayer Journal**

### **CHURCH OF THE LIVING GOD**

The Pillar and Ground of the Truth  
Which He Purchased With His Own Blood, Inc.  
*Jewell Dominion*

Bishop Dr. Calvin L. Worthem, General Chief Overseer/Senior Bishop

National Headquarters Office

