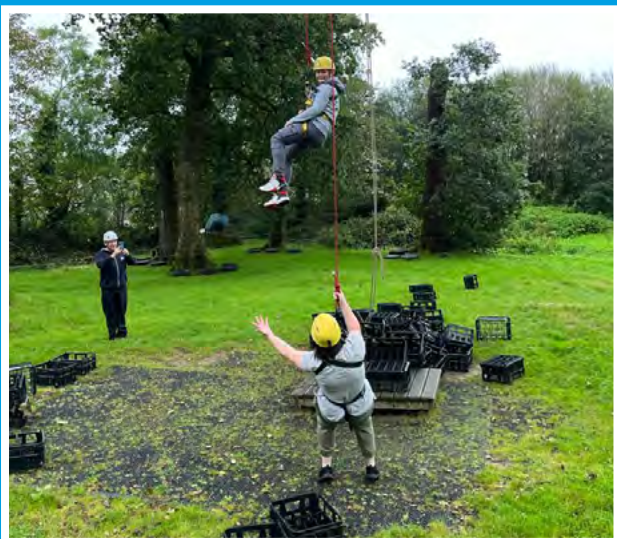
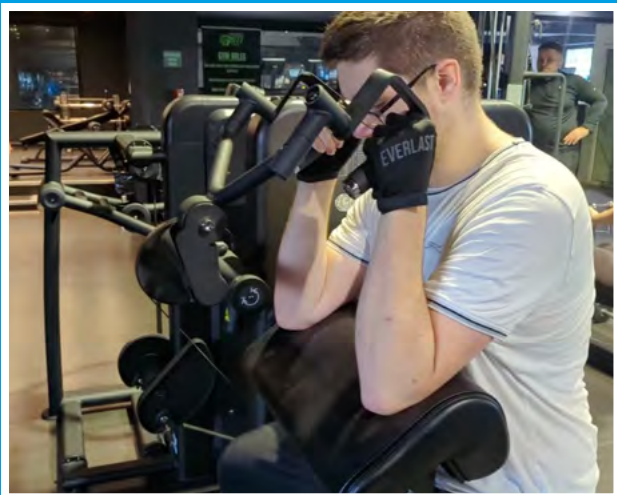




2024

IMPACT REPORT

To view our impact report video

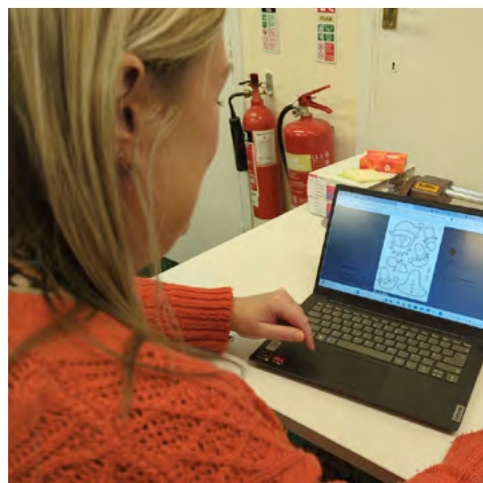
SCAN
ME



Eat That Frog

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2024

Eat That Frog CIC is a specialist post-16 institution, founded in 2011, that enables individuals to identify and overcome their barriers so they can live more fulfilled lives.

Core Ethos

We enable people to identify and overcome their barriers to live a more fulfilled life. We are based around people, values and quality.

Community Focus

The heart of Eat That Frog CIC is community. We value creating a supportive and inclusive space, where everyone feels welcomed and encouraged to reach their full potential.

“

For someone who struggles writing, they made the process simple and adapted it to how I learn. They also showed me how to write up an array of skills, experience, and abilities with a more focused approach.

2024 - Focus Forward Learner

”



WHAT A YEAR!

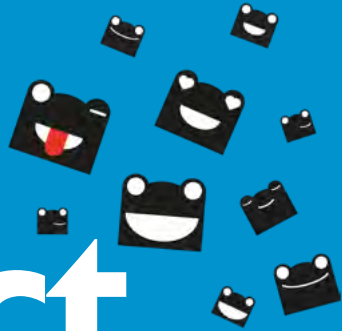
In 2024, Eat That Frog CIC continued to empower individuals through education, employment, and life skills. We supported post-16 learners with SEND, offering personalised learning, work experience, and international opportunities through the Turing Scheme. Adult programmes tackled financial, digital, and employment barriers, providing mentoring, skills training, and community inclusion initiatives.

Our impact was recognised with key awards and accreditations, 'Most Innovative Special Needs Intervention' at the National SEND Awards, and a 'Good' rating from Ofsted. We also achieved Cyber Essentials certifications, reinforcing our commitment to data security.

We strengthened community engagement, attending the first-ever Torbay Pride and Teignmouth Pride, and hosted our first staff conference. Despite challenges such as funding pressures, we introduced new engagement strategies, expanded digital support, and improved mentoring services.

Looking ahead, we aim to expand our provision, secure new funding opportunities, and strengthen social and digital inclusion initiatives, ensuring sustainable, high-quality support for learners and communities. We remain dedicated to breaking down barriers and helping individuals achieve their potential.

Our Impact



We supported

1389

individuals

NHS
Diabetes
Programme

We
supported

20

young people

**SKILLS
FOR LIFE**
MULTIPLY

We
supported

210

individuals in
Torbay & Devon

**Focus
Forward**

50%

of participants back into
work, or further education



We supported

563

individuals with National
Careers Service advice



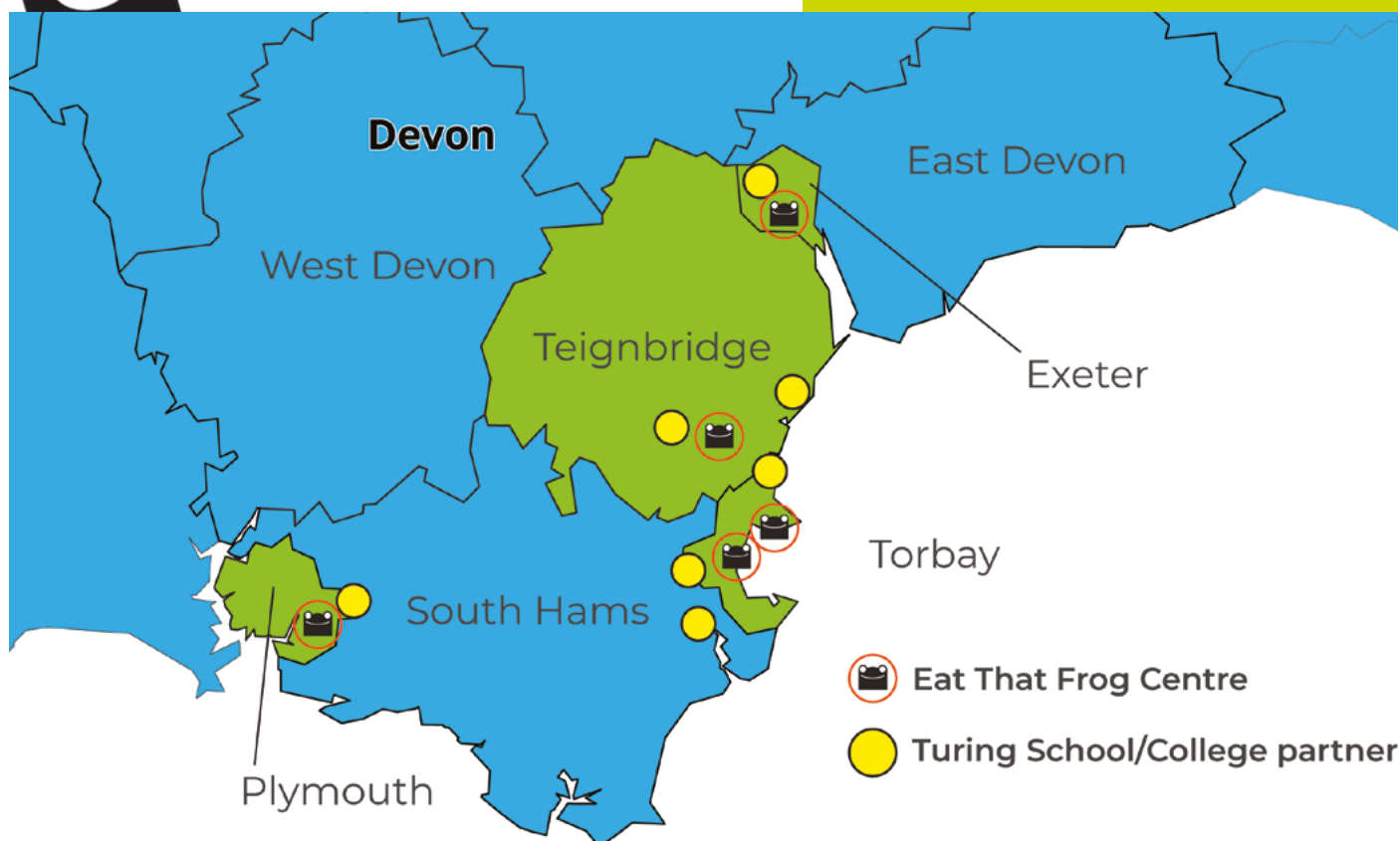
We held

268

Digital Inclusion
Sessions



Reach



Achieved



**Winner of
'Most Innovative
Special Needs
Intervention'**



Achieved



Certification

**Our top
Triumphs**



Achieved



**Matrix Quality
Standard**

Post-16

“Eat That Frog has been a massive help to Josh, he is so much more confident and happier after two years. The team are just amazing!”
2024 - Post-16 Parent

Our Post-16 provision is dedicated to supporting learners aged 16 to 25 with an EHCP, providing tailored education, vocational training, and life skills development. In 2024, we achieved significant outcomes that showcase the impact of our personalised approach.



82% of learners progressed into work, supported internships, apprenticeships, voluntary work, or further education.



35% advanced to the next study level within Eat That Frog.



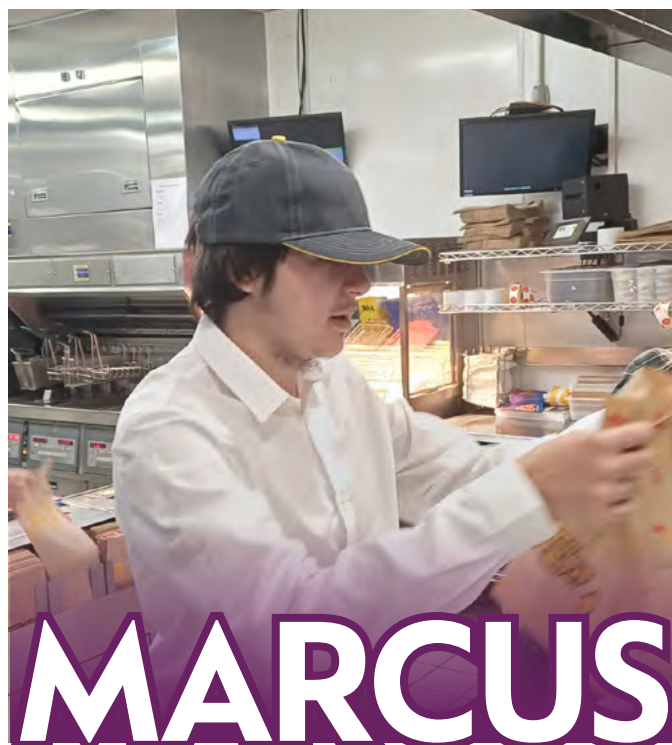
32% continued their education within Eat That Frog.



Work Experience: 49 learners completed placements, with **61%** of these being with external employers.



Learner Voice: **92%** of learners felt their voices were heard.



Marcus joined Eat That Frog facing challenges with emotional regulation, social communication, and spatial awareness. His tutor, James, introduced walking therapy to help Marcus slow down, be more aware of his surroundings, and manage anxiety.

Key Moments:

Marcus reflected on his progress: *“By learning to slow down, I’ve noticed a huge difference. I feel more confident and safe when I’m out and about.”*

His tutor, James, provided consistent support, even visiting Marcus’s family home when needed: *“Having that extra support helped me realise I wasn’t wasting anyone’s time—I could actually succeed.”*

During his work placement at McDonalds, Marcus applied what he learned: *"Breaking tasks down into steps helped me manage better."*

Achievements:

- Marcus completed his Maths Entry Level 2
- He overcame his fear of public speaking by presenting about his passion for boxing to a group of peers.
- Inspired by his success, Marcus started volunteering at a local church and plans to begin driving lessons and explore self-employment opportunities.

Future Aspirations:

With increased confidence and practical experience, Marcus is now focused on building a future that includes independent living and employment: *"I've learned that slowing down doesn't mean stopping—it means doing things better."*



Alex joined Eat That Frog after struggling with anxiety, depression, and social isolation. Through personalised support from his tutors and engaging in activities like Dungeons & Dragons (D&D) and residential trips, Alex developed essential social and academic skills.

ALEX

Key Moments:

Alex described his early experience, stating: *"I was down in the dumps most of the time, rarely leaving the house. But then I found this place, and now I'm actually quite happy. I'm happy to be here, I'm happy to learn."* Mum, Debby, noted the positive changes: *"He used to walk with his head down, but now he's looking up. He's just blooming."*

Activities like D&D helped him build confidence and teamwork: *"D&D allows me to show my creativity, and it helps me overcome my social anxiety because I get to work with others in a fun and supportive environment."*

Achievements:

- Alex made significant progress in maths and English using visual aids, hand gestures, and colour-coded learning techniques.
- Despite challenges, he persevered, saying: *"Even when I didn't pass, I kept my chin up and came back twice as determined."*

Future Aspirations:

Looking ahead, Alex aims to pursue a career that allows him to support others, potentially as a hospital porter: *"If I can help someone feel less nervous, that's something I'd love to do."*

82%

of post-16 learners progressed into work, supported internship, apprenticeship, voluntary work or further education



Projects



Eat That Frog offered a range of adult mentoring and employment support programmes designed to help individuals overcome barriers and improve their confidence, skills, and job prospects. Key programmes include:



Focus Forward (UK Shared Prosperity Fund):

Supporting economically inactive adults in Torbay with mentoring and employment guidance, helping **50% back into work or further education.**



Refocus (DWP Fuller Working Lives): Tailored support for over-50s in Exeter, addressing health, financial, and employability barriers. **30% of participants secured employment.**



New Year, New You (NHS One Devon): 1:1 mentoring for individuals with complex barriers like housing or mental health issues. **47% went back into work or training, 75% improved confidence, and 50% experienced better health.**



Diabetic Youth Project (NHS South Devon): Supporting young people with diabetes to improve health, well-being, and employability. **We supported 20 young individuals.**



Multiply Devon and Torbay (UK SPF): Boosting adult numeracy skills through practical courses and real-life activities. **65 individuals achieved numeracy qualifications.**



Digital Hubs & Data Bank (Good Things Foundation): Providing digital skills training and free devices to tackle digital exclusion. **100% noted improved digital confidence/skills.**



National Careers Service: Providing impartial careers information, advice and guidance. **53% went back into work or further education/training**

Tyler (Diabetic Youth Project): With help from his mentor, Steve and the Diabetic Youth Programme, Tyler went from doing no exercise at all and unhealthy eating habits to understanding the importance of protein and diet as well as regular exercise. Since joining the programme, Tyler lost 6.5 stone, put his diabetes into remission, exercises regularly, and is aiming to run a 10K with his mentor.

"I started to see improvement and I thought, I'm actually enjoying this!"

- Tyler



Paul (Focus Forward Project): With help from his mentors, Mary, Dom and the Focus Forward Programme, Paul went from struggling with his health and physical conditions and losing his job to learning better ways of communication, managing his health conditions independently and securing work as a security guard as well as securing further training programmes.

"I feel fantastic, mainly because of the programme and the support I received."

- Paul

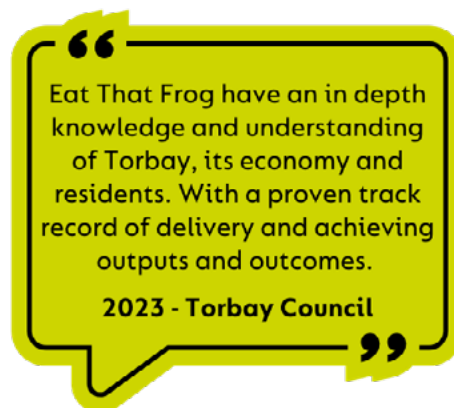
45%

Employment Outcomes:

Across all adult programmes, 45% of participants secured employment.

50%

Social Inclusion: 50% of participants engaged in community activities, improving confidence and reducing social isolation.



TURING

SCHEME

The UK's global programme
to study and work abroad

Turing



The Turing Scheme provides learners with the opportunity to gain international experience, develop independence, and immerse themselves in different cultures.

Participants included learners from both Eat That Frog Pos-16 and the Prince's Trust Programme. Learners participated in Spanish schooling, work placements, and cultural experiences that fostered resilience, social skills, and cross-cultural understanding.

In 2024, Eat That Frog expanded this initiative by facilitating trips for staff and students from eight external schools and colleges to Gran Canaria.

Charlie's Experience

Charlie, a post-16 learner with mobility challenges, had never been abroad or away from family before joining the Turing trip. Despite initial apprehension, he fully embraced the experience:

Cultural Engagement:

"I had the chance not only to learn simple Spanish but to put it into real-world practice. I can now hold my own in a Spanish shop!"

Personal Growth:

Charlie returned with greater resilience, joining the Student Council and learning to play the piano/organ.

Tutor's Reflection:

His tutor, Dan, noted, *"Charlie surpassed all our expectations. His confidence has definitely increased, and he's eager to try new things."*

90%

of participants reported increased **confidence and independence** after the trip

85%

85% felt their **understanding of different cultures** improved.





As a beneficiary of the Turing Scheme we were lucky enough to be able to offer other schools and colleges the chance to take part in our cultural exchange to Gran Canaria.

A Phoenix Bay student shared: *"This trip gave me the chance to experience new opportunities like flying and exploring a different country. I've gained a new perspective on education and experienced Spanish culture and language in ways I never could at home."*

South Devon College





Prince's Trust



Prince's Trust

The Prince's Trust Team Programme is funded through our charity, The Learning Curve. It is a 12-week course designed to help young people aged 16 to 18 develop confidence, teamwork, and employability skills. The programme includes work experience, community projects, a residential week, and a final presentation, culminating in a Prince's Trust Level 1 qualification in Employment, Teamwork, and Community Skills.

Key Activities

Residential Week: Four days of outdoor challenges such as kayaking, climbing, and abseiling to boost teamwork and resilience.

Community Projects: Learners plan, fundraise, and complete projects to support local organisations.

Work Placements: Two weeks of hands-on experience in industries of interest.

Next Steps Week: CV writing, mock interviews, and exploring future education and career options.



Connor joined the programme to boost his confidence after struggling with focus and engagement in sixth form. Through the residential and community projects, he developed better communication and teamwork skills.

His work placement at Torquay Museum involved tasks like assisting in the café, moving artifacts and engaging with visitors. Connor particularly enjoyed dressing in historical costumes and interacting with the public.

Reflecting on the experience, Connor said, ***"I feel more confident about committing to things like maths and English at college and finding work."***

Since completing the programme, he has enrolled in a course at South Devon College, exploring subjects like animal care, horticulture, and hospitality.



Looking Ahead

Our vision for the future is very much around working with our communities. We very much want to work with strategic stakeholders to help improve people's lives. It's really just continuing what we've done so far but maybe moving into slightly different geographical areas and expanding our services to work with a wider range of people.



“

I really appreciate all that you and your team have done. You have taken the time to understand my son's needs. I cannot stress enough how thankful I truly am!

2023 - Post-16 Parent

”

We aim to:

Expand provision to support more communities through grants and funding opportunities.

Strengthen our workforce through a clear training and induction process.

Enhance digital inclusion through expanding Digital Hubs and online learning opportunities.

Continue social inclusion projects, ensuring that every learner has access to life-changing education and employability support.

Thank you to all of our funders and partners. Your support means the world to us



The UK's global programme to study and work abroad



LOTTERY FUNDED





2024

IMPACT REPORT



Eat That Frog

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“The recent partner trip to Gran Canaria was an outstanding experience—extremely busy and intensive, yet highly informative. It provided valuable insights that will help us design a tailored and equally impactful trip for our learners.

2024 - Turing Partner”



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