## Muscle Groups Focus



## Monkey Rack

The monkey ladder is an essential element in a Fitness Park as it makes dynamic hanging possible which is a basic workout exercise and has multiple variations of different levels of difficulty. These exercises can be completed on a simple bar as well, however, the monkey ladder provides larger room for the combination of different elements making training more enjoyable and varied.

## Attributes

Product code
Certificate
1-7-049
EN 16630, ASTM F3101
Age group
14 + years
1 person
Max. weight load
218.26 lbs

Type
Calisthenics
Difficulty level

Side View


## Plan View



## Installation information

Number of installers (concrete) Total installation time (concrete) Number of installers (equipment) Total installation time (equipment) Excavation volume Concrete volume
Size of the base structure Anchoring options Anchoring optio

At least 2 people 45-90 min.
At least 2 people 20-30 min. $14,13 \mathrm{ft}^{3}$ $14,13 \mathrm{ft}^{3}$ $2 p c 19.69 \times 19.69 \times 31.5$ n-ground or surface

Technical specification
Safety surfice area
Net weight
Material
Critic fall height
Color options
For more color options, discuss with your sales representative.

Warranty
Around 5.25 ft radius 72.75 lbs

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty documen

25 years
15 years
2 years
5-10 years
1-3 years
2 years

## Material specification



The element is made of high quality S235 steel, whi ch has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greate protection and longevity


The clamp system al lows for easy assemb ly and extreme stability


The connecting ele-vandal-proof fastened with steel screws and nuts.


The ends of the bars and posts are sealed with injec-tion-moulded plastic caps.

