



Rev. Dr. Kim McLean

Sunday Service:

10:30 am CST

Come visit us at

7840 Learning Ln.

Nashville, TN 37221.

We meet at the

Harpeth Valley Elementary School

in the cafetorium. Follow the

signs to the entrance.

If you can't visit, join us on

Facebook live.

[Facebook Link](#)

Email Contacts:

MCWCHURCH@GMAIL.COM

MCWPRAY4ME@GMAIL.COM



If you would like to be Baptized

or join the church,

contact Pastor Kim at

MCWCHURCH@GMAIL.COM.

Lori Mahan, Editor

Contributing Editor, Angel Pontier

PHONE:

(629) 867 - 4405



Ebb and Flow

Now and then I get over-saturated with life. I'm not even sure that's a thing. I love living life big and full and finding the grand adventure in it all. I guess I feel over-saturated with emotion and to-do's and all of the amazing abundance I opened my heart to so long ago; and with all the stories I've heard today, the news I took in, and the comments I took to heart. I don't want any of it to go away, but geez! It's a lot!

To be saturated is to hold as much water as can be held, if you happen to be a sponge. Which I suppose I am, metaphorically. We all are, as we take in a day full of this and that and everything. So to be OVER-saturated is hyperbole. You can't take in any more water till you get a little time to drip dry.

I didn't say "overwhelmed" because that's different. That's too much to do in too little time with too little resources. No, I'm definitely over-saturated, which, of course, has me thinking about water.

I love the promise of Jesus, when He said, "Out of the believer's heart would flow rivers of living water." Gotta take it in before you can pour it out. I'm pouring! It's flowing! And still the river is full. Maybe I just need to get used to the sound of *many* waters.

*Many waters cannot quench love;
Rivers cannot wash it away. – Song of Songs*

But another thing comes to me. This drenched heart of mine doesn't only long to pour out to the world, but to pour out to God. Time in devotions, in the Word, in prayer, and all the quiet places where I cry on God's shoulder or gush with gratitude...the secret places between me and God keep the balance in the abundance.

God doesn't equip us with bragging rights of abundant blessings; He equips us with Himself. The *fullness* is not about taking in as much as you can hold. It's more about the flow of it. And there's my cue. I will rest in the warm light of God's presence and give from the abundance of my heart right back to God. This is how I quiet my soul when I feel...over-saturated.

July/August 2026



All Times are Central Standard Time (CST)

CONNECT WITH US

Sun	Mon	Tue	Wed	Thu	Fri	Sat
19 • 10:30 am service @ Harpeth Valley - 8th Sunday after Pentecost • 3:30 pm service @ Harmony at Bellevue	20	21 • 9:00 am Prayer Group on zoom • 7:00 pm TPK Bible talks	22 • 5:15 pm TNDR 12-step worship service	23	24	25 • 8:30 am - Midsouth workday, See details
26 • 10:30 am service @ Harpeth Valley - 9th Sunday after Pentecost • 3:30 pm service @ Harmony at Bellevue	27	28 • 9:00 am Prayer Group on zoom • 7:00 pm TPK Bible talks	29 • 9:30 am - Healing the Wounded Artist on Zoom. • 5:15 pm TNDR 12-step worship service	30	31	August 1
2 • 10:30 am service @ Harpeth Valley - 10th Sunday after Pentecost • 3:30 pm service @ Harmony at Bellevue	3	4 • 9:00 am Prayer Group on zoom • 7:00 pm TPK Bible talks	5 • 5:15 pm TNDR 12-step worship service	6	7	8
9 • 10:30 am service @ Harpeth Valley - 11th Sunday after Pentecost • 3:30 pm service @ Harmony at Bellevue	10	11 • 9:00 am Prayer Group on zoom • 7:00 pm TPK Bible talks	12 • 9:30 am - Healing the Wounded Artist on Zoom. • 5:15 pm TNDR 12-step worship service	13	14	15
16 • 10:30 am service @ Harpeth Valley - 12th Sunday after Pentecost • 3:30 pm service @ Harmony at Bellevue	17	18 • 9:00 am Prayer Group on zoom • 7:00 pm TPK Bible talks	19 • 5:15 pm TNDR 12-step worship service	20	21	22





HEALING the WOUNDED ARTIST

with
Rev. Dr.
Kim McLean



Wed. July 15th
Wed. July 29th
Wed. August 12th
Wed. August 26th

9:30-10:30 am (CT)
on ZOOM



empower creativity

embrace healing



Discover Your Healing Journey ~ Open to all artists!

Suggested Donation ~ \$15.00

MIDSOUTH WORKDAY

Saturday, July 25, 2026



Community Fellowship
Church of the Nazarene
630 Richards Road
Antioch, TN



8:30
AM



Shrubby &
Tree Trimming



Pressure
Washing



Lawn
Maintenance



Painting



Minor
Repairs



Text **540-871-0388** to Register



*Join us as we serve our
church and community together!*

The Editor's Corner

by Leri Mahan

Communication Crisis

This week, I had a thought-provoking discussion with my daughter, Amanda, about cell phone usage. Are we substituting our search for our Father's guidance with the immediacy of the internet? While information is now accessible in an instant, we often rely on the internet to address our urgent issues. However, is this always the best path to follow?

In the United States, individuals generally spend an average of 4 hours and 37 minutes on their smartphones each day. This time includes various activities such as researching, gaming, texting, and checking emails. However, does this digital engagement truly provide the same sense of fulfillment as connecting with God?

This reminds me of Jeremiah 33:3: "Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not." — Jeremiah 33:3 (KJV)

"Call unto me..." not Google, not Yahoo Mail, not Big Fish Games, or Wikipedia. What can these platforms offer us other than fleeting satisfaction?

Many people instinctively reach for a phone when they have a question, a problem, or a decision to make. Search engines, social media, artificial intelligence, and online communities can provide useful information, but they cannot replace God's guidance. The Lord invites believers to "call unto" Him first. Before consulting technology, Christians should develop the habit of seeking God through prayer, Scripture, and the leading of the Holy Spirit.

Technology can also create the illusion that we know more than we actually do. We may have access to facts, but we still need discernment to understand what is true, helpful, and honoring to God. Jeremiah 33:3 teaches that some of life's most important answers come not from a device, but from a relationship with God. He reveals truths about our purpose, character, relationships, and eternal destiny that no technology can fully provide.

This verse also encourages believers to use technology responsibly. Digital tools can be used to study the Bible, participate in worship, encourage others, share the Gospel, and build meaningful connections. When technology serves God's purposes, it becomes a blessing. However, when it becomes a distraction, an idol, or a substitute for prayer and fellowship with God, it can hinder spiritual growth.

The phrase "great and mighty things" reminds us that God's wisdom exceeds human innovation. Every technological advancement is ultimately limited by human understanding, but God's knowledge is limitless. He sees the beginning and the end. He understands what is hidden from human eyes. As technology continues to evolve, believers can confidently trust that God's wisdom remains constant and superior.

1st Thessalonians

The 52nd book of the Bible - Paul's Epistles (Letters)
Encouragement for holy living and hope in Christ's return.

DISCOVERING THE BIBLE

Chapter Outline

1 - 3: Faith and Living for God

Paul conveys his gratitude for the Thessalonians' faith, love, and perseverance, while also reflecting on his relationship with them. He expresses his longing to return and shares Timothy's uplifting report.

4 - 5: Christ's Return

Paul offers practical guidance on how to live in a manner that pleases God, focusing on issues of purity, love, and the anticipation of Christ's return. He wraps up with teachings on preparing for Christ's second coming and provides final exhortations.

Written to the church in Thessalonica around 50 - 52 AD. It is one of Paul's earliest letters and was written to the Thessalonians to emphasize Christ's return and to stress commitment.



THESSALONICA

“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus. Do not treat prophecies with contempt but test them all; hold on to what is good, reject every kind of evil.” 1 Thes. 5:16 - 22

SYMBOLISM & IMAGERY

The Day of the Lord - Paul employs the term “Day of the Lord” to represent Christ’s return and the final judgment. This imagery offers hope to believers while serving as a reminder to remain prepared.

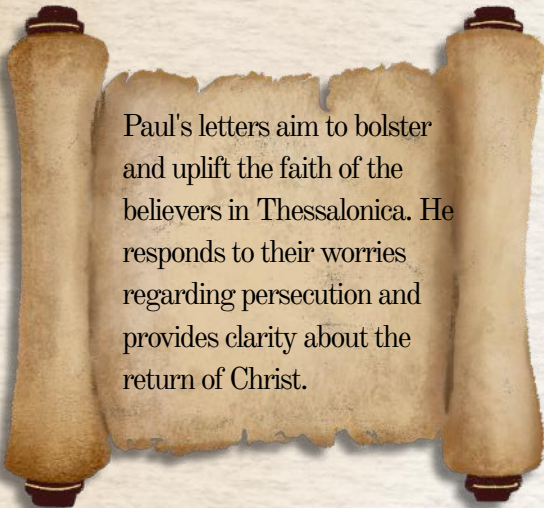
Light and Darkness - Paul contrasts light with darkness to symbolize good versus evil, urging believers to embody “children of light” as they await Christ’s return. This signifies the spiritual clarity and purity that is expected from Christians.

A Thief in the Night - The analogy of Christ’s return being akin to a “thief in the night” highlights its unpredictable nature. It calls upon believers to maintain spiritual vigilance and readiness at all times.



THEMES IN THE BOOK OF 1ST THESSALONIANS

- 1 Thes. 1 - Salutation
- 1 Thes. 1 - The Thessalonians' Faith and Example
- 1 Thes. 2 - Paul's Ministry in Thessalonica
- 1 Thes. 2 - Paul's desire to Visit the Thessalonians Again
- 1 Thes. 3 - Timothy's Encouraging Report
- 1 Thes. 4 - A Life Pleasing to God
- 1 Thes. 4 - The Coming of the Lord
- 1 Thes. 5 - Final Exhortations, Greetings, and Benediction



Paul's letters aim to bolster and uplift the faith of the believers in Thessalonica. He responds to their worries regarding persecution and provides clarity about the return of Christ.

PRACTICAL APPLICATION

Living in Hope

Today's believers are encouraged to hold onto hope regarding the return of Christ, even amidst challenging times. This fosters perseverance in their faith.

Pursuing Holiness

The call to live a blameless life resonates with modern believers, motivating them to deepen their relationship with Christ and embody His character. This timeless guidance emphasizes the importance of purity and integrity.

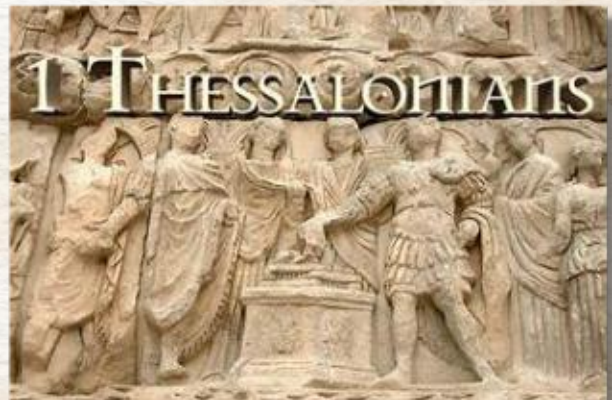
Encouraging One Another

Paul's message of uplifting and encouraging one another is particularly significant in today's community and church life. Believers are called to support and strengthen each other in their faith journey.



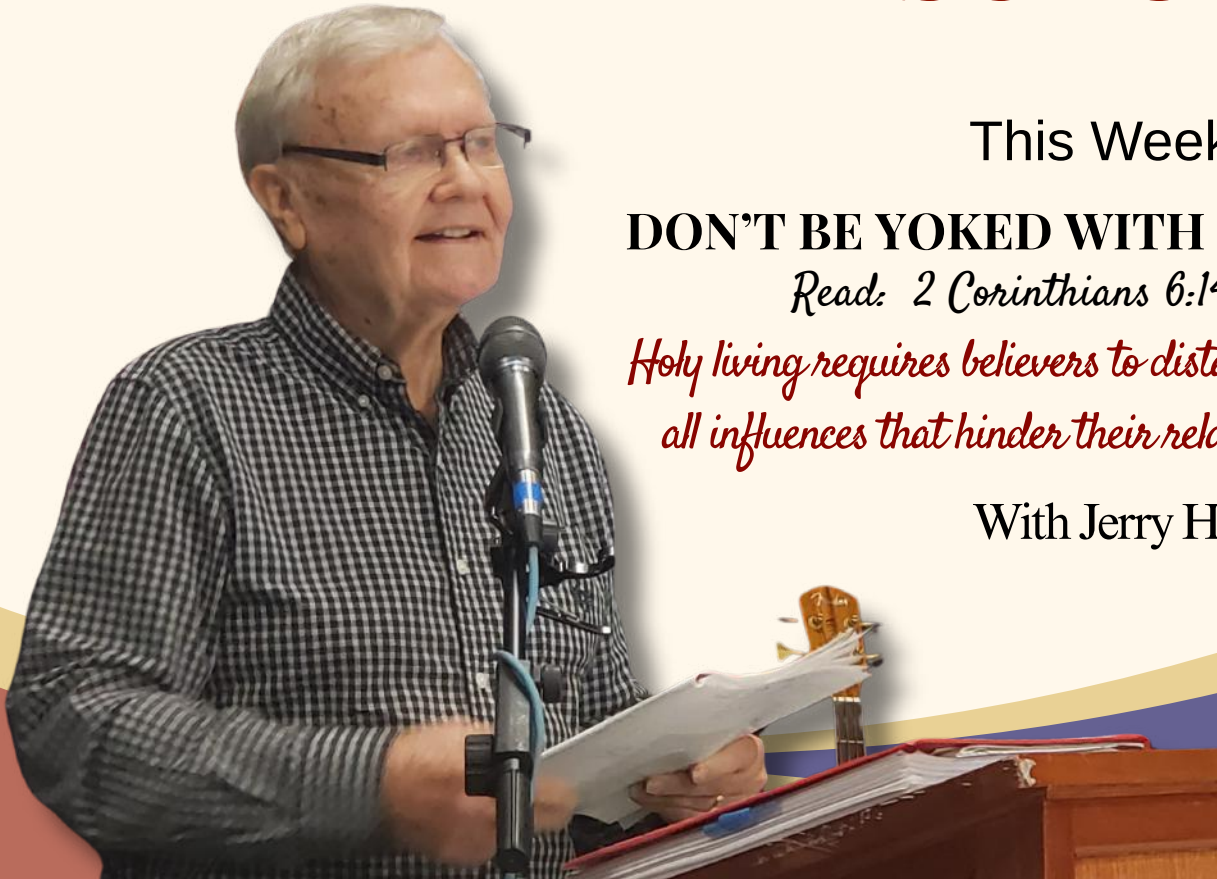
**For the Lord himself shall
descend from heaven
with a shout, with the
voice of the archangel,
and with the trump of
God: and the dead in
Christ shall rise first.**

1 Thessalonians 4:16





A POCKET FULL OF SUNDAY SCHOOL



This Week

DON'T BE YOKED WITH UNBELIEVERS

Read: 2 Corinthians 6:14 - 18 & 7:1

Holy living requires believers to distance themselves from all influences that hinder their relationship with God.

With Jerry Huff

Summer Series

July 26 - Telling the true from the false

August 2 - A perspective on worship

August 9 - Qualified to lead

August 16 - Good teaching

August 23 - Strengthening the church fellowship

August 30 - Fight the Good fight

If you would like to order a quarterly Sunday School Book, please send your request complete with name and address to mcwchurch@gmail.com, subject: Sunday School Book. A \$5.00 donation goes to fund this literature. Thank you!



“

HEART QUOTE



“Church-goers are like coals in a fire. When they cling together, they keep the flame aglow; when they separate, they die out.”

- Billy Graham -

”

July Memory Verse

*Jesus Christ is the same yesterday and today
and forever. Hebrews 13:8 (NRSV)*

A photograph of a long, straight asphalt road stretching towards a horizon under a dramatic, cloudy sky at sunset or sunrise. The word "JESUS" is painted in large, white, serif capital letters across the width of the road in the foreground. The road is flanked by dry, golden-brown grass. The overall mood is peaceful and contemplative.

JESUS

The July Initiative

Working together to grow

1

**Invite two people
to church.**

2

**Connect with a
person you haven't
contacted in a long
time.**

3

**Tell one person
each week why you
love coming to
Music City West
Church.**



July

*Freedom in
Christ*

- Day 1: 1 Cor 6:12
- Day 2: 1 Cor 7:22
- Day 3: 2 Cor 3:17
- Day 4: 2 Cor 5:17
- Day 5: 2 Cor 5:21
- Day 6: John 8:31-32
- Day 7: John 8:36
- Day 8: Galatians 2:20
- Day 9: Galatians 3:22
- Day 10: Galatians 5:1
- Day 11: Galatians 5:13-14
- Day 12: Romans 6:15
- Day 13: Romans 6:22
- Day 14: Romans 8:1-4
- Day 15: Romans 8:21



- Day 16: Romans 8:28
- Day 17: Psalm 34:19
- Day 18: Psalm 68:6
- Day 19: Psalm 79:9
- Day 20: Psalm 91:14-15
- Day 21: Psalm 119:45
- Day 22: 2 Peter 2:16
- Day 23: 2 Peter 2:18-22
- Day 24: Isaiah 61:1
- Day 25: Proverbs 1:33
- Day 26: Ephesians 2:8
- Day 27: Ephesians 3:12
- Day 28: Luke 4:18
- Day 29: 2 Timothy 1:7
- Day 30: Colossians 1:13-14
- Day 31: James 1:25





BELLEVUE COMMUNITY FOOD BANK

Neighbors Helping Neighbors



On behalf of our neighbors we serve, thank you from the bottom of our hearts for continuing to support your ministry of providing food to our neighbors who are experiencing food insecurity in our local community.

As of 7/14/2026, 4,985 individuals representing 1,653 families have visited our food bank.

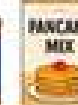
(1/27 and 2/3 closed due to the ice storm, and closed early on 4/28 due to the thunderstorm).

Ninety-eight percent of our neighbors live right here in Bellevue!



IMMEDIATE NEEDS FOR OUR DISTRIBUTION ON TUESDAY, 7/21/26

- Canned mixed vegetables (30 cans)
- Canned tomatoes (40 cans)
- Canned chili (74 cans)
- SPAM (40 cans)
- Pancake mix (40 boxes)
- Syrup (50 bottles)
- Pasta sides (30 boxes or packages) – Pasta Roni or Knorr Sides
- Pasta sauce (30 jars) – no cans please
- Canned tuna (50 cans)
- Canned fruit (50 cans)
- Mayo (40 jars)
- Corn meal (25 packages)
- Black pepper (25 containers)
- Pull-Ups – Size 4T/5T (8 packages)
- Dry cat food (6 L or XL bags)
- Dry dog food (6 L or XL bags)
- Men's and Women's razors (30 packages each)
- Laundry detergent (60 bottles)



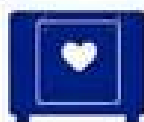
ON-GOING WEEKLY NEEDS

- Coffee (60 cans or packages)
- Juice (60, 64-oz bottles)
- Paper towels (100 packages) – 1 or 2 roll packages only
- Toilet paper (100 packages) – 4, 6 or 8 roll packages only
- Gift cards to Aldi's, Kroger or Publix (in any amount to purchase supplemental foods, and you get to save the tax!)



*UNFORTUNATELY, WE CANNOT ACCEPT:

- | | | |
|--|---|---|
| <ul style="list-style-type: none">• Expired foods• Dented or rusted canned goods• Canned beans and soups including cream soups (we have a surplus of these items)• Extra-large canned goods | <ul style="list-style-type: none">• Items not in original or opened packages• Perishables (refrigerated and frozen items)• Fresh vegetables• Baby food or formula• Meal kits• Macaroni & cheese with powdered cheese sauce | <ul style="list-style-type: none">• Freeze-dried foods• Bread or bakery items• Baby items including highchairs, car seats, strollers, training potty• Furniture• Clothing |
|--|---|---|



PLEASE DROP OFF YOUR DONATIONS
NO LATER THAN MONDAY BEFORE 2:00 PM
IN OUR DONATION CABINET.



Thank you again for your generous support of our local food bank!



FOR LARGE DONATIONS,
PLEASE CALL US AT
(615) 212-9199
TO SCHEDULE A
DROP-OFF APPOINTMENT.



Many men and women leaving prison return to society with little to no wardrobe and often without the financial means to obtain one. Having proper clothing is not just a basic need; it plays a vital role in restoring dignity, building self-respect, and supporting a successful fresh start.



THE NEXT DOOR RECOVERY

LIVES RECLAIMED
STORIES OF HOPE

VOLUNTEERS NEEDED!



WELCOME NOTES



PRAYER VOLUNTEER



SERVE MEALS



CLOTHING CLOSET

MUSIC CITY WEST CHURCH brings a 12-Step Worship
Program of Music and Scripture
to the women at The Next Door Recovery
every Wednesday at 5:15 pm CST.



TNDR STREET TEAM

Website: <https://thenextdoorrecovery.org/>

For donations, visit the TNDR Wishlist.
[Click on this link.](#)

For Volunteer opportunities or for more information contact Robbie Payne
at robbpaynetn@gmail.com
www.TheNextDoor.org

— Support Music City West Church —
WHILE YOU SHOP!



Link your Kroger Plus Card to Music City West Church through Kroger Community Rewards, and Kroger will donate a portion of eligible purchases to our ministry **at no extra cost to you.**



Every purchase makes a difference!



IT'S EASY TO ENROLL!



1. Sign in to your Kroger account.



2. Go to Community Rewards.



3. Search for "Music City West Church" or our organization number.



4. Select our church and click Enroll/Save.



5. Shop as usual and use your Kroger Plus Card.



Together, we can continue
Loving God, Loving People, and Loving Life.



THANK YOU
for supporting the mission
of Music City West Church!

Did You Know?



FACEBOOK ~ PAYPAL GIVING FUND

A simple way to support Music City West on your birthday is to ask friends and family to make a donation to Music City West instead of giving you birthday gifts.

Many nonprofits provide a donation page where contributions can be made directly in honor of your birthday, ensuring the funds go straight to Music City West.

This turns YOUR celebration into an opportunity to make a positive impact while supporting our Church.



Wear the Message ~ Share the Mission

Represent Music City West
wherever you go!

Donation/FUNdraiser



[View All Items, Prices & Order Here!](#)

Together We Can Make a Difference

Your support can transform lives and bring hope. Every contribution counts. Donate today and be a beacon of change. Together, we can spread love and kindness.

Join Us in Our Mission to
Help Those in Need



MAKE CHECKS PAYABLE TO:
MUSIC CITY WEST CHURCH
645 Old Hickory Blvd
Unit 701
Nashville, TN 37209
Attn: Pastor Kim McLean

*Shop our
Fundraiser*



venmo



MCW OUTREACH PROGRAMS

- THE NEXT DOOR RECOVERY | WORSHIP LEADERS (WEDNESDAYS @ 5:15 PM)
- PRISON MINISTRY/WORSHIP/MEN & WOMEN'S CLOTHING DONATIONS
- THE BOOK CLUB | SOMEONE TO LEAD/COORDINATE
- CELEBRATE RECOVERY | SOMEONE TO LEAD/COORDINATE
- HARMONY AT BELLEVUE | PARTICIPATE IN WORSHIP (SUNDAYS @ 3:30 PM)

MCW MARKETING/SOCIAL MEDIA

- SHARE FACEBOOK & INSTAGRAM POSTS | EMAIL POSTS | THANK-YOU CARDS
- PHOTOGRAPHER | TAKE PHOTOS AT EVENTS & SERVICES
- FACEBOOK LIVE VIDEOS & ZOOM
- PROMOTIONAL VIDEOS | YOU TUBE & WEBSITE CONTENT

EVENTS

- COORDINATOR | SETUP

OTHER

- HOSPITALITY | COORDINATOR
- SET-UP & BREAK-DOWN FOR SERVICE (CHAIRS/ALTAR AREA/RECEIVING TABLE)



GET INVOLVED

Loving God ~ Loving COMMUNITY ~ Loving Life

TPK Bible TALKS

Tuesdays
with
Pastor Kim

Tap into the power of faith every Tuesday evening with Pastor Kim McLean for inspiring Bible talks at 7-8 pm (CST). In person or on Zoom Zoom Link to TPK



Need Prayer? Join MCW every Tuesday morning at 9:00 am (CST) on Zoom mcwpray4me@gmail.com Zoom Link to Intercessory Prayer



THE
NEXT DOOR
RECOVERY

A recovery facility for women where we provide a 12-step worship service, prayer, serve meals, organization and donate needed supplies.



Book Club

Dark Sky Blue



Providing weekly food donations to support families in need.

Contact us
mcwchurch@gmail.com
Phone: (629) 867 - 4405



Bringing a full worship service each Sunday to Harmony at Bellevue, an assisted living facility.
Services start at 3:30 pm (CST).

Monday's @ 6:30 pm (CST). Classes will be in person at Pastor Kim's place. Watch the calendar for updates.

A Trauma Recovery Group

Celebrate Recovery®
A Christ-Centered Recovery Program

CELEBRATE RECOVERY - Contact Pastor Kim if you are interested in this class.