

Client Name \_\_\_\_\_

Date of Rating \_\_\_\_\_

## **Substance Abuse Treatment Scale**

**Instructions:** *This scale is for assessing a person's stage of substance abuse treatment, not for determining diagnosis. The reporting interval is the last **six months**. If the person is in an institution, the reporting interval is the time period prior to institutionalization*

1. **Pre-engagement** The person (*not client*) does not have contact with a case manager, mental health counselor, or substance abuse counselor, and meets DSM-5 criteria for mild, moderate or severe substance use disorder.
2. **Engagement** The client has had only irregular contact with an assigned case manager or counselor, and meets DSM-5 criteria for mild, moderate or severe substance use disorder.
3. **Early Persuasion** The client has regular contacts with a case manager or counselor, continues to use the same amount of substances or has reduced substance use for less than 2 weeks, and meets DSM-5 criteria for mild, moderate or severe substance use disorder.
4. **Late Persuasion** The client has regular contacts with a case manager or counselor, shows evidence of reduction in use for the past 2-4 weeks (fewer substances, smaller quantities, or both), but still meets DSM-5 criteria for mild, moderate or severe substance use disorder.
5. **Early Active Treatment** The client is engaged in treatment and has reduced substance use for more than the past month, but still meets DSM-5 criteria for mild, moderate or severe substance use disorder during this period of reduction.
6. **Late Active Treatment** The person is engaged in treatment and has not met DSM-5 criteria for mild, moderate or severe substance use disorder for the past 1-5 months.
7. **Relapse Prevention** The client is engaged in treatment and has not met DSM-5 criteria for mild, moderate or severe substance use disorder for the past 6-12 months.
8. **In Remission or Recovery** The client has not met DSM-5 criteria for mild, moderate or severe substance use disorder for more than the past year.