

MEDIA BUSINESS HEALTH & WELLNESS BEAUTY FOOD AND MORE

> JAY AND DENISE MYHAND Reflections by JLD

So Amazing! Black Culture

HENRY AR TRANS

FEBRUARY

THE REAL REAL REAL

BLACK-OWNED BUSINESSES

FLIPBOOK

TOP BUSINESSES

Huntsville Black-owned Businesses HUNTSVILLE BLACK-OWNED BUSINESSES

SPECIAL EDITION

Featuring BHM sales, events and more

CONTENTS

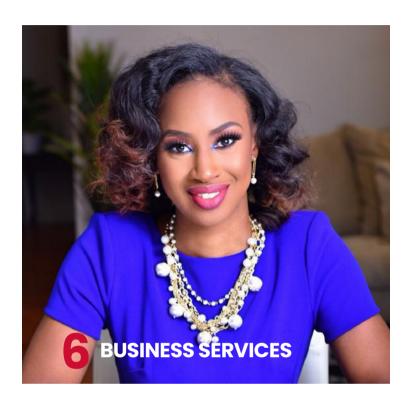


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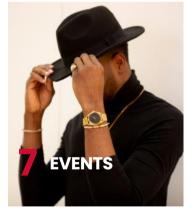
Thank you for taking the time to explore the Huntsville Black-Owned Businesses Flip Book!

04 COVER FEATURE

Our featured business.

13 MEDIA

Get your headshot and website done by the best.





EXCLUSIVE!

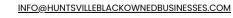


18 BACK COVER FEATURE

Get comprehensive medical care.









HUNTSVILLEBLACKOWNEDBUSINESSES.COM

EDITOR'S NOTE



Dear Shopper,

Thank you for taking the time to explore the Huntsville Black-Owned Businesses Flip Book! We're thrilled to have you here as part of a growing community that celebrates and supports local Black entrepreneurs and their incredible contributions to our city.

This flip book is more than just a directory—it's a gateway to discovering the richness, diversity, and talent within Huntsville's Black business community. From innovative services to unique products, each page showcases the creativity, dedication, and excellence that these businesses bring to the table.

Whether you're looking for a trusted service provider, a one-of-a-kind gift, or simply want to explore and support local talent, this flip book is designed to make that journey easy and enjoyable.

How to Use This Flip Book

- Browse through the pages to discover businesses that align with your needs and interests.
- Visit their websites, stores, or social media channels to learn more or make a purchase.
- Share your favorite finds with friends and family to spread the word and support these businesses.

Your support is invaluable. Every purchase you make, every recommendation you share, and every connection you foster helps strengthen Huntsville's Black business ecosystem and the community as a whole.

We're so glad you're here, and we hope you enjoy discovering all the amazing businesses Huntsville has to offer. Thank you for joining us in celebrating and supporting local Black excellence!

Kanique Mighty-Nugent

FOUNDER & EDITOR

FEATURED BUSINESS

A A A A A A A

Cover Feature



Jay and Denise Myhand

JLD Publishing, Inc. was founded by husbandand-wife duo Jay and Denise Myhand, proud alumni of Alabama A&M University (Go Bulldogs)!



Nor at the

Did you know that word search books can do more than just help you pass time? They can work wonders for your mental health! Think of them as a little escape for your mind—a way to relax, refocus, and recharge. Research shows that puzzles like word searches help reduce stress, improve memory, and boost concentration. It's self-care wrapped in fun. At JLD Publishing, Inc., we believe in the power of creativity to inspire, connect, and uplift. Whether it's through engaging word search books, beautifully designed journals, or art that transforms a space, our goal is to create products that bring joy and meaning to everyday life.

JLD Publishing, Inc. was founded by husband-and-wife duo **Jay and Denise Myhand**, proud alumni of **Alabama A&M University (Go Bulldogs!)**. More than just business partners, they are partners in purpose–driven by a shared passion for storytelling, self-expression, and representation. So what is their mission? Well, to offer products that not only entertain and inspire but also make people feel seen and valued. From thought-provoking artwork to immersive puzzles, everything JLD Publishing creates is designed to help people celebrate themselves, their stories, and the world around them.

Under the JLD Publishing umbrella, you'll find two dynamic brands—each with its own unique personality and purpose:

So Amazing! Black Culture – A Celebration of Identity and Joy

This brand is where puzzles, journals, and creativity meet cultural pride. The So *Amazing! Black Culture* collection is all about fun, self-care, and meaningful connection.

- Word Search Books: These aren't just puzzles; they're celebrations of creativity, history, and the vibrant spirit of Black culture. Whether you're unwinding after a long day or looking for a unique gift, these word searches bring joy, nostalgia, and pride to every page.
- **Journals:** From goal-setting to self-reflection, journaling is a powerful tool for personal growth. So Amazing! Black Culture journals are designed to inspire and uplift, offering a space to capture thoughts, dreams, and affirmations.

Reflections by JLD – Transforming Spaces Through Art

Art has the power to shape our surroundings and reflect our identities. Reflections by JLD specializes in stunning wall art and prints designed to make homes, offices, and community spaces more personal and inspiring.

- A Wide Range of Art Styles: Whether you love modern, abstract, Afrocentric, or classic styles, *Reflections by JLD* has something to fit your aesthetic.
- A Story in Every Piece: From bold statements to subtle accents, each artwork tells a story-designed to evoke emotion and create a space that feels like home.

Now let's meet the visionaries behind it all. Denise Myhand (President and CEO of JLD Publishing, Inc.) is the heart of the operation. With an MBA and a background in financial analysis, she's the driving force behind business strategy, product development, and growth. Her vision is clear: to create products that empower, inspire, and bring joy. Jay Myhand (COO), is the tech-savvy creative behind JLD Publishing's digital presence. With a keen eye for design and photography, Jay ensures that every product, website update, and social media campaign reflects the company's commitment to quality and creativity.

More than a business, It's a movement! JLD Publishing, Inc. isn't just about selling books, journals, and art. It's about building a community that values creativity, self-expression, and meaningful representation. Whether you're solving a puzzle, jotting down your goals, or decorating your space, JLD Publishing is here to help you embrace what makes you unique. Discover the magic for yourself at **SoAmazingBlackCulture.com** – where inspiration meets creativity, and every product is designed with purpose.

Black Culture









Business Services



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CM Services has a passion for helping businesses reach their growth goals. We specialize in expert market research services and business consultation that empowers entrepreneurs with tools and resources to make strategic decisions. We help with tactics that drive business growth that aligns with your vision and values. It's time for you to take your business to the next level!



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FEB 2025

Events



National Stress Awareness

you are NTALONE

KB EAZY PRESENTS

COUPLES

Saturday, Feb 15

7-11pm

Doors open @ 6:30pm

Hosted Games - Team Player - Relay Games - Friendly Competition - and

> Geaux Ahead, Bring Your

> > A-Game!

Many More

Tickets includes Complimentary Refreshments &

Specialty Cocktails

DreamStar Studio

4723 Commercial Dr

Huntsville, AL 35816

APRIL IS NATIONAL STRESS AWARENESS MONTH.

Team A

111

Team B

HH11

A fright for Langhs & Fun

APRIL 26, 2025 11:00am - 2:00pm

DE-STRESS EVENT FOR

CAREGIVERS

5650 SANDERSON ST. STE. R HUNTSVILLE, AL 35805 **256-479-7325** CAREGIVERS, JOIN US FOR A DAY TO DE-STRESS THROUGH FUN ACTIVITIES AS WELL AS GAIN VALUABLE KNOWLEDGE THAT CAN BE HELPFUL TO YOU IN MANAGING YOUR STRESS IN A HEALTHY WAY, THROUGH AN INFORMATIVE PANEL OF PROFESSIONALS.

THIS EVENT WILL ALSO ALLOW CAREGIVERS THE OPPORTUNITY TO CONNECT WITH OTHER CAREGIVERS IN THE COMMUNITY.

A DELICIOUS LUNCH WILL BE PROVIDED AND LOTS OF SURPRISES! WE WANT YOU TO LEAVE FEELING REFRESHED, EMPOWERED, AND MOST IMPORTANTLY, DE-STRESSED.



KIM COLLIER HOST



SHAMICA JOHNSON CO-HOST





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Beauty

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Our Service:

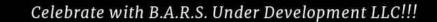
- 🤣 Personal Care
 - Transportation
- < Companion Care
- 🤜 Meal Preparation
- 🤜 Housekeeping

AVAILABLE 24/7

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Health & Wellness



This February, honor black excellence and invest in your health and wellness with B.A.R.S Under Development LLC, a proud Black-owned business transforming lives through fitness, health, and wellness.

Special Black History

Olfer

Month Offer Enjoy 30% off all services throughout February! It's the perfect time to prioritize your well-being and support a black-owned business making a difference in our community.

TAKE

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FIRST

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TODAY

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Custom fitness plans tailored to your goals, whether you're just starting or taking your fitness journey to the next level.

BOOK YOUR SESSION NOW AND JOIN THE MOVEMENT TOWARDS BETTER HEALTH. DON'T MISS THIS LIMITED-TIME OPPORUNITY TO SAVE AND THRIVE! @BarsWithBravo @ @BarsWithBravo F BARS Under Dvelopment LLC

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🚺 SCAN ME





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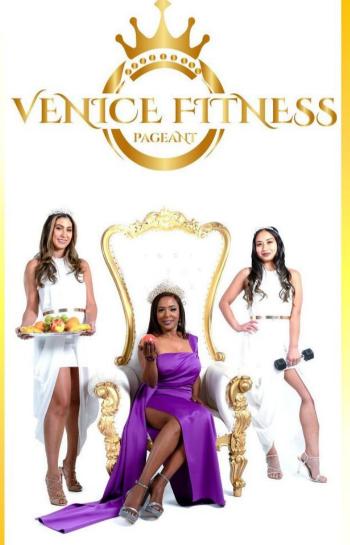
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Be You. Be Beautiful. Be Fit.

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- Group Personal Training Classes
- Group Modeling Sessions
- □ Ages 5 and Up
- One on One Modeling Sessions
- □ Ages 5 and up



Media



COMMUNITY FOUNDATION - RACIAL EQUITY FUND HEADSHOT FUNDRAISER DAYS

SPOTS ARE LIMITED

WHEN:

THURSDAY, FEB. 14TH AND FRIDAY FEB. 15TH, 2025

WHERE:

HEADSHOT HSV - 7525 MEMORIAL DR. SW SUITE C, HUNTSVILLE, AL



WHAT:

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*** \$50 OF EVERY SESSION WILL BE DONATED TO RACIAL EQUITY FUND ***

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kom.pos.ition

CREATIVITY & QUALITY KOMPOSED

Komposition is a Web Design and Media Consulting Agency that has been in business for over 13 years. We are based in Huntsville, Alabama and we focus on bringing to life the needs of our clients through visually composed elements. We do this through two main components: online web presence and live video. Our aim is to provide a full range of services to cater to individuals or small businesses based on their unique specifications.

WEB SERVICES

- WEB DESIGN
- WEBSITE HOSTING
- MAINTENANCE

VIDEO SERVICES 🖸

- LIVE VIDEO PRODUCTION
- VIDEO PODCASTING
- STUDIO CONSULTATION
- COACHING

WHO WE WORK WITH

CHURCHES NON-PROFITS ENTREPRENEURS SMALL BUSINESSES

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Contact Us Today!

Kanique Mighty-Nugent

Kirk Nugent, Speaker/Producer/Creator

THE STORY BEHIND THE BB©

Jonathan Hambrick embarked on his journey by dedicating two decades to preaching while nurturing a hidden passion for cooking, inspired by his father's recipes. His father's challenge to replicate those flavors sparked a culinary adventure that led him to sell \$10 chicken plates, gradually transitioning from borrowing grills to establishing his own cooking enterprise, Big Johns. Recognizing that his mission extended beyond the restaurant, he created MyKitchen, a versatile space that serves as a commissary and incubator for food service professionals. As a proud local, Jonathan continues to honor his roots and dreams of expanding his impact through initiatives like EGOP, a culinary network, Nurturing Potential, a workforce development program, and Violas House, a feeding program, all while maintaining his commitment to quality smoked meats and community service.

Let us cater your next event! Contact us today at: Website: bigjohnshsv.com Phone: 256-585-5787 Email: Eatgoodonpurpose@mykitchenhsv.com



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Food





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Dr. LaToya Patterson, Ph.D., BC-FNP Airforce Veteran, Practitioner, College Professor

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Feature