

# Mentone

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Seventh-day Adventist Church

**1230 Olivine Ave - Mentone, CA 92359**

**(909) 492-0738**

**[www.mentonechurch.org](http://www.mentonechurch.org)**



# Church at Study

10:00 am

## Children's Classes

Cradle Roll (Ages 0-Early 2)

Primary (Ages 7-9)

Beginners (Ages 2-3)

Junior (Ages 10-12)

Kindergarten (Ages 4-6)

## Youth

Earliteens (Ages 13-15)

Youth (Ages 15+) in PF Rm

## Adult Classes

Young Adults (Ages 18-35, Co Op Rm)

Quarterly (Sanctuary)

Spirit of Prophecy (Fellowship Hall)

New Believer's Class (Upper Rm)

Quarterly (Rm behind piano)

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**Thank you for choosing to worship with us today.** If we can help you in any way, please let us know by contacting one of our pastors, greeters, elders, deacons, or deaconesses, or by our church app/website.

### Membership Transfers to Mentone: (First Reading)

Reuben & Veriah. Plasencia from Conroe SDA Church in Texas

### Membership Transfers from Mentone: (First Reading)

Daniel & Lucas Hernandez to Waterman Visayan Fil-Am SDA Church

### New Deacons: (First Reading)

Kyle Tarbell, David Flores, and Robert Locksley

**Today at 1 pm is our Men's Ministry Meeting** in the Multipurpose Room, bring your lunch and join us for fellowship and growth!

### Birthday Blessings!

**January 24<sup>th</sup>** – Rodney Bowes **25<sup>th</sup>** – Christine Knutson, Sharon Nakadate  
**26<sup>th</sup>** – Jonny Rosado **28<sup>th</sup>** – Kaleb Post, Diane Thompson, Luciana Urueña, Jianna Cachero, Michelle Lohr **29<sup>th</sup>** – Alex Hancock, Darryl Patrick, Zac Tomazeli **30<sup>th</sup>** – Cynthia Freeman, Gary Torres, Zachary Porter, Tina Robinson, **31<sup>st</sup>** – Carlos Carbajal-Garcia



Bulletin & AV information must be submitted to

[office@mentonechurch.org](mailto:office@mentonechurch.org)

[av@mentonechurch.org](mailto:av@mentonechurch.org)

by Sunday at 8 pm

# Church at Worship

January 24, 2026, 8:30 am\* 11:00 am\*\*

Prelude	Organ
Welcome and Announcements	Elder Bevan Geslani
Introit <sup>+</sup>	Church Choir
Invocation	Pastor Rodney Bowes
Songs of Praise	#101 Children of the Heavenly Father #499 What a Friend We Have in Jesus
Opening Hymn	#88 I Sing the Mighty Power of God
Worship in Giving	Bevan Geslani
	Conference Wide Church/School Bldg Fund
Offertory	Church Choir
Lambs Offering	Bevan Geslani
Children's Story	Merrill King* Tina Kazzi**
Scripture Reading	Abraham Thomas* April Chen**
	Romans 12:1,2
Prayer Song <sup>+</sup>	Congregation
	<i>#668 O Thou Who Hearest</i>
Worship in Prayer	Abraham Thomas* Charles Chen**
Prayer Response	Church Choir
	<i>Ask in My Name</i>
Worship in Song	Church Choir
	<i>Make a Joyful Noise</i>
Sermon	Pastor Rodney Bowes
	<i>My Reasonable Service</i>
Closing Hymn	#309 I Surrender All
Benediction	Pastor Rodney Bowes
* Please Kneel	
Platform Elder: Bevan Geslani	Lead Deacon: David Garcia
Song Leader: Gary Strunk* Smith Family**	Sunset Tonight: 5:12 pm
Pianist: Ellen Hartman* Phillip Pitcher**	Sunset Next Week: 5:19 pm
Organist: Anna Sparks	

# Mentone Church Life

January 24, 2026

**Please continue to lift David Meyer in your prayers**, he is now home but on hospice and needs round the clock care. **An in-home caregiver is needed from Friday afternoons to Monday mornings at 8:30 am.** The Meyer's live about 1 mile from the church. If you can help, please contact David's daughter, Nancy at 801-560-9636 for details.

**Please keep Loretta Bianchi in prayer** as she fell and injured her knee and had to undergo surgery. She is home now and could use some good plant-based homecooked meals as she heals. Here is the link to her direct meal train, in case it's not on website yet.

<https://mealtrain.com/q2r261>

**Safe Massage Techniques and Natural Remedies class**, is this Sunday, January 25 from 3-5 pm by Elder Gary Strunk in the Fellowship Hall.

**Pastor Don MacLafferty** will be speaking at Mentone on Wednesday, Jan. 28 through Friday morning Jan. 30, 2026. Check the flyer, online or the information in the bulletin board for the schedule of the planned meetings and titles and to register to attend.

**On February 13 and 14 Family Ministries is bringing us a Family Life Weekend with Pastor Ron Kelly** and music will be provided by Matt and Josie Minikus during the programs as well as a concert Sabbath afternoon.

**The Mentone SDA Church is looking for a new treasurer** for any information call Karen Lafferty at 661-331-1219 or visit <https://mentonechurch.org/job-opportunities>.

**Our citrus fruits** are ready to be picked! This fundraising for several church youth ministries. We'd love your support! ☺

**See what is happening next week** at [www.mentonechurch.org/events](http://www.mentonechurch.org/events) and in the monthly calendar on the bulletin board.

**Adventist Christian Talk Radio** – Listen to and share 107.3 FM and [www.kwrsradio.org](http://www.kwrsradio.org) with everyone you know.

## **Financial Information as of January 16, 2026**

Church Budget: \$10,004.42 (Goal-to-Date: \$21,655.74), Annual Goal: \$375,366.16

Building Fund: \$124,419.35

## **Staff Information**

Senior Pastor: Fred Dana (845) 313-4822

Associate Pastor: Rodney Bowes (951) 500-8559

Youth Ministry Leader: Daniel Gomez (626) 900-5593

Church Secretary/Clerk: Maggie Bonilla (909) 492-0738

Church Treasurer: Intissar Issa (909) 214-9200

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# PRAYER

## Meeting

WEDNESDAY  
7 PM - 8 PM  
OFFLINE | ONLINE

# Safe Massage Techniques & Natural Remedies

by Elder Gary Strunk, MPH, CMT

When: Sunday, January 25, 2025  
Time: 3:00–5:00 p.m.  
Where: Mentone SDA Church  
Fellowship hall



Massage properly done can be a treat—soothing and therapeutic at the same time! But many novices use improper and sometimes painful techniques. They fail to understand that different body types require different massage approaches. In this class, we will cover the following topics:

- How to assess and safely reduce pain, inflammation, and muscle tension with massage.
- How to assess and treat various forms of headache pain using safe massage.
- How to combine massage with hydrotherapy in order to release tension in neck, arms, legs, trunk, etc.

# Live Like Elijah



**TOPICS INCLUDE:**  
- PERSONAL DEVOTIONS  
- FAMILY WORSHIP  
- CHILDREN'S TIME  
WITH GOD

## Join us!

Jan 28 - 30, 2026

1230 Olivine Ave.  
Mentone, CA 92359

[mentonechurch.org](http://mentonechurch.org)

**Don MacLafferty**

*Guest Speaker*

**Discipleship Seminar**

**Jan 28, 2026 - 9-12PM** God's Vision to Disciple Children & Youth  
Time Alone with God  
6-8PM Living by God's Word

**Jan 29, 2026 - 9-12PM** How to be Baptized by the Holy Spirit  
Family Worship  
6-8PM Rebuilding your Altar

**Jan 30, 2026 - 9-12PM** How Kids Learn  
Discipling the New Generation



Optional RSVP

# BLOOD DRIVE

Scan the code to make  
your next appointment!



SCAN ME

PROUDLY HOSTED BY

## Mentone Seventh-day Adventist Church

Sunday, Feb. 22, Sunday, Apr. 19,  
Sunday, Jun. 14, & Sunday, Aug. 9

9:30 am to 2:30 pm

1230 Olivine Ave., Mentone  
in the bloodmobile

For appointments, call 800.879.4484, visit  
[lstream.org/mentone](http://lstream.org/mentone), or scan the QR code above.



**Earned donor store points can be  
used to purchase Mastercards,  
LifeStream branded items, and more.  
The choice is yours.**

 LifeStream Blood Bank

# U-PICK

MON.-THUR. 8-4

WE HAVE ORANGES,  
LEMONS, GRAPEFRUIT,  
POMELO, AND AVOCADO.

ALL CITRUS IS \$1/LB  
AVOCADOS ARE \$2/LB

FUNDS GO TO HELP YOUTH  
PROGRAMS AND MENTONE  
SDA SCHOOL STUDENTS  
JOIN THE COSTA RICA  
MISSION TRIP IN THE  
SPRING! ORDER USING THE  
QR CODE BELOW!





*let's go to*  
**COSTA RICA**

Join Mentone SDA School and Church on a mission trip to Costa Rica in an effort to build a classroom and host a VBS in Liberia Costa Rica. The trip will last from April 1-8, 2026 and is focused on developing a heart for missions in children, youth, and young adults.  
Everyone is welcome!



# INSIGHTFUL UNDERSTANDING OF THE SPIRIT OF PROPHECY

To often Mrs. White has been viewed as having two main objectives-- rebuking sinners and giving rules. I would invite you to read at least two statements that will reveal her true feelings of reluctance and aversion to giving testimonies to individual people and laying down rules. (See for example Early Writings 76 and 8 Manuscript Releases 238-39.)

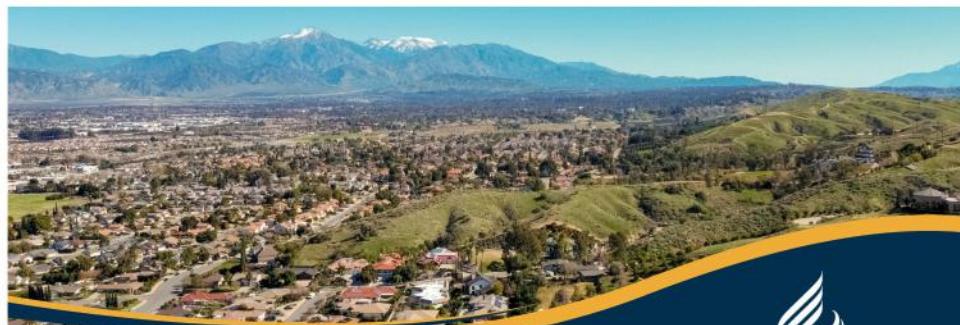
Her true passions were writing and preaching about the love of God in Christ and pointing people to the Bible. "Her writings, which were guided by prophetic revelation through visions and prophetic dreams, must be read and understood with this perspective." (Understanding Ellen White, pg. vi)

Because of her accident at the age of about 9, Ellen Harmon (White) had her educational plans thwarted. This led to bitterness toward God. She also feared hell, which she inherited from her Methodist faith, which in turn added to her viewing God as a tyrant. After a few years of spiritual turmoil her mother arranged for Ellen to talk with a Methodist Adventist minister, Levi Stockman. This deeply spiritual counsel from this minister completely changed her view of God and in later years, the parental love of God became her favorite theme. Her favorite hymn became "Jesus, Lover of My Soul" by John Wesley. (Review & Herald, Dec. 13 1906, 10)

Ellen herself wrote about the spiritual counsel Pastor Levi Stockman gave. "My views of the Father were changed. I now looked upon Him as a kind and tender parent, rather than a stern tyrant compelling men to a blind obedience. My heart went out towards Him in a deep and fervent love." (Life Sketches Original Manuscript, 43)



Ellen G. White (Seated in the middle) with her family at Elmshaven August 24, 1913



## **ADOPT A HOMEBOUND MEMBER**

### A VISITATION MINISTRY INITIATIVE

A simple but meaningful gesture, such as a visit, a phone call, or a chat, can make a difference, creating bonds of affection and continuous fellowship. We aim to support the emotional well-being of our members, seeking to fight their loneliness and minimize the effects of isolation and sadness.

“... thou art thy brother’s keeper. Thou shouldest have a watchful care for thy brother, be interested for his welfare, and cherish a kind, loving spirit toward him. Press together, press together.”

(Ellen G. White, 1T 113.3)

“The generous soul will be made rich,  
And he who waters will also be watered himself.”

(Proverbs 11:25; NKJV)

We invite you to join this vital ministry, and we pray that God will give us all a giving and loving spirit.

**Contact: Joel Rubert | (714) 785-6840 | [jerubertjd@gmail.com](mailto:jerubertjd@gmail.com)**