

WELCOME TO YOUR GUIDE TO

Canada

Ready to book the trip of a lifetime to Canada? With so much to see and do, it's natural to feel overwhelmed. But don't worry – we're here to help you every step of the way, making the process simple, stress-free, and tailored to your dream holiday.





What you'll find in this guide:

Expert guidance

We have travelled through Canada extensively to find the best experiences and recommendations for you.

Different ways to travel

From self-drives to escorted tours, we'll talk you through all the options to find your travel style.

- Advice on when and where to go We'll recommend the best regions and best times to visit based on different interests.
- Tips for your journey We'll help you choose the best experiences and activities for you to enjoy year-round.



Why book your holiday with us?

- We have 20 years of experience
 Our award-winning team has been
 dedicated to creating bespoke
 experiences for over two decades.
- Every trip is customised
 Tailored to your preferences for the best Canadian experience.
- We work with a trusted local partner
 They will be there for you around the clock, allowing peace of mind.
- You can fly from regional airports
 We offer flights across the UK and
 Ireland for added convenience.
- Your money is safe with us.
 We're fully licensed with ATOL in the UK and IAA in Ireland, ensuring top service and financial security.

THE BEST TIMES TO VISIT CANADA

You can travel to Canada year-round, although the best time of year depends on the regions you want to visit. We've suggested the best times to visit each region. No matter when you go, we recommend at least one week, but two weeks is ideal for a truly memorable trip





Vancouver Island

From May to October, Vancouver Island reveals its wild beauty under warm, pleasant skies. Long bright days make for perfect whale watching tours. Vibrant autumn colours paint the trees in stunning shades of orange, red and gold.



Vancouver

Visit April to October to discover this vibrant waterfront city. Explore the lively neighbourhoods, then venture to the Okanagan for shimmering lakes and world-class wineries or embrace Whistler's summer adventures.



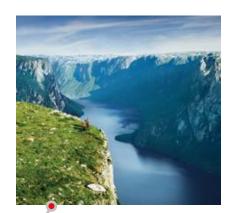
The Rockies

April to October is the best time to explore the Rockies by train, coach or car, to marvel at stunning mountains and lakes. Visit December to February to see The Rockies transform into a winter wonderland.



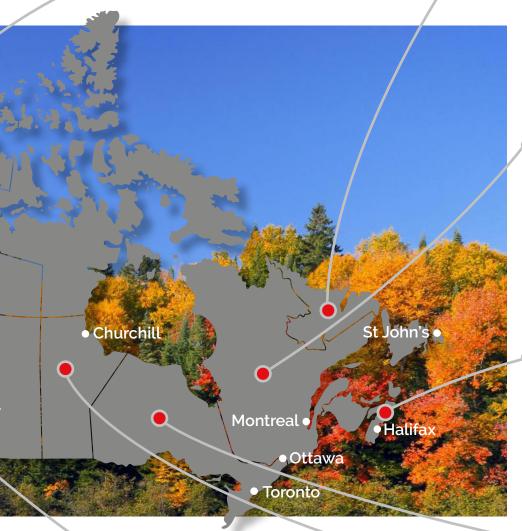
Yukon Territory

We recommend visiting from May to September for the best hiking and wildlife viewing. If the northern lights are what you're looking for, then visit August to March and witness the skies light up in a ray of colour.



Newfoundland and Labrador

May and June are the months for iceberg spotting, with July to September perfect for discovering the spectacular landscapes, national parks, and wildlife watching.



Quebec

The rolling landscapes of Quebec come alive in the spring, and the warm summer months are perfect for a road trip. Autumn brings in the vibrant colours of the fall foliage.



Novia Scotia

Explore Nova Scotia and Atlantic Canada from June to September, with mild weather to enjoy the beautiful coastline, history and delicious food and drink.



Lake Louise

The best times to visit Lake Louise is April to May and September to November. With fewer crowds, it's ideal for peaceful lakeside strolls, framed by the breathtaking backdrop of snow-dusted mountain peaks.



Churchill, Manitoba

Visit October to November to see polar bears migrate from the mainland to the ice-flows. July and August brings the beautiful beluga whales, while February offers the magical northern lights dancing across snowy wilderness skies.



Toronto and Niagara Falls

With direct flights into Toronto, Ontario is great year-round. Hot summers invite lake escapes, while cold winters bring snowy adventures and icy Niagara Falls. Spring adds freshness to the landscapes and autumn's colours are unforgettable.



A dazzling blend of city life and natural beauty, **Vancouver** offers a vibrant waterfront, mountain backdrops, and a lively food scene. Beyond the skyline, explore the vineyards of the Okanagan, cycle the Stanley Park seawall, or head to Whistler for year-round alpine adventures.

Across the strait, **Vancouver Island** invites you to immerse yourself in wilderness and coastal charm. Spot orcas, grizzlies, and salmon from remote lodges, or wander Victoria's historic streets and colourful gardens. Rugged coastlines and lush rainforests make this island a paradise for outdoor enthusiasts and wildlife lovers.

Stretching across Alberta and British Columbia, **the Rockies** are a wonderland of jagged peaks, turquoise lakes, and sweeping alpine meadows. Banff, Jasper, Yoho, and Kootenay National Parks reveal glaciers, waterfalls, and wildlife-filled valleys, offering endless opportunities for hiking, rafting, skiing, and scenic drives year-round.

Nestled deep in Banff National Park, **Lake Louise** is famed for its jewel-like waters reflecting snow-capped peaks and Victoria Glacier. In summer,

paddle a canoe across the glassy surface or hike to breathtaking viewpoints; in winter, the lake transforms into a magical skating rink.

In **Manitoba**, nature and culture converge. Churchill on Hudson Bay is world-renowned for polar bear encounters, and summer brings kayaking with beluga whales. Winnipeg mixes arts, Indigenous heritage, and striking architecture, including the Canadian Museum for Human Rights.



"Thank you, Canadian Sky, for an amazing trip to Canada! Everything was smooth, stress-free, and perfectly organised – we couldn't have asked for a better experience from start to finish."



while Twillingate provides unforgettable iceberg viewing. Each has their own stunning landscapes and attractions but share a friendly charm and a maritime spirit. Explore Halifax's lively waterfront, Peggy's Cove lighthouse, and Cape Breton's iconic Cabot Trail. Marvel at the Bay of Fundy's record tides, wander PEI's redsand beaches and Green Gables countryside, and stroll St. John's colourful streets. From UNESCO towns and dramatic fjords to fresh seafood and coastal wines, Atlantic Canada is full of timeless charm.

Combining city life with natural wonder, **Ontario** dazzles. **Toronto** offers a thriving culinary scene and iconic skyline, while nearby, **Niagara Falls** delivers one of the world's most iconic spectacles, the thunder of water cascading into mist-filled gorges. Ottawa, the nation's capital, charms with Parliament Hill, museums, and scenic riverside walks. Together, these destinations showcase the province's rich blend of culture, history, and natural beauty.

Where French heritage meets Canadian charm, **Quebec** offers elegance and history. Montreal mixes lively markets, festivals, and a gourmet food scene with cobbled streets, while UNESCO-listed Quebec City enchants with fortified walls and riverside views. Mont Tremblant provides year-round adventure set within a picturesque European-style village.

Four provinces make up Atlantic Canada, **Nova Scotia**, New Brunswick, Prince Edward Island, and **Newfoundland & Labrador**. St. John's is famous for colourful row houses,

Yukon Territory is a land of frontier spirit. Whitehorse serves as a gateway to untamed wilderness, while Dawson City brings the Gold Rush era alive. Winter skies dazzle with the Northern Lights, offering a magical spectacle across this remote northern landscape.







Wildlife experiences

Canada is a dream destination for wildlife lovers. On land, spot grizzly, black, and spirit bears in British Columbia, or venture north to Churchill, Manitoba to see majestic polar bears in their natural Arctic habitat. Watch moose and elk roaming freely through national parks like Banff and Jasper.

At sea, join a guided cruise to witness the magic of whales breaching, playful porpoises, and sea lions lounging on rocky shores. Keep your eyes up as well as down to see eagles and an astonishing variety of migratory birds.

Food and drink

Canada's culinary scene is as diverse as its landscape. Sip award-winning wines from the Okanagan Valley in British Columbia or the Niagara Peninsula in Ontario. Craft beer lovers will find something to enjoy in every province.

Try the indulgent comfort of poutine, and feast on fresh Atlantic seafood in Nova Scotia, think lobster rolls and scallops straight from the sea. In Vancouver, sample innovative Asian-fusion cuisine, while in Québec, savour the French culinary influence in the elegant bistros of Montréal and Québec City.





Water adventures

Canada's waterways invite endless adventures, from tranquil lakes to rushing rivers and rugged coasts. While in Ontario, relax on a river cruise through Ottawa River or Rideau Canal, cruise around Toronto Harbour and set sail around Thousand Islands from Kingston. In Jasper, glide across Maligne Lake to Spirit Island, while in British Columbia, tackle thrilling white-water rapids.

Unwind with a sunset wine cruise on Lake Okanagan, enjoying regional wines, then watch humpback, minke and schools of beautiful white beluga whales breach off Victoria, Newfoundland, Nova Scotia, New Brunswick, or Quebec's Tadoussac.





Outdoor wonders

Canada offers outdoor activities and adventures year-round. In summer, explore mountain resorts like Whistler and Sun Peaks, perfect for hikes and biking. National and provincial parks have endless trails, from gentle lakeside walks to challenging alpine routes, rewarding you with glacier views, wildflower meadows, and pristine mountain panoramas.

Families will find no shortage of fun, from wildlife parks and zip-lining to canoeing and cultural festivals. For a different experience, try horse riding, whether staying in a ranch or looking for a new activity, horse riding is a great way to explore the area no matter your skill level.

Come winter, Canada transforms into a snow-covered wonderland, perfect for winter activities. Stroll around Lake Louise with a hot chocolate in hand or skate the frozen lake for a bit of adventure. Fancy snowshoeing? Try an introduction to snowshoeing tour or a guided tour. Take a wonderful ice-walk through the deepest canyon the Jasper National Park, Maligne Canyon. If you're feeling festive, take a tranquil sleigh ride through the Banff countryside.





Getting around

Canada can be surprisingly complex to work out how to get around. The distances are vast, and the options are varied, but we are here help you choose the right way to travel, creating a seamless, unforgettable itinerary.









Fly and self-drive by car

Fly to your chosen destination and pick up a rental car – a self-drive holiday gives you the ultimate freedom to explore Canada at your own pace. With expert assistance from our travel team, we can help you plan your fly drive holiday to suit all your needs.

Escorted tours

Escorted tours are the easiest way to see all the best sights. You will travel in comfort, secure in the knowledge that your tour manager, who will be with you from beginning to end, will take care of all of the details. These tours are a great way to meet new friends whilst exploring Canada with a group of like-minded people. For a more intimate experience, consider our small group escorted tours. If you don't want to drive but want to keep that freedom to experience the country at your own pace, then an independent tour is perfect for you, allowing you to book activities before you travel, and transfer between each destination by coach.

Self-drive by motorhome

This flexible mode of travel gives you the freedom to travel at your own pace, offering you the ultimate opportunity to immerse yourself in Canada's natural beauty, staying in national parks and beautiful campsites.

"Canadian Sky were fantastic – nothing was too much trouble, and they guided us through every part of our itinerary with great ideas and seamless advice. Every detail was handled with care and precision, making the whole trip feel uniquely ours."

Rail

Travelling through Canada by train offers a uniquely relaxing and scenic way to experience the country's vast and varied landscapes. Depending on the route you'll travel with either VIA Rail or Rocky Mountaineer, you can sit back in comfort as you glide past the scenery, with the added bonus of onboard service, facilities and space to unwind.

Alaska cruises

A cruise to Alaska is the ultimate blend of adventure and indulgence, offering front-row views of some of the world's most dramatic landscapes. Glide past towering glaciers that crack and shimmer in the sunlight, snow-dusted peaks rising above deep fjords, and endless stretches of untamed wilderness, all from the comfort of your ship. Step ashore to encounter grizzly bears or bald eagles, wander through quaint fishing towns, or hike scenic trails in pristine national parks. With every day bringing a new horizon, you'll experience Alaska's raw beauty effortlessly, while only unpacking once.









Uncover Canada's highlights in style on this two-week tour of the west. Begin with dynamic Calgary, then journey through the dramatic landscapes of the Rockies before unwinding in Vancouver. Each stop brings a new adventure, and we can tailor every itinerary to you.

DAY 1: Calgary

Your Canadian adventure begins in Calgary, the gateway to the Rockies. Take the evening to relax and soak in the city's Western spirit. Stroll down Stephen Avenue, lined with bars and restaurants, or step into Calgary's Cowboy Town to taste its famous rodeo heritage.

DAY 2-3: Banff

A scenic coach journey will transfer you across the prairies, where the Rocky Mountains rise. Wander this charming town's boutiques and cafés or join a helicopter flight over Mount Assiniboine or the Three Sisters for breathtaking views. Ascend Sulphur Mountain by gondola to marvel at endless peaks, cruise Lake Minnewanka, and ride a horse through the wilderness. Indulge at the Fairmont Banff Springs with a round of golf or spa treatment then set out on an evening wildlife safari.

DAY 4-5: Lake Louise

Travel through the stunning scenery on the route to Lake Louise. Enjoy the wonderful sights of Banff and Yoho National Parks, passing Moraine Lake, Takakkaw Falls and the Spiral Tunnels. Each stop reveals spectacular waterfalls, shimmering lakes, and dramatic mountain passes. Spend the following day at leisure, walk lakeside trails framed by soaring peaks, hire a canoe, or sit back and admire the view from the Lake Louise Sightseeing Lift.

DAY 6-7: Jasper

Embark on a full-day guided tour along the Icefields Parkway, revealing turquoise lakes, towering glaciers, and endless mountain views. Stop at the Columbia Icefield for a short glacier adventure in a unique Ice Explorer vehicle, then visit the Discover Centre and walk the glass platform suspended high above the canyon floor. Continue to Jasper, where you can cruise Maligne Lake to the iconic Spirit Island, stroll above Maligne Canyon, wander the Athabasca Canadian Heritage River, or discover Medicine Lake.



DAY 8-9: Rocky Mountaineer

Board the legendary Rocky Mountaineer for an unforgettable two-day rail journey. Relax in spacious glass-domed carriages as you view dramatic landscapes along the Continental Divide, through valleys and the Yellowhead Pass, before an overnight in Kamloops. On day two, the scenery shifts to the Coast and Cascade Mountains, with the rushing Fraser River views. As the landscapes glide by, indulge in culinary delights and engaging conversation before arriving in vibrant Vancouver, where you'll spend the night.

DAY 10: Campbell River

Fly over sparkling British Columbia waters to Campbell River and marvel at sweeping views of forested islands and rugged coastlines from the plane window. Once there, the rest of the day is yours to explore this welcoming seaside town. Perhaps walk along the waterfront or relax and enjoy the ocean views.

DAY 11-13: Wildlife Lodge

Travel to one of the beautiful remote wildlife lodges in the British Columbia wilderness, which, depending on location, may involve floatplane or boat transfers. Each day promises unique encounters with nature. Enjoy small-boat excursions in search of bears, orcas, dolphins, sea lions and myriad sea and bird life. Join guided hikes and interpretive talks on the history and ecology of the region. From bald eagles overhead to bears along the shore, this is a rare opportunity to connect deeply with Canada's wild side.

DAY 14: Vancouver

Take a floatplane back to Campbell River and transfer to Vancouver. Wander the leafy trails of Stanley Park, shop and dine in lively Gastown, or take in panoramic views from the Vancouver Lookout.

DAY 15-21: Alaska Cruise

End your Canadian adventure with a 7-day Alaska Cruise. Sail Alaska's breathtaking Inside Passage, past towering glaciers and emerald fjords. Spot humpback whales, bald eagles, and playful seals. Explore charming ports like Juneau and Ketchikan or take thrilling excursions from glacier walks to scenic helicopter flights.











Enjoy this suggested two-week itinerary through eastern Canada. From vibrant cities to dramatic landscapes, each stop brings a new adventure, and we can tailor every itinerary to you.

DAY 1-2: Toronto

Begin your journey in Toronto, Canada's largest city. Unwind in your hotel or dive into the city's dynamic dining scene. With a full day to explore, cruise to Toronto harbour before ascending the CN Tower for a view over Lake Ontario. Later, stroll through the historic Distillery District with its cobbled lanes and independent boutiques, finishing the day with a drink in an atmospheric bar.



Venture to the Niagara Falls, looking out from viewpoints for your first glimpse, before boarding a cruise to the base of the thundering cascades. Overlook the falls for lunch, then head to the charming Niagara-on-the-Lake. Wander boutique shops and sample local wines, looking over the historic architecture, before returning to Toronto.

DAY 4-6: Ottawa

Board a train for a scenic journey to Ottawa. Travel along Lake Ontario and the Thousand Islands. Spend the evening exploring ByWard Market, which has many cafés and independent shops. Over the next two days, cruise along the UNESCO-listed Rideau Canal or take in the sights from the Ottawa River. Explore Parliament Hill, the striking National Gallery of Canada, and the fascinating Canadian Museum of History. Whether by foot, bike ride, or hop-on hop-off bus, Ottawa reveals a blend of history and charm.

DAY 7-9: Montreal

Depart the train in Montreal and enjoy an evening in Old Montreal, dining in a cosy bistro amongst cobblestone streets. The following day, join an excursion to Quebec City, a UNESCO World Heritage Site, where narrow lanes and Montmorency Falls transport you to Europe. Back in Montreal, tailor your stay with experiences that interest you: join a driving tour to Mont Royal and the riverfront, walk to Old Montreal's historic heart, or take a food tour, tasting local favourites, before boarding your train for your onward journey to Charlottetown.







DAY 10-12: Charlottetown

Wake to Atlantic views before departing the train, ready for a scenic transfer across the Confederation Bridge. On the Green Gables Shore, rolling farmland meets dramatic seascapes and picturesque villages. Visit the iconic Ann of Green Gables house and savour Charlottetown's maritime charm in the evening. The next morning, opt for a lobster cruise where you'll learn the secrets of the island's most famous catch, or discover the town on a guided highlights tour. Charlottetown's blend of coastal scenery, history, and hospitality offers a storybook experience.

DAY 13: Halifax

Continue to Halifax, where seafaring history and modern vibrancy meet. Walk the lively harbourfront with seafood restaurants and shops or join an optional tour to discover more. Choose from a food walking tour with oysters, chowder, and lobster rolls; a day trip to Peggy's Cove to see its postcard-perfect lighthouse; or an excursion to colourful Lunenburg, a UNESCO-listed fishing village known for the Bluenose schooner.

DAY 14-16: St. John's

Conclude your journey with a flight to St. John's, North America's oldest city, where colourful row houses line the hillsides. Spend your first evening on George Street, famed for its lively pubs and music scene. The following day, set out on a tour to Cape Spear, home to North America's oldest lighthouse. From Signal Hill, admire panoramic views and hear stories of early explorers. For deeper insight, visit Quidi Village, Government House, and the city's historic churches. Round off your adventure with an Iceberg Quest boat tour, sailing past Cabot Tower and along the coast in search of whales, puffins, and, in season, towering icebergs. It's a fitting finale to a journey showcasing Canada's breadth and beauty.

Your dream Canadian adventure awaits...

We tailor every itinerary around you. Whether it's scenic road trips, flights and trains between cities, or adjusting durations and destinations, it's all possible. Speak with our travel experts today and let us create a holiday that's uniquely yours.







