



Issue 8

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WELCOME

Editorial Message

DESIGNER



NAMAN SRIVASTAVA

Dear Readers,
Welcome to the latest edition of our school E- Magazine! As the Editorial Secretary, I'm thrilled to present a collection that reflects our vibrant school community. This magazine showcases the creativity and intellect of our students. Within these pages, you'll discover profiles of outstanding students, insights into our academic achievements, and glimpses into our extracurricular activities. It's a celebration of our collective talents and passions. I hope you find inspiration, information, and enjoyment in these pages. Thank you for being a part of our school's story. I will make sure that this magazine reaches every individual of our school.

EDITOR



THANUSREE A

Dear esteemed readers,
It is with great enthusiasm that I welcome you to our magazine 2023-24. As the Editorial Secretary, I am thrilled to have been a part of the creative journey that brought this publication to life. From concept to design, each page is a testament to the dedication and passion of our team. We hope you enjoy the diverse range of articles, stunning visuals, and thought-provoking content that we have curated for your enjoyment. Thank you for joining us on this adventure.

CONTENT PLANNER



SACHITHAA P

Dear Readers,
Welcome to the latest edition of our magazine! We're excited to bring you a diverse range of articles, captivating stories, and insightful perspectives. A big shoutout to our dedicated team of writers, photographers, and contributors who have poured their creativity into making this issue truly special. We hope you enjoy reading it as much as we enjoyed putting it together. Happy reading!

CONTENT WRITER



Hello Readers, I am P R Chandinesswari of IX-E, and I am honored to be a part of this year's editorial committee, which is the heart of communication and creativity. With a keen interest in writing and journalism, I hope to capture your interest as a reader in our magazine. It was a daunting yet rewarding task of compiling reports on events in our school. I hope that everyone reading this magazine, gets glimpses of vignettes of our school life.

P R CHANDINESSWARI

CONTENT WRITER



My name is Pratikhya Satpathy, one of the 9th grade editorial secretaries. I really love writing and this magazine is a great opportunity to showcase my talent. I find it super fun and interesting. I write not only for myself, but for other people to relate and agree on past experiences and present opinions. The whole Editorial Team have worked hard in compiling the magazine. Hope you all enjoy the latest editon.

PRATIKHYA SATPATHY

CONTENT WRITER



I am Vivek Vijaya Shekar and I am one of 8th grade editorial secretaries. I am overwhelmed to be a part of this year's team. I, with my fellow members, have contributed to prepare a magazine to showcase the expressiveness of the young minds of our school. I hope this magazine is delightful, fascinating and make you come across with new things.

VIVEK VIJAYA SHEKAR

CONTENT WRITER



I am Vikrant V Nair of class 8th B and I'm happy to be a part of the editorial committee of my school. I've always had a passion for writing stories and articles, which has been a good thing for myself till now. The Editorial group has relied on each other for works being done and I believe that it's a great thing for me to share this, and that's it. Enjoy reading!

VIKRANT V NAIR

CONTENT WRITER



Dear readers, My name is Anukriti Bhowmik, and I'm honoured to be a part of the editorial committee. I am extremely grateful to have this opportunity to help in creating this magazine along with my senior members, fellow pupils and esteemed teachers. I enjoy writing and I sincerely hope that every reader enjoys the magazine wholeheartedly.

ANUKRITI BHOWMIK

Principal's Desk



**Mrs. Chitrakala
Ramachandran**

The function of education is to teach one to think intensively and to think critically.

Intelligence with character, that is the goal of true education".

-Martin Luther King, Jr.

The world of 21st century is changing at an accelerated scale. It is a challenge for educators to cope with the changing world order and prepare their students for the future. It has rightly been said by Margaret Mead that, "Children need to be taught how to think, not what to think".

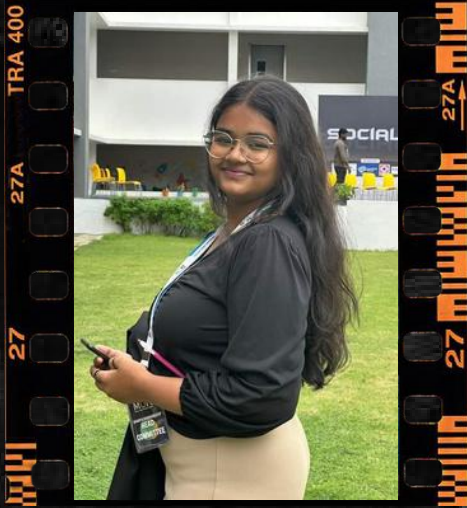
Chennai Public School, Thirumazhisai conducted some extraordinary events during this term to inculcate creativity, critical thinking, innovation, divergent thinking along with the necessary values.

The school has a holistic approach in promoting Swachh Bharat Abhiyan, Ek Bharath Shreshta Bharat activities. Through these, we truly ensure that students are made to think and perform not only to understand our heritage and culture but also allows them to express themselves to the country and the world at large.

All education systems mainly focus on the students' imagination and to trigger their meta-cognitive skills. We ensure this is prioritized at all levels of learning.

I congratulate all the students for their exemplary performances.

School Pupil Leaders' Aspirations



DHANYA DHANASEKAR

Hello everyone! Being the SPL for 5 months taught me a great many things. As I continued on this journey, I learned of virtues such as prudence, fortitude, temperance, and tenacity. We have held a number of events in the recent months, all of which have been tremendous triumphs, and I intend to continue our winning run until the end of the academic year. Of course, none of this would have been possible without our very own students. It is essential to keep in mind that we should collaborate and share what we've accomplished. In conclusion, I genuinely hope I've kept my earlier commitment to make this year the best ever!



PRAJYOTH NAIR

Dear Fellow Students,
I'm honored to serve and represent each one of you during this time. My aim is to make these upcoming months filled with unity, progress, and fun. I want to ensure that everyone's voice is heard and considered. Together, let's embark on a journey of positive change and growth within our school community. I invite you all to share your thoughts, ideas, and concerns with me. I'll be dedicated to advocating for what matters to us all, organizing events that promote inclusivity, and fostering an environment where everyone feels valued and heard. Let's make these remaining months memorable and impactful. Together, we'll make a difference.



THE SCHOOL'S SCOOP

WISTERIA

Wisteria 2023 was held on September 1st and 2nd, with our school being the host of the event. 22 schools from all over Tamil Nadu participated in the event. A total of sixteen events were planned. Each event had its own set of unique rules and regulations. All the students and teachers were welcomed by Anna Jain and Dhanya Dhanasekar, members of the organising committee. This was followed by the rendition of Classical music by the school choir. The classical dance that followed mesmerised everyone. Dibyansha Mohapatra gave the welcome address. Harini Sankar welcomed the chief guest, Mr. T.N. Santhosh, a famous director and our Principal, Ms. Chitrakala Ramachandran felicitated the guest. Subsequently, some soulful western music entertained the audience. Our Principal then came on stage to give us her words of wisdom, inspiring the students to do their best in all the events. It was now the turn of the chief guest, Director T.N Santosh's to give an inspiring speech about the current generation's ability to adapt to new things. Everyone enjoyed his way of interacting with the audience and really looked forward to seeing him again. Eventually, the participants dispersed to their respective venues. At the end of the day, one of our chief guests, Mrs. Hari Priya Isai, sang multiple songs to lighten up the students' mood and cheer us.

At the end of Day-2 of Wisteria, there were a total of eight finalists. The judges held games on the spot for the finalists. The winning school was Sri Chaitanya E Techno Schools. The prizes were distributed to the students and everyone was cheering the winners on, spreading good vibes all over the place. The judges showcased their fun talents and the students had a good laugh. Wisteria was brought to a memorable end by the electric hip-hop performance by the students of CPS, Thirumazhisai.



MATHLETICS

Chennai Public school hosted a remarkable Mathematics Enrichment Event aimed at fostering a deeper understanding and appreciation for numbers among our students. The event was designed to engage students in interactive and enjoyable activities that went beyond the traditional classroom setting, providing a unique opportunity for them to explore the fascinating world of numbers.

A dedicated area was set up with a variety of mathematical games and challenges. Students had the chance to apply their knowledge in a playful and engaging manner. From Sudoku and logic puzzles to strategic board games, the atmosphere buzzed with enthusiasm as students collaborated and competed, all while honing their problem-solving abilities.



BLOSSOM DAYS

Brown Blossom Day (7th November 2023):

In celebration of color day festivities, the school embraced "Brown Blossom Day" to highlight the beauty and significance of Earth. Children, adorned in brown attire, engaged in a 'Bear Footprint' activity, fostering a connection with nature and sparking curiosity. Crafting teddy bears from coconut shells encouraged cognitive, creative, and fine motor skill development.



Orange Blossom Day (12th September 2023):

A lively and engaging Orange Blossom Day unfolded, adorned with cheerful orange decorations. Children, dressed in vibrant orange outfits, participated in activities ranging from counting orange objects to a Float and Sink Science experiment. Discussions about natural disasters and a spirited game of basketball added an educational dimension. The day concluded as a memorable learning experience, celebrating the beauty and diversity of the color orange.

Green Blossom Day (6th October 2023):

Celebrated with zeal, students and teachers donned green attire for Green Blossom Day, promoting prosperity and harmony. Games like frog jumping and paper ball spooning provided opportunities for color and number identification. The day focused on recognizing green elements in nature, fostering a connection with healthy living. The celebration concluded with a moral message encouraging the planting of more trees and adopting a healthy lifestyle.



VOWEL SURGERY

To enhance the Listening, Speaking, Reading and Writing skills of the students, the Pre- Primary Wing of Chennai Public School, Thirumazhisai celebrated "Vowel Surgery" event.

Students dressed up like doctors under the guidance of their teachers, participated enthusiastically in the event. They blended the words and made sentences through sewing activity. They even did the brushing activity which made them understand the importance of brushing twice a day.



HINDI DIWAS

The Hindi Department celebrated the Hindi Diwas on 14th September 2023. A singing competition was organised for the students of IPP3 , Primary and the Upper Primary . They showcased their talent by singing group songs . Competitions like Fancy dress, Poem recitation, Memory games , Riddles and Story telling were conducted for Grades 1 to 5 . Based on the SDG Goal 14 Life below water Expo was organised by the students of Grade 6 to 9 wherein they presented their projects .The Middle school students performed a street play to create awareness on life below water .The lively audience comprised the Coordinators, Faculty heads, Teachers and Hindi students who enjoyed being a part of the celebrations.



CAREER GUIDANCE

National Universities Fair @ CPS Thirumazhisai

The career fair, organized in collaboration with IIT Madras, was held for the students of Chennai Public School, Thirumazhisai on 6th November 2023. Universities such as Mahindra, Symbiosis Skills and Professional University, Vidya Bhoomi, Manipal Academy of Higher Education, Bangalore, provided insights into 21st-century courses and explained the future scope of certain courses. This event was followed by a career fair where grade 12 students interacted and obtained information about various courses and their scope. This session provided an enormous amount of knowledge to help students select their undergraduate courses and discover their inner selves through presentations by different universities.



INDIAN POSTAL DAY

This year's theme for the Indian Postal Day is: "TOGETHER FOR TRUST: COLLABORATING FOR A SAFE AND CONNECTED FUTURE".

Indian Postal day event was celebrated by the teachers and the students of Pre-Primary Department of Chennai Public School, Thirumazhisai on Tuesday 10th October 2023.

Several activities were held to increase the understanding of the significance of postal workers day. The students of IPP1 and IPP2 visited the thematic post office created by the IPP teachers. During circle time, teachers taught about the way a post office functions. Two students from each section of IPP2 came in Postman attire and played the roles of how postmen work. These students distributed letters and courier parcels all over the school. IPP3 students wrote letters to their family members on post cards. They were taken to the Thirumazhisai Post office, where they posted their letters in the post box. They also interacted with the post office staff, saw various types of letters and stamps. They were also given information about various services provided by the postal department. It was a great learning experience and was a most memorable day for the students.



IPP EVENTS

Grandparents' Day (23rd September 2023):

Under the bright sun, the Pre-Primary department warmly welcomed special guests on Grandparents' Day at Chennai Public School, Thirumazhisai. This eagerly awaited day celebrated the timeless bond between generations. Preschoolers and their beloved grandparents shared a joyous occasion filled with learning and cherished moments. Interactive sessions included storytelling, art and craft, and music and dance activities, allowing grandparents to actively participate. Games like Needle and Thread, Hula Hoops, and Chopstick further added to the day's enthusiasm. To encapsulate the experience, grandparents wrote short notes on the memory wall, expressing their feelings about the special day. Grandparents' Day became a heartwarming celebration of family and intergenerational connections.



Music Fest (7th October 2023):

Chennai Public School, Thirumazhisai's Pre-Primary department organized "Music Fest," a vibrant celebration designed to bring families closer through the enchantment of music. Held on October 7th, 2023, the event aimed to create lasting memories and strengthen bonds between parents, teachers, and children. The one-day extravaganza featured a variety of musical activities suitable for all ages, including a solo session for parents to showcase their vocal and instrumental talents. Interactive games such as Guessing Bombs, Sonic Kaleidoscope (Dumb Charades), Link Master, and Zip the Line added to the day's excitement. Families came together to enjoy melodies, rhythms, and fun, reinforcing their connections through the universal language of music.



Halloween Day (31st October 2023) :

Spooky and Scary demons in the pumpkin land witches and fairies in a dim lit room, made the preprimary wing of Chennai Public School, Thirumazhisai adorn an eerie atmosphere. Every event in CPS is a path of education disguised in fun and activities. The event, Halloween Day is one such thing to help students understand celebrations across the globe. Happy Halloween!



INDIAN TRADITIONAL GAMES

Pre-Primary department of Chennai Public School, Thirumazhisai took us for a journey to discover some of these amazing Indian traditional games on 8th November 2023. In our Pre-Primary program, children are introduced to a diverse range of Indian traditional games. These games are more than just play; they are a bridge to understanding the customs and traditions of different cultures. Through games like Lagori, Goli, Tyre Game, Pallanguzhi, Blind fold, One Pot One Flower, our students not only develop vital motor skills but also build essential social skills such as cooperation, communication, teamwork and sportsmanship. These traditional games instill in our Pre-Primary students a love for play and learning, creativity, and social bonds, ensuring that they cherish the traditions of the past as they progress in their educational adventure.



ANNUAL DAY

Chennai Public School, Thirumazhisai celebrated its Annual Day, Spectra '23 on 25 November, 2023 at the Kamarajar Arangam, Teynampet. The school choir sang a Saraswati Vandana at the start of the program. The distinguished guests and audience were welcomed by Mr. Suman Babu, Director-IT, CPS Schools Group. The Correspondent of CPS Schools Group, Mr Balaji Dagupati gave the Presidential Address wherein he mentioned the giant strides that CPS Schools Group had made the past year. Our Principal, Ms. Chitrakala Ramachandran presented the Annual Report. The Chief Guest Dr K.J. Shreeram, Director, CLRI spoke about the need for modern educationists to direct learning towards the betterment of the masses. The Guest of honour, Mr Senthil Kumar G, Deputy project director of Chandrayaan 3, ISRO expressed the need for hard work and sincerity. The Chief Guest and the Guest of honour gave away the awards to the students for their outstanding achievements in the field of academics and extra-curricular activities. Teachers were also awarded for their sincere efforts.

The cultural extravaganza saw the stage burst into a riot of colours as the Primary students staged Cuatro Meteoros Drama, featuring the dance of the four seasons. The drama, 'Aladdin and the Magic Lamp' held the audience spell-bound.

A glorious Bharatanatyam by the girls, welcomed the gathering. The Ethno Groove Gata by the Middle school left a charming impression on the audience through a display of folk and traditional dances from the various corners of our Motherland. The finale of the show was the drama, 'Ashoka'.

The Senior Vice Principal Mrs Suchitra Santhosh proposed the vote of thanks. The program was beautifully put together and managed by the whole CPS team, including the teachers, management teams, council members, and many other people who worked behind the scenes to make this truly mesmerizing event play out smoothly.





ACADEMIA

ACADEMIC PRESSURE

Academic pressure?

Do you get caught up worrying about final tests and papers? Do you feel overwhelmed with test anxiety? Do you hold such high expectations for yourself that your brain stops? Do you procrastinate so much that you end up cramming all you're studying in the night before? Well, you are not alone.

In today's fast-paced and competitive academic world, students often get stuck in the vortex of academic pressure. The pursuit of excellence and the desire to secure a promising future can sometimes lead to something that challenges that affect both mental and physical well-being.

How does this impact a student's life?

Too much of anything is never healthy

Research has found that excessive levels of academic stress can result in an increased prevalence of psychological and physical problems which in turn adversely affects academic results.

Symptoms and effects of academic pressure

There are a variety of unwanted effects that a young person can develop from immense academic pressure. Some of the examples of emotional and/ or physical symptoms provided by research conducted in Stanford University include

- Obsession over academic performance
- Anxiety
- Workaholicism
- Loss of interest in previously enjoyed pastimes

Coping up with academic stress and pressure

Navigating through academic stress may initially appear tiring and overwhelming, but there are several tips to gradually recover from academic pressure.

•Exercise:

Regular exercise can help relieve stress in many ways. Breathing centered exercises like yoga and Pilate's does wonders for breathing management and heartrates

•Getting enough sleep:

Getting enough sleep is a widely said solution that is often overlooked, sleep is the body healing itself and resting. Losing sleep makes us more irritable and affects our concentration, coordination and memory. On the other hand, healthy sleep can improve memory power and concentration.



TIME MANAGEMENT



The struggle

Students face the common struggle in managing their time effectively. Time management is the method of planning and balancing your time between different activities. Good time management helps you to complete a given task in a specific time frame amidst challenges and tight schedules.

Time management skills

Time management skills are those that help you use your time effectively and achieve desired results. These skills are extremely vital for a student as time management is a crucial part. Some of the most important skills related to successful time management include:

- Stress management
- Prioritization
- Goal setting
- Planning

Why are time management skills important?

Effective time management allows you to approach your goals with creativity and proactivity. By having a well-defined time frame for each task, you can enhance your personal productivity and creativity

How to improve your time management skills

With limited time and numerous tasks in your professional and personal life, time management is really crucial. Some ways to improve it are:

- Preparing a schedule
- Setting boundaries
- Fixing deadlines
- Calendar management

PROCRASTINATION

What is procrastination?

Procrastination is the act of delaying or putting off tasks until the last minute, or past their deadline. No matter how well organized and committed you are, do you find yourself frittering away hours on posting Instagram stories or scrolling through the endless realm of videos on youtube when you should have been spending that time on productivity?

That is procrastination.

Why do we procrastinate?

We often assume that projects won't take as long to finish as they really will, which can lead to a false sense of security when we believe that we still have plenty of time to complete these tasks. One of the biggest factors which leads to procrastination is over confidence. Other key reasons are:

- Not wanting to do something
- Not feeling the mood to do it
- Being in the habit of waiting till the deadline
- Forgetting
- Not caring about something



Negative impact of procrastination

Procrastination, if let without notice becomes chronic and begins to have a serious impact on daily life. Procrastination may lead to a serious impact on a number of life areas, including mental health, social financial and professional well being.

How to overcome procrastination?

There are a number of different things you can do to fight procrastination.

- Making a to-do list
- Breaking down tasks
- Eliminating distractions
- Reward system

ACADEMIC VALIDATION

As students of this day and age, we can all agree to the fact that the academic pressure set on students is a major part of everyone's life. The good kind of academic pressure is great for a student, but when the pressure gets out of hand, it changes the mentality and mindset of many students. The term academic validation is pretty common, but people usually don't understand the depth of it. Students who undergo constant pressure to score high marks in their examinations often depend on their results to make themselves and the people around them happy. It is their only way of coping with pain and overthinking. These kinds of students are most commonly referred to as "nerds" or "serious students", but we forget that they might be going through something far deeper and painful than what we comprehend the situation to be

In simple terms, students who stop at nothing to make huge academic achievements for validation also break if they make the tiniest errors and their grades are not up to the mark.

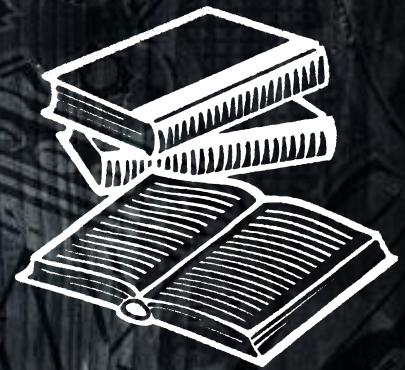
To overcome these types of problems, we need to remember that making mistakes is okay. It's normal and every human makes them. We shouldn't let these thoughts get to our head easily and try our level best in everything that we do. Finding new hobbies, trying out new things in life, enjoying the simple things around us etc. are the things that'll genuinely help us be happy and content.

SELF STUDY

Self-studying is a really important part of a student's life. It's something we should do after school to memorise and revise things that we have been taught. It increases our memory power and helps us catch onto concepts quicker than usual. Our ability to correlate and understand the lessons taught to us gives us the chance to gain the utmost knowledge.

There are many parts to self-studying.

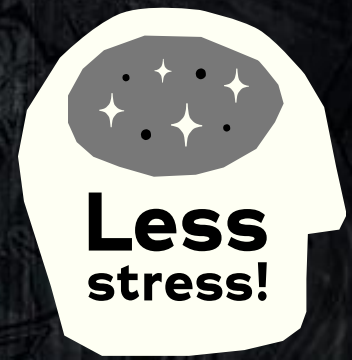
- Understanding what self-studying is.
- Establishing clear goals.
- Choosing the right techniques to study (varies for each individual).
- Creating a study schedule.
- Actively learning and participating.
- Regular Review and Practice.



These are the most important parts of self-studying that'll help us complete our tasks and understand our concepts right on time without having to face difficulties. Everyone's learning pace is different, but constantly following these tips will make it easier for students to catch on to the concepts and topics taught to them. It is a good way for students to figure out what they want to go ahead with in their life and work towards that by following these kinds of proper schedules.

If you're quite slow with studying and have trouble sitting still in one place for prolonged periods of time, then give yourself a break once in a while. Drink sufficient amounts of water and reward yourself with small snacks or treats to stay focused and feel a sense of achievement.

STRESS MANAGEMENT




In this modern age, stress is a very common thing. Everyone is stressed due to different reasons at some point of their life, but we eventually get over it. Not finding enough time to spend on their hobbies and interests, pressure due to studies, social media negativity, juggling responsibilities, have problems with friends etc. are some of the few reasons as to why students feel this way. Though these problems are understandable, what matters is how we are able to cope with them. Keeping the stress and negativity to yourself and going along with things is not how you let go and live peacefully.

These are some of the ways in which you can improve your mental health and manage your stress levels:

- Balance work and play. Find enough time to spend on your studies and extra-curricular activities/hobbies.
- Plan your day out wisely, this allows you to stay on track and find time for a little bit of everything.
- Ask for help when you need it and strive to be positive.
- Deal with problems calmly as they come up, do not avoid them.
- Eat enough food.
- Sleep for at least 6 hours a day. It helps you gain energy for the next one and be optimistic.

It's completely alright for students to feel this way as stress is unavoidable. Instead of letting it bring us down, we should learn how to move forward with our lives and try our best to overcome the difficult situations that we are in. Help the people around you cope with their difficult situations while knowing you're doing well too. Don't let any kind of external or internal negativity get to your head and control what you do and how you feel. Best way to reduce stress is to just live life to its fullest.



KALEIDOSCOPE THE WORLD

INTERNATIONAL NEWS

Elon Musk to meet Israeli President, Gaza hostage families on November 27.

Israel's Channel 12 said Mr. Musk would also meet Israel's Prime Minister Benjamin Netanyahu on Monday. Mr. Musk responded by saying he was against antisemitism (Hate or discrimination against Jewish people) and against anything that "promotes hate and conflict".



One of world's largest icebergs A23a drifting beyond Antarctic waters after it was grounded for three decades.

The British Antarctic Survey says that one of the world's largest icebergs is drifting beyond Antarctic waters after being grounded for more than three decades. The iceberg, known as A23a, split from the Antarctic's Filchner Ice Shelf in 1986. The iceberg is about three times the size of New York City and more than twice the size of Greater London, measuring around 4,000 square kilometres.



NATIONAL NEWS

41 Workers Rescued from tunnel in Uttarakhand's Silkyara:

After a gruelling 17-day multi - agency operation employing high tech machines and capping off with the manual "rat-hole" mining technique, all the 41 trapped workers were rescued to relieve of everyone. The workers were welcomed by the chief minister of Uttarakhand, Mr. Pushkar Singh Dhami.



Delhi pollution: Indian Supreme Court's 40-year quest to clean foul air.

Pollution in India's capital Delhi has made global headlines in recent years, but it's not a new problem. For around four decades, the country's top court has actively discussed the issue, sometimes passing orders that have significantly reshaped life in Delhi. Its latest intervention came in early November, when the Supreme Court called for "immediate action" after air quality in the capital deteriorated to alarming levels.



SPORTS NEWS

Erik Ten Haag and Alejandro Garnacho celebrate 'goal of the season' contender after Man United stuns Everton.

Manchester United won their fourth Premier League game in five matches after a 3-0 victory at Goodison Park. The goal that sparked the win was an outstanding effort from Argentine winger Alejandro Garnacho. After the game, both Garnacho and his manager Erik ten Hag agreed that it was "probably" the goal of the season, at least so far.



India continue post-World Cup payback in T20 cricket series against Australia

A ragged bowling display allowed India to plunder a mammoth 235 for four on Sunday (Monday AEDT) before Australia replied with 191 for nine to go 2-0 down in the five-match series, one week after lifting the 50-over World Cup.





ACHIEVEMENTS

STUDENTS ACHIEVEMENTS

VMEMUN'23

In a recent Model United Nations conference (VMEMUN'23) at Vidya Mandir, our high school students, Dhanya, Kashvi, Harini, Pranavi and Maryam from Chennai Public School, TMZ showcased remarkable diplomatic skills, emerging victorious and intense debates on global issues. Their success was a culmination of rigorous preparation, reflecting a dedication to understanding global issues. Beyond the trophies, their MUN experience imparted invaluable skills, shaping them as future leaders.



CLARION PSMUN'23

Yet another victory in the recent display of exceptional talent and diplomatic prowess, students of Chennai Public School, Thirumazhisai, Dhanya, Harini and Srija emerged triumphant in a fiercely competitive MUN conference at PS Higher Secondary School, showcasing their adeptness in diplomacy and strategic thinking. Our school's triumph underscores the significance of engaging youth in global affairs, inspiring others to cultivate similar intellectual curiosity and awareness. As these students return to class, they carry not just trophies but a wealth of knowledge and a passion for positive global change.




STUDENTS ACHIEVEMENTS

IMPULSE

In a celebration of talent and intellect, students from Chennai Public School, Thirumazhisai emerged victorious in the recent inter-school cultural competition held at Chennai Public School, Anna Nagar. The event, which brought together schools from across the district, showcased the exceptional skills and creativity of young minds in various cultural spheres, including music, dance, debate, and fine arts. The entire school community extends heartfelt congratulations to the winning students, Shreyansh Singh, Kavin Kumaran and Chokkalingam for their outstanding achievements. Their triumphs in the inter-school cultural competition will undoubtedly inspire future generations of students to reach for greater heights and continue the legacy of excellence.





**RACK YOUR
BRAIN**

RIDDLES

A joyful addition to our life, riddles put both a smile on our face and our brain to work.

Come, let's all look at these seven riddles together.

1. What comes once in a minute, twice in a moment, but never in a thousand years?

Ans: the letter m!

2. The more you take, the more you leave behind. What is it?

Ans: footsteps.

3. What has many keys, but can't open a single door?

Ans: a piano.

4. I am tall when I'm young and short when I'm old. I can brighten your day, unless it's windy. What am I?

Ans: A candle

5. I am not alive, but I grow; I don't have lungs, but I need air; I don't have a mouth, but water kills me. What am I?

Ans: fire

6. What is more useful when it is broken?

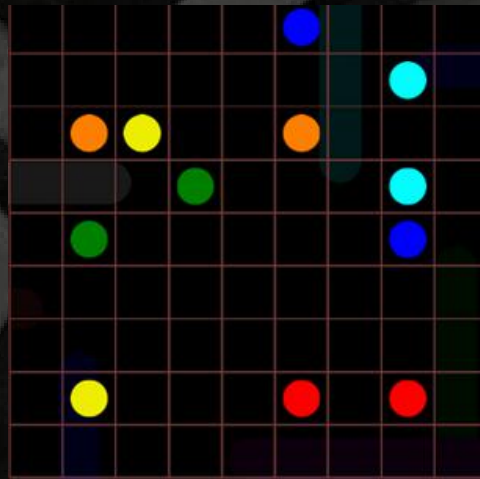
Ans: An egg

7. What always runs but never walks, often murmurs, never talks, has a bed but never sleeps, has a mouth but never eats?

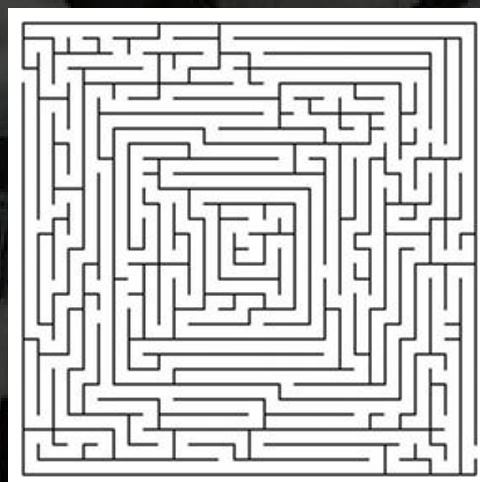
Ans: A river

PUZZLES

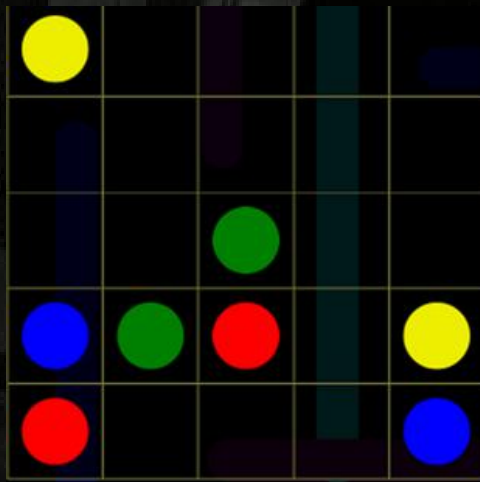
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DO YOU KNOW HIM?



DAVID GOGGINS

David Goggins is a retired United States Navy SEAL, ultramarathon runner, motivational speaker, and author. He gained prominence for his remarkable physical and mental achievements, including completing multiple Navy SEAL training programs, setting endurance records, and participating in ultra-distance races.

Goggins is known for his incredible resilience and determination, often pushing his body and mind to their limits. His life story, documented in his autobiography "Can't Hurt Me," details his journey from a challenging childhood, obesity, and health issues to becoming one of the world's toughest endurance athletes.

Goggins' motivational philosophy revolves around the idea that individuals can surpass their perceived limits through mental toughness and discipline. He often shares his insights on overcoming adversity, embracing discomfort, and pursuing personal growth. His inspirational message has resonated with many people seeking to break through their own barriers and achieve higher levels of performance.

LEARN A NEW SKILL

1. **Basic Coding-**

Many workplaces are mostly dependent on computers. This creates a demand for people having coding and programming skills. Those with coding skills have a greater potential to find more jobs and earn more money.

2. **Data Analysis and Statistics-**

This set of skills is the ability to collect key details from a set of information and interpret those details to form a conclusion. Data analysis and statistics allow you to draw a logical conclusion and communicate it to other people. Possessing and using these skills will help you solve complex problems.

3. **Foreign Language-**

There is demand of those who can speak multiple languages as the business is becoming increasingly globalized. Employers tend to seek out professionals who can fluently communicate with clients in both international and domestic markets. Possessing these language skills is likely to increase your earning potential and overall career advancement.

4. **Social media and digital marketing-**

You need to know how social media and digital marketing work and their value to the businesses, if you want to compete in job market. Knowing how to navigate social media is important skill in this field.

5. **Adaptability-**

The ability to adapt to new technology, people and ideas is essential for advancing your career. Meeting the goals you're striving for requires a willingness to make changes when necessary.

FUN FACTS

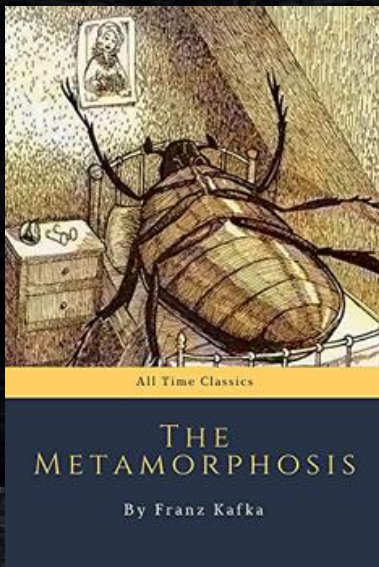
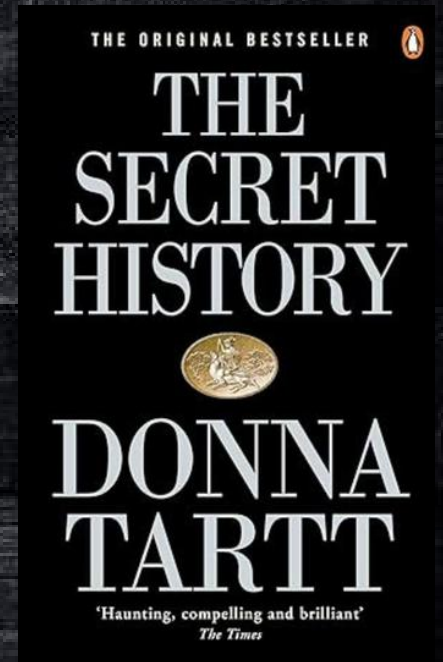
1. There are more possible iterations of a game of chess than there are atoms in the observable universe.
2. A day on Venus is longer than a year on Venus, meaning that Venus rotates on its axis much more slowly than it orbits the sun.
3. There are tiny parasites that live in your eyelashes.
4. Hippopotamus means 'river horse' in Greek. 'hippo' meaning 'horse' and 'potamus' - 'of the river'.
5. There is a festival in Spain where people throw tomatoes at each other. This festival is known as La Tomatin.
6. The first ever sound recording was made in the 1850's.
7. The most stolen food in the world is cheese. Apparently cheese is getting more expensive and thieves are looking to cash in on this.
8. Valentina Tereshkova was the first woman in space, in 1963
9. There are more possible iterations of a game of chess than there are atoms in the observable universe.
10. Olympus Mons on Mars is the tallest mountain on any of the planets of the Solar System. The mountain is a gigantic shield volcano (similar to volcanoes found in the Hawaiian Islands) standing at 26 kilometres tall and sprawling 600 kilometres across.



RECOMMENDATIONS

NOVELS

Donna Tartt's "The Secret History" is a mesmerizing delve into academia's dark side. A beguiling blend of murder, Greek classics, and psychological depth, it immerses you in the enigmatic world of a close-knit group at an elite college. Tartt masterfully weaves suspense, moral ambiguity, and intellectual intrigue, crafting complex characters whose descent into obsession grips you from page one. Rich prose paints a vivid backdrop for the tension between loyalty and betrayal. This gripping, haunting tale lingers, provoking contemplation of the human psyche's shadows. A literary gem that enthralls with its lush storytelling and haunting exploration of human nature.

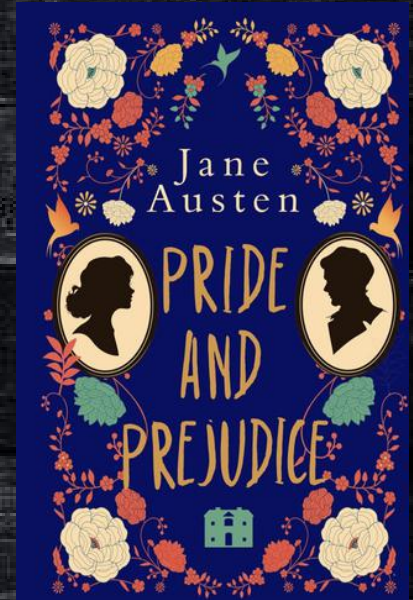


Franz Kafka's "The Metamorphosis" is a haunting portrayal of alienation and existential angst. Gregor Samsa's transformation into a giant insect is a surreal metaphor for the human condition, exploring themes of isolation, familial duty, and societal expectations. Kafka's sparse yet evocative prose crafts a chilling atmosphere, delving into Gregor's inner turmoil and the family's reactions, mirroring the absurdity of life. The novel captivates with its psychological depth and disquieting narrative, inviting introspection into identity and belonging. Kafka's timeless exploration of the absurdity of existence resonates profoundly, making "The Metamorphosis" a compelling, albeit disconcerting, reflection on the human experience.

HARINI SANKAR
XI H

NOVELS

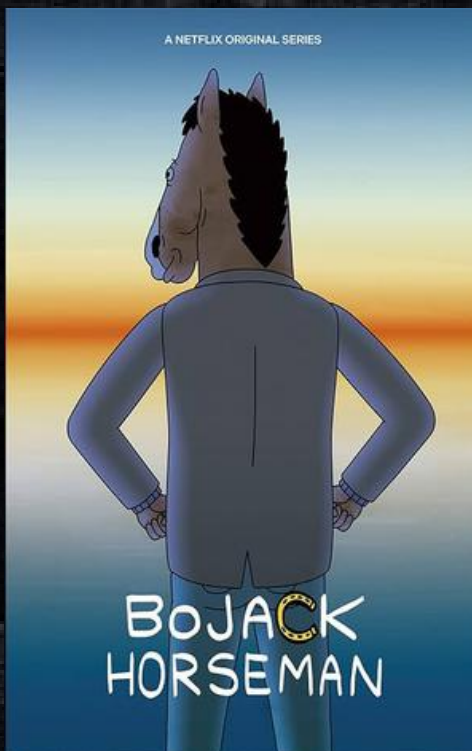
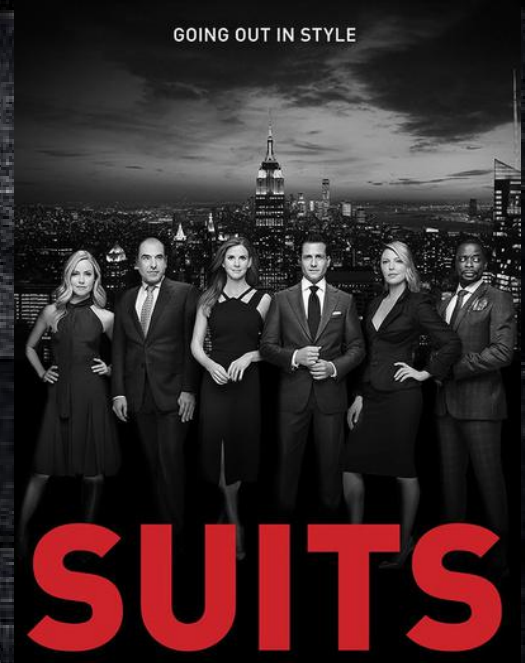
"Pride and Prejudice" by Jane Austen is a timeless masterpiece of wit, romance, and societal critique. Austen's astute social commentary unfolds through the spirited Elizabeth Bennet and the enigmatic Mr. Darcy. The novel navigates 19th-century English society's conventions and prejudices with sharp humor and profound insight. Its enduring charm lies in the sparkling dialogue, rich characters, and the gradual, complex evolution of love and understanding between its protagonists. Austen's skillful narrative weaves a captivating tale of love, resilience, and personal growth, cementing its place as a beloved classic that transcends time, captivating hearts with its enduring elegance and universal themes.



HARINI SANKAR
XI H

WEB SERIES

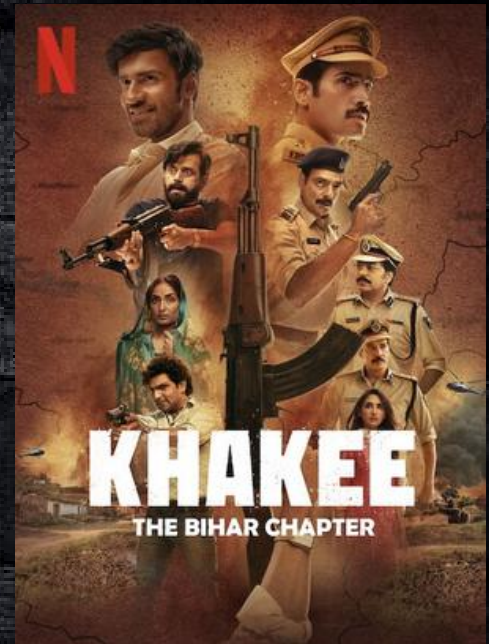
A college dropout, Mike Ross, possesses immense competence. A set of circumstances leads to him effectively working as a law associate for Harvey Specter despite not having gone to law school. SUITS is smart, sassy, clever, sophisticated, timely and immensely entertaining! The series is written in a way that the characters very solidly, opens pathways for many story lines, and boasts an exceptional cast of fine actors.



BoJack Horseman is an American adult animated psychological comedy drama television series the series revolves around the anthropomorphic horse BoJack Horseman, a washed-up star of a 1990s sitcom The satirical show explores themes such as self esteem, sexuality and mental illness.

WEBSERIES

The seven episode drama 'Khakee' is pretty well known and is quite inspirational for the young aspirants wishing to serve the nation and be a civil servant. It is a drama partially based on the book Bihar diaries and depicts the tussle behind catching the most dangerous criminal of Bihar. It shows the balance between work and family life and it also shows that how untainted officers finally get the recognition they ought to get and finally come to spotlight. However the movie has some censorship criteria's that should be adhered to. It pushes us forward that everything we do does involve hardships, deprivation but when we are consistent we will surely ease. This drama has received three wins and twelve nominations for its excellent work.



REET KAMBOJ
VII E

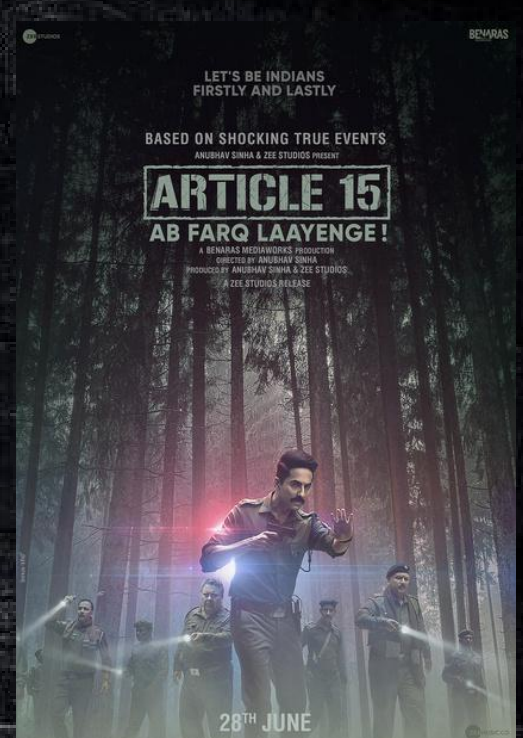
MOVIES



An Indian village girl, born to a poor farmer, is influenced by her father and gets attached to the game cricket. From here the movie showcases her challenges, to a woman becoming a cricketer, her family struggling through hard times and her love for her father. Kana explores various themes including gender inequality, the ethnic and regional prejudice besides sexism that revolves around women's cricket. It is a well crafted and a beautiful movie.

The movie 'article 15' is Based on the socio-political situation of India, the lives of police officers are followed. In a country where discrimination is everywhere, whether related to race or caste, the officers embark on a journey of acceptance and change. The movie focus on the protagonist becoming self-aware of his own responsibilities as the ASP and how his realization that caste-based discrimination is not something which can be ignored. it is definitely a relevant, compelling and a film that will spark conversation.

**SHREYANSH SINGH
XI H**



MOVIES



The Pursuit of Happyness is based on the life of Chris Gardner, a self-made salesman-turned-stockbroker-turned-philanthropist who went through untold hard times before finally scraping his way to success. Life is a struggle for the single father. Evicted from their apartment, he and his young son find themselves alone with no place to go. Even though the father eventually lands a job as an intern at a prestigious brokerage firm, the position pays no money. The pair must live in shelters and endure many hardships, but the father refuses to give in to despair as he struggles to create a better life for himself and his son.

The film follows an ambitious young jazz drummer, in pursuit of rising to the top of his elite music conservatory. An instructor known for his terrifying teaching methods, discovers him and transfers the aspiring drummer into the top jazz ensemble, forever changing the young man's life. But the main character's passion to achieve perfection quickly spirals into obsession, as his ruthless teacher pushes him to the brink of his ability and his sanity. The theme of Whiplash is the single-tracked dedication to the pursuit of excellence.



SHREYANSH SINGH
XI H



CREATIVITY CORNER

PHOTOGRAPHS

**G. PRANAVA HARISH
VI B**



**SHREYANSH SINGH
XI H**

**S.K SUMEDHA
VII E**



PHOTOGRAPHS



**MOHAMMED FARHAN
XI C1**

**A. AAKKASH MUTHU
XII B1**



ARTICLES

Education is the transmission of knowledge, skills, and character traits. Its precise definition is disputed and there are disagreements about what the aims of education are and to what extent education is different from indoctrination by fostering critical thinking. These disagreements affect how to identify, measure, and improve forms of education. The term "education" can also refer to the mental

states and qualities of educated people and the academic field studying educational phenomena.

Some Tips for studying effectively:

- Set a Schedule
- Study at Your Own Pace
- Get Some Rest
- Silence Your Cell Phone
- Relax
- Pick a Good Place to Study

Study tips:

- Highlight Key Concepts
- Summarize Important Details
- Create Your Own Flashcards
- Take Notes in Class
- Take Regular Breaks
- Review and Revise Your Notes at Home

**MANISSHA AJAY & NIKITHA
VII B**

ARTICLES

NOT ALL IS FAIR IN LOVE AND WAR; THE WRATH OF GLOBAL CONFLICTS

As the world advances towards the final stretch of 2023, which has proven to be an arduous year in terms of instability and the escalation of ties between diplomatic countries of the world, genocides disguised as supposed "special operations" and "privilege of defense" cease to conclude. As sure as day follows night, the global landscape continues to function with apathy and ignorance as even those in power are hailed as infallible, who in reality persevere in maintaining the facade of neutrality.

At Present, the world is embroiled in over 32 ongoing conflicts, constituting one of the most extensive periods of concurrent conflicts since the aftermath of World War II. These conflicts span civil wars in the Middle East and Africa, humanitarian crises in nations like Iran and Sudan, conflicts pertaining to annexation of territories, including the Russian-Ukraine and Israel-Palestine war, and the potential for hostilities involving the P5 countries, notably the United States and China in the China-Taiwan dispute, geopolitical tensions are at an all time high.

Israel, which is relentlessly bombarding the Gaza strip occupied by Palestinians with brute aggression and barbaric means, has displaced over 1.5 million people and killed over 13,000 citizens, 2/3 rds of which are women and children. International governments siding with Israel include the United States, United Kingdom and other European countries, which undoubtedly have ulterior motives. China and Russia advocate for Palestine, but to what extent does this support extend when they themselves are offenders of genocide and human rights. The high and mighty United Nations with its formidable capabilities, persists in maintaining a questionable neutrality, which in actual sense, refuses to take any action to stop Israeli war crimes against innocent civilians who are caught between the crossfire. Israel has continued to treat its Palestinian citizens inhumanely over the years and has slowly but steadily encroached upon their land, their resources, and has imprisoned thousands of Palestinians without due reason, this being the reason for Hamas attacking Israel on October 7 th . At present, through war it seeks to gain access to trapped oil mines under Palestine and walk away without having to pay the price of its crimes against humanity. Cutting off food supply and electricity is not defense, killing helpless children is not defense, bombing homes and ransacking hospitals and restricting humanitarian aid most certainly is not a right to self defense.

ARTICLES

N Russia, the devil in a cloak of virtue and righteousness, is the world's leading nuclear power but is also the world's most sanctioned country. Vladimir Putin, its president, started his "special operation", a full scale invasion of Ukraine, with his claims to denazify and demilitarize Ukraine in 2022. Ukraine and its president Volodymyr Zelenskyy did not fail to retaliate and joined forces with the powerful Western Bloc to strike back and protect its citizens, this long drawn out conflict has resulted in a refugee crisis in the European nations and has caused immense destruction to lives and land alike. For instance, over 6,000 Ukrainian children were forcibly removed from their parents and were rehomed in Russian families. Reports of Russian soldiers refusing to return to their homeland and choosing to rather die in the battlefield indicates the tyrannical and archaic regime of Russia.

If the impact of two such wars seems exhaustive, mull over the civil wars in the African and Middle East countries which also contribute to the growing global instability and don't share the importance given to other wars involving the P5 countries. Yet again, citizens of virtuous democracies of the world find themselves in despair and agony as they fight tooth and nail for their survival in the 21 st century.

HARINI SANKAR
XI H



POEMS

CHILDREN DOESN'T DIE WHOLE THE WAR

I wish that children doesn't die.
I wish they would be temporarily elevated to the skies
until the war ends.

Then they would return home safe,
and when their parents ask them; where were you?

They'd say that "we were playing with the clouds"

KASHVITA SAI
VII E

The sky is the limit!
Well I am thankful for this sky
For it has set the limit
Allowing us to restrain ourselves from leaping
into the galaxies to be at the top
Cause the stars that seem to shine bright in the sky
Turn into a menace in the ebony unknown space
So i am thankful for this sky for it let's us plan our fate

ANVEE AGARWAL
XII C

POEMS

FAMILIAR FACES, AN UNFAMILIAR HEART

This place of supposed familiarity
Reeks with unfamiliarity while I dwell in a state of no
clarity
I entered as human
But everyday leave with even lesser Acumen
I loose myself there among all the happy faces
Are they really happy? I question while at my
midnight paces
I try and join with people there
But about me they have the least care
In that place I'm like Oil on soup
My tries of getting out subside as my face starts to
droop
At the end of the day it's fine I learn
Cuz I become one of those faces even though my
heart shrivels due to a scorching burn
With hopes of finding comfort in this familiar yet
unfamiliar place
I enter and leave with a joyous straight face

PRANAVI S.S.S
XI C1

POEMS

THE LITTLE BOY

Look at that Boy
So calm and collected
He shut himself up
And locked the door
The built four walls
Using unbreakable stones

Oh Look at him, that poor boy
He has no choice, love or joy
People say why bother
With what he has planned further

Oh that poor little boy
Who is deprived of all joy
He can't say anything
No words at all
For all that boy fears
Is the betrayal of those words.
Words he chose to say
To exclaim and enunciate
Words that hurt his so many others
And hurt the little boy too..

Oh that poor little boy
Neglected he is
Under a Shadow.
Cast by else
Playing the puppet
After betrayal by someone else
I'm stuck in these depths.
Ignorant to what's next
I can't seem to breathe

For I am drowning under the sea
I'm just a little boy
Looking for a little joy
I can't bear to live like this
For there is so much out there to miss.

ANNIE ELIZABETH BINESH
XII B1

ART WORKS



SHIVANEE. P. R
VII B



R. SHARULATHA
VII B



S. VIBA ROSHINI
VII B



AKSHAYA. V
VII B

ART WORKS



ISHANWAR S. A
XII H



VARSHITHA M
XI H

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