

# COURTSIDE

THE OFFICIAL MAGAZINE OF THE KOOYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 22

APRIL 2009

**SALTER WINS**  
*Record 8th Title*

*Clubhouse  
Redevelopment  
UPDATE*

FEDERER TAKES  
HOME SECOND  
**AAMI**  
**CLASSIC TITLE**



# Kooyong Club Champions

*Congratulations to our two  
Club Champions for 2009*

Jay Salter - on winning a record  
eighth title at Kooyong

Adriana Szili - on winning her  
second Club Championship title



*Adriana Szili*



*Jay Salter*

# John Fitzgerald

## SCHOLARSHIP LAUNCHED



*Evonne Goolagong-Cawley and Peter Quinn with the first recipients of the John Fitzgerald Scholarship, Lorenzo Alforque and Briony McKenzie.*

One of the Club's favourite personalities, Evonne Goolagong Cawley, was on hand to help launch the John Fitzgerald Kooyong Scholarships at lunch on the final day of the AAMI Classic in January.

Kooyong Foundation Chairman, Peter Quinn, told a packed house that the scholarships were being introduced to honour club stalwart John Fitzgerald, who died in October, 2007.

"Kooyong has had many outstanding members throughout its history," Peter explained. "Some were champion players. John Fitzgerald was simply a champion bloke.

"Whether you were a member of his family, a work colleague, a partner or opponent on the tennis court, or simply someone who enjoyed his company over a drink or a meal in the clubhouse, you could count yourself a very lucky person."

During more than 50 years as a club member, Fitzzy, as he was known to all, never sought any limelight but was a tireless worker behind the scenes.

"He was the man standing on the sidelines offering advice and help -- and hard work -- whenever the Club or the President had a problem," Peter Quinn explained. "On the court he was a fierce competitor, but full of good humour and much loved by his playing mates."

John Fitzgerald was a leading newspaperman in Melbourne for many years, including several years as Editor of The Herald, then switched to public relations where he became well known for his wide range of contacts and skills at sorting out problems.

As Peter Quinn put it: "John left behind a legacy of achievements in the newspaper industry, in public relations, in raising huge amounts of money for charity, in working with our Olympic teams and our various bids to host the Games, in the America's Cup challenges. You name it, Fitzie was there.

"He was there when we won the America's Cup and he was there many years later to watch our challenger go to the bottom of the ocean! Of course, being an un-reformed news reporter, Fitzie was straight on the phone when he saw the yacht break in half and start to sink beneath the waves.

"In his distinguished newspaper career he was the courageous and crusading editor of The Herald, who defied legal threats to publish news of the notorious Khemlani Loans Affair. He also took personal risks when he ran articles linking the Mafia with drug-dealing in Australia."

Peter pointed out that John Fitzgerald had been one of the key movers in establishing the Kooyong Foundation and, after his death, Foundation

members had been anxious to find a way to honour his memory.

The result is the John Fitzgerald Kooyong Scholarship for junior players, to provide them with the opportunity to join the club, to improve their game with our coaches, and, hopefully, to advance to greater things in the world of tennis.

Young girls and boys will be awarded scholarships each year, offering membership, coaching and some assistance with expenses for attending tournaments etc. This is not meant to replace or replicate the Tennis Australia junior schemes but to make a Kooyong contribution to deserving youngsters.

As part of the Clubhouse renovation, a special area will be set aside to display information about the scholarships and the man whose name they carry.

Evonne, who had delighted the luncheon guests with her candid and entertaining tales of life on the tennis circuit, presented Kooyong tracksuits to two of the first scholarship winners.

Special guests of the club on the day were members of John Fitzgerald's family: his widow, Arline, his daughters Kate Dawson and Louise Hill, their husbands, Peter Dawson and Murray Hill, and the three Fitzgerald grandchildren, Matilda Dawson and Phoebe and Georgia Hill.



*Foundation President, Peter Quinn, with John Fitzgerald's widow, Arline, and daughters Kate Dawson and Louise Hill.*



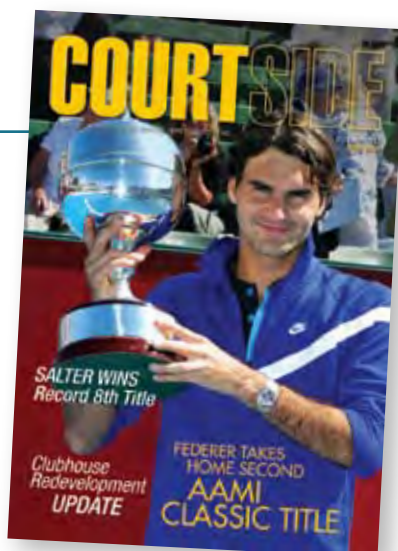
# CONTENTS

## COURTSIDE MAGAZINE

ISSUE NUMBER 22 - APRIL 2009

### ON THE COVER

Federer takes home second  
AAMI Classic title



- 3 John Fitzgerald Scholarship Launched
- 5 A message from the CEO  
President's Report
- 6 Clubhouse Redevelopment Update
- 8 Federer takes home second AAMI Classic title
- 10 Salter wins record 8th title
- 12 Archives & Research Centre
- 13 The Wayne Arthurs Cup
- 14 Food & Beverage News
- 15 Annual Report
- 16 The Granite Club
- 17 Kooyong Juniors win National Titles
- 18 Men's Sate Grade
- 19 Women's State Grade
- 20 Midweek Ladies Report
- 21 Kooyong's pennant profiles
- 22 Kooyong International Tennis Academy
- 23 Crèche News
- 24 Billiards & Snooker Report
- 25 Royal Children's Hospital Auxiliary
- 26 Social Committee
- 27 Young Members
- 28 Wine and Food Society
- 29 Health Club News
- 30 Diary Dates



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## A MESSAGE FROM THE CEO

Anyone who has renovated a house will be familiar with the challenges of trying to enjoy normal day-to-day activities while builders and other tradespeople work around the same areas, completing the necessary construction work.

In a Club of many thousand Members, multiply those issues manifold and you get a sense of the challenges that faced us when we commenced work on our Clubhouse development early in the year.

Despite the many challenges it is pleasing to note that it is "Business as Usual". Well, as normal as possible at least.

Our objectives for the project included minimising impact on Members, maintaining facilities and services as best possible and delivering the project on budget and on time.

Early challenges included the loss of front and rear entrances requiring temporary arrangements to be established to enter from the northern and southern ends of the building. Those entrances have provided connections to the squash courts, pool, gymnasium and change rooms at the lower levels and the dining room, bar and Pro Shop at the upper level.

The relocation of reception to the entry at the upper level has provided a point of contact for Members on arrival and acts as an information point for those people needing assistance or direction.

Around the Clubhouse there has been a need to relocate some facilities to provide services while work takes place in other areas including:

- Transfer of the Members Bar and dining rooms to the Kooyong Room
- Relocation of the Pro Shop to a more convenient point close to reception
- Establishment of a temporary men's changeroom during work in the main changeroom

Information updates have been posted on the website and noticeboards around the Club and directional signage has been placed at a number of spots around the Clubhouse and grounds to assist in identifying the changes and determining how to get to points in and around.

The website also contains downloadable information sheets for various section interests and will continue to be updated throughout the year as new work commences or services are changed.

Further changes during the year will be necessary as works continue and areas brought back into operation. We look forward, enthusiastically, to the completion of the project and the opportunity to use the wonderful new Member facilities.



**Chris Brown**  
CEO - Kooyong Lawn Tennis Club

## PRESIDENT'S REPORT

### Building Development

With the building works in full swing, movement in and around the Clubhouse has in some cases changed quite dramatically, creating a number of challenges for Members.

It was always going to be a difficult task maintaining continuity of Member services during the construction period, however our management team has achieved this and are to be congratulated on their efforts.

One major positive during the construction period has been the use of the Kooyong Room, which has become somewhat of a sanctuary amidst the demolition works and continues to be well utilised by Members both during the day and at night. Before we know it the Clubhouse development will be completed and the disruption forgotten as Members enjoy the upgraded facilities.

One thing the Kooyong Committee feels is imperative is creating conditions where the Club can deliver Members both improved and expanded Member services and opportunities to enjoy their membership of the Club, which in turn we trust generates strong long term Member loyalty to the Club.

Member nomination of family members continues to underpin our waiting list, which seems to indicate a high degree of Member satisfaction. Additionally our 50 Year membership continues to grow, a sign that the Club appeals equally for both young and senior Members.

High on the Building Committee's objectives is the capture of the unique Kooyong clubbiness, that hard to describe charm and ambience of the Clubhouse that so many Members cherish.

Whilst new and upgraded facilities are viewed as critical components of the Club's relevance to current and future generations of Members, the character of the Club ranks equally in importance and will play a part in the updated Clubhouse.

### Reciprocal clubs

Our list of reciprocal clubs throughout the world continues to grow as does the number of our Members taking advantage of these arrangements.

In many instances the reciprocal clubs offer recreational facilities, but additionally accommodation often in very convenient geographical locations.

### Bushfire Tragedy

It is now well documented that Victorians rallied like never before to support regional communities devastated by the recent horrific Victorian bushfires.

Kooyong Lawn Tennis Club, on behalf of our Members and through the Kooyong Foundation, is playing a leading role in coordinating a tennis



event in Whittlesea on the 19th of April to help rebuild the shattered spirits of people affected by the fires.

I wish to thank all the organisations and people who have contributed to the tennis day and sincerely hope the activity helps in some small way.

### Courts

Members this year have recognised the achievements of our Grounds Staff in preparing the grass courts. The benefits of the court laser levelling and returfing program are obvious and the capital works program will continue this year on courts 15 to 18.

Our water management program, vital for the maintenance of our courts, will be further enhanced as a result of the building works. Every effort is being made to ensure adequate non-potable water exists to keep courts in play and maintain conditions for Member use.

### Club Championships

The Club enjoyed consecutive weekends of perfect tennis weather for the Club Championships. Jay Salter made history by going one up on Max Senior's seven Club Championships by winning the Men's Open Singles Club Championship for the eighth time. Well done Jay!

In the Men's Open Doubles, Jay Salter followed up from his singles win to take the title with Matthew Coghlan against last year's champions Paul Arber and Steve Gay.

Congratulations also to Adriana Szili for winning her second Open Singles Championship. Adriana also won the Open Doubles with Emily Arnott and the Mixed Doubles title with David Bidmeade.

### Communications

Following on the Committee's theme of further developing Member services, Members can expect further options for receiving improved communications relating to events and areas of interest.

The club envisages using SMS technology to notify participants in Club events such as Monday and Tuesday Night Tennis or Friday Morning Ladies Tennis of event cancellations due to weather conditions.

There are certain considerations being worked through by the Committee to ensure the best use of the technology but shortly this new service should be made available.



**Ian Hill**  
President - Kooyong Lawn Tennis Club

# CLUBHOUSE REDEVELOPMENT

The Clubhouse redevelopment has started well with our Builder, Construction Engineering (CE) proactively attacking three building fronts for the Stage 1 works. These areas being;

- ▶ The front administration, entry and north east façade works
- ▶ Demolition and excavation of the basement car park to the north west and;
- ▶ The extensions to the terraces for the Sedgman, Goolagong and Kooyong Rooms



As a more detailed description of Construction Engineering's progress, we note the following;

- ▶ The site camp, perimeter fencing has been established.
- ▶ 'Directional' and 'Way Finding' signage has been installed to assist the Members, Staff and Guests with the temporary access points to and from the building.
- ▶ The demolition to the front eastern areas has opened up the building to allow the administration and entry area slabs to be prepared.
- ▶ The original function rooms have been demolished back to their raw structure and building grid lines and set out prepared for the construction of these new areas.
- ▶ The tournament box, disabled lift and external pavement areas to the west have been demolished back to their required levels.
- ▶ The rear car park demolition has allowed the services for the new three storey extension to be roughed in ready for the basement excavation works to occur in March/April 09.
- ▶ The underpinning of the building footings to the western perimeter of the building is progressing as well as the underpinning to the pro shop area.
- ▶ The grass batter to the west adjacent court 1 has been excavated for the bored piers that are also underway. These piers will support the new columns and the terrace extension.
- ▶ Services identification, new service pipe runs are all progressing internally.

Construction Engineering has a good grasp of the intricacies of the project and the scheduling of the trades for upcoming works.

We have a very competent Site Manager and Project Manager whom is very familiar with the project requirements and strategically planning the on site works.

The site is running well with reputable Sub Contractors under Construction Engineering's management, completing the works.

The project team as a whole, being design consultants, Construction Engineering and KLTC are working well together as we progress the works ensuring that we maintain a balance between the progress of the site works and operational function of the Clubhouse.

The management team and staff are managing the interruptions and integration of the new works on a daily basis to ensure that the momentum on site is maintained.

Over the next couple of months we will see some good visual progress as the structure starts to move ahead. From this point, we will see the architectural elements begin to take shape on the three construction fronts as noted earlier.

Overall, we are happy with the progress of the site and report that the programme and budgets at this time are on track.

**Chris Nash**  
*Projects Director*  
*Nash Management Group*



# UPDATE

APRIL 2009





# FEDERER TAKES HOME SECOND AAMI

**R**oger Federer completed his preparation for the Australian Open in the best way possible as he breezed past Stanislas Wawrinka to win his second AAMI Classic title.

The all Swiss final was billed as the master versus the apprentice but the champion raced out of the blocks to a 4/0 lead before Wawrinka knew what was happening.

Federer was in total control from the beginning and never let up as he destroyed his countryman in the first set 6/1.

The world number two looked set to wreak havoc again in the second set until Wawrinka began to find his range and worked his way into the match but it was just too late.

Federer had taken an early break in the second set and continued to dominate the match in all aspects as he cruised to victory against his Davis Cup teammate.

The 6/1 6/3 scoreline underlined Federer's dominance despite Wawrinka

playing himself into the match in the final few games.

In the earlier playoff for 3rd and 4th Fernando Verdasco won the battle of the forehands when he defeated Fernando Gonzalez 6/4 6/3 to top off a great week for the Spaniard.

On day one of the event Stanislas Wawrinka easily defeated Marcos Baghdatis 6/2 6/2 in a very one-sided opening match with Baghdatis later relaying his disappointment about his form.

'It's a bit disappointing, you know, coming here playing a match like that, not only for me but for the crowd too, and for Stan too, but that's the way it is,' said Baghdatis.

Federer was next up on court and he clearly wanted to make a point early in the season as he outclassed Carlos Moya 6/2 6/3 while Fernando Verdasco defeated rising star, Marin Cilic 6/2 7/5 to book himself a spot in the semi final against Federer.

In the last match of day one Fernando Gonzalez battled his way to victory against Ivan Ljubicic, who was returning from injury, and he eventually moved through to the semi finals with a 6/4 6/3 win against the big Croatian.

Day two provided fans with some amazing matches inside Kooyong's famous old stadium with all three matches containing at least one tie break.

Marcos Baghdatis and Ivan Ljubicic got the ball rolling with an extremely close battle but it was Baghdatis, who bounced back from his terrible match on the first day to take the first set in a tie break seven points to three.

The match remained tight throughout but Baghdatis kept his nose in front in the second set and was able to close out the match in straight sets 7/6 6/4 and get a much needed confidence boost.

In the second match of the day Federer got off to a flying start against Fernando Verdasco as he raced out to a 5/0 lead





# CLASSIC TITLE

before the Spaniard fought his way back into the match.

Despite losing the set 6/3 Verdasco continued to lift his game and levelled the match at a set all when he reversed the score in the second set and it was tight all the way to the end as Federer eventually held off Verdasco in the third set tie breaker seven points to five to move directly into the final.

'It's good to be out there and get used to the court, so long matches don't bother me at this stage,' said Federer after the match.

In the last match of the day Marin Cilic defeated Carlos Moya in another close contest 6/3 7/6 to top off a wonderful day of tennis.

On day three Stanislas Wawrinka and Fernando Gonzalez opened proceedings with the second semi final and they didn't disappoint with a classic battle for the last spot in the final.

Wawrinka started well winning a tight first set 7/6 before serving for the match in

the second set but Gonzalez fought his way back into the contest winning the second set by dominating the tie breaker.

The final set was another long battle but Wawrinka eventually got the decisive break late in the match to win the set 6/4 and book his spot in the final against his good friend and countryman, Roger Federer.

'He's one of my best friends on the tour, of course, and we won the gold medal last year,' Wawrinka said of his relationship with Federer.

Marcos Baghdatis then came out and made quick work of Marin Cilic 6/3 6/2 while Carlos Moya rounded out his preparation for the Australian Open with a hard fought 7/5 3/6 7/5 win over Ivan Ljubicic to finish day three.

Despite the final being one sided, highlighting Federer's excellent form heading into the Australian Open, the AAMI Classic was again a wonderful four days of world class tennis at Kooyong.

**We look forward to the event in 2010 and the continued support from AAMI for this great event at Kooyong, the spiritual home of Australian tennis.**



# SALTER WINS Record 8th Title



*Jay Salter (above) had a tough time in the final against Paul Arber (inset). Sam Bertram won the under 21 Boy's final while Emily Arnott won the Ladies Open Doubles title.*





**M**ore than 350 members competed in the 2009 Club Championships across 43 events as Jay Salter completed a remarkable run at Kooyong with his 8th Club Championship title in a first class final against Paul Arber.

The champion was made to earn the title in the toughest of his eight finals as Arber took it up to him throughout the match.

After being broken early Arber was able to break back and looked like he was gaining the ascendancy as the first set went into a tie break and he continued to keep his nose in front as he won the first set seven points to four.

Arber continued to pile on the pressure in the second set and several opportunities arose for both players to take hold of the match but again we headed into a tie break to decide the set.

Salter got his nose in front early in the tie break and never relinquished the lead as he won the second set to level the match and give himself a chance to win a historic eighth title.

In the final set Salter was able to get the crucial break early on and continued to push home the advantage as he used his big serve to great effect on the run home as he won the set, match and title 6/7 7/6 6/3 in an epic final.

In the Women's Open Singles final it was Adriana Szili who won her second title in

four years by defeating her good friend Lisa D'Amelio in the final 6/1 6/4.

After dominating their early matches in the event both girls cruised into the final with easy semi final victories.

In the final both girls played some fantastic tennis but Adriana's clean hitting proved too much in the end as she cruised to her second title of the day.

Earlier in the morning Szili teamed with Emily Arnott to win the Women's Open Doubles title against Lisa D'Amelio and Laura Rabinovich 6/2 5/7 10/7.

After winning the first set comfortably Szili and Arnott found themselves under pressure from Lisa D'Amelio and Laura Rabinovich and eventually lost the second set 7/5 but in the super tie break to decide the match they were able to get themselves to the line 10 points to 7.

In the Men's Open Doubles final it was revenge for Salter after losing last year's title to Paul Arber and Steve Gay as he teamed with Matthew Coghlan to win 6/3 6/3.

Playing straight after the singles final Salter and Coghlan were too strong for last year's champions in a high quality match.

Arber and Gay had come into the final having defeated Richard Fromberg and Josh Frydenberg in a tough semi final 4/6 6/3 6/4 while Salter and Coghlan had cruised through on the back of an injury to Matthew Carroll.

In the Open Mixed Doubles Adriana Szili made it three titles for the day when she teamed with David Bidmeade to easily win the Open Mixed Doubles title 6/1 6/0 against Matthew Coghlan and Belinda Woolcock.

Adriana's excellent form is a great sign for Kooyong's upcoming defence of the Women's State Grade title but it was also great to see Belinda Woolcock continue her development with some great experience against top quality opposition.

Belinda and Matthew played a fantastic match to beat Richard Fromberg and Caroline Arthurs in the semi final and Belinda also made the semi final of the singles where she went down to the experienced Lisa D'Amelio.

Other significant results included a great double by Sophie Vickers to win the Ladies B Grade Singles and the Under 21 Girls Singles in impressive fashion and new John Fitzgerald Scholarship holder Lorenzo Alforque surviving a few early scares to take out the Men's B Grade Singles 6/3 6/2 against surprise packet Baden Furphy.

It was also great to see new John Fitzgerald Scholarship holders win all the remaining under age singles titles starting with Sam Bertram who won the Pat Cash Cup for the Boy's Under 21 Singles, while Daniel Nolan and Briony McKenzie won the Under 14 Singles and William Kneale and Kaitlin Familiari won the Under 16 Singles.

## 2009 CLUB CHAMPIONSHIPS WINNERS

**Men's Open Singles**  
Jay Salter (6/7 7/6 6/3)

**Men's Open Doubles**  
Jay Salter/Matthew Coghlan  
(6/3 6/3)

**Ladies' Open Singles**  
Adriana Szili (6/1 6/4)

**Ladies' Open Doubles**  
Adriana Szili/Emily Arnott  
(6/2 5/7 10/7)

**Men's 50 & Over Singles**  
Craig Bryant (6/3 6/2)

**Men's 50 & Over Doubles**  
Glenn Busby/Graeme Heath  
(7/5 6/2)

**Ladies' 50 & Over Singles**  
Kati Patterson (6/2 6/4)

**Ladies' 50 & Over Doubles**  
Kati Patterson/Heather Barwick  
(6/2 6/3)

**Men's 60 & Over Doubles**  
Maurice Broom/Alan Coleman  
(6/2 2/6 6/4)

**Men's 100 & Over Doubles**  
Graeme Heath/Eddie Myers  
(6/4 6/3)

**Men's A Grade Singles**  
Hugh French (6/1 7/6)

**Men's A Grade Doubles**  
Rob Dalton/Martin Green (6/4 6/3)

**Men's B Grade Singles**  
Lorenzo Alforque (6/2 6/3)

**Men's B Grade Doubles**  
Steve Gay/Jeremy Brown-Greaves  
(6/2 6/2)

**Ladies' B Grade Singles**  
Sophie Vickers (6/1 6/1)

**Ladies' B Grade Doubles**  
Bridget Laird/Judy Mullen  
(6/3 6/3)

**Men's C Grade Singles**  
Leigh Andrianopoulos (6/4 6/4)

**Men's C Grade Doubles**  
Barry Evans/Hugh Magee  
(3/6 6/2 6/2)

**Ladies' C Grade Singles**  
Philippa Danaher (6/4 6/1)

**Ladies' C Grade Doubles**  
Sally Potter/Edwina Vesely  
(7/6 6/4)

**Men's D Grade Singles**  
Peter Gard (5/7 7/6 6/0)

**Men's D Grade Doubles**  
Dan O'Loughlin/Peter Steedman  
(6/1 6/3)

**Open Mixed Doubles**  
Adriana Szili/David Bidmeade  
(6/1 6/0)

**B Grade Mixed Doubles**  
Lou Griffith/Craig Bryant (6/1 6/4)

**C Grade Mixed Doubles**  
Amanda Balfe/Andrew Fried  
(6/1 6/4)

**D Grade Mixed Doubles**  
Geraldine Gard/Peter Gard  
(3/6 6/0 6/4)

**Junior Boy's Singles U/21**  
Sam Bertram (7/5 6/0)

**Junior Girl's Singles U/21**  
Sophie Vickers (6/3 6/2)

**U/14 Boys Singles**  
Daniel Nolan (6/2 6/3)

**U/14 Girls Singles**  
Briony McKenzie (6/2 6/1)

**U/14 Boys Doubles**  
Richard Meadows/Charlie Atkins  
(7/5 5/2 ret)

**U/16 Boys Singles**  
Will Kneale (6/4 1/6 6/4)

**U/16 Girls Singles**  
Kaitlin Familiari (7/6 6/1)

**U/16 Girls Doubles**  
Annabelle Atkins/Eliza Ryan  
(6/7 6/3 6/2)

## BEQUEST SOCIETY

*Your "Will" could  
be the future  
for a Young  
Australian Tennis  
Player!*

The Kooyong Foundation is providing the opportunity for KLTC members and others to remember the Foundation either directly on in their Will and thereby help support and develop future Australian tennis champions.

A number of members have already made this provision in their Will and, in some cases, have also made a tax -deductible gift to support promising players.

Those who do advise that they have remembered Kooyong in this way are invited to join the "*Sir Norman Brookes Society*" which exists to thank and honour those who do so. The Society holds special events from time to time focussing on the joint love of tennis, which its members have.

If you would like to privately explore how your Will could be supportive of the future of Australian tennis, after you have provided for your loved ones, please contact:

**Peter Quinn, the President of the Kooyong Foundation, 0418 396999,**

**Bruce Church, Chair of the Foundation Bequest Committee, 9827 6110, or**

**Chris Brown, CEO of KLTC, 9822 3333**



## Archives & Research Centre

A number of interesting items have been donated to our collection over the New Year.

From Lawrence Money we have acquired a DVD copy of a family movie film featuring shots of the 1934 flooding of the Kooyong stadium.

John Dean has donated to our library *Fifty Years of Wimbledon* by Wallis Myers, and a unique photo of the Albert Park Tennis Club premiership team of 1901.

Other acquisitions include a 1946 Victorian Championships Program from V J Harty, and recent Davis Cup Programs of Australia versus France, Sweden, Belarus and Germany as well as a Jubilee Program of the Davis Cup Challenge Round held at Kooyong in 1961.

**Norman Marshall**  
*Club archivist*



Photos names:

L to R: E T Barnard, R Lycett, H McCleery (Hon Sec), J Blair, B Spence



# The Wayne Arthurs Cup

Waverley repeated their performance from the inaugural Wayne Arthurs Cup, despite the rain, by defeating Eastern Region in the final.

The Kooyong Foundation supported event, which was to be played over two days at Kooyong in December, was reduced to a one-day tournament.

16 teams came from across Victoria to compete in the 10 and under event but it was four metropolitan associations that filled the top four positions at the end of the day.

Teams played two mixed doubles sets against each other due to the rain and it was the Waverley team of Daniel Nguyen, Klemens Haberberger, Destanee Aiava and Kelly Martin that made the final after defeating Berwick in their semi final.

With scores tied at the end of the two mixed doubles sets Waverley won the tie-break playoff seven points to three.

Eastern Region also won through to the final but Waverley were too strong as they won the Wayne Arthurs Cup by winning both of the mixed doubles sets to take out the title for second consecutive year.

Berwick and North Eastern Junior Tennis Association finished equal third while Loddon Campaspe was the best of the country regions finishing in fifth.

Wayen Arthurs was in attendance on both days of the event and happily answered questions from the 64 kids.

Congratulations to the team from Waverley and to all the kids who took part in the Wayne Arthurs Cup at Kooyong.





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**"It's never too early or too late to make your future look much better!"**

Dr. Dennis J. Maddern  
B.Sc., M.A., Ph.D., ADFSI(PI), SA FIN, AFPA, AFA

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# FOOD & BEVERAGE NEWS



What a fantastic Christmas, New Year and tournament we have just had at Kooyong, I cannot remember ever being so busy in my time here.

As usual everything went off as planned and it was great to see kitchen and floor staff work so well together as a team to deliver a great product for you, the Members.

Three months down the track and the Club has transformed into a building site and we have strived to keep open a dining area which we believe has maintained the high standard of food and service which you have come to expect, despite a little discomfort.

Of course we are always trying to enhance your experience even through these challenging times. I hope you can still join us and enjoy the wonderful food and service we can still provide.

## NEW CHEF

I would like to take this opportunity to introduce our new 'Sous Chef' Steven Patinyot.

Steven comes highly recommended from "The Melbourne Club" where he had come through the ranks over the last 9 years.

As well as the Melbourne Club, Steven has gained experience in other well-known establishments around Melbourne.

Coming from another private club, Steven understands the demands for quality and consistency that Members' expect.



I can assure you with confidence that Steven will help maintain and improve the food and kitchen operation and will take a leading role in developing the new kitchens.

So if you see Steven around the club say 'g-day' and wish him all the best for the future.

**Kevin Ley**  
*Executive Chef*

## Australian Wine List Awards

This year again, Kooyong will submit its wine list to the judging panel of the Gourmet Traveller/Fine Wine Partners' Australia's Wine List of the Year Awards.

Proud of its previous award (2 out of 3 goblets - Highly Recommended), the Club is very keen to benchmark itself against some of Australia's best restaurants, cafes, hotels and clubs.

The judges will be looking for content, suitability, balance, presentation and pricing.

Results will be published with the August/September issue of Gourmet Traveller.

## Food & Wine Promotion

The next Food & Wine promotion is scheduled for April and will feature wine and produce from New Zealand.

## Tip of the Week

*From Russell the Pastry Chef*

When having a dinner party always take the cheese platter out of the fridge 1 hour before you serve it.

This enables the cheese to breathe and come to room temperature so giving you the full experience of the cheese's taste and texture.

Also, cheese is so expensive nowadays that you may as well serve it correctly at room temperature so that you're getting full value for money.



# ANNUAL REPORT

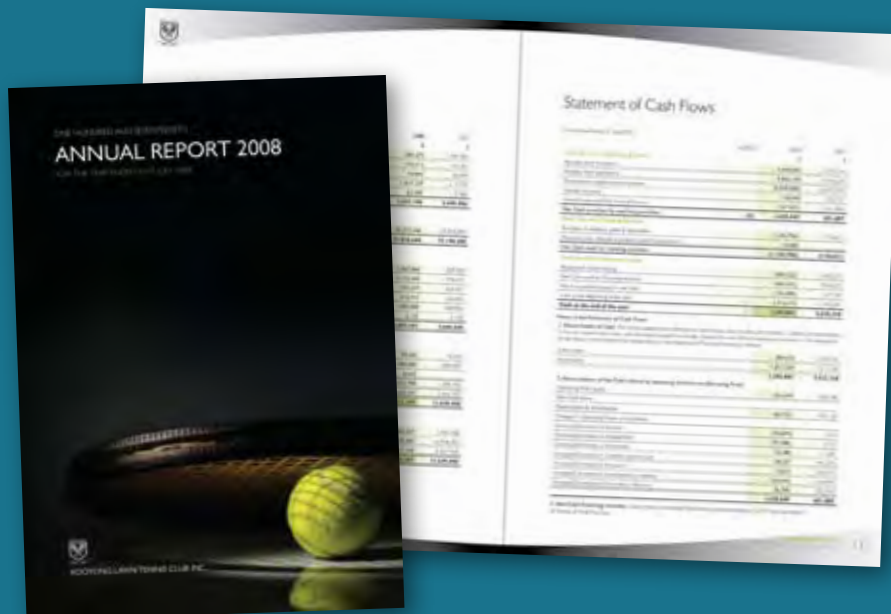
## ELECTRONIC OR PRINTED VERSION?

Members will, in future, be able to choose how they receive the Annual Report.

Consistent with modern practice, Members will be able to download the Annual Report by accessing the Club website, or elect to continue to receive a hard copy as in the past.

The option to access electronically is increasingly popular in the broader community with organisations committing to sustainability and cost savings.

Information will be distributed to all Members with the annual subscription notice advising further regarding the options.



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## RECIPROCAL CLUB

# The Granite Club

The Granite Club has one of the most complete and well-equipped athletic facilities in Canada. Sporting activities are geared for every member of the family, and the Club's wide range of special events and tournaments ensures satisfying and rewarding opportunities for families and friends to play together.

For members interested in recreational activities and personal fitness, or those eager to compete at the club level or beyond-the Granite Club is without equal.

It is no surprise that some of Canada's finest athletes have developed their skills as members of the Granite Club.

### *The facilities include:*

- State-of-the-art gymnasium
- Group exercise classes
- Two twenty- five metre, six- lane pools, a 'tadpool' and an activity pool for the little swimmers
- 18 hole golf course
- Summer tennis - twelve clay courts
- Winter tennis - eight bubbled courts
- Indoor skating rink
- Five single squash courts and two double
- Four badminton courts
- Winter golf dome
- World-class curling facility

The Granite Club's special services also help you make the most of your day.

The Barbershop has proudly served three generations of Granite men and children, while the Salon offers luxurious spa packages, hair care, and aesthetics for members.

Many members take advantage of the invigorating and soothing services of the Club's Active Therapy Clinic, which has professional chiropractors, physiotherapists, massage therapists, and an acupuncturist on staff.

Others use the laundry and dry cleaning services to save time, and shop at Granite Gear for top name apparel and athletic equipment, as well as the Granite Club's own exclusive line of merchandise and clothing.

As always, certified childcare staff are available seven days a week to provide an enriching, caring environment for children so parents can enjoy the Club's facilities. In addition, the Club's indoor parking and 24-hour security help ensure the safety of all members.

### **DINING**

Whether members choose to enjoy a meal on the Terrace or in our Fine Dining Room, grab a nutritious snack after a game in our Sports Bar Café and Lounge, or meet friends and family in the Bistro, the Granite Club has the perfect dining experience.

Wherever members choose to dine in the Club, they will experience the warm personal service of Granite staff. From special requests to hosting a variety of functions, the Granite Club caters to all the needs of our members.

The Club's five private dining rooms help create the perfect atmosphere for weddings, family celebrations or business meetings. The magnificent Grand Ballroom, with a capacity of 500 guests, and our Regency Ballroom, with a capacity of 200 guests, both offer private terraces.

Please contact KLTC prior to your departure from Melbourne to make arrangements for a letter of introduction for any clubs you intend to visit.

This enables us to advise the reciprocal club of your visit in advance to ensure they are prepared for your arrival. We can also provide you with an information sheet detailing the club's facilities and services.





# Kooyong Juniors Win National Titles

Kooyong's junior players won three National Doubles titles and have achieved some outstanding singles results in the December Showdown at Melbourne Park.

From the 12's through to the 18's, Kooyong was well represented throughout the various age groups.

In the 12's Kooyong's newest Fitzgerald Kooyong Scholarship holder, Daniel Nolan, made it through to the second round in the singles while in the girl's event Isabelle Wallace won through to the third round. In the doubles both Monika Rajicic and Isabelle Wallace lost in hard fought quarterfinals.

In the 14's Kooyong's Lorenzo Alforque lost a close match to the number 4 seed in the third round while Lochlan Greene made it through to the second round.

In the girl's event Jessie Tamber and Ashleigh Capannolo won through to the second round of the singles while both Belinda Woolcock and Stefani Stojic lost in the third round.

In the doubles Lorenzo Alforque went through the entire event without dropping a set with his partner Jake Wynan to win the National Title 6/4 6/2.

In the girl's doubles, two of Kooyong's rising stars faced off across the net in the final with Belinda Woolcock and Emily Fanning defeating Stefani Stojic and Nina Catovic in a tense battle 6/3 3/6 10/3.

In the 16's Kooyong's Tom Keighery reached the second round while Andrew Whittington knocked out the number seven seed in the second round before succumbing to the fourth seed in a tight quarter final 6/7 6/4 6/4.

In the girl's event both Belinda Woolcock and Viktorija Rajicic made it through to the semi final despite both still being eligible for the 14's. Belinda lost a tight encounter with top seed Olivia Rich 6/3 6/4 while Viktorija took the fight up to the sixth seeded Ashling Sumner before going down 7/6 1/6 6/2.

In the 16's girl's doubles Kooyong players again faced off for a National Title with Viktorija Rajicic being successful with her partner, Vickey Stuckey, against Alexandra Nancarrow and Ashleigh Hancock 7/6 2/6 10/5.

In the 18's boy's event two of Kooyong's brightest stars faced off against each other in the first round of the knockout stage with Mark Verryth upstaging his more fancied opponent, Andrew Gregory, 7/5 4/6 6/0. Verryth lost in the second round of the knockout at the hands of the top seed and eventual champion, Brendan McKenzie, 3/6 7/6 6/2.

In the doubles Kooyong's Andrew Gregory made it through to the final with his partner Dayne Kelly but the pair were unfortunately beaten in a close final 6/2 4/6 10/4 by Simon Samardzic and Marious Zelba.

In the girl's doubles Kooyong's Alexandra Nancarrow and Viktorija Rajicic won their first round encounter before going down to the top seeds, Alison Bai and Brittany Sheed 6/4 6/1.

Congratulations to all our young players on these fantastic results and we look forward to their continued improvement in the upcoming Pennant season.

## **Kooyong Players Selected in National Teams**

Kooyong has several players selected to play in National teams over the next few months.

Viktorija Rajicic, Molly Polak and Alexandra Nancarrow have been selected to

represent Australia in the Junior Federation Cup team to play in Shepparton in April.

They will compete in the Asia/Oceania Qualifying stage of the Under 16 Junior Fed Cup competition hoping to qualify in the top four teams for the finals later in the year.

Kooyong's Stefani Stojic has also been selected to represent her country in the World Junior Teams Competition's Asia/Oceania Qualifying stage to be played in Malaysia in May.

This is Stefani's second year as part of this Under 14 team after travelling to the Czech Republic for the finals in 2008.

John Peers has also been selected as part of Australia's team for the World University Games to be played in Belgrade, Serbia, in early July.

Well done to all our players on being selected to represent their country in these prestigious competitions.

## Property Advice



### The Pitard Group *Adding Value to Property.*

The Pitard Group is a company specialising in servicing the requirements of people seeking advice in management, development, acquisition, sale and disposal of commercial, industrial and residential property.

The Pitard Group provides the highest levels of ethical and professional standards and extensive expertise to assist small and large property investors to maximise their returns on a diverse scope of property matters.

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MEN'S STATE GRADE

# MEN SEEK RETRIBUTION IN 2009

**K**ooyong's two men's State Grade teams will be hoping to jump the final hurdle in 2009 after falling to the all conquering Grace Park in last year's finals.

Paul Arber's team will once again be hoping to get themselves in a position to take out the title after winning the pennant in 2007.

The team will field very similar personnel to the last few years despite lining up in a different order of merit.

They have also added Matthew Breen to the mix in a fantastic coup for the Club and the team.

Matthew has just returned from overseas with his partner Ewa Radzikowska, who will line up in the women's team, and played a lot of tennis with Lee Pearson over the years as he reached a career high ranking of 249 in the world.

This connection will be an important one as this team will be hoping to dominate the doubles in all of their matches and with Arber, Breen, David Bidmeade, Pearson and Matthew Coghlan they form a very solid core of players to rely on.

Despite losing in the semi final last year this team struggled to get any regularity with their line up and look to be in much better shape going into this season.

Arber will take the number one mantle closely followed by Breen in what should prove to be a very tough combination at the top of the order and with Bidmeade, Pearson and Coghlan down the order this team doesn't seem to have any weaknesses.

When speaking of tough combinations at the top of the order Jay Salter's team doesn't lack there either with Jay and Richard Fromberg looking to win their matches week in and week out.

Jay will move to number one this season and will be hoping to deliver another pennant to the Club in 2009.

Andrew Gregory will be around for part of the season and has continued to improve over the past twelve months so will be a valuable contributor to the team when available.

Rob Phillips has also come into this team after several seasons at North Ringwood, which provides Jay with a quality player in both singles and doubles.

This side will also feature several United States College players who have either returned or are on their way over in the near future including Will McNamee, Jason Lee, Anthony Zafiras and Matthew Carroll.

All of these boys have the ability to play well at this level and will be hoping to

cement their spots in the team as several players attempt to force their way into these State Grade teams in the near future.

With Jay missing the first five weeks of the season the depth of this team will be quickly tested but when all of their players become available it will be a tough unit to crack with Jay and Richard leading from the front.

There will be some big challenges to overcome if our teams are to compete deep into the finals in 2009 and they are most likely to come from the new team from the west of Melbourne.

Grace Park and MCC are always thereabouts and are sure to field teams with the ability to win a pennant but player availability will play a part in one or both.

## EDITOR'S PREDICTION:

Both of these teams have the ability and depth to make the finals but injuries and suspension could play a part in one or both. All going well we may see these teams lining up opposite each other in a grand final but a team from the west may spoil the party.



*From left: Matthew Coghlan, Paul Arber and Jay Salter will need to be at their best for their respective teams to feature in the finals in 2009.*



## WOMEN'S STATE GRADE

# WOMEN HOPE TO REPEAT SUCCESS

**K**ooyong's women's State Grade team has new challenges ahead of it after winning the first ever State Grade pennant for the Club last season.

It was a long process after first fielding a team in 2002 and spending many years in the bottom half of the competition but a trend to emerge from the last twenty years suggests winning one pennant has often led to winning consecutive titles and this group will be hungry for more success after a fantastic season in 2008.

The core of the team returns in 2009 hungry to again climb to the top of the sport in Victoria.

Karolina Wlodarczak, Adriana Szili and Lisa D'Amelio form one of the strongest teams assembled on paper and together with Maddison Springall, captain Emily Arnott and the emerging Belinda Woolcock this team will be hard to beat.

Adriana and Lisa also form one of the best doubles combinations going around and it would take an impressive performance to knock them off.

The strength of this side will depend on how well Maddison, Emily and Belinda perform throughout the season as well as how many matches the top three girls miss due to tournaments or other commitments.

Going on last season's performance you'd think this team will be tough to shake all year but the competition is sure to step up again this year and it will take a lift in intensity to repeat their success.

They will also run into some intra-Club rivalry for the first time in the Club's history with a second Kooyong team taking to the court this season.

This team is filled with junior talent but is headlined by the inclusion of some very impressive senior players.

Nicole Pratt, the former world number 35, will captain this new side and she brings with her a wealth of experience in teams competitions around the world having played for Australia in the Federation Cup.

She will be joined at the Club by current Australian top ten player Christina Wheeler who will play at number one this season.

Having been ranked as high as 147 in the world, Christina and Nicole give this team credibility without even hitting a ball in anger but they will be joined by some of Australia's most promising juniors.

Viktorija Rajcic and Molly Polak are two of the brightest stars on Australia's tennis horizon and together with their more experienced teammates they will form a very exciting team.

Both will play for Australia in the upcoming Junior Fed Cup and have played a lot of tennis together over the past few years as they develop at a similar rate.

This team will also feature former top 300 player Ewa Radzikowska, partner of Kooyong's new men's recruit Matthew Breen, who has played Federation Cup for Poland and also brings a wealth of experience to the competition.

To top it off Sandy Vo and Stefani Stojic will complete this team giving it a fresh and exciting look as both players hope to gain experience at this level in 2009.

This should produce a very exciting season within the Club and within the competition as both teams possess the weapons to win a pennant but the challengers are never too far away.

MCC always field a tough team especially if Evie Dominikovic is there again and our girls only just got past them in the semi final last year while Grace Park are never far off the mark.

Royal South Yarra can never be discounted as long as Kerry Douglas plays for them but the loss of Olivia Rogowska will be hard to cover this year but it all points to an interesting season.

### EDITOR'S PREDICTION:

Two teams with a great opportunity to win a pennant with talent brimming from each but there seems to be a lot of depth in the women's competition at the moment.

Finals should be expected for both but player availability always poses an issue on the women's side of things. Hopefully things fall into place and we see our younger girls get the experience and match play they need as they continue their development.



*Adriana Szili (top) is in career best form going into the 2009 season and together with Lisa D'Amelio (bottom) both will be vital in the upcoming defence of the State Grade title.*

## MIDWEEK LADIES REPORT

The season has recently finished for the ladies playing on Tuesday mornings at Kooyong with two of our four teams making the finals.

In A1 Sue Tyers' teams finished just outside the top four while in A4 Margaret Smith's team also finished in fifth position on the ladder.

Jo Koffman's A4 team, however, finished in third position but lost their semi final against East Malvern.

In A5 Jenny Murphy's team also made the finals but was beaten in the semi final by Heathmont.

The new season has just begun with all four teams again entered into MEMRLTA's Winter competition.

In the Bayside Regional Tennis Association's current February to June season Kooyong is fielding three teams on Wednesday mornings and six teams on Thursday mornings.

On Wednesday mornings Bridget Laird's Section 1 teams is currently in fourth spot on the ladder while Jill Kaminsky's Section 2 team is sitting in sixth place.

In Section 5 Priscilla Kiernan's team is also in sixth place nearing the half way mark of the season.

On Thursday mornings Kris Tulloch's Section A team is currently in eighth place on the ladder while Anne Forbes' Section 1 team is well placed in second spot.

In Section 3 Kooyong is fielding two teams and at this point Wendy Johnson and Alita Davis' teams are sitting in sixth and seventh respectively.

Likewise, in Section 4 Kooyong's two teams are trying to fight their way into the top four with Anne Fitzpatrick and Gena Ferguson's teams sitting in fifth and sixth respectively.

***We wish all our teams luck for the remainder of the season.***

# JUNIOR TENNIS NEWS

Kooyong's junior tennis teams have reached the half way mark of the season in the Bayside Regional Tennis Association competition.

We are fielding 17 teams across both Saturday and Sunday and many of our teams are finding the competition very tough but they're still performing very well at this stage.

Some of our teams are coming across bigger, stronger and older opponents in this under 18 competition but this hasn't stopped them taking on the opposition with vigour.

On Saturday mornings there is only two sections for our five teams to play in and we are fielding three teams in Section 1.

Gemma Seeley's team is currently sitting in third spot on the ladder while Noah Pabst's team is sitting just behind them in fourth.

Tom Hamer's team is also doing a great job under difficult circumstances to currently be sixth in the top section.

In Section 2 both of Kooyong's teams are new to competition tennis in 2009 and Henry Marcel's team is playing well early in the season to be sitting in fourth position.

Rebecca Pierri's team is also doing well in their first season at the Club as they sit in seventh spot on the ladder.

On Sunday morning Kooyong is fielding 12 teams and in Section 1 we have two teams representing the Club well.

Ashleigh Capannolo's team is currently sitting in second spot on the ladder while Richard Meadows' team is currently in seventh position.

In Section 2 Billy Friend's team is facing some tough opposition and despite playing well the boys are in seventh spot on the ladder.

It is a similar story in Section 3 where Kooyong's two teams captained by Anton Ritterman and Renee Sheary are in sixth and eighth respectively at this early stage.

Mostly aged between 11 and 14, these players are consistently coming up against much bigger and stronger opponents but the experience will continue to help their development.

In Section 5 Martin Kaminsky's team are currently sitting just outside the top four but are looking capable of fighting for a top two spot as the season progresses.

In Section 7 James Wiseman's team is competing in the most even section of the whole competition as they sit in eighth place despite being just nine points outside the top four.

The two Kooyong teams are finding the going pretty tough in Section 9 with Jessica Longmuir's team in seventh spot and Julia Henly's team in eighth spot on the ladder.

In Section 11 both of the Kooyong teams are well placed going into the second half of the year with Kate Cunningham and Lauren Louey's team sitting in fifth and sixth respectively.

In Section 14 Charlotte Jones' team is currently sitting in sixth spot on the ladder.

Good luck to all of our teams for the remainder of the season.

## TENNIS VICTORIA JUNIOR PENNANT

Any juniors interested in playing in this competition in 2009 will need to contact the Club for an entry form.

It is open to under 10, 12, 14 and 16 girls and boys who have played at least 4 Club matches during the past twelve months.

The Bayside Association will select the teams and the season runs from September to December.



*Charlie Atkins and Richie Meadows won the Under 14 Doubles at the recent Club Championships.*



# KOORYONG'S pennant profiles

## Molly Polak

Age: 14

Grade: State Grade

Play L/H or R/H:  
Right Hand



### Tennis Achievements:

Represented Victoria in 2006 to win Bruce Cup. Represented Australia at the World Teams Event in 2008. Represented Australia in the Maureen Connelly Cup in 2008. Selected to represent Australia in the 2009 Junior Fed Cup.

### Most admired sportsperson/why?

Anna Ivanovic – I love her playing style.

### Greatest influence on tennis career/why?

My parents, all of my coaches particularly Belinda Colaneri and Chris Mahoney.

### Greatest sporting moment witnessed?

Australian Open final 2008.

### Reason for playing for Kooyong?

Kooyong is a fantastic Club with a great tennis team. I am very lucky that Kooyong offered me a scholarship in 2007.

### What qualities do you admire in people?

I like people to be honest and loyal and I admire those who really work hard to achieve their dreams.

### If you weren't a tennis player what would you be?

I don't know, I can't imagine being anything else.

### What do you do outside tennis?

Outside tennis I love spending time with my family, reading and listening to my iPod.

### How much time do you spend developing your tennis each week?

I train (court time and gym/fitness) about 5 hours per day, at least 6 days per week.

### Projected finish for your pennant team this season?

First, of course!

### Sacrifices required to play tennis at a high level?

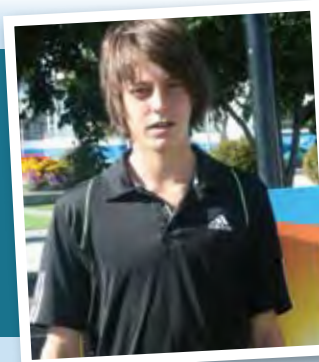
I don't feel like I sacrifice anything. I am so lucky to have the opportunity to play tennis and travel and to meet so many people. I have made lots of great friends through tennis.

## Andrew Whittington

Age: 15

Grade: 1

Play L/H or R/H:  
Right Hand



### Tennis Achievements:

Australian 12U team member 2005, Victorian State representative 12s and 14s. Played 2009 Australian Open Juniors, 12s and 14s Australian Juniors and ITF doubles championships.

### Most admired sportsperson/why?

Muhammad Ali because he stood up for what he thought was right and refused to go to war, was stripped of his world title and when he came back to his sport, continued to win.

### Greatest influence on tennis career/why?

Glenn Busby – my coach from 7 years of age. Glenn taught me not only how to hit the ball but to play tennis.

### Greatest sporting moment witnessed?

Australia beating Uruguay to get through to the soccer World Cup.

### Reason for playing for Kooyong?

Playing with friends from a young age. We enjoy ourselves on and off the court and get along well together. Plus the people are really nice and of course great facilities and courts.

### What qualities do you admire in people?

People who are friendly and honest

### If you weren't a tennis player what would you be?

I loved cricket at a younger age so it would have to be cricketer.

### What do you do outside tennis?

I go to school at Williamstown High School, play indoor soccer with my school friends and listen to music a lot.

### How much time do you spend developing your tennis each week?

I am at Melbourne Park most days of the week, morning and/or afternoon, either in the gym or on court. I also hit on the weekends a bit but also try and have a rest too.

### Projected finish for your pennant team this season?

I think the team will go well and we'll finish in the top four of our section and from there, go on and hopefully win the flag

### Sacrifices required to play tennis at a high level?

Sometimes I can't go out with friends because of training or tournaments. Plus I have to go to bed earlier some nights when my favourite shows are on. Also I have to get all my homework done as soon as possible because there's always something else to do.

## KOOYONG INTERNATIONAL TENNIS ACADEMY



A big thank you to all those Members who have been involved in our coaching programs this term. We have been fortunate to have almost all classes full with waiting lists, that we are working to get into our programs as quick as possible.

We do progressively aim to meet all your requirements and provide as a high a quality and diverse program as possible.

We are introducing a number of new programs this year – read on for details. Contact the coaching office for any tennis coaching related enquiries – 9824 6860.

### International Tennis Number... “What’s Your Number?”

We are introducing the ITF’s World-wide recognised International Tennis Number (ITN) Player Rating System into our coaching program.

Every player regardless of age, standard or experience is able to get an ITN. Beginners start at an ITN10 and can progress right through to the ITN1 of a professional ATP or WTA tour player.

All coaches have been trained in the *Official ITN On Court Assessment* testing procedures, and most of our clients will have already completed the test and have their ITN# as we trialed the system towards the end of Term 1.

Implementing the ITN across our coaching program will offer several key benefits:

- Offer a fun and rewarding way to track your tennis level and progress over time – just like a golf handicap or coloured belts in martial arts.
- Friendly competition amongst friends and family to see who can score

the highest on the ITN On-Court Assessment.

- Allow more efficient, structured, and accurate, standard based grouping of clients for our group lessons and squad programs; as well as new standard based match play squads and tournaments
- Track your results online via the [www.oncourtassessment.com](http://www.oncourtassessment.com) website, and compare your results against tennis players worldwide.

### How do I get an ITN Number?

If you are already having lessons with us just tell your coach you want to do an *ITN On Court Assessment* and get your *ITN Number*.

If you don’t have lessons but would still like to know your *ITN Number* just call the KITA Coaching Office on 9824-6860 to book your *Official ITN On Court Assessment*.

### Tennis Boot Camp

Boot Camp has arrived at Kooyong at 630am - 8am Tuesday & Wednesday Mornings.

Tennis Boot Camp is a 90-minute, high energy, high intensity, high repetition tennis workout that will improve both your game and your conditioning.

Groove your strokes and body in the morning, and your game will love you in the afternoon!

The program is run by Glenn’s new Head Coach Matt Carroll and current National Academy and State Program Coach Kate Sheahan, both with University Degrees in Exercise Science,

and US College Playing and Coaching experience.

The program will feature involvement from Kooyong State Grade Players, and your team of KITA Coaches.

The program will cater for all ages and all competition standards, you just need your Boot Camp ABC’s – **A**ttitude, **B**elief & **C**ommitment!

For details or booking enquiries please contact Matt Carroll on 0410-657-733 or via email [mcarroll@kooyongltc.asn.au](mailto:mcarroll@kooyongltc.asn.au)

### KITA Stars Tournament

We will be running our inaugural tennis tournament on the weekend of the 1st, 2nd, & 3rd of May. Come into the club or email [kita@kooyongltc.asn.au](mailto:kita@kooyongltc.asn.au) for entry forms and more details.

### Tennis Foot Skills

*New program starting Term 2*  
- Thursday Nights 7-8.30pm.

*What is it?*

It is a 45-minute footwork training, movement analysis, and tennis specific conditioning session.

Learn how to move correctly on the court, and develop movement patterns that will get you to the ball better, earlier and more balanced to put you ahead of the competition.

Contact the KITA Coaching office for details and bookings – 9822-3333.

### Coaching Gift Certificates

Mother’s Day? Birthday? Thank you? Anniversary?

Ask the Coaching Office for more details.



# CRECHE NEWS

The year is well underway in the crèche, with Sue, Gill, Chelsea and Marie continuing to provide a caring, happy and stimulating environment for our children, allowing parents to make the most of the Club's facilities.

During school terms, the creche operates from 9.15 am to 12.00 pm on Mondays to Thursdays and from 9.15 am to 12.15 pm on Fridays.

The annual family registration fee for 2009 is \$60, with a session fee of \$10 per child. Please see the pro-shop for more details and for 2009 registration forms.

## Kooyong Children's Christmas Party

The Kooyong Children's Christmas Party was held on Sunday, 30th November 2008 and proved to be a fun event for the 113 children attending, as well as for their parents and grandparents.

Apart from enjoying lots of party food and drink, the children were treated to

a visit from Santa and were entertained by a balloonist, face painting and magical elves. There were also door prizes and raffles.

## CALENDAR OF EVENTS

The Committee has planned the following fundraising events for the year:

### Friday 1st May

Mixed Doubles Tennis Night

### Friday 9th September

Ladies Tennis Night

### Friday 16th October

Mixed Doubles Tennis Night

The tennis nights consist of a round robin style doubles tournament followed by dinner in the bistro.

All Club members welcome.

### Samantha Wood

*President, Creche Committee*



## THE PRO SHOP

The Kooyong Pro Shop is now temporarily located in the convenient location at the junction between the temporary main entrance, near the stairway to the change rooms and gym, and the temporary members' bar.

### RESTRINGING – 24-HOUR TURNOVER

On site service with the most up to date technology.

### Try before you buy racquet program.

Utilise our broad range of demo racquets, and even book a session with one of our Qualified Coaching Staff who will take you through a demo session and help you select the racquet that best suits your game and needs.

### Clothing.

A select range of tennis and gym attire.

Gift vouchers for all occasions. Use our 25 years of industry experience to your advantage.

**ENQUIRIES:** Phone - 9038 7141

Email - [proshop@kooyongltc.asn.au](mailto:proshop@kooyongltc.asn.au)

**HOURS OF BUSINESS:** Monday to Thursday 9.00am to 7.00pm  
Friday 9.00am to 5.00pm • Saturday & Sunday 10.00am to 2.00pm



# BILLIARDS & SNOOKER REPORT

by Alistair Macindoe

After the summer break, the snooker season has just started, and Kooyong finds itself on top of the ladder in A grade. So far so good.

## SHOT OF THE MONTH – THE BRIDGE CONTINUED

In the last issue of *Courtside* we had a look at the standard bridge, which is popular in the countries of the former British Empire.

This month we study the loop bridge, which is used widely everywhere else in the world.

The loop bridge is formed by apposing the tips of the thumb and the index finger.

This makes a loop or hole for the cue to slide through, while the other digits and the wrist form the sturdy base of the whole apparatus. Please refer to the photo.

I find the loop bridge is useful for powerful screw shots. Try it for yourself and see how you go. Remember to keep your bridge absolutely still as you make the shot.



## QUOTE OF THE MONTH

*"To use a cue at billiards well is like using a pencil, or a German flute, or a small-sword – you cannot master any one of these implements at first, and it is only by repeated study and perseverance, joined to a natural taste, that a man can excel in the handling of either."*

- William Makepeace Thackeray *Vanity Fair* 1848

## SQUASH NEWS

Kooyong has entered 14 teams in the '09 Autumn Club Circuit season. As at round 5 of the current season, Kooyong teams are battling hard, with 3 teams in the top 3 of their respective grades.

Josh Cardwell has continued to progress his level of squash. Josh is playing A1 number 1 for Kooyong and is currently undefeated this season. Josh is currently in Iran, where he will compete in 2 Professional Squash Association tournaments to gain valuable ranking points.

Kooyong was very well represented at the 2 most recent squash tournaments in Victoria, the Mountain Districts Open Squash Championships, and the Gippsland Open Squash Championships.

At the Mountain Districts Open Squash Championships, which was held 1-3 February at the Wantirna Genesis Fitness Centre, Kooyong Squash Club Women's Champion, Melody Francis was runner-up in the Women's Open event to Queenslander Donna Urquhart, who is Australia's third ranked woman on the world circuit.

At the Gippsland Open Squash Championships, held 7-8 March at the Maffra Squash & Racquetball Club, there was a total of 6 Kooyong squash players competing.

The Women's Open event was between 2 Kooyong players, Sarah Fitz-Gerald, former World Squash Champion and Lisa Ambler, Sarah won the match 11/4, 11/4, 11/5.

The Men's Open Final was an outstanding match and after 5 gruelling games Cameron White defeated Mark Ikin (Kooyong) 11/9, 11/8, 3/11, 7/11, 11/5. Also, in the Men's Open, Kooyong players Neeraj Aggarwal placed 4th and Ryan McCarter placed 5th.

Lisa Ambler (Kooyong) also competed in the Men's A grade and played brilliantly to finish runner-up. Adam Flett (Kooyong), competed in the Men's A grade event and placed 4th – a great result for Adam considering he played in the Men's C grade event in '08.



# BRIDGE BITS

We are happily playing Bridge in St. Kevin's Pavilion, directly behind the tennis courts, where we will be until the 3rd of April and then we break for School holidays and resume on the 20th of April.

It is a wonderful alternative venue with great views. On our first night for 2009 we held a cheese and wine night to allow us to socialise and catch up after our long break.

We have a busy program with games against Royal South Yarra and Eastern Golf Club and the Bridge for Brain Research Challenge.

The last Tuesday of April, May and July will be Red Point Events. The whole schedule for 2009 is available on our website.

## RECENT PROMOTIONS ARE AS FOLLOWS:

State Master	- Nancy Heffernan
Life Master	- Paulina Baker
*Local Master	- Donald Bowman
	- Teck Chan
Local Master	- Virginia Cameron
	- Maurice Farrow
Club Master	- Marilyn Busietta
Graduate Master	- Catherine Millie
	Barry O'Reilly

We congratulate our member, Penny Purbrick who with her partner, Penny Corrigan won their Section of Flighted Swiss Pairs at January's Summer Festival of Bridge. Well done.

Do come and join us - we are friendly and welcoming.

**Leeran Branicki**  
President

*Geraldine Russell  
and Denise Van Baer  
- Best Restricted Pair*



*Marilyn Ohlson and  
Virginia Ohlson -  
Champions for 2008*



## ROYAL CHILDREN'S HOSPITAL AUXILIARY

The Royal Children's Hospital - KLTC Auxiliary held their first meeting on Monday 23rd of February 2009.

Our President, Sandra Williams, resigned and Marie Devereux was nominated as our new President.

Marj Galvin, our Vice President, also resigned and Yvonne Daniel was nominated. We thank them both for their contribution over the past twelve months. The rest of our Committee will remain the same.

Carole Lowen, from the Royal Children's Hospital, suggested an Open Door Policy to encourage Kooyong Members who are interested in participating in our meetings to come along.

Everyone will be made very welcome at our next meeting at 6.30pm on Monday 16th March.

Our Tennis Day was extremely successful and enjoyed by all participants and we raised just under \$1000.

The Committee has decided to hold an Easter raffle which we feel is a great way to raise money and I am sure will be very successful and all gifts will be donated by the Committee.

As some of our functions scheduled for 2009 may not be possible with the current renovations we are looking for any new ideas.

Denise Cosgriff will be selling copies of the Entertainment Book at a price of \$65 per book.

These books make great gifts and please remember they are going to a worthy cause.

Due to Marie's absence, I would like to thank our Committee for all the hard work that went into our Tennis Day and the effort that is so willingly offered by all.

**Yvonne Daniel - Vice President**



# Social Committee

Our Christmas party was a wonderful night of great music and festive fun. We were entertained by Plastique, who played all our favourites and put on a lively, colourful show.

Thanks to Rosie Waite-Garrison and the general committee for all the organisation and to everyone who came along and made it a great occasion.

We would also like to thank the staff at Kooyong for all their support, without their help we could not run these events.

The tennis Round Robin on 15th March, followed by a delicious dinner, sold out so please book in early next time if you would like to attend.

If you have not already done so please register your email address with the Club so that you can receive information on our upcoming events at [www.kooyong.com.au](http://www.kooyong.com.au).

## Forthcoming Events:

**2ND MAY:** "Secret Bridesmaids Business" a play by Elizabeth Coleman at the Arts Centre. Come and join us for a hilarious night that has been advertised in The Age as "the funniest, sexiest & most surprising night of the year!"

**23RD MAY:** West Brighton Club - dinner. Due to the renovations, we will be holding a dinner at the West Brighton Club. This is a fabulous venue and we are sure it will be a night not to be missed. Please book early!

**11TH OCTOBER:** The 'JJ' Memorial Mixed Doubles Tennis Round Robin.

**December:** Christmas event.

*We look forward to seeing you at our events in 2009.*

Jessica Jasper  
President Social Committee





# YOUNG MEMBERS

2009 is now well under way... as are the Club renovations!

On the balcony overlooking the awesome grass courts February saw the first Young Members drinks, happy hour & sausage sizzle night...

The drinks & sausage sizzle night will continue the first Friday of every month, so if you are between 18 & 40(ish), come down and catch up with old friends and be guaranteed to make new ones.

## KLTC YOUNG MEMBERS COMMITTEE

2009 has also seen a change in the committee. But firstly I would like to thank two great people whom have helped make YM what it is today. Andrea Baillie and Sean Lochhead, have stepped down after many years organising great events and keeping our finances in line.

The new faces for the committee are:

Angela Aiken-Murphy:	President
Caroline Hurley:	Vice President
Sarah Whitfield:	Secretary
Braden Murphy:	Treasurer

## WORD ON THE KLTC YM STREET...

We are at the moment organising a "friendly" round robin with Royal South Yarra at their club. This will become an annual event alternating between RSY and KLTC. Please register your interest at the club as past round robin places have sold out.

Another exciting whisper exclusive to Young Members is a weekend away at Portsea... a package is being put

together combining accommodation, golf, tennis, dinner and a few drinks, what could be better! Your registered interest is a MUST.

Once again, I cannot emphasise more how important it is for you to register your contact details with the club, whether it be a quick call, pop past reception the next time you're at the club or by email.

And remember, KLTC Young Members group on facebook!

Looking forward to seeing you at the next sausage sizzle & happy hour, the first Friday of every month at 6.30pm on the balcony by the bbq's!

**Angela Aiken – Murphy**  
*KLTC YM - President*



# Wine and Food Society

After many years of leadership and commitment to the Society, Pamela Middleton announced her retirement from the position of Bacchus and President at the Annual General Meeting held on December 8th, 2008.

Pamela was awarded Life Membership and invited as our guest to the Court House function. Unfortunately Pamela was unable to attend this function so she will be invited to our next function.

At the ensuing elections Mary Hoban, President, Peter Ebbels, Treasurer, Peter Nolan, Secretary, and Graham Schmidt, Susan Young and Kras Kuen were elected to the Committee.

Unfortunately, Kras submitted his resignation in late January, and Christine Johnston has taken the position of Winemaster.

Our first function for 2009 was at the Court House Hotel, a One Hat restaurant, in Errol Street, North Melbourne on March 11.

Susan was Function Secretary and established our contact with Court House. We were fortunate in being able to source all the wines from Carlei Winery, located in Heathcote, and Christine arranged for Sergio Carlei to attend and explain the attributes of his wine.

As this was prepared for printer's deadline before March 11 we can just show you the menu and associated wines:

**Canapés: Wine:** 2007 Bel Casel Prosecco – Veneto region in Italy

**Entrée:** Tartare of Kingfish and Ocean Trout (green peppercorns, crème fraîche and chives)

**Wine:** 2008 Carlei Green Vineyards Sauvignon Blanc – West Gippsland & Yarra Valley, 2005 Carlei Green Vineyards Chardonnay – Yarra Valley.

**Main:** Confit Duck Pie (parsnip puree, thyme jus, served with a side dish of green beans, pinenuts and fetta)

**Wine:** 2006 Carlei Green Vineyards Pinot Noir – Yarra Valley, 2005 Carlei Green Vineyards Shiraz – Heathcote.

**Dessert:** Blood Orange Jelly (yoghurt sorbet, sherbet meringue)

**Wine:** 2005 Carlei Estate late harvest Viognier – Heathcote.

**Coffee and Petit Fours.**

We are planning functions for late May and late August and have optimistically penned a booking at Kooyong for the Winemakers Dinner on Friday 20th November.

We should know by September whether the Room will be available.

Any Kooyong Member who is interested in joining the Wine and Food Society should contact either Mary Hoban, [maryahoban@hotmail.com](mailto:maryahoban@hotmail.com), Ph. 9499 2881 or Peter Nolan, [peter\\_nolan@hotmail.com](mailto:peter_nolan@hotmail.com), (please note underscore between name and @), Ph. 9859 1014.

Would existing members who have an email address please send it to Peter or Mary.

**Mary Hoban**  
*President*



# HEALTH CLUB NEWS

## SUCCESS STORY



*Paul Newton training with personal trainer Julian Roberts*

What an exciting time to be a part of Kooyong Health Club, with a major clubhouse development underway to an already world class club.

It's inspiring to see the growing number of sports minded members and novice users enjoying the great vibrant atmosphere in the gym.

Speaking of inspiring, whilst talking with Personal Trainer Julian Roberts (Jules), he enlightened me on a member who has really improved his quality of life with exercise. I present to you Paul Newton's success story.

### **What made you take up Personal Training?**

Whilst I have been an active person and enjoyed a relatively fit lifestyle, I have not been able to do any effective training for several years due to some complications with both my knees that have required considerable amounts of surgery (upper Tibia Osteotomy to both legs).

It took about 3 years of post surgery recovery before I was ready to recommence physical activity. I thought the best way to recommence was to get some professional advice and undertake a 10 week start up program, set some goals and enjoy being active again.

### **How did your health begin to improve after you commenced the Personal Training sessions?**

After a couple weeks of being sore I started to notice the usual signs of weight loss, toning of muscles, slight change in shape, improved fitness, sleeping better and feeling much more alert.

### **How much weight have you lost?**

Over a 3 month period I lost approximately 8 kilos, not that I was overweight but any loss in weight would greatly assist my knees. I have been able to stabilise my new weight and have altered my diet accordingly. I first commenced training with Julian 3 years ago and have been able to maintain my new weight since then.

### **What does your diet now consist of and what would you recommend to other members?**

I have never been an excessive eater, but having said that I have cut out any compulsive eating (I have a sweet tooth and love Twisties). I also have learnt to drink water regularly.

I have a lot more soups and salads and try to steer clear of bread midweek and other starch foods. I make my own muesli and eat a lot of Victoria Market foods. Working in North Melbourne allows me to drop into the market and buy fresh produce. It's amazing what regular exercise and fresh food can achieve in terms of weight loss and well-being.

### **As well as losing some weight you have also improved your fitness dramatically, what kind of exercises do you do in your training sessions?**

I am in my 3rd year of training with Julian, so we have had to invent some new and challenging activities. Typically we do a warm up on the bike and then it's usually outside to do some cardio work. That may be either with a football (sometimes on centre court) or we do a lot of short running up and down the stadium stairs.

We do heaps of boxing, usually in the squash courts. It's more like sparring as we move around the court. Julian gets me to do lots of push-ups and stomach crunches as well as weights, rowing and dips. Lately we have been over the road in the park doing boxing, football and running, then back inside for weights. Regardless I am stuffed by the end of the session.

### **Has improving your fitness encouraged you to take up other activities outside the club?**

Yes, definitely. It's amazing how my improved fitness has been the catalyst to take on other new activities. I now row in a crew of 4. My children go to Carey Grammar so I have teamed up with some other Carey dads and we row every Sunday morning from Yarra Rowing Club.

I also cycle, either in town on the weekend or at Sorrento over summer.

Typically I head out with a couple of mates and we cycle approximately 60 km road trips, then coffee and home by 9:30 am. Next, maybe swimming.

### **What message would you pass on to the other members who may be considering taking up Personal Training?**

Don't feel intimidated. Sign up for a 10 week session. Realistically you will need to go twice a week and supplement that with some other activities, as well as an assessment of your diet. Kooyong is a great Club and you will feel great using its facilities.

You have to learn to push beyond your pain barriers, whether it doing push-ups, dips, running, weights etc. If you haven't worked out much before you will not really know your capabilities. It will be your Personal Training that will give you the confidence to push beyond your initial limits and pain thresholds.

### **Most importantly, how do you feel and how has the training changed your body?**

There is no denying training is tiring but it is at the same time very invigorating and it has given me a new lease of life. So too has the surgery that fellow Kooyong member, Peter Lugg performed 6 years ago. I am indebted to him and to Julian (my Personal Trainer) for the opportunities they have given me to re-establish my fitness and well-being. The weight loss and change to body shape has cost me a fortune, because I've had to alter a lot of my clothing, which I suppose is not such a bad thing.

*If any member requires any information regarding Personal Training or would like a particular trainer to be allocated to help them achieve their fitness goals, contact Health Club Manager, Michael Kull directly on 0419003762. Available 7 days a week.*

## DIARY DATES

### APRIL 20089

#### 18/19 Tennis Victoria Pennant Tennis Season Commences

*Get down to the Club every Sunday at 12.30pm to see some of the best players in the state fight for supremacy.*

### MAY 2009

- 1** Young Members Drinks  
– Held on the first Friday of every month.
- 1** Crèche Mixed Doubles Tennis Night  
– Contact the Club for more details.
- 2** Secret Bridesmaids Business  
– Join the Social Committee at the Arts Centre to see this hilarious play by Elizabeth Coleman.
- 5** Bridge for Brain Research Challenge
- 10** Mother's Day – See the ad below
- 19** Bridge Teams vs Royal South Yarra at Royal South Yarra
- 23** West Brighton Club Dinner  
*Due to the renovations the Social Committee is holding a dinner at this fabulous venue. Contact the Club for more details.*

### JUNE 2009

#### 9, 16, 23 Bridge Borin Trophy

### JULY 2009

#### 6 Bridge & Lunch at Victoria Golf Club

## Mother's Day Lunch

**SUNDAY 10TH MAY 2009**

The Kooyong Room: 12 midday - 3pm

Gourmet Buffet Lunch. Drinks at bar prices  
\$50 for adults, \$25 for children (13 years and under)

*All mothers receive a complimentary glass  
of champagne on arrival*

Fabulous entertainment provided

## Summer Competition News

Another season of the Bayside Regional Tennis Association's Summer Competition is nearly complete and more than half of Kooyong's teams made the finals.

Unfortunately Jenny Baker's team lost their semi final in Section 2 of the Ladies Rubbers while Taylor Capannolo's Section 2 team in the Ladies Singles/Doubles dominated all season and made it to the grand final but were beaten due to several players being unavailable for the final match.

In Section 1 of the Ladies Singles/Doubles Belinda Woolcock's team cruised straight through to the grand final and despite having to wait a week, due to rain, they went on to win the grand final as well.

In Section 1 of the Mens Rubbers Kooyong fielded the two strongest teams in this competition and they met in the semi final and again in the grand final.

John Vesely's team moved straight through to the grand final after the first week of the finals but it was Steve Avery's team that came out on top in the final match of the season.

Congratulations to all of our teams on another wonderful season.







# CORPORATE TENNIS DAYS AT *Kooyong*

GET YOUR TEAM ON COURT WITH A  
CORPORATE TENNIS DAY AT KOORYONG

*We can cater for your event on  
our famous centre court.*





# BUSH FIRE RELIEF EVENT

## WHITTLESEA TENNIS CLUB



The Kooyong Foundation in association with Tennis Victoria and Tennis Australia is staging a "Back to Tennis" event at the Whittlesea Tennis Club on Sunday 19th April from 1:00pm – 5:00pm.

The purpose of this free event will be to:

- Offer some respite and entertainment to those directly affected by the bushfires
- Offer thanks to the countless volunteers involved in firefighting and relief efforts
- Energise the tennis community within the affected areas.

### ACTIVITIES INCLUDE:

- Tennis clinics for children aged from 6 to 16
- Other tennis related activities such as the use of the Radar speed gun
- Meeting with a range of past and present personalities from the world of tennis
- Exhibition match involving some of Australia's past champions - 3.00pm

### Join some top names

Todd Woodbridge, John Fitzgerald, Alicia Molik, Wayne Arthurs, Paul McNamee, Jason Stoltenberg and Richard Fromberg have all indicated their support for the event