



Welcome to [The Seagate Hotel & Spa](#), where your every need has been carefully considered long before you arrive in our lobby.



The health and safety of our guests and staff has always been vitally important to us, but never more so than now. With **Seagate Safe**, we're doing everything possible to make certain that all our properties are safe, sanitary, and germ-free. [Learn more.](#)



Visit the **Atlantic Grille**, our eclectic restaurant on the Avenue that perfectly captures the unique flavor of Delray Beach. Join us for our daily Happy Hour 4pm - 6pm, and enjoy live entertainment Tuesday through Sunday. [Learn more.](#)



Escape to the **Seagate Spa** where every detail has been carefully designed to create the ideal environment for your relaxation and renewal. Feel your cares melt away as you enjoy a complete range of massage, skincare, and body treatments. [Learn more.](#)



You won't have to go far to discover some of the most fashionable finds, unique gifts, and delectable delights anywhere in South Florida. **Aqua Resortwear** is the ideal place to find the latest fashions and resortwear for men and women. For gifts, gourmet specialties, and beach essentials, **etc. café & gifts** has everything you need. [Learn more.](#)



The **Seagate Country Club** is a world-class golf and country club featuring one of the finest championship golf courses in all of Palm Beach County. The club and its recently restored course are now open hotel guests of The Seagate Hotel & Spa and provide activities such as golf, tennis, pickleball and more. **The Seagate Wellness Center**, which provides classes and personal training in its Technogym facility is also available to hotel guests. [Learn more.](#)

The **Seagate Beach Club** offers guests the prestige of a sophisticated retreat with the allure of a refined ambiance with personalized service. Amenities include direct beach access, oceanview dining, a beachside swimming pool, poolside and beach beverage service and more. [Learn more.](#)

And so you don't miss out on any of our activities, we offer complimentary transportation on our in-house car to and from the hotel and clubs on a first-come, first-served basis.

Activity Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOV 28	NOV 29	NOV 30	DEC 1	DEC 2	DEC 3	DEC 4
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	8:00am Sunrise Beach Yoga
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	8:00am Zumba
	8:30am Aquabilities	6:00pm Seagate Sweat	5:00pm Pickleball Clinic	8:30am Aquabilities	9:15am Aquabilities	8:30am Aquabilities
	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	11:00am Junior Beginners Golf Program
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		12:00pm Junior Advanced Golf Program
DEC 5	DEC 6	DEC 7	DEC 8	DEC 9	DEC 10	DEC 11
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	8:00am Sunrise Beach Yoga
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	8:00am Zumba
	8:30am Aquabilities	6:00pm Seagate Sweat	5:00pm Pickleball Clinic	8:30am Aquabilities	9:15am Aquabilities	8:30am Aquabilities
	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	11:00am Junior Beginners Golf Program
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		12:00pm Junior Advanced Golf Program
HOTEL	BEACH CLUB	COUNTRY CLUB	RACQUETS CENTER	YACHT CLUB		

Activity Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DEC 12	DEC 13	DEC 14	DEC 15	DEC 16	DEC 17	DEC 18
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	8:00am Sunrise Beach Yoga
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	8:00am Zumba
	8:30am Aquabilities	6:00pm Seagate Sweat	5:00pm Pickleball Clinic	8:30am Aquabilities	9:15am Aquabilities	8:30am Aquabilities
	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	11:00am Junior Beginners Golf Program
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		12:00pm Junior Advanced Golf Program
DEC 19	DEC 20	DEC 21	DEC 22	DEC 23	DEC 24	DEC 25
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	
	8:30am Aquabilities	6:00pm Seagate Sweat	5:00pm Pickleball Clinic	8:30am Aquabilities	9:15am Aquabilities	
	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		
HOTEL	BEACH CLUB	COUNTRY CLUB	RACQUETS CENTER	YACHT CLUB		

Activity Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DEC 26	DEC 27	DEC 28	DEC 29	DEC 30	DEC 31	JAN 1
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	
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	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		
JAN 2	JAN 3	JAN 4	JAN 5	JAN 6	JAN 7	JAN 8
8:30am Pickeball Drop-In	7:30am Seagate SUP Yoga	7:30am Wake Up the Sun Yoga	9:00am Skills Tennis Clinic	7:30am Seagate SUP Yoga	8:00am ABSolutely Seagate Pilates	8:00am Sunrise Beach Yoga
1:00pm Surf's Up Sundays	8:00am Aerobics	9:30am ABSolutely Seagate Pilates	9:00am Aquabilities	8:00am Aerobics	9:00am Cardio Tennis Clinic	8:00am Zumba
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	9am Aquabilities		5:30pm Empowered Rotation Yoga	6:00pm Seagate Sweat	10:00am Gentle Stretch	11:00am Junior Beginners Golf Program
			6:00pm Pickleball Mixer	6:00pm Cardio Tennis		12:00pm Junior Advanced Golf Program

HOTEL

BEACH CLUB

COUNTRY CLUB

RACQUETS CENTER

YACHT CLUB

ABSOLUTELY SEAGATE PILATES

Country Club Ballroom
Tuesdays | 9:30am - 10:30m

Hotel Pool Deck
Fridays | 8am - 9am

Hotel Guests \$15

This class incorporates all the fundamental principles of Pilates, such as postural alignment, breathing, core stability, controlled movement, and flexibility.

Skill Level: All levels

AEROBICS

Country Club Main Ballroom
Mondays, Thursdays | 8am - 9am
Hotel Guests \$15

High energy, total body conditioning class that utilizes a variety of resistance equipment designed to increase definition and overall strength! Pump your heart rate up by performing cardiovascular movements with superstar instructor Rita!

Skill Level: Intermediate & Advanced

AQUABILITIES

Wellness Center Pool
Mondays, Thursdays, Saturdays
8:30am - 9:30am

Beach Club Pool
Mondays, Wednesdays | 9am - 10am
Fridays | 9:15am - 10:15am

Hotel Guests \$15

Get an excellent water workout without the impact of jumping in our therapeutic temperatures! Improve strength, balance, and function using equipment in the water.

Skill Level: Beginner & Intermediate

CARDIO TENNIS CLINIC

Racquets Center (Country Club)
Fridays | 9am - 10am
Hotel Guests \$25

Come join us for a highly active clinic that focuses on drills and conditioning.

EMPOWERED ROTATION YOGA

Yacht Club Roof Top
First Wednesday of the month
5:30pm - 6:30pm
Hotel Guests \$15

A yoga class that focuses on mobilizing the hips and upper spine to allow you to get more out of your golf swing.

GENTLE STRETCH

Country Club Main Ballroom
Fridays | 10am - 11am
Hotel Guests \$15

Stretching is the key for a healthy body. Relaxation is the key for a healthy mind... The focus of this class is to help relieve the stresses of the day.

Skill Level: All levels

GUIDED MEDITATION

Yacht Club
First Wednesday of the month
6:30pm - 7pm
Hotel Guests \$10

Meditation is a grounding practice which helps you know yourself better, appreciate yourself and others more, and allows you to get a more relaxed and sound sleep

Skill Level: All levels

KETTLEBELLS ON THE BEACH

Beach Club - Oceanside
First Saturday of the month
9am - 10am
Hotel Guests \$20

Join us on the Beach for a BYOK (Bring your own Kettlebell) workout on the first Saturday of each month!

Skill Level: Intermediate & Advanced

JUNIOR ADVANCED GOLF PROGRAM

Seagate Country Club
Saturdays | 12pm - 1pm
Hotel Guests \$40 (Ages 6 - 12)

Topics covered are: Full Swing, Short Game, Putting, Bunker, and Course Management.

Children will receive instruction on the golf swing, proper alignment, different club use, how to read the greens and much more.

JUNIOR BEGINNERS GOLF PROGRAM

Seagate Country Club
Saturdays | 11am - 11:45am
Hotel Guests \$30 (Ages 5 - 12)

Topics covered are: Full Swing, Short Game, and Putting

Children will receive instruction on proper grip, stance and posture, basic chipping and pitching, putting techniques and how to read a green.

JUNIOR CARDIO TENNIS CLINIC

Racquets Center (Country Club)
Thursdays | 6pm - 7pm
Hotel Guests \$25

Juniors (Ages 9+) participate in a variety of highly active tennis drills and games.

PICKLEBALL CLINIC

Racquets Center (Country Club)
Wednesdays | 5pm - 6pm
Hotel Guests \$25

Players receive instruction while participating in a variety of drills and games that improve players' performance.

PICKLEBALL MIXER

Racquets Center (Country Club)
Wednesdays | 6pm - 7pm
Hotel Guests \$30

Players warm-up with the pro followed by several rounds of match-play. Beverage service included.

SEAGATE SUP YOGA

Seagate Hotel Pool Deck
Mondays, Thursdays
7:30am - 8:30am
Hotel Guests \$25

Benefits include improved balance, strengthened muscles, refined technique, and the opportunity to relax outdoors on the water. Bring stretchy, water-resistant workout attire, bathing suits, rash guards, yoga clothing, boardshorts. Limited availability.

SEAGATE SWEAT

Country Club - Wellness Center
Tuesdays, Thursdays
6pm - 6:30pm
Hotel Guests \$15

Train your body in the way it was intended to work, as a complete unit. This class will incorporate strength, endurance, coordination, and balance using various tools such as weights, bands, balls and body weight for optimal conditioning.

Skill level: All levels

SKILLS TENNIS CLINIC

Racquets Center (Country Club)
Wednesdays | 9am - 10am
Hotel Guests \$30

Players focus on learning technique and shot selection at a steady pace.

SUNRISE BEACH YOGA

Beach Club - Oceanside
Saturdays | 8am - 9am
Hotel Guests \$15

A creative blend of yoga postures, uniting clear intelligent alignment, energetic movement, meditation, and pranayama (breathing techniques). Bring a large towel or blanket as mats can get sandy.

Skill Levels: All levels

SURF'S UP SUNDAYS

Beach Club - Oceanside
Sundays | 1pm
Hotel Guests \$35

Payment accepted only through Hotel Guest account.

Drop in to catch a swell with Delray Water Sports Team. Instructors will guide you to the perfect wave.

WAKE UP TO THE SUN YOGA

Country Club - Main Ballroom
Tuesdays | 7:30am - 8:30am
Hotel Guests \$15

This class allows you to arrive and enjoy quiet stillness, warm up and energize the body, and leave class ready to enter the rest of your day with vitality and calmness.

Skill Level: All levels

SEAGATE ZUMBA

Country Club - Main Ballroom
Saturdays | 8am - 8:45am
Hotel Guests \$15

The combination of dance and fitness moves done to a background of exhilarating rhythms. This class features merengue, salsa, cha-cha, reggaeton, bachata, samba, and hip-hop.

Skill Level: All levels

REGISTRATION

SEAGATE COUNTRY CLUB AND BEACH CLUB WELLNESS

To register, please see the hotel concierge or email Madeline Sperber: msperber@seagatedelray.com

THE SEAGATE RACQUETS CENTER

Sign-up by texting or calling 561-475-0652.



Holiday Toy Drive

December 1 - 13
Country Club - Lobby
Beach Club - Lobby
Hotel - Lobby

Bring an unwrapped gift to
one of our properties for
children in need within the
Delray Beach Community.

A person is shown from the waist up, sitting in a meditative pose with their hands in a mudra (Om symbol). The background is a bright sunset over a body of water, with the sun low on the horizon, creating a warm, golden glow. The person's arms and hands are silhouetted against the bright light.

WEDNESDAY

Dec.
1

Guided Meditation

Wednesday, December 1 | 6:30pm - 7pm
\$10 per person | Yacht Club

Meditation is a grounding practice which helps you know yourself better, appreciate yourself and others more, and allows you to get a more relaxed and sound sleep. With the glow of golden hour and the sounds of the water surrounding you in our one-of-a-kind space, join us to experience the beauty of a guided meditative practice overlooking the intracoastal .

Class Level: All Levels

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

48-hour cancellation policy in effect.

WEDNESDAY

Dec.
1

Why Cook? Wednesdays

Taste of the Tropics

Wednesday, December 1 | 5pm - 9pm

Adults \$29.95* | Kids 6 – 12 \$10.95* | Kids 5 & Under Complimentary
Country Club - Center Dining Room

STARTER

(Choose one)

Topical Salad

Cucumber, avocado, mango, key lime vinaigrette

Tahitian Crabmeat Soup

Sweet corn, coconut milk, spinach

Shrimp & Crab Cake

Smokey chipotle, roasted corn salsa

ENTRÉE

(Choose one)

Grilled Huli Huli Chicken

Pineapple chutney, island rice

Sweet & Sour Pork

Jasmine rice, peppers, onions, pineapple, water chestnuts

Grilled Flank Steak

Mofongo, red pepper chimichurri sauce, crispy fried onions

Banana Leaf Wrapped Snapper

Roasted seasonal vegetables, za'atar salsa

DESSERT

(Choose one)

Tropical Fruit Parfait

Lilikoi sabayon

Coconut Ice Cream Sundae

Toasted coconut, vanilla whipped cream, chocolate, pineapple, almonds

Tapioca Pudding

Fresh berries, Tahitian vanilla

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect. All adult beverages will be charged to your Room Account.*



Santa Paws

Thursday, December 2 | 4pm - 6pm
Members & Guests Complimentary
Raquet Center - West Lawn

Take pictures of your pup
with Santa and when they are
nice, treats will be available!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

FRIDAY
Dec.
3



Date Night

Friday, December 3 | 5pm - 9pm

À la Carte Menu | \$20* per Child for Drop-Off + Dinner
Country Club - Center Dining Room + Grill Bar

We have everything needed for your next date night, including ½ off featured wine bottles with Chef's weekly specials and entertainment.

Kids' Club will be available for drop-off for children 5 years of age and older from 5pm-9pm, including dinner for \$20 per child.

Complete your drop-off form prior to your arrival.
(Form can be requested from the Concierge).

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Children under the age of 5 are not permitted for drop-off.
48-hour cancellation policy is in effect.*



FRIDAY
Dec.
3

Holiday Golf Shop Sale

Friday, December 3 | 3pm - 7pm
Country Club - Golf Shop

Shop 'til you drop at our
Holidays sale. Snacks and
complimentary gift wrapping
will be available.

FRIDAY

Dec.
3



Movie Night

Friday, December 3 | 6pm
Beach Club - Boardwalk

Beauty and the Beast

Seagate bucket with candy and snacks will be provided for children. Drink specials featuring 5 for \$25 buckets of select beers and hard seltzers will be available for adults.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

Reservations not required for movie night, but are strongly encouraged if joining us for dinner prior to the event.



SATURDAY
Dec.
4

Kettlebells *on the* Beach

Saturday, December 4 | 9am - 10am
\$20 per person | Beach Club - Oceanside

Join us on the Beach for a BYOK*
(Bring your own Kettlebell) workout
on the first Saturday of each month
followed by mimosas!

Class Level: Intermediate/ Advanced

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Hotel guests may request a kettlebell when reserving a spot. 48-hour cancellation policy in effect.*

WEDNESDAY

Dec.
8



Why Cook? Wednesdays

Holiday Favorites & Scavenger Hunt

Wednesday, December 8 | 5pm - 9pm

Adults \$29.95* | Kids 6 – 12 \$12* | Kids 5 & Under Complimentary

The Country Club - Center Dining Room

STARTER

(Choose one)

Holiday Salad

Romaine lettuce, dried orange cranberries, red onion, toasted almonds, green apple dressing

Matzo Ball Soup

Chicken broth, carrot, celery, onions, fresh parsley

Deviled Eggs (4)

Hardboiled eggs, spicy Japanese mayo, crispy prosciutto, chives

ENTRÉE

(Choose one)

Grilled Ham Steak

Baked sweet potato, garlic green beans, rum raisin sauce

Spatchcock Chicken

Orange-cranberry glaze, bacon Brussels sprouts

Sliced Leg of Lamb

Brussels sprouts, cornbread, rosemary demi sauce

Turkey Meatloaf

Mashed potatoes, candied baby carrots, savory gravy

DESSERT

(Choose one)

Pumpkin Cheesecake

Cinnamon whipped cream

Apple Crisp

Vanilla ice cream, salted caramel sauce

Snickerdoodle & Oatmeal

Raisin Cookie

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect. All adult beverages will be charged to your Room Account.*



Movie Night

Friday, December 10 | 6pm
Beach Club - Boardwalk

Disney's Treasure Planet

Seagate bucket with candy and snacks will be provided for children. Drink specials featuring 5 for \$25 buckets of select beers and hard seltzers will be available for adults.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

Reservations not required for movie night, but are strongly encouraged if joining us for dinner prior to the event.

TUESDAY

Dec.
14



Family Holiday Cookie Baking

Tuesday, December 14 | 3pm - 5pm

\$20* per person

Country Club - Cypress Room

Get in the spirit and bake with us!
Choose and decorate your own holiday
cookies and enjoy the sweets after.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect. Charge bar will be available*

WEDNESDAY

Dec.
15

Why Cook? Wednesdays
Under the Stars
& Seagate Golf Cart Christmas Parade

Wednesday, December 15 | 5pm - 9pm

Adults \$29.95* | Kids 6 – 12 \$12* | Kids 5 & Under Complimentary
The Country Club - Center Dining Room

STARTER

(Choose one)

Mixed Garden Greens

Shaved vegetables, heirloom tomato, hearts of palm, roasted garlic ranch dressing

Chicken Chowder

Sweet corn, potato, fresh herbs, heavy cream

Street Taco

Corn tortillas, pulled duck, black bean purée, pico de gallo, avocado cream

Smoked Fish Dip

Carrots, celery, cucumber, bagel chips

ENTRÉE

(Choose one)

French Chicken Breast

Beluga lentil salad, marinated aged goat cheese

Baked Salmon

Creamy parmesan polenta, charred tomato salsa, basil oil

Grilled 12oz NY Strip

Truffle red potato fries, caramelized onions, sherry gastrique

Shrimp Puttanesca

Florida pink shrimp, tomato, olives, capers, anchovies, angel hair pasta

DESSERT

(Choose one)

Strawberry Shortcake Parfait

Vanilla pound cake, whipped cream, macerated berry, mascarpone

Dulce de Leche Cream Beignet

Powdered sugar

Pecan Pie

Whipped cream, caramel sauce

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect. All adult beverages will be charged to your Room Account.*

FRIDAY

Dec.
17



Movie Night

Friday, December 17 | 6pm
Beach Club - Boardwalk

Dr. Seuss' The Grinch

Seagate bucket with candy and snacks will be provided for children. Drink specials featuring 5 for \$25 buckets of select beers and hard seltzers will be available for adults.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

Reservations not required for movie night, but are strongly encouraged if joining us for dinner prior to the event.



FRIDAY
Dec.
17

Date Night

Friday, December 17 | 5pm - 9pm
À la Carte Menu | \$20* per Child for Drop-Off + Dinner
Country Club - Center Dining Room + Grill Bar

We have everything needed for your next date night, including ½ off featured wine bottles with Chef's weekly specials and entertainment.

Kids' Club will be available for drop-off for children 5 years of age and older from 5pm-9pm, including dinner for \$20 per child.

Complete your drop-off form prior to your arrival.
(Form can be requested from the Concierge).

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Children under the age of 5 are not permitted for drop-off.
48-hour cancellation policy is in effect.*

SUNDAY

Dec.
19



Brunch with Santa

Sunday, December 19 | 10am - 2pm
Country Club - Main Dining Room

Visit and take photos with Santa!

Oatmeal \$9

Golden raisin, sliced banana, cinnamon, brown cane sugar

Seagate Omelet \$12

Choice of fillings: breakfast potatoes, bacon, toast (egg whites available)

South Beach

Eggs Benedict \$13

Two poached eggs, toasted English muffins, smoked ham, charred tomato, smashed avocado, tarragon hollandaise sauce

Steak & Eggs \$18

Potatoes, sunny side up eggs, sliced steak, sweet onions, scallions

Challah Bread

French Toast \$12

Mascarpone coconut cream, vanilla essence maple syrup, fresh berries

Shellfish Cobb Salad \$18

Garden greens, bacon bits, cucumbers, avocado, tomatoes, egg, shrimp & lobster meat, pumpkin seeds, gorgonzola cheese dressing

Smoked Salmon Platter \$18

Poached egg, avocado, pickled red onions, tomatoes, citrus goat cream cheese, lemon, cucumber slice, choice of bagel

Cocktail Shrimp \$16

Spicy cocktail sauce, charred lemon, lemon garlic aioli

Prime Burger or

Turkey Burger \$18

Swiss cheese, fried egg, sautéed onions, applewood smoked bacon, honey-wheat bun

Build Your Own

Buttermilk Pancakes &

Belgian Waffles Station \$15

Strawberries, blueberries, bananas, chocolate chips, toasted coconut, candied walnuts, vanilla whipped cream, maple syrup, mascarpone coconut cream

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect.*



Family Holiday Canvas

Monday, December 20 | 2pm - 4pm
\$45* per person
Country Club - Main Ballroom

Paint and get festive
with a holiday canvas!
Includes light snacks
and Member charge bar.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect.*

TUESDAY

Dec.
21



Gingerbread Workshop

Tuesday, December 21 | 4pm - 6pm

\$30* per person

Country Club - Cypress Room

Get in the spirit and learn how to build a gingerbread house! Plenty of gum drops, icing and candies to make this holiday sweet!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity.*



STARTS
TUESDAY
Dec.
21

Yoga During the Holidays

December 21, 22, 28, 29
7am - 8am | \$15 per person
Beach Club - Oceanside

Step away from holiday planning and reconnect to your breath and practice. Roll out your beach towel and join us for a blissful flow that will nurture your body and mind so you can be present in all of the moments of joy that the season brings!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

48-hour cancellation policy in effect.

WEDNESDAY

Dec.
22



Why Cook? Wednesdays
Pizza Night

Wednesday, December 22 | 5pm - 9pm

Adults \$29.95* | Kids 6 – 12 \$12* | Kids 5 & Under Complimentary
The Country Club - Center Dining Room

STARTER

(Choose one)

Pasta Fagioli Soup
with parmesan cheese

Classic Caesar Salad

Romain hearts, parmesan, croutons,
anchovies, Caesar dressing

**Sliced Tomato, Mozzarella
and Fresh Basil Salad**

ENTRÉE

(Choose one)

Specialty Flatbread Pizzas

Poached Pear & Blue Cheese
with fig glaze, arugula

Mushroom

with sautéed onions, scallions, goat
cheese

Pesto Chicken

with arugula, balsamic vinegar, roasted
red peppers, mozzarella

Margherita

with roasted tomato, mozzarella,
parmesan, fresh basil

DESSERT

(Family Style)

Bisotti

Tiramisu

Cannoli

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect.
All adult beverages will be charged to your Room Account.*



EVERY
FRIDAY
TO
SUNDAY

Weekend Cookout

Fridays, Saturdays & Sundays | 11:30m - 3pm
Adults \$20* | Kids 6 - 12 \$12* | Kids 5 & Under Complimentary
Country Club - Courtyard

Let's Grill!

Enjoy sizzling selections
hot off the grill.

**Plus tax and gratuity.*

Available from November 1, 2021 - April 30, 2022.



THURSDAY
Dec.
23

Kona Cool-Off Poolside

Thursday, December 23 | 3pm - 5pm
Wellness Center - Pool Deck

Celebrate a real Florida
Christmas and enjoy Kona Ice
at the pool!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.



Parents' Night Out

Dive-In Movie Night

Thursday, December 23 | 7pm - 9:30pm
Children \$25 - Dinner Included
Beach Club - Pool Deck

Disney's *Frozen*

This is a children's drop-off movie, so parents can leave their children to watch the movie and have dinner, while they enjoy dinner at the Beach Club themselves. Dining reservations are recommended.

*Children must be 5 years or older to participate in drop-off. Please complete your drop-off form prior to your arrival (You may request the form from the Hotel Concierge).
Parents are welcome to stay and enjoy the movie with children under 5 years old.*

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.
All adult beverages will be charged to your Room Account.

FRIDAY

Dec.
24



Seagate Reindeer Dash 3K

Friday, December 24 | Start Time 8am

\$30* per person

The Seagate Community

Join us for a holiday-themed 3K.

We will start in front of the Clubhouse and dash around the community. Followed by coffee, lite bites and prizes!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Price includes lite bites and coffee. 48-hour cancellation policy in effect.*



Christmas Eve & Christmas Dinner

Friday, December 24 & Saturday, December 25 | 5pm - 9pm
Beach Club

STARTER (Choose one)

Butternut Squash + Fennel Bisque

Candied pumpkin seeds, coconut milk,
lavender scented honey cream

Butter Lettuce Salad

Red endive, shaved white asparagus,
spiced roasted acorn squash,
citrus-honey vinaigrette

Crisp Pork Belly Confit

Pickled seasonal root vegetables,
turnip purée, savory currant jus

Diver Scallops

Acorn squash purée, grilled pear salsa

Holiday Strawberry Salad

Baby maché lettuce, candy + gold
beets, roasted feta cheese,
citrus vinaigrette

ENTRÉE (Choose one)

Crispy Butternut Squash Bowl \$40*

Swiss chard, shiitake, warm tomatoes,
baby carrots, tahini dressing

Citrus Herb Brined

Airline Chicken Breast \$58*†

Chargrilled butternut squash, garlic + onion
purée, chantarelle, blood orange passion fruit jus

Pan-Seared Halibut \$82*

Truffle guanciale risotto,
shaved asparagus fennel salad

Catelli Colorado Rack of Lamb \$90*†

Potato pave, braised Brussels sprouts,
black cherry demi

Creekstone Farms Dry Aged 14oz New York Strip \$85*

Parsnip Marcona almond purée, honey roasted
rainbow carrots, burnt sage butter

DESSERT (Choose one)

Cheesecake

Strawberry coulis, fresh
seasonal berries

Almond Pear Tarlet

Vanilla mousse, spiced red
wine poached fruit relish

Chocolate Layer Cake

Chocolate ganache,
fresh strawberries

Ice cream or sorbet
upon request

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

*Plus tax and gratuity. †Gluten-free items.

SATURDAY

Dec.
25



Beach Yoga *with* Mrs. Claus

Saturday, December 25 | 9am - 10am

\$25* per person

Beach Club - Oceanside & Pool Deck

Prepare for all of the Christmas craziness by working out with Mrs. Claus herself! Join us for yoga on the beach before you get caught up in all the festivities.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect.*



Paddle Boarding *with* Santa

Saturday, December 25 | 10am - 11am
Hotel Guests Complimentary
Beach Club - Oceanside

Join us oceanside for a special paddle boarding session with Santa.

Reservations not required.



SATURDAY

Dec.
25

Ice Cream Social *with* Santa

Saturday, December 25 | 2pm - 3pm
Beach Club - Pool Deck

Complimentary frozen treats
served poolside from the
Seagate Beach Club
Ice Cream Cart!

Reservations not required.



Fireside Movie Night
Camping on the Range

Sunday, December 26 | 6pm - 9pm
Adults \$85* | Kids 6 - 12 \$25* | Kids 5 & Under Complimentary
Country Club - Courtyard

Hike on over and join us for a night of fun on the range. We will have a fireside movie playing (*Magic Camp*), a mesquite menu from the Canteen, s'mores, wood chopping and outdoor games for all of our happy campers to enjoy!

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect. Charge bar will be available.*

MONDAY

Dec.
27



Up, Up & Away

Monday, December 27 | 4pm - 6pm

\$25* per person

Beach Club - Oceanside

Come create your very own kite and proudly display it by flying it along with all of your friends' and neighbors' creations as well.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. 48-hour cancellation policy is in effect.*



Why Cook? Wednesdays

Mexican *with a* Magician

Wednesday, December 29 | 5pm - 9pm

Adults \$29.95* | Kids 6 – 12 \$12* | Kids 5 & Under Complimentary

The Country Club - Center Dining Room

STARTER

(Choose one)

Mixed Garden Greens

Romaine, roasted corn, black beans, tomato, gazpacho vinaigrette

Southwestern Black Bean Soup*

Cilantro crema, crispy corn tortillas

Street Taco

Corn tortillas, pulled duck, black bean purée, pico de gallo, avocado crema

Smoked Fish Dip

Carrots, celery, cucumber, bagel chips

*Vegan

ENTRÉE

(Choose one)

Pulled Pork Burrito

Black beans, cilantro rice, Monterey Jack cheese, guajillo chili sauce, sour cream

Beer Battered Mahi Taco

Shredded lettuce, pico de gallo, grilled avocado crema, queso fresca cheese

Carne Asada

Grilled marinated beef, black beans and rice, chipotle chimichurri

Arroz con Pollo

Chicken thighs, Spanish rice, green olives, pimiento, tomato

DESSERT

(Choose one)

Churros

Cinnamon sugar, dark chocolate sauce

Tres Leches

Vanilla whipped cream, fresh sliced strawberries

Dulce de Leche Ice Cream Sundae

Whipped cream, cherry, blondie, chocolate sauce

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect. All adult beverages will be charged to your Room Account.*



THURSDAY

Dec.
30

Bubble Bash

Thursday, December 30 | 2pm - 4pm
Hotel Guests Complimentary
Racquet Center - West Lawn

Wear your suit and water shoes to enjoy lots of foam and fun! All children must be accompanied by an adult for the duration of the event.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.



FRIDAY
Dec.
31

New Year's Eve Dinner

Friday, December 31 | 5pm - 9pm | Beach Club

STARTER

(Choose one)

Truffle + Foie Gras

Crispy oyster, yuzu pearls, coriander

Tri-Color Asparagus Salad[†]

Endive, parmesan, quail egg,
red pepper aioli,
aged balsamic vinaigrette

Whipped Feta +

Avocado Crostini

Pomegranate seeds, frisée salad

Brussels Sprouts Salad[†]

Shaved Brussels sprouts,
toasted almonds,
dried orange raisins, parmesan,
apple cider vinaigrette

ENTRÉE

(Choose one)

Truffle + Mushroom Bowl \$40⁺

Baked polenta, parmesan, fresh herbs, cream, basil oil

Dover Sole Roulade \$78*

Braised Belgian endive, fingerling potatoes,
sauvignon blanc sauce

Grilled Halibut \$80⁺

Lemon goat cheese pommes, shellfish cream veloute,
dried cherry tomatoes

8oz Beef Wellington Oscar \$95*

King crab, pomme, charred baby carrots, mushrooms,
tarragon Béarnaise sauce

Cumin Honey Airline Chicken Breast \$48⁺

Celeriac almond purée, cucumber relish, red pepper oil

Pan Roasted Duck Breast \$95*

Citrus wild rice, butternut squash purée,
port wine cherry sauce

DESSERT

(Choose one)

Chocolate Trilogy[†]

White chocolate sauce,
strawberry, chocolate sauce

White Chocolate

Raspberry Cheesecake

Whipped cream, fresh
raspberries, zest

Chef's selection of
ice cream or sorbet

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

^{*}Plus tax and gratuity. [†]Gluten-free items.



FRIDAY
Dec.
31

Seagate Supper Club

New Year's Eve Party

Friday, December 31 | 8:30pm - 1am

\$250* per person

Country Club - Grand Ballroom

Welcome 2022 as we transform the Clubhouse into a swanky Supper Club. Join us for the last party of the year and the first soirée of 2022! We welcome you to enjoy a prix fixe dinner with seating starting at 8:30pm, open bar, champagne cocktails, band and live entertainment all evening long.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax and gratuity. Regular dinner menu will not be offered during event. 48-hour cancellation policy in effect.*

Dinner Menu

AMUSE BOUCHE

Pan Seared Diver Scallop

Celery salad, coconut-yuzu-miso sauce, burnt Meyer lemon wheel, caviar

SALAD

Roasted Red Beets & Mesclun Salad

Dried cranberries, endive, walnut brittle, charred point Reyes blue cheese,
lemon vinaigrette

ENTRÉE

8oz Provenal Waygu Filet Surf & Turf

Jumbo tiger prawn, grilled baby zucchini, truffle Yukon potato purse,
bordelaise sauce

DESSERT

Chocolate Truffon

Raspberry, chocolate ganache, chocolate mousse, crunchy meringue

Chef Mini Specialty Table Side Treats

LATE NIGHT SNACKS

Al Pastor Steak Taco

Corn tortillas, fresh cilantro, charred pineapple-jalapeno salsa

Crispy Chicken Tenders

Spicy truffle Japanese mayonnaise

Zesty Panko Crusted Tiger Prawns

Artichoke hearts salad, toasted pine nuts, basil, seafood reduction

Seasonal Vegetable Curry Chinese Box

Tofu, mushroom, broccoli, tomato, rice noodles, coconut curry sauce,
lemongrass lime leaf powder



Holiday Series

Junior Golf Camp

December 28 - 31 | 9am - 12pm
\$65* per day | Ages 6 - 14
Country Club - South Practice Range

Juniors will receive instruction on the full swing, chipping and putting. Learn basic fundamentals such as grip, stance and posture. Participants will also learn chipping techniques and how to properly read putting greens. Play games, contests and win prizes.

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Plus tax.*



Holiday Series
Kids' Club

December 21 - 24 | 9am - 2pm
\$80* per day | \$300* Full Week
Country Club - Kids' Club Room

It's time for a break! We welcome all kids to become a Kids' Club Member and enjoy daily activities, lunch and games! All kids should come prepared with their own swimsuit and sunscreen.

Complete your drop-off form prior to your arrival.
(Form can be requested from the Hotel Concierge.)

Reservations requested. To sign up, contact the Hotel Concierge at 561.665.4990.

**Includes activities, lunch and snacks. 48-hour cancellation policy is in effect.*



Winter Camp

Delray Beach Water Sports

December 20-24 | 9am - 12:30pm

\$300 Full Week | \$80 Daily Rate

Delray Beach Water Sports Rentals

Activities Include: Surfing, Paddle Boarding, Beach Games, Beach Dodge Ball, Beach Kick Ball, Swimming Beach, Snorkeling (Bring your own Snorkel), Umbrella for Shade, Marine & Eco Educational Lessons (Live Sea Animals)

What to bring: Water Bottle (Reusable), Snack, Back Pack, Face Mask, Towel, Sandals, Sunscreen face stick & body spray, Change of clothes, Plastic bag for wet clothes, Goggles, Hat, and a good attitude!!!

Surf Camp Highlights:

Lifeguard Certified Instructors | Professional Surf Staff
1-6 Instructor to Camper Ratio | On Site Weather Shelter
Marine Education Lessons

Reservations required.

Sign up at Delray Beach Water Sports Rentals at 561.272.7873 or dbsurfcamp@gmail.com.

Sibling Discount: Pay full price for one child and receive 15% off for the second child



Holiday Series

Seaside Kids

December 18 - January 1 | 11am - 3pm

(Normally Saturdays & Sundays | November 20, 2021 - April 30, 2022)

Complimentary | Beach Club - Boardwalk

Please join us oceanside at The Seagate Beach Club for some fun in the sun! Children can drop in and hang out at their leisure. This is not a sign-in program and children under five must be accompanied by a parent or guardian as the activities are planned for independent play for ages five and up.

Reservations not required.

The Seagate Hotel & Spa

AQUA RESORTWEAR

Hours
10am - 6pm | Mon. - Sat.
10am - 6pm | Sun.
Closed Thanksgiving Day

Phone
561-665-4940

ETC. CAFÉ & GIFTS

Hours
Café: 7am - 6pm | Mon. - Sun.
Gifts: 7am - 8pm | Mon. - Sun.

Phone
Café: 561-665-4921
Gifts: 561-665-4922

FITNESS CENTER

Hours
24 Hours

HOTEL POOL

Hours
Sunrise - Sundown

IN-ROOM DINING

Breakfast Menu
7am - 11am

Evening Menu
5:30pm - 10pm

All Day Dining
11am - 10pm

SEAGATE SPA

Hours
10am - 6pm | Mon. - Sun.

Reservations
561-665-4950 or [Book Online.](#)

ATLANTIC GRILLE + BAR

Breakfast
7am - 11am | Mon. - Fri.
7am - 9am | Sat. & Sun.

Brunch
9am - 2:30pm | Sat. & Sun.

Lunch
11am - 2:30pm | Mon. - Fri.

Dinner
5:30pm - 10pm | Sun., Tue. - Thu.
5:30pm - 11pm | Fri. & Sat.

Happy Hour
4pm - 6pm | Daily

Reservations
Call 561-665-4900 or [Book Online.](#)

The Seagate Beach Club

POOL & BEACH SERVICE

Hours
9am - 5pm | Daily

DINING

Lunch
11:30am - 3pm | Daily

Lite Fare
3pm - 9pm | Daily

Dinner
5pm - 9pm | Daily

Happy Hour
4pm - 6pm | Monday - Friday

Reservations
Call 561-330-3775

Delray Beach Water Sports Rentals

399 S. Ocean Blvd., Delray Beach
561-279-0008
delraybeachwatersports.com

ONSITE EQUIPMENT

RENTAL

	1 HR	2 HR
1 Man Kayak	\$30	\$45
2 Man Kayak	\$40	\$60
Windsurf Gear	\$75	\$150
Surf Soft	\$15	\$23
Surf Epoxy	\$20	\$30
Supaddle Board Epoxy	\$35	\$50
Boogie Board	\$10	\$15
Skim Board	\$20	\$30
Mask, Snorkel & Fins	\$20	\$30

SAILBOATS

	1 HR	2 HR
Hobie Wave 14'	\$90	\$135
Hobie Getaway 16'	\$140	\$210
Hobie High Performance 16'	\$200	\$300
Boat Captain (1 to 4 persons + rental)	\$60	\$90

LESSONS

	1 HR	2 HR
One Person	\$70	\$105
Kite Surfing Intro	\$50 and Up	

Group rates available.
Call for additional packages.

The Seagate Country Club

RAQUETS PRO SHOP

Hours

8am - 4pm | Mon. - Fri.

8am - 1pm | Sat. - Sun.

GOLF PRO SHOP

Hours

12pm - 5:30pm | Mon.

7am - 5:30pm | Tue. - Sun.

WELLNESS CENTER

Hours

5am - 11pm | Mon. - Sun.

DINING

Reservations

Call 561-498-8070

19TH HOLE

Continental Breakfast

7am - 10:30am | Daily

Menu with Grab & Go Option

7am - 3pm | Daily

Beverage Cart

12pm - 4pm

9am - 4pm | Tuesday - Sunday

UPSTAIRS DINING

Lunch Service

Center Dining Room

11am - 3pm | Tuesday - Saturday

Lounge Menu

Grill Bar

3pm - 7:30pm | Tuesday - Saturday

Happy Hour

4pm - 6pm | Tuesday - Friday

Dinner Service

Center Dining Room

5pm - 9pm | Wednesday - Friday



WELLNESS CENTER

When members and Seagate Hotel guests walk into The Seagate Technogym facility, they will be welcomed into a space that boasts high energy while focusing on total mind/body wellness. Our state-of-the-art facility houses more than 35 pieces of wall-to-wall Technogym equipment with an Omnia Room and Pure Strength side dedicating separate areas for cardio, Kinesis stations, warm-up/cool down, and free weights.

Open Monday - Sunday 5:00 am - 11:00 pm. Limited classes, personal training and complimentary virtual classes are available.

Schedule an appointment

msperber@seagatedelray.com

RACQUETS CENTER POLICIES & PRICING

1. All guests must sign-up for court time, lessons, and clinics prior to play via email at jphillips.seagatedelray.com or text 561-475-0652.
2. Due to high demand, guests are encouraged to sign-up 48 hours prior to play.
3. Guests have until 48 hours prior to play to cancel their reservation without being fully charged.
4. Court time is available for guests 7 days a week beginning at 11am until 7pm.
5. Guests have a 6-ball limit on court. (no ball hoppers allowed)

Lesson/Clinic Prices (effective November 1st, 2021)

60-Minute Lesson: \$100/person

30-Minute Lesson: \$60/person

60-Minute Group of 2 Lesson: \$60/person

60 Minute Group of 3 Lesson: \$40/person

60 Minute Group of 4 Lesson: \$35/person

60 Minute Clinic: \$35/person

(Guests have until 48 hours prior to lesson/court time to cancel without being fully charged)



Seagate Spa Holiday Gift Card Offer

Purchase \$300 or more in Spa gift cards and receive a complimentary Votivo® holiday-scented candle*.

Gift cards are available at
The Seagate Spa, or online at
SeagateDelray.com/spa.



SEAGATE
SPA

To book your appointment,
call 561-665-4950.

**Offer available for a limited time while supplies last. Valid only on gift card purchases made in person at The Seagate Spa.*