

It "Dawned" On Me... *a message from Dawn Giganti*

Dear Creative Carpet & Flooring Friends and Family,

Have you ever felt like you're endlessly circling a roundabout, unsure which exit to take? You're trying, you're moving, but it feels like you're going nowhere fast. I've been there. More than once. It's a disorienting feeling, isn't it?

Sometimes it feels like life hands us a jigsaw puzzle with no picture on the box. We do our best to fit the pieces together, but the image just doesn't make sense. That can leave us feeling tired, discouraged, or even a little lost.

"A man's heart plans his way, but the Lord directs his steps."

Proverbs 16:9 (NKJV)

We can plan, dream, and strategize all day long, but it is God who lovingly guides each step, even when we least expect it.

When I was struggling with my career and trying to figure out what was next, Creative Carpet & Flooring unexpectedly came into the picture. It wasn't something I saw coming at all, but it turned out to be exactly what I needed. Looking back, it's clear it wasn't just luck. It was God quietly at work behind the scenes. And here I am now, writing to you and sharing the word of God every month. That was never something I expected to be part of my journey, but I'm so thankful it is.

Proverbs 16:9 reminds me that what seems like a random turn might actually be God steering us to a better place. So, if things feel off or uncertain in your world right now, take heart. You are not drifting... you are being lovingly guided.

Even when the road feels winding, and the signs are hard to read, you can rest knowing the One guiding you does not make mistakes.

You are not just going to be okay... You are already in good hands.

With love & gratitude,



Dawn Giganti, Marketing & Administration
Creative Carpet & Flooring

Month at a Glance:

3rd Lumpy Rug Day - Today, we honor those unsung heroes of home décor: rugs with character, charm, and the occasional trip hazard. If your rug's got lumps, celebrate it. If not, we sell plenty of smooth ones. Wink wink.

9th Lost Sock Memorial Day - A somber salute to the brave little foot soldiers who vanished in the laundry abyss. You're gone but not forgotten—probably chilling behind the dryer with unmatched Tupperware lids.

11th Mother's Day - Here's to the moms—biological, chosen, or honorary—who taught us to say thank you, clean our rooms, and always wipe our feet before stepping on the carpet. We love you more than a fresh vacuum line.

24th-26th CLOSED Memorial Weekend - We'll be closed in observance of Memorial Day Weekend to honor the courageous men and women who gave their lives in service to our country.

Employee birthdays this month:

May is packed with birthday celebrations at Creative! We're sending big birthday wishes to Brad Pertchi on May 3, Gary Onate on May 17, Dana Krizmanic on May 19, and Clinton Hubbs on May 23... cheers to another great year for this fantastic crew! 🎉



Mark
Bouquet



Mark
Bouquet Jr.

We promise that you'll love your new floors, or we'll replace them for **FREE!***

*Residential only. Within the first 30 days after installation. Does not include the cost of installation or other labor. The style must be of equal or lesser value.

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May 2025

S	M	T	W	T	F	S
				01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 CLOSED
25	26 CLOSED	27	28	29	30	31

Amy Hojnacki
Barb Boucek
Bill & Jennifer Huizinga
Bob Quirk
Bridgette Peal

Welcome Back Valued Friends!

Darcy Waddell
Dave Hartke
Harry Mabry
Jack & Robbie Hoffman
Joe Ward
Julia Blackwood
Karen Sullivan
Lynda Andrews
MaryAnn Shacklett
Marybeth Farrell
Michael & Diane Williams
Mike Reyna
Ray & Jill Piccione
Susan & Mike McComb



What's the Best Time to Eat Lunch?

Science Has the Answer

Do you think the best time to eat lunch is when your stomach growls? Well, science has a better idea. According to dietitian Audra Wilson, the perfect lunchtime depends on when you wake up and eat your other meals, not just hunger.

The key to healthier eating is following a meal schedule. Your body thrives on regularity, and spreading out meals helps manage energy and cravings.

Here's the general rule:

- **Breakfast:** Within an hour of waking up
- **Lunch:** Four to five hours after breakfast
- **Dinner:** Four to five hours after lunch

So, if you wake up at 7 a.m., aim to eat lunch between 11 a.m. and noon. If you wake up later, adjust accordingly.

What About Skipping Breakfast? Skipping breakfast isn't ideal. It throws off your body's rhythm, making you more likely to snack before lunch. Try reintroducing small meals in the morning for better energy.

What if Life Gets in the Way? Missed lunch time? Don't worry. Just eat when you can and get back to your schedule the next day. Consistency is key.

So, the next time you're about to have lunch, consider eating it four to five hours after breakfast. By following this meal schedule, you're not just eating at the right time but also helping your body maintain a healthy rhythm. Your body will surely thank you for it!

Before Bathrooms Were a Thing

Before the advent of bathrooms, ancient civilizations demonstrated remarkable ingenuity in managing their personal needs. Lacking the luxury of indoor plumbing or private stalls, they devised creative solutions that, while not always glamorous, were indeed interesting.

In ancient Rome, public toilets were a social affair. They had large stone or marble benches with holes, and everyone sat side by side. No privacy, but plenty of conversation! Meanwhile, in the Middle Ages, chamber pots were a common solution for nighttime use. These portable toilets were kept under the bed, and in the morning, they were emptied out of windows into the street. Charming, right?

In the early American colonies, outhouses were the go-to for bathroom breaks. These tiny, secluded sheds usually had a hole in the ground. They were strategically placed away from the house for a 'fresh' experience. For those seeking a bit of luxury, some wealthier folks had 'privies' with fancy wooden seats, often in a separate building just a short walk from their main homes.

Of course, nature was often the preferred restroom for most of human history. If you were outdoors and needed to go, you simply dug a hole, did your business, and covered it up. This might sound simple, but it was all part of the daily grind in a world without modern bathrooms.

So, remember how far we've come the next time you step into your bathroom with all its modern conveniences. Who knew something as simple as a toilet could have such a colorful history?



Roll Out the Welcome Mat for Our Newest Friends!

Alejandro Valdivia
Angela Girard
Barb Dongas
Cathy Barry
Cheryl Bartolini
Debra Yaeger
Dennis Cayton
Dennis Moynihan

Ellen Rehr
Gail Marshall-Schultz
Gayle Antczak
Glenn Bushey
James & Mary Gutierrez
Jen Berman
Jeralyn Hopp
John & Donna Herder

John Halton
Joyce Bernard
Karen & Fran Rhomberg
Kathleen Manly
Kathy Ronan
Kelly Oliven
Kim Lyza
Kristen Schreck

Kurt & De Bonomo
Lara Hoster
Larry Buxton
Lauren Gagan
Matthew Plecas
Matthew Vagle
Michelle Marquardt
Mike Bokowy

Mike Flynn
Nancy & Derek Sobczak
Nancy Schwieterman
Randy Cortelloni
Ray Skamay
Rosaura & Victor Alvear
Sahar Tahrani
Shirley Sluiter

Steve Niemczak Jr
Ted & Diane
Pankiewicz
Tim & Karen
Owczarzak
Tom Panka
Vic Roti
William Hankins



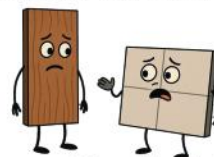
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THANK YOU
for your sacrifices
for our country!

JOKE

Why did the plank of hardwood
break up with the tile?



Because it felt walked all over
and said it needed more space to
laminate its feelings! 😊

MEET OUR CARPET CLEANING CIRCLE...

Dale Brumm
Dianne Mohan
Ethel Young
Jeremiah Porter
Rich & Deb Clausius
Sheila Kundys
Sophia Manta



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- ⚠ 5 questions to ask a dealer before buying

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Shaw
A/T
COREtec
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SPRING
IS THE
TIME TO
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select Karastan styles

April 18 - June 2, 2025

up to \$500 rebate on
select Anderson Tuftex,
COREtec, & Shaw Floors
products plus special
financing⁺

The Shaw Flooring Network logo features the word "Shaw" in a large, bold, black sans-serif font, with "Flooring Network" in a smaller, black sans-serif font below it. To the right of the text is a decorative floral arrangement with pink and purple roses and smaller pink flowers on green stems with leaves.

Shaw
Flooring Network

April 21 - May 31, 2025

\$0.20 off per sq./ft. on
all Karndean
DesignFlooring
purchases

The Karndean Designflooring logo consists of a red diamond shape containing a white silhouette of a dog, followed by the word "Karndean" in a bold, black sans-serif font and "Designflooring" in a red sans-serif font below it. To the left of the text is a decorative floral arrangement with pink and purple roses and smaller pink flowers on green stems with leaves.

 **Karndean**
Designflooring

* See flooring consultant for details. Note sale dates. Applicable to qualifying styles. Not to be combined with each other or with any other offer or discount.

⁺ Subject to credit approval. Ask Flooring Consultant for complete rebate and financing details.



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FLOORS

ShawFloors.com

MEGA Trivia Contest

Win \$100 off our online store
Shop.CreativeCarpetInc.com or a
\$50 restaurant gift card to



This month's Mega Trivia question:

Which orthopedic brand, known for its blue-and-white logo, was founded in 1906 by a Chicago shoemaker's apprentice who was also studying medicine?

- (A) Red Wing Shoes
- (B) Florsheim
- (C) Dr. Scholl's
- (D) Johnston & Murphy

Join the fun at creativecarpetinc.com! Hit the 'MEGA Trivia' tab under 'Specials,' and take your guess on our monthly question between the 1st and the 20th. The drawing will occur on the 21st from all who answered correctly. The winner will be announced in next month's newsletter. Don't forget, entries close on the 20th. Best of luck!

Last month's question:

Indiana leads the US in the production of _____.

Answer: (B) Musical instruments

Indiana is the top musical instrument producer in the U.S. thanks to its rich history in instrument manufacturing, particularly in Elkhart, known as the "Band Instrument Capital of the World." The state specializes in brass, woodwind, and string instruments, with skilled craftsmanship and a strong network of manufacturers like Gibson and Conn, all supported by a business-friendly environment.

Congratulations to last month's winner:

**DEBBIE
MASSARO**

OF PLAINFIELD, IL

Claim your prize by visiting your nearest Creative Carpet & Flooring showroom from May 1 - 31, 2025. Thanks for taking part in our contest! Enjoy your prize!

A Gift for You

*Creative
Carpet & Flooring*

How about a night out with dinner on us through Creative Carpet's Referral Rewards Program

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. Every time you refer someone who becomes a client and purchases, we will send you a \$25 restaurant gift card to have dinner on us! Visit creativecarpetinc.com/referral-rewards for details!

How to Bring Your Towels Back to Life (and Yes, It's Super Easy)

Is there anything better than wrapping yourself up in a big, fluffy towel after a shower? Not really. But over time, even the softest towels start to feel more like sandpaper than a cloud. If yours has gone from cozy to crunchy, don't panic. There's a simple way to bring them back to their former glory.

The issue is usually buildup. Fabric softener, dryer sheets, hard water, and even time can leave your towels stiff and sad. But here's the good news... there's a quick fix hiding in your kitchen.

Here's what to do. Toss your towels in the washer. Don't cram them in with other stuff. They need space to dance around in there. Add your regular laundry detergent (but not too much), and skip the bleach.

Now, here comes the magic. Pour half a cup of baking soda right into the drum. It's like a superhero for your towels, helping scrub out all the gunk stuck in the fibers. Then, add half a cup of white vinegar during the rinse cycle. That stuff cuts through residue like nobody's business, making your towels feel brand new. You can trust this powerful duo to restore your towels' softness.

Wash them on warm or hot, then dry them on low to medium heat. Bonus points if you toss in some dryer balls or clean tennis balls to fluff them up.

Oh, and give your washer a good clean now and then. It's a game-changer.

Soft towels. Big upgrade. Happy you.



7 Fun Facts About Milk You Probably Did Not Know

Milk has been part of human life for thousands of years. Whether it comes from cows, coconuts, or soybeans, this creamy drink has nourished civilizations, shaped cultures, and even inspired the name of our galaxy. Here are seven surprising milk facts to sip on:

#1 Milk is mostly water - Whole milk is about 87 percent water. The remaining 13 percent holds all the good stuff like protein, fat, carbs, vitamins, and minerals. So yes, milk hydrates while it nourishes.

#2 Why milk looks white - Milk looks white because light bounces off its proteins and fats. Skim milk can look slightly blue because it has less fat, which changes how the light scatters.

#3 Pasteurization made milk safer - Before milk was pasteurized, it could easily spread disease. The process of pasteurization, which involves heating the milk to kill harmful bacteria, was a significant breakthrough in ensuring the safety of milk consumption, thanks to the work of scientist Louis Pasteur.

#4 Humans are unique milk drinkers - We are the only mammals that drink milk from other animals by choice. This unique relationship with milk, and the fact that some people can even digest milk as adults due to a special genetic trait, is a fascinating aspect of our species.

#5 Plant milk has ancient roots - Almond, soy, and coconut milk have been used for centuries, connecting us to the culinary traditions of our ancestors. Coconut milk, for instance, was a kitchen staple in some ancient civilizations thousands of years ago.



#6 Horse milk fueled warriors - The Mongols drank fermented horse milk for energy during their long journeys. Even today, some of their descendants rely on dairy despite being lactose intolerant.

#7 Our galaxy is named after milk - The Milky Way got its name from a Greek mythical story about a goddess spilling milk across the sky. Even the word galaxy comes from the Greek word for milk.

So the next time someone says milk is boring, hit them with one of these fun facts and raise your glass with pride.

Thank you to...

Ann Floyd
Carla Mcardle
Colleen & Mike Cieslak
Jeffrey & Paula Andrews
Jodi Belcher
Lauren Miller
Renee Emerson
Steve & Debbie Sansone
Steve Niemczak Sr

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FRI 10am 6pm
SAT 10am 4pm
SUN closed

Creative Carpet & Flooring
did my small workout room
during COVID. I loved it so
much that I returned and
had them do my sewing
room and hallway. They do
an excellent job!



MON 9am 6pm
TUE 9am 6pm
WED 10am 6pm
THR 9am 6pm
FRI 9am 6pm
SAT 10am 4pm
SUN closed



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of installation for a chance to win a
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**THANKS
FOR
THE REVIEW**



Betty Cunningham of Palos Park, IL
This month's \$25 Pottery Barn gift card winner!

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