



ROYAL COLLEGE
of PODIATRY

ANNUAL CONFERENCE
& EXHIBITION

PODIATRY 2024

REVITALISING YOUR SOLE
WELLNESS AND RESILIENCE

28-30 NOVEMBER
[RCPOD.ORG.UK/PODIATRY2024](https://rcpod.org.uk/podiatry2024)

HARROGATE CONVENTION CENTRE

CONFERENCE
PROGRAMME



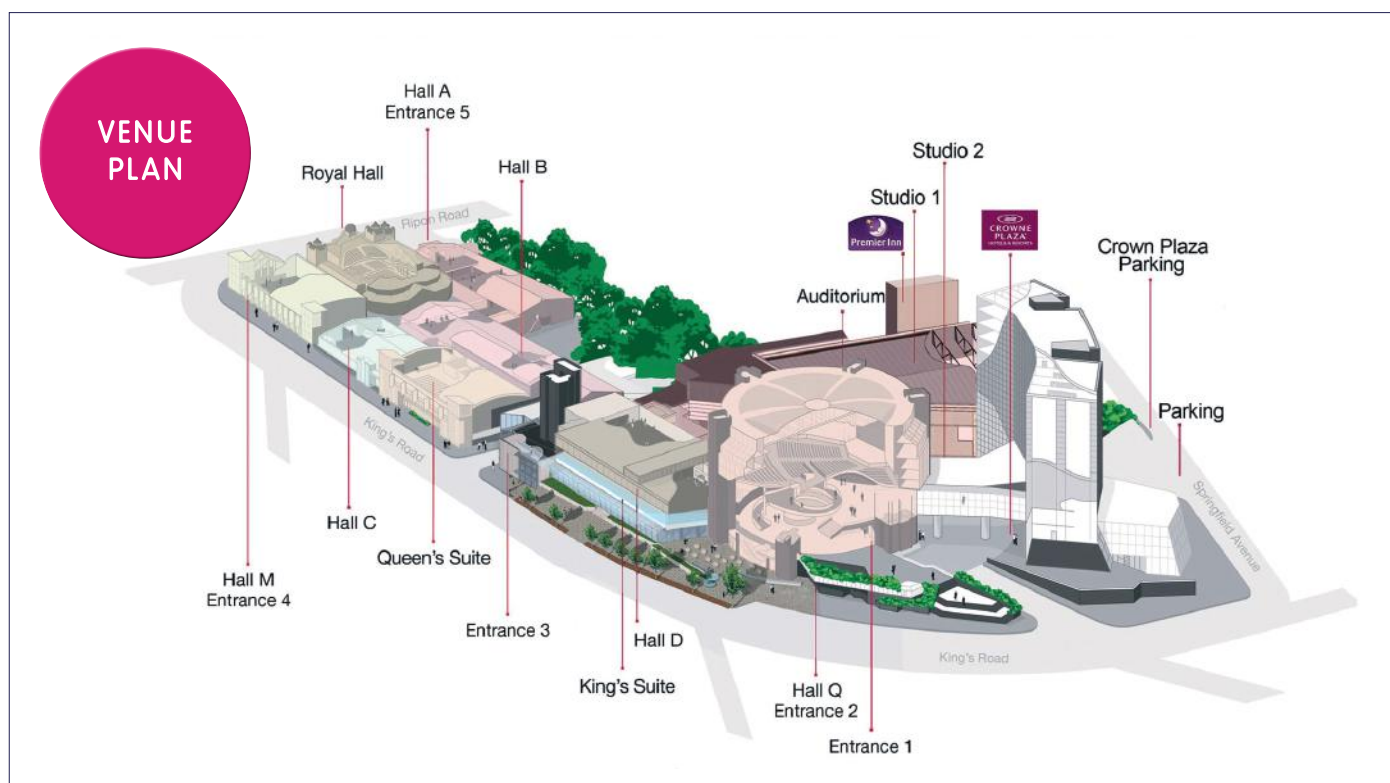
PODIATRY 2024 HARROGATE CONVENTION CENTRE

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EXHIBITION OPENING TIMES

Thursday 28 November	09:00-18:30
Friday 29 November	08:00-16:00



CONSENT

By attending the event, you agree to be photographed, filmed, or recorded. You also give your permission for the event to use your media in their publications, promotional material, and other communications channels.

USE OF MEDIA

The RCPod may use the media for marketing, publicity, or other purposes. This could include social media, websites, brochures, newspapers, magazines, and more.

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2. Please contact the RCPod to confirm that you want to be exempt from being photographed or filmed, or if you have any concerns. Please email conferences@rcpod.org.uk or speak to a member of the reception desk, where you will be asked to fill out a consent release form. You can also revoke your consent at any time, for example if you were unaware you were being filmed, or if you feel the photos are unflattering.

CONFERENCE CHAIR'S WELCOME



EMMA STONEMAN

It is such an honour to welcome you all to Harrogate for this year's Annual Conference and exhibition. After serving a one-year term last year as the Conference Vice-Chair where I observed and learned on the job, I am delighted to finally be your Chair of Conference.

I have thoroughly enjoyed putting together this year's programme. It places wellness and wellbeing at the heart of it and this is a conference that is inclusive for all. There has been a great amount of collaboration to bring this to life, using our incredibly dedicated specialist interest groups and clinical committees. I want to thank them for their immense contributions.

It was so important to me that we used your feedback from last year's event to shape this one. We've created more opportunities for hands-on learning, diversified the types of sessions we offer, and duplicated the most popular sessions throughout the programme to give you more of a chance to attend and not miss out. Social events are back, and I hope to see you on Friday evening in the Bingo hall!

I am thrilled that we will be joined by Professor Steve Peters as our keynote this year. It's a real coup to get Professor Peters, who is widely regarded to be one of the preeminent psychiatrists of his generation. His work with elite athletes, particularly the British Cycling team during their Olympic successes, and with the seven-time Snooker World Championship winner, Ronnie O'Sullivan, has cemented his reputation. His 'Chimp Paradox' model, which simplifies complex psychological concepts, has been influential not only in sports but also in broader performance and personal development. We are looking forward to welcoming him.

I want to thank all the people who made this event possible. Our sponsors, Algeos and Cuxson Gerrard for their support and belief. Our incredibly dedicated podiatric industry and exhibitors, who have made the long journey to be here today. The Conference Committee and the logistics team at the RCPod who have been instrumental in bringing this all together. And finally, I want to thank you, for bringing your expertise, your energy, your enthusiasm and your desire to learn into this year's conference. We're going to have a great three days together.

Let's get going!

OUR THANKS GO TO THIS YEAR'S CONFERENCE SPONSORS

The sponsors of this year's Conference are silver sponsor Algeos and bronze sponsor Cuxson Gerrard. You can find out more about each of our key sponsorship partners below. Do take the time to visit each of them on the exhibition floor.



Algeos is a family-run business with care at its heart.

Boasting a patient-centric business model and specialising in lower-limb healthcare supplies, materials, and technology, Algeos works closely with both public and private hospitals, clinics, and industry professionals to provide the sector with the best products and services it needs to bolster patient outcomes and improve lives.

www.algeos.com

STAND: 3 and 27



For 145 years, Cuxson Gerrard has been a leader in research, development and manufacture of products for podiatry and medical use.

They manufacture/supply: Hapla paddings and strappings, Haplawave, Haplabase orthotics, Hapla-gel, Powerstep orthotics, Cryospray 59, Protex Face Masks, Gehwol – foot and leg skincare moisturising preparations.

www.cuxsongerrard.com

STAND: 5 and 6



We are pleased to announce that next year's Annual Conference and Exhibition will be held in Glasgow from 20-22 November 2025 at the SEC. Sponsorship packages offer a huge range of flexibility to pick and mix opportunities that suit your product and services and reflect your brand. Packages are limited and allocated on a first come, first served basis.

If you would like to discuss 2025 sponsorship opportunities and to see how the Royal College of Podiatry look to reward the partners investing in the event and the development of the podiatry profession, please email exhibitions@rcpod.org.uk



DOWNLOAD YOUR PODIATRY 2024 APP

We're excited to provide you with a bespoke conference app.

With all of the information and tools you need to make the most of the event.



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HARROGATE CONVENTION CENTRE

CONFERENCE PROGRAMME



SOCIAL



FIRESIDE



MEET THE EXPERTS



PERSONAL INTROSPECTIVE



HANDS ON



SPOTLIGHT SESSION



PRESENTATION



DEBATE



TED-TYPE TALK

THURSDAY 28 NOVEMBER

09:00	REGISTRATION AND EXHIBITION OPENS	
09:30-11:30	SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING* Additional fee £70 + VAT	Fully Booked Queen suite 1 and 2
10:00-11:30 Session Sponsored by 	TRADE LEARNING LAB: ALGEOS Orthotic Therapy: Principles, Prescriptions and Practice Join this workshop to improve your knowledge, skills and confidence in using Orthotic Therapy for common forefoot, midfoot and hindfoot MSK conditions. This practical workshop will demonstrate and debate different prescription variables and material choices, linking them to your assessment findings and treatment goals.	Kings suite
10:30-11:25	Student Network: Meet and greet Opportunity for all our students to meet and network	Hall D
10:30-11:25	Lessons from private practice: Do you know what policies you should have in your practice? Chair: Roisin Connell, Co-chair Panel members: Martin Furlong, Deputy General Secretary, Sharon Gray, Professional Support Officer and Janet McGroggan, Owner	Queen suite 4
10:30-11:25	Wellbeing session - Schwartz Rounds Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare. Sarah Massie and Eryn London from the Point of Care Foundation.	Queen suite 3
10:30-11:25	Beginner/taster Silicone workshop Martyn Sherman	Fully Booked Queen suite 5
11:30	CONFERENCE OPENING	
11:30	Conference opening Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
11:35	Clinical leadership Aimee Robson, Deputy Director, Improvement and Development (primary and community care) at NHS England	Auditorium
11:55	Identifying and planning to mitigate burnout in podiatrists Professor Cylie Williams, Monash University	Auditorium
12:15	KEYNOTE SPEAKER What is resilience and how can we achieve it? Professor Steve Peters, Consultant Psychiatrist	Auditorium
13:00-14:15	LUNCH: EXHIBITION, NETWORKING AND POSTER VIEWING	Hall Q
13:00-13:20	DEMO ZONE WITH FIREFLY - POSTPONED UNTIL FRIDAY 29 NOVEMBER 14:25-14:45	Demo zone in exhibition hall

WELCOME

SPONSORS

PROGRAMME

WORKSHOP & DEMO ZONE

CONFERENCE INFORMATION

SOCIAL MEDIA AMBASSADORS

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTING

THURSDAY 28 NOVEMBER (CONTINUED)

13:25-13:45	DEMO ZONE WITH RUCK UK	Demo zone in exhibition hall
13:50-14:10	DEMO ZONE WITH TINEXYL PRO	Demo zone in exhibition hall
13:00-13:40	TRADE LEARNING LAB WITH EMBLATION	Kings suite
13:15-13:45	Meet Council An opportunity to meet The Royal College of Podiatry Council members.	Hall D
13:30-14:15	Death Café Led by: Sally Gates, Chair of the RCPod's EDI and Podiatric Research Assistant As Benjamin Franklin said, "In this world nothing can be said to be certain, except death and taxes." Talking about death is often viewed as taboo, so the Death Café provides a safe and non-judgemental space to talk, cry, laugh and acknowledge the impact of death, whether from a professional, personal or abstract point of view. It is an opportunity to share personal experiences, discuss fears and anxieties and clear the air so that you feel more comfortable in your relationship with death. Unfortunately, we can't help with the taxes.	Fully Booked Crowne suite
13:30-14:15	Wellbeing session - men's health and wellbeing Led by: Dave James, Coach, Mentor and International speaker	Wellbeing zone in exhibition hall
14:15-15:15	WORKSHOPS	
	Record keeping Chair: Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry	Queen suite 4
Session Sponsored by HUNTLEIGH <small>A MEMBER OF THE ARJO FAMILY</small>	Getting confidence in vascular assessment for MSK podiatry Chair: Emily Haworth Nick Knight, Michelle Miskell, Beth Lillico, Martin Fox and Joanne Casey	Hall D
	Conditions-specific rehabilitation programmes This will be a presentation along with delegate participation in the auditorium. There will be three conditions covered: achilles tendinopathy, plantar fasciopathy and lateral ankle instability. 1. Importance of programmes for various foot injuries/conditions following arecovery from injury 2. Importance of specific rehab plan following injection therapy. Injection alone reduces pain, but do not aid recovery. Importance of return to sport-specific rehab programme. Chair: Liam McManus, Council member, The Royal College of Podiatry Olga Jones and Abid Hussain	Kings suite

THURSDAY 28 NOVEMBER (CONTINUED)

	<p>Nail and nail pathology Presentation and interactive workshop on detecting and diagnosing common nail pathologies. Chair: Keri Hutchinson, Council member, The Royal College of Podiatry Dr Kashif Bhatti, Consultant Dermatologist, Leeds and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Auditorium
	<p>Successfully using social media to promote you and your practice Chair: Emma McConnachie, Media and Communications Officer, The Royal College of Podiatry, Sarah-Jane Walls, owner of the Rehab Hub</p>	Queen suite 3
	<p>QuickChange – getting children moving: the award-winning project, leading the way for prevention, aiming to improve future generations (fitness and health)! Insightful presentation and active participation: Dive into the world of children’s podiatry with hands-on activities and thought-provoking discussions. Chair: Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust Stephen Coombs, Podiatry Professional Lead, Cardiff and Vale University Health Board and Dr Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board</p>	Queen suite 1
	<p>Podiatrist’s perspective: Discover how podiatrists make a real difference in healthcare</p>	
	<p>Tackling child obesity: Gain valuable knowledge on current child obesity and activity levels</p>	
	<p>Dynamic round table: Participate in lively discussions on fun and effective movements for children in clinical settings</p>	
	<p>Quick change finale: Wrap up with a quick and energising conclusion</p>	
	<p>Student workshop: Empower your university journey Self-coaching and healthy habits strategies for students Chair: Sue Pike, Council member, The Royal College of Podiatry Monique Cleary</p>	Queen suite 2
	<p>New technology within training and education of podiatrists Chair: Jane McAdam, Chair of Council Speakers: Philip Hendy, Podiatry Academic/Programme Lead at University of Plymouth, Dr Veronica Newton, Lecturer at Salford University</p>	Queen suite 5
15:15-16:00	REFRESHMENTS: EXHIBITION, NETWORKING AND POSTER VIEWING	
15:20-15:40	DEMO ZONE WITH EMBLATION	Demo zone in exhibition hall
15:40-16:00	DEMO ZONE WITH ALGEOS ON BLUEDOP	Demo zone in exhibition hall
15:30-16:00	<p>Wellbeing: Meditation Sally Gates, yoga teacher and Podiatric Research Assistant</p>	Wellbeing zone in exhibition hall
16:00-17:30	PLENARY SESSION	

PODIATRY 2024 PROGRAMME

THURSDAY 28 NOVEMBER (CONTINUED)

16:00	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
16:00	Conference welcome from CEO Jane Pritchard, Chief Executive and General Secretary, The Royal College of Podiatry	Auditorium
16:10	The medical team role in mental health - how elite football research relates to podiatric practice Dr Caroline Ellis-Fortey	Auditorium
16:30	Finding balance in private practice Pete Williams, Director/Owner Eclipse Foot Clinic	Auditorium
16:50	Bob Prince memorial lecture Operating behind enemy lines Mr Antony Wilkinson, Consultant Podiatric Surgeon	Auditorium
17:30	Closing remarks Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
17:35-18:30	POSTER VIEWING AND TRADE DRINKS RECEPTION	Exhibition hall
17:35-18:30	Career networking event for Qualified Podiatrists	Hall D
20.00-00:00	Gait and Motion Ibiza night – tickets available from Gait and Motion	

FRIDAY 29 NOVEMBER

08:00	REGISTRATION, REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AN POSTER VIEWING	
08:00-09:00	Student breakfast career networking session	Hall D
08:00-09:00	Ultrasound workshop - an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
09:00-10:00	WORKSHOPS	
	Lone working - keeping yourself safe and protected Chair: Katie Harwood, Professional Support Officer, The Royal College of Podiatry Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust, Wendy May, Specialist Podiatrist and H&S Rep at South Warwickshire NHS Foundation Trust	Queen suite 4
	Clinical examination of the foot and ankle 10-minute presentation followed by 50 minutes of practical 1. Importance of examination following detailed history taking to confirm a diagnosis and to consider at least two differential diagnosis 2. Importance of performing specific tests for specific conditions e.g. rupture achilles tendon - Thompson's test 3. Importance of using validated tools to classify certain conditions e.g. OA Chair: Usamah Khalid, Council member, The Royal College of Podiatry David Gruhl and Jonathan Barbar	Fully Booked Queen suite 2

FRIDAY 29 NOVEMBER (CONTINUED)

	<p>Balancing Act: Foot health and function in Cerebral Palsy Chair: Lawrence Ambrose, Head of Policy and Public Affairs, The Royal College of Podiatry Emma Livingstone, Founder and CEO from UP - the adult cerebral palsy movement and Professor Cylie Williams, Monsah University</p>	Hall D
	<p>Demystifying infection in the diabetic foot Chair: Richard Leigh, Council member, The Royal College of Podiatry Professor Michael Edmonds, Consultant Physician, Kings College Hospital Mr Frank Webb, Lead Consultant Podiatric Surgeon, Derbyshire Community Health Services</p>	Kings suite
	<p>Ultrasound (USS) workshop - forefoot assessment This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Problem MSK patient? Or patient with multiple problems? Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry</p>	Auditorium
	<p>Apprenticeships Hear first-hand from podiatrists taking on apprentices, current apprentices, and recently qualified apprentices Chair: Adele Holmes, The Royal College of Podiatry, Council member Philip Hendy, Podiatry Academic/Programme Lead at University of Plymouth Martin Furlong, Deputy General Secretary, The Royal College of Podiatry, Tannah Elland and Laura Cowcher, apprentice students, University of Plymouth</p>	Queen suite 1
	<p>Short papers Chair: Suzy Taylor, Clinical Lead, The Royal College of Podiatry A randomised controlled trial comparing the clinical and cost-effectiveness of swabs compared to tissue samples in the management of infected diabetic foot ulcers Dr Michael Backhouse, University of Warwick An investigation into the suitability of skin hydration measurement tools for use on the foot Dr Jennifer Andrews, Salford University When offloading becomes a burden: a scoping review of qualitative studies exploring the experiences of psychological distress among podiatrists and other healthcare professionals Silva Cochrane Investigating patient and clinician perceptions of the 'in-remission' status for diabetes foot disease Gordon Donaldson, Glasgow Caledonian University Protocol for a randomised controlled trial of carbon fibre shoe stiffening inserts in people with first metatarsophalangeal joint osteoarthritis: The Big Toe Osteoarthritis (BigTOE) Trial Dr Michael Backhouse, University of Warwick Promoting the Fourth Pillar: Enhancing Research Capability and Capacity Among Podiatrists in NHS Lanarkshire Stuart McNeil, NHS Lanarkshire Podiatry</p>	Queen suite 5

FRIDAY 29 NOVEMBER (CONTINUED)

10:00-10:45	REFRESHMENTS - EXHIBITION, NETWORKING AND POSTER VIEWING	
10:00-10:20	DEMO ZONE WITH TALAR MADE	Demo zone in exhibition hall
10:25-10:45	DEMO ZONE WITH ALGEOS ON DARCO	Demo zone in exhibition hall
10:00-10:45	EDI café RCPod EDI group Chair Sally Gates and EDI group members	Crowne suite
10:00-10:45	Ultrasound workshop – an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Fully Booked Queen suite 3
10:45-12:00	PLENARY SESSION	
10:45	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
10:45	The Royal College of Podiatry Chair of Council welcome Professor Jane McAdam, Chair, The Royal College of Podiatry	Auditorium
10:50	Menopause matters Dr Nicky Keay, Honorary Clinical Lecturer, Division of Medicine, University College London	Auditorium
11:15	Gravitational effects on lower limb perfusion Rachel Forss, Senior Lecturer in Podiatry at Brighton University and Justine Tansley, Research Assistant	Auditorium
11:35	AI in healthcare - The hype vs the reality Sina Kahen, international speaker and author	Auditorium
12:00-13:00	LUNCH, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
12:00-12:20	DEMO ZONE WITH SIDAS UK	Demo zone in exhibition hall
12:00-13:00	Ultrasound workshop - an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
12:15-13:00	Menopause café session Led by: Dr Veronica Newton, Lecturer at Salford University	Crowne suite
	Trade Learning Lab: Foothealth Orthotics Induction to using Foot orthoses in Clinical Practice Speakers - Nick knight and Zoe Wilson	Kings suite

FRIDAY 29 NOVEMBER (CONTINUED)

12:20-13:00	<p>Discussion zone: Referral pathways between NHS and independent practice</p> <p>Led by: Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust</p>	Hall D
12:30-12:50	DEMO ZONE WITH ABMPI	Demo zone in exhibition hall
13:00-14:00	WORKSHOPS	
	<p>How to handle complaints: Advice and guidance on preventing and managing patient complaints</p> <p>Chair: Sue Pike, Council member, The Royal College of Podiatry Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry and Ben Stokes, Weightmans</p>	Queen suite 1
	<p>Are you sitting comfortably - MSK workplace injuries</p> <p>Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry Robert Adams, Advanced Podiatrist and Wendy Carswell,</p>	Queen suite 2
	<p>Ultrasound (USS) workshop - forefoot assessment</p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Reasonable adjustments - Do you know your rights as an employee and your responsibilities as an employer?</p> <p>Chair: Sally Gates, EDI group chair Janine Booth, Neurodiversity in the Workplace Trainer, Margaret Kennedy, NHS Clinical Lead Podiatrist, Marie Laurent, Disabled Workers Working Group Chair, The Royal College of Podiatry and Di Scott-Brown, Employment Relations Officer, The Royal College of Podiatry</p>	Queen suite 4
	<p>Lesion Recognition - back to basics</p> <p>Presentation and interactive workshop - how to recognise the different morphological features of both benign and malignant lesions on the lower limb and become confident in their diagnosis and referral. Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Auditorium
	<p>Business finance - staying the right side of HMRC</p> <p>Chair: Keri Hutchinson, Council member, The Royal College of Podiatry David Davies, TWD Accountants</p>	Kings suite
	<p>Wellbeing session - Schwartz Rounds</p> <p>Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare.</p> <p>Caring for the carers</p> <p>Sarah Masie from the Point of Care Foundation and Rushmi Kanjee, Podiatry Professional Development Lead – Bedfordshire and Luton</p>	Queen suite 5

FRIDAY 29 NOVEMBER (CONTINUED)

	Student Workshop on Podiatric Surgery Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry	Hall D
14:00-14:45	REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
14:00-14:45	Ultrasound workshop - an introduction Showing delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of, some basic imaging e.g. plantar fascia and achilles and an opportunity to optimise an image, some of the artefacts/pitfalls they need to be aware of, some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
14:00-14:45	Discussion Zone - First Point of Contact Facilitator Emma Mitchell, First Point of Contact Practitioner, Southend Victoria Primary Care Network	Crowne suite
14:15-14:45	Wellbeing: Yoga Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required). Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer, The Royal College of Podiatry	Wellbeing zone in exhibition hall
14:00-14:20	DEMO ZONE WITH TALAR MADE	Demo zone in exhibition hall
14:25-14:45	DEMO ZONE WITH FIREFLY	Demo zone in exhibition hall
14:45-15:45	WORKSHOPS	
	Introduction to mental health first aid Mental health first aid is the help you give to someone developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others. Chair: Sue Pike, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer	Queen suite 5
	Prescribing in private practice and utilising POMS in Clinical Practice Chair: Suzy Taylor, Clinical Advisor, The Royal College of Podiatry Claire Westwood-Surridge, Laura Saunders and and Jim Pickard	Queen suite 2
	Lesion recognition – back to basics Presentation and interactive workshop: How to recognise the different morphological features of benign and malignant lesions on the lower limb and become confident in their diagnosis and referral. Chair: Usamah Khalid, The Royal College of Podiatry, Council member Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University	Queen suite 4

FRIDAY 29 NOVEMBER (CONTINUED)

	<p>The new British Society for Rheumatology (BSR) guideline for the management of foot health in inflammatory arthritis (IA)</p> <p>This lecture format session will provide delegates with a clinically relevant update about the new best practice guidance for the management of foot health in IA.</p> <ol style="list-style-type: none"> 1. Why do we need a Foot Health in Inflammatory Arthritis Guideline? (10 min) - Edward Roddy 2. BSR Foot Health in Inflammatory Arthritis Guideline: Evidence and recommendations (25 mins) - Lara Chapman 3. Implementing the guideline (15 min) - Dr Michael Backhouse 4. Q&A (10 min). <p>Chairs: Dr Lindsey Cherry, University of Southampton and Robert Field, Dorset Healthcare</p> <p>Speakers: Edward Roddy, BSR Foot and Ankle guidelines co-lead, Lara Chapman, BSR Foot and Ankle guidelines working group member; Guideline lead author and Dr Michael Backhouse, BSR foot and ankle guidelines co-lead</p>	Auditorium
	<p>Ultrasound (USS) workshop – forefoot assessment</p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Podiatry in end-of-life (EOL) care</p> <p>This interactive session will cover the definition of EOL and how someone is identified as EOL. Relevant clinical case studies will highlight the complexity of managing EOL patients. The DECIDE tool will also be introduced, which can aid clinicians in their decision making regarding wound debridement in EOL patients.</p> <p>Chair: Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon, Mark Povey, Clinical Lead Podiatrist, Kent Health Community NHS Foundation Trust</p>	Queen suite 1
	<p>Heel pain</p> <p>Chair: Dr Richard Wilkins, Chair of MSK UK</p> <p>Matthew Douglas-Harris – Plantar heel pain and menopause</p> <p>Chris Drake – Plantar heel pain (title to be confirmed)</p>	Kings suite
	<p>Mastering central forefoot pain: Using the surgical sieve to aid diagnosis</p> <p>An interactive workshop around a patient's journey presenting with forefoot pain from referral through to post-op care and audit.</p> <p>Chair: Martin Fox, Council member, The Royal College of Podiatry Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry</p>	Hall D
15:45	PLENARY SESSION	
15:45-16:45	<p>Ultrasound workshop - an introduction</p> <p>This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3

PODIATRY 2024 PROGRAMME

FRIDAY 29 NOVEMBER (CONTINUED)

15:45	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
15:45	Person-centred care - how you can make a difference Tommy Whitelaw, Health and Social Care Alliance Scotland	Auditorium
16:30	Capacity and best interests decisions Ben Troke, Weightmans Solicitors	Auditorium
16:55	Jewel in the Crown short paper presentation and presentation of award "I have taken five different kinds of tablets and injections, and I still have foot pain": an international qualitative exploration of foot and ankle disorders in rheumatic and musculoskeletal diseases Lara Chapman, HEE/NIHR Clinical Doctoral Research Fellow at Leeds Institute of Rheumatic and Musculoskeletal Medicine	Auditorium
17:15	Close Emma Stoneman, Conference Chair, The Royal College of Podiatry	
18:45	Conference Social Event, Crowne Plaza, Harewood Suite Join our fun night of bingo and games including prosecco reception, buffet, singalong choir and music www.rcpod.org.uk/podiatry2024/social-event Member ticket: £28 Student member ticket: £15	

SATURDAY 30 NOVEMBER

08:15	REGISTRATION	
08:30-08:55	Wellbeing: Yoga Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required) Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer (NI), The Royal College of Podiatry	Crowne suite
09:00-10:00	WORKSHOPS	
	Nail surgery guidelines update Emma Noe, Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust and Suzy Taylor, Clinical Advisor, The Royal College of Podiatry	Kings suite
	Autism and neurodiversity: Understanding and supporting autistic patients Chair: Sally Gates, EDI Group Chair Dr Steven Kapp, Senior Lecturer in Psychology, University of Portsmouth	Queen suite 4
	Lessons from private practice: stepping into your career in private practice Chair: Roisin Connell, Co-Chair Independent Practicse Group (IPG) Panel: Katie Harwood, Professional Support Officer, The Royal College of Podiatry David Davies, TWD Accountants and Becky Hargreaves, York Podiatry	Queen suite 1

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2024

FOR ALL YOUR CONFERENCE
POSTS ACROSS SOCIAL CHANNELS

#PODIATRY2024

SATURDAY 30 NOVEMBER (CONTINUED)

	<p>Short papers</p> <p>Chair: Usamah Khalid, Council Member, The Royal College of Podiatry</p> <p>The lived experiences and challenges faced by homeless adults in accessing adequate foot care services: An interpretative phenomenological study engaging with the poorest and most vulnerable members of society Joanna Bower, Plymouth University</p> <p>Novel application of in-vivo Confocal Raman Spectroscopy to examine the composition of the plantar foot skin in age and diabetes Dr Jennifer Andrews, Salford University</p> <p>Malignant melanoma misdiagnosis in the diabetic foot. What can we learn from the published literature? Dr Ivan Bristow and Michelle Reynolds</p> <p>A virtual musculoskeletal podiatry service implemented to address prolonged NHS waiting times Brunilda Agalliu, South West Podiatry</p> <p>Early access to virtual resources for the self-management of plantar fasciitis: A proof of concept and feasibility study Kerry Nyland</p>	Queen suite 5
	<p>Global Podiatry</p> <p>Chair: Jane McAdam, Chair of Council, The Royal College of Podiatry</p> <p>Speakers from the American Board of Podiatric Medicine International (APMI), Australian Podiatry Association (APODA) and Canadian Federation of Podiatric Medicine (CFPM)</p>	Queen suite 3
	<p>Legs Matter – the safe administration of early intervention compression hosiery</p>	Queen suite 2
10:00-10:25	BREAK AND NETWORKING	Hall D
10:25-11:15	PLENARY SESSION	
10:25	<p>Plenary Session Chair</p> <p>Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
10:25	<p>Making waves in vascular podiatry</p> <p>Martin Fox on CV prescribing and the future Katie Evans-Bundy, NHS Wales, on triage clinic for vascular acute team and positive data Ffion Lloyd-Thomas, NHS Wales on AliveCor integration and referral direct to cardiology project</p>	Auditorium
10:55	<p>Shaping the future of podiatry in rheumatology: Emerging challenges and transformative opportunities in clinical and academic practice</p> <p>Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds</p>	Auditorium
11:15-12:15	WORKSHOPS	
<p>Session Supported and Sponsored by</p> <p>HUNTLEIGH A MEMBER OF THE ARJO FAMILY</p>	<p>How to assess vascular lower limb for nail surgery interactive scenario-based workshops</p> <p>Chair: Patrick McGill and Emily Haworth</p> <p>Speakers/demonstrators: Joanne Casey, Katie Evans-Bundy, Ffion Lloyd-Thomas, Martin Fox and Beth Lillico</p>	Kings suite

SATURDAY 30 NOVEMBER (CONTINUED)

	<p>Lessons from private practice: Stepping out of your private practice and into retirement</p> <p>Chair: Roisin Connell, Co-chair Independent Practice Group (IPG) Panel: Katie Harwood, Professional Support Officer David Davies, TWD Accountants</p>	Queen suite
	<p>Diabetes Africa handbook on diabetes footcare in dark skin tones</p> <p>Bernadette Adeyileka-Tracz, Executive Director, Diabetes Africa Jayne Robbie, Senior Lecturer - Faculty of Health, Education and Life Sciences, Birmingham City University and Specialist Podiatrist at University Hospitals Birmingham NHS Trust</p>	Queen suite 3
	<p>Mental health first aid</p> <p>Mental health first aid is the help you give to someone developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others.</p> <p>Chair: Keri Hutchinson, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer</p>	Queen suite 5
	<p>Prescribing in private practice and utilising poms in clinical practice</p> <p>Claire Westwood-Surridge, Laura Saunders and Jim Pickard</p>	Queen suite 2
	<p>Addressing childhood chronic lower limb pain and diagnostic uncertainty</p> <p>Chair: Simon Jones Professor Cylie Williams, Monash University, Dr Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board and Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust</p>	Queen suite 4
12:15-13:15	PLENARY SESSION	
12:15-13:05	Explore several complex cases with our expert panel	Auditorium
13:05-13:15	<p>Conference reflections</p> <p>Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
13:15-14:00	LUNCH AND NETWORKING	
13:30-15:30	<p>SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING*</p> <p>Additional fee £70+ VAT</p>	Queen suite 3
14:00-15:00	<p>Pharmacy and dermatology</p> <p>Chair: Jane McAdam, Chair of Council, The Royal College of Podiatry Dr Rod Tucker, Pharmacist, East Riding of Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Queen suite 1
14:00-15:00	<p>New ultrasound guidelines Q&A</p> <p>Chair: Usamah Khalid, Council member, The Royal College of Podiatry Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds and Jai Saxelby</p>	Queen suite 4
14:00-15:00	<p>Beginner/taster Silicone workshop</p> <p>Martyn Sherman</p>	Queen suite 5
14:00-15:00	<p>Legs Matter – the safe administration of early intervention compression hosiery</p>	Queen suite 2

Please note conference programme details may be subject to change, including but not limited to speaker, speaker time, content of session, virtual or in-person attendance. *Limited numbers.

Annual Conference and Exhibition 2025

Save the date

We are pleased to announce that next year's Annual Conference and Exhibition will be held in Glasgow from 20-22 November 2025 at the SEC.



International Podiatry Certification

Offering International Board Certification in Podiatry and Advancing the Profession!

WHY CERTIFY WITH ABPMI?

- **Automatic:** Eligibility for Faculty Fellowship with Prestigious Royal College of Physicians and Surgeons of Glasgow,
- **Stand Out:** Demonstration of superior achievement in podiatric medicine beyond minimum professional entry requirements,
- **Patient Confidence:** Used throughout the US, Board Certification can indicate expertise to your patients

Serving foot and ankle physicians located in:



WHO WE ARE: 

The Board's primary duty is to protect the public by creating and administering a psychometrically-validated, comprehensive examination process in podiatric medicine.

www.abpminternational.org

DEMO: Stand 29
Friday, 29 November
12.30 - 12.50, feat.
Remarks by:
Board Directors
Robert L Ashford,
Brendan Bennett,
& Pauline Wilson

PODIATRY 2024 WORKSHOP AND DEMO ZONES

Dive into live demonstrations from leading brands in podiatry, where innovation meets expertise. Experience firsthand the cutting-edge products and techniques shaping the future of podiatry.

Don't just hear about the latest breakthroughs - see them in action, master new skills, and elevate your practice with insights from the industry's top innovators.

The demo zones bring energy and hands-on learning to the heart of the exhibition floor - an experience you won't want to miss.

THE LEADING BRANDS FEATURED IN THIS YEAR'S DEMO ZONES



EXPLORE OUR LIVE DEMOS: DEMO ZONE TIMETABLE



RUCK UK
Thursday 28 November
13:25-13:45



Tinexyl PRO
Thursday 28 November
13:50-14:10



Swift by emblation
Thursday 28 November
15:20-15:40



Algeos on Bluedop
Thursday 28 November
15:40-16:00



TalarMade Ltd
Friday 29 November
10:00-10:20



Algeos on Darco
Friday 29 November
10:25-10:45



Podiatech
Friday 29 November
12:00-12:20



TalarMade Ltd
Friday 29 November
14:00-14:20



Firefly Orthoses Ltd
Friday 29 November
14:25-14:45

WANT TO KNOW MORE?

Scan the QR code to explore full details about each session and see what's in store!



SCAN ME

ACCESS

The Harrogate Convention Centre offers comprehensive accessibility features, including Blue Badge parking, wheelchair-accessible spaces, and accessible toilets throughout the venue. Hearing loops are installed at key locations, and guide dogs are welcomed. The venue participates in the Hidden Disabilities Sunflower Scheme and supports initiatives like Fat Friendly Seating for inclusivity. Mobility aids can be hired locally, and staff are available to assist visitors. For details or specific needs, visitors can contact the reception team.

BADGES

In the interests of security, please make sure that your name badge is always clearly visible. If you lose your badge, please ask the staff at the registration desk to enable you to reprint a replacement as soon as possible.

CERTIFICATES OF ATTENDANCE

Certificates will be emailed to delegates within two weeks of the conference taking place. The certificate will reflect the number of days attended and the number of learning hours awarded.

HOURS OF LEARNING



28 NOVEMBER



29 NOVEMBER



30 NOVEMBER

CLOAKROOM

There is a cloakroom for general use on the ground floor of the venue. The cloakrooms are always attended by a member of HCC staff; please note, however, that items are left at your own risk.

RCPOD EXHIBITION STAND

The Royal College of Podiatry staff and representatives will be available on the College stand in the exhibition hall throughout the conference. Staff will be able to assist with membership enquiries, advice and support. To reduce paper waste, staff will use iPads and no physical leaflets or resources will be available.

CONFERENCE PRESENTATIONS

If our speakers permit us to share their presentations, we make them available after the conference has finished on rcpod.org.uk/podiatry2024. This information is also available the conference app.

COUNCIL MEMBERS

College Council members in attendance will be available on the College exhibition stand during lunch and refreshment breaks to answer any queries.

EMERGENCIES

In the event of an emergency, please contact a member of staff, the RCPod staff or a member of the HCC security staff, who you will see throughout the building. In all other instances, please dial 999.

EXHIBITION

The exhibition is an integral part of this conference and the College greatly appreciates the exhibitors' support. Please take your time to visit the exhibition. To see a full list of exhibitors at this year's conference, visit: www.rcpod.org.uk/podiatry2024/exhibition-2024. This information is also available the conference app.

HEARING LOOP

Should you require this service, please visit the registration desk so that we can ensure it is in place for the sessions you are attending wherever possible. Note that not all the rooms have this equipment.

LUNCH

Delegates' lunches are available to purchase on Thursday, Friday and Saturday from all the catering points. There are several catering points available so please use them all to avoid congestion.

A range of hot and cold food and refreshments will be available to purchase. Please note that cash is not accepted, and all transactions are contactless.

Please refer to the exhibition plan in this handbook to see catering point locations.

PHOTO AND VIDEO PRODUCTION

By attending the event, you consent to being photographed, filmed, or recorded and grant permission for the RCPod to use this media for marketing, publicity, or other purposes. This includes social media, websites, brochures, newspapers, and magazines. If you wish to opt out, have concerns, or want to revoke consent - for example, if you were unaware of being filmed or find a photo unflattering - please make yourself known to the photographer and the videographer and email conferences@rcpod.org.uk or speak to the reception team. Your preferences will be respected at any time.

POSTER PRESENTATIONS

Posters will be available to view on the exhibition floor and there are dedicated poster viewing sessions throughout the programme. You can also find out who is displaying poster work in the conference app and vote for your favourite poster. Please refer to the poster section in this handbook for full details of all the presentations.

REFRESHMENTS

Complimentary refreshments will be during the refreshment breaks indicated on the programme. There are several catering points available so please use them all to avoid congestion.

REGISTRATION DESK

If you have any enquiries, please make your way to the registration desk on the lower floor where staff from the College will be on hand to answer any questions or deal with concerns that you may have.

Official opening times are:

28 November: 09.00

29 November: 08.00

30 November: 08:15

SECURITY

In the interests of security, personnel staff will be in different areas of the HCC. Should you wish to report anything, please talk to one of the security staff or contact a member of the conference team at the registration desk.

SPEAKER LISTINGS

To see who is speaking at this year's conference, a full list is available to view at rcpod.org.uk/podiatry2024. You can also get this information throughout the event on the conference app.

SPEAKER PREVIEW AND LOUNGE

The speaker preview room is on the ground floor. It will be well signposted. Speakers are kindly asked to visit the preview room at least two hours before their session to upload their presentation and check it through with the technical team. Refreshments will be available.

SOCIAL MEDIA

Delegates are welcome to post ideas, thoughts and content to

social media about this year's conference. Use the hashtag #Podiatry2024.

WELLBEING

The health and wellbeing of all our delegates, speakers, exhibitors and staff will always be our number one priority. If you have any concerns for your personal wellbeing, please contact a member of staff at the registration desk or at the College stand. Alternatively, please seek out a member of staff at the HCC.

WI-FI

The conference is offering delegates access to a free Wi-Fi service in the venue.

PODIATRY 2024 MEMBERSHIP

Membership Renewal 2025

Renewing your membership with the Royal College of Podiatry means continuing to be part of a unique community of health professionals working to support foot and lower limb health. Our wide range of benefits have never been more utilised and valued by members.



Renew for 2025

PODIATRY 2024

REVITALISING YOUR SOLE
WELLNESS AND RESILIENCE

DOWNLOAD YOUR PODIATRY 2024 APP

We're excited to provide you with
a bespoke conference app

With all of the information
and tools you need to make
the most of the event.



canonbury
HEALTHCARE
WITH YOU EVERY STEP

Visit us on stands 9 & 10.
Exclusive show offers available!

www.canonbury.com

PODIATRY 2024

SOCIAL MEDIA AMBASSADORS

WELCOME

SPONSORS

PROGRAMME

WORKSHOP & DEMO ZONE

CONFERENCE INFORMATION

SOCIAL MEDIA AMBASSADORS

EXHIBITOR LIST & PLAN

EXHIBITOR INFORMATION

POSTER LISTING

PODIATRY 2024

FOLLOW THE EVENT

REVITALISING YOUR SOLE WELLNESS AND RESILIENCE

FOLLOW OUR FOUR SOCIAL MEDIA AMBASSADORS TO BRING LIFE TO CONFERENCE ACTIVITY ONLINE

We know that there are many podiatrists in the UK and internationally who would have liked to have been here in person. Michelle Reynolds, Ian Sadler, Khadija Sheriff and Kathryn Tyler all answered the call we put out to find social media savvy pods who were passionate about spreading the word about the content in our plenary and concurrent sessions. They'll be posting content across their channels throughout the three days, so look out for their opinions, thoughts and ideas. We're looking forward to reading and watching what they think!



Michelle Reynolds

Michelle has a keen interest in dermatology and has undertaken extensive postgraduate studies in this area. Leading her private practice in Stockport, Michelle and her team can regularly be found at CPD events around the country.

X: @mrpodiatrist

Facebook: @mrpodiatrist

Instagram: @mrpodiatrist

Linkedin: www.linkedin.com/in/michelle-reynolds-55891411a



Ian Sadler

Ian is passionate about the mechanics of the body and can regularly be found speaking on clinical biomechanics and orthoses to many professions. A former member of the Army, Ian retrained as a podiatrist and runs a successful private podiatric practice in Norfolk.

Facebook: @UKBiomechanics

Instagram: @ian_sadler_bx

Linkedin: www.linkedin.com/in/ian-sadler-4ba39a1a/

YouTube: @BxClinicUK



Khadija Sheriff

Khadija is a first year undergraduate student at the University of Salford. Her special interests are podiatric sports medicine and surgery.

Instagram: @_ksheriff 853



Kathryn Tyler

With over 20 years' experience in the private sector, Kathryn is an experienced generalist who regularly shares top tips on her social media to help the public navigate their foot health needs.

Facebook: <https://www.facebook.com/profile.php?id=100088008353844>

Instagram: @footsmithspodiatry

Registered Charity Number: 1193688



Can you donate to help podiatrists in need?

Every year, Arch Support provides grants to members of the Royal College of Podiatry as well as former members and dependents of deceased members. These grants give financial support and practical help during difficult times.

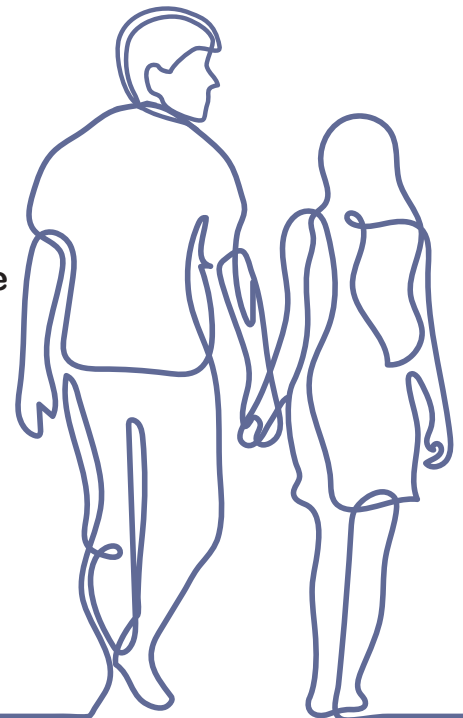
Hard times? Need support?

Arch Support is here to help you.

If you are a member or former member of the Royal College of Podiatry and need support, you can apply to the fund.

You can:

- Email: archsupport@rcpod.org.uk
- Telephone: 020 7234 8635



To find out further information please visit: rcpod.org.uk/arch-support

www.rcpod.org.uk

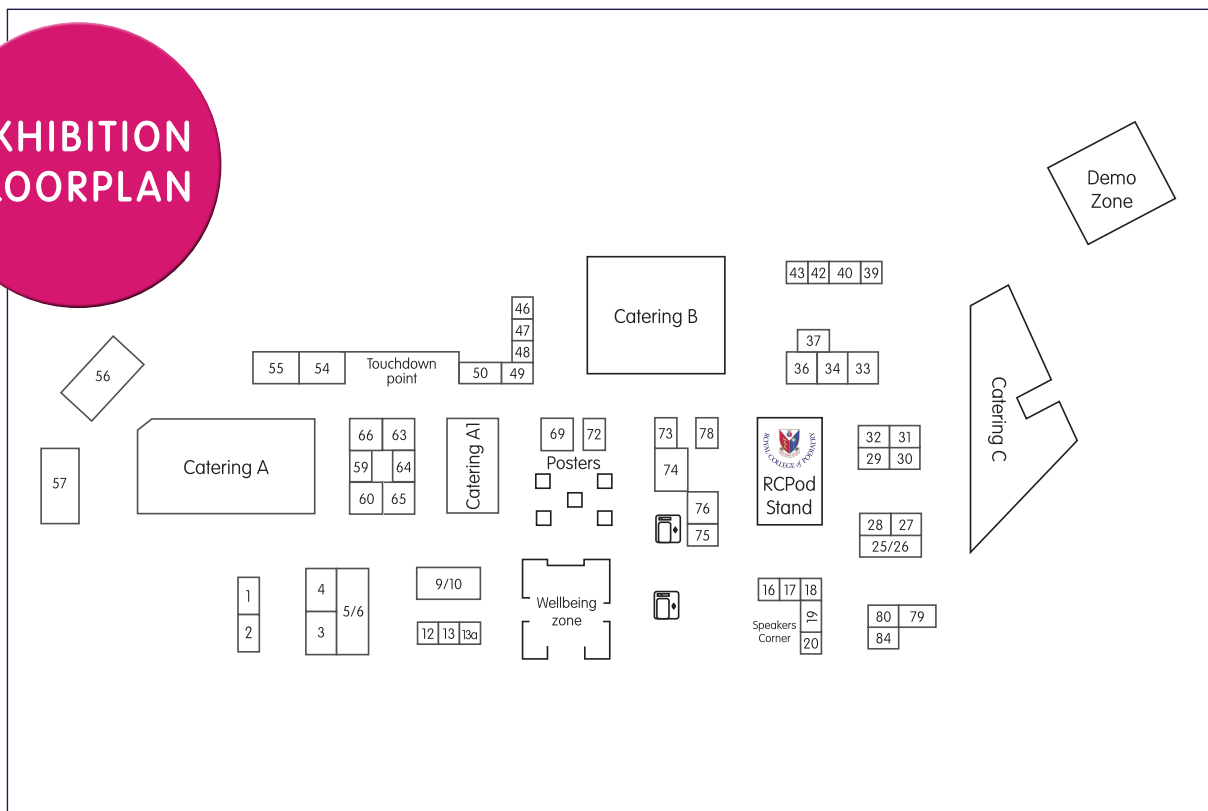
The Royal College of Podiatry, Quartz House
207 Providence Square, Mill Street, London SE1 2EW

in association with



ROYAL COLLEGE
of PODIATRY

EXHIBITION FLOORPLAN



American Board Of Podiatric Medicine International (ABPMi)	29	Firefly Orthoses Ltd	66	University of Plymouth	40
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CHARGING STATIONS THROUGHOUT THE VENUE

STAND 79A & 84 HELP DESK

PODIATRY 2024 EXHIBITOR INFORMATION



ABPMi 29

Join Podiatry's best practitioners the world over with a certification

from the American Board of Podiatric Medicine International! The ABPMi is a professional organization serving Podiatric practitioners worldwide. Certification with ABPMi is a voluntary step undertaken following the completion of physician licensure that demonstrates a high level of professional competence within the field. Certification can provide numerous benefits.



Apex Orthotics 18

Apex is a provider of expert support for clinicians seeking to prescribe orthotics. Focusing on optimizing patient care, Apex offers comprehensive resources, product recommendations, and personalized guidance to ensure the best orthotic solutions. Our team empowers healthcare professionals to confidently prescribe custom orthotics tailored to each patient's unique needs.



Additive-X 80

Additive-X are Additive - experts! Proud to offer leading

3D printing technology solutions, carefully selected to deliver real benefits, serving our business customers across a wide range of sectors. We are made up of solution-focused individuals, committed to providing great customer service and technical support. Offering impartial advice by working with a range of technologies and brands, we want to help you get the right solution for your application.



Bailey Instruments Limited 33

For over 30 years, Bailey Instruments has been a trusted name in manufacturing and distributing premium podiatry supplies. We offer an extensive range of high-quality reusable and single-use instruments, designed to meet the evolving needs of podiatrists and foot healthcare professionals. Single-use instruments are revolutionizing medical practices by providing an efficient, cost-effective solution that simplifies compliance.



Algeos 03&27

Algeos is a UK leader in podiatry and orthotic therapy,

providing healthcare professionals with innovative products and technologies that enhance patient outcomes. Based in Liverpool and with a global reach, Algeos is committed to quality, education, and strong industry partnerships that bolster the sector and support practitioners in delivering exceptional care.



Biocomposites 63

Biocomposites is an international medical device company that engineers, manufactures and markets world leading products for use in infection management in bone and soft tissue. Based in Keele, UK, it has global operations across Europe, USA, Canada, China and India. Biocomposites is a world leader in the development of innovative calcium compounds for surgical use. Its products target a broad spectrum of infection risks across a variety of specialities.



AOTI Ltd 74

AOTI is committed to enhancing access to care, improving

quality of life, and advancing health equity. Our regional partner G&N focuses on driving better wound health with advanced solutions to improve patient outcomes.



Birmingham Orthotic Services 19

Established by four experienced technicians with a passion for quality and innovation, Birmingham Orthotic Services helps people get back on their feet. We recognize that clinical accuracy and patient compliance is key to effective orthotic management. We offer a tailored orthotic service for practitioners and their client's needs.

SHARE
YOUR
EXPERIENCE AT
PODIATRY
2024

FOR ALL YOUR CONFERENCE
POSTS ACROSS SOCIAL CHANNELS

#PODIATRY2024

PODIATRY 2024 EXHIBITOR INFORMATION



Bucanan Orthotics

Bucanan Orthotics Ltd **00**

Bucanan Orthotics is proud to offer a comprehensive range of insole solutions, building on our commitment to foot health for over 60 years. The company has evolved into to a UK-wide leader in orthotic solutions. Today, this heritage translates into a unique blend of traditional craftsmanship and cutting-edge technology offering a range of high end prefabricated and Custom Insoles.



Canonbury **09&10**

Canonbury offers the largest foot care stock holding in the UK, with products sourced from leading manufacturers worldwide to ensure the highest quality and value. With four decades of expertise, Canonbury has become a trusted partner in the podiatry community and continues to support podiatrists and foot health professionals to advance podiatry in the UK and beyond.



Celtic SMR Healthcare **28**

Celtic SMR Ltd have been supplying diagnostic and therapeutic equipment to the UK and Ireland for 40+ years. We pride ourselves on developing strong, lasting relationships with our customers and are committed to providing excellent customer service, training and support. Our equipment portfolio includes the latest technology from leading manufacturers.



Cosyfeet **39**

The original extra wide, extra deep, extra roomy footwear company. We believe that swollen feet should have the most comfortable, stylish footwear possible. Visit our stand to see our latest developments and find out more about our free resources to make recommending our products to your patients easy.



CT Medical **01**

As the authorised UK distributor for EMS Swiss DolorClast products, CT Medical Sales Ltd has provided clinical teams with high-quality, innovative shockwave therapy solutions for over a decade. Our experienced team is here to provide comprehensive product training and a fantastic experience every step of the way. We're committed to revolutionising patient care.'



Cuxson Gerrard & Co. Ltd **05&06**

Cuxson Gerrard's Hapla brand has developed a comprehensive range of specialist paddings, strappings and tapes to ensure that the clinician can treat a variety of foot and lower limb complaints where pressure reduction/offloading, absorption of shock energy/cushioning, reduction of shearing stresses and joint function alteration are required.



Dermapod **16**

Dermapod is part of a family run business that has a simple principle – providing innovative products that make a positive, beneficial difference to the patient's quality of life. Our two primary products are Restorate 25% Urea spray – ideal for patients that don't like applying creams or have limited mobility and find it difficult to apply creams themselves. Effigerm Hypochlorous Acid – a CE class 2a medical device. Dermapod – here to make a difference.



Dermatronics **46**

Come and test our new Warming Cream for patients with cold winter feet, and our 30% and 40% Urea sprays for patients with hard to reach feet. Dermatronics offer evidence based best practice, innovative natural ingredients and vegan options in highly attractive packaging. We offer solutions

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#PODIATRY 2024

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PODIATRY 2024 EXHIBITOR INFORMATION

for Warts, Discoloured nails, and hot smelly feet as well as our Drug Tariff products. Our Sensi Pedi range offers a new income stream for your business.



DLT Podiatry 56&57

DLT Podiatry are the UK's leading supplier of Podiatry sundries, retail products and equipment. Featuring premium brands from Archies, Drs Remedy, Thought socks, Ureka and Podopro's phenol Swab-it. Quality equipment by Berchtold, MDS/Yeson, Bentlon and Lemi available from stock. Ask our knowledgeable team about our competitive bundle deals. Products on sale to take away.



Dunelm Pharmaceuticals Ltd 20

Dunelm Pharmaceuticals Limited registered in the UK in 2009 and focuses upon the supply of unlicensed medicines and medical devices. Significant amongst these are poisons antidotes and products which meet the clinical needs of special populations, including supplies of the Class IIa Medical Device Hydrozid® (which may only be supplied to Health Care Professionals). Come and see us at Podiatry 2024 and hear about Hydrozid®



Swift by emblation 36

Swift Microwave Therapy Swift is the revolutionary treatment for skin, harnessing the power of microwave energy to bring fast and effective solutions for even the most difficult cases. Having supported the UK Podiatry industry for more than a decade, we're delighted to deliver two exciting sessions at this year's conference showcasing the future of microwave technology.



Emtrix (Advantice Health) 59

Advantice Health, the owners of the Emtrix brand are delighted, once again, to attend the Royal College of Podiatry Conference in 2024. In addition to supporting the profession by focussing and working exclusively with footcare professionals here in the UK, we are also actively involved in

research to develop and manufacture the next generation of effective footcare products. Emtrix is a valuable option for podiatrists when treating patients.



Erchonia Laser Ltd 76

Erchonia Lasers is a global leaders in non-thermal laser non-invasive technology. With over two decades of experience and a strong commitment to scientific research, Erchonia has consistently pioneered advancements in various medical fields, including podiatry. With a strong commitment to research and development, Erchonia continuously pushes the boundaries. Our 22 US FDA market clearances all come from gold standard level one (510K) clinical research.



Espère Healthcare Ltd 49

New Clinical Data Confirms Verrutop as a First-Line Treatment for Verrucae. Come along to the Espère Healthcare stand to see 2 new Verruca-based studies confirming the efficacy witnessed in over 4 years of clinical practice. While you are there, ask us about our Dermatological Currettes and how they are changing the management of both verrucae and corns.



Essity UK Ltd 30

Essity is a global, leading hygiene and health company. Every day, our products, solutions and services are used by a billion people around the world. Our purpose is to break barriers to well-being for the benefit of consumers, patients, caregivers, customers and society. Present in approx. 150 countries under leading global brands TENA, JOBST, Cutimed and Leukoplast.



Firefly Orthoses Ltd 66

We are the UK & Ireland's leading provider of premium custom-made foot orthoses. Firefly's customer and technical support, coupled with industry-leading products sets us apart. SAOR is our 3D-printed, plant-based range of orthoses. They are lighter and stronger than traditional devices, with a finer range of flexibility and increased durability.

PODIATRY 2024 EXHIBITOR INFORMATION



Fit4U/Foothealth UK 60

Foothealth are a respected supplier of Orthotic devices serving practitioners across the UK & Ireland. Creators of the revolutionary Fit4U in clinic printing. Enabling practitioners to reduce overheads of

prescription orthotics by up to 75%, reduce carbon footprint & be in control of production time for their devices. Visit our stand to see this very latest technology.



Formthotics 42

A pioneer and world leader in the design and manufacture of prefabricated orthotics, Formthotics™ help people lead active and pain-free lives. Manufactured in New Zealand and backed by 4 decades of research and development, Formthotics are proven to prevent injuries and falls, treat lower limb and back pain, and provide a greater level of comfort and enhanced performance.



Gait and Motion Technology Ltd 69

Gait and Motion Technology Ltd offer cutting edge biomechanics solutions for Private Healthcare, Education, Research, NHS and Elite Sport. This includes Footscan, the first and only gait analysis system to be 'Professionally Approved' by the Royal College of Podiatry and the award-winning Phits 3D printed orthoses, the choice of champions!



Heine Optotechnik 75

Quality made in Germany
We live and breathe quality.

In everything we do. Every product we make. Every lens we polish. Every screw we tighten. Every optic fiber we bundle. Always. Every day. The durability of our primary diagnostic instruments is legendary. Every single instrument is the result of decades of product development, continuous improvements and production.



Joya, OrthoFeet® & ShoeMed 25&26



More than just shoes!

Golden Concept, distributor of Joya and OrthoFeet shoes, focuses on providing footwear designed for maximum comfort and support. ShoeMed offers bookable shoe fittings and accepts referrals from medical professionals. Together, they

offer a complete solution for comfort footwear, from wholesale partnerships to personalised referrals and one-to-one fittings.



Legs Matter 12

The Legs Matter coalition is working together to increase awareness, understanding and prevent harm for lower leg and foot conditions.



medi® 43

medi® offers a comprehensive range of compression therapy and orthopaedic foot supports for everyday conditions, enabling supported self-care. We are proud to develop innovations for a better quality of life and are committed to investing in technology to simplify everyday solutions. Visit us on stand for an introduction. We look forward to meeting you!



MELAG Medizintechnik GmbH & Co. KG 17

From a 2-man start-up to the world market leader in practice hygiene: Since 1951, the owner-managed family company MELAG has ensured the highest level of patient and instrument protection - with passion, innovative strength and attention to detail. MELAG wants to systematically coordinate the entire reprocessing process - making complicated things uncomplicated.



Myfootcaresupplies 48

C&P Medical Trading Ltd is a wholesaler, who have been supplying medical products since 1998- we buy in bulk, branded disposable medical products and sell them to smaller wholesalers and also directly to podiatrists and chiropodists. This keeps our prices very competitive.

PODIATRY 2024 EXHIBITOR INFORMATION



PediStick Ltd 47

PediStick is being launched at this year's 2024 RCPod conference. Developers at PediStick identified a struggle majority of patients suffer with when bending down to apply cream to their feet. PediStick has been designed and tested by podiatrists, its unique applicator on a lightweight handle helps any individual apply cream to their feet without having to bend down.



PODIATECH
MEDICAL FOOT SOLUTIONS

Podiatech 02

At PODIATECH, we strive to provide innovative and effective products to deliver the highest standard of care to your patients. Through our partnerships with podiatrists, we have created product ranges that are tailored to address a wide range of pathologies, so you can be confident in providing the best treatment possible to your patients.



Practice Plus Group Hospitals Ltd 37

At Practice Plus Group, we have dedicated healthcare teams working in over 50 prisons and immigration removal centres across the country who are passionate about helping socially excluded groups, with traditionally very poor outcomes, to develop lasting, positive health and wellbeing. We're always working on new ideas and models of care which enhance the quality of care patients receive in prison. Join us and unlock your best work life + make a difference to every life.



Raise Healthcare 32

Raise Healthcare is a UK based Specialist Medical Device Distributor providing high quality solutions to the healthcare industry. We are the proud, exclusive supplier of NATROX O2® which promotes active wound healing. We are a progressive Company, who place value on strong customer relations. Based upon the core principles of delivering the highest quality products; proven by strong clinical evidence.



Royal College of Podiatry

The Royal College of Podiatry is the professional body and trade union for podiatrists in the United Kingdom. It provides a range of membership services to podiatrists throughout the UK and internationally, including education, professional practice guidance, employment support and malpractice insurance (UK only).



RUCK UK 04

Feet move us. Step into a new era of podiatry! Discover the RUCK UK Online Store and join many UK podiatrists experiencing unrivalled quality, expert knowledge, and innovative solutions. Visit us on stand 4 to explore how we can support your podiatry needs. Let's shape the future of the industry together! We can't wait to meet/see you. Your RUCK Team hellmut-ruck.uk



Schein Orthopädie Service KG 55

A family company based in Remscheid Germany, we are deeply committed to the production of top-quality foot supports and shoes. As an owner-managed family business, our name has stood for quality orthopaedic products and mobility aids for more than 140 years. Our passion for orthopaedics and craftsmanship has been inherited throughout generations.

FOR ALL YOUR
CONFERENCE POSTS
ACROSS SOCIAL MEDIA
CHANNELS

#PODIATRY 2024

PODIATRY 2024 EXHIBITOR INFORMATION



SKCIN 13

Skcin – is the UK's only skin cancer charity totally dedicated to promoting education, awareness and early detection and sun safety – it was established in 2006, born out of the sad loss of a loved one to melanoma. The charity focuses on the prevention and early detection as up to 90% of skin cancers are preventable and with skin cancer now affecting 1 in 4 males and 1 in 5 females there needs to be focus on education to combat the rising statistics and mitigate the burden of cost to the NHS.



SOCKSHOP 50

IOMI Footnurse® Socks made to care. IOMI is a range of specialised healthcare socks that help manage symptoms that affect your legs and feet. IOMI Cushion Foot Diabetic socks are specially designed to manage the symptoms of diabetes and help prevent cuts, sores and infection.



SurgiSol 65

SurgiSol started off as a specialist dermatology UK distributor for HEINE dermatoscopes, the product portfolio is on the increase. Offering a range of diagnostic equipment, including ophthalmoscopes and otoscopes; electrosurgical units and cautery devices, as well as the new Clinisept product, which is a game-changer for pre- and post-op procedures.

Visit the College Stand

Don't miss out on your opportunity to visit the RCPod stand this year. Featuring Arch Support, Private Practice Networks and The Podiatrist, with lots of great give-aways and time to engage with RCPod staff regarding membership, events and courses.



Swann Morton Limited 72

Manufacturing from their Sheffield home since 1932, Swann-Morton have become a world leader in the production of quality surgical blades, scalpels and handles. They are the preferred choice of health care professionals across a wide range of disciplines, including Podiatry, delivering precision, consistency and reliability to the end user. A wide and varied range of products provide the practitioner with a choice of tools for each treatment stream enabling them to optimise their patient outcomes and satisfaction.



TalarMade Ltd 54

TalarMade are a UK based company located in Chesterfield Derbyshire. The Limited company is owned and managed by professionals from the fields of Orthotics, Podiatry, Rehabilitation and Physical Therapy. With over 30 years market experience and using their extensive professional knowledge the team have worked diligently to create a leading product portfolio. TalarMade are committed to product research and development whilst having a focused approach



The Point of Care Foundation 84

The Point of Care Foundation is a registered charity with a mission to humanise health and care. We do this by supporting organisations in transforming their cultures by putting the experiences of staff and patients at the heart of their work.



Tinexyl PRO 79

Tinexyl PRO is a breakthrough solution for toenail pathologies. Innovation in nail health. A next-generation product and the first ever conditioning treatment for toenails. Our proprietary water-based formula containing advanced TXYL® polymer technology improves structure and strength, restores barrier function and resilience. For healthier looking and feeling nails.



The Podiatrist

PODIATRY 2024 EXHIBITOR INFORMATION



Trycare 31

Since 1996 Trycare has been supplying high quality products to health professionals in the UK. Based in Bradford Trycare is an independent dealer with over 28,000 dental and chiropody products supplying thousands of dentists and podiatrists across the UK.



XFeet 34

XFeet is a company dedicated to enhancing podiatrists' performance. The company focuses on offering high-quality products that combine design, ergonomics, and sustainability. It was founded by two brothers united by the idea of reshaping the future of podiatry. They believe in creating a sense of community and guiding podiatrists to adapt precisely to their needs.



University of Plymouth 40

Developed and delivered by the University of Plymouth, the Podiatry BSc (Hons) and MSc (pre-registration) Degree Apprenticeships provide alternative routes into the profession. Apprentices access world class podiatry education; work-based learning and theory delivery using e-learning technology that results in highly competent podiatrists. Available to NHS and independent podiatry providers.



Xurea® Foot Balm 64

Ortho-Med (Supplies) was established in the UK in 1992. Originally providing insoles for plantar fasciitis and insoles for foot pain relief we have continued to supply to many NHS Hospitals. Recently, the company launched Xurea Foot Balm - a vegan friendly, preservative free, lanolin free, paraffin free and fragrance free, urea and glycerin based cream. Made in the UK this, is the flagship product for the company as it looks to continue to provide innovative products to Podiatrists and Foot Healthcare specialists.

VBS Medical Ltd (K-Laser UK) 78



Developed and delivered by the University of Plymouth, the Podiatry BSc (Hons) and MSc (pre-registration) Degree Apprenticeships provide alternative routes into the profession. Apprentices access world class podiatry education; work-based learning and theory delivery using e-learning technology that results in highly competent podiatrists. Available to NHS and independent podiatry providers.



Vernacare 73

Vernacare are a healthcare manufacturer, based in the UK supplying to infection prevention, clinical waste management, and surgical solutions to healthcare facilities and distributors across the globe. With a key mission to prevent healthcare-associated infections, all Vernacare's products are designed with breaking the chain of infection in mind. The Surgical Solutions portfolio has a key focus on Podiatry, manufacturing and supplying a wide range of high quality, single-use instruments and procedure packs and their Instrapac® brand.

FACULTY OF PODIATRIC SURGERY
ANNUAL CONFERENCE

2025

2025

JUNE

12-13

Save the date

- 1 **"I have taken five different kinds of tablets and injections, and I still have foot pain": an international qualitative exploration of foot and ankle disorders in rheumatic and musculoskeletal diseases**
Lara Chapman

- 2 **An investigation into the suitability of skin hydration measurement tools for use on the foot**
Jennifer Andrews

- 3 **When offloading becomes a burden: a scoping review of qualitative studies exploring the experiences of psychological distress among podiatrists and other healthcare professionals**
Silva Cochrane

- 4 **Promoting the Fourth Pillar: Enhancing Research Capability and Capacity Among Podiatrists in NHS Lanarkshire**
Stuart McNeill

- 5 **Novel application of in-vivo Confocal Raman Spectroscopy to examine the composition of the plantar foot skin in age and diabetes**
Jennifer Andrews

- 6 **The Prognosis of Chronic Limb-Threatening Ischemia in Patients Following Kidney Transplant: A Systematic Review**
Farrugia Schembri

- 7 **Menopause and Plantar heel pain: A PPI and co-production journey**
Douglas-Harris

- 8 **Diabetic Foot Emergency Early Triage Service (DFEET)**
Morgan Jones

- 9 **An investigation of the suitability of low-cost skin hydration measurement tools for the use on the foot skin**
Aoibheann Holmes

- 10 **Foot morphological variations between different ethnicities and sex: a systematic review**
Roshan Raymond

- 11 **Treatments following lesser toe amputations in patients with Diabetes Mellitus**
Abigail Dagg

- 12 **Is the National Early Warning Score a Reliable Tool for Identifying Patients at Risk of Sepsis during a Diabetic Foot Infection**
Beth Lillico

- 13 **Mapping current provision of custom foot orthoses by podiatrists in the United Kingdom. A feasibility study**
Emily Leach

- 14 **The lived experiences and challenges faced by homeless adults in accessing adequate foot care services: A interpretative phenomenological study engaging with the poorest and most vulnerable members of society**
Joanna Bower

- 15 **To determine the impact of a group circuits class on patient reported outcomes for individuals with foot and ankle conditions – a pilot study**
Gabrielle Conroy

- 16 **Use of a Remote Thermovisual Monitoring System in High-Risk Patients: A Pilot Study**
Ellen Kirwan

- 17 **Updating in response to the Covid19 pandemic the caseload prioritisation tool used to support triage service within a rheumatology based podiatry service**
Robert Field

PODIATRY 2024 POSTER LISTINGS

- | | |
|----|---|
| 18 | Early access to virtual resources for the self management of plantar fasciitis: A proof of concept and feasibility study
Kerry Nyland |
| 19 | Dermatological Practice in UK Podiatry: A 2024 Snapshot
Sarah Bradshaw |
| 20 | Case Study: Fissuring of Hyperkeratosis under Medial Longitudinal Arch During Stance Phase of Gait
Vivien Honeyborne-Martins |
| 21 | Opening the door to clinical research: a podiatrist's experience of taking an active role in clinical research for the first time
Lucy Malone |
| 22 | Developing a joint Podiatry, Vascular limb salvage clinic in the middle of a pandemic
Adam Fox |
| 23 | Round one of the NIHR undergraduate internship program; New graduate podiatrist's reflection on an eight-week clinical academic placement across Leeds institutes
Lucy Beaumont |
| 24 | Saving Lives and Limbs in Salford
Pamela Smith |

PODIATRY 2024 NOTES

A large area of the page is filled with horizontal dotted lines, providing a template for handwritten notes.