## Muscle Groups Focus



## Suspension Trainer 1900930

The Suspension Trainer, with a 6' -2.80 " column and $3^{\prime}-0.61$ " ropes, supports diverseworkoutsfromstrength to flexibility. Suitableforall fitnesslevels, it'skeyforcore, balance, and endurance enhancement.


## Attributes

Product code
Certificate
1-7-229
EN 16630, ASTM F3101
Age group
14 + years
1 person
Max. weight load
286.60 lbs

Type
Cross Training
Difficulty level
Easy

## Side View



## Plan View



## Installation information

Number of installers (concrete) Total installation time (concrete) Number of installers (equipment) Total installation time (equipment) Excavation volume Concrete volume
Size of the base structure Anchoring options

Technical specification
Safety surfice area
Net weight
Material
Critic fall height
Color options
For more color options, discuss with your sales representative.

Warranty
Around 4.92 ft radius
49 lbs
Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

25 years
15 years
2 years
5-10 years
1-3 years
2 years

## Material specification




The element is made of high quality S 235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity


Steel ropes with a $0.63^{\prime \prime}$ di ameter, galvanized and sheathed in nylon, are joined using connectors made of plastic. These ropes are UV radiation, ab rasion, and rot-resistant


The clamp system at lows for easy assemb-


The ments connecting ments are fastened with steel screws and nuts.


The ends of the bars and posts are sealed with injec-tion-moulded plastic caps.

