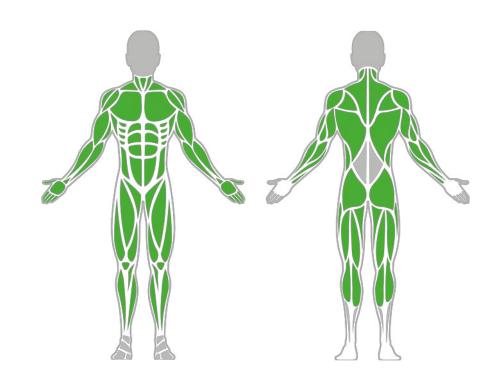


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## **Muscle Groups Focus**





#### Suspension Trainer 1900 930

The Suspension Trainer, with a 6' - 2.80" column and 3' - 0.61" ropes, supports diverse work outs from strength to flexibility. Suitable for allfitness levels, it's key for core, balance, and endurance enhancement.

#### **Attributes**

Product code Certificate

Age group

Capacity

Max. weight load

Туре

Difficulty level

1-1-229

EN 16630, ASTM F3101

14 + years

1 person 286.60 lbs

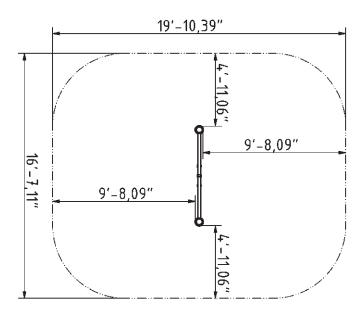
**Cross Training** 

Easy

## **Side View**

# 6'-2,80" <u>4'-0,84"</u> <u>7'-0,84"</u> <u>1'-0,86"</u>

## Plan View



#### Installation information

Number of installers (concrete)
Total installation time (concrete)
Number of installers (equipment)
Total installation time (equipment)
Excavation volume
Concrete volume
Size of the base structure
Anchoring options
In-g
In combined structures, the volume of concrete required varies.

At least 2 people 45-90 min. At least 2 people 20-30 min. 14.13 ft<sup>3</sup> 14.13 ft<sup>3</sup> 2pc 19.69 x 19.69 x 31.5" In-ground or surface

#### **Technical specification**

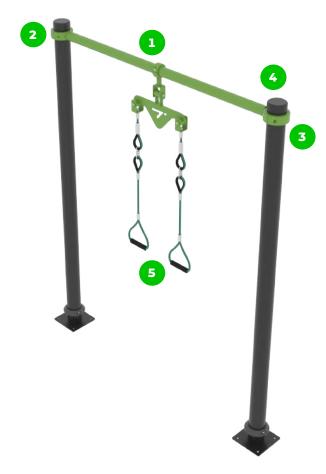
For more color options, discuss with your sales representative.

#### Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

25 years 15 years 2 years 5-10 years 1-3 years 2 years

# Material specification





high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!





Steel ropes with a 0.63" diameter, galvanized and sheathed in nylon, are joined using connectors made of plastic. These ropes are UV radiation, abrasion, and rot-resistant.



The clamp system allows for easy assembly and extreme stability.



The connecting ments are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.







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