



MBIMB

MARCH - APRIL 2026 NEWSLETTER

Building Safer Futures Together

Annemarie Mostert:

Connecting The
World to Protect
It's Children



Building
Awareness



Strengthening
Communities



Creating a Safer
Tomorrow



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Page 22 The Gift Every Child Deserves



Well, it has been another amazing couple of months with our wonderful MBIMB worldwide family. All around the world, amazing people are stepping forward — teachers, parents, community leaders, ambassadors, and volunteers — each playing their part in helping children feel safe, confident, and heard. From classrooms to community halls, from small local groups to global partnerships, this movement continues to grow because of people who truly care.

And now, we have a powerful opportunity to come together.

On 6th June 2026, we will celebrate MBIMB Global Day,

a day where voices unite across countries, cultures, and communities with one shared purpose: to protect children through awareness, education, and simple, life-changing conversations.

This is our moment to make a noise.

A meaningful noise.

A global noise.

*Because the more we talk, the more we share, the more we reach,
the more children we can protect.*

*Whether it's wearing blue, singing a song, hosting an event, or simply starting a conversation,
every action matters. Every voice matters. You matter.*

*To every ambassador, every supporter, every partner, and every person who has believed in this
mission — thank you. You are helping to build something truly powerful.*

Now, let's take it one step further.

Let's come together and show the world what is possible when people unite for children.

Join us. Be part of something life-changing.

***Together, we are not just raising awareness,
we are building safer futures for children everywhere.***



EDITOR'S NOTE

For every child, everywhere,
Chrissy Sykes
Founder, My Body Is My Body Foundation



Something Big
is Coming! 



MBIMB GLOBAL DAY!

6 JUNE 2026

On 6 June 2026, the world will turn blue for children's safety!
We're launching MBIMB Global Day, a worldwide celebration where families, schools, and communities come together in music, colour, and kindness to help every child grow up safe, strong, and heard.



TAKE PART WHEREVER YOU ARE!

From Blue School Days and sing-alongs to community concerts and family workshops, everyone can take part — wherever they are.



YOUR SUPPORT MAKES A DIFFERENCE

Every pound raised will stay local, supporting schools and families with free My Body Is My Body body-safety resources.



 *Want to get involved or host an event?*

We'd love to hear from you!

 Email us at chrissy@mbimb.org

JOIN THE BLUE CREW MBIMB


-  EMPOWERING CHILDREN & FAMILIES
-  INSPIRING COMMUNITIES
-  MAKING A DIFFERENCE TOGETHER

PROTECTING CHILDREN TODAY,
BUILDING SAFER FUTURES TOGETHER




SCAN TO
DONATE
TODAY!

DONATE NOW

Every donation makes a real difference! 



One Day. One Voice. One World. A safer future for every child. 

INVEST IN SAFER FUTURES

SUPPORT MBIMB GLOBAL DAY



Your investment helps protect children today and empower them for tomorrow.

Every contribution makes a real difference.
Choose the change you would like to make for children..

\$250		ADVOCATE SUPPORTER	Helps put body safety resources into children's hands and start vital conversations early.	
\$500		COMMUNITY CHAMPION	Helps protect 600+ children through MBIMB body safety education in classrooms.	
\$1,000		SAFEGUARDING ALLY	Supports a larger MBIMB print run plus volunteer and educator delivery packs, strengthening local programme rollout.	
\$2,500		EDUCATION PARTNER	Helps fund MBIMB books, lesson plans, and facilitator resources across multiple settings or partner groups.	
\$5,000		CHILD PROTECTION SPONSOR	Supports wider rollout of MBIMB training materials, and multilingual resource distribution reaching diverse communities	
\$10,000		GLOBAL IMPACT SPONSOR	Helps scale regional delivery accessibility work, and major MBIMB resource dissemination in communities	
\$25,000		WORLDWIDE ANGEL SPONSOR	Underwrites broad international dissemination of MBIMB Resources across multiple countries and partner networks maximising global impact.	

TOGETHER, WE CAN CREATE A WORLD WHERE EVERY CHILD IS SAFE, HEARD, AND EMPOWERED.

Join us in making MBIMB Global Day **OUR BIGGEST IMPACT YET!**
One day. One voice. One world.
For every child.



SCAN TO DONATE
www.mbimb.org



south africa



BUILDING BRIDGES FOR CHILDREN, PEACE & GLOBAL CHANGE

On 8 September 2025, the My Body Is My Body Foundation (MBIMB) was delighted to announce PDG Annemarie Mostert as one of our two International Ambassadors of the Year — a recognition celebrating exceptional leadership, service and commitment to children's safety worldwide.

For those who know Annemarie's work, the honour came as no surprise.

Her journey with MBIMB began through a connection made by fellow MBIMB Advisory Board member and Rotarian Nancy Abdelhadi from Egypt. From the moment Annemarie encountered the programme, she immediately recognised the potential of a simple but powerful idea — that teaching children body safety through music, trusted relationships and early prevention could help build not only safer children, but safer communities.

That belief has shaped an extraordinary partnership.

A NATURAL ALLIANCE OF PREVENTION AND PEACE

Annemarie understood instinctively that the My Body Is My Body Programme aligned powerfully with Rotary's commitment to Positive Peace — the belief that peace is not simply the absence of conflict, but the presence of systems and conditions that allow communities to flourish.

It is a philosophy deeply reflected in the work of Rotary Intercountry Committees (ICCs), the international Rotary network first established in 1950 as a practical instrument of reconciliation after war, and today a global force for friendship, humanitarian collaboration and peacebuilding across borders.

Through Annemarie's leadership, MBIMB found a natural home within that vision.

What began as shared values soon grew into practical global partnerships.

Annemarie has been instrumental in helping MBIMB forge significant Memoranda of Understanding through Rotary. Our first was with **Past Rotary International Director Patrick Chisanga** with Zone 22 Africa, followed by Zone 21. We then signed a worldwide MOU with the Rotary Inter Country Committees in London in February 2024, signed by then **Rotary International President Gordon Mcinally**, and then MOU with Rotary Action Group for Girls' Empowerment (RAG4GE) in October 2025.

These agreements were never simply symbolic.

They created pathways for action.

And through those pathways, the programme has reached children in countries and communities we could once only have hoped to serve.



From Left to Right: Annemarie Mostert, Chrissy Sykes, Gordon Mcinally and past president of the ICC, Mohamed Ghammam

TAKING MBIMB AROUND THE WORLD

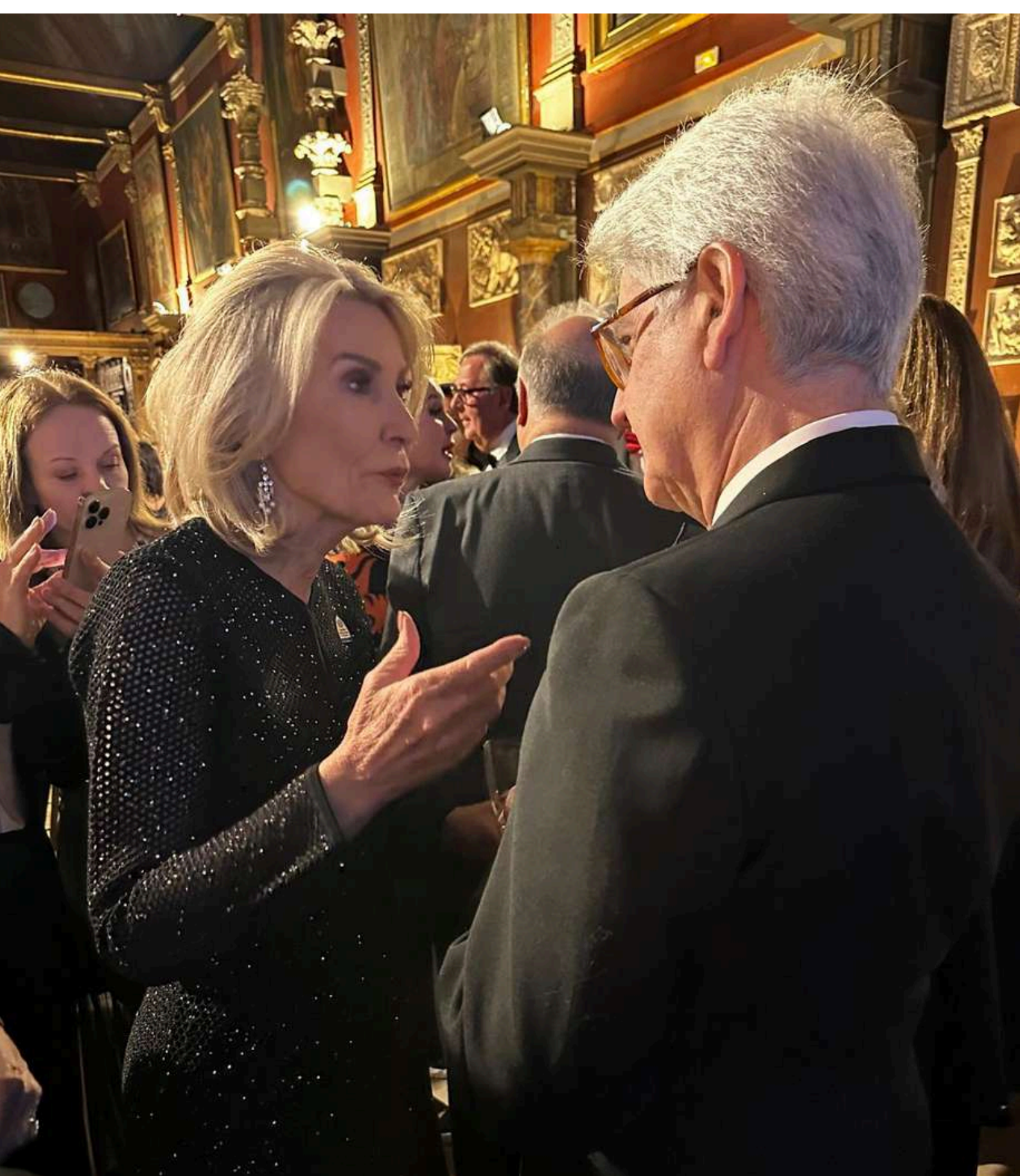
Through her tireless work with Rotary ICCs, alongside James Onions, Annemarie has helped extend MBIMB into the Caribbean, spanning multiple countries and languages including Dutch, Spanish, Haitian Creole, English and French — supported by full programme resources and songs in local languages.

Together their ability to connect people and mobilise partnerships has also helped MBIMB make significant strides into Romania, Moldova, Hungary, Portugal, Kenya, Nigeria and beyond.

Again and again, it has been their persistence, belief and relationship-building that have opened these doors.



Left Annemarie
Mostert and Past
District Governor
James Onions



Annemarie Mostert
met with Rotary
International President
Francesco Arezzo in
Paris. - February 2026

SOUTH AFRICA: PREVENTION IN ACTION

Nowhere is Annemarie's practical leadership more evident than in South Africa.

There, she has been instrumental in helping establish an inspiring Girls' Empowerment team, led by the wonderful Maggie Moruntshi, with more than 40 dedicated ambassadors.

Over the past year alone, this team has delivered the MBIMB Programme in more than 150 schools, reaching over 10,000 children — including vulnerable street children — with vital messages of safety, dignity and empowerment.

THIS IS PREVENTION IN ACTION

And it reflects a truth increasingly recognised worldwide: that child safeguarding is not separate from peacebuilding, but fundamental to it.

Research consistently shows that children who experience abuse are at greater risk of later involvement in violence, while early prevention and supportive environments can help break those cycles. Evidence also tells us that a significant proportion of those in criminal justice systems experienced abuse in childhood. It is one reason MBIMB's work sits so naturally alongside Rotary's peacebuilding goals.

Protecting children helps build safer societies. And Annemarie has championed that message tirelessly.

Annemarie administering a polio vaccine



Maggie Moruntshi (Right),

A LEADER WHO CARRIES THE MESSAGE EVERYWHERE

What makes Annemarie so remarkable is that she does not only represent these ideas in formal roles or at major events.

She carries the message of children's safety everywhere she goes.

- In Rotary meetings.
- In communities.
- In conversations.

She speaks about child protection and empowerment not as a programme to be promoted, but as a shared responsibility.
And people listen.....

Perhaps because they recognise something authentic in her leadership.
She leads with warmth, conviction and action.

She has a rare ability to connect vision with practical outcomes — to inspire, but also to organise, mobilise and deliver. That has defined much of her extraordinary life's work.



Annemarie
Mostert featured
on the Espresso
Morning TV Show
- South Africa!

A LIFE OF SERVICE

A social entrepreneur, philanthropist and lifelong advocate for women, girls and vulnerable communities, Annemarie has spent decades building initiatives that change lives.

As founding member of Sešego Cares, a non-profit organisation in Johannesburg focused on education, orphaned children, women, job training and entrepreneurial development, she has helped serve more than 850,000 individuals.

She is also a co-author of *Inspirational Women@Work*, a contributor alongside some of South Africa's most influential women, and has long combined social impact with business leadership through her role as CEO of Mila Cleaning Services.

Her Rotary service has been equally distinguished.



A former District Governor (D9400), Cadre Member and Technical Adviser for The Rotary Foundation, lead facilitator for Rotary International Assembly, former board member of Rotary Africa magazine, and major donor, Annemarie has devoted nearly three decades to Rotary's ideals.

Recognition has naturally followed.

Annemarie, together with her husband Hans, is a Major Donor, Paul Harris Fellow with 3 rubies, Paul Harris Society member and a Benefactor. In November 2016 she received the Responsible Business Owner award at Rotary International United Nations open day in New York, awarded to 6 Rotarians in the world. Annemarie has also a recipient of Rotary's Service Above Self award.

She received the Chayil International Women of Influence Award in Toronto, and in 2024, she was crowned Overall Winner of the Woman of Stature Awards South Africa, recognized for her extraordinary contributions to education, empowerment and community transformation.

Yet accolades alone do not define Annemarie. Impact does.

A NEW CHAPTER IN GLOBAL LEADERSHIP

Rotary



**InterCountry
Committees**

As President of the ICC Executive Board for 2026–2028, Annemarie Mostert steps into a role of global significance at a pivotal moment. The ICC Strategic Plan, Building Positive Peace Through Global Connections, seeks to transform international relationships into scalable peacebuilding systems through partnership, innovation, inclusion and humanitarian collaboration — a vision deeply aligned with Annemarie’s own leadership.

She has long embodied the ICC belief that peace is built not only through policy, but through people — through trust, connection and shared purpose. Few are better placed to help lead that vision forward.

For MBIMB, Annemarie’s influence has been transformational. Through her introductions, encouragement and unwavering belief in the programme, she has helped us think bigger, reach further and dream wider. She has helped turn a grassroots prevention initiative into a growing international movement, always with humility, generosity and steadfast commitment.

I have often said some people are bridges.

Annemarie Mostert is one of them.

She has helped bridge countries and cultures, Rotary and safeguarding, vision and action — and through those bridges, children around the world are safer.

At the My Body Is My Body Foundation, we are proud to recognise Annemarie not only as a treasured Advisory Board member, but as a woman whose leadership shows what is possible when prevention, partnership and peace come together.

Her story is one of courage, service and belief — belief that every child deserves safety, that communities can be strengthened through prevention, and that when people work together across borders, safer futures can be built.

Through the power of Rotary, through the power of partnership, and through extraordinary women like Annemarie Mostert, that future is already being built.



Honoured by Royalty in 2025
Annemarie and Hans Mostert Receive Nigerian Titles

LIMPOPO

14TH ANNIVERSARY BREAD OF LIFE CHURCH

POLOKWANE, SOUTH AFRICA

The My Body Is My Body Programme has been successfully introduced into Bread of Life Church in Polokwane, Limpopo, under the leadership of Pastor Rose Papola.

We would like to recognise the wonderful work of Maggie Moruntshi and Pastor Rose Papola, whose passion and commitment to children's safety are helping to make a real difference within their community..



This connection was especially meaningful as the church recently celebrated its 14th anniversary — a milestone that reflects years of dedication, service, and community impact.

What is truly inspiring is that MBIMB is not just a one-off initiative. It has now become part of the church's ongoing mission and daily outreach, helping to gently introduce children to important messages around body safety, confidence, and speaking up.

In a safe and supportive environment, children are learning:

- That their body belongs to them
- To recognise uncomfortable feelings
- Who they can talk to if they have a problem

This is what safeguarding looks like in action — community-led, trusted, and focused on prevention.

A heartfelt thank you to Maggie Moruntshi, Pastor Rose Papola, and the Bread of Life Church community for embracing this work and helping to build safer futures for children.



Left Maggie Moruntshi
Right Pastor Rose Papola



LIMPOPO



We are delighted to highlight the Girls Empowerment Programme in Polokwane , taking place every Friday under the inspiring leadership of Pastor Rose Papola. Working alongside dedicated MBIMB Ambassadors Zama, Nyiko, and Monalisa, this team is creating a safe and supportive space where young children can learn, grow, and build confidence. Through their commitment and consistency, they are helping to share important body safety messages and empower girls to understand their worth, recognise uncomfortable feelings, and know who to turn to for support. This is fantastic work, and a wonderful example of how passionate individuals can make a real and lasting difference within their community.





Community streetwise helping Children in Limpopo Polokwane to stay focused on the street with Ambassador Zama Buthelezi



My Body is My Body song empowering the local ECD centre in Limpopo Polokwane Community with Zama Buthelezi





canada

MBiMB

**“THE GIFT EVERY
CHILD DESERVES”**

**HOW ONE GRANDMOTHER
USED MY BODY IS MY BODY
TO HELP PROTECT HER
GRANDDAUGHTER**

By: Debbie Vaughan



A heartfelt story from a Canadian grandmother on discovering a free child safety programme that deepened family bonds and built confidence her granddaughter

By: Debbie Vaughan

I don't usually write reviews, but when I found the programme called My Body is My Body, I realised that this is something so wonderful, informative, lifesaving and such an essential gift to all parents of children, I feel compelled to share it with you.

I want to share with you an online programme I have found, which teaches you, as the parent, to totally keep your child safe in the future. I have never seen such an easy, simple, yet totally effective programme like this before, and no child should grow up, without being taught these life saving tools to keep safe.

(Before you immediately think, as I did, that this is going to cost a lot of money - it is 100% free !!! Yes, you read that correctly, completely and totally free!) Where in the world today can one find something 100% essential to parents and not have to pay for it. If this were not free, I could see it being advertised with the saying " What price would you pay for your child's safety?" This is truly a gift to the world. Oh. I could write pages and pages singing its praises, and how amazing this is, but let me explain what I'm talking about!



About Me

I myself have two grown children. I so wish I had had this easy tool to use for my children and their friends. How easy it would have been to teach them these valuable lessons using this programme. Until now, parents have had to muddle through, trying to teach safety to their children in their own words, but this is like being given a gift which says "this is exactly how to do it" .

I do have a five year old granddaughter LJ, and after showing her parents this programme, they were delighted and amazed that such a thing existed! Not only did they want to show their friends who are parents too, but they want to show LJ's teacher too, as many schools and clubs are using this to empower their children. I asked them if I can be the one showing LJ as I knew I would enjoy this as much as her! Any parent, relative, teacher or coach can easily teach this to children, and it shows you exactly how to present it and teach it to children. I know you are thinking, well how do I find this program, what do I do and where do I start? I can explain exactly what to do. The actual website explains everything simply and comprehensively.

Before I started, I realized that by teaching my grandchild the MBIMB programme, I would then be giving LJ the following things in life - How to recognize signs of maltreatment and the types of abuse, how to recognise danger, how to speak up, what words to say, how to respect her own body, what boundaries mean, how to never have secrets, who to trust in this world, how to stay safe, and many more things. I would be giving her a future free of any abuse. I would be teaching her joy, confidence, empowerment, self pride and boundaries.



Let's talk about feelings

Do you know we all have the same types of feelings?



Sometimes we are happy



Sometimes we are sad



Sometimes we are angry



Sometimes we are silly



Sometimes we are worried

Creating Our Cosy Learning Corner



It showed me the lesson plans, the courses, the easy workbooks one can use, videos, and even flyers. It showed me how to plan the sessions. It even shows one how to speak to one's child, and the emphasis is on fun and creativity and a safe special close time together with one's child. As I am the grandmother, I involved LJ's parents too, so that all of us together told LJ that I have a fun story to share with her. She loved getting cosy, in our special place with hot chocolate and cookies. Her smile was bright with anticipation.

I urge you to familiarize yourself with the comprehensive website beforehand. I learned that there are six tutorials on the website, each with different fun songs and different lessons. So, with LJ and I being comfortable, we started by just chatting about the subject. I was grateful that the website had taught me how to discuss with one's child about her body. LJ listened intently and spoke up about her body and body parts, and she told me she knew about "stranger danger", and I told her about boundaries in simple terms. I decided to keep the lesson short but because LJ was enjoying our cosy chats, she didn't want them to stop! She was thrilled when I showed her that there were really fun workbooks to watch on the computer and she couldn't wait to see the cartoons. I told her also, that abuse can happen anywhere. I could see her sense of pride and empowerment as she took in this knowledge and her new confidence felt palpable. I love how the whole programme is full of colourful videos, words, and songs emphasising kindness which my grand daughter loved and appreciated. I could also see that she loved the attention and the fact that she was being loved and looked after.



LJ would come to me every afternoon or sometimes every few days, and each time I would teach her something new, in this fun and easy to understand way. For example, with the seemingly complicated issue of consent, the programme teaches the parent exactly how to tell the child, so that the child fully understands. LJ absolutely loved the fun videos and songs which are so colourful and full of life. In fact, one day she was jumping on the trampoline in the garden happily singing the songs and telling her little friend about them.

On the website, I would click on the animated songs and stories and LJ watched them intently and she asked to see them over and over, in fact, she started to click on them herself ! The little characters in the video clips are so cute with lovely little voices. LJ truly related to them. LJ learned to say no to secrets and the songs are so catchy and repetitive. LJ 's mum said she saw LJ later playing with her dolls, saying " don't bully me " and " I'm going to tell someone."

The programme is so clever and I could teach LJ the very catchy phrases , "if it don't feel right - don't do it" , and also " it's my body no one has the right to hurt me" . The fun, animated, catchy songs were loved by LJ and she really listened to me as I told her other important facts. I talk to her in a way that it didn't come across as a lesson. In my own words and using the programme, I told her that if anyone hurts her, to be brave and not afraid to always tell someone. Always tell someone, either parents, teachers or coaches and keep telling them until someone listens. I told her about love and how hurting someone is not love, and what love is. The programme taught me how to teach her all these things .She enjoyed question and answer sessions, with me asking her what if, for example, a stranger tries to take you home or someone tries to touch you, and she had very good answers.

Thank you My Body is My Body

She did not need to know any in-depth knowledge of abuse, and this is why the programme keeps it simple, understandable and age related. Part of the programme is a digital discussion to keep children safe online but because of LJ's age, I decided to keep that lesson for when she is older. I love that LJ experienced such joy when doing the sessions, I could see the fun she was having, clapping her hands to the songs, singing, dancing and laughing, and I also felt so wonderful to be keeping my grandchild safe for the future

These sessions with my grand child made the bond between us even stronger. Just by showing her and teaching her this programme, I saw, before my own eyes, her confidence grow. Her self-esteem, her happiness with her new feeling of empowerment. I feel strongly that now she has a safe blanket of protection around her always. I feel so strongly that I have saved LJ, my grandchild from any harm, abuse or maltreatment. What better gift can one give to a child? I honestly think this protects a child from any future harm and gives them so much peace, strength, happiness and confidence.

I can't say strongly enough how much I recommend that every single child on this earth be taught My Body is My Body. I strongly urge you to please give your child, grandchild or your student, this gift. This is the very best way to save a child from future harm.

Let us protect the child's innocence and create a safe world for children, teaching them to recognize danger signs and to know what to do. It is totally safe and appropriate.

There are too many to mention, but you will see on the site, glowing reports and reviews from Human Resources, Worldwide child protection services, Goodwill ambassadors and dozens more organisations from all over the world. Every child on the Earth needs to be taught this program and the website can be translated to any language on earth. This has been one of the most rewarding things I've done in my life. To be able to keep my granddaughter safe for life.

I urge every parent to give this protection to your child.
Every child on earth has the right to feel safe and respect

Thank you My Body is My Body !!!

Debbie Vaughan

do you want to

MAKE A REAL DIFFERENCE?



BECOME A MY BODY IS MY BODY AMBASSADOR!



PROTECT CHILDREN. EMPOWER COMMUNITIES. BE THE CHANGE.



My Body Is My Body is a **free, musical** body safety programme that helps children learn how to protect themselves from abuse in a fun, age-appropriate way — and we need people like **YOU** to help share it.

WHY BECOME AN MBIMB AMBASSADOR?



Share our animated musical programme with children aged 3–10



Host awareness sessions for parents and caregivers



Use social media to spread life-saving information



Help teens share body safety messages with their younger siblings



Inspire others through photos, videos, and stories from your community



This is not just volunteering. It's a movement

No child should suffer in silence. As an MBIMB Ambassador, you will be helping to break cycles of abuse and open channels of communication to build a safer world — one child, one family, one community at a time.



Safeguarding First

All Ambassadors agree to uphold our strict safeguarding policies.

Presentations must be done through recognised schools, NGOs, or approved community organisations.

We are here to support and guide you every step of the way.



READY TO BECOME A VOICE FOR CHANGE?

APPLY TO BECOME AN MBIMB AMBASSADOR TODAY!



VISIT WWW.MBIMB.ORG/AMBASSADOR



united kingdom

A Heartfelt Thank You to Rev Palmer and Ujima Radio

It was a real privilege and joy to spend two inspiring hours on Ujima Radio on 13 April with Rev Palmer — known to many as Lady Dawnecia Palmer.

My sincere thanks to Rev Palmer for creating such a thoughtful, warm and uplifting conversation. Her depth of insight, compassion and gentle wisdom made the interview feel far more than a radio discussion — it felt like a meaningful exchange about healing, prevention, wellbeing and purpose.



**Soul Health & Wellness
with the Rev Show**



**Monday 13th April, 2026
12 noon to 2pm**



MY BODY IS MY BODY (MBIMB)



In Conversation with award-winning singer song writer & creator My Body is My Body programme

CHRISSY SYKES

Empowering Children Through Music: A Poven Safeguarding Programme

"The My Body Is My Body programme" has reached over 2.7 million children in 60+ countries, gaining global recognition as one of the most effective tools for child protection and safeguarding education.

Listen in LIVE on 98 FM LIVE.or Online. DAB

A Heartfelt Thank You to Rev Palmer and Ujima Radio

During the interview, I had the wonderful opportunity to share the story and vision of the My Body Is My Body Programme, and to introduce listeners to three of our My Body Is My Body songs — including our special tribute song for “Kimberley.” This is the song that started the My Body Is My Body programme. Being able to share the music was especially meaningful, because music has always been at the heart of how our programme helps children remember simple, empowering body safety messages.

Rev Palmer’s own story is deeply inspiring. Through *Wellnessology: The Power of Everyday Wellness*, she has transformed personal adversity into a message of hope and practical healing for others. Her work as a New Thought Practitioner, metaphysics scholar, wellness educator and pioneer in Breathology reflects a lifelong commitment to helping people thrive.

It felt especially significant to be interviewed by someone whose journey has been shaped by resilience, spirituality and service — values that resonate so strongly with the mission of the My Body Is My Body Foundation.

I would also like to offer special thanks to John Hirst for making the introduction that led to this wonderful connection. So much meaningful work begins through people who open doors and build bridges, and I am deeply grateful for that introduction.

I am also mindful that Rev Palmer was part of history as the very first presenter on Ujima Radio back in 2008, and her passion for justice, equity and human wellbeing continues to shine through her work today.

Thank you, Rev Palmer, for giving space to share the My Body Is My Body story, for your thoughtful questions, and for such a rich and affirming conversation.

The interview can still be heard on Ujima Radio, and I would warmly encourage people to listen.

Conversations like these matter. They help us start dialogue, build understanding, and remind us that prevention, wellbeing and hope all begin with people willing to speak from the heart.



HELP PUT BODY SAFETY BOOKS INTO CHILDREN'S HANDS

Support the *My Body Is My Body* Foundation

Every child deserves access to simple, empowering body safety education.

Through the **My Body Is My Body Programme**, children learn about body ownership, recognising uncomfortable feelings, trusted adults, and how to speak up if they have a problem — through music, stories and child-friendly resources.

YOUR DONATION CAN HELP PLACE PRINTED MBIMB MATERIALS INTO:



Primary schools



Nurseries and early years settings



Community groups



Family support projects



Under-resourced schools worldwide

YOUR GIFT COULD PROVIDE:



Children's Workbooks



Teacher Lesson Plans



Body Safety Posters



Family Safety Resources



Translated materials for communities worldwide

SPONSOR MBIMB SAFETY RESOURCES

£10

provide 2 workbooks for children

£25

provides a school starter pack

£50

equips a classroom

£100+

equips a 2 classrooms

YOUR SUPPORT
HELPS PUT
PREVENTION INTO
PRACTICE.

HELP US PLACE BOOKS
WHERE THEY ARE NEEDED MOST.

DONATE TODAY
AND HELP BUILD
SAFER FUTURES TOGETHER.



SCAN TO DONATE

www.mbimb.org



Every child deserves a voice.

Every child deserves safety.





My Body is My Body Safety Rules



MY BODY IS MY BODY

My body belongs to me
and only to me.
Nobody should hurt me
Nobody should touch my private parts
I am the boss of my own body !!



IF IT DON'T FEEL RIGHT DON'T DO IT

If people try to get me to do
things I know are wrong,
or that make me feel uncomfortable
I will say "NO"
THEN I WILL TELL A SAFE ADULT



WHO CAN I TELL IF I HAVE
A PROBLEM?
I CAN TELL A SAFE ADULT

MOMMY OR DADDY,
AUNT OR UNCLE
GRANNY OR GRANDPA,
TEACHER OR PRINCIPAL
COUNSELLOR AT SCHOOL

ARE YOU FEELING
UNSAFE?
HERE ARE SOME
WARNING SIGNS FROM
YOUR BODY

Your face or your hands
might start to sweat
Your mouth could feel dry
You might feel sick in your tummy
Your heart could beat fast
You could start crying
You could feel scared
Your legs could feel wobbly

If you are feeling any of these warning
signs, find a Safe Adult you can talk to
and tell them you are feeling unsafe.



PRIVATE PARTS

My private parts are the parts where
my swimsuit or my underwear covers.

1. Nobody should touch my private parts
2. Nobody can ask me to touch their private parts
3. Nobody should take pictures of my private parts

SAY NO TO SECRETS

If someone is hurting you,
bullying you or doing anything
that makes you feel
uncomfortable, and they ask
you to keep it a secret -
Say No To Secrets
THEN TELL A SAFE ADULT



The Scottish Borders





CONTINUING THE RIVER ROOM JOURNEY:

The River Room Songbook and MBIMB School Tour continues to build momentum, taking important messages of wellbeing, body safety and emotional resilience into schools and communities in a way that feels uplifting, creative and memorable. Each visit is the continuation of a growing movement to equip children with life skills through music, conversation and trusted relationships.

From the warm engagement at St Peter's Primary in Galashiels, where children embraced the songs, stories and resources with great enthusiasm, to valuable networking with families and educators at Kelso High School. Every stop strengthens the shared belief that prevention begins with simple, positive conversations.

The presentation of participation certificates to the schools, the sharing of free resources and the joyful response to the children's stickers all added to the sense of celebration and purpose.

As the tour continues, it is helping sow seeds of confidence, connection and safeguarding awareness in schools and communities — one song, one conversation and one child at a time.

Next the team is heading to Edenside Primary School
get ready for us !!





A Positive Start CIC

Creating safer, kinder, emotionally healthy communities.

OUR SERVICES

- Therapeutic Support & SEL
- Trauma-Informed Training & Education
- Advocacy & Lived Experience Consultancy

OUR PARTNERS



OUR PROJECTS



info@ap...
www.ap...

Trauma informed support for children...
professionals.





Romania

ROMANIA

Romania: Growing Momentum, Real Impact

It always means so much to me to see the My Body Is My Body programme come to life in different parts of the world — and over the past six months, our amazing Rotary ICC team in Romania has truly brought that vision to life. There has been a real sense of energy, commitment and heart behind everything they have been doing.

A very special thank you must go to Crina Oltean Dumbrava, who has been leading the translation work. This is such an important part of what we do — making sure children can learn in their own language, in a way that feels natural, safe and easy to understand.

At the same time, the team, led by Traian and Tudor from the Rotary Club Cluj-Napoca, have been working tirelessly to build awareness, bring people together, and create real excitement around the programme.

And that's exactly what we are seeing.

There is something very powerful when a community begins to open up these conversations — when teachers, parents and local leaders come together with one shared goal: to help children feel safe, confident, and able to speak up.

What has been especially inspiring is the level of participation and enthusiasm. This isn't just a project — it's becoming a movement within the community

A Proud Moment on National Television

One of the highlights has to be the recent feature on TVR Cluj.

Dr. TRAIAN TUDOR STRÂMBU, founding secretary of the Rotary Club Cluj-Napoca and ALEXANDRU MUNTEAN, future president of the Rotaract Club Cluj-Napoca took part in a fantastic 40-minute interview, where they spoke so passionately about the My Body Is My Body programme, what it means for children, and how it can make a lasting difference.

They shared their vision not only for Romania, but also their hopes to extend this work into neighbouring Moldova — opening the door for even more children to benefit from simple, clear body safety education.

Looking Ahead

Moments like this remind me why we do what we do.

When people come together with passion, purpose and a shared belief that every child deserves to feel safe in their own body, incredible things start to happen.

I am so proud of our Romania team — and so excited for what comes next.

Because this is how change grows...

one conversation, one classroom, one community at a time.



dr. TRAIAN TUDOR STRAMBU

TVR CLUJ



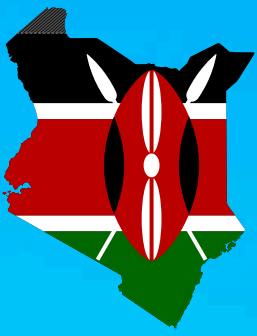
CUM A APĂRUT PROIECTUL MY BODY IS MY BODY ?



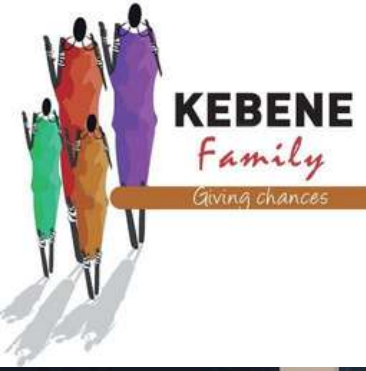
ALEXANDRU MUNTEAN

președinte ales al Clubului Rotaract Cluj-Napoca

TVR CLUJ



Kenya



Partner Spotlight: Kebene

We are proud to partner with Kebene, a compassionate and impactful organisation dedicated to supporting some of the most vulnerable children and young people in Kenya.

Based in Mombasa (Ukunda), Kebene is a non-profit initiative that provides a safe home, care, and opportunities for orphaned and street-connected children, as well as support for young mothers. Their work focuses on giving children not just protection, but a real chance at a brighter future through education, stability, and community care.

At the heart of Kebene's approach is a belief in the potential of every child. By creating a nurturing environment where children feel safe, valued, and supported, they help break the cycle of poverty and give young people the tools they need to build independent, fulfilling lives.

Alongside their children's home, Kebene also runs projects that support young mothers, offering guidance, care, and practical life support to help them move towards a more secure future.

This partnership reflects a shared commitment — to protect, educate, and empower children — and we are excited to see how our work together will help create safer futures for even more children.



MISSION & VISION

Empowering children. Preventing harm.
Building safer futures.

3 MILLION
LIVES CHANGED

380
AMBASSADORS

65
COUNTRIES
REACHED

35
LANGUAGES

Every year, according to the WHO, an estimated 1 billion children - that's half of all children worldwide experience some form of violence, whether physical, emotional, or sexual. This is why programmes like My Body Is My Body are essential to communities.

THE MY BODY IS MY BODY (MBIMB) FOUNDATION EXISTS TO CHANGE THAT. We use the universal power of music, stories, and community action to teach children simple, memorable body-safety messages in over 35 languages.

THE GOOD NEWS? Violence is preventable, and through clear, memorable messaging and community action, we can start breaking this global cycle - one child, one classroom, one song at a time.

THROUGH SONGS, ANIMATED VIDEOS, WORKBOOKS, AND WORKSHOPS, MBIMB HELPS CHILDREN:
Understand what safe and unsafe behaviour looks like
Build confidence to speak up if something feels wrong
Learn who they can trust and where to get help
So far, MBIMB has reached over 3 million children in 65 countries - but with your help, we can reach millions more.

SCAN THIS QR CODE
TO FIND OUT MORE
ABOUT MBIMB



*Together, we can
create a world
where every child
is safe, heard,
and empowered.*



**HELP US BUILD SAFER FUTURES
FOR CHILDREN EVERYWHERE.**
Education today. Safety forever.

www.mbimb.org





NEW MBIMB LANGUAGES

*More languages. More children.
Stronger, safer futures.*



NEW!

Ez az én testem

Hungarian



We're excited to introduce the **Hungarian** version of our My Body Is My Body song and animation.

Helping more children learn important body safety messages in a way they understand and feel confident with.



NEW!

I Miri Wa Mina

Xitsonga



We're excited to introduce the **Xitsonga** version of our My Body Is My Body song and animation.

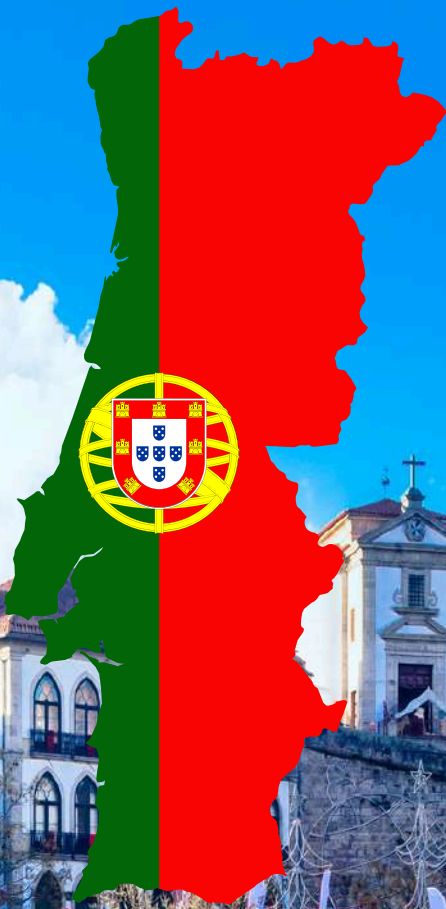
Supporting even more children to understand their bodies, know their rights, and speak up if something doesn't feel right.



**More languages mean more voices, more understanding,
and more children protected.**

Thank you for helping us share these important messages!





Portugal

PORTUGAL

Opening Doors Through Education and Partnership

It has also been wonderful to see the momentum building in Portugal over the past few months.

Our Rotary ICC team there has been actively introducing the My Body Is My Body programme to schools and Rotary Clubs, creating new opportunities to start these very important conversations with both children and the adults who support them.

What stands out to me is the way the programme is being embraced — not just as a resource, but as a shared commitment to helping children understand their rights, their feelings, and how to speak up if something doesn't feel right.

A Special Visit to the University of Beira Interior

I recently had the great pleasure of presenting the programme to Master's students at the University of Beira Interior, within the Department of Sports Sciences, based at the historic Convent of St. Anthony.

It was a truly meaningful experience to speak with future professionals who will go on to work closely with young people — whether in education, sport, or community settings. These are exactly the environments where safeguarding awareness can make such a powerful and lasting difference.

A heartfelt thank you to Kelly O'Hara, Lecturer and Assistant Professor in the Department of Sports Sciences, for the invitation and for recognising the importance of bringing body safety education into academic spaces.

Building for the Future

Engaging with students at this level is so important.

It means we are not only supporting children today, but also helping to shape a future workforce that understands safeguarding, respects boundaries, and feels confident having these conversations.





NEW MBIMB LANGUAGES

*More languages. More children.
Stronger, safer futures.*



NEW!

O meu corpo

Portuguese

European



We're excited to introduce the **Portuguese (European)** version of our My Body Is My Body song and animation.

Helping more children learn important body safety messages in a way they understand and feel confident with.



NEW!

Ke mmele wa me

Setswana



We're excited to introduce the **Setswana** version of our My Body Is My Body song and animation.

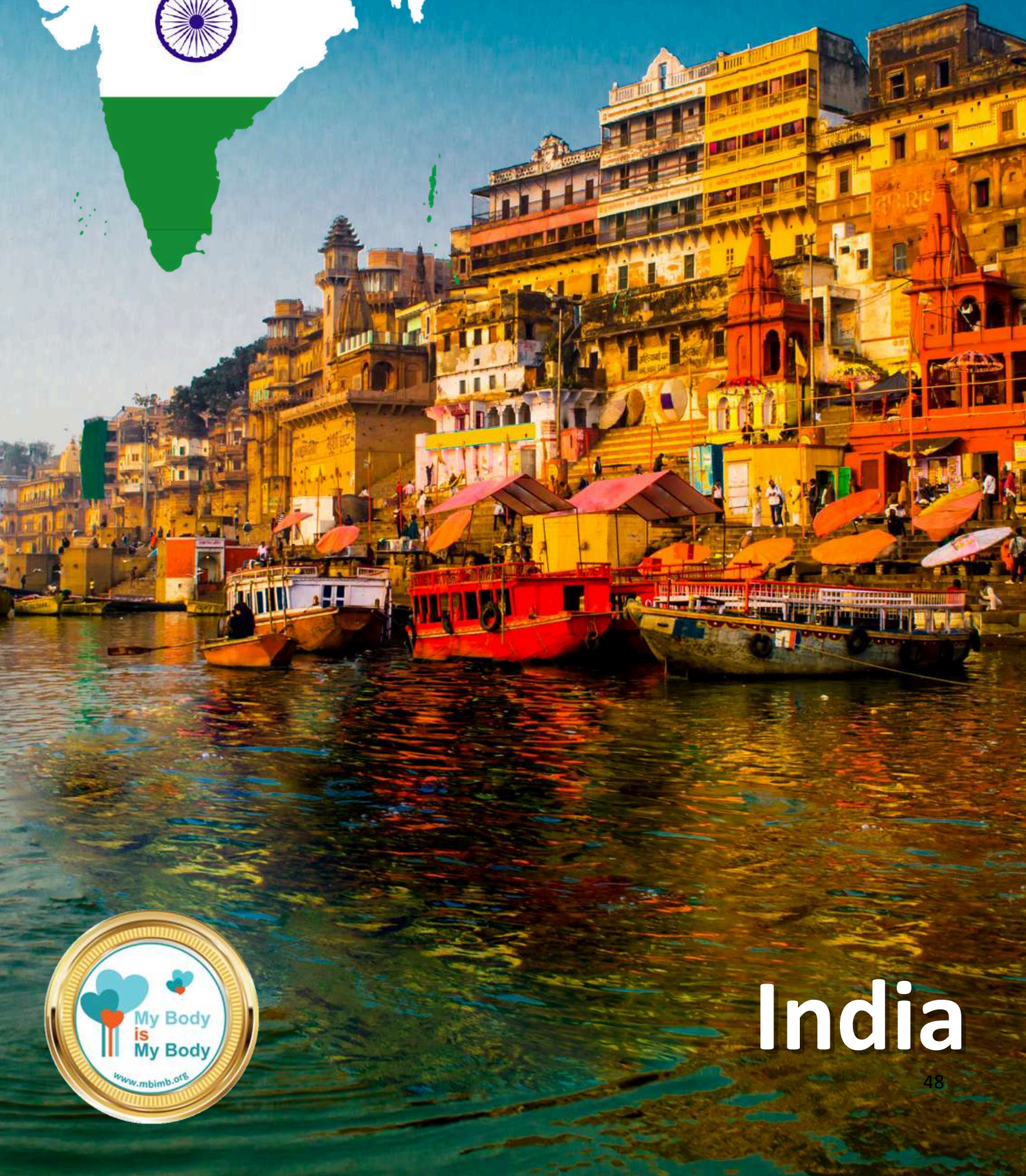
Supporting even more children to understand their bodies, know their rights, and speak up if something doesn't feel right.



**More languages mean more voices, more understanding,
and more children protected.**

Thank you for helping us share these important messages!





India

MBIMB MORE THAN LEARNING EMPOWERING CHILDREN TO THRIVE



***By Shalini Nair - Principal
Kikani Global Academy
Founded by Sree Coimbatore Gujarati Samaj***

This year, the MBIMB program has brought a meaningful and positive change to our school community. What began as a series of engaging sessions soon became a powerful learning experience for our students. Through interactive activities, discussions, and creative expression, students were encouraged to think, reflect, and share their ideas with confidence.

One of the most noticeable outcomes of the program has been the way students have become more aware, expressive, and supportive of one another. The sessions created a safe space where children felt comfortable asking questions, participating in conversations, and learning important life lessons. Many students who were initially shy gradually found their voice and began contributing actively.

Teachers also observed an improvement in students' confidence and awareness. The program encouraged critical thinking and helped students understand important values such as respect, responsibility, and empathy. These lessons extended beyond the classroom and influenced how students interacted with their peers and teachers.

The photographs from these sessions capture moments of curiosity, laughter, and thoughtful engagement. They reflect not just participation, but genuine learning.

MBIMB has truly made a lasting impression on our students, helping them grow not only academically but also as confident and responsible individuals.



KIKANI GLOBAL ACADEMY
(Provided by: Shree Education Support Trust)





**KIKANI GLOBAL
ACADEMY**
(Founded by Shree Gaurishankar Rajwade Sir)





Where Sign Language Helped MBIMB's Message Come Alive



Oceanik Education Society

By: Shobha Poovaiah – Principal

On 21st February 2026, an impactful online awareness session was conducted at Oceanik Education Society in collaboration with the My Body Is My Body Foundation.

The session was organized with the objective of creating awareness among physically disabled (PWD) and underprivileged college students about body safety, personal boundaries, and protection from abuse.



Communication has no barriers when the message is about safety and empowerment.

SESSION HIGHLIGHTS

The session was conducted in an interactive and student-friendly manner, ensuring inclusivity for physically disabled students.



These sessions were conducted in Indian Sign Language



Introduction to Body Safety Concepts

Students were taught that their body belongs to them and no one has the right to harm or misuse it.



Understanding Uncomfortable Touches

The facilitators explained the difference between appropriate and inappropriate behavior in a simple and sensitive way.



Importance of Consent and Boundaries

The session emphasized that students have the right to set boundaries and refuse uncomfortable situations.

Knowledge empowers.
Awareness protects.



Through understanding, communication, and inclusion, we build a world where every child feels safe and heard.







Where Sign Language Helped MBIMB's Message Come Alive



ENCOURAGING COMMUNICATION



Students were motivated to speak to trusted individuals such as parents, teachers, or guardians if they face any discomfort or abuse.

USE OF ENGAGING LEARNING METHODS



The MBIMB program uses songs, animations, and storytelling, which makes learning memorable and less intimidating, especially when dealing with sensitive issues.

IMPACT OF THE PROGRAM



The session had a meaningful impact on the students:

- ✓ Students showed increased awareness about personal safety and rights
- ✓ Many participants actively engaged and asked questions
- ✓ The program helped break the silence around sensitive topics
- ✓ Students felt more empowered and confident in protecting themselves



The MBIMB program is designed to help individuals recognize harmful situations and take appropriate action, thereby contributing to the prevention of abuse and creation of safer communities.

These online classes will be repeated in the classroom very frequently every year with special focus on new enrolment students.





DRC



Training Report for Trainers on the "My Body is My Body" Modules

By: Ambassador Papy Makela

With the aim of expanding the network of trainers to reach various areas of Kongo Central Province in particular, and the Democratic Republic of Congo in general, training sessions were organised at the OMEM Church in the TSASA Soyo 4 neighbourhood of Matadi from April 8th to 11th, 2026, covering the different modules of "My Body is My Body."

In order to bridge the gap between theory and practice, the final day was dedicated to training the children on the first module of the "My Body is My Body" programme. This training was conducted by the instructors to assess their understanding and their ability to communicate effectively with the children.

Considerable progress was observed during these training sessions, particularly in the children's responses to the material presented. Their attention was sustained from beginning to end, as they clearly found it engaging.

Following the children's training session on this module, refreshments were provided to both the children and all participants to bring the day to a pleasant close.





Training Report for Trainers on the "My Body is My Body" Modules



Training



Further Education

Free Online Child Safety Training Programmes




The **My Body Is My Body Programme** offers **FREE online courses** to help parents, teachers, professionals and community leaders build confidence in child abuse prevention, safeguarding and body safety education.



These courses give practical, step-by-step guidance on how to use and present the MBIMB Programme safely and effectively.

10

Free MBIMB Online Courses

- 1 Introduction to Child Maltreatment & Safeguarding 
- 2 How to Present the MBIMB Programme 
- 3 Digital Discoverers 
- 4 Children's MBIMB Programme 
- 5 Safeguarding Fundamentals 
- 6 Essential Skills for New Mothers 
- 7 MBIMB Presenter Next Steps 
- 8 Bully Aware 
- 9 Standing Strong With Noah 
- 10 Standing Strong With Sofia 



Start Learning Today!

Explore all free MBIMB courses here:

<https://mbimb.org/courses/>



Together, we can empower adults, educate children and build safer futures.



A Powerful Step Forward in India: Empowering Young Women to Lead Change

On the 26th April, we reached a moment that I believe will have a lasting impact — not just for today, but for generations to come.

Before anything else, I want to say a very special thank you to our MBIMB Board Member, Darwin Moses. It was through his dedication, relationships and belief in the programme that this opportunity came about. He not only introduced us to the university, but also played a key role in negotiating this Memorandum of Understanding — and we are incredibly grateful.

We were then proud to formally sign this important agreement with PSGR Krishnammal College for Women, alongside Dr. Kalpana and her dedicated team. This partnership means that students at PSGRKCW will now be taking our My Body Is My Body courses — learning not only the importance of body safety, but how to confidently and responsibly take these messages out into their own communities.

A Legacy of Empowering Women

PSGR Krishnammal College for Women is part of the respected GRG Group of Educational Institutions, under the GRG Trust. Established in 1963, and built on the vision of philanthropists GR Govindarajulu and Chandrakanthi Govindarajulu, the Trust has always held a clear and powerful mission: “Empowering women through education.”

With nearly 8,000 students passing through its doors each year, the college has become a symbol of academic excellence in Southern India. Its achievements speak for themselves — ranked #9 among colleges in NIRF 2025 and #5 among government and government-aided institutions in ARIIA 2020 by the Ministry of Education.

As an autonomous college affiliated with Bharathiar University, and recognised as a UGC ‘College of Excellence’, PSGRKCW continues to set high standards across education, innovation and leadership.

From Education to Community Impact

What makes this partnership so special is not just the academic strength of the institution — it is the purpose behind it.

These young women are future teachers, leaders, role models, and changemakers.

Through this collaboration, they will gain the knowledge, confidence and tools to:

- Understand body safety in a clear and empowering way
- Recognise uncomfortable situations
- Know how to guide and support others safely
- Take these vital messages beyond the classroom and into real communities

When young women are empowered with knowledge like this, the ripple effect is extraordinary.

A Shared Vision for Safer Futures

PSGRKCW's global outlook, with partnerships spanning institutions such as Oregon State University, Nottingham Trent University, and others across the world, reflects a commitment to learning without borders.

And now, together, we are adding something even more meaningful to that journey the power to help children feel safe, heard, and protected.

*For me, this is what the My Body Is My Body programme is all about.
It's about equipping people — in this case, young women —
with simple, life-changing knowledge that they can carry forward and share.*

*It's about starting conversations that may never have happened otherwise.
And it's about building safer futures, together.*

*I am truly excited to see how this partnership grows, and the difference these students will go on to
make in the lives of so many children.*

**Because when we educate, we empower.
And when we empower, we protect.**



**Dr. P.B. Harathi, Principal, PSGR Krishnammal College for Women, Coimbatore.
Dr. Kalaichelvan, Director, International Relations, PSGRKCW
Dr. V. Kalpana, Faculty of Social Work, PSGRKCW
Dr Vandana Madhavkumar, Dean, Industrial Relations
Dr Darwin Moses**



WHY TEACHERS LOVE MBIMB

Easy to teach. Meaningful for children. Free for every classroom.

WHY TEACHERS LOVE MBIMB



Ready-to-teach: Each lesson plan comes with clear learning objectives, timings, and extension ideas.



Curriculum-aligned: Built to support child safety and wellbeing education across a wide range of international curricula and safeguarding frameworks.



Inclusive and accessible: Available in over 30 languages, ensuring every child can join in and understand.



Engaging and memorable: Music and animation capture children's attention and help vital messages stick.



Completely free: All resources, including songs, videos, and workbooks, are available at no cost to schools.

Empowering children with body safety knowledge through music, animation and learning.



MAKING BODY SAFETY SIMPLE, MUSICAL AND FREE FOR EVERY CLASSROOM



Teaching about body boundaries and personal safety is one of the most important – yet often most sensitive – parts of PSHE. Many teachers tell us they want to get it right but sometimes struggle to find age-appropriate language or engaging materials that don't cause fear or confusion.



That's exactly where the **My Body Is My Body (MBIMB) Programme** helps. This free, ready-to-use safeguarding resource turns a challenging topic into a series of fun, memorable lessons through music, animation, and storytelling.



The programme includes six lively songs, each with an accompanying free lesson plan, discussion prompts, and optional follow-up activities.



Every resource is designed so teachers can deliver powerful safeguarding education straight away – no specialist training required.



Children learn key messages such as recognising unsafe behaviour, understanding that their body belongs to them, and knowing who they can turn to for help – all in a way that is uplifting, positive, and easy to remember.



*With MBIMB, you're not just teaching a lesson.
You're helping build safer, stronger futures for every child.*





MAAPP

MAAPP - The Home Of LinkIndex A Safeguarding Toolkit for Professionals and Families

LinkIndex – is a game-changing safeguarding toolkit designed for professionals and families. In a world overflowing with digital resources, LinkIndex brings clarity and convenience. Its smart keyring, powered by QR codes, gives instant access to carefully curated, trusted safeguarding materials — anytime, anywhere. Whether you're supporting a child at home or in a professional setting, MAAPP puts the right tools at your fingertips when they're needed most.

Introductory Offer:

Available at £1.00 per month, valid for 12 months only.



<https://maappuk.co.uk>

WORLD SAFEGUARDING NEWS



PROTECT
OUR
CHILDREN





**PROTECT
OUR
CHILDREN**

WORLD SAFEGUARDING NEWS

AI Chatbots and Children's Emotional Safety

Smart technology. Safe conversations. Stronger childhoods.

- Designed with children's safety first
- Supports wellbeing and positive choices
- Protects privacy and personal data
- Guided by trusted adults and experts

AI Chatbots and Children's Emotional Safety

Safeguarding experts are now looking closely at how children use AI chatbots and “virtual companions”. The concern is not only what children are shown, but how these tools may influence emotions, choices and relationships.

Safeguarding takeaway: AI must be designed with children's rights, development and wellbeing at the centre.



**PROTECT
OUR
CHILDREN**

WORLD SAFEGUARDING NEWS



Children's Beauty Trends on Social Media

The pressures are real. Let's keep childhood **childhood.**

-  Early exposure to beauty content can affect body image and self-esteem.
-  Children may be pressured to look or act "perfect" online.
-  Privacy risks increase when children appear in public content.
-  Commercial content is not always clearly labelled.

 **Protect. Empower. Let children be children.**
Support healthy self-image and safe online experiences.

Children's Beauty Trends on Social Media

Recent reporting has raised concerns about very young children appearing in skincare and beauty videos online, sometimes in content that resembles advertising. Experts have warned this can affect children's wellbeing, body image and privacy.



**PROTECT
OUR
CHILDREN**

WORLD SAFEGUARDING NEWS

Global Moves to Restrict Children's Social Media Access

Countries around the world are taking action to make online spaces safer for children.

- MINIMUM AGE REQUIREMENTS**
Setting safe age limits for social media.
- AGE VERIFICATION**
Ensuring platforms verify ages effectively.
- PLATFORM RESPONSIBILITIES**
Holding companies accountable for children's safety.
- PRIVACY & DATA PROTECTION**
Strengthening laws to protect children online.

Stronger rules. Safer platforms. Better outcomes.
A global shift to protect children in the digital world.

Global Moves to Restrict Children's Social Media Access

Countries around the world are reviewing or introducing stronger rules around children's access to social media, including minimum-age restrictions, age verification and platform duties.

Safeguarding takeaway: The global direction is clear: online platforms are being asked to take more responsibility for children's safety.



**PROTECT
OUR
CHILDREN**

WORLD SAFEGUARDING NEWS



Child Protection in a More Unstable World

UNICEF's 2026 global outlook highlights that children's futures are being shaped by conflict, climate pressure, AI, data governance and reduced funding for services.

Safeguarding takeaway: Prevention, early intervention and community-based child protection are more important than ever.



**PROTECT
OUR
CHILDREN**

WORLD SAFEGUARDING NEWS

Stronger Rules Around AI and Children

New global rules aim to protect children from AI risks and ensure technology supports their safety, rights and wellbeing.



AI
Child safety at the centre of every system.



Governments and organisations are introducing stronger rules to:



LIMIT HARMFUL CONTENT
Prevent AI tools from creating or sharing harmful or exploitative content.



PROTECT PRIVACY
Safeguard children's personal data and digital identities.



ENSURE SAFETY BY DESIGN
Build AI systems that prioritise children's wellbeing and rights.



INCREASE ACCOUNTABILITY
Hold companies responsible for AI impacts on children.



INCLUDE CHILDREN'S VOICES
Listen to children and involve them in shaping AI systems and rules.



Strong rules today create a safer, kinder digital world for children tomorrow.



Stronger Rules Around AI and Children

China has introduced new measures to protect children from AI-related risks, including limits on harmful AI-generated content and restrictions on virtual intimate relationships for children.

Safeguarding takeaway: This shows how child protection rules may begin to shape AI systems worldwide.

NEW AMBASSADOR HAITI



Jenny St Lor



My Body is My Body Foundation
Charity Number 1199901



MBIMB Board Of Directors



CHRISSY SYKES

CEO AND FOUNDER

CHRISSY CURRENTLY WORKS WITH NGO'S AND SCHOOL VOLUNTEERS IN OVER 60 COUNTRIES WHO HAVE REACHED AT LEAST 2.5 MILLION CHILDREN WITH THE PROGRAMME. ANOTHER 1.8 MILLION PEOPLE HAVE BEEN REACHED ON YOUTUBE. CHRISSY SPENDS HER TIME TEACHING VOLUNTEERS, SCHOOL TEACHERS AND COMMUNITY LEADERS HOW TO INTRODUCE THE SUBJECT OF CHILD ABUSE PREVENTION INTO THEIR COMMUNITIES USING THE MBIMB PROGRAMME.



DEE RUSSELL - THOMAS

TRUSTEE

WITH OVER 30 YEARS OF EDUCATION EXPERIENCE IN THE UK AND OVERSEAS, IN STATE AND PRIVATE SECTOR AND FROM INFANT THROUGH TO UNIVERSITY LEVEL, DEE IS ABLE TO SUPPORT, ADVISE AND PROVIDE TRAINING IN AREAS OF SCHOOL IMPROVEMENT, PLANNING FOR INSPECTIONS, LESSON OBSERVATIONS AND PERFORMANCE MANAGEMENT.



ANTONIA NOBLE

TRUSTEE

DURING HER 25 YEARS AS A BARRISTER, ANTONIA NOT ONLY DEVELOPED A DEEP UNDERSTANDING OF THE LAW BUT THE ABILITY TO PROCESS AND PRESENT INFORMATION LOGICALLY AND CLEARLY. WHAT'S MORE, IT'S WHAT SHE IS PASSIONATE ABOUT. SHE CARES DEEPLY ABOUT JUSTICE, FAIRNESS AND LIBERTY AND LOVES NOTHING MORE THAN HELPING INDIVIDUALS AND ORGANISATIONS FIND THEIR VOICE AND REACH BETTER OUTCOMES.



NICK ASKEW

TRUSTEE

CEO + FOUNDER OF SPACE AUTO, A RETAIL AND MARKETING SOFTWARE AND DATA TECHNOLOGY COMPANY IN DALLAS, TEXAS. ALSO, FOUNDER OF LUMINARY 2, A DEVELOPMENT AND TECHNOLOGY AGENCY DELIVERING CUTTING-EDGE BUSINESS TECHNOLOGY SOLUTIONS, SPECIALIZING AND INVESTING IN STRATEGIC SAAS PRODUCTS THAT REVOLUTIONIZE INDUSTRIES.



NICK GAZZARD OBE

TRUSTEE

NICK GAZZARD OBE IS A NATIONALLY RESPECTED CAMPAIGNER, SPEAKER, AND FOUNDER OF THE HOLLIE GAZZARD TRUST. HIS PIONEERING WORK ON DOMESTIC ABUSE AND STALKING PREVENTION HAS SAFEGUARDED THOUSANDS THROUGH AWARENESS PROGRAMMES, TRAINING, AND INNOVATIVE SAFETY TECHNOLOGIES. HE BRINGS INVALUABLE EXPERTISE AND PASSION TO PROTECTING CHILDREN WORLDWIDE.



CAROLINE FLYNN

TRUSTEE

CAROLINE IS THE VICE CHAIR FOR THE BASW ENGLAND LONDON BRANCH BRITISH ASSOCIATION OF SOCIAL WORKERS. SINCE 2006 CAROLINE HAS WORKED AS A LOCUM SOCIAL WORKER, CONSULTANT SOCIAL WORKER, MANAGER AND CHILD PROTECTION CHAIR THROUGHOUT THE UK.



DR. TUFAIL MUHAMMAD

ADVISORY BOARD

DR. TUFAIL MUHAMMAD (MD, MCPS, DCH, DCPATH) IS A PAEDIATRICIAN BY PROFESSION. CURRENTLY, HE IS THE CHAIRMAN OF THE CHILD RIGHTS & ABUSE COMMITTEE, PAKISTAN PEDIATRIC ASSOCIATION AND DIRECTOR OF THE REGIONAL TRAINING INSTITUTE PESHAWAR. HE HAS POSTGRADUATE QUALIFICATIONS AND TRAINING IN PEDIATRICS, CLINICAL PATHOLOGY, PUBLIC HEALTH AND REPRODUCTIVE HEALTH.



NANCY ABDELHADI

ADVISORY BOARD

NANCY HAS EXTENSIVE BUSINESS DEVELOPMENT, MARKETING, COMMUNICATIONS, PUBLIC RELATIONS, EVENT PLANNING AND RESEARCH EXPERTISE AS WELL AS A RICH ACADEMIC AND PROFESSIONAL BACKGROUND ON REGIONAL AND INTERNATIONAL LEVELS. SHE ALSO HAS COMPREHENSIVE ORGANIZATIONAL, PUBLIC RELATIONS AND MANAGEMENT COMPETENCIES.



ANNEMARIE MOSTERT

ADVISORY BOARD - ANNEMARIE IS ROTARY INTERNATIONAL DISTRICT GOVERNOR OF DISTRICT 9400 FOR 2020 - 2021 COVERING BOTSWANA, ESWATINI, PARTS OF MOZAMBIQUE AND PARTS OF SOUTH AFRICA. MEMBER OF THE ORGANISING COMMITTEE FOR RI CONVENTION, 2025 CALGARY. COORDINATOR OF STRATEGIC PLANNING COMMITTEE, ZONE 22, AFRICA. AMBASSADOR GIRLS' EMPOWERMENT ZONE 22. AMBASSADOR, IEP (INSTITUTE FOR ECONOMIC AND PEACE). LEAD TRAINER FOR ROTARY INTERNATIONAL ASSEMBLY ORLANDO 2023. CEO AND FOUNDING MEMBER OF SESEGO FOUNDATION. DISRUPTING POVERTY.



DR. DARWIN MOSES

ADVISORY BOARD DIRECTOR OF INCLUSION AND ACCESSABILITY SERVICES
DISABILITY AND INCLUSIVE DEVELOPMENT
PROFESSIONAL WORKED FOR THE EMPOWERMENT OF PEOPLE WITH DISABILITIES FOR MORE THAN 19 YEARS IN THE THEMATIC AREAS OF SPECIAL EDUCATION, INCLUSIVE EDUCATION, LIVELIHOOD, ADVOCACY AND NETWORKING. WORKED PAN INDIA AND INTERNATIONALLY. WORKED WITH ALL TYPES OF DISABILITIES.



DEBORAH J CROZIER

ADVISORY BOARD HEAD OF SCOTLAND
DEBORAH CROZIER IS A PERSON-CENTRED COUNSELLOR, CHARTERED FELLOW MEMBER OF THE ACCPH, AND TRAUMA-INFORMED PRACTITIONER DEDICATED TO CREATING SAFER, MORE COMPASSIONATE COMMUNITIES. SHE IS THE FOUNDER OF A POSITIVE START CIC, A SOCIAL ENTERPRISE SUPPORTING COMMUNITY MENTAL HEALTH AND EMOTIONAL REGULATION ACROSS THE SCOTTISH BORDERS.

Join our **MBIMB** Community



*Together, we can
empower children
and build
safer futures.* 

Be part of a global movement dedicated to protecting children and promoting body safety, respect and confidence for all.

AS A MEMBER, YOU'LL RECEIVE:



EXCLUSIVE UPDATES

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