

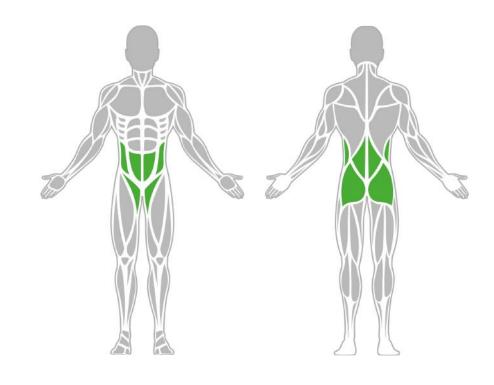
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Muscle Groups Focus





Hip Swing

This outdoor functional training device helps tone the waist, hip and thigh muscles and improves overall strength, balance and coordination. The waist exerciser allows the user to gently move through the aforementioned muscle groups without straining the joints making this outdoor recreation tool perfect for all age groups.

Attributes

Product code 1-1-302 Certificate EN 16630 Age group 14 + years Capacity 1 person Max. weight load 130 kg Туре Recreational Difficulty level Easy

QR Code



Side View

1283

At least 2 people

At least 2 people

Surface mounted

60-120 min.

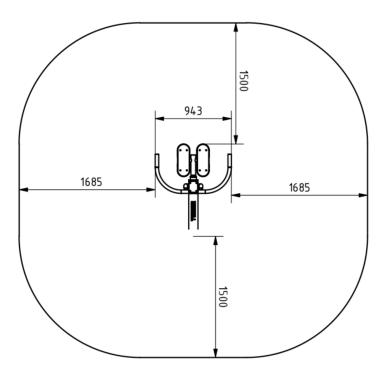
30-60 min.

1 x 1.2 x 0.8 m

 $0.96 \, \text{m}^3$

0.96 m³

Plan View



Installation information

Number of installers (concrete)
Total installation time (concrete)
Number of installers (equipment)
Total installation time (equipment)
Excavation volume
Concrete volume
Size of the base structure
Anchoring options
In combined structures, the volume of concrete required varies.

Technical specification

Safety surfice area Around 1,5 m radius
Net weight 70 kg
Material \$235,KO33
Critic fall height 800 mm
Color options
For more color options, discuss with your sales representative.

Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

10 years 5-10 years 2 years 5-10 years 1-3 years 2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The footrests are made premium quality non-slip HDPE with a high wear resistance.



The device is equipped with an ergonomic non-slip HDPE phone holder for convenience.



At the end of the arms. the handle is rubber-coated for a more comfortable and secure grip.



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.



The bumpers of the devices are made of durabrubber material.











