



amazing

Guilty Pleasure Dinner Party



One of the most indulgent ways to eat is from a Food Bar.

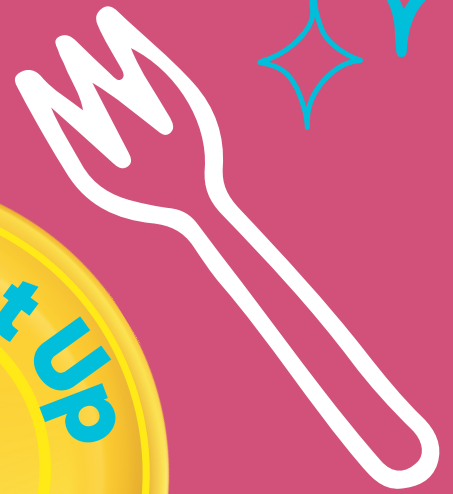
You can make your perfect plate with all the fixings, exactly to your taste. What's better than that?! We've put

together a few options for some Guilty Pleasure Food

Bars. For your **Guilty Pleasure Dinner Party**, choose your fave

one, or really lean into the indulgence and set up them all!

Click on the plates below to
check out each page.



What is a Food Bar?



A food bar is a station that includes all the fixings and toppings a guest needs to assemble their own meal or snack.

Food bars have become pretty popular these days, starting in restaurants, wedding receptions, and other big events. But people are recreating the fun at their own parties by laying out a spread of ingredients and letting guests pick and choose what they want.

How to Set Up a Food Bar?



- 1. Choose your ingredients based on your chosen food bar menu. Select a "base" ingredient and multiple "topping" ingredients.**
- 2. Plan out your Food Bar and prep all ingredients before your Dinner Party.**
- 3. Lay out all of your chosen ingredients on a counter or table. If you're doing multiple Food Bars, keep them in separate areas.**
- 4. Have some fun and take a look at our Additional Inspo page for some playful ways to display your Food Bar and add some fun to your Dinner Party.**

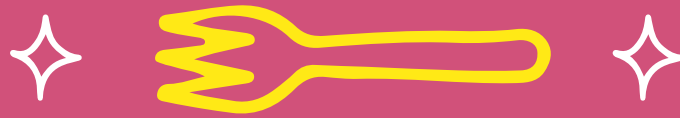
Breakfast Bar



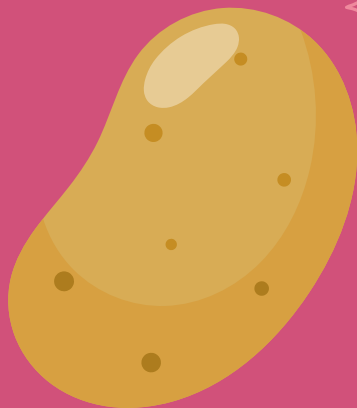
Set up 3 to 5 of your pick of guilty pleasure cereals. Include a few carafes of your fave milks like regular, chocolate, strawberry, oat, and almond. Who said cereal can't have toppings?! Add a toppings station including sprinkles, fruit, and maybe even some chocolate sauce!



Carb Bar



Set up mashed potatoes and/or french fries as the choices for the base of the dish. Include toppings like bacon bits, cheese, sour cream, crispy onions, and gravy. To beef up the meal (no pun intended) you can also add plates of protein like beef, chicken, or shrimp!



Cheese Bar



Start with the ultimate comfort food, mac and cheese, with lots of ooey gooey goodness! For the rest of the station, make sure to include all the guilty pleasure cheeses that we aren't supposed to like (but, of course, we all do) like string cheese, American cheese, blue cheese, and canned spray cheese!



Ice Cream Bar



Choose your fave ice cream flavors and set up bowls and cones with all of the best toppings: sprinkles, candy, cookies, whipped cream, hot fudge, cherries!

✧ **PRO TIP** ✧

You can use some of the cereal as toppings here too!





Would You Rather?



Answer the following questions as you enjoy your
Guilty Pleasure delicacies!



- Would you rather have a never-ending supply of candy or a never-ending supply of fried chicken?
- Would you rather be able to eat unlimited amounts of chocolate without getting any cavities or be able to binge-watch any TV show without getting tired?
- Would you rather give up soda or give up cookies for the rest of your life?
- Would you rather only be able to listen to boy bands or only be able to watch cooking shows for the rest of your life?
- Would you rather listen to your favorite guilty pleasure song on repeat for a week or watch your favorite guilty pleasure movie every day for a week?



Would You Rather?

Questions continued!

- Would you rather spend a day shopping for clothes you'll never wear or spend a day buying video games you'll never play?
- Would you rather have to publicly admit your favorite guilty pleasure activity to everyone you know or give up that activity forever?
- Would you rather spend a day at a spa getting pampered or spend a day eating all your favorite junk food?
- Would you rather have to wear sweatpants to all formal events or have to wear Crocs everywhere you go for the rest of your life?
- Would you rather eat fast food for every meal for a week or fast food one meal a day for the rest of your life?

Whose Pleasure?

**Let's find out how well you know each other
and your Guilty Pleasures!**

SET UP

- 1. Before your guests arrive, gather up some pieces of paper, pens, and a bowl or hat.**
- 2. Cut up the paper into squares so that there are enough pieces to give one to each guest.**
- 3. Have each player write down their secret guilty pleasure on the piece of paper and fold it up without anyone seeing it.**
- 4. Collect each person's paper and put it in the bowl or hat.**
- 5. Have all the guests sit in a circle or around a table where everyone can see each other.**

Whose Pleasure?

TO PLAY

- 1. The first player pulls a piece of paper from the bowl and reads the guilty pleasure written on it aloud to the group.**
- 2. After it's read, everyone must cast their vote, one by one. To do this, they must say the name of the person that they think belongs with that particular guilty pleasure. To keep track of how many votes each person has, players should hold up one finger each time their name is called.**
- 3. Once everyone has voted, the original author of that guilty pleasure reveals themselves! The person who recieved the most votes is the one who reads the next piece of paper!**
- 4. Play continues until all papers have been read.**



Additional Party Inspo



Consider adding a few signature cocktails that fit the theme of indulgence like a Cotton Candy Margarita or a Boozy Milkshake.

This party is all about FUN! Use lots of bright and vibrant decorations like balloons and streamers to really lean into the whimsy.



Before your guests arrive, pop on our Guilty Pleasure **playlist**, filled with all those songs you love to listen to on repeat!



Additional Party Inspo

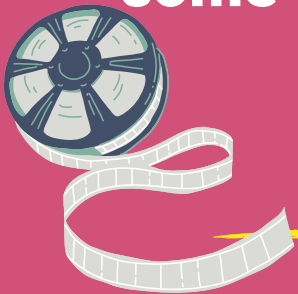


Encourage your guests to dress up in whatever their Guilty Pleasure outfit is.

Maybe it's comfy PJs or maybe it's that floor length gown they bought online at 3 am!



Finish the evening with a movie screening of some Guilty Pleasure faves. Maybe a Rom Com or a Brat Pack Classic.



Send your guests home with a little indulgent treat! Maybe a bag of candy or even a card with the recipe your personal fave Guilty Pleasure delicacy!



We hope you enjoy your Guilty Pleasure Dinner Party!



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