



# THE BAY PORTFOLIO

COMMUNITY ADVERTISING

April 2026  
Issue No. 1



If your business serves the Bay, The Bay Portfolio is where your business belongs

## SEAMLESS TECHNOLOGY FOR YOUR BUSINESS!

CLICK HERE TO VIEW  
OUR SERVICES



## COMPREHENSIVE SERVICES TAILORED TO YOUR NEEDS

Bitspace Business Solutions offers smart, tailored solutions to enhance your operations - from reliable connectivity and cybersecurity to IT support and integrated security systems.



# THE BAY PORTFOLIO

COMMUNITY ADVERTISING



## Editors LETTER

## WELCOME TO THE BAY PORTFOLIO

A portfolio represents a collection of work worth noticing. A structured, organized representation of value - whether that's creative work done, clients served, or products available. In a community magazine specifically, it often carries the additional meaning of reflecting the local identity and trust the publication builds within its readership and business community. That's exactly what this magazine aims to be.

### Why a digital advertising magazine makes sense

Nelson Mandela Bay is home to hundreds of incredible local businesses, many of which rely on Facebook groups and community pages to advertise.

While these platforms are effective in the moment, they come with one major drawback: posts disappear. An advert you saw last week is quickly buried under new content, and when

you need that service or contact number, finding it again can be frustrating - if not impossible.

The Bay Portfolio offers something different. Instead of endlessly scrolling through social feeds, residents know exactly where to look.

Advertisers are clearly listed, easy to locate, and accessible at any time - whether someone is searching for a trusted tradesperson, a restaurant recommendation, or an essential service.

One of the greatest advantages of digital advertising is the ability to embed hyperlinks directly into an advert.

**Turn to Page 6 to read our quick guide on how to use the magazine and make the most of its interactive digital features.**

## Be part of the story

The Bay Portfolio is an independent publication and advertising here means your brand appears alongside other local businesses, you're visible where readers are actively looking for services, and you're supporting and being supported by the local community.

**Unlike social media posts that get lost in crowded feeds, a digital magazine is a destination. Readers open it with intention. They know where to find it. They return to it.**

Whether you're a small family-run operation, a local service provider, or a well-established brand - there is space for you here.

### **Supporting local has never been easier**

People aren't looking for more noise - they're looking for reliability and convenience.

Whether someone is looking for a trusted healthcare provider, deciding where to enjoy a meal or meet friends for drinks, searching for a reliable local tradesperson, exploring property opportunities, or finding out what's happening around The Bay this weekend, this magazine is designed to guide them in the right direction.

## A living, growing platform

This first issue marks the beginning of something we hope will grow with our city. Like any meaningful portfolio, it will evolve - shaped by the businesses who participate and the readers who engage. It will reflect the energy, resilience, and entrepreneurial spirit that define Nelson Mandela Bay.

**It's local. It's practical. And it's proudly Bay-focused.**

By continuing to support the local businesses that keep our Bay thriving - together, we shape the place we call home.

*Shelley D*

Editor & Designer

[info@thebayportfolio.com](mailto:info@thebayportfolio.com)



Mrs D Williams  
PE Specialty Cakes  
Lady Slipper

Send us your favourite photos from anywhere in Port Elizabeth or the surrounding areas. If your images are selected for publication in The Bay Portfolio, you'll receive a free Business Card Directory placement in the next issue.

Email your hi-resolution photos, along with your name and the location where it was taken, to **[info@thebayportfolio.com](mailto:info@thebayportfolio.com)**

We can't wait to showcase The Bay through your lens!





<b>Editor's Note</b>	<b>02</b>	<b>Tide Table</b>	<b>31</b>
<b>Contents Page</b>	<b>05</b>	<b>Taste The Bay</b> Restaurants, Coffee Shops, Homebakes, Bakery's	<b>32</b>
<b>How to use this magazine</b>	<b>06</b>	<b>Bay Property</b> Featured Agent in The Bay Properties for sale/rent	<b>38</b>
<b>Cover Featured Business</b>	<b>07</b>	<b>Bay Home Essentials</b> Home Services Businesses	<b>42</b>
<b>Emergency Contacts</b>	<b>09</b>	<b>Business Matters</b> Featured Business in The Bay Business Chamber Newsletter Businesses	<b>50</b>
<b>Focus on Health &amp; Wellness</b> Featured Health Facility in The Bay Businesses	<b>10</b>	<b>Community Focus</b>	<b>54</b>
<b>Bay Beauty Collective</b> Featured Salon in The Bay Businesses	<b>14</b>	<b>Business Card Directory</b>	<b>56</b>
<b>Fitness in The Bay</b> Featured Venue in The Bay Businesses	<b>20</b>	<b>Advertising Details</b>	<b>60</b>
<b>What's on Guide</b> Events, Sports Activities, Markets, Classes	<b>24</b>		



# THE BAY PORTFOLIO

COMMUNITY ADVERTISING



## HOW TO USE THIS MAGAZINE

### CLICKABLE. CONNECTED. CONVENIENT.

At its heart, this magazine is about connection - bringing together trusted local businesses and useful community information about life in The Bay. It's practical, relevant, and designed to be returned to time and time again. But because it's digital, it offers something even more powerful: **instant action.**

**Unlike traditional print, a digital advertising magazine allows readers to interact directly with what they see.**

**Click on a highlighted email address and your email application opens, ready to send. Click on a website link and you're taken straight to the business's page. Tap a social media icon and you're instantly connected.**

**No searching. No typing.  
No extra steps.**

For local advertisers, this opens up enormous opportunity. Businesses can embed direct links to competitions, special offers, online bookings, event registrations or entry forms. They can include video content, product demonstrations, virtual tours or launch announcements - all accessible with a single click. **An advert is no longer just something to look at; it becomes a gateway.**

**For readers, it creates convenience.  
And in marketing, convenience drives response.**

This is what makes a digital community advertising magazine so effective - it doesn't just showcase businesses; it connects people to them immediately, turning interest into action and keeping our local economy moving forward.





# Smart Technology. Human Support.

Leveraging many years of telecom experience to deliver a complete business technology suite. We provide the Voice, Data, Cyber Security, Automation and IT services South African SMEs need to thrive. One partner, zero headaches.

Bitspace Telecoms was launched to address many of the pain points seen in South African Business voice and data offerings, based on years of experience in the telecommunication industry.

We do not sell single products from a price list. We implement affordable, robust, business telephone and internet solutions, matched to your business, matched to your budget.

We get you connected, and keep you connected.

## **Technology is Complicated. Your Partner Shouldn't Be.**

Tired of call centers and support tickets? Bitspace brings the human element back to IT. We are large enough to handle complex infrastructure, but agile enough to recognise each client's unique requirements.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est.

**+ HEALTH CARE**

# **EMERGENCY**

## **AMBULANCE SERVICES**



- ✓ Health Facilities
- ✓ Standby Events
- ✓ Health Care Training
- ✓ Baby Delivery
- ✓ All Emergency Services

**● CALL NOW : 9111 ●**



# EMERGENCY CONTACTS

NELSON MANDELA BAY

## ALL EMERGENCIES

# 10111



Police (SAPS)

**10111**  
**041 504 5000**



Fire Brigade

**10111**  
**041 504 5000**  
**888**



Ambulance (Government)

**10177**  
**041 373 6777**



Ambulance (Private)

Relay EMS **0861 061 061**  
Netcare 911 **082 911**  
Gardmed **041 373 6777**



Hospitals (Government)

PE Provincial **041 392 3911**  
Livingstone **041 392 6111**  
Dora Nginza **041 406 4111**



Hospitals (Private)

Greenacres **041 390 7000**  
St George's **041 392 6111**  
Mercantile **041 404 0400**



NSRI (Sea Rescue)

**041 585 6011**



Crime Stop (Anonymous)

**08600 10111**



Lifeline

**011 422 4242**  
**0861 322 322**



Suicide Crisis Line

**0800 12 13 14**



Poison Info Helpline

**0861 555 777**



Snake Removal

**xxx**



\*\*\*  
\*\*\*



\*\*\*  
\*\*\*



\*\*\*  
\*\*\*



\*\*\*  
\*\*\*



# PORT ELIZABETH EYE INSTITUTE

AT THE PORT ELIZABETH EYE INSTITUTE WE BELIEVE IN SPECIALIZED CARE THAT FOCUSES SPECIFICALLY ON THE PATIENTS' NEEDS.

Our highly trained specialists provide top-level care and expertise to each patient.



These procedures may include any of the following – click on the procedure for more information.

- + DIABETIC RETINOPATHY
- + VITREORETINAL SURGERY
- + STRABISMUS (SQUINT)
- + MACULA DEGENERATION
- + GLAUCOMA
- + LASER REFRACTIVE SURGERY (LASIK)
- + RETINAL DETACHMENT
- + CATARACTS

## OUR DOCTORS

Our highly qualified surgeons consult from various consultation centres around the greater Durban area to offer surgery from the specially designed day surgical facility at the Umhlanga Eye Institute.

DR PIERRE WASSERMANN



DR JOHAN MULLER



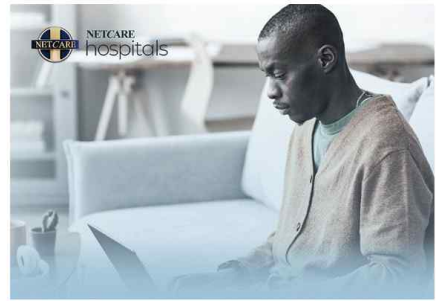
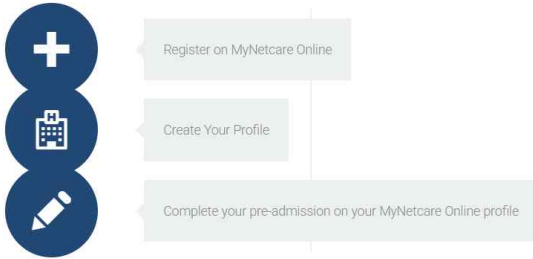
DR ANTHONY ZABOROWSKI





When you complete your Pre-Admission with MyNetcare Online

Pre-admit in THREE easy steps before arriving at the hospital



Visit: [www.netcare.co.za/MyNetcare-Online](http://www.netcare.co.za/MyNetcare-Online)

or scan this QR Code



19 The High Street, Walmer, Port Elizabeth, Eastern Cape

Reception: 041 536 1800 / 1802

Email: [info@pe-eye.co.za](mailto:info@pe-eye.co.za)

Accounts: 041 205 7055

Email: [daytheatredebtors@netcare.co.za](mailto:daytheatredebtors@netcare.co.za)



PORT ELIZABETH  
EYE INSTITUTE



# CHIROPRACTIC CLINIC

We offer professional chiropractic care focused on relieving pain, improving posture, and enhancing mobility.

- ✓ Spinal Adjustments
- ✓ Neck & Back Pain Relief
- ✓ Posture Correction
- ✓ Sciatica & Migraine Treatment



## BOOK NOW

Contact Us:

+123 456 789 098



# PE DENTISTS

## OUR SERVICES

- ✓ Dental Exams
- ✓ Fillings
- ✓ Crowns
- ✓ Odontectomy
- ✓ Periodical X-ray
- ✓ Bridges
- ✓ Veneers
- ✓ Extractions
- ✓ Laser Teeth X-ray



**BOOK TODAY**

**042 568 7951**

**bookings@pedentist.co.za**

**MEDICAL CARE**  
Health & Wellness Support

**YOUR HEALTH  
IS OUR  
PRIORITY**



## Our Services

- ✓ Health Care Service
- ✓ 24 Hour Care
- ✓ Diagnosis Service
- ✓ Specialist Doctors
- ✓ Blood Test
- ✓ Physicals

**041569 2213**



**The best hands to shape  
your child's future**

**ARE HIS OWN**

Identify your child's inborn intelligence to help them blossom to their complete potential

Book a consultation today  
**073 425 9873**

# money to blow

041 859 3627

157 Sunridge Ave  
Sunridge Park



## Enhance your Natural Beauty

Let us give you a make-over at Money to Blow

- by Grace Skin and Wellness -

[Book your hair experience now!](#)

We are a boutique salon nestled in the leafy suburb of Sunridge Park. Our extensive array of world class hair treatments will allow you to indulge your inner princess, refresh your body, and magic away the stress and strain of city living. Our team has been carefully selected, not solely for their technical skills but for their personal charm, attention to detail, commitment to quality and passion for delivering the best possible hair salon experience.



Express yourself colour



Weave Treatments



Ladies Hair Salon



Hair Extensions



## Ladies Hair

Cut Only - Short	265	Cut Only - Medium	375
Cut Only - Long	480	Wash & Blow - Short	190
Wash & Blow - Medium	215	Wash & Blow - Long	230
Wash, Cut & Blow - Short	375	Wash, Cut & Blow - Medium	475
Wash, Cut & Blow - Long	585	Wash & Cut - Fringe	80
Wash & Cuts - Kids	160		

## Colour Treatments

Toner - Long	425	Toner - Medium	375
Toner - Short	320	Colour	855
Colour Toner	375	Hair Line	400
Half Head Highlights	695	Full Head Highlights	1200
Colour Tint	650		

## Hair Treatments

Afro Vegan Treatment	400	Biosense Cryotherapy Treatment	270
Biosense DNA Aftershock Moisture Treatment - Short	270	Biosense DNA Aftershock Moisture Treatment - Medium	320
Biosense DNA Aftershock Moisture Treatment - Long	375	Botox for Hair	490

## Brazillian Hair Treatments

Fringe	330	Gents	550
Hair Line	415	Short Hair	1100
Medium Hair	1300	Long Hair	1500

## Extentions

1 Pack Extensions Installation Inc. Blow Dry	250	2 Pack Extensions Installation Inc. Blow Dry	500
3 Pack Extensions Installation Inc. Blow Dry	750	4 Pack Extensions Installation Inc. Blow Dry	1000
5 Pack Extensions Installation Inc. Blow Dry	1250	Extensions Re-Tape, Installation & Blow	

# Face & Skins Care

SERVICE ARE NOW AVAILABLE

## SERVICE INCLUDE

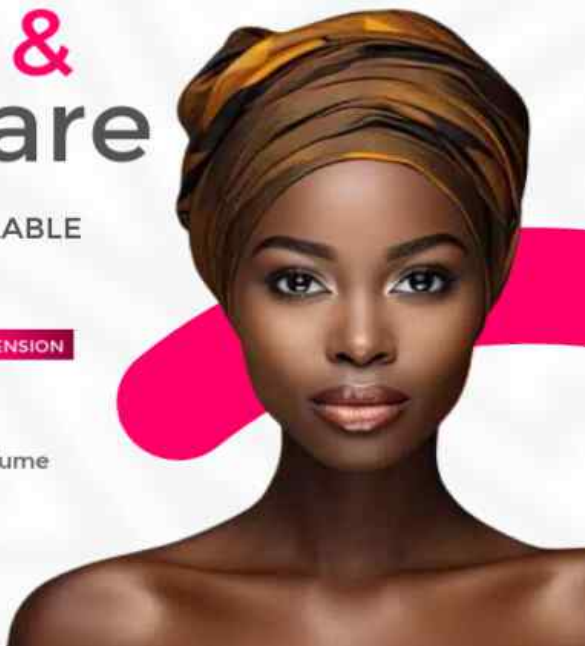
- Microblading
- Microshading
- Combo
- Ombre

## LASHES EXTENSION

- Classic
- Hybrid
- Volume
- Mega Volume

**NB: STRICTLY ON BOOKINGS**

 **Madina Lorry Station**  
Near the plaza Hostel agcdm



# NAIL ART

Studio

Enhance your style with stunning nail art designs that reflect your unique personality. Book an appointment today!

**BOOK NOW**



KALA LUXURY SALON & SPA

# HEY! WE HAVE MOVED



456, KAMIA STREET  
PORT ELIZABETH

041 562 9834 // [www.kalalux.com](http://www.kalalux.com) // [kala@gmail.com](mailto:kala@gmail.com)



**THE BAY**  
PORTFOLIO  
COMMUNITY ADVERTISING

**ADVERTISE YOUR  
BUSINESS HERE**

Details on the back page  
of this magazine



**SERENITY SPA**

massage and wellness centre

CLICK HERE FOR OUR  
LIST OF SERVICES

**041 987 3279**

45 Cape Road, Mill Park



**BEAUTY  
SALON**  
HAIR & BODY TREATMENT

**042 859 2567**

**GET 30% OFF**  
ALL NEW CUSTOMERS

**BOOK NOW**

TREATMENTS FOR  
LADIES AND GENTS

126 Walker Drive  
Ben Kamma



# MAKEUP & NAILS

*Quality & beauty*

## *Our Offers*

MAKEUP  
NAIL POLISHING  
NAIL FIXING  
EYE LASHES  
CONTACT  
LENSES FACIAL  
TREATMENT

**CALL US**  
041 562 9637

**OFFICE ADDRESS**  
148 CAPE ROAD  
MILL PARK  
PORT ELIZABETH

At Technogym Biocircuit, we're not your typical gym. We're your personal blueprint for living well - longer. Whether you're 30 or 65, your healthspan matters. That's the number of years you stay fit, active, and independent, doing the things you love.

The science is clear: Strength and cardiovascular fitness are the biggest predictors of how well you'll age.

That's why we focus on building muscle and boosting your VO2 Max, using cutting-edge technology designed for real people.

Our AI-guided Technogym Biocircuit provides a safe, welcoming space for everyone, whether you're a complete beginner, returning to fitness, or looking to push your limits. No booking. No confusion. Just the most efficient 30-minute workout for a stronger, longer life.

## OUR TECHNOGYM BIOCIRCUIT

The perfect workout for people short on time, but needing great results.

- > 30 minutes
- > Fully AI automated
- > Auto-progression
- > No booking required for members
- > Safe, easy, fun

At Threezero this is no ordinary circuit. The machines are completely automated and guide you every step of the way.

The future of fitness.



## SMART WORKOUTS MADE SIMPLE

Just log in and start training. You will be guided to the first machine and it will adjust itself to your personal settings automatically.

The 30 second rest period between machines keeps your heart rate up and keeps you moving.

Never wait for a machine. Never put a weight away. No need to remember your settings or make an adjustment thanks to our Biodrive engine and AI.

Everyone moves around the circuit in sync so that you never get stuck waiting for someone to finish. The machines know where to position the seat and what weight to select for you. They also know what programme you are on and what pace you are training at.

Your digital personal trainer monitors your performance and suggests changes as you progress, pushing you to achieve more.



**30 MINUTES**  
**CARDIO AND STRENGTH**  
**FULLY AUTOMATED**  
**NO WAITING**  
**GUIDED BY YOUR AI TRAINER**

Discover the future of fitness with our Technogym Biocircuit. It makes gym fun again.

Log in and train. Always know what to do and how to do it.

Never stand around waiting for a machine.

30 minutes to complete a workout. 30 seconds between exercises. Zero intimidation.

[BOOK A TRIAL](#)



**Robyn**

1 year ago



30 minutes flies by so quickly!

I cant believe I'am about to say this about a gym, but I have the best time going every day! I have a bunch of gals that I go with t...

[Read more](#)



**Tom F**

1 year ago



Best Ever 30 min Workout

Stumbled across this amazing gym by chance. Andrew and his team were so welcoming and explained the set up in 5...

[Read more](#)



**MartincUK**

1 year ago



A perfect programmed gym

As a complete novice when it comes to gyms this was a revelation. Following instruction I enjoyed five weeks of exercise...

[Read more](#)

## MEMBERSHIPS

### MONTHLY – UNLIMITED TRAINING

- 18 MONTHS – R950/MONTH
- 12 MONTHS – R1195/MONTH
- 6 MONTHS – R1395/MONTH
- MONTH-TO-MONTH – R1595/MONTH

### ONCE-OFF

- TRIAL SESSION – R200
- DROP IN – R200/DAY
- 12 SESSION PACKAGE – R1999

[SIGN UP NOW](#)

# Pilates Class

A strong body begins with a strong core — but Pilates goes beyond muscles. It teaches you to slow down, breathe deeply, and listen to your body.

- ✓ Strengthen core muscles
- ✓ Improve posture and flexibility
- ✓ Low-impact exercises, easy on joints

**Register Now**

 (968)736-4938  
[www.yourwebsite.com](http://www.yourwebsite.com)



## WATER AEROBICS CLASSES JOIN US AT OUR INDOOR POOL



**NEW CLASS STARTING  
STARTING  
MARCH 7,  
2026**  
DIVE INTO A LOW-IMPACT,  
HIGH-ENERGY WORKOUT



# GRAND BIKE SALE



**BIKE NAME 1**

ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.



**BIKE NAME 2**

ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.



**BIKE NAME 3**

ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.



**Helmet 1**

**TRONCO R2750**



**Helmet 2**

**TRONCO R3250**



**Helmet 3**

**TRONCO R2350**

# 041 562 3895

ORDER ONLINE AT  
**WWW.KSPEDU.COM**  
AND PICKUP AT STORE

ADDRESS LINE 1  
CITY, STATE, ZIP CODE  
**+91-6005309242**



**MARCH  
30TH**

**SPORT EVENT PRESENTS**

**START  
6:00**

[CLICK HERE  
TO ENTER](#)

A man and a woman running on a track. The man is wearing a blue tank top and the woman is wearing a pink tank top. They are both looking forward with determination. The background shows a sunset or sunrise over a city skyline.

# **CITY MARATHON**

## **2026**

**CATEGORIES: 5km • 10km • 21.1km • 42.2km**

**FREE REGISTRATION • FREE HYDRATION • OPEN TO ALL**



COME & JOIN US FOR OUR...

**10K**

**RUN &  
WALK**

**SATURDAY, MARCH 20, 2026**

**STARTS: 7AM - MARINE DRIVE**

**MORE INFO:**

**[WWW.SPORTSEASTCAPE.COM](http://WWW.SPORTSEASTCAPE.COM)**



**PE HIKING**  
*club*

**EVERBODY  
WELCOME**

**EVERY SATURDAY**

**6AM-9AM**

**SUITS ALL LEVELS  
OF FITNESS**

**MEET AT MAIN GATE, MOUNTAIN PASS**

# LIVE MUSIC



PERFORMANCE BY

**24**  
**APRIL**

**OLIVIA ROMAN**

Lorem Ipsum dolor

**DAVIDE PEREZ**

Lorem Ipsum dolor

123 Anywhere St., Anycity | Start at 8PM





# FRESH -LOCAL- GROWN

YOUR COUNTY  
FARMER'S MARKET

10 AM - 4 PM

**-EVERY SATURDAY-**

LOCAL CRAFTS  
HOMEMADE GOODS

HANDMADE ITEMS  
LOCAL ARTISTS

For more INFO including booth  
pricing call 1-234-567-8910 or go to  
[countyFARMERSmarket.com](http://countyFARMERSmarket.com)



# Pottery Workshop

Shape your artistic vision in clay

Join us for a pottery workshop where you'll mold shape and create your own masterpiece.

March 12

R500 per person



# Trivia Night

CASH PRIZE FOR WINNING TEAM  
**R500 PRIZE**

DRINK SPECIALS | LIVE MUSIC | PARKING AREA | STARTS 6PM  
R.S.VP 0046 8566 95666 | 234 WEST ROAD CITY

# **PAINT & SIP NIGHT**

JOIN US FOR A NIGHT OF ART

5PM - 11PM

SATURDAY, MAR 21st 2026

INCLUDES:

FREE ART KIT ON ARRIVAL  
STEP-BY-STEP GUIDANCE  
FREE DRINK UPON ARRIVAL  
TAKE HOME HAND PAINTING  
LIVE MUSIC & ENTERTAINMENT

**RSVP TO SECURE  
YOUR SPOT**

WWW.WEBSITE.COM  
+0128 456 789

**ONLY  
R250**

AT THE SOUTH FRONT BEACH BAR  
1230 STREET NAME, CITY, STATE, ZIP



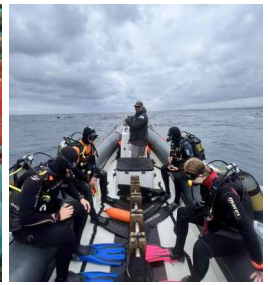


**THE BAY**  
PORTFOLIO

COMMUNITY ADVERTISING

**ADVERTISE YOUR EVENT HERE**

Details on the back page of this magazine



## March 2026 Tide Table - Port Elizabeth

**Spring Tide**  
26 May 03:50  
**Lowest Tide**  
28 May 10:20

### Moon Phases

3 Wednesday  
1st Quarter



10 Wednesday  
Full Moon



19 Friday  
3rd Quarter



25 Thursday  
New Moon



Date	1 <sup>st</sup> Tide	2 <sup>nd</sup> Tide	3 <sup>rd</sup> Tide	4 <sup>th</sup> Tide	Sunrise	Sunset
01 Monday	06:49 H	13:02 L	19:02 H	01:30 L	06:55	17:39
02 Tuesday	07:43 H	14:00 L	20:28 H	02:00 L	06:56	17:38
03 Wednesday	02:48 L	09:05 H	15:31 L	22:14 H	06:57	17:37
04 Thursday	04:46 L	11:06 H	17:25 L	23:59 H	06:58	17:36
05 Friday	06:24 L	12:36 H	18:42 L	01:04 H	06:59	17:35
06 Saturday	07:21 L	13:30 H	19:32 L	01:48 H	06:59	17:34
07 Sunday	08:01 L	14:09 H	20:10 L	02:00 H	07:00	17:33
08 Monday	02:23 H	08:34 L	14:42 H	20:42 L	07:01	17:32
09 Tuesday	02:54 H	09:04 L	15:12 H	21:12 L	07:02	17:31
10 Wednesday	03:23 H	09:33 L	15:41 H	21:41 L	07:02	17:31
11 Thursday	03:52 H	10:01 L	16:09 H	22:10 L	07:03	17:30
12 Friday	04:20 H	10:20 L	16:38 H	22:39 L	07:04	17:29
13 Saturday	04:38 H	10:57 L	17:06 H	23:08 L	07:05	17:28
14 Sunday	05:17 H	11:26 L	17:37 H	23:39 L	07:05	17:28
15 Monday	05:46 H	11:56 L	18:09 H	00:12 L	07:06	17:27
16 Tuesday	06:19 H	12:30 L	18:47 H	00:53 L	07:07	17:26
17 Wednesday	06:59 H	13:12 L	19:37 H	01:48 L	07:08	17:25
18 Thursday	07:55 H	14:12 L	20:50 H	02:00 L	07:09	17:25
19 Friday	03:13 L	09:23 H	15:43 L	22:27 H	07:10	17:24
20 Saturday	04:58 L	11:07 H	17:19 L	23:52 H	07:10	17:24
21 Sunday	06:15 L	12:24 H	18:29 L	00:53 H	07:11	17:23
22 Monday	07:11 L	13:19 H	19:23 L	01:42 H	07:12	17:23
23 Tuesday	07:57 L	14:06 H	20:10 L	02:00 H	07:13	17:22
24 Wednesday	02:26 H	08:40 L	14:50 H	20:54 L	07:14	17:22
25 Thursday	03:09 H	09:21 L	15:32 H	21:37 L	07:14	17:21
26 Friday	03:50 H	10:02 L	16:14 H	22:19 L	07:15	17:21
27 Saturday	04:31 H	10:43 L	16:56 H	23:02 L	07:16	17:20
28 Sunday	05:13 H	11:24 L	17:39 H	23:46 L	07:16	17:20
29 Monday	05:55 H	12:07 L	18:25 H	00:32 L	07:17	17:19
30 Tuesday	06:41 H	12:54 L	19:15 H	01:25 L	07:17	17:19
31 Wednesday	07:33 H	13:47 L	20:15 H	02:00 L	07:18	17:19

041 895 6325  
082 968 7412  
enquiries@dive.co.za

BOOKING ENQUIRIES

52 Walmer Main Road  
Walmer  
Port Elizabeth

Mon-Fri 9am - 5pm  
Sat 9am - 1pm  
Sun Closed



**5STAR**  
INSTRUCTOR  
DEVELOPMENT  
CENTER



Owner inspired and run, we are a combination of four parts to the whole, rotating in our kitchen, lounge, dining and bar areas constantly, we believe in being a part of your experience.

If you have had the opportunity of coming through to us, you most certainly would have either had the chance in meeting Fabien, Sean, Lisa, Damo or Matt. We are your hosts.

We create and motivate our team to bring you a pleasurable experience for any occasion and are often seen in various areas of the restaurant creating iconic dishes for the pallet.

We truly hope you enjoy your experience with us as our every effort goes into making your visit as a customer a memorable one.

### From Owner, Raymond

"Self-motivated and focused on achieving positive results, my passion lies with my team in any part of the food and beverage sphere. Vehement about food, travel and training.

I get absolute satisfaction in the creative journey of bringing raw materials to the end product, photographed and in front of the guest. When not in the dining room, I am searching for new ways to be creative, whilst enjoying time on the golf course and alongside my family."





*Every bite tells a  
story of flavor  
and tradition*



241 Main Road, Walmer, Port Elizabeth

thegrill@mainroad.co.za

Bookings 041 880 1411

Events Bookings 041 374 0480

Monday - Friday

11:00 - 22:00

Weekends & Public Holidays

11:00 - 23:00

*Super Delicious*  
**BURGER**





# Freshly Baked BREAD

GUARANTEED  
FRESHNESS

WHOLE GRAIN, WHITE, RYE & WHEAT



141 WESTERN ROAD, PLYMOUTH



## Kitchen Corral

From the decor to the jazz music, Golden Palace has the style and warmth that makes it perfect for celebrating with friends or a quiet evening for two. The extensive menu features broiled steaks and chops, wood-roasted seafood and roasted meats, all prepared in an open kitchen.

\*1-202-355-0195 | 1202 WARREN AVENUE,  
NEW YORK 11967 | WWW.KITCHENCORRAL.COM

### MONDAY NIGHT SPECIAL

#### Southern Fried Chicken

cole slaw, redskin mashed potatoes, mushroom gravy, homemade biscuits, grade "A", honey



### DEN PALACE GRILL KIT

#### Filet Grill Kit

4 Filet mignon, 4 parmesan crusted, redskin mashed potatoes, balsamic roasted vegetables, homemade cornbread, key lime pie





EVERY  
TUESDAY

FOOD  
DRINK  
HOOKAH

# TACO Tuesday



GET 2 TACOS FOR \$8 ALL DAY!

©LAYOUTPRO



**SWEET  
GRANIES  
BAKERY**

# Birthday Cakes

**WE PROVIDE YOU  
WITH A VARIETY  
OF CAKES IN ALL  
SIZES AND  
FLAVOURS**

*Place Your Order today*



@Cleaning Flories Handle

# GRAND OPENING

## Coffee Shop



1 March 2026



852 Main Road  
Walmer



## Your trusted area specialist in Home and Hectare, Eastern Cape

As a mother of two and an avid cyclist, I am proud to add the title of a real estate agent to my list of accomplishments. For more than two decades, I have co-directed a business with my husband, during which we engaged in property buying and renovation for resale. It was during this time that my passion for real estate ignited. The process of acquiring a house, envisioning its potential and witnessing my ideas materialize into reality has been incredibly fulfilling for me. Being a creative thinker allows me to see opportunities to craft beautiful spaces that truly feel like a home. Living in my own home for 35 years has given me a profound sense of happiness and serenity every time I drive through its gates. It has become my sanctuary, an album of cherished memories and the place I hold dearest in my heart.

**HOME & HECTARE**  
REAL ESTATE  
*At Home with Trust.*

Mandy Akom  
Property Specialist  
082 551 9048



This deep connection to my own home is why I am enthusiastic about assisting other families in finding their own sanctuaries and spaces where they can create lifelong memories. Furthermore, I take pleasure in helping clients part with their homes, ensuring that I find buyers who will cherish the property just as much as they did. I invite clients to entrust me with marketing their properties, promising to do everything in my capacity to sell their homes and discover a perfect fit for their next chapter in life. A home is a place that sees many families come and go, each leaving their mark of energy, life and love, contributing to its unique story. I hold dear two favorite quotes that inspire me: "I can, I will .... End of story." - Anonymous "A winner is a dreamer who never gives up." - Anonymous And I firmly believe that in every aspect of life, including real estate, kindness can make a world of difference.





**Ready to  
Sell?  
Let's  
Make It  
Happen!**

Find your family's dream home, and be  
happy with it.

MANDY AKOM - 082 551 9048

- Free Market Valuation
- Expert Guidance
- Maximum Exposure

[View all my listings here](#)



## 5 Signs You've Found the Right Home

- You can picture your furniture there.
- The commute feels manageable.
- You feel relaxed, not stressed, walking through it.
- It ticks 80% of your must-haves.
- You don't want to look at other houses anymore.

# LUXURY HOME Sale

Experience Living in Pure Elegance



7,500 Sq Ft

**R15.9MILLION**  
FOR SALE



5 Beds



6 Baths



Infinity Pool



Fire Pit



3-Car Garage



Schedule a Private Tour  
Call/Text: (123) 456-7890





# Homes PE

## Find Your Dream Home

We'll Help You to  
Own Your Dream Home

Contact Us : 041 598 6327 [homes@pe.com](mailto:homes@pe.com)



# FOR SALE

*Delilyah Johnson*

**YOUR LICENSED REAL ESTATE AGENT**

**BUY / SELL / RENT  
WITH US**



# 041 562 3895

**P** **PROFI**  
REAL ESTATE [WWW.YOURPROWEBSITE.COM](http://WWW.YOURPROWEBSITE.COM)

# BEST GARDEN & LANDSCAPING MAINTENANCE

LAWN & GARDEN SERVICES

SAVE 20% ON FIRST BOOKING



## WE OFFER:

- Lawn Maintenance
- Garden Design
- Tree Trimming
- Landscape Design
- Mulch & Sod Installation
- Mowing
- & More!

## ABOUT OUR SERVICES

Lorem ipsum dolor sit amet consectetur adipiscing elit sed do eiusmod tempor incididunt ut labore magna aliqua. Quis nostrud veniam minim exercitation minim lorem ipsum exercito wiusmo conseto elit sed do eiusmod.

CALL NOW!

800-965-7445



WWW.WEBSITE



add your  
**LOGO**

# SUPER FAST INTERNET SERVICE

5G Technology, Stable  
But More Affordable



## HOME PACKAGE

Lorem ipsum dolor sit am,  
consectetur adipiscing, sed  
diam nonummy

**20**  
MBPS

**R850**  
PER MONTH

## GAMER PACKAGE

Lorem ipsum dolor sit am,  
consectetur adipiscing, sed  
diam nonummy

**30**  
MBPS

**R700**  
PER MONTH

## BUSINESS PACK

Lorem ipsum dolor sit am,  
consectetur adipiscing, sed  
diam nonummy

**50**  
MBPS

**R1500**  
PER MONTH

**FAST HOME WIFI SERVICE ON A  
99.9% RELIABLE\* NETWORK**

## ABOUT OUR COMPANY

Lorem ipsum dolor sit amet, consectetur  
adipiscing elit, sed diam nonummy nibh euismod  
tincidunt ut laoreet dolore magna aliquam erat  
volutpat. Ut wisi enim,



Call For Appointment  
**+123-456-7890**



VISIT US:  
[www.yourwebsite.com](http://www.yourwebsite.com)



123 Strett Name City Name,  
State, Country, 1234

# Window Cleaning Service

Enjoy Impeccable Cleanliness Now!

Our Services:

- Scheduled Maintenance
- Home and Business
- Carpet and Floor Hygiene

**Book Now**



**M**  
MARGELL POOL SERVICES

# CRYSTAL CLEAR POOL

CLEANING / MAINTENANCE / REPAIRS

**041 638 2148**

[www.margellpoolcleaners.nz](http://www.margellpoolcleaners.nz)

The advertisement features a background image of a swimming pool with blue tiles and a blue geometric pattern. The text is overlaid in white and orange.

# PURE, FRESH WATER DELIVERY

**HOMES & OFFICES**

**041 985 3575**

[water@delivery.co.za](mailto:water@delivery.co.za)

The advertisement features a background image of a water delivery truck with a large blue water tank. A person in a blue uniform is standing next to the truck, holding a large blue water bottle. The background is a dark blue gradient with water splashes.

COMPANY  
LOGO



## FLOORING from Carpet to Hardwood

---

### WHAT WE DO

Vinyl Flooring  
Hardwood Flooring  
Laminate Flooring  
Type text  
Type text  
Type text

# FLOORING



Location



123 456 789

[www.yourwebsite.com](http://www.yourwebsite.com)



# PLUMBING SERVICES

- Blocked Drains
- Gas Pipe Repairs
- Water Installation
- Emergency Service



# HANDYMAN SERVICES

We're dedicated to providing top-notch handyman services to homeowners and businesses in [Your City/Region]. Our team of experienced and skilled handymen are committed to delivering fast, reliable, and affordable solutions for all your repair and maintenance needs.

## SERVICES

- Home repairs
- Furniture assembly
- Painting & decorating
- Plumbing & electrical
- Competitive prices
- Free estimates
- Residential & commercial services
- Expert repairs & maintenance
- Custom furniture assembly
- Interior & exterior painting
- Emergency services available
- Fully insured & bonded



Contact us

Location





COMPANY NAME


# AUTO REPAIR

SERVICES OFFERED OFFERED

GENERAL REPAIRS · COOLING SYSTEMS · ENGINE MANAGEMENT SYSTEMS · EXHAUSTS SYSTEMS ·  
POWER STEERING · REGISTRATION INSPECTIONS · TRANSMISSIONS REPAIRS · AND MORE



REQUEST AN APPOINTMENT

 12 345 7890

VISIT US TODAY

COMPANY ADDRESS, CITY, AVENUE, 143 STREET, ZIP CODE  
[WWW.YOURCOMPANY.COM](http://WWW.YOURCOMPANY.COM)



**THE BAY**  
**PORTFOLIO**  
COMMUNITY ADVERTISING

**ADVERTISE YOUR BUSINESS HERE**

Details on the back page of this magazine



 **THE GAS  
CONNEXION**

37 Circular Drive

**Contact us for all your Gas requirements**

**041 368 5835**

**[info@thegasconnexion.co.za](mailto:info@thegasconnexion.co.za)**





# Trusted

# Security Services

by WeTrust



## We Provide

- Basic Unarmed Security
- Night Watchmen
- Event Security
- Constitution Guards
- Security Training
- Crime Report

### Contact Us:

(09) 123 456 789

info@websitename.com

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et do

*Protected. Secured. Guarded*



WeTrust

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et do



NextGen Biz Academy



# BUSINESS TRAINING

Master essential skills to excel in your career and personal growth!



## Our Services

- Effective Communication
- Leadership & Teamwork
- Time Management
- Problem-Solving & Critical Thinking



**24TH APRIL, 2026**  
10:00 AM - 12:00 PM



**125 Main Road,  
Walmer, PE**



**REGISTER NOW**



Contact us  
**+27 456 789 098**



Visit Our Website  
[www.business training.com](http://www.business training.com)





# LAW CONSULTANT

Need Legal Counsel?

**WE WILL DEFEND YOUR RIGHTS!**

- ☑ Property Law & Leases
- ☑ Criminal Law & Divorce
- ☑ Litigation & Dispute
- ☑ Wills & Estates
- ☑ Powers of Attorneys

Tel. +27 041 526 9875  
[www.yoursite.com](http://www.yoursite.com)



## Accounting & Bookkeeping Expert Solution

More than 12 Years Of Accounting  
Experties and in Bookkeeping Management

### OUR SERVICES OFFERED

- Advisory Services Business Consulting
- Tax Planning Tax Preparation
- Pension & Profit Sharing
- Tax Preparation IRS Representation
- Advisory Services Business Consulting
- Tax Planning Tax Preparation
- Advisory Services Business Consulting

**Why Trust Our Company?**



# PRINT SHOP


Our print shop provides a comprehensive range of printing services to cater to both your business and personal requirements.

## OUR SERVICES:

- Fast and Reliable Service
- Professional Printing Services
- Personalized Stationery

**Print with Us Now!**

Contact Us

 **041 568 97235**





**BAY FIRE**  
**SAFETY SOLUTIONS**  
 TRAINING • SERVICE • CONSULTATION • SALES

**HOW CAN WE HELP YOU?**

## FIRE EQUIPMENT ANNUAL SERVICING SALES & INSTALLATIONS

- **FIRE EXTINGUISHER SERVICING**  
 monthly inspections and annual services
- **SALES & INSTALLATIONS**
- **HOSE REELS & CABINETS**
- **FIRE BLANKETS & SMOKE ALARMS**
- **EMERGENCY SIGNAGE**
- **EMERGENCY ESCAPE PLANS**
- **SAFETY FILES**
- **HEALTH & SAFETY CONSULTATIONS**



113 Willet Street, Newton Park, Port Elizabeth  
 Contact us on [admin@bayfiress.com](mailto:admin@bayfiress.com)



041 072 0102



072 519 5736

[www.bayfiresafetyolutions.com](http://www.bayfiresafetyolutions.com)

Since 1993, Children Haven has been a beacon of hope for vulnerable children. Founded by the visionary efforts of Sister Lea and her family from their suburban home, our journey began as a registered Children’s Home, facilitating the placement of nearly 1000 foundling babies into loving forever families. Our enduring commitment has always been to put the needs of children first.

## **Evolving to meet changing needs**

As the landscape of child welfare evolved, so too did our role. To uphold our primary value of “keeping Children First,” we now operate as a registered preschool (Early Childhood Development Centre), providing responsive nurture for children from families in crisis. Our program interventions are grounded in trauma-informed methodologies, including conscious discipline and attachment parenting, ensuring holistic support for every child in our care.

## **A new chapter**

After more than 30 years of dedicated service as a stand-alone Non-Profit, we have entered a new chapter, coming under the umbrella of Embrace Village. This pioneering, community-driven Non-Profit, was established to foster a more sustainable model that supports income-generating initiatives.



This strategic partnership allows us to continue our vital work with children while building a resilient and interconnected community.

## **Our continued commitment**

Within our centre, we are dedicated to strengthening children through intentionally scaffolded support, learning, and training. Simultaneously, as part of Embrace Village, we are weaving strong connections between various community members to create a healthy, integrated environment where every group is supported and uplifted. Our guiding principle remains constant: ensuring the needs of children are always our first priority.





**HELP  
NOW**

# CHARITY FUNDRAISER

## OUR PROGRAM INCLUDES:

- FOOD SUPPLIES
- SHELTER
- BLANKETS
- CANNED FOOD
- HOUSE REPAIR
- CLEAN WATER

## ABOUT US

For more info call: 123 456 789 or  
visit [www.yourcentre.com](http://www.yourcentre.com)

**DONATE TODAY**

# BAY BUSINESS CARD DIRECTORY

Category



Category



Category



Category



Category



Category



Category



Category



# BAY BUSINESS CARD DIRECTORY

Category



Category



Category



Category



Category



Category



Category



Category



# BAY BUSINESS CARD DIRECTORY

Category



Category



Category



Category



Category



Category



Category



Category



# BAY BUSINESS CARD DIRECTORY

Category

LOGO

CLOTHING BRAND

## Velvet Vogue

Phone: +1 (234) 567-8901  
Email: [contact@elegantthreads.com](mailto:contact@elegantthreads.com)  
Website: [www.elegantthreads.com](http://www.elegantthreads.com)  
Instagram: @ElegantThreads  
Facebook: @ElegantThreadsDesigns

Category

Quest Lawn Care

We provide professional services

Bob Quest

555-555-5555

Category

## PERMIT / VISA SUPPORT

VISIT VISA  
STUDY VISA  
TOURISTS VISA  
HOLIDAY VISA

For more information contact us at:

000-0000-0000 000-0000-0000  
47 Qn Strand Street, City Center, Cape Town, 8001\*

Category

ELITE CLEANERS

Making the difference

0800-402-034 [www.elitecleaners.com](http://www.elitecleaners.com) [elitecleaners@gmail.com](mailto:elitecleaners@gmail.com) [www.elitecleaners.co](http://www.elitecleaners.co)

Category

## Your Bakery Name

Your logo

Order Now

+10000000000

Yourgmail@gmail.com

your address st24 block 26

Category

SPRINGS STUDIOS

## OLIVER ANDREWS

Photographer

+0083 2345 0035  
[olivephoto@info.com](mailto:olivephoto@info.com)  
234 West Avenue Road  
New City 0035

Category

## Kimberly

HAIR & MAKEUP

C: 555-785-8200  
1223 WEST BRIDGE, PALM BEACH, FL 32909  
[WWW.YOURWEBSITE.COM](http://WWW.YOURWEBSITE.COM)

Category

## Leonardo Goldy

HANDYMAN

Call 111-222-5630

[www.leonardohandyman.com](http://www.leonardohandyman.com)



# THE BAY PORTFOLIO

COMMUNITY ADVERTISING

April 2026  
Issue No. 1



If your business serves the Bay, The Bay Portfolio is where your business belongs

**Are you interested in advertising your business  
in the first edition of our magazine?**

Opening issue release - 1<sup>st</sup> week of March 2026

Deadline for bookings - 25<sup>th</sup> February 2026

**LAUNCH  
SPECIAL**

## ADVERTISING RATES

	1 Month	3 Months (20% Discount)
Business Card	R175	R425
Quarter Page	R265	R635
Half Page (portrait or landscape)	R425	R995
Full Page	R745	R1785
Feature + Full Page	R1495	
Cover + Feature Page	R1995	

Please note: If artwork is required, additional fee's will be charged. Terms and conditions apply



[info@thebayportfolio.com](mailto:info@thebayportfolio.com)

### DISCLAIMER

Reproduction or use in whole or in part of the contents of this magazine without written permission is prohibited. The Bay Portfolio makes every effort to ensure the accuracy of content published.

Neither the publishers or advertisers will be held responsible for any errors found herein, and the publisher accepts no liability for the accuracy of the statements made by advertisers in advertising and promotional materials.