

Loving life with little ones

FREE

# toddle<sup>about</sup>

N. Hampshire  
& W. Berks

PAYING  
ATTENTION

And why is it so hard?

Jul - Sep 2025



SUMMER DAYS OUT &  
BOREDOM BUSTER CRAFT

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a Family  
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over £400

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children aged from three  
months to five years.**



**[www.kidsincnurseries.co.uk](http://www.kidsincnurseries.co.uk)**

\*Terms and conditions apply. Standard registration fee is £100.

# WELCOME

## SUMMER EDITION!



Hello and welcome to this sun-soaked issue, we've got a wealth of goodies to keep you and your little ones engaged and entertained.

We love to help our advertisers and their businesses thrive, from intimate networking sessions to hosting local businesses on our new **ToddTalk Podcast**. We are more than in print advertising we are supporting the small businesses to engage with more local families.

So what can you expect from this issue. Looking for fun, seasonal activities? Why not create a **DIY boredom buster Jar** with your little one (p.16)? Or soak up some much needed summer sun at any of our recommended summer events (p.8).

Though the real pièce de résistance is our **Daily Activity Planner** – a day-by-day breakdown of groups and classes for your little ones from p.29. Keep boredom at bay and join the fun!

### Help us plant a forest!

As part of our commitment to the environment, **we plant a tree for every new subscriber who signs up to Toddle About**. Help us make a difference for the planet while discovering all the joy this season brings.

See our growing forest at [www.ecologi.com/toddleabout](http://www.ecologi.com/toddleabout)

**Subscribe FOR FREE today at**  
[toddle.fun/FreeForever](http://toddle.fun/FreeForever)

### Subscriptions have changed, for the better!

This magazine is now FREE Forever, no longer will you need to pay £2 every 3 months. Plus, you still get all the other VIP perks including exclusive reviews and freebies.

We can't wait for everything this quarter has in store!

*Bill & Emily*  
Loving life with little ones!

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: [www.toddleabout.co.uk](http://www.toddleabout.co.uk)



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### Cover picture:

Local Photographer?  
Want to provide a photo for our next magazine?  
Send us an email to find out more:  
[bill@toddleabout.co.uk](mailto:bill@toddleabout.co.uk)



## MEET THE TEAM



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Tim & Ruth - Franchisors

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📧 [toddleabout\\_nhants\\_wberks](mailto:toddleabout_nhants_wberks)

**9,000 copies** of Toddle About are distributed every quarter around North Hampshire and West Berkshire including Newbury, Thatcham, Alton, Winchester, Andover, Tadley, Bramley, Basingstoke, Hook and surrounding area.

Whilst every effort has been made to ensure the information in Toddle About is accurate and correct, we cannot guarantee that this is so and Toddle About Limited cannot and does not accept any liability for loss, damage or problems arising from any errors, omissions or inaccuracies in content, nor from actions taken by readers based on information or opinions presented in advertisements or throughout the magazine. Images and information supplied by 3rd parties have been accepted in good faith and all liability for any legal transgression including breach of copyright remains with the supplying parties.

Toddle About North Hampshire & West Berkshire, 19 Herriard Way, Tadley Hampshire RG26 3UG. Call us on 07357 162124.



## The Ultimate Family Fun Day

Toddler About LIVE! is a must-visit family event, bringing together everything from pregnancy to preschool and beyond in one action-packed day. Expect live expert talks, hands-on demos, and interactive sessions for little ones to explore music, movement and play. Browse a showcase of top parenting brands, enjoy face painting and soft play, and connect with others on the same journey. The first 200 families will receive an exclusive goody bag filled with samples and treats.

**Find out more at [toddler.fun/live](http://toddler.fun/live) See P.40**



## Summer Fun with Tots Play

Tots Play's Summer Sessions are bursting with fun and variety for little ones. Each session blends baby yoga, sign language, music, and messy sensory play, designed to stimulate development and encourage joyful interaction. This summer's themed classes include a teddy bears' picnic, beach party, and in the garden adventures—perfect for sparking curiosity and bonding time. Running across July and August, these sessions offer an ideal way to keep babies and toddlers active, engaged and smiling all holiday long.

**Book your spot now at [www.totsplay.co.uk](http://www.totsplay.co.uk).**



## Hidden Book Fun for Little Readers

Sweet Caroline's Hidden Book Adventure encourages children to discover the joy of reading through a magical book-hiding game. Families can find hidden books, take them home to enjoy, then re-hide them to keep the adventure alive. You can also hide your own to join the fun. This heartfelt initiative is in memory of Caroline, who sadly passed away too soon but inspired many with her love of books and children's literacy.

**Check out Sweet Caroline's Hidden Book Adventure on Facebook**

## Your New Favourite Podcast

Toddler About has launched Tod Talks—think Ted Talks for brilliant businesses supporting families with children aged 0–5. Hosted by Bill Clapson, each episode features expert guests from the parenting and early years world, offering practical tips, inspiration and real-life insights. Whether you're navigating parenthood or working in the sector, Tod Talks brings you stories that matter.

**Available on Apple Podcasts, Spotify and YouTube. Search Tod Talks from Toddler About.**



## Start Your Ride On Time Journey

Ride On Time are specialists in ride on toy play! Based in Oxfordshire they offer play sessions, party hire and are dedicated to teaching early years road safety. They are searching for franchisees to bring Ride On Time to new communities! They would love to have a chat with anyone interested in finding out more about how this could work for them. Flexible working and a job that is rewarding and fun! Get in touch today!!

**[www.rideontimehire.com](http://www.rideontimehire.com) See P.36**





## Charity Brings Joy to Young Patients

Hampshire Hospitals Charity has welcomed a generous donation from Merlin Entertainments' Magic Wand team—a mobile entertainment unit now in use on the children's ward at Basingstoke and North Hampshire Hospital. Featuring an Xbox, games, LEGO® and DUPLO®, the unit helps bring comfort and creativity to young patients during their stay. The charity continues to enhance the hospital experience for children through thoughtful, engaging support like this.

To find out more, visit [hampshirehospitalscharity.org/](http://hampshirehospitalscharity.org/)  
See P.26



## Dive Into Summer at Northcroft

Make a splash this summer at Northcroft Leisure Centre and Lido! Keep children active and entertained with a fantastic soft play area and a 50m heated outdoor pool—perfect for family swimming adventures. Run by Everyone Active in partnership with West Berkshire Council, the centre offers a great way to enjoy the holidays together, rain or shine.

Visit [www.everyoneactive.com](http://www.everyoneactive.com) for more information

## Expansion Success for Award Winning Swim School

Puddle Ducks North Hampshire and Reading owner Lizzie Moore has been recognised with the 'Focussed on Growth' Award at the Puddle Ducks Annual Conference. Since taking over in August 2023, Lizzie has grown customer numbers by 133%, launched Swim Academy in her area, and boosted retention from 20% to over 50%. Her dedication to expansion includes a new pool launch at Voco Hotel in Reading **Discover more at:**

[www.puddleducks.com/local-teams/north-hampshire-and-reading](http://www.puddleducks.com/local-teams/north-hampshire-and-reading). See P.33



## Groove with Your Little One

Petite School of Dance introduces a brand-new Grown Up & Me class—a fun and creative way for little ones and their grown-ups to connect. Whether you're twirling, hopping, or simply enjoying the rhythm, each class offers a joyful opportunity to move together, laugh and make lasting memories. Designed to nurture coordination, confidence and bonding, it's perfect for sharing quality time in a supportive setting.

Email [misslouise@petiteschoolofdancing.com](mailto:misslouise@petiteschoolofdancing.com) for more information and to book. See P.19



## Ditch The Screens and Get Cycling!

Looking for a screen-free way to entertain your family this summer? Cycle Sprog is the UK's trusted guide for parents wanting to cycle with babies, toddlers and young children. Whether you're carrying a baby, choosing a first balance bike, or helping your child learn to pedal, Cycle Sprog have got the expert advice and honest reviews to help you make the best choices for every stage.

Visit [www.cyclesprog.co.uk](http://www.cyclesprog.co.uk) to discover how two wheels can unlock a summer of fresh air, freedom, and fun. See P.13



# TODDLE MODELS

## Baby and Toddler Photo Competition Winner

Thank you to everyone who entered  
our Spring Toddle Models competition!

Congratulations to little Henry who won a Personalised Water  
and Sand Play Table from **My 1st Years**, worth £150!

We received so many gorgeous entries - we hope you enjoy  
looking through them as much as we have and that this gives  
all our entrants a lovely keepsake.



Find out more at  
[www.my1styears.com](http://www.my1styears.com)



Henry, 10 months old



Lydia, 2 years 9 months



Bruno, 1 year



Jude, 2 years



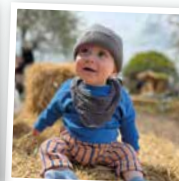
Joanna, 3 years



Reggie, 23 months



Izah Elsa, 2.5 years



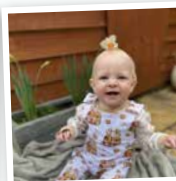
Albie, 10 months



Charlie, 21 months



Hope-Renee & Sydney, 26 &  
16 months



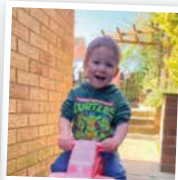
Chester, 11 months



Evie, 2 years



Adriel & Ariella, 3 years & 19  
months



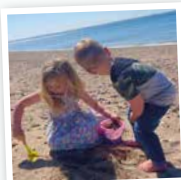
Robin, 2 years



Maisie, 2 years 9 months



Shantanu, 3 years 6 months



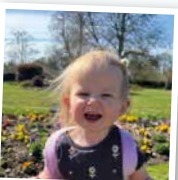
Marcy & Nate, 6 & 2.5 years



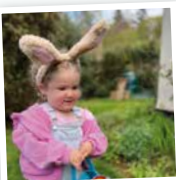
Maya, 1 year



Harry, 3 years 7 months



Ryah Abbott, 2 years



Annella, 2 years 3 months

# TODDLE MODELS



## WIN A BANWOOD ECO SCOOTER AND HELMET, WORTH £118

### THE PRIZE: A Banwood Eco Scooter & Helmet

The original luxury outdoor children's lifestyle brand Banwood has launched a new Eco Collection featuring a **3-wheel Banwood scooter and helmet** for children aged 3+, in a new, earthy colour palette and at a lower price point than its classic collections.

The Eco collection is made from **100% post-consumer recycled plastic**, repurposed from discarded bottles, bags, cups and fishing nets, sourced through certified waste disposal partners

Find out more at  
[www.banwood.co.uk](http://www.banwood.co.uk).

# BANWOOD

T&Cs apply - all online at [www.toddle.fun/toddlemodels](http://www.toddle.fun/toddlemodels). The winners will be chosen at random.



#### HOW TO ENTER:

Send us a photo of your little one enjoying some summer-time fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Sun 28<sup>th</sup> Sept 2025**.

**WORTH  
£118**



ENTER AT:

[www.toddle.fun/toddlemodels](http://www.toddle.fun/toddlemodels)



**Cornerstone Day Nursery**  
Priestley Road, Basingstoke,  
Hants, RG24 9PU.  
Tel: 01256 818118



### Building a strong foundation for your child's future

Professional Childcare for children aged 0-5 years.

Enjoy competitive prices and flexible hours, open Monday-Friday throughout the year.

Curiosity led play, with real & natural resources inspiring awe & wonder.

Onsite kitchen with 5-star food hygiene, preparing fresh hot meals daily.

**Call us today for your personal tour quoting 'Toddle About'.**



**Cornerstone Miss Muffet**  
52-53 Abbey Court, Basingstoke,  
Hants, RG24 9DX  
Tel: 01256 840300



[www.cornerstone-nurseries.com](http://www.cornerstone-nurseries.com)



# Summer Fun

SUMMER FAMILY EVENTS IN N. HANTS & W. BERKS FOR LITTLE ONES

AUG  
2

## FAMILY COLOUR RUN

Wherwell Pavillion. from 10:30am

Get ready for Hampshire Hospitals Charity's vibrant 5km Colour Run at Harewood Forest! Run or walk through a rainbow of paint, fun, and community spirit. Perfect for all ages and abilities—bring your family and friends to support our local hospitals while making colourful, joy-filled memories together!

Wherwell Pavilion, Long Parish Road SP11 7JN

[www.hampshirehospitalscharity.org/events/5km-colour-run-2025](http://www.hampshirehospitalscharity.org/events/5km-colour-run-2025)

Adult £18, Child £10 plus optional fundraising contributions

AUG  
22-24

## CARFEST

Laverstoke Park Farm

A celebration designed to bring families together. With a dazzling array of entertainment for all ages, ensuring the whole family has the chance to embrace their passion, or discover a new one. And a dedicated KidsFest where little ones can meet their favourite characters, try new activities, play games and have an absolute blast.

Laverstoke Park Farm, Overton RG25 3DR

[www.carfest.org/](http://www.carfest.org/)

From £89 per adult, Under 5s free

SEP  
20-21

## NEWBURY SHOW

Newbury Showground. 8:30am - 5pm

The Newbury Show returns in 2025, celebrating farming, food, and rural life! With livestock, local produce, arena displays, crafts, and hands-on fun, it's a fantastic day out for all ages. Join nearly 30,000 visitors at Newbury Showground for one of the UK's top county shows—packed with tradition and excitement!

Newbury Showground, Priors Court Road RG18 9QZ

[newburyshowground.co.uk/newbury-show-2/](http://newburyshowground.co.uk/newbury-show-2/)

Children £5, Adults from £18, under 2s free

AUG  
5

## FAMILY MINIBEAST TRAIL

Nature Discovery Centre. Thatcham  
10am - 3pm

Follow the self-led trail and learn more about the minibeast marvels that live here. Complete the trail handout and a craft activity to take home.

Take part in one of our sweep netting sessions with a member of our Learning Team where you can get up close with some of our tiny friends.

Muddy Lane, Lower Way, Thatcham RG19 3FU

[www.bbowl.org.uk/events](http://www.bbowl.org.uk/events)

£9 per child (Accompanying adults free).

SEP  
13

## TODDLE ABOUT LIVE!

Sherfield School.  
10am - 3pm

Toddle About Live is a vibrant family event designed for bumps, babies, and toddlers! Enjoy soft play, live demos, expert talks, parent-friendly shopping, crafts, and more. It's the perfect day out to connect with local families, discover helpful services, and celebrate the joys of early childhood in our community.

South Dr, Sherfield on Loddon, Hook RG27 0HU

[www.toddle.fun/LIVE](http://www.toddle.fun/LIVE)

Free

JUL -  
SEP

## VERY HUNGRY CATERPILLAR TRAIL

Hinton Ampner. 10am - 5pm

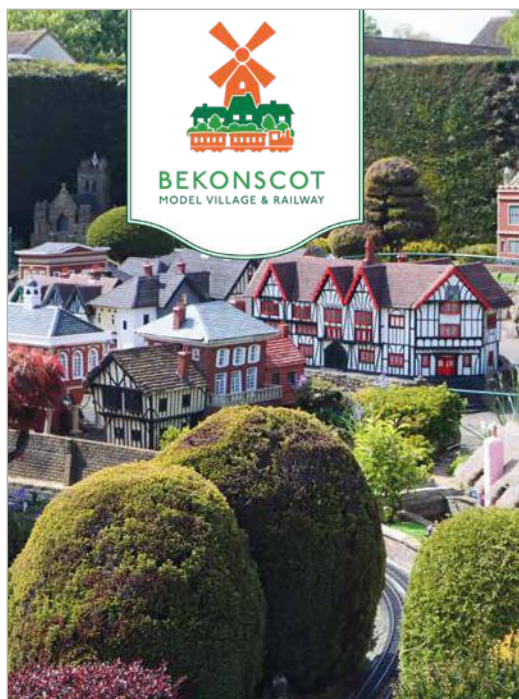
Follow The Very Hungry Caterpillar™ Trail at Hinton Ampner and enjoy a magical outdoor adventure! Explore giant food posts, games, and activities as you learn about counting, days of the week, and the butterfly life cycle. Pick up your trail sheet and discover the story come to life!

Hinton Ampner, near Alresford SO24 0LA

[www.nationaltrust.org.uk/visit/hampshire/hinton-ampner/events](http://www.nationaltrust.org.uk/visit/hampshire/hinton-ampner/events)

Free, normal admission fees apply





## Enjoy 10% off your next adventure this summer!

**At Bekonscot there is lots to keep your little explorers entertained over the summer holidays.**

Set in 1.5 acres of tranquil gardens Bekonscot captures a snapshot of 1930s rural England.

### During your next visit:

- 🚂 Explore our seven model villages.
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- 🚂 Ride on our 7 1/4" light railway.
- 🚂 Visit our NEW puppet exhibition.
- 🚂 Enjoy the Greg Chapman magic show.
- 🚂 Relax in our tearoom.

Visit [www.bekonscot.co.uk](http://www.bekonscot.co.uk) to plan your next trip!



Tiny Town Cafe  
Newbury  
RG14 5EN  
01635 947036

bookings@  
tinytownnewbury.co.uk

## Summer at Tiny Town

**Tiny Town Topics;**  
(starts 28<sup>th</sup> July)  
Sports Week  
Summer Holidays  
MasterChef  
Carnival  
Magical Kingdom

**SEND Sessions;**  
30/7, 8/8, 12/8, 21/8  
Reduced capacity, low level  
noise, sensory toys & calm  
environment

**Back to School Disco**  
Saturday 30<sup>th</sup> August  
@ 17:00-18:30



Party, play & create with us



## SCUTTLE TO THE SEA

THIS CHEEKY CRAB NEEDS YOUR HELP TO WIGGLE THROUGH THE WINDING MAZE AND GET BACK TO HIS UNDERWATER HOME. WATCH OUT FOR BEACH BUCKETS AND SPADES!



## CHEEKY CHARLIE HUNT!



WE'VE HIDDEN CHARLIE, TODDLE ABOUT'S CHEEKY MASCOT, THROUGHOUT THE MAGAZINE  
CAN YOU COUNT HOW MANY TIMES HE APPEARS?

## PLAYDAY PUZZLE



## SPOT THE DIFFERENCE THERE ARE 10 TO FIND!



ANSWERS ON P.39

# Pop Up Play VILLAGE

## Role Play Events that Fuel Children's Imaginations!

We run role play classes, children's parties, wedding entertainment, corporate family days and sessions in schools and early years settings across the UK for children aged 0-8 years old.

"I cannot thank the team enough for the amazing party they organised! Every detail was flawless, and both kids and adults had an incredible time. I was able to relax and enjoy the day without a single worry, as everything was handled seamlessly. The team went above and beyond my expectations."

Email [hello@popupplayvillage.co.uk](mailto:hello@popupplayvillage.co.uk) for more information.  
Quote Toddleparty to get 10% off a party booking.

[www.popupplayvillage.co.uk](http://www.popupplayvillage.co.uk)

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[www.htmirrors.co.uk](http://www.htmirrors.co.uk)



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organisations around the world



# HOW TO PASS ON THE RIGHT MONEY HABITS



**CELEBRATING UK SAVINGS WEEK: 22 - 28 SEPT 2025**

**Many of the habits we form as adults begin in childhood, learned from the grown-ups in our lives.**

One of the most valuable habits a parent or carer can nurture is a good savings routine. Helping children understand the value of money and encouraging regular saving can build financial independence and support their wellbeing for years to come.

Fortunately, there are lots of fun, engaging ways to start.

## **START AS EARLY AS POSSIBLE**

With toddlers, it can be as simple as using a moneybox and setting a daily routine - perhaps adding a few coins each night before bed. Make it fun by using the coins to play shop, helping them learn the value of money and distinguish between needs and wants.

As they grow, introduce savings goals - perhaps a toy they really want. Start with something achievable and build towards longer-term goals. This teaches patience and the idea that, in a world of instant gratification, some things are worth waiting for.

## **INSPIRE THEM TO SAVE**

For older children, giving regular pocket money and encouraging them to save a portion can reinforce good habits. A clear savings goal helps maintain motivation. You might also explore extra ways to grow their pot - such as small payments for chores or choosing a cheaper snack, with the savings added to their fund.

Incentives can work well. Offering small rewards for hitting milestones or saving consistently can keep

them engaged. You could even offer to match what they save to encourage them to set aside more of their own money.

Once saving becomes a habit, consider opening a savings account. Involve your child in choosing one - perhaps at a local building society - and talk through the benefits, such as interest rates and how savings grow over time. Encourage them to check their balance regularly and take pride in their progress.

## **REMEMBER THE REWARD**

To embed the habit for life, don't focus solely on the act of saving - highlight the reward. Help them imagine achieving their goal. They could draw a picture of themselves with the item they're saving for or write a short story about what they'll do with it.

## **LEAD BY EXAMPLE**

Once they've grasped the basics, talk to your children about how you manage your own savings and budget. Explain the importance of setting money aside - not just for fun things like holidays, but also for unexpected costs such as a car repair.

Discuss the difference between needs and wants: you need to pay for electricity, but you may also want to save for a new jumper. You could even involve them in family budgeting by setting a small allowance to plan a meal or a day out.

However you go about it, UK Savings Week is a great time to begin. You could be giving your child a gift that lasts a lifetime.



*UK Savings Week is an initiative from the Building Societies Association (BSA), designed to help people build better saving habits. Visit [www.uksavingsweek.co.uk](http://www.uksavingsweek.co.uk) for tips, tools, and ideas to support your family's savings journey.*

# toddling about

## N. Hampshire & W. Berks

## SPOTLIGHT ON... WILD HOUSE PLAY CAFE



We've asked local blogger **Mama Around Town**, to share some of her favourite adventures and activities to try with little ones.

**Wild House Play Cafe** is a safe space for children to play while you enjoy a hot drink and a bite to eat. Run by Jess, a fellow mum who gave up her career in recruitment after supporting her baby in hospital. She took a leap of faith creating the **perfect space for parents and children** to play, relax and spend time together. Her dad, the amazing Dave, built her wonderful **tree house and play area** which feels so well thought out with rounded edges and padded cushions. Everything has a modern Scandi, Montessori vibe AND you can see the play area from every seat. I also loved that there is enough space for adults to crawl under the tree house with your little ones and not get stuck!

Not only do they do play sessions but are currently offering **fun science sessions** linked with fun in the tree house too! Sessions run on a Monday at 11:30. Each week is a different theme and each session ends with 45 minute free play in the cafe whilst us parents can sit back with a coffee and relax. This session is great for children who have lots of questions and love how things work. It's great for 3-5 year olds who can sit for a short period of time and then they are **free to let loose in the play area**.



**INFO:** **Opening Times:** Monday - Sunday, 9:30am - 3pm. Session booking recommended.  
**Place:** Cross and Pillory House, Alton, GU34 1HL Tel: 01420 513695 [www.wildhouseplaycafe.co.uk](http://www.wildhouseplaycafe.co.uk)

Mama Around Town through her socials shares her adventures with her children and days out in and around Hampshire and Berkshire. Discover her world at @mamaaroundtown



[www.cyclesprog.co.uk](http://www.cyclesprog.co.uk)

### Cycle Sprog

From balance bikes to mountain bikes, whether you're a beginner bike rider or seasoned cyclist, Cycle Sprog is here to get (and keep) you and your kids pedalling.

**Head to cyclesprog.co.uk for:**

- First bike buying guide
- Learn to ride information
- Understanding cycling with babies and toddlers masterclass
- Cargo bike advice

10% OFF MASTERCLASSES WITH CODE TODDLE10

### THE KIDS CYCLING EXPERTS

We've been reviewing, recommending and writing about kids bikes and family cycling since 2012.



sophieabell.co.uk

## Overwhelm? Guilt? Self-Doubt?

- ✓ Find balance
- ✓ Return to Work with Confidence
- ✓ Quiet the Inner Critic
- ✓ Build Confidence & Resilience
- ✓ Strengthen Relationships
- ✓ Rediscover Your Identity

**Complimentary Call**

For a 10% discount quote  
TODDLE25



# FAB & FUNKY PRODUCTS

THE LATEST AND FUNKIEST PRODUCTS FOR YOU & YOUR LITTLE ONES



## BIBS BABY FOOD FEEDER, £12.95

Designed with weaning in mind, the BIBS Baby Food Feeder helps babies safely explore new flavours and textures. Its soft silicone nipple gently dispenses small bites, encouraging self-feeding. A built-in compartment stores an extra portion, while a spare nipple ensures parents are always prepared for mess-free, on-the-go feeding. Available now at [www.bibsworld.com](http://www.bibsworld.com)



## POSTPARTUM HAIR GROWTH & REPAIR OIL £25.99

Clinically tested and made with trademarked Oleoactif® complex, this 100% natural, vegan hair oil is specifically designed to support postpartum hair loss. Made in the UK and includes a FREE silicone scalp massager to boost results. Gently restore your confidence, naturally. [www.purejourney.co.uk](http://www.purejourney.co.uk)



## POTETTE FOLD 'N' GO POTTY, FROM £9.99

The Potette Fold 'N' Go Potty is a lightweight, space-saving solution for potty training on the move. It pops up quickly for instant use, making it ideal for travel, festivals and family days out. Compact enough for a changing bag or car, it's a practical essential for parents on the go. [www.cheekyrascals.co.uk](http://www.cheekyrascals.co.uk)



## INFANTINO MY 1ST TUMBLER, £12.99

Infantino's My 1st Tumbler is a baby-friendly, leak-proof silicone cup made for little hands learning to drink independently. Designed to fit most cup holders and strollers, it's ideal for mess-free hydration on the go. Available in five stylish colours, it makes sipping simple - whether at home or out and about. [www.amazon.co.uk](http://www.amazon.co.uk)



## YOTO MINI PLAYER, £59.99

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## WHAT YOU WILL NEED:

- 1 mason jar
- Boredom Busters printable: [www.toddle.club/jar](http://www.toddle.club/jar)
- Scissors
- Double-sided tape

## INSTRUCTIONS:

1. Print out boredom busters and jar label.
2. Write any boredom busters you want on the blank sheets.
3. Cut out the boredom busters and jar label.
4. Tape the label to your jar and fill jar with boredom busters (folded).

## TIPS & NOTES:

- Include not so fun options as well to keep kids from constantly saying I'm bored and just wanting to go through all the options in the jar.
- Make a rule that they do whatever it is they pull out, unless there is a very good reason why they can't (e.g., it's pouring with rain or snowing).
- Write specific boredom busters rather than generic ones so that kids know exactly what to do. E.g. Putting in "write a story about dinosaurs" rather than "write a story".



SCAN ME

Craft courtesy of **Britni Vigil**, creator of [www.playpartyplan.com](http://www.playpartyplan.com), a website dedicated to making life more fun by offering one-stop resources for parties, games, easy recipes, & kid activities! Facebook and Instagram – @PlayPartyPlan



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# BETTER

# PAYING ATTENTION

## WHY DO YOUNG CHILDREN FIND IT SO HARD?

By Dr. Gemma Goldenberg

Does your child seem to ignore you even when they're looking right at you? Do they flit from toy to toy without settling? Maybe they concentrate on a TV show but can't sit still at nursery? If so, you're not alone. Many young children struggle with attention - but understanding why can help us support them more effectively.

### ATTENTION CAPTURE VS. ATTENTION CONTROL

We can think of attention as having two modes: attention *capture* and attention *control*.

Attention *capture* happens automatically - when something is bright, loud, or moving, it grabs our focus without effort. This is a survival mechanism. As early humans, anything that moved or made noise nearby might have been prey - or a predator. So our brains evolved to notice these things instantly. Even very young children are skilled at attention capture, which is why they're drawn to colour, movement and sound.

Attention *control*, on the other hand, is the ability to focus deliberately and ignore distractions - like reading a book on a noisy train. It's like controlling a spotlight, and it's a far harder skill to master. The brain networks responsible for attention control don't fully mature until our mid-20s. For young children, these systems are still developing, making it biologically difficult to sustain focus or filter out background noise.

### PRACTICAL STRATEGIES TO SUPPORT YOUR CHILD'S ATTENTION

Once we understand that young children aren't choosing to be distracted - it's just their stage of development - it becomes easier to support them without frustration.



Dr Gemma Goldenberg is a psychologist and researcher at the Institute for the Science of Early Years and Youth. This article is based on her book *Take Action on Distraction* written with Professor Sam Wass. Visit [www.bloomsbury.com](http://www.bloomsbury.com).

### 1. MINIMISE DISTRACTIONS

Reduce competing distractions when you want your child to focus:

- Turn off the TV/radio or move to a quieter space.
- Move closer and make eye contact.
- Speak clearly and use expressive tones to help their brain tune in.

Young children struggle to pick out one voice in a noisy environment - this skill doesn't fully develop until around age 12. So when your child seems not to listen while others are talking, it's not rudeness - it's a normal brain response.

### 2. USE REPETITION AND PREDICTABILITY

The brain thrives on repetition and routine. These build neural pathways and help children focus.

Children's brains constantly predict what might happen next and these predictions help them pay attention to information when it arrives. Try:

- **Pre-warning:** "I'm about to tell you something..."
- **Signposting:** "Listen for the 'beep beep' in this song."
- **Prompting:** "What do we do after we brush our teeth?"
- **Repeating familiar stories, songs, and activities:** Your child is still learning from them every time.
- **Using your child's name before an instruction:** "Anna, please put your shoes on now" gives the brain time to tune in to the instruction.

Understanding the difference between attention capture and control allows us to create environments that support focus and align with children's natural development.



THE

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Michelle Vint

NANNY



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VIP CLUB READER REVIEW:

# ORCHARD TOYS DOTTY DINOSAURS



Written by Paula Mourelle, Toddle About Subscriber

**Dotty Dinosaurs is a fun and educational game for ages 3–6, helping young children learn colours and shapes. With 2 games in 1, it's quick to play and perfect for family fun. £12 from [www.orchardtoys.com](http://www.orchardtoys.com)**

Dotty Dinosaurs is a bright, cheerful board game perfect for little ones aged 3 and up. It's easy to pick up, packed with learning, and - best of all - loads of fun for the whole family.

The game includes four adorable dinosaur boards, colourful dots and shapes, and two chunky dice (one for colours, one for shapes). Up to four can play, making it ideal for playdates or family game nights.

There are three ways to play, suited to different ages and abilities. Younger children can roll the colour die and match a dot; the shape mode is slightly trickier

where you use the shape die to find a matching shape in your dinosaur's colour. For more of a challenge, use both dice and match colour and shape.

It's a brilliant way to help kids learn colours and shapes, while also practising turn-taking, listening, and fine motor skills. It's very hands-on and visual.

Best of all, it never feels like learning. Your little one will be too busy choosing a dinosaur and rolling the dice to notice how much they're picking up along the way. It's a hit in our house - and one of those games my son asks to play again and again.

Review has been edited.



Paula and her son were given this product **as a freebie** for writing this review.

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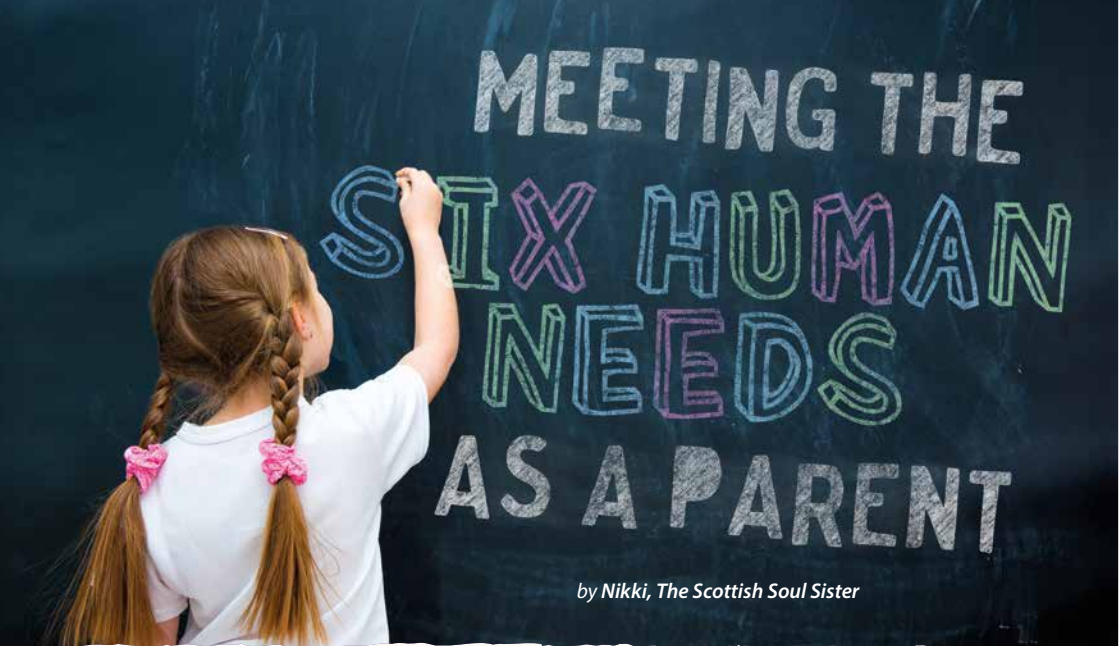
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by Nikki, The Scottish Soul Sister

**Whether you're an expecting parent, a birth mother, a father, a foster parent, an adoptive parent, a step-parent—or simply a tired parent... being a mum or a dad is an exciting part of this crazy ride we call life!**

It can be hard to articulate the emotions that come with looking after this wee person - or wee people, if you have multiple kids - and it can certainly feel like a rollercoaster!

I know, I'm on the parenting train too. My son was born in 2017 and I still find myself in awe of how much love I feel for this little dude (which, at times, has him squirming away from me as I try to snuggle him and sniff his wee head like I did when he was a baby). But let's be honest: navigating this role - whilst amazing - can bring a fair bit of overwhelm, right?

Expectations we place on ourselves as parents (alongside the expectations we place on others and the roles they play) can really impact the dynamics within your household. It's common to lose focus on your own needs as you immerse yourself in caring for your little one(s). And let's not even get started on the endless ways you can compare yourself with others online! It can all feel pretty overwhelming, can't it?

### **So, what can you do about it?**

Don't worry - I've got you. No sugar-coating, no scaremongering! Just some tried-and-tested tips and tools to accompany you on your parenting rollercoaster ride.

All of these are based on the brilliant concept that we each have Six Human Needs: **Certainty, Variety, Significance, Love and Connection, Growth, and Contribution.**

Understanding these needs can help you build a foundation that supports your wellbeing - and your family's. It can bring more clarity, organisation, and joy into your everyday life. And let's face it, we could all do with more of that... am I right?

### **So here we go... ready?**

## **1. Certainty**

Get organised. As a family, create a weekly schedule to manage the day-to-day tasks. Discuss who does what, and consider whether external resources (like a cleaner or meal delivery service) could lighten the load for a while.

Create meal plans or order some if feasible - freeing up the brain space normally taken up by the eternal question: 'What's for dinner?' Arrggghhhh!

Establishing supportive habits and routines helps meet the need for Certainty. But remember: these routines need to be **baggy enough to live in!** I go for an 80/20 approach - otherwise, you risk getting stuck trying to maintain an unrealistic standard. You need wiggle room, OK?

## 2. Variety

Parenting - especially in the early days - can feel a bit isolating. You might also be navigating big life changes, such as no longer working or shifting routines.

Now that you're here reading this, take it as an invitation to explore new routines or meet new people. Try attending local groups, classes or community events. Make a list of things you'd like to do, places to visit, food to try.

Beware the pressure to 'bounce back' to your pre-baby life. Instead, welcome the idea of evolving.

## 3. Significance

If you're no longer working or engaging in your old routines, you might start to feel less significant. Friends and family may now focus more on the cutie-patootie you've introduced into their lives - and less on you.

Keep communication open with your loved ones to ensure you feel seen and heard. If this feels tough, consider reaching out to a coach, therapist or counsellor for a safe space to share how you're feeling. (In my humble opinion, we should normalise having these people in our lives - just like we do hairdressers, doctors and dentists.)

## 4. Love and Connection

We often hear about the importance of 'date night' to maintain connection with your partner. While that's valuable, I want to emphasise the importance of also loving and connecting with **yourself**.

Engage in a little personal development. Make sure your days include things that energise you, bring you joy, or offer a sense of calm. That way, you'll have the capacity to share yourself with others more meaningfully.

This goes for dads too! For all you couples: remember, it's not a competition over who's more tired or doing more. Those sneaky little narratives can creep in. You're a **team**. Keep talking!



*Nikki is a Scottish lassie married to an American guy, with a Montenegrin rescue dog and a wee boy with a huge personality. Nikki's journey to becoming a coach, speaker and course creator has been a rollercoaster of highs and lows: relocations, postpartum depression, running her own businesses, and navigating the challenges of a transient lifestyle. Becoming a mum was Nikki's catalyst for change—and it's now her passion and purpose to share what she's learned with others. [www.thescottishsoul sister.com](http://www.thescottishsoul sister.com)*

## 5. Growth

As you busy yourself caring for your wee gang member(s), don't forget to stimulate your own mind.

Parenting is emotionally, mentally, and physically demanding - but not often academically (unless you're helping with homework... and can I just say, **who** decided to change how we do maths?!).

It's easy to neglect your own intellectual growth. Make time to read, study, listen to podcasts, or enjoy music you love. Even 10 minutes a day counts. Use that grey matter!

## 6. Contribution

This one? You've already nailed it. You're raising the next generation, for crying out loud! Contributing to humanity? **Tick**.

But if you feel this need still isn't being met, why not volunteer, donate to a worthy cause, or share a skill with someone? (If you're a whizz on social media, for instance, give a mate some tips for their small business.)

So, my lovely new friend, I hope this helps you understand that - just like a jigsaw - it takes many small pieces to create a full and beautiful picture.

There are countless ways to navigate feelings of overwhelm, but the Six Human Needs framework is a brilliant place to start.

This isn't about removing the challenges. It's about having a toolkit to rely on when the challenges start kicking your butt!

Be kind to yourself. Never feel like you must resist the emotions that come with being human - never mind being a parent! We're often bombarded with messages like '*just think positively*' or '*be grateful for what you have*', but these can diminish what our emotions are really telling us.

Instead of fearing them, get curious. You might just discover that a particular need isn't being met - and a little attention in the right place could make a world of difference.

Here for you,  
Nikki x



# PIZZA PINWHEELS

Pastry pinwheels are easy to make, really tasty and a great alternative to sandwiches. Perfect for packed lunches and picnics - and they're freezable too!

## INGREDIENTS

- 1 roll puff pastry (approx 320g)
- 75g passata
- 1/2 tsp oregano
- 50g pepperoni
- 50g grated cheddar cheese
- 50g grated mozzarella
- 1 tbs milk

## COOKING INSTRUCTIONS

1. Preheat the oven to 200c and line a baking sheet with parchment paper.
2. Roll out the pastry and spread the passata on top.
3. Sprinkle on the oregano and add the pepperoni, cheddar and mozzarella.
4. Starting with the long end of the pastry, roll the pastry up tightly then cut into 12 rounds.
5. Place on the baking tray and brush the tops and edges with the milk.
6. Bake in the oven for 18 minutes.
7. Allow to cool for a couple of minutes so that the pastry becomes more firm.



## STORAGE

These pinwheels will keep in the fridge for up to 3 days and can be reheated in the oven or microwave. They can also be frozen after being allowed to cool.

Recipe courtesy of *Ciara Attwell*, founder of *My Fussy Eater*. You can find more family-friendly recipes like this in the *My Fussy Eater* app — packed with meal plans, shopping lists and inspiration to make feeding your family easier than ever.



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# A FAMILY TICKET TO THIS YEAR'S BIG FEASTIVAL!



Enjoy a weekend of food, music and family fun at the Big Feastival, taking place 22–24 August 2025 on Alex James' farm in the Cotswolds!

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Kids will love seeing Justin Fletcher and joining Oti Mabuse's Family Dance Class, while the Parent Pitstop offers a relaxing space with changing facilities, feeding areas, microwaves and play zones.

Camping, Weekend & Day Tickets available at:  
[www.bigfeastival.com](http://www.bigfeastival.com)

**Big Feastival**  
Alex James' Farm, The Cotswolds



**Enter now at [www.toddle.club/bigfeastival](http://www.toddle.club/bigfeastival)**

Competition closes midnight on Thursday 31st July 2025. T&C's apply, see [toddle.club/bigfeastival](http://toddle.club/bigfeastival) for details.

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# Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in North Hampshire & West Berks.

## BASINGSTOKE AREA

P.34 - 37  
WEST BERKS

P.29 - 34  
BASINGSTOKE

P.37 - 38  
WINCHESTER  
& ANDOVER



## MONDAY

### PARENTS & TOTS

#### Christ Church

Christ Church, Chineham, Basingstoke, RG24 8LT. 01256 474280. [www.christchurchchineham.org.uk](http://www.christchurchchineham.org.uk).

- Sparklers: 10:00 - 11:30.

**Cost:** £1.50 (*must book*). **Dates:** 7 Jul - 21 Jul & 1 Sep - 20 Oct.

#### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED. 01256 782724. [www.oakleywithwootton.org.uk](http://www.oakleywithwootton.org.uk).

- Pippins: 13:30 - 15:00.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 7 Jul - 20 Oct.

#### Pamber Heath Gospel Hall

19 Pamber Heath Rd, Tadley, RG26 3XH. [pamberheath-gospelhall.co.uk](http://pamberheath-gospelhall.co.uk).

- Toddler Time: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** Free (*drop in*). **Dates:** 7 Jul - 21 Jul & 8 Sep - 20 Oct.

#### The Salvation Army

Salvation Army - Tadley, 6 Mulfords Hill, Tadley, RG26 3LJ. 020 7367 4500. [www.salvationarmy.org.uk](http://www.salvationarmy.org.uk).

- Stay and Play - Tadley: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** £1.50 (*drop in*). **Dates:** 7 Jul - 21 Jul & 8 Sep - 20 Oct.

#### The Roger Morris Community Centre

The Roger Morris Centre, Eastrop Way, Basingstoke, RG21 4QE. 01256 473634. [www.viabiles.org.uk](http://www.viabiles.org.uk).

- Tiny Town - rolle play village (walking-5): 9:30 - 10:30.

**Cost:** £4 (*must book*). **Dates:** 7 Jul - 20 Oct.

## CREATIVE

### Pop Up Play Village Basingstoke

Laverstoke Park Farm, Overton Wy, Overton, RG25 3DR. 07789 717076. [popupplayvillage.co.uk](http://popupplayvillage.co.uk).

- CarFest Village 2025: 12:00 - 23:00. CarFest Village Activities

**Ages:** 0 - 11 mths. **Cost:** £1.50 (*drop in*). **Dates:** 25 Aug.

## DANCE & DRAMA

### Drama Tots Basingstoke

St Mary's Church Room, The Street, Old Basing, RG24 7BW. 07803 046549. [www.dramatots.co.uk](http://www.dramatots.co.uk).

- Rising Stars: 9:30 - 10:10. Fun class for toddlers **Ages:** 1.5 - 3 yrs.
- Bright Stars: 10:30 - 11:15. Preschooler class **Ages:** 3 - 5 yrs.

**Cost:** £7.50 (*must book*). **Dates:** 7 Jul.

### Perform Workshops LTD

Beggarwood Community Centre, Broadmere Road, Beggarwood, RG22 4AQ. 020 7255 9120. [www.perform.org.uk](http://www.perform.org.uk).

- Perform Basingstoke: 16:00 - 17:00. Drama, dance & singing classes for 4-12s **Dates:** 7 Jul - 21 Jul.

## PHYSICAL FUN

### CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. [www.curveballcoaching.co.uk](http://www.curveballcoaching.co.uk).

- The Priory after school Tag Rugby Y4-Y6: 15:20 - 16:20.

**Cost:** £6.50 (*must book*). **Dates:** 7 Jul - 14 Jul & 7 Jul - 14 Jul.

### Tots Play Basingstoke

Sherfield Park Community Centre, Sunwood Drive, Sherfield Park, RG27 0FP. 07843479359. [www.totsplay.co.uk](http://www.totsplay.co.uk).

- Social Tots: 10:40 - 11:20.

**Ages:** 8 mths - 2.5 yrs. **Cost:** £8.50 (*drop in*). **Dates:** 7 Jul - 14 Jul.

- Summer Session - On The Beach: 10:15 - 10:55.

**Ages:** 3 mths - 4 yrs. **Cost:** £8.50 (*must book*). **Dates:** 28 Jul.

### Tumble Tots Basingstoke

North Warnborough Village Hall, Priors Corner, Dunley's Hill, North Warnborough, RG29 1EA. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- 2 - 3 Years: 9:30 - 10:15.
- Confidently Walking to 2 years: 10:30 - 11:15.
- 6 months to walking class: 11:30 - 12:15.
- 3 years to school age: 12:35 - 13:20.

**Dates:** 7 Jul - 21 Jul & 1 Sep - 20 Oct.

**Cost:** £9.25 (*must book*).





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www.dramatots.co.uk

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.  
• **Pre School:** 11:00 - 12:00. Swimming skills **Dates:** 7 Jul - 20 Oct.

## HEALTH & WELLNESS

### Buggyfit Basingstoke

War Memorial Park, Crossborough Hill, Basingstoke, RG21 4AG.  
07747000137. lucyrowlandsfitness.co.uk.

• **Buggyfit Basingstoke:** 10:30 - 11:30. Postnatal fitness for mums  
**Dates:** 7 Jul - 14 Jul & 1 Sep - 20 Oct.

## LIBRARY

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

• **Stay and Play at Basingstoke:** 10:30 - 11:30. **Ages:** 0 - 5 yrs.  
• **Parent Meet and Connect:** 11:30 - 12:30.

**Cost:** Free. **Dates:** 7 Jul - 20 Oct.

### Tadley Library

Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

• **Stay and Play at Tadley Library:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.  
• **U3A Cribb at Tadley Library:** 14:00 - 16:00.

**Cost:** Free **Dates:** 7 Jul - 20 Oct.

## TUESDAY

## PARENTS & TOTS

### Lychpit Village Hall

Great Binfields Rd, Lychpit, RG24 8TF.

• **Basing Beans:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

**Cost:** £3 (must book). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

### Melrose Community Association

Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676.  
www.melrosecommunityassociation.co.uk.

• **Popley Little People:** 9:30 - 12:15.

**Cost:** £2.50 (drop in). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED.  
01256 782724. www.oakleywithwootton.org.uk.

• **New Life:** 10:00 - 11:30. **Ages:** 0 - 1 yrs.

**Cost:** Free (drop in). **Dates:** 8 Jul - 21 Oct.

### Sherfield Park Community Centre

Sunwood Dr, Sherfield on Loddon, Hook, RG27 0FP.  
01256 883 967. sherfieldparkcommunity.co.uk.

• **Sherfield 0-5's:** 10:00 - 11:30.

**Cost:** £2.50 (must book). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.



## Soothing Strokes Baby Massage

St Luke's church, Church Rd, Pamber Heath, Tadley, RG26 3DX.  
07912658209.

• **Baby Massage Pamber Heath:** 9:30 - 10:45. **Ages:** 0 - 9 mths.  
**Cost:** £14.17 (must book). **Dates:** 9 Sep - 14 Oct.

## St Mary's Basingstoke

St Mary's Church, Goat Ln, Eastport Ln, Basingstoke, RG21 7PZ.  
01256 464249. stmarys-basingstoke.org.uk.

• **Toddler Group:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

**Cost:** £2.50 (must book). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

## Treasure Island Parent and Toddler Group

Popley Fields Community Centre, Carpenters Down, Popley Way,  
Basingstoke, RG249AE. 01256 414014.

• **Toddler Group:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

**Cost:** £2 (drop in). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

## Viabes Community Centre

Viabes Community Centre, The Harrow Way, Basingstoke,  
RG22 4BJ. 01256 473634. www.viabes.org.uk.

• **Barn Tots:** 10:00 - 11:45. **Cost:** £2 (book). **Dates:** 8 Jul-21 Oct.

## CREATIVE

### Jo's Messy play

Silchesters Village Hall, Little London Rd, Silchester, RG7 2ND.

• **Under 5s Tuesdays - Silchester:** 10:00 - 11:00.

**Cost:** £6 (must book). **Dates:** 8 Jul - 12 Aug.

## PHYSICAL FUN

### CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436.  
www.curveballcoaching.co.uk.

• **The Priory after school Tag Rugby R-Y3**  
• **The Priory after school Tag Rugby Y4-Y6**

**Times:** 15:20 - 16:20. **Dates:** 8 Jul - 15 Jul.

**Cost:** £6.50 (must book).

### Tadley Running Club

The Hurst School, Tadley, RG26 5NL. 07939 972436.  
www.curveballcoaching.co.uk.

• **Children's Running Club**

**Times:** 18:00 - 19:00 **Cost:** £4.00 **Dates:** 8 Jul - 21 Oct

### Tots Play Basingstoke

Sherfield Park Community Centre, Sunwood Drive, Sherfield Park,  
RG27 0FP. 07843479359. www.totsplay.co.uk.

• **Summer Session - Teddy Bears Picnic:** 10:15 - 11:00.

**Ages:** 3 mths - 3 yrs. **Dates:** 22 Jul.

• **Summer Session - In The Garden:** 10:15 - 10:55.

**Ages:** 3 mths - 3 yrs. **Dates:** 5 Aug.

**Cost:** £8.50 (must book).

## Tumble Tots Basingstoke

Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke, RG23 8AB. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- **Confidently Walking to 2 years:** 9:30 - 10:15.
- **2 - 3 Years:** 10:30 - 11:15.
- **6 months to walking class:** 11:30 - 12:15.
- **3 years to school age:** 12:35 - 13:20.

**Cost:** £9.25 (*must book*). **Dates:** 8 Jul - 15 Jul & 2 Sep - 21 Oct.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [better.org.uk](http://better.org.uk).

- **Dippers:** 9:30 - 10:00. Baby water fun with parents
- **Splashers:** 10:00 - 10:30. Toddler water fun with parents
- **Paddlers:** 10:30 - 11:00 & 11:00 - 11:30. Toddlers' swim basics
- **Pre School:** 11:30 - 12:30. Preschoolers' swimming skills

**Dates:** 8 Jul - 21 Oct.

## LIBRARY

### Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Storytime at Alton Library:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.
- **Chat About at Alton Library:** 14:00 - 15:30.

**Cost:** Free. **Dates:** 8 Jul - 21 Oct.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Baby Rhymetime at Basingstoke:** 10:30 - 11:00.

**Ages:** 0 - 2 yrs. **Cost:** £1 (*must book*). **Dates:** 8 Jul - 21 Oct.

### Chineham Library

Chineham District Centre, Basingstoke, RG24 8BQ. [hants.gov.uk](http://hants.gov.uk).

- **Storytime at Chineham Library:** 10:30 - 11:00. **Ages:** 3 - 5 yrs.
- **Scrabble at Chineham Library:** 10:30 - 12:30.
- **Construction Club at Chineham:** 15:15 - 16:45. **Ages:** 5 - 12 yrs.

**Cost:** Free. **Dates:** 8 Jul - 21 Oct.

### Tadley Library

Mulford Hill, Tadley, RG26 3JE. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Rhymetime at Tadley Library:** 10:30 - 11:00. **Ages:** 0 - 1 yrs.
- **Chat About at Tadley Library:** 11:00 - 12:00. Weekly parent chat

**Cost:** Free. **Dates:** 8 Jul - 21 Oct.

## WEDNESDAY

## PARENTS & TOTS

### Hatch Warren Community Centre

Long Cross Ln, RG22 4XF. 01256 811262. [www.hatchwarren.org](http://www.hatchwarren.org).

- **Warren Tots Pre-Play Sessions:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** £3.50 (*must book*). **Dates:** 9 Jul-16 Jul, 6 Aug & 10 Sep-22 Oct.

### Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, RG24 9EF.

01256 420676. [www.melrosecommunityassociation.co.uk](http://www.melrosecommunityassociation.co.uk).

- **Popley Little People:** 9:30 - 12:15.

**Cost:** £2.50 (*drop in*). **Dates:** 9 Jul - 16 Jul, 6 Aug & 10 Sep - 22 Oct.

### The Roger Morris Community Centre

Eastrop Way, RG21 4QE. 01256 473634. [www.viabiles.org.uk](http://www.viabiles.org.uk).

- **Weigh and play:** 9:30 - 11:00.

**Cost:** Free (*must book*). **Dates:** 9 Jul - 22 Oct.

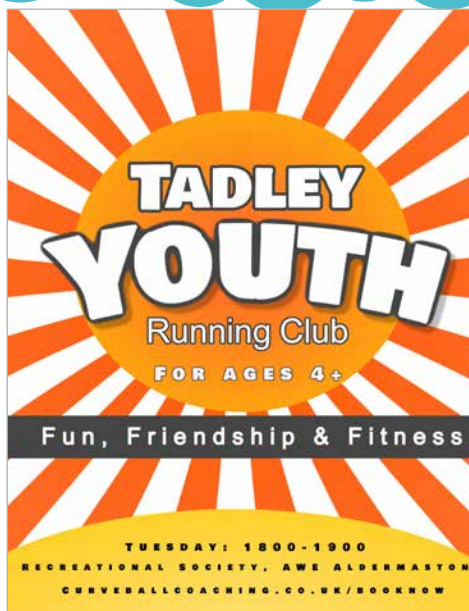
## CREATIVE

### Impstone & Cherry Trees Preschool

Pamber Heath Memorial Hall, Small Hall, Pamber Heath, RG26 3TQ. 07733898914. [www.impstoneandcherrytreespreschools.co.uk](http://www.impstoneandcherrytreespreschools.co.uk).

- **Little Imps Baby Group:** 10:00 - 11:30. Baby activities and crafts

**Ages:** 0 - 5 yrs. **Cost:** £2.50 (*drop in*). **Dates:** 9 Jul - 16 Jul.



## PHYSICAL FUN

### CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. [www.curveballcoaching.co.uk](http://www.curveballcoaching.co.uk).

- **The Priory after school Multi-skills R-Y2:** 15:30 - 16:30.
- **The Priory Basket ball and Netball:** 15:30 - 16:30.

**Dates:** 9 Jul - 16 Jul **Cost:** £6.50 (*must book*).

### Tots Play Basingstoke

Chineham Village Hall, Thornhill Way, Chineham, RG24 8YE.

07843479359. [www.totsplay.co.uk](http://www.totsplay.co.uk).

- **Baby Development 6 week Course:** 8:40 - 9:40.

**Ages:** 0 - 6 mths. **Cost:** £69 per course (*must book*).

- **Action Tots:** 9:45 - 10:30. **Ages:** 2.5-4 yrs. **Cost:** £8.50 (*must book*).

- **Social Tots:** 10:40 - 11:20. **Ages:** 8 mths - 2.5 yrs **Cost:** Free (*must book*).

**Dates:** 9 Jul - 16 Jul.

- **Discovery Tots:** 11:35 - 12:15. **Ages:** 2 - 9 mths.

**Dates:** 9 Jul - 16 Jul.

- **Summer Session - On The Beach:** 9:45 - 10:30 & 11:00 - 11:40.

**Ages:** 3 mths - 4 yrs. **Cost:** £8.50 (*must book*).

- **Baby's 1st Summer Tranquil Retreat:** 12:30 - 14:00.

**Ages:** 0 - 5 mths. **Cost:** £16.50 (*must book*).

**Dates:** 30 Jul.

- **Summer Session - In The Garden:** 9:45 - 10:30 & 11:00 - 11:40. **Ages:** 3 mths - 4 yrs. **Cost:** £8.50 (*must book*). **Dates:** 6 Aug.

### Tumble Tots Basingstoke

Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke,

RG23 8AB. 07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- **Confidently Walking to 2 years:** 9:30 - 10:15.

- **2 - 3 Years:** 10:30 - 11:15.

- **3 years to school age:** 11:30 - 12:15.

**Cost:** £9.25 (*must book*). **Dates:** 9 Jul - 16 Jul & 3 Sep - 22 Oct.



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## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [better.org.uk](http://better.org.uk).

- **Splashers:** 9:30 - 10:00 & 10:30 - 11:00. Toddler fun with parents
- **Dippers:** 10:00 - 10:30. Baby fun with parents
- **Paddlers:** 11:00 - 11:30. Toddlers' swimming basics
- **Pre School:** 11:30 - 12:00, 12:00 - 12:30 & 15:30 - 16:00.

**Dates:** 9 Jul - 22 Oct.

## HEALTH & WELLNESS

### Buggyfit Basingstoke

The Recreation Ground, The Street, Old Basing, RG24 7DA.  
07747000137. [lucyrowlandsfitness.co.uk](http://lucyrowlandsfitness.co.uk).

- **Buggyfit Basingstoke:** 10:30 - 11:30. Postnatal fitness for mums

**Dates:** 9 Jul - 16 Jul & 3 Sep - 22 Oct.

## LIBRARY

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Rhymetime at Basingstoke:** 10:30 - 11:00.

**Ages:** 0 - 5 yrs. **Cost:** £1 (must book). **Dates:** 9 Jul - 22 Oct.

## THURSDAY

## PARENTS & TOTS

### Christ Church

Christ Church, Chineham, Basingstoke, RG24 8LT. 01256 474280.  
[www.christchurchchineham.org.uk](http://www.christchurchchineham.org.uk).

- **Sparklers:** 10:00 - 11:30.

**Cost:** £1.50 (must book). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

### Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676. [www.melrosecommunityassociation.co.uk](http://www.melrosecommunityassociation.co.uk).

- **Popley Little People:** 9:30 - 12:15.

**Cost:** £2.50 (drop in). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

### Oakley with Wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED.  
01256 782724. [www.oakleywithwootton.org.uk](http://www.oakleywithwootton.org.uk).

- **Quackers:** 10:00 - 11:30.

**Ages:** 0 - 3 yrs. **Cost:** Free (drop in). **Dates:** 10 Jul - 23 Oct.

### Sycamore Community Halls

Sycamore Halls Community Centre, Sycamore Way, Basingstoke, RG23 8AB. 01256 474660. [sycamorehalls.co.uk](http://sycamorehalls.co.uk).

- **Munchkins:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

**Cost:** £1.50 (must book). **Dates:** 10 Jul-17 Jul, 31 Jul & 4 Sep-23 Oct.

### The Roger Morris Community Centre

Eastrop Way, RG21 4QE. 01256 473634. [www.viabiles.org.uk](http://www.viabiles.org.uk).

- **Park Tots:** 9:45 - 11:30.

**Ages:** 0 - 5 yrs. **Cost:** £2.50 (must book). **Dates:** 10 Jul - 23 Oct.



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[www.tumbletots.com/basingstoke](http://www.tumbletots.com/basingstoke)

### Viabiles Community Centre

The Harrow Way, RG22 4BJ. 01256 473634. [www.viabiles.org.uk](http://www.viabiles.org.uk).

- **Toot Toot Play:** 13:00 - 14:44.

**Ages:** 1 - 5 yrs. **Cost:** Free (must book). **Dates:** 10 Jul - 23 Oct.

## PHYSICAL FUN

### CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436.  
[www.curveballcoaching.co.uk](http://www.curveballcoaching.co.uk).

- **The Priory after school Tag Rugby Y4-Y6:** 15:20 - 16:20.
- **The Priory after-school Hockey R-Y3:** 15:30 - 16:30.
- **The Priory after-school Hockey R-Y4-Y6:** 15:30 - 16:30.

**Cost:** £6.50 (must book). **Dates:** 10 Jul - 17 Jul.

### Tots Play Basingstoke

Sherborne St John Village Hall, Kiln Road, Sherbourne St John Road, Basingstoke, RG24 9HR. 07843479359. [www.totsplay.co.uk](http://www.totsplay.co.uk).

- **Discovery Tots:** 10:35 - 11:15. A multi-activity, developmental play session **Ages:** 2 - 9 mths. **Cost:** £8.50 (drop in).
- **Baby Development 6 week Course:** 11:30 - 12:30.

A Strong Foundation for Your Baby's Growth and Development  
**Ages:** 0 - 6 mths. **Cost:** £69 per course (must book).

**Dates:** 10 Jul - 17 Jul.

- **Summer Session - Teddy Bears Picnic:** 10:00 - 10:40 & 11:15 - 11:55. **Ages:** 3 mths - 3 yrs. **Dates:** 24 Jul.

- **Summer Session - In The Garden:** 10:00 - 10:40 & 11:15 - 11:55. **Ages:** 3 mths - 3 yrs. **Dates:** 7 Aug.

**Cost:** £8.50 (must book).

### Tumble Tots Basingstoke

Victoria Halls, West Green Road, Hartley Wintney, RG27 8RQ.  
07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

- **3 years to school age:** 9:30 - 10:15.
- **Confidently Walking to 2 years:** 10:35 - 11:20.
- **2 - 3 Years:** 11:35 - 12:20.

**Cost:** £9.25 (must book). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [better.org.uk](http://better.org.uk).

- **Pre School:** 11:00 - 13:00. Preschoolers' swimming skills

**Dates:** 10 Jul - 23 Oct.

### PuddleDucks North Hampshire and Reading

Hampshire Court Hotel & Spa, Chineham, Basingstoke, RG24 8FY.  
0118 229 3232. [www.puddleducks.com](http://www.puddleducks.com).

- **Swim Academy Level 1:** 16:00 - 16:30, 16:30 - 17:00, 17:30 - 18:00 & 18:30 - 19:00.

Boosting water skills & confidence **Ages:** 4 - 10 yrs.

- **Swim Academy Level 2:** 17:00 - 17:30 & 18:00 - 18:30.

Swim lessons focusing on skill progression **Ages:** 4 - 10 yrs.

- **Swim Academy Level 3:** 18:00 - 18:30.

Improving swim strokes & technique **Ages:** 4 - 10 yrs.

**Cost:** £17 (must book). **Dates:** 10 Jul - 14 Aug & 4 Sep - 23 Oct.

## CREATIVE

### Jo's Messy play

Heath End Hall, Heath End Rd, Baughurst, RG26 5LX

• **Unders 2's Thursdays - Baughurst: 10:00 - 11:15.**

**Ages:** 0 - 2 yrs. **Cost:** £6 (must book). **Dates:** 10 Jul - 14 Aug

## DANCE & DRAMA

### Drama Tots Basingstoke

Lychpit Hall, Great Binfields Road, Lychpit, Basingstoke, RG24 8TF.

07803 046549. [www.dramatots.co.uk](http://www.dramatots.co.uk).

• **Rising Stars: 9:30 - 10:10.** Fun class for toddlers **Ages:** 1.5 - 3 yrs.

• **Bright Stars: 10:30 - 11:15.** Preschooler class **Ages:** 3 - 5 yrs.

**Cost:** £7.50 (must book). **Dates:** 10 Jul.

## LIBRARY

### Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. [www.hants.gov.uk](http://www.hants.gov.uk).

• **Rhymetime at Alton Library: 10:30 - 11:00.** **Ages:** 0 - 5 yrs.

• **Loopy Loopers at Alton Library: 14:00 - 16:00.**

**Cost:** Free **Dates:** 10 Jul - 23 Oct.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. [www.hants.gov.uk](http://www.hants.gov.uk).

• **Rhymetime at Basingstoke: 10:30 - 11:00.**

**Ages:** 0 - 5 yrs. **Cost:** £1 (must book).

• **STEM Social at Basingstoke: 10:00 - 11:00.**

• **Read Aloud at Basingstoke: 12:45 - 13:30.**

**Dates:** 10 Jul - 23 Oct.

### Tadley Library

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. [www.hants.gov.uk](http://www.hants.gov.uk).

• **Scrabble at Tadley Library: 10:00 - 12:00.**

• **Storytime at Tadley Library: 10:30 - 11:00.** **Ages:** 3 - 5 yrs.

• **U3A Scrabble at Tadley Library: 14:00 - 16:00.**

**Cost:** Free **Dates:** 10 Jul - 23 Oct.

## FRIDAY

## CREATIVE

### Jo's Messy play

Heath End Hall, Heath End Rd, Baughurst, Tadley, RG26 5LX.

• **Under 5's Fridays - Baughurst: 9:45 - 11:15.** **Ages:** 0 - 5 yrs.

**Cost:** £6 (must book). **Dates:** 11 Jul - 8 Aug.

### Pop Up Play Village Basingstoke

Laverstoke Park Farm, Overton Wy, Overton, RG25 3DR.

07789 717076. [popupplayvillage.co.uk](http://popupplayvillage.co.uk).

• **CarFest Village 2025: 12:00 - 23:00.** CarFest Village Activities

**Ages:** 0 - 11 mths. **Cost:** £1.50 (drop in). **Dates:** 22 Aug.

## PHYSICAL FUN

### CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436.

[www.curveballcoaching.co.uk](http://www.curveballcoaching.co.uk).

• **The Priory School Quidditch club: 15:20 - 16:20.**

**Cost:** £6.50 (must book). **Dates:** 11 Jul - 18 Jul.

### Tumble Tots Basingstoke

Sherborne St John Village Hall, Kiln Road, Basingstoke, RG24 9HR.

07368 500820. [www.tumbletots.com](http://www.tumbletots.com).

• **6 months to walking class: 9:30 - 10:15.**

• **Confidently Walking to 2 years: 10:35 - 11:20.**

• **2 - 3 Years: 11:35 - 12:20.**

• **3 years to school age: 12:35 - 13:20.**

**Cost:** £9.25 (must book). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.



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[www.soothingstrokesbabymassage.org.uk](http://www.soothingstrokesbabymassage.org.uk)

## HEALTH & WELLNESS

### FitMama with Marie Behenna

Studio 41 Ground Floor Suite, Stroudley Road, Basingstoke

RG24 8FW 07753 668843 [www.fitmamaonline.com](http://www.fitmamaonline.com)

• **Postnatal Fitness Class: 10:30 - 11:30.** Postnatal fitness

for mums funded with Basingstoke & Deane Council. Apply at [sportandwellbeing@basingsstoke.gov.uk](mailto:sportandwellbeing@basingsstoke.gov.uk)

**Dates:** Sep - Oct.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. [better.org.uk](http://better.org.uk).

• **Dippers: 9:30 - 10:00.** Baby water fun with parents

• **Splashers: 10:00 - 10:30.** Toddler water fun with parents

• **Paddlers: 10:30 - 11:00 & 11:00 - 11:30.** Toddlers' swim basics

• **Pre School: 11:30 - 12:00 & 12:00 - 12:30.** Preschool swim skills

**Dates:** 11 Jul - 24 Oct.

## PARENTS & TOTS

### Hope Community Church

Sarum Hill Centre, The Sarum Hill, Basingstoke, RG21 8SR.

• **Bouncing Beans: 10:00 - 12:00.** **Ages:** 0 - 4 yrs.

**Cost:** £0.50 (must book). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

### Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24

9EF. 01256 420676. [www.melrosecommunityassociation.co.uk](http://www.melrosecommunityassociation.co.uk).

• **Popley Little People: 9:30 - 12:15.**

**Cost:** £2.50 (drop in). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

### Soothing Strokes Baby Massage

British Legion, Beacon Hill Rd, Beacon Hill, Hindhead, GU26 6QB.

07912658209.

• **Baby Massage Beacon Hill: 9:30 - 10:45.** **Ages:** 0 - 9 mths.

**Cost:** £15 (must book). **Dates:** 19 Sep & 3 Oct - 24 Oct.

## St Luke's Church

St Luke's Church, Pamber Heath, Tadley, RG26 3DZ. 07759 151576.

• **St Luke's Baby And Toddler Group:** 10:00 - 11:30. **Ages:** 0-4 yrs.

**Cost:** Free (*must book*). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

## Viabes Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. 01256 473634.

www.viabes.org.uk.

• **Little Seedlings Music:** 10:00 - 10:45.

**Cost:** £3 (*must book*). **Dates:** 11 Jul - 24 Oct.

## LIBRARY

### Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

• **Board Games Club at Alton Library:** 15:30 - 16:45.

**Ages:** 5 - 12 yrs. **Cost:** Free **Dates:** 11 Jul - 24 Oct.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

• **Craft and Chatter at Basingstoke:** 10:00 - 12:30.

• **Community Connections at Centre:** 10:00 - 12:00.

• **Storytime at Basingstoke:** 10:30 - 11:00. **Cost:** £1 (*must book*).

**Dates:** 11 Jul - 24 Oct.

### Chineham Library

Chineham Library, Chineham District Centre, Basingstoke, RG24 8BQ. www.hants.gov.uk.

• **Rhymetime for Under 1's:** 10:00 - 10:30.

• **Rhymetime for Over 1's:** 11:00 - 11:30.

**Cost:** Free. **Dates:** 11 Jul - 24 Oct.

### Tadley Library

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

• **Toddler Rhymetime at Tadley Library:** 10:30 - 11:00.

• **New Parents Meet at Tadley Library:** 14:00 - 15:00.

• **U3A Rummikub at Tadley Library:** 14:00 - 16:00.

**Cost:** Free. **Dates:** 11 Jul - 24 Oct.

## SATURDAY

### CREATIVE

#### Pop Up Play Village Basingstoke

Laverstoke Park Farm, Overton Wy, Overton, RG25 3DR.

07789 717076. popupplayvillage.co.uk.

• **CarFest Village 2025:** 12:00 - 23:00. CarFest Village Activities

**Ages:** 0 - 11 mths. **Cost:** £1.50 (*drop in*). **Dates:** 23 Aug.



## MONDAY

### PARENTS & TOTS

#### St Mary's Greenham

St Mary's Church, New Road, Greenham, RG19 8RZ.

www.stmarysgreenham.org.

• **Teas, Toys and Tots Playgroup in Greenham:** 9:30 - 11:00.

**Cost:** £1 (*must book*). **Dates:** 7 Jul - 21 Jul & 8 Sep - 20 Oct.

#### Soothing Strokes Baby Massage

Soul Barns Manns Farm, Nightingale Ln, Mortimer Common, Reading, RG7 3PS. 07912658209.

• **Free Meet and Greet:** 11:15 - 11:45.

**Ages:** 0 - 1 yrs 6 mths. **Cost:** Free (*must book*). **Dates:** 28 Jul.

## PHYSICAL FUN

### Tots Play Basingstoke

Chineham Village Hall, Thornhill Way, Chineham, RG24 8YE.

07843479359. www.totsplay.co.uk.

• **Summer Session - Teddy Bears Picnic:** 9:45 - 10:30 & 11:00 - 11:40. **Ages:** 3 mths - 4 yrs. **Cost:** £8.50 (*must book*). **Dates:** 26 Jul.

## SWIMMING

### Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

• **Paddlers:** 8:00 - 8:30 & 8:30 - 9:00. Toddlers' swimming basics

• **Pre School:** 9:00 - 9:30, 9:30 - 11:30 & 13:00 - 13:30.

Preschoolers' swimming skills

**Dates:** 12 Jul - 25 Oct.

## LIBRARY

### Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

• **Community Connections at Library:** 13:00 - 15:00.

• **Construction Club at Alton Library:** 14:00 - 16:00. **Ages:** 5 - 12

**Cost:** Free. **Dates:** 12 Jul - 25 Oct.

### Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

• **Construction Club at Basingstoke:** 10:00 - 13:00.

**Ages:** 5 - 12 yrs. **Cost:** £1 (*must book*). **Dates:** 12 Jul - 25 Oct.

### Tadley Library

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

• **Family Fun Board Games Tadley:** 14:00 - 16:00.

• **Construction Club at Tadley Library:** 14:00 - 16:00.

**Cost:** Free. **Dates:** 12 Jul - 25 Oct.

## SUNDAY

### CREATIVE

#### Pop Up Play Village Basingstoke

Laverstoke Park Farm, Overton Wy, Overton, RG25 3DR.

07789 717076. popupplayvillage.co.uk.

• **CarFest Village 2025:** 12:00 - 23:00. CarFest Village Activities

**Ages:** 0 - 11 mths. **Cost:** £1.50 (*drop in*). **Dates:** 24 Aug.

The Wellington Arms, Basingstoke Road, Stratfield Turgis,

Basingstoke, RG27 0AS. 07789 717076. popupplayvillage.co.uk.

• **Wellington Arms Family Sunday:** 12:00 - 14:00 & 14:30 - 16:30.

**Ages:** 0 - 99 yrs. **Cost:** Free (*must book*). **Dates:** 7 Sep - 19 Oct.

## WEST BERKS AREA

### St Nicolas Church, Newbury

St Nicolas Church, West Mills, Newbury, RG14 5HG. 01635 47018.

• **Hidden Treasures:** 10:00 - 11:15. **Ages:** 0 - 4 yrs.

**Cost:** £1 (*must book*). **Dates:** 7 Jul - 21 Jul & 8 Sep - 20 Oct.

### Tiny Town Café

Tiny Town Café, The Kennet Centre, Newbury, RG14 5EN. 01635

947036. tinytownnewbury.co.uk.

• **Role Play Cafe:** 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.

**Ages:** 0 - 6 yrs. **Cost:** £7 (*drop in*). **Dates:** 7 Jul - 20 Oct.

## CREATIVE

### Great Shefford Village Hall

Station Road, Great Shefford, RG17 7DR. 07765 508 867.

www.greatsheffordunderfives.co.uk.

• **Great Shefford Under 5's:** 9:30 - 11:00.

**Cost:** £3 (*must book*). **Dates:** 7 Jul - 21 Jul & 8 Sep - 20 Oct.



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## Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.  
cornexchangenew.com.

• **Create and Make:** 10:00 - 17:30.

**Ages:** 4 - 11 yrs. **Cost:** £37.50 (*must book*). **Dates:** 7 Jul - 20 Oct.

## TUESDAY

### PARENTS & TOTS

#### Aldermaston Parish Hall

Aldermaston Parish Hall, The Street, Aldermaston, RG7 4LN.  
07748 791544. aldermastonparishhall.co.uk.

• **Aldermaston Toddlers:** 9:30 - 11:30.

**Cost:** £3 (*must book*). **Dates:** 8 Jul - 22 Jul & 2 Sep - 21 Oct.

#### Kingsclere Village Club

Kingsclere Village Club, George St, Kingsclere, Newbury, RG20 5NH. 01635 297913. www.kingsclerevillageclub.co.uk.

• **Kingsclere Village Bunnies - Baby and Toddler Group:** 9:00 - 11:00. **Cost:** £2 (*drop in*). **Dates:** 8 Jul - 21 Oct.

#### Saint Mary's Church, Shaw

Saint Mary's Church, Church Road, Shaw, Newbury, RG14 2DR.  
01635 40450. shawchurch.org.

• **Meeting Point:** 9:45 - 11:15. **Ages:** 0 - 5 yrs.

**Cost:** Free (*must book*). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

#### St John's Church

St John's Road, Newbury, RG14 7PY. 01635 41249. stg-stj.org.uk.

• **St John's Newbury Baby & Toddler Group:** 9:30 - 11:15.

**Cost:** £1 (*must book*). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

#### The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. lambourn.org.

• **Under 5's Parent & Toddler Group:** 10:00 - 12:00.

**Cost:** Free (*must book*). **Dates:** 8 Jul - 22 Jul & 9 Sep - 21 Oct.

## Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
tinytownnewbury.co.uk.

• **Role Play Cafe:** 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.

**Ages:** 0 - 6 yrs. **Cost:** £7 (*drop in*). **Dates:** 8 Jul - 21 Oct.

## CREATIVE

### Nature Discovery Centre, BBOWT

Muddy Lane, Lower Way, Thatcham, RG19 3FU. 01235862024.  
www.bbowl.org.uk.

• **Family Trail: Minibeast Marvels - Nature Discovery Centre:** 10:00 - 15:00. **Cost:** £9 (*must book*). **Dates:** 5 Aug.

## HEALTH & WELLNESS

### Breastfeeding and Tongue Tie Division Support

Yattendon Clinic, 1st Floor Adam and Eve Hair Yattendon, The Square, Thatcham, RG18 0UF. 07475600068. www.positive.health.

• **Breastfeeding and Tongue Tie Session:** 10:00 - 16:00.

Breastfeeding session **Ages:** 0 - 1 yrs. **Dates:** 8 Jul - 21 Oct.

## WEDNESDAY

### PARENTS & TOTS

#### Soothing Strokes Baby Massage

Soul Barns Manns Farm, Nightingale Ln, Mortimer Common, Reading, RG7 3PS. 07912658209.

• **Baby Massage Mortimer:** 12:15 - 13:30.

**Ages:** 0 - 11 mths. **Cost:** £14.17 (*must book*). **Dates:** 10 Sep - 15 Oct.





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### The Parent Village at Educafe

Newbury Central Library, The Wharf, Newbury, RG14 5AU.  
01635 936211. [www.educafeuk.co.uk](http://www.educafeuk.co.uk).

**Times:** 11:00 - 14:00. **Cost:** Free (drop in). **Dates:** 9 Jul - 22 Oct.

### The Salvation Army

Northcroft Lane, Newbury, RG14 1BU. 020 7367 4500.

**Stay and Play - Newbury:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.

**Cost:** £1.50 (drop in). **Dates:** 9 Jul - 16 Jul & 10 Sep - 22 Oct.

### Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

• **Role Play Cafe:** 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.

**Ages:** 0 - 6 yrs. **Cost:** £7 (drop in). **Dates:** 9 Jul - 22 Oct.

## CREATIVE

### Nature Discovery Centre, BBOWT

Muddy Lane, Lower Way, Thatcham, RG19 3FU. 01235862024.  
[www.bbowl.org.uk](http://www.bbowl.org.uk).

• **Family Trail: Minibeast Marvels - Nature Discovery Centre:**  
10:00 - 15:00. **Cost:** £9 (must book). **Dates:** 6 Aug.

### Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.

• **Memory Café:** 10:30 - 12:00. **Memory Café music**

**Cost:** Free (drop in). **Dates:** 9 Jul - 22 Oct.

## THURSDAY

## PARENTS & TOTS

### Brightwalton Village Hall

Brightwalton Village Hall, Common Lane, Brightwalton, RG20 7BN.

• **Brightwalton Toddler Group:** 9:00 - 10:45. **Ages:** 0 - 4 yrs.

**Cost:** £3 (must book). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

### The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. [lambourn.org](http://lambourn.org).

• **Under 5's Parent & Toddler Group:** 10:00 - 12:00.

**Cost:** Free (must book). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

### Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

• **Role Play Cafe:** 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.

**Ages:** 0 - 6 yrs. **Cost:** £7 (drop in). **Dates:** 10 Jul - 23 Oct.

## CREATIVE

### Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.

[cornexchangenewbury.com](http://cornexchangenewbury.com).

• **Tots Create:** 10:15 - 11:15.

**Ages:** 2 - 4 yrs. **Cost:** £5 (must book). **Dates:** 10 Jul - 17 Jul.

### Nature Discovery Centre, BBOWT

Muddy Lane, Lower Way, Thatcham, RG19 3FU. 01235862024.  
[www.bbowl.org.uk](http://www.bbowl.org.uk).

• **Nature Tots: Hedgehogs - Nature Discovery Centre:** 10:00

- 11:30. **Ages:** 0 - 5 yrs. **Cost:** £8 (must book). **Dates:** 9 Oct - 10 Oct.

## FRIDAY

## PARENTS & TOTS

### GLENDALE CHURCH

The Well, Green Lane, Thatcham, RG19 3RG. [glendale-church.com](http://glendale-church.com).

• **Replenish Baby & Toddler Group:** 10:00 - 12:00.

**Cost:** £2 (must book). **Dates:** 11 Jul - 24 Oct.

### Hungerford Youth and Community Centre

Priory Road, RG17 0AL. 07999 053744. [hungerfordyc.org.uk](http://hungerfordyc.org.uk).

• **Ladybugs Playgroup (Hungerford):** 9:30 - 11:00.

**£2.50 per family - snacks included.**

**Ages:** 0 - 5 yrs. **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

### Newbury Baptist Church

Cheap Street, Newbury, RG14 5DD. 07901795987.

[www.newburybaptistchurch.org](http://www.newburybaptistchurch.org).

• **Giggles and Wiggles Toddler Group:** 9:30 - 10:45.

**Cost:** £1.50 (must book). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

### The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. [lambourn.org](http://lambourn.org).

• **Under 5's Parent & Toddler Group:** 10:00 - 12:00.

**Cost:** Free (must book). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

### Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

• **Role Play Cafe:** 9:30 - 11:00, 11:30 - 13:00 & 13:30 - 15:00.

**Ages:** 0 - 6 yrs. **Cost:** £7 (drop in). **Dates:** 11 Jul - 24 Oct.

### Upper Bucklebury Memorial Hall

Broad Lane, Upper Bucklebury, RG7 6QH.

[buckleburymemorialhall.org.uk](http://buckleburymemorialhall.org.uk).

• **Bucklebury Baby & Toddler Group:** 9:30 - 11:00.

**Cost:** £1 (must book). **Dates:** 11 Jul - 18 Jul & 5 Sep - 24 Oct.

## MUSIC & SIGNING

### Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.

[cornexchangenewbury.com](http://cornexchangenewbury.com).

• **My First Notes:** 10:30 - 11:00.

**Ages:** 0 - 4 yrs. **Cost:** £10 (must book). **Dates:** 11 Jul - 18 Jul.



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## DANCE & DRAMA

### Perform Workshops LTD

St John the Evangelist, St John's Road, Newbury, RG14 7PY.  
020 7255 9120. [www.perform.org.uk](http://www.perform.org.uk).

- **Perform Newbury: 16:00 - 17:00. Ages: 4 - 12 yrs.**
- Dates: 11 Jul - 25 Jul.**

## CREATIVE

### Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.  
[cornexchangenew.com](http://cornexchangenew.com).

- **Messy Stories: 13:00 - 14:00. Ages: 0 - 4 yrs. Cost: £5 (drop in).**

## SATURDAY

## PARENTS & TOTS

### Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

- **Role Play Cafe**

**Times: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00 & 15:30 - 17:00.**  
**Ages: 0 - 6 yrs. Cost: £7 (drop in). Dates: 26 Jul - 18 Oct.**

## SUNDAY

## MUSIC & SIGNING

### Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. 01635 522733.  
[cornexchangenew.com](http://cornexchangenew.com).

- **My First Notes: 10:30 - 11:00.**

**Ages: 0 - 4 yrs. Cost: £10 (must book). Dates: 13 Jul - 20 Jul.**



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## PARENTS & TOTS

### Tiny Town Café

The Kennet Centre, Newbury, RG14 5EN. 01635 947036.  
[tinytownnewbury.co.uk](http://tinytownnewbury.co.uk).

- **Role Play Cafe: 10:00 - 11:30, 12:00 - 13:30, 14:00 - 15:30 & 16:00 - 17:30.**
  - **SEN Play Session: 16:00 - 17:30. 1st Sunday of the month**
- Ages: 0 - 6 yrs. Dates: 27 Jul - 19 Oct. Cost: £7 (drop in).**

## PHYSICAL FUN

### Tadley Rugby Club

Frank Jose Park, Red Lane, Aldermaston, RG7 4PA. 0118 970 0072.  
[tadleyrfc.rfu.club](http://tadleyrfc.rfu.club).

- **Under 6 Rugby Classes: 9:00 - 10:00.**

**Ages: 4 - 6 yrs. Cost: Free (must book). Dates: 7 Sep - 19 Oct.**



## WINCHESTER & ANDOVER AREA

## MONDAY

## DANCE & DRAMA

### Perform Workshops LTD

Andover Leisure Centre, West Street, SP10 1QP. 020 7255 9120.  
[www.perform.org.uk](http://www.perform.org.uk).

- **Perform Andover: 16:00 - 17:00.**

**Ages: 4 - 12 yrs. Dates: 7 Jul - 21 Jul.**

## LIBRARY

### Andover Library

Chantry Centre, Andover, SP10 1LT. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Chat About at Andover Library: 10:30 - 12:00.**
  - **Storytime at Andover Library: 11:00 - 11:30. Ages: 3 - 5 yrs.**
- Cost: Free Dates: 7 Jul - 20 Oct.**

### Winchester Library

Jewry St, Winchester, SO23 8SB. [www.hants.gov.uk](http://www.hants.gov.uk).

- **Scrabble Club at Winchester: 11:00 - 12:00.**
- **Home Education Club Winchester: 13:00 - 15:00.**

**Cost: Free Dates: 7 Jul - 20 Oct.**



## TUESDAY

### PARENTS & TOTS

#### Christ Church - Winchester

Christ Church, Christchurch Road, Winchester, SO23 9SR.  
01962 854454. ccwinch.org.uk.

- Bumps and Babies: 10:00 - 11:30. **Ages:** 0 - 2 yrs. **Cost:** Free
- Toddlers: 10:00 - 11:30. **Ages:** 3 - 5 yrs. **Cost:** £1

**Dates:** 8 Jul - 21 Oct. (*must book*).

### LIBRARY

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Chatty Craft at Andover Library: 10:30 - 12:00.
- Dog Storytime at Andover Library: 11:00 - 11:30. **Ages:** 3 - 8

**Cost:** Free **Dates:** 8 Jul - 21 Oct.

#### Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Knit and Natter at Winchester: 10:00 - 12:00.

**Cost:** Free **Dates:** 8 Jul - 21 Oct.

## WEDNESDAY

### LIBRARY

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Rhymetime at Andover Library: 11:00 - 11:30.

**Ages:** 0 - 5 yrs. **Cost:** Free. **Dates:** 9 Jul - 22 Oct.

#### Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

- Sociable Stitching at Whitchurch: 13:30 - 15:30.

**Cost:** Free. **Dates:** 9 Jul - 22 Oct.

#### Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Read Aloud at Winchester Library: 10:30 - 12:30.

**Cost:** Free. **Dates:** 9 Jul - 22 Oct.

## THURSDAY

### PARENTS & TOTS

#### St Paul's Church

St Paul's Church, St Paul's Hill, Winchester, SO22 5AB.

01962 844878. stmatthewstpaul.org.

- Bumps & Babies: 9:15 - 10:30.

**Cost:** £1 (*must book*). **Dates:** 10 Jul - 17 Jul & 4 Sep - 23 Oct.

### DANCE & DRAMA

#### Perform Workshops LTD

Holy Trinity Parish Church, Upper Brook Street, Winchester, SO23 8DG. 020 7255 9120. www.perform.org.uk.

- Perform Winchester: 16:00 - 17:00.

**Ages:** 4 - 12 yrs. **Dates:** 10 Jul - 24 Jul.

### LIBRARY

#### Alresford Library

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

- Rhymetime at Alresford Library: 11:15 - 11:45.

**Cost:** Free. **Dates:** 10 Jul - 23 Oct.

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Parents Meet at Andover Library: 11:00 - 12:00. **Cost:** Free.
- Baby Play at Andover Library: 11:00 - 12:00.

**Ages:** 0 - 2 yrs. **Cost:** £1 (*must book*). **Dates:** 10 Jul - 23 Oct.

#### Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Rhymetime at Winchester Library: 10:00 - 10:30 & 11:00 - 11:30. Rhymes and songs for under 5s

**Ages:** 0 - 5 yrs. **Cost:** Free. **Dates:** 10 Jul - 23 Oct.

## FRIDAY

### PARENTS & TOTS

#### St Barnabas Church, Winchester

Fromond Rd, Winchester, SO22 6EF. 01962 886629. stb.church.

- Tiddlywinks: 10:00 - 11:30.

**Ages:** 0 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 11 Jul - 24 Oct.

#### St Paul's Church

St Paul's Church, St Paul's Hill, Winchester, SO22 5AB. 01962 844878. stmatthewstpaul.org.

- Toddler Group: 9:30 - 11:00.

**Cost:** £1 (*must book*). **Dates:** 11 Jul - 18 Jul & 29 Aug - 24 Oct.

### LIBRARY

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Rhymetime at Andover Library: 10:00 - 10:30 & 11:00 - 11:30.

**Ages:** 0 - 5 yrs. **Cost:** Free.

- Marigold Club at Andover Library: 10:30 - 12:00.

Social club for adults **Cost:** £1 (*must book*).

**Dates:** 11 Jul - 24 Oct.

#### Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

- Rhymetime at Whitchurch Library: 10:30 - 11:00.

Rhymes for children under 2 **Cost:** Free. **Dates:** 11 Jul - 24 Oct.

## SATURDAY

### DANCE & DRAMA

#### Perform Workshops LTD

Holy Trinity Parish Church, Upper Brook Street, Winchester, SO23 8DG. 020 7255 9120. www.perform.org.uk.

- Perform Winchester: 9:30 - 11:00.

**Ages:** 4 - 12 yrs. **Dates:** 12 Jul - 19 Jul.

### LIBRARY

#### Alresford Library

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

- Construction Club at Alresford Library: 10:00 - 13:00.

**Cost:** Free **Dates:** 12 Jul - 25 Oct.

#### Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Community Connections at Library: 10:00 - 12:00.
- Dads' Rhymetime at Andover: 11:00 - 11:30. **Ages:** 3 - 5 yrs.
- Construction Club at Andover: 14:00 - 16:00. **Ages:** 5 - 12 yrs.

**Cost:** Free **Dates:** 12 Jul - 25 Oct.

#### Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

- Construction Club at Whitchurch: 10:00 - 13:00.

Lego and Duplo building fun **Ages:** 3 - 8 yrs. **Cost:** £1 (*must book*).

- Saturday Storytime at Whitchurch: 10:30 - 11:00.

**Ages:** 3 - 8 yrs. **Cost:** Free.

**Dates:** 12 Jul - 25 Oct.

#### Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Family Fun at Winchester Library: 14:00 - 16:00.

**Ages:** 3 - 12 yrs. **Cost:** Free. **Dates:** 12 Jul - 25 Oct.

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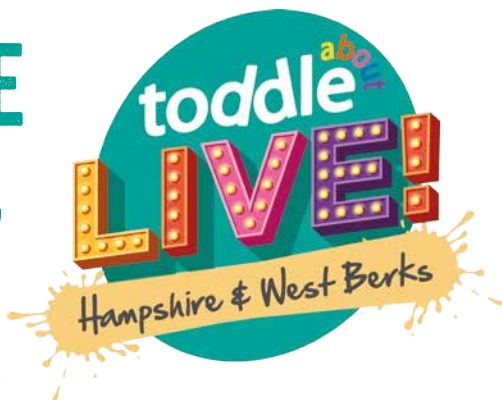
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