



EVENT

MAGAZINE





The Moment We've Been Waiting For: Semi de Lushi 2026 Race Week Is Here

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FROM THE FOUNDERS



A WORD FROM THE FOUNDERS - CELEBRATING 4 YEARS OF RUNNING, UNITY & TRANSFORMATION IN THE HEART OF THE COPPER CAPITAL

Four years ago, we added the Semi de Lushi to our events portfolio as our first race outside Kinshasa, here in the heart of the copper capital. What began as a bold step has grown into a living platform of movement, connection, and community—shaped by every runner, volunteer, partner, and supporter who has joined us along the way.

As we approach race week for the 4th edition of the Semi de Lushi and Kids & Family Fun Run 2026, we do so with deep joy and anticipation. This year carries a special energy: the historic triumph of the Leopards after 52 years and the global celebration of Congolese pride and culture remind us of what is possible when resilience meets belief. To mark this moment, we are proud to introduce a special medal edition featuring the running leopard—a symbol of strength, discipline, and forward motion.

The Semi de Lushi has become a core event in our portfolio of races. Over the past six years, through Congo River Marathon Events and the Congo River Marathon Foundation, we have organized more than 25 community races, welcomed over 15,000 runners from 35 nations, and raised more than \$20,000 for local impact initiatives. More than the numbers, what matters most is what we continue to witness: running as a force that unites, inspires, and uplifts communities.

We run to celebrate the best of Lubumbashi and the strength of our people. We run to remind ourselves that forward is the only way.

With gratitude to our trusted sponsors, partners, team, new runners, and loyal community—thank you for building this journey with us.

Lace up and join us for race weekend on July 11-12.

NANCY BACHMANN & ROLLY KAYUMBA
FOUNDERS CONGO RIVER MARATHON EVENTS

**RAWBANK AND BRASIMBA LEAD COMMUNITY
RUNS SETTING THE PACE**

BUILDING MOMENTUM FOR SEMI DE LUSHI 2026







4TH EDITION OF THE SEMI DE LUSHI

RACE WEEK/END SCHEDULE

JULY 8

Press Conference — 3:00PM

with all sponsors and partners

Location: Pullman

Entree: Free for press, sponsors and partners

JULY 11

Kids & Family Run — 8:30AM

Post-Run programming for kids with TIMS & Tufuli Lab

Location: Pullman Parking Lot

Entree: from \$5 including Bib, T-shirt, medal, refreshments ([Register here](#))

Health & Fitness Expo - 10AM-4PM

Location: Pullman Parking Lot

Entree: Free

with Pullman, Rawbank, Brasimba,

Centre Médical Diamant, Lunda

Physiotherapie, Tufuli Lab, TIMS,

International School Lushi and more

JULY 12

Semi de Lushi — 8:00AM

Entree: from \$10 including Bib, T-shirt, medal, refreshments ([Register here](#))

**Race Start/ Finish: Square Forrest /
Bâtiment du 30 juin**

Half Marathon (21K) — 8:00AM

10K — 8:30AM

5K — 9:00AM

Award Ceremony — 10:30AM

Finisher Medals, Prize Giving for Top 3 winners in female/ male category, Tombola

Post-Race Party — 11:00-1:00PM

Community celebration with music and free refreshments for finishers

RACE ROUTES

KIDS & FAMILY RUN (1K — 1 ROUND)



SEMI DE LUSHI 2026 (5K — 1 ROUND, 10K — 2 ROUNDS, 21K — 4 ROUNDS + 1 KM)



EVENT T-SHIRT REVEAL

KIDS & FAMILY RUN



SEMI DE LUSHI



SPOTLIGHT

2026 ATHLETES & AMBASSADORS



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“The half marathon is not just a race against time; it’s a promise I make to myself: to move forward with courage, perseverance, and confidence, one step at a time.”

ORNELLA MWANA SAKINA

“

“No human being is limited.
Every kilometer is an
opportunity to prove that dreams
are built through hard work.”

GAUTIER MUSANS
KAKUND

“

“The Semi de Lushi has become a yearly event that I simply can't miss because it's in my city, and it's all about running, sport, meeting people, and having fun together.”

BEN KAPENDWE



“

“This half marathon is where my passion for running meets my profession. I can't wait to run it!”

NATHAN LUNDA



“

“For me, the Semi de Lushi is more than a race—it’s a celebration of discipline, courage, and the spirit of pushing your limits.”

STÉPHANE ILUNGA
NTAMBO

“

“This partnership reflects our mission: to inspire creativity, encourage wellness, and create meaningful family experiences that leave lasting memories.”

DIVINE KABWE



**NATHAN LUNDA - RUNNER, PHYSIOTHERAPIST
OWNER OF LUNDA PHYSIOTHERAPHIE**

RUN STRONG. RECOVER WELL.





It's an exciting opportunity for me to run and partner at this year's Semi de Lubumbashi. It truly brings me great joy as a physiotherapist to see our local community engaging in such an active event that promotes health and fitness. We really need to get people moving more for better health.

Personally as a runner, I get to chase the finish line. As a physio, I know exactly what it takes to get there healthy — the strength, the mobility, the recovery.

This half marathon is where my passion for running meets my profession. I can't wait to run it !

Here are five tips to enhance your performance and promote good recovery:

- Adequate warm up to prepare your joints and muscles for the challenge ahead
- Proper hydration and nutrition before and during the run: Go for simple things such as bananas, oranges and water to boost your energy
- Stick to your training plan: Don't get too excited. Pace yourself and focus on the finish line
- Cool down: Make sure to stretch after the race to allow your muscles to recover well
- Get a sport massage from your physio: This is great for a fast recovery. It boosts your blood flow and prevents injuries. Your muscles will need it after the race!



DIVINE KABWE - FOUNDER OF TUFULI LAB

CREATING MEANINGFUL FAMILY EXPERIENCES





“

“The marathon celebrates physical activity and wellness, while our arts and crafts experiences encourage creativity, imagination, and self-expression.”

Our collaboration with the Semi-Marathon de Lushi was driven by a shared vision of promoting healthy, happy, and connected families. As a children's entertainment business, we believe that a child's development goes beyond play. It is about creating experiences that nurture both the body and the mind.

Together, they create a balanced environment where children can learn, play, and thrive. We also wanted to strengthen family bonding. Sporting events are wonderful opportunities for families to spend quality time together, and by adding creative activities, we ensure that every family member—especially the youngest participants—has an engaging and memorable experience.

After the race, children often need a calm, enjoyable activity while parents socialize, relax, or attend the award ceremony. Our arts and crafts station provides a safe and inspiring space where children can continue having fun through hands-on creative play, allowing families to extend their time at the event and enjoy the day together. This partnership reflects our mission: to inspire creativity, encourage wellness, and create meaningful family experiences that leave lasting memories.



SPONSORS & PARTNERS

ra**ib**bank



 pullman
HOTELS AND RESORTS
LUBUMBASHI GRAND KARAVIA



 **AIR CONGO**
L'Espoir de l'Afrique




Centre Médical
Diamant

 itotafrika



LUNDA

PHYSIOTHERAPIE



 **JOSH DESIGN**
LET'S ADD CREATIVITY





KIDS and Family Run 2026

DISTANCE : 1 KM



11.07.2026
Départ: 8h30

Pullman Grand Karavia

INSCRIPTION À PARTIR DE

\$5

Inclu : Dossard,
T-Shirt, Médaille,
Prix en espèces et
lots de tombola



+243 820 888 202



www.congorivermarathon.com/semidelushi



Semi De Lushi 2026

DISTANCES : 5 KM / 10 KM / 21 KM



12.07.2026

Départ: 8h00

**Square Forrest/ Batiment
Du 30 juin**

INSCRIPTION À PARTIR DE

\$10

Inclu : Dossard,
T-Shirt, Médaille,
Prix en espèces et
lots de tombola



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www.congorivermarathon.com/semidelushi

EVENT MAGAZINE 2026



4th Edition Semi de Lushi
July 11- 12, 2026



hello@congorivermarathon.com
www.congorivermarathon.com/semidelushi