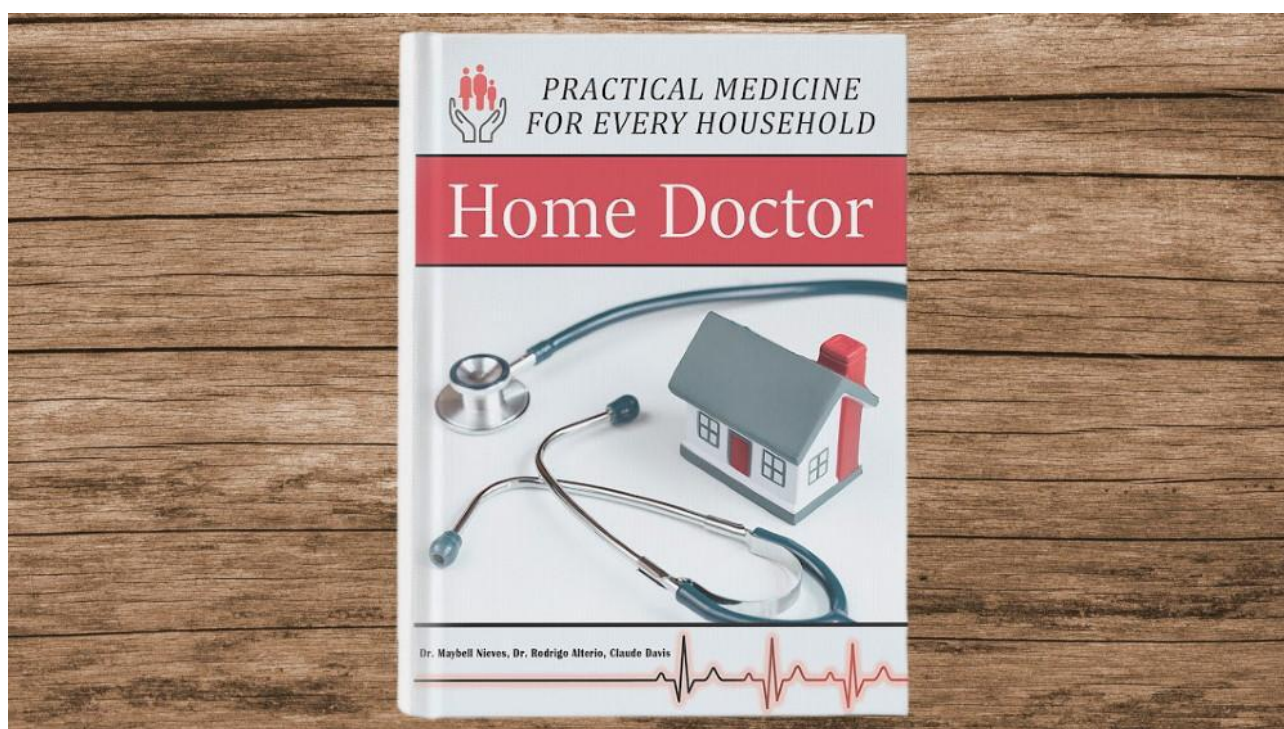


Home Doctor

Home Doctor Book PDF Practical Medicine For Every Household

In this detailed review, you will discover everything you need to know about Home Doctor Book PDF (Practical Medicine For Every Household) and its paperback version. The book is written by Dr. Maybell Nieves, a front-line doctor from Venezuela who has saved hundreds of people through one of the worst crises in modern history.



[Click here to download Home Doctor Book PDF >>>](#)

The ingenious methods Dr. Maybell Nieves developed are found in this book and can be self-applied at home. That makes them extremely valuable

if the medical system cannot be depended on, like during long-term blackouts, for example.

Home Doctor Book PDF, Practical Medicine For Every Household is a 304 page doctor written and approved guide on how to manage most health situations when help is not on the way.

The author is Dr. Maybell Nieves, head surgeon of the Unit of Breast Pathology and general surgeon at Caracas University Hospital in Venezuela, with over 10 years of experience in the operating room.

Dr. Maybell Nieves studied at the prestigious European Institute of Oncology in Milan, Italy.

She is known for developing new, ingenious methods of treating patients after Venezuela's economy collapsed and hospitals and pharmacies ran out of medicines, supplies, electricity and running water.

The methods she developed and pioneered are now studied and applied in conflict zones all over the world, that's why they are particularly useful for preppers and survivalists.

Home Doctor Book (PDF) is a unique guide for the layman that you can use when help is not on the way or to manage common ailments that don't require seeing a doctor.

Here's just a small glimpse of what you'll find in Home Doctor Book PDF, Practical Medicine For Every Household:

The Biggest Mistakes You Can Make in a Blackout:

In Venezuela, electricity has turned into a rare and unpredictable commodity. They don't have it all the time, and blackouts have become a normal part of daily life.

Inside the Home Doctor Book (PDF), you'll also learn about the biggest medical mistakes you can make in a blackout and what to do with important medications that require refrigeration, like insulin or Humira.

What Happens When You Take Expired Medications

No country in the world has had to use more expired medication than Venezuela.



Dr. Maybell and other doctors were able to see what happens firsthand, and it's almost guaranteed to surprise you.

Most medications you have in your medicine cabinet are good for years after their expiration dates; which medication is safe to take after its expiration date and which ones are not.

The Best Natural Painkiller

This is the painkilling plant that many in Venezuela turned to after they couldn't find relief at the pharmacy anymore... and it grows all over North America as well.

The Only 4 Antibiotics People Should Stockpile

Antibiotics will become priceless in times of need once they become scarce.

Having these 4 antibiotics described in Home Doctor Book PDF at home for you and your family is at least as important as having food stockpiles.

But under no circumstance should you take them without consulting a doctor first.

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10 Medical Supplies You Need to Have in Your House

These supplies are not expensive and should still be available, but they tend to run out fast.

In case you haven't realized it yet, most of the medical supplies and pills we take for granted come from China and India.

This supply chain is vulnerable and can be interrupted by something like an EMP.

How to Stockpile Prescription Medicines Including Insulin

An interesting workaround to get all the insulin, other medicines you need daily and even extra to stockpile.

This ingenious method described in Home Doctor Book PDF is completely legal and safe. And you could start using it immediately.

A Simple “At-Home” Protocol for the Flu and Other Respiratory Issues

During the flu season, a lot of people end up in the hospital with a high fever, coughing their lungs out.



So one of the chapter of Home Doctor Book PDF will give you is a simple protocol to deal with it at home if going to a hospital is off the table.

A Natural DIY Antibiotic Ointment

An antibiotic ointment is nice to have around when you need it.

The recipe found inside the Home Doctor PDF aids in keeping a wound from becoming infected and help reduce scarring.

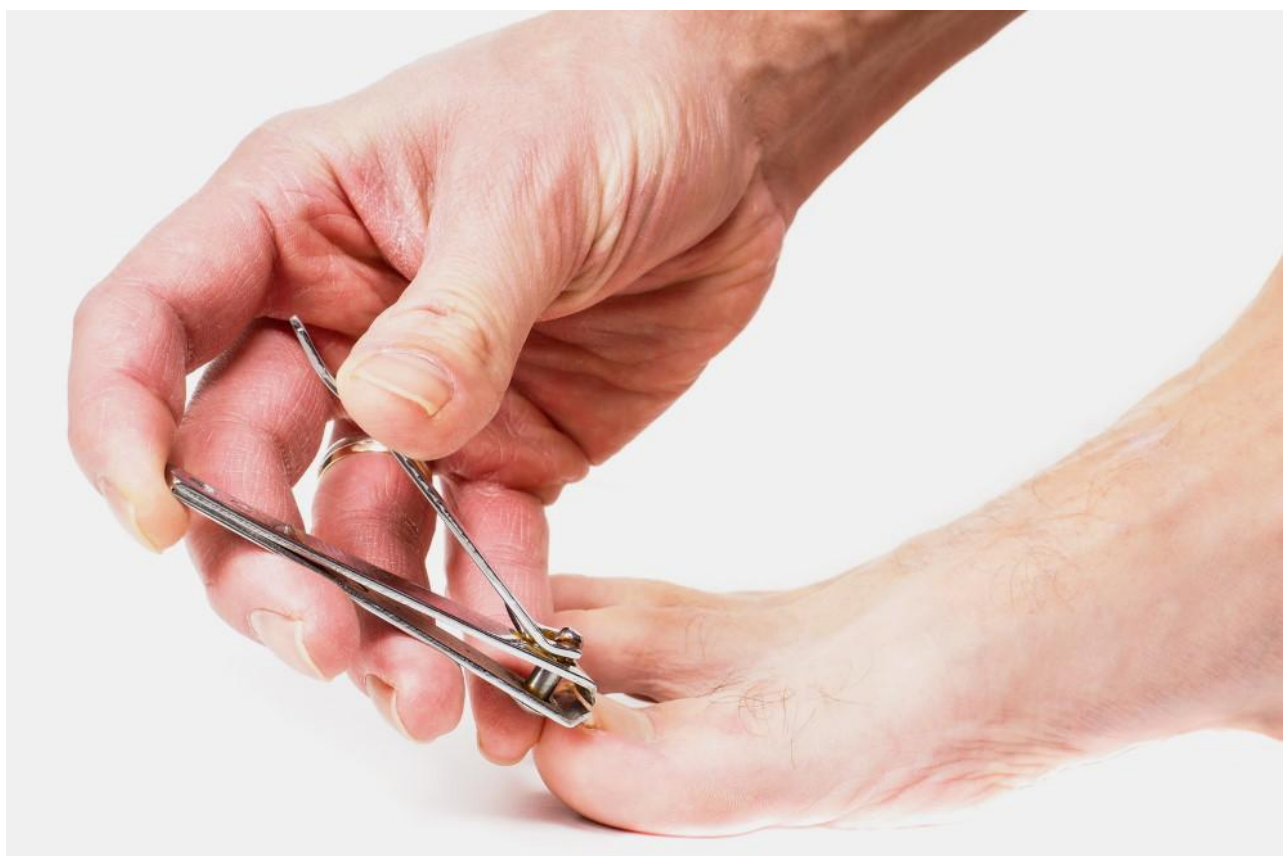
How to Take Care of Toothaches

Ever had a really bad toothache that just wouldn't go away?

A dental infection can quickly become a nuisance, so you want to know how to take care of it the right way.

How to Remove an Ingrown Nail

In the Home Doctor Book PDF, you will also discover how to remove an ingrown nail.



In a situation where medical help is hard to come by, an ingrown nail can cause a serious infection if you don't remove it.

What Doctors Do to Keep Their Immunity High

In the Home Doctor Book PDF, you will learn the things that doctors do

to keep their immunity high after they come in close contact with sick people, things that you can also do at home to protect your family.

How to Deal with Injuries

You'll also learn how to deal with typical wounds caused by violent protesters and rioters. As a surgeon in Venezuela, Dr. Maybell Nieves dealt with probably more wounds like these than many doctors in other parts of the world during their whole career.

We are no strangers to such events, either, so I say it's best to be prepared.

And even all of that is just the tip of the iceberg of what you'll find inside the Home Doctor. This book is absolutely massive with over 300 pages filled with practical tips, precise diagrams, and step-by-step instructions that may allow you to stay healthy and help others.

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