



Brentwood School

Year 10&11

Timetabled Co-curricular
2026-27

Timetabled Co-Curricular

In Year 9 students opted for a three year pathway, therefore in Year 10 and 11 they continue in their chosen activity; Voluntary Service Activity (VSA), Duke of Edinburgh and The Great Outdoors (DofE & GO) or Combined Cadet Force (CCF). New students to the school will opt for one of the three activities when they join the school, information will be provided by the Director of Co-Curricular Activities.

VSA

Students in the VSA continue to select from the range of options available to them in Year 10 and 11, including the possibility of achieving formal qualifications in British Sign Language or First Aid. Many of the VSA Tuesday activities are off site, serving the local community. Examples of field day activities include volunteering at local charities e.g. Barrow Farm or primary schools and also educational days trips at centres such as the Lambourne End Centre or RHS Hyde Hall.

DofE & GO

Students in DofE & GO start Year 10 with activities based on The Great Outdoors, led by our Head of Outdoor Education. These are a mixture of off site and on site activities. Later in Year 10 the focus will transfer to training for the Silver DofE Award. Some students may choose not to undertake their Silver Award, however they will remain with the group and complete relevant training. Field days include a residential outdoor adventure activity as well as practice and assessed expeditions.

CCF

Students in the CCF begin Year 10 with a continuation of basic training within their chosen service (Royal Navy, Army, Royal Air Force) before they move onto more advanced training later in the year. In Year 11 the focus moves to leadership training where cadets learn how to teach and lead in preparation to become NCOs in the sixth form within their chosen service. Field days include team building and leadership exercises on site as well as specialist military training or the Biennial inspection. Off site field days including day trips or overnight activities at military bases, days at outdoor adventure activity centres and the occasional museum trip.



Transfer Opportunities

At October half term in Year 10 students have the first of 2 opportunities to transfer to a different activity. At this point:

- Any student can apply to transfer into the VSA
- Students who have completed their Bronze award can apply to transfer into the DofE & GO group who will be completing their Silver DofE Award.
- Students who do not wish to complete their Silver DofE Award **must** transfer to the VSA, the Personal Development Journey Programme or the Sports Leaders Programme (further information below).
- Students **cannot transfer into the CCF** at this stage due to the linear nature of the programme and the training that will have been missed (the next opportunity to join the CCF is at the start of the sixth form in the fast track programme).

The second transfer opportunity comes at the end of Year 10, where students who haven't changed activities already, can move into the Personal Development Journey Programme for the beginning of Year 11. At this point:

- Students can **only** apply to transfer out of the CCF or VSA.
- Students **cannot transfer out of Silver DofE or Sports Leaders** as they are mid-way through the qualification.
- Students are **only** able to transfer into the Personal Development Journey activity, they cannot move into the CCF/VSA/DofE/Sports Leaders.
- Once a transfer has been completed a student **cannot return to their previous activity**.

Personal Development Journey

This addition to our co-curricular programme enables students to develop their personal awareness, fitness and wellbeing across five rotations. A summary of each year is below:

- **Year 1:** This activity will involve 3 rotations of Fitness, Wellbeing and Environmental awareness. Students will complete a Reflection Journal throughout the course, and then will be asked to give a presentation on their own journey at the end of year 1. Places are capped at 30 students.
- **Year 2:** This will build on the developments made in year 1, exploring opportunities for students to develop further in the three core areas offered in Year 10. There will be a final presentation to younger students at the end of year 2, outlining the benefits of each of the core strands. This will involve 2 further rotations of Creative and Crossfit. Students will undertake a 10 week rotation learning and developing their creative and artistic skills, and then carrying out 10 weeks of Hyrox style activities at a fitness studio in Hutton.

Students who join the programme at the October half term (Year 10) will complete a 2 year programme. Students who join the programme at the beginning of Year 11 will complete Year 1 of the Programme as above.

Sports Leaders

Students in Year 10 are invited to take part in our Sports Leaders Programme, an exciting opportunity designed to develop leadership through sport. Throughout the year, the students learn how to lead a variety of sporting activities while gaining a solid understanding of the key skills and personal qualities required to become an effective sports leader. In Year 11, students progress onto the Level 2 Sports Leadership Qualification, delivered in partnership with Leadership Skills Foundation. During Field Days, they are given the chance to put their learning into practice by leading sessions for younger students. They also have the opportunity to develop key leadership skills in engaging activities such as outdoor adventure activity centres and visits to key sporting arenas.

Virtue. Learning. Manners.

A values-led 3 to 18 school.