



**Disability**  
it's about *ability*

# Introduction



***In the ancient Indian language of Sanskrit, Sewa means Service – a unique concept of Service – Selfless Efforts for Welfare of All.***

SEWA INTERNATIONAL was started in 1991 in the UK.

sewa UK is non-government and non-sectarian voluntary organisation that enjoys widespread support in Britain, and is run entirely by dedicated volunteers.

*sewa UK has been focusing on projects that support People with Disabilities (PWDs) since 2011.*

## **Rebuilding communities in the aftermath of a disaster**

### **THREE PHASES POST A DISASTER**

#### **1. RESCUE**

The local Sewa international team support this with volunteers in their hundreds and thousands.

#### **2. RELIEF**

Managed by the local team - e.g. temporary shelter, medical care, etc.

#### **3. REHABILITATION**

Sewa UK and others support the long term rehabilitation of those affected.

sewa UK is committed to working in areas which suffer from humanitarian disasters and tragedies and help to rebuild devastated communities. Supporting with education, women empowerment, child support and healthcare.

## Current Project – Cochlea Pune

Cochlea Pune for hearing and speech has been a growing charitable trust who specialise in supporting congenitally born deaf children from the age of 0 through to 6 years.

Through early detection and intervention, the Cochlea team has become the trusted charity for mothers supporting their children. Starting with just one centre, one teacher and one student the centre has now spread its message and support across rural areas of Pune through to Goa.

The charity now supports over 125 children to help them hear and speak with the assistance of over 35 teachers, hearing aids, providing speech therapy and most importantly through the specialist Swaranaad pre-school. The children learn language, mathematics and general knowledge. The Swaranaad pre-school encourages and gives each child the confidence to join mainstream schools and continue their education.

The Cochlea team's efforts and the Swaranaad pre-school has made it a beacon of hope for many families and children suffering. Last year they admitted over 22 children to the pre-school which has continued to grow.

With the rate of admission, the Cochlea team have run out of room and they need your support now.



## Divya Residential School, Jawhar, Maharashtra



Divya Vidyalay Residential School provides quality education for 120 children with disabilities.

The school also has a vocational training centre to help the children gain valuable skills that will help them in earning a livelihood.



The school is instrumental in improving the quality of life of the tribal community around Jawhar through a community engagement program.



Flagship project of sewa UK

## Divya Rehabilitation Centre (Sanvedana), Latur, Maharashtra



sewa UK made it possible for the building of a modern well equipped rehabilitation centre for children with cerebral palsy and other disabilities using the latest equipment available.



## Divya (Arunodaya) School and Treatment Centre, Gadag, Karnataka



*New Treatment Centre and School*



*sewa UK trustees visit to school*



*Opening ceremony in April 2019*

A unique school for children with special needs helping children suffering with intellectual disability, Cerebral Palsy, Autism and other Disabilities.

With these new facilities the team at Arunodaya are able to support many more students with disabilities and also engage more closely with parents in supporting these special children.

## ABRAR (Audio Book Reader and Recorder)

sewa UK donated 500 Abrar units to help visually impaired children.

The ABRAR unit addressed a number of shortcomings of commonly used equipment (e.g. cassette or CD players) by those with visual impairments.



## sewa UK and Cleft Surgery

sewa UK joined hands with Northern Cleft Foundation to support patients with cleft lip and palate deformities giving a new lease of life. The project was a partnership with Northern Cleft Foundation (Dr Hedgewar Hospital) and sewa UK.



A significant number of children in India are born with a cleft lip and palate deformity. The physical, psychological and social implication of being born with a cleft lip are immense. sewa UK with NCF provided life changing surgery to 189 children over two years.



## Nuwakot Hostel (Nepal)

Following the devastating earthquake of 2015 sewa UK is supporting the building of 2 hostels in Nepal. Our first project at Nuwakot was completed in 2019, and the second hostel is under construction.



## Uttarakhand School

In the village of Chhinka, the old school was badly damaged by the Uttarakhand floods in 2013 and needed to be re-built.

After inspection of the damage a new school was built by sewa UK.



## Jammu & Kashmir

After the earthquake in 2013, sewa UK helped build a school in the district of Kishtwar which allows the children to receive and education for the future.



## Wheelchairs to Kenya



sewa UK dispatched 170 wheelchairs to help people with disabilities in Kenya.

## Ambulance Donation - Tanzania

Ambulance donated by  
sewa UK to help provide  
medical care to remote  
villages in Africa



# Supporting Charities in UK

*Move It - The Brent North Youth Sports pilot project*



## A glimpse of our activities in the UK

- Refuge Charity - support for women experiencing domestic violence
- Macmillan cancer support
- Northwick Park Hospital - new children's centre
- Great Ormond Street Hospital
- Middlesex Association for the Blind

*Donation of sleeping bags to homeless people*



# Past Achievements

## Disaster Relief

- 1998 Gujarat Floods
- 1999 Orissa Cyclone
- 2001 Gujarat Earthquake
- 2004 Bihar Floods
- 2008 Bihar Floods
- 2009 Karnataka Floods
- 2014 Uttarakhand Floods
- 2015 Nepal Earthquake

## Education

15,000 students supported over seven years in education

## Africa Support

- Water Pumps
- Child Education
- Kenya Drought
- Bicycles for Uganda

## Other projects supported

- Vathsalya - Vindavan
- Leprosy Hospital - Madhya Pradesh
- Orphanage - West Bengal
- Women's handicraft - Bhuj India



*Reconstruction of a new village by sewa UK following 2001 earthquake in Gujarat*

# sewa UK fundraising



## Charity Through Adventure

The Charity Through Adventure programme offers groups or individuals with different levels of ability the chance to undertake demanding challenges and treks. By taking part in these challenges they will complete an incredible personal achievement and raise money for sewa

UK to help improve the lives of underprivileged people.

## CYCLE 4 SEWA



Cycle 4 Sewa is a fun day out where the community can come together and enjoy a day of cycling. The initiative was started in 2012 in East London and due to its success has taken place in Birmingham and Manchester.



*London Marathon*



*Fundraising by Coventry sewa for Arundya School, Gadag, Karnataka*

## New initiatives

### Chitrakoot Project incorporating Medics4sewa



*Burns patient treated by Chitrakoot Medical Team*

Chitrakoot Project focuses on bringing accessible healthcare to the rural community in and around Chitrakoot, India. Teams of experienced medical professionals from UK visit Chitrakoot to carry out much needed surgical operations, correction of facial deformities, operate on burns victims and also assist in dental care and health education of the community in and around Chitrakoot.

#### Medics4sewa

Medics4sewa is a project to engage medical professionals with sewa UK.

### Youth for Sewa

Youth for Sewa is an unpaid Summer Internship initiative led by sewa UK to connect young dynamic individuals from diverse backgrounds with NGOs in rural India. YFS aims to cultivate and develop the spirit of sewa and inspire individuals to work for the wellbeing of humanity. Projects are available in healthcare, education, environmental awareness, women's empowerment, rural development and micro-finance.

# Become a donor

## Leaving a Legacy

You don't need to be rich or famous to leave money for good causes once you've passed on. Thousands of people support charities by leaving money for their favourite causes and also to their families in their wills. Such legacies are the foundation for many charities in the UK, and are vital to the good work that they do. You can ensure your continued support to sewa UK by remembering us in your will. You don't need to be rich, famous or even leave us a large sum, as the smallest of gestures can take us a long way and will be remembered through the work that we've dedicated ourselves to. Please let us know if you'd like to speak to us about leaving a gift in your will.

## Corporate Giving

Please visit our website [www.sewauk.org](http://www.sewauk.org) or contact us at the address below.



## Special Occasions

What better way to celebrate and mark a special day, than to make a charitable donation in the knowledge that your generosity will help alleviate suffering and bring a lot more joy to the world?

Whether it's a birth, marriage, death or a festival, please consider supporting sewa UK. Giving is easy, to donate online click on the Make a Donation Now button on the website.

Or, if you would like to pay by cheque, please send a cheque made payable to sewa UK with your contact details and completed Postal donation form and Gift Aid Form if applicable.

Please send any donations to our office or contact us to discuss becoming a Corporate Donor or to leave a legacy.  
[see back page for contact details](#)

## THANKYOU

Thank you to all our donors for supporting sewa UK.  
With your help and generosity we can continue to help those in need.

# Donation form



**Your details:**

Title (please tick): Mr  Mrs  Ms  Other .....

First name: .....

Surname: .....

Address: .....

.....

..... Post code: .....

Telephone number: .....

Email: .....

I wish to support sewa UK by donating £.....

**To pay by Cheque / Postal Order**

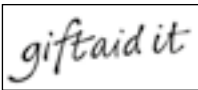
Please send your donation payable to sewa UK,  
1100 Stratford Road, Hall Green, Birmingham, B28 8AD

**To pay by Card**

To donate by cards, please visit <https://uk.virginmoneygiving.com/giving/>

Click on donate to charity and type "sewa UK" in search bar.

You can also donate on our website [www.sewauk.org](http://www.sewauk.org)



As long as you are a UK taxpayer, Gift Aid enables us to claim 25% of the value of your gifts. For example, if you decide to give £100 to sewa UK, we will be able to claim £25 from HM Revenue & Customs to use at our discretion. It may not sound a lot but every penny really counts. What is more, if you are a higher rate taxpayer, you are entitled to claim additional tax relief on your gifts.

I wish sewa UK to treat all the gifts that I made in the last four years, now and that I will be making in the future as gift aid donations and confirming by putting a tick in the box  I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference.

Signature..... Date.....

**Note: You can cancel this declaration at any time by notifying sewa UK.**

sewa UK would like to hold your details in order to contact you about our fundraising and campaigns. If you do not wish sewa UK to store your data, please advise the data controller at 1100 Stratford road, Birmingham, B28 8AD, email - [info@sewauk.org](mailto:info@sewauk.org). Our privacy policy is in our website [www.sewauk.org](http://www.sewauk.org)



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