



THE SPA



SANCTUARY

PAKBENG LODGE



OUR MASSAGES

LAO MASSAGE

1 HOUR - 15 USD

A massage to relieve stress off both the body and mind. The masseuse rests on the body's pressure points with rhythmic repetition, using her body weight to add force. The set routine starts with some foot reflexology and moves its way up to your head.

OIL MASSAGE

1 HOUR - 20 USD

A massage to nourish the skin and relieve muscular tension. The oil massage is comprised of long rubbing and stroking motions.

FOOT MASSAGE / HEAD & SHOULDER MASSAGE

30 MIN - 10 USD

The head and shoulder massage helps cure headaches and leaves a real relief feeling, while the foot reflexology helps your whole organism to recuperate.

WORKING HOURS: 9AM - 8PM (LAST SESSION)

MASSAGES UNDERTAKEN IN YOUR ROOM

INFORMATION AND BOOKINGS AT THE RECEPTION

WWW.SANCTUARYHOTELSANDRESORTS.COM

