



# One Community Health



## Outreach Services

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# Have a Safe and Healthy Harvest

For more than 35 years, One Community Health has been delivering healthcare services to growers, food processing facilities, and farmworkers.

With our bilingual outreach team and mobile clinic, we bring healthcare directly to you, saving time and inconvenience. This helps overcome transportation challenges for your employees and decreases work absences. We also offer healthcare services at our clinics located in Stevenson, White Salmon, Hood River, and The Dalles, with special services available to farmworkers.

Use this guide to help you decide which services are right for you and your employees.



**One Community Health**

ESPERANZA DE LA TIERRA

# On-Site Services



## Mobile Medical Clinic

Our Mobile Health Clinic, *La Clínica*, provides immediate and accessible healthcare services at locations throughout the Gorge. *La Clínica* can visit your orchard or packinghouse to provide the following services to your employees:

- Visits with a medical provider for acute and chronic health concerns
- Referrals to specialists if further evaluation or treatment is needed
- Testing for COVID, flu, diabetes, STDs, and other common health concerns
- Treatment for wounds
- Access to substance use support and medications



## Education Sessions

Our knowledgeable community health workers can provide a variety of interactive education sessions for your employees. These sessions are tailored to your needs, providing your workers with the knowledge and tools to stay healthy during the harvest season. We can offer the following sessions:

- Maintaining mental health
- Diabetes and chronic disease prevention
- Diabetes management
- Tips for maintaining good oral health and preventing pain and common dental issues
- Respiratory illness prevention

If there's another topic that you're interested in, please ask!



# On-Site Services



## Health Insurance Enrollment

Cost can be a major barrier to health care. We are here to help your employees understand their health insurance options and the financial assistance available to them. Last year Oregon expanded Medicaid eligibility to cover farmworkers, and Washington will do the same in July 2024. We would love to visit your site and help your employees enroll in this great benefit. One Community Health also offers a sliding scale discount program based on household size and income.



## Vaccinations and Illness Prevention

A viral illness like COVID-19 or the flu can cause employees to miss valuable work days during harvest. We provide vaccines that can help prevent common viral illnesses, keeping employees safe and healthy. We are experienced in offering vaccine clinics at your location for flu, COVID-19, tetanus, and other diseases. We can also offer COVID-19 screening and testing during employee orientation and training sessions, and have free COVID-19 test kits available for farmworkers. If an employee does contract COVID-19, we have treatment options such as Paxlovid available at all of our medical clinics.



# Services at One Community Health



## Behavioral Health Services

We offer free or low-cost mental health support from bilingual counselors. Our counselors can help with:

- Reducing anxiety and depression
- Grief and loss
- Managing stress
- Improving sleep
- Coping with an illness or injury, and much more!



## The Dalles Express Clinic

Our Express Clinic is open to everyone in the community, and is a great option for farmworkers. Simply call the main phone number to be set up for a same-day appointment. The Express Clinic should be used for acute health problems like minor injuries, colds, flu, and rapid screenings. With shorter visits, we have a faster turnaround time to get in, be seen, and treated. A true *Express* experience!



## Farmworker Walk-In Clinic in The Dalles

We offer special walk-in hours at The Dalles Clinic to provide access for farmworkers. Farmworker clinics start at the beginning of cherry harvest in June, and end in August once the majority of migrant workers have left the area. Farmworkers can see a provider for any health concern, including chronic diseases like diabetes.



# Services at One Community Health



## Diabetes Care

Diabetes is a common disease, and can cause serious health issues. Workers with low or high blood sugar are in danger of fainting, going into shock, and needing to be hospitalized. We have a specialized diabetes care team that can help farmworkers manage their blood sugar through education, screening, and medication management, including low-cost or free diabetes medications.



## Dental Care

We offer dental care for everyone, regardless of insurance status or ability to pay. Most farmworkers qualify for our sliding scale discount program, allowing them to get free or low-cost dental cleanings, exams, extractions, and other needed care. We also offer daily walk-in emergency dental care for anyone in the community. Dental services are available at our The Dalles and Hood River locations.



## Bridges to Health

Our Bridges to Health (B2H) community health workers can connect your employees to community resources for food, housing, transportation, and applications for financial assistance. B2H is a program of the Columbia Gorge Health Council, and provides coordination of resources for many people in our community.



# Take the Next Step

Reach out to us! Whether by email, filling out our online form, or giving us a call, let us know what we can do for you and your employees this harvest season.



[outreach@onecommunityhealth.org](mailto:outreach@onecommunityhealth.org)



541.512.7922



[onecommunityhealth.org/  
employer-support](https://onecommunityhealth.org/employer-support)



Scan with your phone  
to complete our request form



**One Community Health**



# One Community Health

## Hood River Clinic

849 Pacific Ave.  
Hood River, OR 97031  
541.386.6380

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Medical care



Dental care



Behavioral health



Insurance enrollment

## The Dalles Clinic

1040 Webber St.  
The Dalles, OR 97056  
541.386.6380

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Medical care



Dental care



Behavioral health



Insurance enrollment

## Express Clinic

1010 Webber St.  
The Dalles, OR 97058  
541.386.6380

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Medical care



Immediate care

## White Salmon Clinic

65371 Highway 14  
White Salmon, WA 98672  
509.493.2133

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Medical care



Behavioral health



Insurance enrollment

## Stevenson Clinic

875 Rock Creek Drive SW  
Stevenson, WA 98648  
509.427.4212

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Medical care



Medical care



Immediate care



Insurance enrollment

## La Clínica

Mobile Medical Clinic  
541.386.6380

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