IMPACT REPORT

2023-A YEAR OF BETTER COMMUNITY MENTAL HEALTH AND WELL-BEING

The James P Harrington Organization is a nurturing and inclusive community of wellness, healing, and transformation.





Who we are

The James P. Harrington Organization (JPH) is a nurturing and inclusive community of wellness, healing, and transformation.

Located on the pristine riverbank of the North River marsh, JPH's center at Ferry Hill is situated on 9.3 acres of grounds and trails, including a historic barn and attached building with an adjacent cottage. This peaceful retreat property has been in service of the community for over 60 years with a history of providing support for families through womenfocused programming, robust youth-based summer programming, and a respite location to connect with nature. The JPH Organization was established in 2022 with a dual purpose of restoring and revitalizing this historic property and evolving it into a nature-based family wellness sanctuary.



What we do Healing

When you step onto the Ferry Hill property, the healing energy of nature can be felt, seen and heard through the majestic wooded conservation setting, the beautiful marsh vistas, and the sounds of wildlife

Wellness

JPH has a non-clinical and holistic approach to community wellness. Over 30 wellness and mental health professionals contribute to program design and content and delivery.

Transformation

Our free and low-cost community programming aims to provide equity and dignity for those who need mental health support. A supportive community can transform an individual's trajectory of healing and growth.

jphcommunity.org



PH 2023 HIGHLIGHTS



SOUTH SHORE FAMILIES SERVED



ADULT MENTAL HEALTH SUPPORT PROGRAMS



CHILD WELLNESS PROGRAMS

4

FAMILY CRISIS

REFERRALS



VOLUNTEER HOURS COMMITTED TO FAMILY WELLNESS



TEAM AND COMMUNITY MEETINGS DEDICATED **TO BRIDGING THE MENTAL HEALTH GAP**



SECURED IN DONATED MENTAL HEALTH AND WELLNESS SERVICES FOR **COMMUNITY IN NEED**





STATE OF MASSACHUSETTS EARMARK SECURED



REPAIRS AND IMPROVEMENTS MADE TO THE FERRY HILL PROPERTY



Mother's Exhaustion Restorative Comfort Program

JPH Adult Mental Health & Well-Being Programs

51 WOMEN'S RECOVERY MEETINGS

25 WELLNESS CLASSES

12 MONTHLY STRESS REDUCTION MEDITATION PROGRAMS

12 MONTHLY ANXIETY GROUPS

8 ACUPUNCTURE FOR TRAUMA PROGRAMS

8 MONTHLY PARENT SUPPORT GROUPS

7 MOTHER'S EXHAUSTION PROGRAMS

5 WOMEN'S WELLNESS & TRAUMA RETREATS

5 OPEN RESOURCE GROUPS







Youth Mental Health & Well-Being Programs

20 CHILD ENRICHMENT PROGRAMS

7 WEEKS OF SUMMER CAMP FOR 80 CHILDREN PER WEEK

7 WEEKS OF THERAPEUTIC ART PROGRAMMING FOR ALL CAMPERS

7 WEEKS OF WATER SAFETY EDUCATION

2 MIDDLE SCHOOLER WELLNESS RETREATS

2 CHILD WELLNESS RETREATS

1 MIDDLE SCHOOLER INCLUSION EDUCATION PROGRAM

1 MIDDLE SCHOOLER MINDFULNESS PROGRAM

1 MIDDLE SCHOOLER LEADERSHIP PROGRAM

1 MIDDLE SCHOOLER SUBSTANCE USE PREVENTION PROGRAM



COMMUNITY IN 2023!



























Program Testimonials

Women's Trauma Programs

"JPH at Ferry Hill Has saved my life and has restored my family. I would be lost without the programs they offer."

"JPH at Ferry Hill provides our community with something largely unavailable. It serves as a place to surrender pain, to unabashedly reveal oneself, and to be accepted fully. There is no hierarchy of care. No matter the sustenance of your story, love abounds and is yours to accept. This is where you come to be heard, and to be seen. This is where you come to heal. And along the way, you have the humbling opportunity to heal others. It is in that exchange that community is built, and the foundation of hope solidifies."

Women's Workforce Volunteer Program

"JPH Ferry Hill and all of the people in the community have become my family. The most stable & supportive relationships I've ever had in my life. There is no task that's seen as too small and everything is appreciated. Being able to give back to a community that has given me so much is just truly amazing. You get to watch all the magic happen and help create it . Even things I didn't know how to do, someone was there to show me with so much patience and guidance. And we laugh....A LOT."

Youth Summer Program

"We are so lucky to have such a special place for our kids to be kids, have fun, be outdoors, meet new friends, and have good old fashioned fun'"

Supporter/Volunteer

"JPH at Ferry Hill is doing amazing work focused on family wellness, including teen wellness retreats, recovery programs, parent support groups, trauma support retreats, and the list keeps growing. I'm proud to volunteer my time there and am receiving wonderful community connection in return."





JPH Programs

Women's Programming Support Groups for Common Family/Individual Struggles Support Groups for Recovery Wellness Retreats and Workshops Volunteerism Projects Yoga and Meditation Mindfulness Groups Art Therapy Community Building Events Child Wellness Programs

None of our 2023 accomplishments would be possible without the community's extraordinary support. We are deeply grateful. Financial gifts of support can be made in the various ways listed below:

Paypal







By Check Made Out to: JPH Organization 76 Ferry Hill Road Marshfield MA 02050

> EIN #: 83-0617495 jphcommunity.org