

Loving life with little ones

FREE

toddle^{about}

W. Northants

Oct - Dec 2025

TODDLE ABOUT LIVE!
FUN DAY
Sunday 23rd November
Sign up for FREE inside!

ENCOURAGING YOUR
CHILD'S FIRST WORDS

WHAT'S ON
NEAR YOU THIS
AUTUMN

CHRISTMAS GIFT IDEAS

WIN
The 12 days
of Christmas
comp
is back!

Everything Bump, Baby & Toddler Near You

Covering Northampton, Daventry, Towcester,
Brackley and surrounding areas

COVER PHOTO BY

BETHANY OLIVIA
photography



Wellingborough
School
Founded 1595

A u t u m n E x p l o r e r s **STAY & PLAY**

For children aged 2 years and up, including those in reception. Come along with your little one, and get a feel for our wonderful nursery.

Scan the QR code to book or get in touch

B o o k h e r e



**Friday 17th
October 2025
09:30 - 10:30am**

Enjoy a stay and play session at Wellingborough School nursery. During their time here, they will:

- **Meet** our friendly nursery team and **explore** our welcoming environment.
- Autumn-themed **painting**.
- **Carve** out some fun in pumpkin scooping.



WELCOME



TO THE AUTUMN 2025 EDITION!

Well I can't quite believe it, but it's that time of year again, the months are getting faster aren't they?

This issue is absolutely packed with everything Autumnal. There are some great boredom busting activities (pg. 9), for if the days are long (or rainy) this season. Why not try and find our cheeky monkey throughout the magazine? We have a delicious recipe (pg. 17), tonnes of events for Halloween (pg.14) through to Christmas (pg. 28) and some great reads to check out with a hot chocolate on a cosy evening (pg. 12, 16 & 22)

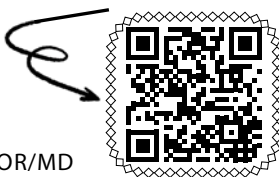
I **have** to shout about our awesome Christmas event **Toddle About LIVE!** Which will be at the UoN Creative Hub on Sunday 23rd November. (pg. 18). It is our magazine...**LIVE!** All things bump, baby, toddler and preschooler, under one roof. Lots of talks, demos of classes, Christmas shopping and we even have a Santa's Grotto*. Get your **FREE** family ticket here and join us to kick start the festive season.

*tickets still available at time of printing.

Loving life with little ones,

Ally

OWNER/EDITOR/MD



PS. Subscription to Toddle About is now completely **FREE!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. More info at www.toddle.fun/subscribe

IN THIS ISSUE

Bite Sized News	4 - 5
SEND Events & Activities	7
Play & Discover	9
Toddle Models	10 - 11
Understanding Curiosity	12 - 13
Halloween & Fireworks	14
Dishing Out The Veggies	16
Recipe: Puff Pastry Autumn Leaves	17
World Kindness Day	19
VIP Club	20
VIP Review	21
Encouraging First Words	22
Special Offer Vouchers	24
WIN: A Zoom Car	25
Christmas Events	28
Reader Profile Survey	29
Christmas Gift Guide	30
WIN: 12 Days of Christmas	31
Daily Activity Planner	32 - 50
Play & Discover Answers	51
Directory of Advertisers	52

MEET THE TEAM



Ally

Owner / Editor/ MD



Tim & Ruth - Chief Editors



Lou - Advertiser Support



Alec - Chief Technical Officer

CONTACT US

Call: 01604 532054

Email: ally@toddleabout.co.uk

Text: www.toddle.fun/whatsapp

ToddleAboutWestNorthants

toddleabout_westnorthants



Cover picture: A huge thank you to **Bethany Olivia Photography** for this gorgeous cover photo. To check out their portfolio or to book your own photo session: **scan the QR code**



9,000 copies of Toddle About are distributed every quarter around Northampton, Daventry, Towcester & Brackley surrounding areas.

Whilst every effort has been made to ensure the information in Toddle About is accurate and correct, we cannot guarantee that this is so and Toddle About Limited cannot and does not accept any liability for loss, damage or problems arising from any errors, omissions or inaccuracies in content, nor from actions taken by readers based on information or opinions presented in advertisements or throughout the magazine. Images and information supplied by 3rd parties have been accepted in good faith and all liability for any legal transgression including breach of copyright remains with the supplying parties.

Toddle About West Northants Ltd, Azure Close, Rugby, Warwickshire, CV22 5BT. Call us on 01604 532054.

Follow us for
daily updates!



Oct - Dec 2025 **Toddle About West Northants** 3



Ditch The Screens and Get Cycling!

Looking for the perfect Christmas gift that brings year-round fun? A well-made kids' bike is a present they'll never forget – encouraging confidence, independence and healthy outdoor adventures. But, with so many cheap "toy" bikes around, it's vital to choose one that's safe, durable and great to ride. Cycle Sprog is the UK's go-to resource for family cycling advice, with clear guides and expert tips to help you pick the right bike for your child this festive season and beyond. Visit www.cyclesprog.co.uk and watch their faces light up Christmas morning!

Offer: Use code TODDLE10 for 10% off all online courses, masterclasses and colouring books. Valid until 31/12/25

See P.31



Meet Santa at NLR this Christmas!

Combine the magic of both Santa and steam trains this Christmas with the Northampton & Lamport Railway's ever-popular 'Santa Specials'! Trains run every Sat and Sun from 30th Nov to 21st Dec. Looking for something extra special? They also offer 'Breakfast with Santa', which is a small intimate VIP experience. Also check out Santa Paws (29th Nov), where dogs also get a present from Santa! Advance tickets are essential for all trains. See website for full information and online tickets. You can also follow them on Facebook, Instagram and X.

www.nlr.org.uk. See P.29



Antenatal and Postnatal Care For You and Your Baby!

Meet Kate – part osteopath, part breastfeeding coach, and 100% baby whisperer! As an advanced breastfeeding coach and tongue-tie assessor, she supports mums-to-be and new parents through those early days with confidence. A proud member of The Infant Feeding Academy and FEDANT, Kate works with fellow osteopaths Elizabeth and Gordon to care for families antenatally and postnatally. Offering structural and cranial treatment for all ages, their focus is helping you and your little one feel the very best.

You can find us at www.brixworthosteopathy.com See P.31

Festive Magic at Joy Mead Gardens!

Step into the festive magic of Christmas in the Cloisters at Joy Mead on Saturday 6th December,

4.30–6.30pm. Enjoy candle-lit craft stalls, carol singing around the Christmas tree, fun games, mulled wine, hot food, and a visit to Father Christmas in his enchanting grotto. It's the perfect way to start your Christmas celebrations and support the Joy Mead Charity Trust's vital work. Bring the family and make memories at this unique community event!

Visit: www.ticketsource.co.uk/joy-mead



Pop On Your Fancy Dress Head To The Pumpkin Patch!

Overstone Grange Farm has over 75 different varieties of pumpkins, squash and gourds to be picked from.

Alongside the huge pumpkin patch is there play patch full of fun and games for all ages from pedal tractors to cornhole. There is a mini maize maze to get lost in and lots of fun photo opportunities to remember your visit by.

Each weekend we welcome different Autumnal or Halloween characters too.

Tickets available now at www.overstonegrangefarm.co.uk See P.19





NEW Soft Play Opening this Half Term!

Beans Barn Soft Play is opening soon in Flore. Just in time for half term!

We're putting the final touches on a colourful, safe, and imagination-packed space where kids can climb, slide, and explore to their hearts' content. Whether it's a birthday party or escaping the weather, Beans Barn is your go-to for unforgettable family fun.

Stay tuned for updates on our Facebook page and keep an eye out as our brand-new website is launching soon with all the details you'll need! www.beanzbarn.co.uk.

www.beanzbarn.co.uk. See P.15

Grant Awarded For New Playgroup!

New playgroup **The Little Play Pantry** has been awarded a new business grant from BIPC Northampton!

An amazing achievement for this new business. This grant will help enhance resources and create more engaging play

experiences for you and your little ones. The Little Play Pantry features beautifully designed play zones like a vets, post office, kitchen and market. Parents love the calm, welcoming atmosphere (plus free tea, coffee and biscuits!). Party hire also available. Follow on Instagram for updates @thelittleplaypantry.

www.thelittleplaypantry.com

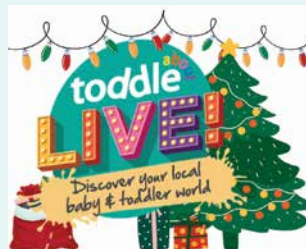
See P.29



Play and Discover at Toddle About LIVE!

Get ready for the ultimate family day out – Toddle About LIVE! is back on Sunday 23rd November 2025 at the University of Northampton's Waterside Campus! Packed with fun, festive magic and amazing activities for babies, toddlers and young children, there's something for every family. From hands-on play zones to expert advice, shopping, class demos and Christmassy cheer, it's the event you don't want to miss. Book your tickets today and join the festive fun!

www.toddle.fun/LIVE-Northampton See P.18



Discover Holistic Healing at The Maple Tree Clinic

Featuring expert care from 4 osteopaths and two physiotherapists, plus massage therapist, baby yoga (Huddle & Bliss), reflexology, acupuncture, counselling, Kinesiology and hypnotherapy—all under one roof.

Enjoy easy parking and the convenience of online booking.

Whether you're seeking pain relief, relaxation, or wellness support, our dedicated team is here for you and your little ones.

Visit www.themapletreeclinic.com today and take the first step towards a healthier, happier you!

See P.17



Pick Up Some Bargains This November!

Mum2mum market Daventry is a Baby & children's Nearly New Sale where parents and carers can buy

top quality baby and children's toys, clothes, books and equipment at a fraction of the high street price from other families. They will have a room bursting with 1000's of pre loved baby and children's items, so don't miss out on picking up some nearly new bargains for your little ones.

Sunday 2nd November 10am-12pm at Daventry Community Centre, Ashby Road, NN11 0QE
£2 adult entrance, kids under 16 are free

www.mum2mummarket.co.uk





QUINTON HOUSE SCHOOL

Leading independent school in Northampton, for children aged 3–18 years.

Inspiring students **TO LEAD THE WAY**



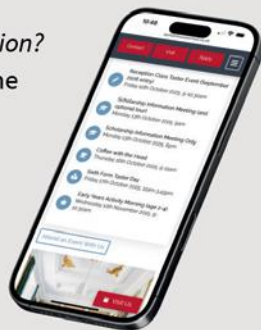
Visit us this Autumn

Looking ahead to your little one starting Nursery or Reception?

Join us at one of our Autumn events where you can see the classrooms in action, speak with our inspirational and nurturing teachers and experience a taste of what life at Quinton House is like.

Book your place with us

Visit www.quintonhouseschool.co.uk





ACTIVITIES & EVENTS

**29TH
OCT**

HALLOWEEN TRAIL

Fernie Fields, Northampton

Booking required ✓

Join Sport4Fitness CIC for a spooktacular Halloween Trail, find all the cards hidden throughout their activity field and sensory garden, all those who are successful will get rewarded with a sweet treat.

For all ages. 11:00am - 2pm

Costumes encouraged, Sports and Music, Arts & Crafts plus FREE pumpkin per family. Snacks and drinks are available.

The Avery Pavilion, Fernie Field, Northampton, NN3 7BD

www.sport4fitness-cic.co.uk Sport4FitnessCIC

www.ticketsource.co.uk/sport4fitness-cic

Cost: £5 entry for group of 4

**30TH
NOV**

SUPER SEND SANTA

WLGV, Daventry

Booking Required ✓

A chance for the whole family to enjoy some quality time together with low levels of music, absolute minimal queuing and the opportunity when booking online to tell them everything they need to know about your child to ensure they enjoy their visit.

There will be low slot numbers to allow extra time to take in all of the sensory aspects of the magical Grotto, so early pre-booking is recommended

Whilton Locks Garden Village, Daventry, NN11 2NH

Tel: 07710 525 748 WLGV

www.whiltonlocksgardenvillage.co.uk

Cost: £19.99 per child, £3.50 for accompanying guests.

Some events must be pre-booked and event details are correct at time of printing but may change, please check before attending.

Bale mountain, classic tractors, kids playhouse area, sandpit, kids climbing wall
Photo opportunities

KISLINGBURY
SUNNIES & SPOOKS

More than 50 varieties of Pumpkins!

Vintage Railway Cafe

PICK YOUR OWN PUMPKINS

Opening dates
September
27th and 28th
October
4th and 5th
11th and 12th
18th and 19th
25th to 31st

Entry tickets booked online only
£1.50

Book your tickets online;
www.kislingburysunniesandspooks.co.uk

Rothersthorpe Road, Kislingbury, Northampton, NN7 4EQ

[kislingbury_sunnies_and_spooks](#)
 Kislingbury sunnies and spooks



©Kerr-Kneale Productions Ltd 2025

Royal & Derngate Presents

JUDITH KERR'S **MOG'S** CHRISTMAS

Adapted for the stage by
THE WARDROBE ENSEMBLE

SAT 6 – WED 31 DECEMBER



ROYAL
DERNGATE &
NORTHAMPTON



SEASON SPONSORED BY

Michael Jones Jeweller
EST. 1919

Box Office **01604 624811**
www.royalandderngate.co.uk

MONSTER MAZE

THESE CHILDREN WANT TO
EXPLORE THE CREEPY, OLD HOUSE.
CAN YOU HELP THEM GET THERE?
WATCH OUT FOR MONSTERS!



CHEEKY CHARLIE HUNT!

WE'VE HIDDEN CHARLIE, TODDLE
ABOUT'S CHEEKY MASCOT,
THROUGHOUT THE MAGAZINE
CAN YOU COUNT HOW
MANY TIMES HE APPEARS?



SANTA'S SWITCH UP

SPOT THE
DIFFERENCE.
THERE ARE
10 TO FIND!

ANSWERS ON P.51



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Summer Toddler Models competition!

Congratulations to little Jude who won a **Banwood Eco Scooter and Helmet**, worth £118!

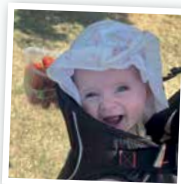
We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Jude, 18 months old

BANWOOD

Find out more at www.banwood.co.uk



Alaya, 6 months



Amiran, 2 months



Bertie, 2 years



Chloe & Martin,
2 years & 6 months



Darcey, 2 years



Eden, 12 months



Elara, 4 years



Emerson, 2 years



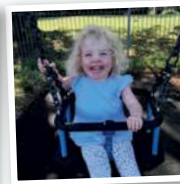
Fern, 1 year



Finley, 4 years



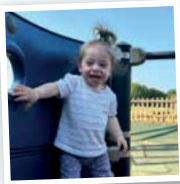
Florence, 8 months



Grace, 2 years



Harry, 2 years



Josephine, 1 year



Lavinia-Rae & Savannah,
4 years & 5 months



Luca, 2 years



Lucas, 2 years



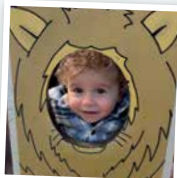
Monty, 3 years



Myles, 2 years



Nicole, 4 years



Oliver, 1 year



Phoebe, 1 year



Rayvaansh, 1 year



Rhodi, 16 months



Robin, 3 years



Roman, 3 years



Rosetta, 2 years



Ruben & Aubree,
5 years & 1 year



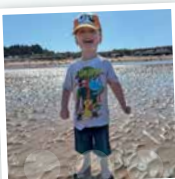
Savannah, 3 months



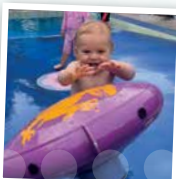
Sebastian, 5 years



Sienna, 2 years



Toby, 2 years



Tristan, 11 months



Verity, 2 years



Willow, 2 years



COMPETITION

TODDLE MODELS

WIN A FAMILY TICKET TO DISNEY ON ICE, WORTH £220

THE PRIZE: Win one of TWO family tickets to the London show (26th Dec – 4th Jan).

Disney On Ice returns with a brand-new magical adventure for the whole family!

In *Disney On Ice presents Find Your Hero*, audiences will discover what it truly means to be a hero as Mickey Mouse, Minnie Mouse and friends from the Disney Kingdom come together to bring timeless tales to life. Gliding into the UK from the 29th October 2025 – 4th January 2026.

Find out more at www.disneyonice.com.



WORTH
£220

HOW TO ENTER:

Send us a photo of your little one enjoying some Autumn/Winter fun!

We will print as many entries as possible in the next magazine to give you a lovely keepsake.

Enter by **Sun 7th Dec 2025**.



ENTER AT:
www.toddle.fun/toddlemodels



WHAT'S GOING ON IN THERE?

Using Curiosity to Understand and Support Your Toddler

By Bryana Kappadakunnel, LMFT

As a therapist who specialises in early childhood mental health - and as a mother myself - I've seen firsthand how powerful it is when parents shift from reacting to their toddler's behaviour to getting curious about it.

Curiosity is one of the six Seeds of Connection in what I call the Connection Garden - a concept I developed to help parents build emotionally safe, responsive relationships with their children. When seeds like attunement, playfulness, and repair are planted and nurtured consistently, the parent-child relationship grows stronger and more joyful.

But when connection is missing, or only offered conditionally, we end up in what I call the Connection Desert. It's a place where children feel misunderstood and emotionally thirsty - and parents feel isolated, burned out, and unsure how to move forward. Fortunately, we can always begin to plant new seeds - and Curiosity is one of the most transformative.

What Curiosity Really Means

Many of us were raised to believe that discipline means control. That a toddler's tantrum needs to be "fixed," or that whining should be ignored until it stops. But when we get curious instead and ask, "What's going on in there?," we begin to understand that behaviour is communication.

Toddlers don't have the language or brain development to say, "I'm overtired, overstimulated,

and I miss you." So they cry, hit, throw, or resist. When we respond with curiosity instead of control, we teach them that it's safe to have big feelings - and we start to build lifelong skills for emotional health and relational trust.

The Power of Observation

One of the simplest, yet most profound, ways to cultivate curiosity in your relationship with your toddler is through observing them do what they do best: play. When you're just getting started with child observation, I recommend you make an effort to practice this intentionally for about 5-10 minutes a day. Eventually, this will become a natural part of your relationship with your toddler.

Here's how it works:

Set up the play environment so that it is totally safe for your toddler. Creating a "Yes" space where everything is safe (including toys, things to climb, etc) encourages your toddler to discover their own interests and get lost in the magic of play. At the same time, it will help you to resist the urge to hover, intervene, or take charge of their play process.

Pull up a chair nearby, settle into your body, and simply notice your breath and any sensations that arise. See if you can observe yourself with the same curiosity you offer your child.

Once you feel settled, start to notice what your child is doing with their hands and where their eyes are looking.

Following their hands and eyes allows you to become more connected to what their brain is curious about. Resist the urge to fix anything. If you see your toddler frustrated with stacking some blocks, you may feel it would be useful to offer your help. By doing so, you're undermining your child's intense drive toward mastery and competence. Instead, be curious with your toddler: "I wonder if that feels tough...I see you're not giving up." By resisting the urge to fix, control, change, or provide educational directives (e.g., "What colour is this?") while they play, you send the vital messages: I trust that you are competent. I'm curious about how you see things. I'm invested in knowing more about you.

Beware the "Monkey Mind." It's normal for your mind to wander - it might even feel boring to watch your toddler play. You don't have to love it. Just notice, and gently return your focus to what your child is doing. That's curiosity in action. The more you wonder about what they're doing and why it feels important to them, the more lush and vibrant your Connection Garden becomes.

In my experience with leading parents in observation exercises, many parents notice that they judge their children unintentionally: "Why doesn't my child behave like other kids?" Try to shift from judgement into wondering at what They are experiencing. That curiosity may help you see their behaviour not as a problem to correct, but as a strength to nurture

Why Observation Supports Independent Play

One of the beautiful benefits of using child observation consistently is that it nurtures your toddler's ability to engage in independent, imaginative play.

Your willingness to be more curious about their inner world, while resisting the urge to control, fix, or change it, will support your toddler with:

- Playing without constant adult involvement
- Developing longer attention span
- Resolving sibling conflicts with less need for intervention

Additionally, you'll be less likely to seek screens as a

virtual babysitter for your child, because your toddler will become a master at directing their own interests and commanding their physical space with confidence and courage.

Observation isn't passive - it's deeply relational. By watching and narrating without controlling, we say, "I'm interested in you. I delight in who you are." This kind of non-intrusive attention is both grounding and expansive for the developing toddler's mind.

How Curiosity Looks in the Hardest Moments

Here are some phrases you can try next time your toddler is having a moment that feels hard to manage:

- **When your child is hitting:** "You wanted that toy, and it was really hard to wait. I'm here to help."
- **In the middle of a transition:** "You weren't ready to leave. I get it - it's hard to stop playing when you're having fun."
- **When siblings are fighting:** "You both wanted the same thing. Let's take a breath and figure this out together."

What Gets in the Way of Curiosity?

Many parents tell me: "I know I shouldn't yell, but in the moment, I just lose it."

It makes perfect sense. If you were raised in a Connection Desert - where your own feelings were shamed, ignored, or punished - then of course it's hard to stay present with your child's big feelings. Your nervous system might interpret their distress as a threat.

That's why we must extend the same curiosity to ourselves that we do to our children. When we get dysregulated, instead of judging ourselves, we can ask, "What is this moment trying to teach me about what I need?"

This is the deep, healing work that I talk about in my book, *Parent Yourself First*.

Curiosity Is Connection

Your curiosity helps your toddler feel safe, seen, and supported. You tell them that they are not a problem to be fixed - but a person to be understood.

I know how easy it is to default to frustration, especially when you're exhausted or touched out. But if there's one thing I hope you take away from this, it's that curiosity is always available to you -



Bryana Kappadakunnel

Founder of Conscious Mommy and author of Parent Yourself First, Bryana empowers parents to parent with heart and intention. Through her courses, coaching, and expert resources, she helps parents heal past wounds, fostering compassion, clarity, and confidence in raising their children.



HALLOWEEN

&

FIREWORKS

ACTIVITIES & EVENTS



PUMPKIN SPOOKTACULAR

Wappenham Farm
From 4th - 31st October

This October, the Pumpkin Farm Spooktacular returns with thousands of pumpkins to pick, a 3D Spooky Trail, eerie Corn Maze, and magical Twilight sessions. With delicious seasonal food and a Halloween shop full of treats, it's the perfect autumn day out for families.

Cost: From £6.50, under 2's FREE.

Rectory Farm, Wappenham, Towcester NN12 8SQ

www.wappenhamfarm.co.uk



FIREWORKS SPECTACULAR

The Racecourse, Northampton
1st November, open from 4pm

Entertainment will begin at 4pm, with live stage hosted by BBC Northamptonshire, fun fair rides, big screen showcase, facepainting, stalls and catering village. Fireworks begin at 6pm.

Cost: Entry is FREE, charges apply for rides & stalls

The Racecourse, Northampton, NN1 4LG

f NorthamptonTC

www.northamptontowncouncil.gov.uk/fireworks



DAVENTRY FIREWORKS

Parker E-ACT Academy, Daventry
1st November, open from 6pm

Gates open at 6pm, the display will take place at 7.30pm. There will be food and drink on offer. There is no on site parking so visitors are asked to use the free public car parks in the town centre.

Cost: Entry is FREE, charges apply for stalls.

The Parker E-ACT Academy, Ashby Road, NN11 0Q

f DaventryTownCouncil

www.daventrytowncouncil.gov.uk/fireworks



GLOWING HALLOWEEN TRAIL

Stanwick Lakes
25th October - 2nd November

Enjoy a spooky stroll, knock on tiny doors and discover glow in the dark secrets, before collecting your spooky toy AND a sweet treat! Suitable for all ages, allow around 45 minutes – 1 hour.

Cost: £3.50, purchase your trail pack from the visitor centre, no booking necessary.

Stanwick Lakes, Stanwick, NN9 6GY

www.stanwicklakes.org.uk



MINI MONSTERS BALL

Wicksteed Park, Kettering
30th October, 4:30pm - 6:30pm

Get ready for a fang-tastic Halloween party at Wicksteed Park! Get into the Halloween spirit by dancing along to spooky tunes and playing wickedly fun party games. Wicky Bear will be there with his Halloween friends, ready to meet you all and join in with all the fun!

Cost: Child £7, Adult £2.50.

Wicksteed Park, Barton Road, Kettering, NN15 6NJ

f Wicksteedpark www.wicksteedpark.org



HOLDENBY HOUSE FIREWORKS

Holdenby House, Northampton
5th November, open from 4pm

There will be a funfair, stalls, food and drink and a low noise children's fireworks display. Gates will open at 4pm, the low noise display will take place at 6.30pm, followed by the main display between 7.30pm and 8pm.

Cost: Adult: £10; Child: £5; Under 5s: Free.

Holdenby Rd, Northampton NN6 8DJ

f Holdenbyhouse

www.holdenby.com



Some events must be pre-booked and event details are correct at time of printing but may change, please check before attending.



PUMPKINS, PLAY PATCH AND MAIZE MAZE

Open October Weekends & Half Term.

Pumpkin Patch with over 75 varieties of pumpkins, large play patch, photo opportunities and maize maze all included in entry ticket.

TICKETS AVAILABLE AT OVERSTONEGRANFARM.CO.UK

A brand new softplay and Cafe
is Opening Soon in Flore!



3 Sessions daily

10:00-12:00

12:30-14:30

15:30-17:30

Designed with Families in mind

Ample Private & Free Parking

Fully Air Conditioned

Party room & Under 3's area

For more info. & to book go to...

www.beanzbarn.co.uk



**NORTHAMPTON
TOWN COUNCIL**

Light up
THE SKY

WITH NORTHAMPTON'S ANNUAL

**FIREWORKS
SPECTACULAR**

SATURDAY 1ST NOVEMBER 2025
THE RACECOURSE

Entertainment from 4PM | Fireworks 6PM

Live Music - Funk Odyssey | Fire & Pyro Show
The Gunpowder Plot & The Great Fire of Northampton Films
Fun Fair | Face painting | Food & Drink Concessions

northamptontowncouncil.gov.uk/fireworks



Dishing Out the Veggie Vibes

ONE FAMILY'S JOURNEY TO PLANT HOOD, AND WHY WE HAVEN'T LOOKED BACK!

By Natasha Ashton



Buckle up, because this plant mama of two (plus one lovely step-munchkin) is about to spill the chickpeas on why our family swapped the cow milk for the greens. Was it ethical enlightenment, eco-epiphany, or a quest for kale-fuelled vitality? A bit of everything, really.

Why We Went Plant-Based

For me, it's almost like coming full circle, I was on and off vegetarian as a teenager right up until I was 20, so plant forward eating was never completely unfamiliar. But as an adult, our family had a full on ethical awakening. One evening, my husband and I found ourselves asking: Do we want to be friends with cows or have them on our dinner plates?

Spoiler alert: the mooing won our hearts. So tofu took centre stage, and bacon quietly bowed out.

I also found myself deep in the world of food documentaries. Watching titles like *What the Health*, *Cowspiracy*, *Seaspiracy*, and *You Are What You Eat* helped solidify our decision. Seeing the environmental and ethical impact of animal agriculture was eye-opening – and something I couldn't unsee.

The Health Boost

Within just 10 days of cutting out animal products, my energy levels soared. I felt lighter, more awake, and less sluggish after meals. It turns out, plant protein is easier to digest than meat – which might explain that sudden spring in my step.

Studies suggest that a plant-based diet can lower the risk of heart disease, support blood sugar control, and help with weight management. And yes, you really can get all the nutrients and vitamins you need from plants (with a bit of planning).

Natasha Ashton is a wife, mama, bonus mama and full-tie content creator. If you want more plant-based info (plus a peek into Natasha's real-life family chaos), she's a content creator specialising in UGC content – you can follow along on Instagram. www.instagram.com/natashauk

The Challenges – and the Comebacks

Of course, going plant-based as a family hasn't been without its awkward moments. We've dodged more than a few side-eyes at family barbecues and navigated restaurant menus with military precision. My advice? Stay informed. Share facts gently. And when in doubt, ask: What's more important – taste or life?

Raising Plant-Based Kids

Bringing up plant-based kiddos is a balance of principles and flexibility. Here's what's worked for us:

Start Small: Introduce plant-based swaps gradually – like lentil Bolognese or sweet 'n' sour tofu.

Get Them Involved: Kids are more likely to try meals they've helped prepare.

Stock Up on Alternatives: Oat milk is our go-to! We absolutely love the plant-based Babybels and plant-based Dairylea Jumbo Tubes.

Keep Communication Open: Let schools and nurseries know your child's dietary needs – ours have been really supportive.

Be Flexible: While we stick to a plant lifestyle day-to-day, we take a vegetarian approach at parties & events, so our kids can fully join in celebrations without feeling excluded.

Final Thought

Transitioning to a plant-based lifestyle doesn't have to be overwhelming. Take it one step – or one lentil – at a time.



VEGETABLE & LENTIL PUFF PASTRY LEAVES

The perfect mix of comfort and creativity - a delicious and fun way to incorporate extra veggies into meals.

INGREDIENTS:

- 1-2 Rolls of puff pastry
- 200-250g Butternut Squash
- 1 tbsp oil or butter
- 1 small onion, finely chopped
- ½ large courgette, finely diced
- 2 garlic cloves (minced)
- 1 tsp dried sage or thyme
- ½ tsp smoked paprika
- ½ can of green or brown lentils
- 75g grated cheddar cheese
- Egg or milk (for pastry wash)

MAKES: 6 LARGE 'LEAVES'

SUITABLE FROM 6 MONTHS

METHOD:

- 1 Preheat oven to 180°C and line a flat baking sheet.
- 2 Cook your butternut squash: either microwave it for 5-6 minutes or steam it until soft. Then, lightly mash with a fork until broken down.
- 3 In a dry pan, heat oil and add the onion. Sauté for 4-5 minutes. Add the diced courgette and cook for 4-5 minutes, until tender.
- 4 Stir in garlic, herbs, and spices. Cook for 1 min.
- 5 Mix the mashed squash, lentils, and vegetables in a bowl. When slightly cooler, stir in the cheese.
- 6 Roll out the pastry and cut out 2 identical leaf shapes. Repeat for as many leaves as you're making.
- 7 Fill a leaf with 1 heaped tbsp of the veg mix, leaving a margin for sealing. Place another pastry leaf on top, and press the edges together with a fork. Score leaf 'veins' on top. Use a whisked egg or milk to brush pastry.
- 8 Bake for 20-25 minutes until puffed and golden!



Recipe by Lucy Upton, The Children's Dietitian, and author of 'The Ultimate Guide to Children's Nutrition'. Lucy is a specialist paediatric dietitian who supports children's nutrition & eating habits. www.thechildrensdietitian.co.uk.



The Maple Tree Clinic

Multi-disciplinary Health Clinic

Discover holistic healing with our team of osteopaths, physiotherapists, and wellness specialists offering treatments from massage to acupuncture, baby yoga, counselling, and much more!

Whether seeking pain relief, relaxation, or wellness support, our dedicated team is here for you and your little ones.

Contact us today & take the first step towards a healthier, happier you!

www.themapletreeclinic.com



NUTRITION WITH CAZ

Registered Nutritional Therapy Practitioner
(MSc Personalised Nutrition, mBANT, regCNHC)

Personalised nutrition consultations for
fertility, pregnancy, post-natal, babies & toddlers.

WEANING **HORMONE HEALTH** **PICKY EATING**

Feel confident in supporting your health goals with diet and lifestyle choices.

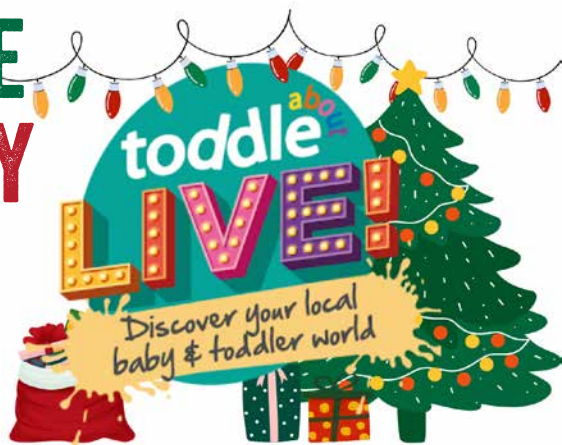
Gain energy, mental clarity and long-term optimal health!

Get in touch with me via
www.nutritionwithcaz.com
@nutritionwithcaz



THE ULTIMATE CHRISTMASSY DISCOVERY & PLAY DAY

for Bump-5s!



Coming to Northampton

Sun 23rd November

10am - 3pm

- **Family Fun!**

Santa's Grotto, play zone, Christmas crafting, charity raffle, soft play & delicious food

- **Interactive Taster Sessions**

Try out the best activities for little ones

- **Live Talks & Expert Demos**

Practical parenting insights from the pros

- **Provider Showcase**

Discover local baby & toddler businesses

FREE
EVENT

**BOOK
NOW!**

Limited Santa Tickets still available
The first 200 families get a special
goody bag filled with treats!



Register for FREE at www.toddle.fun/LIVE-Northampton





FREE Printables for World Kindness Day



Download free colouring sheets dedicated to celebrating World Kindness Day (Thursday 13th Nov 2025) from the Printables section on the Toddle About website.

www.toddle.club/kindness

We have loads of other activities to choose from too. All designed to help your child learn whilst having fun.

Dig in and see what we have for you!



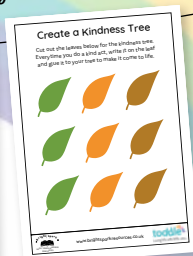
Dot-to-Dot



Colouring in



Writing Skills

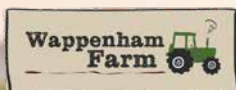


Scavenger Hunts



Word Search

In collaboration with Bright Spark Early Learning Resources: www.brightsparkresources.co.uk



PUMPKIN FARM SPOOKTACULAR!

PUMPKIN PATCH * SPOOKY TRAIL
HALLOWEEN SHOP * CORN CANNONS
DAYTIME & TWILIGHT VISITS
CORN MAZE * RANGER STU * TIPI CAFE
FACE PAINTING * AND MUCH MORE!

Open from 4th October 2025



Christmas at Wappenham Farm

Christmas Tree Forest * Santa's Grotto
Christmas Shop * Decorations & Gifts
* Wreath Making Classes * Donkeys
Bands & Choirs * Marshmallow Toasting
* Tipi Cafe & more! *

Opening 15th November 2025

www.wappenhamfarm.co.uk

07842 017786



Rectory Farm, Wappenham, Towcester, Northants NN12 8SQ





★ **Yep! Subscribe to Toddle About and pay nothing ... EVER!** ★
Sign up at www.toddle.fun/Subscribe ★



You will get:



Magazine
Subscription



Exclusive Giveaways
and Reviews



5 x Bonus Entries
to all Competitions

Scan to see
all prize details:



THIS ISSUE YOU COULD WIN:

**BABY & TODDLER RANGE
BUNDLE FROM ORCHARD TOYS,
WORTH £44**
WWW.ORCHARDTOYS.COM



**SLUMBERCALM 2-IN-1
SOUND MACHINE & NIGHT
LIGHT, WORTH £54.99**
WWW.SLUMBERPOD.CO.UK

**KIKIDEX MAGNETIC
DRAWING BOARD,
WORTH £24.99**
WWW.AMAZON.CO.UK



**LITTLE LIFE STORIES
MEMBERSHIP, WORTH £89**
WWW.LITTLELIFESTORIES.CO



CHESS FUN FOR LITTLE ONES, WORTH £22.99
WWW.CHESSFUNFORLITTLEONES.COM



**JAMIE'S LITTLE FOOD
LIBRARY, WORTH £7.99 EACH**
WWW.WATERSTONES.COM

**PRETEND TO BEE LUXURY SNOW WHITE
PRINCESS DRESS, WORTH £45**
WWW.PRETENDTOBEE.CO.UK

**LITTLE BRIAN FLIP PAINT
STICKS, WORTH £6.99**
WWW.AMAZON.CO.UK



**Subscribe to Toddle About today at
WWW.TODDLE.FUN/SUBSCRIBE**

**SUBSCRIBE
BEFORE
31ST DEC
TO WIN**



VIP CLUB READER REVIEW:

RAINBOCORN BABYCORN BABY DOLL



Written by Beth Weston, Toddle About Subscriber

Rainicorn Babycorn Baby Doll is a magical surprise for ages 3+, with a capsule revealing a colourful Babycorn. Quick to open and perfect for cuddly play. £17.99 from www.thetoyshop.com

We were absolutely thrilled to be chosen to review the Rainicorn Babycorn Magical Rainicorn Babies Mystery Capsule! I knew it would be a hit with my daughter, who adores dolls - and I was right. The moment she saw the capsule, she squealed with excitement, eager to discover which adorable Rainicorn baby was inside.

The packaging added to the suspense, with layers to unwrap before revealing a magical crib and Echo, a beautiful doll with sparkling silver eyes. My 4-year-old was over the moon, and the gold slime included was a big bonus she absolutely adored.

Best of all, the packaging doubles as a crib, giving Echo a cosy little home. Even my 1-year-old joined in, popping the dummy into Echo's mouth and rocking her gently. I appreciated the thoughtful design, especially the safe storage space for small parts - handy with a toddler around.

Although the doll is recommended for ages 3+, my youngest still enjoyed cuddling and playing with Echo, even if she couldn't use the accessories. The surprise element is a big part of the fun, and my 4-year-old already wants to collect them all! A delightful gift for children who love dolls and surprises.

Review has been edited.



Beth and her daughter were given this product as a **freebie** for writing this review. Subscribe to Toddle About and you can do the same!

Discover the products up for grabs right now at www.toddle.fun/vip-reviews



ADVERTORIAL

In a Will you can:

- Appoint guardians for your children – usually the point that concerns parents the most
- Protect your partner if you are unmarried
- Ensure you benefit your family in the way that you would wish
- Avoid your estate being distributed in accordance with the Intestacy Rules (which dictate where your assets go if there is no will – which may not be in line with your wishes)

Here at DFA Law we can take you through the process step by step, helping you to plan properly and fully understand what would happen, should the worst occur. It doesn't have to be a daunting experience and we will make sure that it isn't.

We have a strong and experienced team who believe in keeping things simple and making sure your wishes are properly recorded.

Should I make a Will?

Starting a family changes everything! Whilst it is an exciting (if exhausting) time, it is also often the trigger for people starting to think about what would happen if they died – responsibilities, looking after the children... there is a lot to think about.

A Will can address these concerns and make sure you have measures in place, should the worst happen.

If you would like to know more, please get in touch by emailing Becky, one of our solicitors who specialises in Wills, on rebecca.edmonds@dfalaw.co.uk or by calling us on [01604 609560](tel:01604609560).

The law firm for life



ENCOURAGING YOUR TODDLER'S FIRST WORDS

By Wendy Austin



We all love hearing our toddler's first words, but some toddlers can take a little longer than others to start speaking. Is there anything you can do to encourage those first words? Most definitely!

For children to communicate effectively, they need the **means, reasons** and **opportunities** to communicate. (D. Money, 1997)

The 'means' include pointing, facial expression, signing, pictures and speech. A 'reason' may include requesting food or a toy, or protesting about something. The 'opportunity' includes having the time and place to try out some lovely new words!

As a mum and a Speech and Language Therapist, I know how easily we learn exactly what our toddlers want, without them having to ask.... and there's the crux. Too often we anticipate our child's needs – we know when they're likely to want a drink or snack and provide it, which is very kind, but in doing so we take away their reasons to communicate!

If toddlers don't need to speak to meet their needs, they may not bother trying to speak!

Create reasons for your child to communicate with you, such as putting their favourite toy just out of reach so they need to 'ask' for help. Try putting desired objects in a clear plastic box your child can't open, so again they need to ask for your help. Offer choices at snack or play time, hold up the items as you offer them, or show pictures –

your child can point if they can't tell you verbally. Model the language as you show the items, for example, 'Banana or bread stick?'

Your child also needs opportunities to speak. Sometimes we get enthusiastic about talking to children when playing – often though, what we're actually doing is asking questions they may not yet have the words to answer!

Instead of asking, 'What have you got?' or, 'What's that?', reduce the pressure and **narrate their play**: 'A car, a red car!', 'Wow, a scary dinosaur!', 'You're pushing the train'. This provides a good model of language, but remember to pause occasionally so they have a chance to speak!

Pauses are very powerful – play 'ready, steady.... GO!' games; pausing after 'ready, steady...' gives your child the chance to provide the 'go!' themselves.

Finally, don't deny your child something if they can't ask with spoken words; communication can be verbal or non-verbal. If they use non-verbal communication, that's fine – just model the word as you give them what they are requesting.

If you're worried your child's speech may be delayed, contact a Speech and Language Therapist for advice.



Wendy Austin is an independent Speech and Language Therapist based in Capel St Mary, Suffolk, supporting children and adults with speech, language and social communication needs. She provides person-centred, evidence-based therapy to help clients communicate effectively. www.wendyaustinsalt.co.uk



THE ALL NEW ADVENTURES OF

Peter Pan



ROYAL
DERNGATE &
NORTHAMPTON

Written by Paul Hendy

5 - 31 DECEMBER 2025

royalandderngate.co.uk

01604 624811

EXCLUSIVE OFFER VOUCHERS

THESE OFFERS ARE
EXCLUSIVE TO TODDLE ABOUT -
YOU WON'T FIND THEM
ANYWHERE ELSE



BABY & TODDLER CLASSES

50%
OFF

BOOGIE BEANIES

YOUR FIRST SESSION FOR 1/2 PRICE

CONTACT INFO@BOOGIEBEANIES.COM

www.boogiebeanies.com 07766 731542

New customers only. Quote 'Toddle About'

FREE
TRIAL

KIDSLINGO SPANISH

NORTHANTS S & W, TOWCESTER AND OLNEY

FREE TRIAL FOR NEW CUSTOMERS

AWARD-WINNING SPANISH CLUBS

FOR BABIES - 11 YRS

www.kidslingo.co.uk

Email isabel.rid@kidslingo.co.uk and quote 'Toddle About'.

New customers only.

FREE
1ST
CLASS

RHYTHM TIME

ATTEND YOUR FIRST CLASS WITH US FOR FREE
WHEN BOOKING ONTO A
MONTHLY PAYMENT PLAN

www.rhythmtime.net/coventry-rugby

New customers only. Email annika.h@rhythmtime.org and quote

'1STFREEMO' when booking. Expires: 31/12/2025

10%
OFF

RUGBYTOTS (BANBURY & TOWCESTER)

10% OFF 1ST TERM OF CLASSES

www.rugbytots.co.uk

clancaster@rugbytots.co.uk

New customers only. One code per child.

Banbury & Towcester classes only. Email to book.

Quote 'Toddle About'. Expires: 31/12/2025

DAYS OUT

FREE
ENTRY

TODDLE ABOUT LIVE!

23RD NOVEMBER 2025

FREE ENTRY FOR ALL FAMILIES

www.toddle.fun/LIVE-Northampton

See advert on page 27 for full details.

Expires 23/11/2025

PARTIES & EVENT HIRE

£15
OFF

THE LITTLE PLAY PANTRY

£15 OFF BIRTHDAY OR
PRIVATE EVENT HIRE!

WWW.THELITTLEPLAYPANTRY.COM

Book The Little Play Pantry for your birthday party or event Quote 'Toddle About' or use the code TODDLE15 at checkout. Discount can be used for any future event, as long as you book before 31/12/2025

HEALTH & WELLNESS

£20
OFF

NUTRITION WITH CAZ

£20 OFF ALL ADULT OR
TODDLER CONSULTATIONS

www.nutritionwithcaz.com

New Customers only. Receive £20 off all adult and toddler personalised nutrition consultations (does not apply to Weaning). Use code TODDLE on website to book. Expires 29/05/2026

MASTERCLASSES & WORKSHOPS

10%
OFF

CYCLE SPROG

10% OFF MASTERCLASSES

www.cyclesprog.co.uk

Book via the website using code 'TODDLE10'

Once per customer. Expires 31/12/2025

FREE TRIALS

The following class providers offer
Free Trials as standard to new customers.
Please quote 'Toddle About' when booking.

Baby Sensory

northampton@babysensory.co.uk

www.babysensory.com/northampton

Cha Char Chimps

Use Code 'TODDLEABOUT'

www.ccchimps.com/location/towcester

Oncore Dance Academy

oncore@hotmail.co.uk

www.oncoredanceacademy.co.uk

Rugbytots (Banbury & Towcester)

0345 313 0286

www.rugbytots.co.uk

All trials are subject to availability.



RIDE-ON GO CART GIVEAWAY COMPETITION

Win a Zoom Kart 6V Kids' Ride-On Go-Kart - worth £109!



Are you ready for an adventure? We've teamed up with **Electric Ride On Cars** to give one lucky parent the chance to win a **Zoom 6v electric go-kart**.

Available in red and white or blue and white, the Zoom is inspired by arcade racing games and offers fast-paced fun in a safe, easy-to-use design. It's perfect for youngsters who love to zoom around in style.

It features a rechargeable 6V battery, smooth handling, and a 2.4G **parental remote** so you stay in control.

Compact and travel-friendly, it's great for family outings. Just charge it up and let the fun begin. Thanks to the Zoom's compact size and shape, the kart can be taken along on family journeys and trips for thrill-seeking fun everywhere you go.

For more info, visit www.electricrideoncars.co.uk



Enter at toddle.club/rideoncars

Competition closes midnight on Sunday 30th November 2025.

T & C's apply, see www.toddle.club/rideoncars for details.



Is your child due to start school in September 2026?



Rated **GOOD** in five categories in our latest Ofsted inspection including **Early Years** provision

"Staff help children gain the social and communication skills they need to benefit from the rich opportunities the well-resourced environment provides"

Ofsted, 2024

Contact the school office to find out about primary school tours

info@nia.emat.uk

01604 212811



Follow us for daily updates!





NORTHAMPTON
HIGH SCHOOL

GDST
GIRLS' DAY SCHOOL TRUST

Best in class

OUTDOOR LEARNING

Book a tour today



northamptonhigh.co.uk | 01604 765765

Opposite Waitrose Wootton | Private transport network available



*Made
for Girls*

From 2-18 years

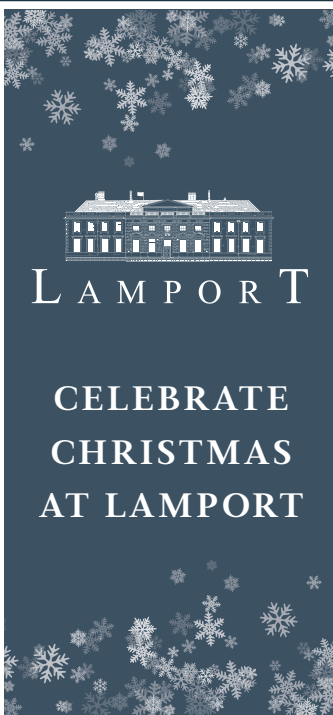


CHRISTMAS SHOP & CAFE

Open 10am-3pm

4th, 5th, 11th, 12th, 18th-21st December

Selling a wide range of Christmas decorations, festive gifts, and stocking fillers — everything you need to bring joy and sparkle to your celebrations.



CELEBRATE CHRISTMAS AT LAMPOR T



STANDING IN THE WINGS - LET US READ YOU A STORY

Open 11am-12pm

Friday 5th, 12th & 19th December

Step into our magical decorated Tudor House to hear festive stories suitable for all ages snuggled by the fireside, with a festive sweet treat.



CHRISTMAS MARKET

Open 10am-4pm

6th, 7th, 13th & 14th December

Over 100 stalls plus Elsa tribute act, animatronic polar bear and ice queen, 1940s harmony group and Nightmare Before Christmas roaming characters.



FATHER CHRISTMAS IN THE TUDOR HOUSE

6th-8th, 10th, 11th, 13th & 14th December

Meet Father Christmas and his elves, listen to a festive story by the fire and receive a wrapped gift, personalised nice certificate, craft to take home and a sweet treat.



A CHRISTMAS CAROL

8th December, 2pm & 7pm

Experience the magic of Christmas with this spellbinding one-man performance of the Charles Dickens classic. Will Scrooge repent and accept the error of his ways or continue down his dark path?

Christmas

ACTIVITIES & EVENTS



NOV
22

CHRISTMAS LIGHTS SWITCH ON

Market Square. Time 12pm - 6pm.

Celebrate the start of the festive season at Northampton's Christmas lights switch on this November. The free event, organised by Northampton Town Council, returns to Market Square with live entertainment, community stalls, festive workshops and activities. Join the Mayor of Northampton, pantomime performers and Santa as we mark the countdown to Christmas.

Market Square, Northampton NN1 2DL

NorthamptonTC

www.northamptontowncouncil.gov.uk

NOV -
JAN

TODDLER SKATES

Whilton Locks Garden Village.

Join the fun and bring your little ones for an exclusive Parent and Toddler ice skate. You and your young children, aged 4 and under, can enjoy the ice and can either use full traditional skates or twin bladed ice skates for added stability. Pushchairs are allowed on the ice too!

Whilton, Daventry NN11 2NH

Tel: 01327 843100 WhiltonLocksGardenVillage

www.wlgv.co.uk

Cost: £14.95 Adult, £12.95 Child, Under 2's FREE.

BOOK NOW

NOV
23

TODDLE ABOUT LIVE!

UoN Creative Hub. Time 10am - 3pm.

This year, we're turning up the festive cheer with a bigger, brighter, and more Christmassy experience for families with young children. Step into a winter wonderland packed with joyful activities, sparkly surprises, and seasonal fun for little ones (and their grown-ups too!). Limited Santa tickets still bookable!

Creative Hub, University of Northampton, NN4 8RR

ToddleAboutWestNorthants

www.toddle.fun/LIVE-Northampton

Cost: FREE if booked online, £2 on the door.

Details correct at the time of going to print

NOV -
DEC

THE MAGICAL FOREST TRAIL

Canons Ashby. 10am - 3.30pm.

Can you help Merlin the Wizard find his way through the magical forest? Head to Canons Ashby this festive season for their Magical Forest Trail! Help Merlin the Wizard find his way through the forest using your trail clues, and don't forget to pick up your festive prize at the end!

Canons Ashby, Northants, NN11 3SD

CanonsAshbyNT

www.nationaltrust.org.uk

Cost: Normal admission applies plus £3.30 per trail.



DEC
6 - 31

MOG'S CHRISTMAS

Royal and Derngate.

It's Christmas time, and the Thomas family are looking back on the past year and all the adventures they've shared with their cat, Mog. Amidst the festive chaos, will Mog ever come inside for Christmas? Join Mog and the Thomas family for a heartwarming Christmas adventure filled with surprises, snowy mischief, and the true meaning of family.

19 - 21 Guildhall Road, Northampton, NN1 1DP

Tel: 01604 624811 RoyalandDerngate

www.royalandderngate.co.uk

DEC
5, 12 & 19

STANDING IN THE WINGS

Lampport Hall. Time 11am - 12pm.

Standing In The Wings brings words to life through warm, engaging stories and poem readings that make you feel as though you're part of the tale. Step into our magical decorated Tudor House to read festive stories suitable for all ages by the fire. Price includes a Christmas themed sweet treat.

Lampport, Northampton NN6 9HD

Tel: 01604 686272 Lampport Hall

www.lamporthall.co.uk

Cost: £4 per child, £3 additional siblings, Under 1 FREE



HAVE YOUR SAY!

Can You Help? We'd love to know what you think!

Toddle About has been around for **15 years** now, but we're still looking for ways to improve. *Please complete our survey to let us know what you think!*



Fill out our survey at
toddle.fun/survey

As a thank you, **every respondent** will get **15% off all products at My-Picture.co.uk!**
One lucky winner will get a **£50 Voucher!**

From cozy personalised blankets to stunning wall art and photo books, you can capture your most cherished family moments and turn them into beautiful keepsakes with **My-Picture.co.uk**. It's the perfect way to celebrate your memories.

Closing date: midnight on Sun 23rd Nov 2025.



Christmas
AT BOSWORTH'S

NEW FOR 2025
Magical Sleigh Ride VR!

SCAN ME!

EXPERIENCE THE MAGIC OF CHRISTMAS AT BOSWORTH'S

Visit Santa's Grotto, meet Santa Paws with your furry friend, or enjoy our new VR sleigh ride!

Scan the QR Code for more information

the little play pantry

POP-UP PLAY FOR BIG IMAGINATIONS

A ROLE-PLAY INSPIRED PLAYGROUP FOR AGES 6 MONTHS TO 7 YEARS. EXPLORE OPEN-ENDED PLAY IN OUR KITCHEN, MARKET, VETS AND MORE.

DAVENTRY & SURROUNDING AREA

WWW.THELITTLEPLAYPANTRY.COM
@THELITTLEPLAYPANTRY

NORTHAMPTON & LAMPOR T RAILWAY

Santa Specials – 30th Nov to 21st Dec
Santa Paws – 29th Nov

A great value family experience!

Chapel Brampton, N'pton, NN6 8BA
www.nlr.org.uk
@NLRailway

Buffet, souvenir shop, free parking



CHRISTMAS GIFT PRODUCTS

GIFT IDEAS FOR
YOU AND YOUR
LITTLE ONES.



PERSONALISED SENSORY BOXES: FROM £20

Hand-finished and bursting with colour, these sensory boxes from Mini Mind Creations are filled with scarves, ribbon rings, shakers, bubbles, and more. Every item is carefully chosen to support developmental milestones while creating magical moments of connection - transforming everyday play into opportunities for discovery, growth, imagination and joy.
www.instagram.com/MiniMindCreations
or MiniMindCreations@outlook.com to order.



CURAPROX TOOTH FAIRY SET: £15

Bring a touch of magic to children's oral health with the Curaprox Tooth Fairy Set - a first of its kind. The set includes everything your child needs to establish healthy habits, including soft toothbrushes, educational guides and a delicious toothpaste. Designed for children aged 4 to 10, it transforms oral hygiene into a rewarding ritual.

www.curaprox.co.uk



THE LITTLE LUX NEST: £150

The Little Lux Nest has quickly become a go-to gift for new mums and babies. Elegantly packed with thoughtful treats, this bestselling luxury hamper blends practicality with indulgence, making it the perfect choice for baby showers, newborn celebrations, or simply spoiling mum and little one.

www.emaandboo.co.uk



BAMBOO SOFT HOODED TOWEL: FROM £31.99

Make bath time magical with this adorable CuddlePenguin Hooded Toddler Towel from Cuddledry. Perfect for cuddling dry, it's made from sustainable bamboo and cotton, so it's gentle on delicate skin AND the planet - and great for imaginative play too - practical, and cute! Available in Dinosaur, Bunny and Xmas Elf designs for 1-6 years, with a personalised option.



NOSY CROW FOLD-OUT + PLAY DOLL'S HOUSE: £20

Nosy Crow's Fold-Out + Play Doll's House is part stylish board book, part imaginative play set - and utterly ingenious. It unfolds into a gorgeous 3D doll's house with four rooms to decorate using stand-up characters, press-out furniture, and colourful stickers. There's even a sturdy built-in storage drawer - ideal for keeping everything

together between playtimes or for on-the-go entertainment during Christmas family visits.

Buy from www.waterstones.com



WIN
THIS!

Scan to find out
more and enter:



12 DAYS of Christmas Competition

WIN DAILY PRIZES THIS DECEMBER

Get ready to celebrate this festive season with our thrilling '12 Days of Christmas' giveaway!

From the 1st to the 12th of December, unwrap a new surprise every day with the chance to win a dazzling new prize that's perfect for you and your little ones.

Each prize will remain a mystery until the day it's revealed.

Could it be toys? Baby gear?
You won't know unless you join the fun!

**Each giveaway is open for
24 hours only, so don't miss out!**

**PRIZES
WORTH
£35-£355!**

GET NOTIFIED



**GET NOTIFIED: Sign up to receive an email
about each prize when entries open.**

**ENTER NOW: Visit toddle.fun/competitions
each day from December 1st to 12th to enter!**

ENTER NOW



www.cyclesprog.co.uk

Cycle Sprog

THE KIDS CYCLING EXPERTS

We've been reviewing, recommending and writing about kids bikes and family cycling since 2012.

From balance bikes to mountain bikes, whether you're a beginner bike rider or seasoned cyclist, Cycle Sprog is here to get (and keep) you and your kids pedalling.

Head to cyclesprog.co.uk for:

- First bike buying guide
- Learn to ride information
- Understanding cycling with babies and toddlers masterclass
- Cargo bike advice

10% OFF MASTERCLASSES WITH CODE TODDLE10

Brixworth Osteopathic Clinic provides osteopathy, cranial osteopathy, a qualified breastfeeding coach and tongue-tie assessor to enable unhindered infant development.



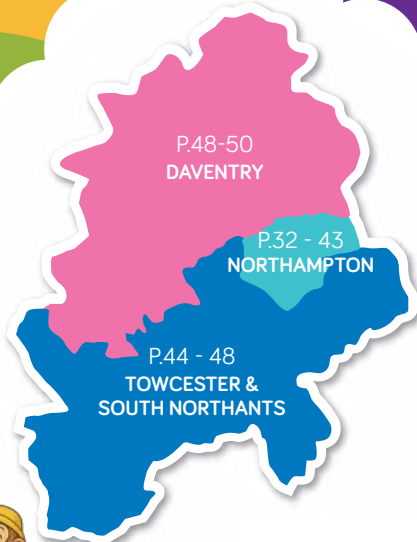
**Lamport Manor, Coach House 2, Old Road
Lamport, Northants, NN6 9HF - 01604 328260
info@brixworthosteopathy.com
www.brixworthosteopathy.com**

Scan to Book!



Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in West Northamptonshire.



NORTHAMPTON AREA

MONDAY

PARENTS & TOTS

Chatterbox

Mount Pleasant Baptist Church, 147-155 Kettering Road, Northampton, NN1 4BS. 01604 516809.

www.mountpleasantchurch.com.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £1.50 (drop in).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

Duston Parent & Toddler Group

Duston Village Hall, Sycamore Road Duston, Northampton, NN5 6JS. 07717 873074.

Times: 10:00 - 12:00. **Ages:** 0 - 5 yrs

Cost: £2 (book).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

Earls Barton Library

Earls Barton Library, Broad Street, Earls Barton, NN6 0ND. 0300 126 1000. www.northamptonshire.gov.uk.

• **Stay & Play:** 14:15 - 15:15.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 13 Oct - 15 Dec.

Grange Park Parent and Toddlers Group

Grange Park Community Centre, School Lane, Grange Park, Northampton, NN4 5FZ.

Times: 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £3.50 (drop in).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

Harlestone Play Group

Harlestone Village Hall, Harlestone, Northampton, NN7 4EH. 07876742634.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £2 (drop in).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

Little Stars

St George's Church, Church Hill, Wootton, Northampton, NN4 6LQ. 07512662940.

• **Little Stars:** 9:30 - 11:00.

Ages: 0 - 3 yrs. **Cost:** Free (drop in).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

Moulton Library

Moulton Library, Moulton Community Centre, Reedings, Moulton, NN3 7AX.

www.northamptonshire.gov.uk.

• **Stay & Play under 5s:** 13:00 - 15:00.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 13 Oct - 15 Dec.

The Toddle Inn

Carey Baptist Church, 34 West Street, Moulton, NN3 7SB. 01604 491966. www.careybaptist.org.uk.

• **The Toddle Inn:** 13:30 - 14:40.

Ages: 0 - 4 yrs. **Cost:** £0.70 (drop in).

Dates: 13 Oct - 20 Oct & 3 Nov - 15 Dec.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs 0 - 5yrs:** 10:00 - 10:40 & 13:00 - 13:40.

• **Mini Bugs 6m - 2yrs:** 11:00 - 11:40.

Cost: £7.50 (book). **Dates:** 3 Nov - 15 Dec.

SENSORY & DEVELOPMENT

Kidslingo Spanish Northants, Towcester & Olney

The Hawthorns, Weedon rd, Upton, NN5 4WR. 07772536338. www.kidslingo.co.uk.

• **Kidslingo Fun Spanish Class:** 10:30 - 11:00.

Ages: 18 mths - 5 yrs.

Dates: 3 Nov - 15 Dec.

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury, Northampton, NN4 9YN. 07457 410822. www.Eat-sleep-bake-repeat.newzenler.com.

• **Preschool classes:** 10:00 - 10:45 & 11:30 - 12:15. **Ages:** 2 - 4 yrs.

Dates: 13 Oct - 20 Oct & 3 Nov - 8 Dec.

• **HOME ED CLASSES:** 13:30 - 14:15.

Ages: 2 - 8 yrs. **Dates:** 13 Oct - 20 Oct.

• **AFTER SCHOOL:** 16:30 - 17:15.

Ages: 4 - 11 yrs. **Cost:** £8 (book).

Dates: 13 Oct - 20 Oct & 3 Nov - 8 Dec.

Weston Favell Library

Unit 35, Weston Favell Shopping Centre, Northampton, NN4 8JZ. www.westnorthants.gov.uk.

• **Explore a Story:** 10:30 - 11:00.

A short session with a story, craft and singing!

Ages: 2 - 5 yrs. **Cost:** Free (book).

Dates: 13 Oct - 15 Dec.

SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

• **1-2 years:** 9:30 - 10:00 & 11:00 - 11:30.

• **2-3 years:** 10:00 - 10:30 & 11:30 - 12:00.

• **3-4 years:** 10:30 - 11:00.

Cost: £12.35 per session (book).

Dates: 13 Oct - 15 Dec.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Turtle Tots Swim Centre, Finedon Road, Wellingborough, NN8 4BW. 01604 372747. www.turtletots.com.

• **Turtle Tots Swim Centre:** 9:00 - 12:30.

Ages: 0 - 4 yrs.

Cost: £15 per session (book).

Dates: 13 Oct - 15 Dec.

SEND ACTIVITIES

Autism East Midlands

Kingsthorpe Baptist Church, High Street, Northampton, NN2 7BD. 01909506678. www.autismeastmidlands.org.uk.

• **FAMILY SUPPORT HUB:** 16:00 - 19:00.

Cost: Free (book). **Dates:** 3 Nov & 1 Dec.

TUESDAY

PARENTS & TOTS

Duston Library

Duston Library, Pendle Road, Northampton, NN5 6DT. 0300 126 7000. www.westnorthants.gov.uk.

• **Rhymetime:** 10:30 - 11:00.

Introduce your children to rhymes and songs

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 14 Oct - 16 Dec.

Mini Springers

The Life Centre, 9 Tower Street, Northampton, NN1 2SN. 01604 630457. [facebook.com](https://www.facebook.com).

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 (drop in).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

Moulton Library

Moulton Community Centre, Reedings,
Moulton, NN3 7AX.

www.northamptonshire.gov.uk.

• **Stay & Play under 1s:** 9:30 - 11:30.

Ages: 0 - 1 yrs.

• **Construction Club:** 13:30 - 15:30.

Ages: 1 - 5 yrs.

Cost: Free (*book*).

Dates: 14 Oct - 16 Dec.

St Gregory's Toddler Group

St Gregory's Catholic Church, Birchfield
Road East, Abington, Northampton,
NN3 2HS. 01604 713015.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £0.50 (*drop in*).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

The Spring Charity

The Spring Charity - Annex Community
Centre, Spring Lane, Northampton,
NN1 2JW. 07465231663.

www.thespringcharity.org.

• **Stay and Play:** 9:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £1 (*drop in*).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

Toddle In

St Giles Church Centre, St Giles Terrace,
Northampton, NN1 2BN. 01604 628623.
www.stgilesnorthampton.org.uk.

• **St Giles Toddle In:** 10:00 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SIGNING

Hunsbury Library

Hunsbury Library, Overslade Close,
Hunsbury, NN4 0RZ. 01604 702691.

www.northamptonshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*book*).

Dates: 14 Oct - 16 Dec.

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall,
High Street, Northampton, NN4 6DA.
07811 771480. www.musicbugs.co.uk.

• **Family Bugs (0 - 5yrs):** 10:00 - 10:40.

• **Mini Bugs (6mths - 2yrs):** 11:00 - 11:40.

• **Baby Bugs (0 - 10mths):** 11:00 - 11:40.

Cost: £7.50 (*book*)

Dates: 4 Nov - 16 Dec.

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Desborough Youth Centre, Desborough,
Kettering, NN14 2LZ. 07506700451.

www.hartbeeps.com.

• **Happy House:** 9:45 - 10:30.

Ages: 14 mths - 5 yrs.

• **Baby Beeps:** 10:50 - 11:35.

Ages: 7 mths - 14 mths.

• **Baby Bells:** 12:00 - 12:45.

Ages: 2 - 7 mths.

Cost: £8 (*book*). **Dates:** 14 Oct - 6 Jan.

Wootton Community Library

Wootton Community Centre, Curtlee Hill,
Wootton, Northampton, NN4 6ED.
01604 526363.

www.woottonparishcouncil.gov.uk.

• **Storytime:** 11:15 - 11:35.

Ages: 0 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 14 Oct - 16 Dec.

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury,
Northampton, NN4 9YN. 07457 410822.
www.Eat-sleep-bake-repeat.newzenler.com.

• **Preschool classes:** 10:00 - 10:45.

Ages: 2 - 4 yrs.

• **Childminder Preschool:** 11:30 - 12:30.

Ages: 2 - 4 yrs. **Cost:** £8 (*book*).

Dates: 14 Oct, 4 Nov & 4 Nov - 9 Dec.

SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road,
Northampton, NN3 2NS. 01604 830405.
www.aqualight.co.uk.

• **3-4 years:** 10:00 - 10:30.

• **2-3 years:** 10:30 - 11:00.

• **1-2 years:** 11:00 - 11:30.

Cost: £12.35 per session (*book*).

Dates: 14 Oct - 16 Dec.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Turtle Tots Swim Centre, Finedon Road,
Wellingborough, NN8 4BW. 01604 372747.
www.turtlelots.com.

• **Turtle Tots Swim Centre:** 9:00 - 12:30.

Ages: 0 - 4 yrs.

Cost: £15 per session (*book*).

Dates: 14 Oct - 16 Dec.



Join my Kids' Baking Club Today!

and get ready for a deliciously fun time with my weekly baking classes for kids!

Classes are held in my home kitchen in West Hunsbury




Preschool classes
Mon 10am
Tues 10am
Wed 10am, 11.30am

Home Ed classes
Mon 11.30am
Tues 11.30am

Afterschool classes
Mon 4.30pm
Fri 4.30pm

BOOK NOW

eat-sleep-bake-repeat.newzenler.com/classes

SEND ACTIVITIES

DEAF CONNECT Northampton

Spencer Dallington Community Centre,
Tintern Avenue, Northampton, NN5 7BZ.
07875140561. www.deafconnect.org.uk.

• **Coffee Morning:** 10:00 - 12:00.

Cost: Free. **Dates:** 28 Oct, 25 Nov & 30 Dec.

WEDNESDAY

PARENTS & TOTS

Chatterbox

Mount Pleasant Baptist Church, 147-155
Kettering Road, NN1 4BS. 01604 516809.
www.mountpleasantchurch.com.

Times: 9:30 - 11:15. **Ages:** 0 - 5 yrs. **Cost:**
£1.50 (drop in).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

Duston Library

Pendle Road, Northampton, NN5 6DT. 0300
126 7000. www.westnorthants.gov.uk.

• **Baby Bounce and Rhyme:** 10:30 -
11:00. **Ages:** 0 - 1 yrs. **Cost:** Free (drop in).

Dates: 15 Oct - 17 Dec.

EXPLORE & PLAY@NGA

Gymnastics for all under 5s



**Sessions run Monday - Friday mornings at
the Northampton Gymnastics Academy**
10 NORTH PORTWAY CLOSE, ROUND SPINNEY
INDUSTRIAL ESTATE, NN3 8RQ



TO BOOK ONLINE SCAN THE QR CODE OR VISIT:
www.bookwhen.com/exploreandplaynga

 /NorthamptonGymnasticsAcademy

Earls Barton Library

Broad Street, Earls Barton, NN6 0ND. 0300
126 1000. www.northamptonshire.gov.uk.

• **Play & Learn Under 5s:** 10:30 - 12:00.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 15 Oct - 17 Dec.

Emmanuel Family Tots

Emmanuel Church, Weston Favell Centre,,
Billing Brook Road, NN3 8JR. 07812508711.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 (drop in). **Dates:** 15 Oct - 17 Dec.

Moulton Library

Moulton Community Centre, Reedings,
Moulton, NN3 7AX.

• **Stay & Play under 5s:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 15 Oct - 17 Dec.

Quinton House School

Upton Hall, Upton Lane, Northampton,
NN5 4UX. 01604 752050.

www.quintonhouseschool.co.uk.

• **Early Years Activity Morning:** 9:00 - 10:30.

Ages: 2 - 4 yrs. **Cost:** Free (book).

Dates: 12 Nov.

STREET ballet
modern
ACROBATIC ARTS
MUSICAL THEATRE
TAP

oncore
Dance Academy

ALL ENGLAND
DANCE FINALISTS
AED

CLASSES
FROM 18
MONTHS
OLD

TEAM ENGLAND FOR
**DANCE WORLD CUP
UK Teams**

WORKING WITH:
ACROBATIC ARTS
Inherited history of
Teachers of Dancing

CONTACT US
07971 824 759 | 07894 667 333 email: oncore@hotmail.co.uk
www.oncoredanceacademy.co.uk
f oncore dance academy i oncore_dance_academy

Rainbow Tots - toddler group

The Salvation Army, 8 Tower Street,
Northampton, NN1 2SN. 01603 624841.
www.salvationarmy.org.uk.

Times: 10:30 - 12:00. **Cost:** £1.50 (book).
Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

Storehouse Church

Lodge Farm Community Centre,
Crestwood Road, Northampton, NN3 8JJ.
07853 765517.

www.storehousechurch.co.uk.

• **Tiny Tadpoles:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

Upton Tots

The Elgar Centre, 1 High St, Upton, NN5
4EN. www.gracechurchupton.com.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3 (drop in).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

★ Most babies learn best
when they see, hear, feel,
★ touch, taste and smell.

Baby Sensory
Precious Early Learning for Babies

Our multi-award winning classes will introduce your baby (or babies) to a world of sensory delights, where you can relax, spend quality time with each other and enjoy meeting other new parents.

For **Daventry & Rugby** classes:
Call: Lauren on 07849777705
Email: rugby@babysensory.co.uk
Classes: Tuesday, Long Lawford Memorial Hall, CV23 9BA
Wednesday, Cedar Grove Clinic, Daventry, NN11 4HB
Thursday, Lilbourne Village Hall, Rugby, CV23 0SX

For **Northampton** classes:
Call: Sarah on 07512 469881
Email: northampton@babysensory.co.uk
Classes: Daily, Monday to Friday
at The Baby Sensory Centre, Nobottle, NN7 4HD
www.babysensory.com

We've done the research; so you can enjoy the fun...

MUSIC & SIGNING

Hunsbury Library

Hunsbury Library, Overslade Close,
Hunsbury, NN4 0RZ. 01604 702691.

• **Babytime:** 10:30 - 11:30.

Ages: 0 - 1 yrs. **Cost:** Free (drop in). **Dates:**
15 Oct - 17 Dec.

Music Bugs Northampton

Moulton Community Centre, Sandy Hill
Lane, Reodings, Northampton, NN3 7AX.
07811 771480. www.musicbugs.co.uk.

• **Family Bugs (0 - 5yrs):** 10:00 - 10:40.

• **Mini Bugs (6mths - 2yrs):** 11:00 - 11:40.

• **Baby Bugs (0 - 10mths):** 12:00 - 12:40.

Cost: £7.50 (book) **Dates:** 5 Nov - 17 Dec

SENSORY & DEVELOPMENT

Kingsthorpe Community Library

Welford Road, Kingsthorpe, Northampton,
NN28AG. 03001267000.

• **Storytime followed by Stay and Play:**
10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 15 Oct - 17 Dec.

St Peter's Church Tiny Tots and Mum and Baby group

Church Hall, 76 High Street, Weston Favell, Northampton, NN3 3JX. 07742587128.
www.achurchnearyou.com.

• **Mums, Baby and Tots group:** 13:30 - 15:00.

Ages: 1 mths - 5 yrs. **Cost:** £1 (drop in).

Dates: 15 Oct - 22 Oct, 5 Nov - 17 Dec & 7 Jan.

CREATIVE

Busy Tots

Walgrave Village Hall, 1 Newland Road, Northampton, NN6 9PZ. 07891503899.

• **Busy Tots Messy Play:** 10:30 - 11:30.

Ages: 6 mths - 5 yrs. **Cost:** £7.50 (book).

Dates: 15 Oct - 22 Oct, 5 Nov - 17 Dec

Eat Sleep Bake Repeat

Summerfields, West Hunsbury, Northampton, NN4 9YN. 07457 410822.
www.Eat-sleep-bake-repeat.newzenler.com.

• **Preschool:** 10:00 - 10:45. **Ages:** 2 - 4 yrs.

Dates: 15 Oct - 22 Oct & 5 Nov - 10 Dec.

• **HOME ED CLASSES:** 11:30 - 12:15.

Ages: 2 - 8 yrs. **Dates:** 15 Oct - 22 Oct.

Cost: £8 (book).

PHYSICAL FUN

Northampton Gymnastics Academy

10 North Portway Close, Round Spinney Industrial Estate, NN3 8RQ. 01604 461242.

• **Explore & Play @ NGA:** 10:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £6.50 (book).

Dates: 15 Oct - 22 Oct, 5 Nov - 17 Dec

PREGNANCY

The Little Bears Company

Kettering Road, Pytchley, Kettering, NN14 1EY.

• **Antenatal Class:** 18:30 - 20:30.

Cost: £11 (book). **Dates:** 15 Oct - 22 Oct, 5 Nov - 17 Dec



SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405.
www.aqualight.co.uk.

• **1-2 years:** 9:30 - 10:00.

• **2-3 years:** 10:00 - 10:30.

• **3-4 years:** 10:30 - 11:00 & 11:00 - 11:30.

Cost: £12.35 per session (book).

Dates: 15 Oct - 17 Dec.

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Turtle Tots Swim Centre, Finedon Road, Wellingborough, NN8 4BW. 01604 372747.
www.turtletots.com.

• **Turtle Tots Swim Centre:** 9:00 - 12:30.

Ages: 0 - 4 yrs. **Cost:** £15 per session (book). **Dates:** 15 Oct - 17 Dec.

THURSDAY

PARENTS & TOTS

Abbey Centre Baptist Church Baby & Toddler Group

Abbey Centre Baptist Church, Overslade Close, Hunsbury, Northampton, NN4 0RZ. 01604 767568. www.abbeycentre.org.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £2 (drop in).

Dates: 16 Oct - 23 Oct, 13 Nov - 27 Nov & 11 Dec - 18 Dec.

Kislingbury & Upton Community Church

Kislingbury & Upton Community Church, Mill Lane, Kislingbury, NN7 4BB. 07432881576. kucc.co.uk.

• **Kizzle Tots and Babies:** 10:00 - 12:00.

Ages: 0 - 5 yrs. **Cost:** £3 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Moulton Library

Moulton Library, Moulton Community Centre, Reedings, Moulton, NN3 7AX. www.northamptonshire.gov.uk.

• **Sling Library Thursday:** 10:00 - 11:30.

Ages: 1 - 5 yrs. **Cost:** Free (book).

Dates: 16 Oct - 18 Dec.

Swimming Classes

Babies to Big Kids



Small classes

We keep our classes small to ensure every child gets attention and help where needed.

STA Award Scheme

We use the STA Award Scheme to help your child progress from beginner to advanced levels.

Qualified Teachers

Our teachers are all AquaLight trained and have professional teaching qualifications.



Telephone:
01604 830405

info@aqualight.co.uk | www.aqualight.co.uk

St Matthew's Minis

St Matthew's Church Hall, 27A The Drive, Kingsley, Northampton, NN1 4RY. 01604 791251.

www.stmatthews-northampton.org.uk.

Times: 9:45 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1.50 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Sunbeams

Duston United Reformed Church, Main Road, Duston, NN5 6JF. 07751522303.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £1 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Talking Point (Grange Park)

Grange Park, Grange Park, Northampton, NN4 5AZ. 07725 474341.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 1 yrs. **Cost:** Free (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

The Spring Charity

The Spring Charity - Annex Community Centre, Spring Lane, Northampton, NN1 2JW. 07465231663.

www.springcharity.org.

• **Stay and Play:** 9:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £1 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Toddlers Group

Park Avenue Methodist Church, Park Avenue North, Northampton, NN3 2HT. 01604 633436. www.parkavenue.org.uk.

Times: 13:15 - 15:00. **Ages:** 0 - 4 yrs.

Cost: £1 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Music Bugs Northampton

Hardingstone, Hardingstone Village Hall, High Street, Northampton, NN4 6DA. 07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40 & 11:00 - 11:40.

Ages: 0 - 5 yrs. **Cost:** £7.50 per session (book). **Dates:** 6 Nov - 18 Dec.

SENSORY & DEVELOPMENT

Kingsthorpe Community Library

Welford Road, Kingsthorpe, Northampton, NN28AG. 03001267000.

• **Rhymetime:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 16 Oct - 18 Dec.

CREATIVE

Weston Favell Library

Weston Favell Library, Unit 35, Weston Favell Shopping Centre, Northampton, NN4 8JZ. www.westnorthants.gov.uk.

• **Baby Bounce:** 10:00 - 10:30.

Ages: 6 mths - 1 yrs. **Cost:** Free (book).

Dates: 16 Oct - 18 Dec.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Moulton Community Centre, Sandy Hill, Reedings, Moulton, Northampton, NN37AX. 01327 705915. www.littlekickers.co.uk.

• **Little Kickers**

Pre-school football classes from 18months

Times: 9:55 - 10:35. **Ages:** 1½ - 2½ yrs.

Times: 10:45 - 11:30. **Ages:** 2½ - 3½ yrs

Times: 11:40 - 12:25. **Ages:** 3½ - 5 yrs.

Cost: £7.49 (book). **Dates:** 16 Oct - 8 Jan.

SWIMMING

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road, Northampton, NN3 2NS. 01604 830405. www.aqualight.co.uk.

• **1-2 years:** 9:30 - 10:00 & 10:30 - 11:00.

• **2-3 years:** 10:00 - 10:30.

• **3-4 years:** 11:00 - 11:30.

Cost: £12.35 per session (book).

Dates: 16 Oct - 18 Dec.

Aqualight Swim School - The Beehive

The Beehive, Harborough Road, Kingsthorpe, Northampton, NN2 8LR. 01604 830405. www.aqualight.co.uk.

• **8 - 12 months:** 9:30 - 10:00 & 11:00 - 11:30.

• **4 - 8 months:** 10:00 - 10:30 & 10:30 - 11:00.

• **0-4 months:** 11:30 - 12:00 & 12:30 - 13:00.

• **6-12 months:** 12:00 - 12:30.

Cost: £13.40 per session (book).

Dates: 16 Oct - 18 Dec.

Fun, friendly and interactive music classes for children aged newborn to 5 years

Book your class today. Call Lesley on: 07811 771 480 or visit our website

Come and play with our puppets, scarves, bubbles, pom poms, parachutes and percussion instruments plus lots, lots more!

Hardingstone, Moulton & Pineham, Northampton

Birthdays parties also available lesley@musicbugs.co.uk

music bugs

www.musicbugs.co.uk

Turtle Tots Northamptonshire

Turtle Tots Swim Centre, Finedon Road, Wellingborough, NN8 4BW. 01604 372747. www.turtletots.com.

• **Turtle Tots Swim Centre:** 9:00 - 12:30.

Ages: 0 - 4 yrs.

Cost: £15 (book). **Dates:** 16 Oct - 18 Dec.

FRIDAY

PARENTS & TOTS

Earls Barton Library

Earls Barton Library, Broad Street, Earls Barton, NN6 0ND. 0300 126 1000. www.northamptonshire.gov.uk.

• **Rhymetime:** 14:30 - 15:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 17 Oct - 19 Dec.

Moulton Library

Moulton Library, Moulton Community Centre, Reedings, Moulton, NN3 7AX. www.northamptonshire.gov.uk.

• **Bounce and Rhyme:** 13:15 - 13:45.

Ages: 0 - 1 yrs.

• **Rhymetime:** 14:00 - 14:30.

Ages: 0 - 5 yrs.

• **Homework Club:** 15:00 - 16:30.

Ages: 4 - 10 yrs.

Cost: Free (book). **Dates:** 17 Oct - 19 Dec.

Toddle In

St Giles Church Centre, St Giles Terrace, Northampton, NN1 2BN. 01604 628623. www.stgilesnorthampton.org.uk.

• **St Giles Toddle In:** 10:00 - 11:00.

Parent and Tots group with crafts, play and singing.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 17 Oct - 19 Dec.

MUSIC & SIGNING

Hunsbury Library

Hunsbury Library, Overslade Close,
Hunsbury, NN4 0RZ. 01604 702691.
www.northamptonshire.gov.uk.

• **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 17 Oct - 19 Dec.

Music Bugs Northampton

Pineham Barns Primary School, Dragonfly
Way, Pineham, Northampton, NN4 9FF.
07811 771480. www.musicbugs.co.uk.

• **Family Bugs:** 10:00 - 10:40.

Ages: 0 - 5 yrs.

• **Baby Bugs:** 11:00 - 11:40.

Ages: 0 - 1 yrs.

Cost: £7.50 (book)

Dates: 7 Nov - 19 Dec

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Orlingbury Village Hall, Orlingbury,
Kettering, NN14 1JH. 07506700451.
www.hartbeeps.com.

• **Happy House:** 9:45 - 10:30.

Ages: 15 mths - 5 yrs.

• **Baby Beeps:** 10:50 - 11:35.

Ages: 7 - 15 mths

• **Baby Bells:** 12:00 - 12:45.

Ages: 2 - 7 mths.

Cost: £8 (book).

Dates: 17 Oct - 9 Jan.

Wootton Community Library

Wootton Community Centre, Curtlee Hill,
Wootton, Northampton, NN4 6ED. 01604
526363.

www.woottonparishcouncil.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Rhymetime baby and toddler singing session.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 17 Oct - 19 Dec.

CREATIVE

Busy Tots

Kingsthorpe Community Centre, Mill Lane,
Northampton, NN2 6RQ. 07891503899.
www.bookwhen.com.

• **Busy Tots:** 10:00 - 11:00.

Ages: 6 mths - 5 yrs. **Cost:** £7.50 (book).

Dates: 17 Oct - 24 Oct, 7 Nov - 19 Dec, 17
Oct & 7 Nov - 9 Jan.

Eat Sleep Bake Repeat

Summerfields, West Hunsbury,
Northampton, NN4 9YN. 07457 410822.
Eat-sleep-bake-repeat.newzenler.com.

• **AFTER SCHOOL:** 16:30 - 17:15.

Ages: 4 - 11 yrs. **Cost:** £8 (book).

Dates: 17 Oct & 7 Nov - 12 Dec.

Weston Favell Library

Unit 35, Weston Favell Shopping Centre,
NN4 8JZ. www.westnorthants.gov.uk.

• **Rhyme Time:** 10:00 - 10:30.

Ages: 1 - 5 yrs. **Cost:** Free (book).

Dates: 17 Oct - 19 Dec.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Moulton Community Centre, Sandy
Hill, Reedings, Moulton, Northampton,
NN37AX. 01327 705915.

www.littlekickers.co.uk.

• **Little Kickers**

Pre-school football classes from 18 months

Times: 9:55 - 10:35. **Ages:** 1½ - 2½ yrs.

Times: 10:45 - 11:30. **Ages:** 2½ - 3½ yrs.

Times: 11:40 - 12:25. **Ages:** 3½ - 5 yrs.

Cost: £7.49 (book).

Dates: 17 Oct - 9 Jan.

SWIMMING

Aqualight Swim School

Barry Road Swimming Pool, 2 4-2
Covington Street, Northampton, NN1 5JU.
01604 830405. www.aqualight.co.uk.

• **4 - 5 years:** 16:00 - 16:30

• **3 - 5 years:** 16:30 - 17:00 & 17:00 - 17:30

Cost: £12.35 per session (book).

Dates: 10 Oct - 19 Dec.

Aqualight Swim School

Headlands Primary School, Bushland Road,
Northampton, NN3 2NS. 01604 830405.
www.aqualight.co.uk.

• **2.5 - 4 years:** 11:15 - 11:45.

• **1-2 years:** 11:45 - 12:15

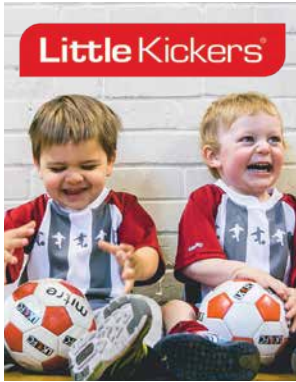
Cost: £12.35 (book). **Dates:** 10 Oct - 19 Dec.

Turtle Tots Northamptonshire

The Bee Hive, Harborough Road, Kingsthorpe,
NN2 8LR. 01604 372747.
www.turtletots.com.

Times: 9:00 - 13:00. **Ages:** 0 - 2 yrs.

Cost: £15 (book). **Dates:** 10 Oct - 19 Dec.



Football fun

for 18 months–7 year olds
www.LittleKickers.co.uk

Learning the
FUNDamentals
 of Football

To get the ball rolling...**BOOK NOW!**

Via our website: www.LittleKickers.co.uk

Call Coach Lynne & Antony: 01327 705915

LittleKickers Northampton, Daventry & Rugby

Turtle Tots Northamptonshire

Turtle Tots Swim Centre, Finedon Road,
 Wellingborough, NN8 4BW. 01604 372747.
www.turtle tots.com

• **Turtle Tots Swim Centre: 9:00 - 12:30.**

Ages: 0 - 4 yrs.

Cost: £15 per session (book).

Dates: 10 Oct - 19 Dec.

SATURDAY

MUSIC & SIGNING

Cha Char Chimps - Northampton

Wootton Community and Sports Centre
 (Fridays), Curtlee Hill, Northampton,
 Northampton, NN4 6ED. 07917683330.
www.ccchimps.com.

• **Halloween Howler: 12:30 - 13:30.**

Dates: 25 Oct.

SENSORY & DEVELOPMENT Kingsthorpe Community Library

Welford Road, Kingsthorpe, Northampton,
 NN28AG. 03001267000.

• **Construction Club: 10:30 - 12:00.**

Ages: 0 - 16 yrs. **Dates:** 11 Oct - 20 Dec.

• **Craft Club: 12:30 - 14:00.**

Ages: 5 - 99 yrs.

Dates: 1 Nov, 6 Dec & 3 Jan.

Cost: Free (drop in).

CREATIVE

Eat Sleep Bake Repeat

Summerfields, West Hunsbury,
 Northampton, NN4 9YN. 07457 410822.
www.Eat-sleep-bake-repeat.newzenler.com.

• **Saturday Kitchen**

Times: 10:00 - 10:45. **Ages:** 2 - 11 yrs.

Dates: 25 Oct & 29 Nov.

Times: 11:15 - 12:15. **Ages:** 2 - 11 yrs.

Dates: 1 Nov & 6 Dec.

HEALTH & WELLNESS

Mini First Aid - Northampton

Moulton Parish Church Hall, Church Hill,
 Moulton, NN3 7SW. 07908 718799.
www.mk.minifirstaid.co.uk.

• **First Aid at Moulton Hall: 10:00 - 12:00.**

First Aid Moulton Hall

Ages: 0 - 99 yrs. **Cost:** £25 (book).

Dates: 22 Nov.

PHYSICAL FUN

Rugbytots Banbury, Towcester & Northampton

Caroline Chisholm School, Wooldale Rd,
 Wootton, Northampton, NN4 6TP. 0345 313
 0286. www.rugbytots.co.uk.

• **Free Tasters Available: 8:25 - 8:55, 9:00 - 9:45, 9:50 - 10:35 & 10:40 - 11:10.**

Rugby classes for ages 2-5

Ages: 2 yrs - 3 yrs 6 mths. **Cost:** £7.50 per session (book). **Dates:** 8 Nov - 13 Dec.





MAKE YOUR CHILD'S DEVELOPMENT MORE FUN!

TRY RUGBYTOTS

Our dynamic weekly play sessions enable boys and girls aged 2-7 to develop their social and physical skills in a fun, positive environment. For more details, just call or email:

0345 313 0286
C.lancaster@rugbytots.co.uk

rugbytots.co.uk
The world's favourite rugby play programme

SWIMMING

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2
Covington Street, Northampton, NN1 5JU.
01604 830405. www.aqualight.co.uk.

- **3 - 4 years:** 12:00 - 12:30.
- **3 - 5 years:** 12:30 - 13:00
- **2 - 3 years:** 13:30 - 14:00 & 15:00 - 15:30.
- **18 mths - 2 years:** 14:00 - 14:30 & 15:30 - 16:00.
- **1 - 1½ years:** 14:30 - 15:00

Cost: £12.35 per session (book).

Dates: 11 Oct - 13 Dec.

Aqualight Swim School - Headlands

Headlands Primary School, Bushland Road,
Northampton, NN3 2NS. 01604 830405.

www.aqualight.co.uk.

- **2-3 years:** 10:00 - 10:30 & 11:00 - 11:30.
- **3-4 years:** 9:30 - 10:00, 10:30 - 11:00 & 11:30 - 12:00

Cost: £12.35 per session (book).

Dates: 11 Oct - 13 Dec.

Aqualight Swim School - NSG

Northampton School for Girls, Spinney
Hill Road, Northampton, NN3 6DG. 01604
830405. www.aqualight.co.uk.

- **3 - 4 years:** 13:00 - 13:30 & 16:15 - 16:45
- **0 - 5 years:** 13:30 - 14:00, 14:30 - 15:00, 15:15 - 15:45 & 15:45 - 16:15.
- **3 - 4 years:** 14:00 - 14:30.

Cost: £12.35 per session (book).

Dates: 11 Oct - 13 Dec.



CLASSES IN
DAVENTRY &
RUGBY

turtle tots
Bringing on the
smiles

FUN, friendly, child-centred
SWIMMING CLASSES
for children from
12 weeks to 4 years

CONTACT US  LAURA.TWISLTON@TURTLETOTS.COM
  @TTSOUTHEASTMIDSANDRUGBY

www.turtle tots.com

Aqualight Swim School - The Beehive

The Beehive, Harborough Road,
Kingsthorpe, Northampton, NN2 8LR.
01604 830405. www.aqualight.co.uk.

- **8-12 months:** 8:30 - 9:00 & 10:30 - 11:00.
- **4 - 8 months:** 9:00 - 9:30 & 10:00 - 10:30.
- **6-12 months:** 9:30 - 10:00.
- **0-4 months:** 11:00 - 11:30 & 11:30 - 12:00.

Cost: £13.40 per session (book).

Dates: 11 Oct - 13 Dec.

Turtle Tots Northamptonshire

Turtle Tots Swim Centre, Finedon Road,
Wellingborough, NN8 4BW. 01604 372747.
www.turtle tots.com.

- **Turtle Tots Swim Centre:** 9:00 - 12:30.

Ages: 0 - 4 yrs. **Cost:** £15 per session (book). **Dates:** 11 Oct - 13 Dec.

SUNDAY

SENSORY & DEVELOPMENT

Kidslingo Spanish Northants, Towcester & Olney

Caroline Chisholm School, Wooldale Rd, Northampton, NN4 6TP. 07772536338. www.kidslingo.co.uk.

- **Fun Spanish Class 18m - 5 yrs:** 9:00 - 9:30
- **Fun Spanish Class 4 - 7 yrs:** 9:40 - 10:10
- **Full Immersion 4 - 7yrs:** 10:20 - 10:50
- **Fun Spanish Class 4 - 7 yrs:** 11:05 - 11:45

Dates: 9 Nov - 14 Dec

PHYSICAL FUN

Little Kickers Northampton

Kingsthorpe College, Boughton Green Road, Northampton, NN2 7HR. 01327 705915. www.littlekickers.co.uk.

- **1½ - 2½ years:** 8:30 - 9:10 & 9:30 - 10:10.
- **3½ - 5 years:** 8:30 - 9:15, 9:25 - 10:10 & 11:15 - 12:00
- **2½ - 3½ years:** 9:25 - 10:10, 10:20 - 11:05, 11:15 - 12:00
- **5-7 years:** 9:25 - 10:10, 10:20 - 11:05 & 11:15 - 12:00.

Cost: £7.49 (book). **Dates:** 12 Oct - 4 Jan.

SWIMMING

Aqualight Swim School - Barry Road

Barry Road Swimming Pool, 2 4-2 Covington Street, Northampton, NN1 5JU. 01604 830405. www.aqualight.co.uk.

- **3 - 5 years:** 8:30 - 9:00, 9:00 - 9:30, 9:30 - 10:00, 10:00 - 10:30 & 11:30 - 12:00.
- **3 - 4 years:** 10:30 - 11:00
- **4 - 5 years:** 11:00 - 11:30

Cost: £12.35 per session (book).

Dates: 12 Oct - 14 Dec.

Turtle Tots Northamptonshire

The Bee Hive, Harborough Road, Kingsthorpe, NN2 8LR. 01604 372747. www.turtle tots.co.uk.

Times: 9:00 - 17:00. **Ages:** 0 - 2 yrs.

Cost: £15 per session (book).

Dates: 12 Oct - 14 Dec.



Hola! Kidslingo

Fun Spanish for children 0-11 y

Venue classes & online

We bring languages to life through amazing adventures. Come and be a pirate for the day, visit the circus or explore a world of magical creatures.

Book a 3 week trial for £15 on our website

kidslingo.co.uk/area/spanish-classes-northampton-s-towcester-olney/

Children's Activities Association
Proud Winner
National Children's Activities Awards 2023
Makaton Friendly

Turtle Tots Northamptonshire

Turtle Tots Swim Centre, Finedon Road, Wellingborough, NN8 4BW. 01604 372747. www.turtle tots.co.uk.

- **Turtle Tots Swim Centre:** 8:30 - 12:30.

Ages: 0 - 4 yrs.

Cost: £15 per session (book).

Dates: 12 Oct - 14 Dec.

OTHER

Toddle About LIVE! Northampton

Northampton University, Waterside Campus, Northampton, NN4 8RR. 01604 532054. www.toddleabout.co.uk.

- **Toddle About LIVE!:** 10:00 - 15:00.

Dates: 23 Nov.

Cost: Free (book).

www.toddle.fun/LIVE-Northampton

SOUTH NORTHANTS AREA

MONDAY

MUSIC & SIGNING

Towcester Library

Towcester Library, The Forum, Moat Lane,
Towcester, NN12 6AD. 0300 126 7000.
www.westnorthants.gov.uk.

• **Bounce & Rhyme:** 10:00 - 10:30.

Ages: 0 - 1 yrs. **Cost:** Free (book).

Dates: 13 Oct - 15 Dec.

DANCE & DRAMA

Cha Char Chimps - Towcester

Syresham Village Hall, Main Road,
Syresham, NN13 5HE. www.ccchimps.com.

• **Cha Char Chimps (0-5yrs):** 10:00 - 11:00.

Cost: £8

• **Baby Chimps (0-1½yrs):** 11:30 - 12:30.

Cost: £8.50

Dates: 13 Oct - 20 Oct & 4 Nov - 16 Dec.

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm,
High Street, Flore, NN7 4LP. 01604 345964.
www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 27 Oct - 5 Jan.

TUESDAY

PARENTS & TOTS

Litchborough Play Time Group

Litchborough Village Hall, Northampton
Road, Litchborough, NN12 8JA.
01327 830364.

Times: 9:30 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £2 (drop in).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

TINY TOTS TENNIS

Come join the FUN learn about the game and develop fundamental skills aimed at 2½ - 5 years.

Tuesday: 10-10.45am

Friday: 1:30-2.15pm (term time).

Limited spaces available.

To book, please contact:

Laura Mineards: 07766 557 122

*Northampton County Lawn Tennis Club,
54b Church Way, Weston Favell, Northampton.*

lauramineards@yahoo.co.uk

Milk&You

Towcester Children's Centre, Islington
Road, Towcester, NN12 6AU. 01327 220705.
www.daventryvolunteers.org.uk.

• **Infant Feeding Group:** 10:00 - 11:30.

Ages: 0 - 1 yrs. **Cost:** Free (book).

Dates: 14 Oct - 16 Dec.

MUSIC & SIGNING

Brackley Library

Brackley Library, Manor Road, Brackley,
NN13 6AJ. 0300 126 7000.
www.westnorthants.gov.uk.

• **Rhymetime:** 10:00 - 10:30 & 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 14 Oct - 16 Dec.

Towcester Library

Towcester Library, The Forum, Moat Lane,
Towcester, NN12 6AD. 0300 126 7000.
www.westnorthants.gov.uk.

• **Explore-a-Story:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 14 Oct - 16 Dec.

CREATIVE

Little Lambs Baby and Toddler Group

St Nicholas Church, Church Lane,
Potterspury, Towcester, NN12 7PU.

• **Little Lambs:** 9:00 - 11:15.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.



RHYTHM TIME

Fun

music classes

for the under 5's

- Rugby
- Coventry
- Bedworth
- West Northants

Book your session today
rhythmtime.net

Trustpilot ★★★★★

ICAP



WEDNESDAY

PARENTS & TOTS

Little Fishes Playtime

Baptist Church, Waynflete Close, Brackley, NN13 6AE. www.brackleybaptist.org.uk.

Times: 9:15 - 11:00. **Ages:** 0 - 4 yrs.

Cost: Free (drop in).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

Tots @ TVC

Tove Valley Centre, Northampton Road, Towcester, NN12 7AH. Jane: 07713034845.

Times: 9:30 - 11:00. **Ages:** 0 - 4 yrs.

Cost: £2 (drop in).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Road Library

Road Library, High Street, Road, Northampton, NN7 2NW. 0300 1261000. www.northamptonshire.gov.uk.

• **Rhymetime:** 11:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 15 Oct - 17 Dec.

Rhythm Time

Barchester - Juniper House Care Home, Candleford Close, Brackley, NN13 6JZ www.rhythmtime.net

• **Family Class:** 10:30 - 11:10.

Ages: 0 - 4 yrs. **Cost:** £3 (book).

Dates: 5 Nov, 19 Nov, 3 Dec & 17 Dec.

DANCE & DRAMA

Cha Char Chimps - Towcester

Greens Norton Community Centre, Towcester Road, Greens Norton, NN12 8BL. www.ccchimps.com.

• **Main Chimps:** 10:00 - 11:00.

Cost: £8 (book).

Dates: 14 Oct - 21 Oct & 5 Nov - 17 Dec.

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 28 Oct - 6 Jan.

SENSORY & DEVELOPMENT

Hartbeeps Kettering

Thrapston Plaza, Cosy Nook, Thrapston, NN14 4PS. 07506700451. www.hartbeeps.com.

• **Happy House:** 9:45 - 10:30.

Ages: 15 mths - 5 yrs.

• **Baby Beeps:** 10:50 - 11:35.

Ages: 7 mths - 15 mths.

• **Baby Bells:** 12:00 - 12:45.

Ages: 2 - 7 mths.

Cost: £8 (book).

Dates: 15 Oct - 7 Jan.



COME AND JOIN OUR RISING 3'S

(FOR 2-3 YEAR OLDS COMPETENTLY ABLE TO WORK)
WE HAVE SOME SPACES!

EVERY WEDNESDAY IN TERM TIME 10:45-11:30AM

HAVE YOU GOT A FEARLESS CHILD WITH LOTS OF ENERGY?

EACH HALF TERM, OUR RISING 3'S ADVENTURES ARE INSPIRED BY POPULAR CHILDREN'S BOOKS! FROM THE CHEEKY FUN OF ALIENS LOVE UNDERPANTS TO THE MAGICAL WORLD OF THE GRUFFALO, WE BRING STORIES TO LIFE THROUGH EXCITING ACTIVITIES, IMAGINATIVE PLAY, AND THEMED LEARNING.

WATCH YOUR CHILD GAIN CONFIDENCE, BUILD SOCIAL SKILLS AND LEARN MOTOR SKILLS WHILST EARNING BADGES, CERTIFICATES AND STICKERS TO SHOW THEIR PROGRESS ALONG THE SPECIALLY DESIGNED AWARD SCHEMES.

TO ENQUIRE - GLKGymnastics@outlook.com

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964. www.beanzbarn.co.uk.

- **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in). **Dates:** 29 Oct - 17 Dec & 7 Jan.

GLK GYMNASTICS

Bugbrooke Community Centre, Camp Close, Bugbrooke, Northampton, NN7 3RW. 07565 878908. www.glkgymnastics.com.

- **Rising 5's:** 10:00 - 10:45. **Ages:** 3 - 5 yrs.
- **Rising 3's:** 10:45 - 11:30. **Ages:** 1 - 3 yrs.

Cost: £7 (book).

Dates: 15 Oct - 22 Oct & 5 Nov - 17 Dec.

THURSDAY

PARENTS & TOTS

Denton Village Tots

Denton Village Hall, Vicarage Lane, Denton, Northampton, NN7 1DT.

Times: 9:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2.50 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Tove Benefice - St Bartholomew's

St Bartholomew's Church, Church View, Greens Norton, NN12 8DL. 01327 350459. www.tovebenefice.org.uk.

- **Tots Own Tea and Toast:** 9:00 - 10:30.

Our parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Tove Benefice - St Lawrence

St Lawrence Church, Moat Lane, Towcester, NN12 6YY. 01327 350459.

www.tovebenefice.org.uk.

- **Little Sprouts:** 9:30 - 11:00.

Parent and child group for under 5's

Ages: Pregnancy - 5 yrs. **Cost:** Free (drop in). **Dates:** 16 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Brackley Library

Brackley Library, Manor Road, Brackley, NN13 6AJ. 0300 126 7000. www.westnorthants.gov.uk.

- **Explore A Story:** 10:00 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 16 Oct - 18 Dec.

Sing and Sign

Egerton Hall, Juno Crescent, Brackley, NN13 6GN. 07771550335.

www.singandsign.co.uk.

- **Stage 2:** 9:45 - 10:30.

An engaging music class for toddlers 14 months+

- **Stage 1:** 10:45 - 11:30.

An engaging music class for babies 6-14 months

Cost: £8.50 (book).

Dates: 16 Oct - 23 Oct & 6 Nov - 4 Dec.

Sing and Sign

The Old Farmyard, Charlton, NN13 5PJ. 07771550335. www.singandsign.co.uk.

- **Sing and Sign Babies:** 12:30 - 13:15.

A gentle music and sensory class for babies from birth

Ages: 0 - 6 mths. **Cost:** £8.50 (book).

Dates: 16 Oct - 23 Oct & 6 Nov - 4 Dec.

The Perfect Place to Learn to

swim!



- **Purpose built family swim centres** in Rugby and Leamington Spa
- **Warm pools and friendly classes** with teachers who ooze passion and expertise



For all ages, bumps, babies and big kids too!

swim
works

hello@swimworks.co.uk
www.swimworks.co.uk

OPEN
7 Days a week

Towcester Library

The Forum, Moat Lane, Towcester, NN12 6AD. 0300 126 7000.

• **Rhymetime:** 10:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 16 Oct - 18 Dec.

DANCE & DRAMA

Cha Char Chimps - Towcester

Thursdays - Whittlebury Village Hall, High Street, Whittlebury, NN12 8XJ.

www.ccchimps.com.

• **Main Chimps:** 10:00 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £8 (book)

Dates: 16 Oct - 23 Oct. 6 Nov - 4 Dec.

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm, High Street, Flore, NN7 4LP. 01604 345964.
www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 23 Oct - 18 Dec & 8 Jan.

Young Children's Entertainment Group

Covering Northampton, Daventry & Rugby

Prices start from £5.50 for 1 adult and 1 child

Boogie Beans provides stimulating, confidence building, interactive musical fun and other surprises for accompanied preschool children and babies. A selection of delicious homemade cakes as well as hot and cold drinks are included in the entry fee for adults and children.



It's a party every week

For session details, class availability and more information, please take a look at our website.

Boogie Beans

Booking Required. Please visit our website for session information and bookings.

Tel: 07766 731542 / 07828 182452 **Email:** info@boogiebeans.com
www.boogiebeans.com



FRIDAY

PARENTS & TOTS

Blisworth Baptist Church

Blisworth Baptist Church, Chapel Lane, Blisworth, Northampton, NN7 3BU.
01604918405.

www.blisworthbaptistchurch.org.

• **Toddlers & Tea:** 10:00 - 12:00.

FREE group. 10-12 Fridays.

Ages: 5 mths. **Cost:** Free (drop in).

Dates: 17 Oct - 19 Dec.

DANCE & DRAMA

Cha Char Chimps - Towcester

Fridays - Tove Valley Centre, Towcester, Northampton Road, Towcester, NN12 7AH.

www.ccchimps.com.

• **Main Chimps (0-5yrs):** 10:00 - 11:00.

Cost: £8 (book)

• **Baby Chimps (0-1½yrs):** 11:30 - 12:30.

Cost: £8.50 (book)

Dates: 17 Oct - 24 Oct & 7 Nov - 5 Dec.



PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm,
High Street, Flore, NN7 4LP. 01604 345964.
www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 24 Oct - 19 Dec & 2 Jan - 9 Jan.

SEND ACTIVITIES

DEAF CONNECT Northampton

Harpole Youth Club, Larkhall Lane,
Northampton, NN5 7BZ. 07875140561.
www.deafconnect.org.uk.

• **Family Fun Session - Twice a Month, Alternate Fridays:** 17:00 - 19:00.

Cost: £3 (book). **Dates:** 17 Oct, 7 Nov, 21 Nov, 5 Dec & 19 Dec - 19 Dec.

SATURDAY

MUSIC & SIGNING

Towcester Library

Towcester Library, The Forum, Moat Lane,
Towcester, NN12 6AD. 0300 126 7000.
www.westnorthants.gov.uk.

• **Saturday Crafts:** 10:30 - 12:00.

Ages: 3 - 11 yrs. **Cost:** Free (drop in).

Dates: 11 Oct - 13 Dec.

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm,
High Street, Flore, NN7 4LP. 01604 345964.
www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in). **Dates:**

25 Oct - 3 Jan.



SUNDAY

PHYSICAL FUN

Beanz Barn

Beanz Barn, Unit 1 Hollandstone Farm,
High Street, Flore, NN7 4LP. 01604 345964.
www.beanzbarn.co.uk.

• **Soft Play Sessions:** 10:00 - 12:00, 12:30 - 14:30 & 15:30 - 17:30.

Prices vary according to age and timing of session

Ages: 0 - 5 yrs. **Cost:** £10 (drop in).

Dates: 26 Oct - 4 Jan.

Rugbytots Banbury, Towcester & Northampton

The Gateway School, St Johns Rd, Tiffeld,
Towcester, NN12 8AA. 0345 313 0286.
www.rugbytots.co.uk.

• **2½ - 3½ yrs:** 8:25 - 8:55, 9:00 - 9:45, 9:50 - 10:35, 10:40 - 11:10 & 11:15 - 12:00.

Rugby classes for ages 2-3.5

Cost: £7.50 (book).

Dates: 26 Oct - 14 Dec.

DAVENTRY AREA

MONDAY

CREATIVE

The Little Play Pantry

Daventry Brass Band Hall, Daneholme
Close, Daventry, NN11 0PN.
www.thelittleplaypantry.com.

• **The Little Play Pantry:** 10:00 - 11:15.

Imaginative playgroup with themed role play areas

Ages: 6 mths - 7 yrs. **Cost:** £8.50 (book).

Dates: 13 Oct - 22 Dec.

PHYSICAL FUN

Little Kickers Northampton Daventry & Rugby

Daventry Leisure Centre, Lodge Road,
Daventry, NN11 4FP. 01327 705915.
www.littlekickers.co.uk.

• **1½ - 2½ yrs:** 9:20 - 10:00.

• **2½ - 3½ yrs:** 10:10 - 10:55.

• **3½ - 5 yrs:** 11:05 - 11:50.

Cost: £7.49 (book).

Dates: 13 Oct - 5 Jan.



TUESDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Spratton Road,
Brixworth, NN6 9DS. 0300 126 7000.

• **Explore a Story:** 10:00 - 10:30.

Interactive story time with activities

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

Long Buckby Little Rascals

Long Buckby Baptist Church, Market Place,
Long Buckby, NN6 7RR. 01327 842587.

Times: 9:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 14 Oct - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SIGNING

Daventry Library

The Abbey Centre, St John's Square,
Daventry, NN11 4XG. 0300 126 7000.

• **Library Under 1's Fun:** 11:00 - 10:45.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 14 Oct - 16 Dec.

WEDNESDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Spratton Road,
Brixworth, NN6 9DS. 0300 126 7000.

• **Rhyme Time:** 9:30 - 10:00. & 10:30 - 11:00

Introduce rhymes and songs to your child

Ages: 1 mths - 4 yrs.

Dates: 15 Oct - 22 Oct, 5 Nov - 17 Dec

Cost: Free (book).

THURSDAY

PARENTS & TOTS

Brixworth Library

Brixworth Library, Spratton Road, Brixworth, NN6 9DS. 0300 126 7000.

• **Under Ones Fun:** 10:30 - 12:00.

Session for babies to explore and learn through play

Ages: 0 - 1 yrs. **Cost:** Free (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Byfield Baby & Toddler Group

Byfield Village Hall, The Green, Byfield, NN11 6WT.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2.50 (drop in).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

Welton Playgroup

Welton Village Hall, High Street, Welton, Daventry, NN11 2JP.

• **Playgroup:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (book).

Dates: 16 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Buckby Library & Hub

Station Road, Long Buckby, NN6 7QB.
01604 368274. www.buckbylibraryhub.org.

• **Stories and Rhymes:** 10:30 - 11:00.

Ages: 1 - 5 yrs. **Cost:** £1 (drop in).

Dates: 16 Oct - 18 Dec.

Daventry Library

The Abbey Centre, St John's Square, Daventry, NN11 4XG. 0300 126 7000.

• **Preschool Play:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 16 Oct - 18 Dec.

FRIDAY

PARENTS & TOTS

Brixworth Library

Spratton Road, Brixworth, NN6 9DS. 0300 126 7000.

• **Pre-School Play:** 10:00 - 11:00.

Ages: 1 mths - 4 yrs. **Cost:** Free (book).

Dates: 17 Oct - 24 Oct & 7 Nov - 19 Dec.

Milk&You

Daventry Children's Centre, Staverton Road, Daventry, NN11 4EY. 01327 220705. www.daventryvolunteers.org.uk.

• **Infant Feeding Group:** 10:00 - 11:30.

Infant feeding support group

Ages: 0 - 1 yrs. **Cost:** Free (book).

Dates: 17 Oct - 19 Dec.

Stay & Play

Long Buckby Community Centre, 41 Station Road, Long Buckby, NN6 7QB.

Times: 9:30 - 11:30. **Ages:** Pregnancy - 5 yrs. **Cost:** £1 (drop in).

Dates: 17 Oct - 24 Oct & 7 Nov - 19 Dec.

Timken Tots

Mayfield Park Sports Club, Royal Star Drive, Timken, Daventry, NN11 9FZ.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** £1.50 (drop in).

Dates: 17 Oct - 24 Oct & 7 Nov - 19 Dec.

Welford Tots

Welford Youth and Community Centre, West Street, Welford, NN6 6HJ.

Times: 9:15 - 11:00. **Ages:** 0 - 10 yrs.

Cost: £2 (drop in). **Dates:** 17 Oct - 19 Dec.

MUSIC & SIGNING

Buckby Library & Hub

Station Road, Long Buckby, NN6 7QB.
01604 368274. www.buckbylibraryhub.org.

• **Rhyme Time:** 10:30 - 11:00.

Ages: 1 - 5 yrs. **Cost:** £1 (drop in).

Dates: 17 Oct - 19 Dec.

CREATIVE

The Little Play Pantry

Daventry Brass Band Hall, Daneholme Close, Daventry, NN11 0PN.

www.thelittleplaypantry.com.

• **The Little Play Pantry:** 10:00 - 11:15.

Imaginative playgroup with themed role play areas

Ages: 6 mths - 7 yrs. **Cost:** £8.50 (book).

Dates: 17 Oct & 31 Oct - 19 Dec.

SATURDAY & SUNDAY

OTHER

Northampton and Lamport Railway

Pitsford and Brampton Station, Pitsford Road, Chapel Brampton, Northampton, NN6 8BA. 01604 820327 www.nlr.org.uk.

• **Halloween Trains at Northampton & Lamport Railway:** 13:00 - 21:00.

Ages: 0 - 15 yrs. **Cost:** £7 (book).

Dates: 25 Oct.

SUNDAY

Rugby Mum2Mum Market

Daventry Community Centre, Ashby Road, Daventry, NN11 0QE.

www.mum2mummarket.co.uk.

• **Nearly New Stalls:** 10:00 - 12:00.

DIRECTORY OF ADVERTISERS

Classes & Groups

Aqualight	38
Baby Sensory	36
Boogie Beans	47
Eat Sleep Bake Repeat	35
GLK Gymnastics	46
Kidslingo Spanish	43
Little Kickers	41
Music Bugs	39
Northampton County Lawn Tennis Club	44
Northampton Gymnastics Academy	35
Oncore Dance Academy	36
Rhythm Time Cov, Rugby & West Northants	45
Rugby tots	42
Swim Works	47
Turtle Tots Daventry & Rugby	42

Days Out

Bosworth Garden Centre	29
Kislingbury Sunnies and Spooks	7
Lamport Hall	27
Northampton and Lamport Railway	29
Overstone Grange Park	15
Wappenham Farm	19

Events & Shows

Northampton Town Council Fireworks	15
Royal & Derngate	8 & 23
The Toddle About LIVE! Northampton	18

Health

Brixworth Osteopathic Clinic	31
Nutrition with Caz	17
The Maple Tree Clinic	17

Nurseries & Schools

East Midlands Academy Trust	25
Hardingstone Academy	52
Northampton High School	26
Quinton House School	6
Wellingborough School	2

Soft Play & Places to Play

Beanz Barn	15
Tigers Indoor Play Centre	49
The Little Play Pantry	29

Services

Cycle Sprog	31
DFA Law	21

PLAY & DISCOVER Answers

**CHEEKY
CHARLIE
HUNT!**



**SANTA'S
SWITCH UP**



Looking for a
school place for
next September?

OPEN TOURS

Contact us to
arrange your
visit today!



Book your tour on 01604 346805

15 and 30 hour funded
places available

**NURSERY
PLACES
AVAILABLE**

Now
welcoming
children from
age 2!



More Info: hardingstone.emat.uk