Go Foleshill Summer Timetable

- All activities are free of charge.
- Please contact individual organisations for futher details.



July

| Activities | Date | Time | Venue | Organisation | Age |
|--------------------------------------|------------------------------------|--|--|--|----------------------|
| Wellness Junction | Mondays & Wednesdays | 11:00 - 13:00 | Broad Street Meeting Hall | Broad Street Meeting Hall admin@broadsthall.co.uk | 19+ |
| Senior Boys Sports Club | Tuesdays | 19:00 - 21:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
| Wellness Junction | Mondays & Wednesdays | 11:00 - 13:00 | Broad Street Meeting Hall | Broad Street Meeting Hall admin@broadsthall.co.uk | Adults only |
| Ladies HITT Session | Tuesdays | 17:30 - 18:30 | Coventry Resource Centre, Red Lane | Trainer Amena: @Alpha_fitness_uk £1 per class | 18+ Women Only |
| Family boxing | Tuesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Drumming Workshops Adults | Tuesdays & Thursdays | 7:30 - 8:30 1:30 - 2:30 | Broad Street Meeting Hall | Broad Street meeting hall / Kadence Music mahendra.patel@gmx.com | Adults |
| Wellbeing Session | Wednesdays | 16:00 - 17:30 School Holidays 13:30 - 15:30 | Families For All Hub | Families For All Hub | All |
| Family boxing | Wednesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Chat 'n' Box Thai Boxing sessions | Wednesdays | 14:00 - 15:00 | Warriors Tma | Connect us Academy connectusacademycic@gmail.com | 16 - 30 year-olds |
| Yoga | Wednesday 9 th July | 12:00 - 15:00 | White Diamond | Nirmal Pure Mind nirmal_pure_mind@hotmail.com | All ages |
| Foleshill Got a Talent | Wednesday 27 th July | 13:30 - 15:30 | Families For All Hub | Families For All Hub | All ages |
| Fitness & Footie in the Park | Thursdays | 19:00 - 21:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |









| Coffee Time Craft | Thursdays | 10:30 - 12:30 | Broad Street Meeting Hall | Broad Street Meeting Hall frantown8@gmail.com | Adults - Accommodate children |
|---------------------------------------|---|---------------|--|---|-------------------------------------|
| Youth Club | Fridays | 16:30 - 18:00 | Families For All Hub | YMCA sharn.baigbrown@ ymcaheartofengland.org.uk | 10 - 16 year-olds |
| Sports | Fridays | 17:30 - 19:30 | Edgwick Park | Aptitude | 8 - 18 year-olds |
| Youth club | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street Meeting Hall / Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds |
| Youth Session Girls only | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street Meeting Hall / Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds Girls Only |
| Family-friendly fun activities | Fridays | 14:00 - 18:00 | Canal Basin | Ludic Rooms | All ages |
| Multisports | Friday 10 th June to Friday 12 th August | 17:30 - 19:30 | Edgwick Park | Aptitude | 5 - 18 year-olds |
| Community Mile Walk, jog or run | Saturdays | 11:00 | Edgwick Park | Go Foleshill, PYF, Rising Stars | All ages |
| Senior Girls Sports Club | Saturdays | 18:00 - 19:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
| Vintage Pop up Coffee shop | Saturday 16 th July | 10:00 - 16:00 | Foleshill Road United Reformed Church | Foleshill Road United Reformed Church a.brucculeri@sky.com | /Poste |
| Bodyweight Cardio | Saturday 16 th July | 12:00 - 15:00 | White Diamond | Nirmal Pure Mind nirmal_pure_mind@hotmail.com | All ages |
| Fitness & Footie in the Park | Sundays | 16:00 - 18:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |







August

| Activities | Date | Time | Venue | Organisation | Age |
|--------------------------------------|--|--|--|--|-------------------------------------|
| Wellness Junction | Mondays & Wednesdays | 11:00 - 13:00 | Broad Street Meeting Hall | Broad Street Meeting Hall admin@broadsthall.co.uk | Adults only |
| Rising Stars HAF Programme | Monday 1 st to Friday 18 th | 12:00 - 15:00 | Edgwick Park | Rising Star / Holiday Activity Fund HAF Bookings ayazcov@yahoo.co.uk | 9 - 16 year-olds |
| Senior Boys Sports Club | Tuesdays | 19:00 - 21:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
| Ladies HITT Session | Tuesdays | 17:30 - 18:30 | Coventry Resource Centre, Red Lane | Trainer Amena: @Alpha_fitness_uk £1 per class | 18+ Women Only |
| Family boxing | Tuesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Drumming Workshops Adults | Tuesdays & Thursdays | 7:30 - 8:30 1:30 - 2:30 | Broad Street Meeting Hall | Broad Street Meeting Hall / Kadence Music mahendra.patel@gmx.com | Adults |
| Wellbeing Session | Wednesdays | 16:00 - 17:30 School Holidays 13:30-15:30 | Families For All Hub | Families For All Hub | All |
| Family boxing | Wednesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Chat 'n' Box Thai Boxing sessions | Wednesdays | 14:00 - 15:00 | Warriors Tma | Connect us Academy connectusacademycic@gmail.com | 16 - 30 year-olds |
| Flying Seagulls and Ice Cream Van | Wednesdays 10 th | 13:30 - 15:30 | Family For All Hub | Family For All Hub | All ages |
| Foleshill Commonwealth Games | Wednesdays 17 th | 13:30 - 15:30 | Family For All Hub | Family For All Hub | All ages |
| Footie in the Park | Thursdays | 19:00 - 21:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |
| Coffee Time Craft | Thursdays | 10:30 - 12:30 | Broad Street Meeting Hall | Broad Street Meeting Hall admin@broadsthall.co.uk | Adults - Accommodate children |
| Youth Club | Fridays | 16:30 - 18:00 | Families For All Hub | YMCA sharn.baigbrown@ ymcaheartofengland.org.uk | 10 - 16 year-olds |









| Sports | Fridays | 17:30 - 19:30 | Edgwick Park | Aptitude | 8 - 18 year-olds |
|------------------------------------|---|---------------|-------------------------------------|---|------------------------------------|
| Youth club | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street Meeting Hall / Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds |
| Youth Session Girls only | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street Meeting Hall / Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds Girls Only |
| Family-friendly fun activities | Fridays | 14:00 - 18:00 | Unit B1, Endemere Rd, CV6 5RH | Ludic Rooms | All ages |
| Multisports | Friday 10 th June to Friday 12 th August | 17:30 - 19:30 | Edgwick Park | Aptitude | 5 - 18 year-olds |
| Community Mile Walk, jog or run | Saturdays | 11:00 | Edgwick Park | Go Foleshill, PYF, Rising Stars | All ages |
| Senior Girls Sports Club | Saturdays | 18:00 - 19:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
| Boxing | Saturday 20 th August | 12:00 - 15:00 | White Diamond | Nirmal Pure Mind nirmal_pure_mind@hotmail.com | All ages |
| Fitness & Footie in the Park | Sundays | 16:00 - 18:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |
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September

| Activities | Date | Time | Venue | Organisation | Age |
|--------------------------------------|-------------------------|--|---|--|-------------------------------------|
| Wellness Junction | Mondays & Wednesdays | 11:00 - 13:00 | Broad Street Meeting Hall | Broad Street Meeting Hall admin@broadsthall.co.uk | Adults only |
| Family boxing | Tuesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Ladies HITT Session | Tuesdays | 17:30 - 18:30 | Coventry Resource Centre, Red Lane | Trainer Amena: @Alpha_fitness_uk £1 per class | 18+ Women Only |
| Senior Boys Sports Club | Tuesdays | 19:00 - 21:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
| Drumming Workshops Adults | Tuesdays & Thursdays | 7:30 - 8:30 1:30 - 2:30 | Broad Street Meeting Hall | Broad Street Meeting Hall / Kadence Music mahendra.patel@gmx.com | Adults |
| Family boxing | Wednesdays | 17:00 - 18:00 | Foleshill Community Centre | Connect us Academy connectusacademycic@gmail.com | All ages |
| Chat 'n' Box Thai Boxing sessions | Wednesdays | 14:00 - 15:00 | Warriors Tma Unit B1, Endemere Rd, Cv6 5rh | Connect us Academy connectusacademycic@gmail.com | 16 - 30 year-olds |
| Wellbeing Session | Wednesdays | 16:00-17:30 School Holidays 13:30-15:30 | Families For All Hub | Families for all Hub | All |
| Footie in the Park | Thursdays | 19:00 - 21:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |
| Coffee Time Craft | Thursdays | 10:30 - 12:30 | Broad Street Meeting Hall | Broad Street meeting hall frantown8@gmail.com | Adults - Accommodate children |
| Youth club | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street meeting hall/ Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds |
| Youth Session Girls only | Fridays | 18:00 - 20:00 | Broad Street Meeting Hall | Broad Street meeting hall/ Coventry Faith Foundation covff.community@gmail.com | 12 - 19 year-olds Girls Only |
| Community Mile Walk, jog or run | Saturdays | 11:00 | Edgwick Park | Go Foleshill, PYF, Rising Stars | All ages |









| Senior Girls Sports Club | Saturdays | 18:00 - 19:00 | Foleshill Community Centre | Rising Stars ayazcov@yahoo.co.uk | 11 - 18 year-olds |
|---------------------------------|---------------------------------------|---------------|----------------------------------|--|----------------------|
| Self-defence | Saturday 3 rd September | 12:00 - 15:00 | White Diamond | Nirmal Pure Mind nirmal_pure_mind@hotmail.com | Over 12 year-olds |
| Fitness & Footie in the Park | Sundays | 16:00 - 18:00 | Edgwick Park, Sports Courts | Rising Stars ayazcov@yahoo.co.uk | 11 - 24 year-olds |









