

Coniston and Crake Valley News





Hawkshead Brownies



First Hawkshead Brownies travelled abroad for the first time. Ten Brownies and four Leaders went on the Eurostar to Brussels for three nights. We stayed in YHA and visited a Lego discovery centre, enjoyed travelling on the trams and underground to the famous square. The next day we met other Brownies from Broughton in Furness and from North West Region. We went into the very famous Atomium, and spent hours looking around Mini Europe. Our last day we visited the chocolate museum, ate waffles, delicious Belgian chocolate and feasted on chips and mayo.

We then returned to London and stayed at our Girlguiding HQ on Buckingham Palace Rd. We visited the Royal Mews where the Brownies were dazzled by the gold coach. Walked around all the central sights before catching the late train home. We made lifetime memories to treasure, and felt proud to take such lovely Brownies on such an adventure.



Shoebox help. Friday November 15th - 2pm. Monday 18th -1pm and Tuesday / Wednesday 11am all at Park House, Hawkshead.

The Coniston and Crake Valley Benefice

“To Grow, Witness and Love Like Jesus”

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter The Vicarage, Penny Bridge. LA12 7RQ	vicar@conistonandcrakechurches.co.uk <i>Brian works for Filling Station on Thursday Brian's rest day is Friday</i>	01229 861668 07505 048736
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<p>To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrators.</p>
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Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.30am and Saturdays at 5.00pm.

For further information contact Father Matthew Jacob on **01229 779673**.

Church Services for October 2024

Friday 4th

Holy Trinity Colton	7.00pm	Farmers' Harvest Service Rev Brian Streeter and supper afterwards in the Church Hall.	
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6th Nineteenth Sunday after Trinity

St. Luke Torver	9.00am	Bikers' Breakfast	Rev Brian Streeter
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St. Luke Lowick	9.30am	Harvest Holy Communion	tbc
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St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
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13th Twentieth Sunday after Trinity

Holy Trinity Colton	10.00am	Morning Worship	Pam Priestley
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St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter
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St. Mary Penny Bridge	11.00am	Holy Communion	Rev Joanna Henson
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20th Twenty First Sunday after Trinity

St. Luke Torver	9.00am	Holy Communion	Rev Brian Streeter
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St. Mary Penny Bridge	11.00am	Healing Service	Rev Brian Streeter
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27th Last Sunday after Trinity

St. Luke Lowick	9.30am	Methodist Service	Rev David Jackson
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Holy Trinity Colton	10.00am	Holy Communion	Rev Brian Streeter
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St. Andrew Coniston	11.00am	Morning Worship	Pamela Hull
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St. Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter
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From the Registers

St Andrew, Coniston, 6th September, Funeral: Margaret Oliphant

St. Mary, Penny Bridge, 9th September, Funeral: June Elizabeth Phillipson

St Luke, Lowick, 14th October, Interment of Ashes: Rosemary Davenport

From the Editor:

Please send items for the November magazine by **15th October** to editor@conistonandcrakechurches.co.uk or **phone 07884 232281**

Cover photo: Lowick Show, see report on page 13

Pastoral Letter - Rev^d Brian Streeter

SACRIFICE

There is a question that often arises from the Parable of the Prodigal Son – who do you feel most sorry for in the story? The younger son who squanders his inheritance and doubts his father's love for him? Or the elder son who resents the return of his brother and refuses to take part in the celebration? The answer that is sometimes given is... ..the fatted calf who will be sacrificed for the celebration!

The word sacrifice does not have a very good press. In March last year I wrote about the sacrifices that Ukrainians were having to make on a day-to-day basis, the sacrifices that parents likewise make for their children, and how both emulate the decision of Jesus to be sacrificed for each of us. Nevertheless, the word sacrifice is unpopular and as I said, does not get a very good press. When we hear the word “sacrifice” we often conjure up images like that of the fatted calf – sacrifice means cost, and possibly even the cost of life itself.

However, there is a better way to look at the word “sacrifice” and therefore, the meaning and value of the sacrifices that are made in our everyday lives. The word “sacrifice” derives from the word “sacred” and literally means “to make sacred”. In turn, the word “sacred” means “to set apart” or “to make holy”, normally for someone special like God. And I think this is a much better way of picturing the sacrifices that we sometimes have to make in our lives.

The farmer who works hard to make a living from the land, making sacrifices that are not always financially rewarding, can be encouraged that their work is honourable and set apart in the eyes of God. A mother or father who makes daily sacrifices to provide for the physical and emotional well-being of their child can likewise be encouraged that their sacrifices do not go unnoticed. That is to say, that farmers do not simply make sacrifices for the farm, the landscape, and their livestock; nor do parents simply make sacrifices for their children's well-being. Instead, farmers, parents, and anyone else who makes a willing sacrifice for others is also making a sacred gift, a holy offering, a sacrifice to the LORD God.

The Apostle Paul writing to Christians in Rome, wrote,

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

Christians are encouraged not to think of sacrifices in their lives as the loss of something, as death is the association of the loss of life – the common picture of the word sacrifice. Instead, as Paul suggests above, our lives like our bodies are to be “a living sacrifice”. We live to serve, we live to give, we live to make sacrifices for others – all of which are holy and sacred offerings in the eyes of the LORD God.

Blessings in Christ,



Around the Parishes : Colton

Colton Parish Council News

The serious and disturbing incidents that took place over the summer in some towns and cities following the tragic events in Southport, caused alarm and concern in many communities, including our own. In light of this, many organisations, including the Parish Council, have decided to make sure that we have up to date policies in place that reflect our commitment to equality, diversity and inclusion, and to working with our local community to support residents and visitors alike to feel safe, respected and welcomed.

With this in mind, we would like to share the advice from Cumbria Police for anyone experiencing racism, islamophobia, harassment or hate crime. You can view the Police Statement on Vigilance and Reassurance on our website. See <https://coltonparishcouncil.org.uk/support-and-vigilance-from-cumbria-police/>

If you are a victim or need to talk to the Police about any incident there are several ways you can contact them:-

- You can report any suspicious activity to the Police on 101
- You can report a crime online at: <https://www.cumbria.police.uk/reportit>
- In an emergency, or if a crime is in progress call Police on 999
- You can call Crimestoppers anonymously on 0800 555 111
- Or call the Anti-terrorist Hotline: 0800 789 321

Or for information about support for victims

- See <https://cumbria-pfcc.gov.uk/victims-hub>
- Or, AWAZ Cumbria, an independent organisation whose role is to support strong and vibrant Black and Minority Ethnic communities in Cumbria, see <https://cumbria-pfcc.gov.uk/victim-service/awaz-cumbria> Call, text or WhatsApp on 07791 601640 or email information@awaz.info

Colton Parish Council is looking for a new Clerk. This is a paid role for 10 hours a week. Ideally candidates will have clerking experience, but the post would also suit someone with great communication, financial and admin skills, and training is available if required. For a job description and any other information please email clerk@coltonparishcouncil.org.uk

Our next meeting is at 7pm on Monday 11th November, at Bouth Village Hall. All welcome!

Egton cum Newland

Haverthwaite Surgery Equipment Fund

At the coffee morning today (Sept 14th) we were thrilled to raise £550.89. A huge thank you to all who contributed, to the businesses: J.D. Barbers, Born and Bread, The Britannia Inn, Crakeside Fish and Chips and Peter Hutchinson; to all those individuals who provide so much in the way of prizes, cakes and books, to the people who worked so hard on the stalls and providing the coffee and to all the people who came to support us. It was a really successful event.

Because people have been so generous I have several prizes left which will be used next time we have a fund-raising event for the surgery.

Thank you all so much **Pat Procter**

The date of the next **Egton with Newland, Mansriggs and Osmotherley Parish Council** meeting is Tuesday 5th November, 7pm at Greenodd Village Hall.

Greenodd Village Hall - Talk - Friday 11th October at 7.30pm

An Evening with Jim Bownass

Former Border TV cameraman presents film footage of old Westmorland and Cumberland.

Tickets £5 available from Bob **01229 861488**

Proceeds to the Greenodd and District Horticultural Society

Greenodd Village Hall - Craft Fair

Saturday 16th November, 10am - 4pm

Featuring local businesses and makers of unique quality handmade products

Raffle and Refreshments available

Greenodd Village Hall proudly present

An evening with VOCE

Friday 25th October

Tickets £12 from email: greenoddvillagehall@outlook.com

Phone: 0771 335 1623

Popular music with a classical twist

Lowick & Blawith

Blawith and Subberthwaite Parish Council

We currently have 2 vacancies for Parish Cllrs. If you are passionate about the community and would like to get involved we would really like to hear from you.

We meet on the second Monday every other month.

Please contact the clerk for further details on **01229 889319** or email – **Blawithandsubberthwaitepc@outlook.com**

Coniston & Torver

Rainfall, Garden House, Coniston - August 2024

Total - 494.1mm (19.5ins)

Wet days - 22

More than 1mm on 21 days

Wettest day - 21st - 75.3mm (3.0ins)

Wettest August on record.

Coniston Co-op

In August two Co-operatives UK representatives visited the store, put into perspective our situation, and established the nature of the help available from Co-operatives UK. They also made it clear that as an independent co-op store we are free to acquire goods from suppliers other than the CWS. The committee members were encouraged by the exchange and agreed to strengthen our ties with the Co-op communities. Subsequently the Secretary participated in an on-line training session looking at legal compliance, relationships and governance, and accountability. The Committee met on Thursday 12th September. Small glitches have delayed the re-opening of the top-shop, and renovations are continuing. The weather seems to have impacted sales and like other village businesses, the Co-op does better on fine days when visitor numbers increase. Mr Johnston's support is noted with appreciation. The Committee will meet next on Thursday 10th October.

Call at the Co-op

X 712 Bus Walkers Wednesday 23rd October

The Blue Works X7 has a magnificent route past Woodland, the Blacksmith's Arms, Broughton, Foxfield, Kirby in Furness and Askam to Barrow. If we don't use it we will lose it. Please therefore join us on the 09.30 X7 from Coniston via Broughton for a gentle walk on the *Cote de Fer*. We will return to Coniston on the last bus which arrives back in Coniston at 14.21. Please just turn up with snap, or contact roberthenrymccracken@outlook.com or call **07514 480 875**. All welcome.

Coniston & District Twinning Association AGM **Thursday 24th October** 6pm at The Ship followed by social at 7pm.

Choir in Church

The Choir of St John's Edinburgh will sing Choral Evensong in St Andrew's Coniston, on **Saturday 19th October** at 6pm. All welcome! The music will be unaccompanied repertoire from the English Renaissance. Visit the choir's Facebook page to find out about other services in the area over the weekend.

Thanks

Judith, Zeke, Nicola, Adrian and Rebecca would like to thank everyone who came along to help celebrate the life of Margaret Oliphant. The donations to St Andrew's and the Royal British Legion were over £800. Also thank you so much for all the flowers and cards.

A message from the family of the late John Harrison of Coniston. Our deepest thanks for the kindness shown to us as a family on the sad passing of our dear Dad and Grandad - John Harrison. We are grateful for the kind donations made to Coniston Mountain Rescue Team and are so pleased to let you know that over £1,000 has been raised for such an important cause. Thanks so much.

CONISTON COMMUNITY LUNCHES

Yes it's that time of year again. I hope you have all had a good summer. "What summer?" I hear you say - ha ha. Hopefully we can now look forward to a good Autumn and some hearty warm lunches together.

Our Monday lunch dates for this season are:

21st October 2024 **20th January 2025**

18th November 2024 **17th February 2025**

16th December 2024 **17th March 2025**

We will be meeting in the Institute Reading Room at 12.30pm as usual where we will be serving a two course lunch plus tea and coffee.

We expect no payment, but a small donation would be welcome to help cover our costs.

Please confirm your attendance by phoning or texting **Helen** on **07583 371275** or email **e.glaister013@btinternet.com**, also please let us know if you have any dietary requirements or need help with transport.

We are always grateful for additional support so please get in touch if you can offer help either on the day in the kitchen or providing food.

Best wishes from the Community Lunch Team, we look forward to seeing you.

Lunch and Dominoes

We will be starting again on **Wednesday 2nd October at 12.30pm** in Coniston Institute Reading Room.

Do come along and join us for soup/roll and a pud, tea/coffee, followed by dominoes. All for £5. To book a place, ring **Jean** on **015394 41617**, by the Monday before.

We will then continue, usually on the first Wednesday of the month, for the winter season. November will be on the second Wednesday (13th) due to a previous booking of the Reading Room.

Everyone welcome.

Reports



Mothers' Union

All welcome at our meetings and outings: contact **Kay: 015394 41559**.

Open Meeting

An open meeting is being organised by Coniston St Andrew's Mothers' Union on **Thursday 31st October** at 2pm in the Coniston Institute Reading Room when the speaker will be a member of SPRINGFIELDS, the Kendal organisation who support men and women suffering with Domestic Abuse. Come and learn of their valuable work. All are welcome.

BRANTWOOD NEWS AND VIEWS

We are pleased to announce our autumn exhibition in the Blue Gallery "Mr Ruskin, Someday Someone Will Scuba Dive Over Your House". The exhibition presents a new suite of drawings by artist Gerry Davies, which take their lead from Ruskin's 1884 lecture text *The Storm-Cloud of the Nineteenth Century*. The series builds on Ruskin's insight that skies and weather over Coniston were vexed and plagued by industrial pollution, and that a miasma of smoke from mills and factories was changing the atmosphere. From 5th October – 11th November.



In the Severn Studio we have "View from a Boat; A Kayaker's Journey on Coniston Water Throughout the Seasons" by Yorkshire-based artist, Penny Hunt. This exhibition of paintings and sketches affords a view of the waters of the lake itself, the stillness and mist rising early in the morning, the choppy waters on windy days and the changing light on the banks throughout the year. On display from 28th September until 31st December.

Not to be missed – Biofluorescent Night Walks on Monday 14th October 7.00pm-8.30pm & 9.00pm-10.30pm and Tuesday 15th October 7.00pm-8.30pm & 9.00pm-10.30pm. Join us for an extraordinary adventure as we explore the fascinating world of biofluorescence! Biofluorescence is a unique phenomenon where certain organisms emit light in different colours than the ones they absorb. £20 per walk. Booking essential.

On Wednesday 23rd October we are delighted to welcome Madeleine Emerald Thiele to give her talk 'Natural Architecture – Ruskin's Oxford & Venice'. This talk will examine botanical designs within architecture, as explored and lauded by John Ruskin, using both Oxford and Venice as examples. Madeleine is an art historian, international lecturer and Director and founder of Visual Theology. Talk starts at 7pm.

On Saturday 26th October at 6.30pm Food and Folk is back for another evening full of great Food & live Folk music. For just £40 per person, including Chef's snack & welcome drink on arrival, a 4 course tasting menu & live folk music all night, this is not a deal to be missed! Acts are The Mighty Tree, Tyan and The Clifford Movement. For full details and to book, visit www.brantwood.org.uk/theterrace.

Over the half term our Go Wild activities will again be on in the Loft. Bug hunting!

For full details of all our exhibitions and events, please visit our website

www.brantwood.org.uk. Box office: enquiries@brantwood.org.uk or call **015394 41396**.

Back to the Land

Oxen Park Cinema Club and Reading Rooms invite you to a fundraiser on Friday November 8th at 7:30pm in the Carhouse cinema (opposite Manor pub). Tickets are £5 - pay on the door. A raffle will also help with raising funds for the Reading Rooms. This is a Q&A session with four local farmers about the future of farming, the use of our land and the impact of changing government policies and funding streams. It should be a lively debate and if you would like to ask a question, please submit it with when you book with Carol on **01229 861507** or **crlmcneil@gmail.com**

This presentation takes place the night before the weekend of two related films - *Wilding* on **16th November** and *Six Inches of Soil* on **17th**. see the Cinema Club website for details

Cinema Club - The October films are **OPPENHEIMER** (1st October) and **lo CAPITANO** (19th Oct). Book through the website **www.oxenparkcinemaclub.org.uk**

Carol



ROOKHOW NEWS

Restore-Nurture-Create weekend at Rookhow 11th – 13th October

All age community weekend at Rookhow, with stories and songs around the campfire, crafts, all age woodland games and Epilogues (evening reflections). Come and enjoy the peace of Rookhow and the beauty of the woodland. Contact Sue for more details. Non-Quakers welcome. Suggested donation £75 per adult. **<https://rookhow.org.uk/meet-with-us>** Sue Nicholls, Rookhow Development Manager Email: **contactrookhow@gmail.com** Tel **07377 971783**

Rookhow has had lots of interesting groups staying over the Summer including Sanctuary Cookalongs (see photo), a group from Preston made up of people from all over the world who cook together and exchange stories. They were supported by the Rookhow Retreat Away Fund which also subsidises stays for youth groups, drug and alcohol recovery groups, groups who help people to deal with trauma and support for refugees. Rookhow puts 5% of its bookings income into this fund and local Quaker Meetings and individuals support it too.



Rookhow has just become an Associate member of **THE QUIET GARDEN MOVEMENT**. This means that on Open Days on the 1st and 3rd Friday of every month, 10am-4pm, anyone is welcome to spend time in Quakers' Wood for silent reflection or use the space to wander and reconnect with nature. We'll make sure the yurt is open and the wood burner is lit too. Just turn up and say to the guides that you're here as a Quiet Garden visitor. Free admission.

Our volunteers give a huge amount of time and energy every Friday to maintain Rookhow's buildings and grounds for the benefit of so many people. If you could spare an hour or 2, please get in touch. Tasks include wood processing, taking invasive species out of the woodland, dry stone walling, DIY, general gardening. Travelling expenses will be paid and homemade cake and good conversation are included.

Rookhow continues to be open on the 1st and 3rd Friday of every month, 10am-4pm. Enjoy some homemade cake, be shown round by our friendly guides, hear about Rookhow's history and wander in the woods. Quaker Meeting at 12.30-1pm on these days and also on the 1st Wednesday of every month 7.30-8pm.

For more details, email: **Sue Nicholls**, Rookhow Development Manager.

Email: **contactrookhow@gmail.com** Tel. **07377 971783**

Website: **rookhow.org.uk**

Green Sparks News

River Crake Pop In Thank you to everyone who took part. Highlights included spotting several caddisflies, cased and uncased, leeches, a banded demoiselle and lots of water stick insects. For further information about some of the species we saw in the river see:

<https://www.wildlifetrusts.org/wildlife-explorer/invertebrates/other-insects/caddisfly>

<https://www.field-studies-council.org/2022/10/26/freshwater-leeches-identification-and-ecology/>

<https://www.wildlifetrusts.org/wildlife-explorer/invertebrates/damselflies/banded-demoiselle>

Insect life helps local volunteers who monitor the river assess its health, so it's a positive sign that it was relatively easy to spot these creatures in the Crake; however, there are still significant concerns about pollutants and a lot more we can do, including managing our septic tanks see: <https://btob.scr.t.co.uk/south-cumbria-catchment-plan/coniston-and-crake/coniston-crake-main-issues> and <https://btob.scr.t.co.uk/wp-content/uploads/sites/3/2020/08/SepticTankGuideBookletWEB.pdf>

Thanks to the **South Cumbria Rivers Trust** for their support and for lending us their resources.

Cumbria Wildlife October events include **Birds in our Gardens, Tuesday 15th October** 7.30pm-9pm at Ulverston Methodist Church. For a full list of What's On see <https://www.cumbriawildlifetrust.org.uk/events>

The next **Ulverston Repair Café** will be at Croftlands Community Centre, 7.30-9.30 on **Tuesday 8th October**.

Oxen Park Cinema Club's new season of films includes **Wilding**, the story of rewilding the Knepp Estate in West Sussex and **Six Inches of Soil**, which explores some of the ways in which farming can help tackle climate change and the nature emergency. For information and booking see <https://oxenparkcinemaclub.org.uk/>

If you want to dig deeper into this subject, see the briefing on **UK Farming and Land Use Addressing the Climate and Ecological Emergencies while Supporting Farmers** from Small World Consulting published earlier this year <https://www.sw-consulting.co.uk/food-and-land/uk-farming-land-use>

Cumbria Action for Sustainability, Cafs, have lots of upcoming free events for individuals and local businesses to help us really put sustainability and tackling climate change on the agenda, including:

- Climate Fresk workshop 8th October
- Cumbria Sustainability Network – talking about transport 9th October
- Waste Less Food Together 24th October

For a full list of events, details and how to book <https://cafs.org.uk/events/>

Lowick Show 2024



They say the sun shines on the righteous! Well anybody involved with Lowick Show must be just that. We all woke to a glorious, sunny day and it continued throughout.

Standing looking over the field was a real treat, there were sheep of all breeds with numbers up on last year totalling approx 250. The cattle lines were an exhibition of both dairy and beef breeds with both old hands and newcomers competing. The judges had the difficult jobs of sorting out some tremendous cattle and Trophies were handed out to some quite young exhibitors, those being the farmers of the future! The horse classes as usual started early and went on all day giving a varied display from Heavies to ponies in the mounted fancy dress.

The weather during the summer was not ideal for the veg and flower growers but they didn't disappoint, filling the tent with colourful blooms and an amazing variety of veg. In the Home produce section the baking classes both adults and children were again of the highest standard with the "Mystery Bake" being very popular and causing much discussion for the last couple of weeks.



There were handicrafts of all sorts from upholstered chairs to home-made invitations just demonstrating what a clever community we have out there.

Our president Mrs. Bailey and President Elect Mr. Baxter between them had to sort out Novelty dogs and Children's pets, rather than me!

Across the field we had trade stands displaying all sorts of wares from tractors to honey and paintings to jewellery. As well as A Working Gun Dog Display. The grand parade demonstrated the amazing stock our farmers produce but not how much work goes into getting them ready and for that we are grateful.

So, the trophies have been awarded and the animals taken home for a well earned rest, let the evening begin. The amazing weather continued into the night enabling everyone to have a well deserved drink or two and a natter with friends they may not have seen for a while.

The youngsters had the water slide organized as usual and credit goes to them for looking after the very little ones first before those that should know better were allowed on.

What a brilliant end to an amazing day!

Alison

Egton WI

With our "summer" now behind us we can certainly count our blessings as we had a glorious evening for our croquet session in mid July and a hot and sunny day for our walk in August. We did a round trip from Bardsea up Birkrigg via the pub in Bardsea for lunch and back along a nice stretch of the coast where there are unexpected things to discover! Do give it a try.

We also hosted a dance in our village hall in August where we made £397 towards our charity Duddon and Furness Mountain Rescue Team.* We hope to do well at our Autumn Fundraiser on Saturday 19th October. Once again we will have interesting stalls of goodies and offer a soup and/or dessert for a donation to our charity.* Please come along with your friends and relax with either a coffee or a homemade lunch (or both) as well as stocking up with cakes etc. to take home.

We resumed our monthly meetings with Judi Winterson giving a talk "One woman's wardrobe". She has recently retired from being the owner of a ladies' wear shop. Her enthusiasm and knowledge of her subject was brought to life with not only an informative slide show, but a rail full of exquisite garments which she is lucky enough to own and wear. Certainly not your common and garden clothing but beautiful designer wear.

Our next meeting is on 8th October when we will be given a talk from the Brathay Trust which is a charity that we have supported in the past by providing snacks for the walkers and bikers when they arrange such events. Ladies do come and give us a try we will ensure that you are made welcome. Greenodd Village Hall, 7.30pm start.

Gill

theWI
INSPIRING WOMEN

The Farmers Arms at Lowick

There's a little Inn down Lowick way that's called the Farmers Arms,
Where you can take your wife along and not feel any qualms.
The bar is very quaint and old, the beams of oak are black,
So if your over six foot tall you'll have to bend your back.

The floor is flagged with slabs of slate, the doors are dark with age,
It isn't just the quaintness though which makes this Inn the rage,
For meet the jovial landlords there, old Dan and Bert Carruthers,
And you'll agree one couldn't find hosts better than these brothers,

Old Dan is bang chock full of fun, in merry jest he glories,
And knows a lot of clever tricks and many funny stories,
"You see that old and oaken door, it's out of Furness Abbey,"
"Oh really! is it?" "Yes" he says, "a long way out it ma'be."

"What is the age of this old place?" you ask big Bert to say,
Without a blush he'll answer you, "Six hundred years in May,"
But he forgets the week before of someone whom he told,
"This place is just four hun-der-ed and eighty four years old",

He'll take you through the ancient door and down a step or two,
"You see this wall?" he asks with pride, "it's nine feet thick, that's true"
He did not know that Dan, who to the truth will always stick
Had told you just the day before, "This wall is eight feet thick".

There's a dear old English sheep dog, who loves to go for walks,
You only have to say the word, he very nearly talks,
"Hello Laddie" say to him "do you want a walk old boy?"
He nearly knocks you over as he prances round in joy.

"Beer is Best" we're often told, and here's the best of beer,
There's Youngers and there's Teteleys, from the wood it's drawn out clear,
No matter then how old you are, get young in every way,
The Farmers gives a chance to get much Younger every day.

Near ten o'clock, if you're still there, you'll hear old Dan cry out
"My bonnie lads and lassies now, just show a leg" he'll shout,
"Now any more for any more, who's sailing in the breeze?
Yes round the bay and back for tea!" TIME GENTLEMEN PLEASE!

Undated newspaper cutting sent in by Mrs Sanders of Colton.



1940's newspaper cutting - **Blawith School pupils** - sent in by Mrs Sanders, Colton

THOUGHT FOR THE MONTH by Rev. David Gregg
OCTOBER : FREEDOM OF SPEECH

In its Communist era the so-called “Democratic Republic” of East Germany provided the tale of the member of the “Volkskammer” (= People’s Chamber) who stood up and said. “My name is Herr Schmidt. I have *three* questions to ask. When are we going to have freedom of the press? When are we going to have freedom of speech? And when are we going to have freedom of travel?” A week later another member stood up and said, “My name is Herr Braun. I have *three* questions to ask. When are we going to get freedom of the press? When are we going to get freedom of speech? And – does anyone know what has happened to Herr Schmidt?!”

Freedom of Speech is a very hot topic this October, with debates and decisions due about curbing the excesses of the social media, and saddling media entrepreneurs like Elon Musk with some personal responsibility for not curbing excessive material in the areas of pornography, racism, sexism, anti-Semitism, misogyny, gender issues etc. under the pretext of preserving “freedom of speech.” Also the need for restricting access by young people and children to inappropriate material, by Act of Parliament. But the issues of unrestricted and uncontrolled utterances, spoken *and* written, reach much more widely into everyday life. Misleading advertising, political “spin” (particularly around elections), Islamophobia (involving “Fatwas” and issues of Blasphemy) and the whole vast industry of parliamentary and other forms of lobbyists

invade every aspect of life.

There is an abundance of material in the scriptures on the subject, to which a story about Winston Churchill provides a way in. He was reproved by the Speaker for calling a fellow member a “fool”. He replied, “I’m sorry Mr. Speaker. What I should have said was that the honourable member has perpetrated a terminological inexactitude!” It brings to mind the teaching of the Lord Jesus Christ near the beginning of the Sermon on the Mount, where He uses the example of “Fool” (Raca) to say that insulting people as a means of expressing anger is as sinful and destructive to the soul as murder itself (Matthew 5:22). In the Hebrew Scriptures it begins with Satan’s lies to Eve, repeated to Adam, which initiates the Fall of humankind. “You shall not take the Name of the LORD your God in vain” (= Blasphemy) is the third Commandment and “You shall not bear false witness against your neighbour” (= Slander) is the ninth Commandment given by Moses.

Despite the condemnation of harsh words spoken in anger, the New Testament affirms that words of *warning* may sometimes be right and necessary. John the Baptist calls the Pharisees and Sadducees “a brood of vipers” (Matt. 3:7) and Jesus himself drove out the traders in the Temple, claiming they were making it a “den of thieves”. He also pronounced seven “woes” against the Scribes and the Pharisees, designating them as hypocrites. But His main teaching urges the simplest use of language, forbidding the use of Oaths, and saying “Let your word be, ‘Yes, yes’ or No, no’: anything more than this comes from the evil one”. (Matthew 5:37). For Himself, courteous *dialogue* was a preferred option, as His conversations with the Canaanite woman and Pontius Pilate show, an example closely followed by the apostles (in Acts) and inferred repeatedly in Paul’s letters. (“Speaking the truth in love”). The apostle James has a separate take, with a detailed treatment under the text, “The tongue is a small member – no one can tame it, full of deadly poison” (James ch. 3: vv 5 & 8).

Those of us wanting to please Almighty God will be seeking to apply these Biblical Principles as we engage in this vital debate.

Parish Prayer Diary October 2024

1st: Pray for all in need of the Lord’s comfort and healing.

2nd: Pray for all who endeavour to secure peace, tolerance, understanding and non-violence.

3rd: Pray people trapped by addiction of any kind will find help and freedom.

4th: Pray for the farming community as they complete the harvest and prepare for winter.

5th: Pray for all who teach and their pivotal role of shaping the future by nurturing their students.

6th: **Sunday, the first day of the week**

May our faithful Lord, whose steadfast love never ceases, and whose mercies never come to an end, grant us the grace to trust Him and receive the gifts of His love, new every morning.

7th: Pray for those who serve our local communities as Parish Councillors.

8th: Pray for Christians in Iran who risk so much to follow Jesus; pray for those in prison for their faith, and for the strengthening of the underground Church.

9th: Pray for charities such as Shelter helping people facing homelessness. Pray also for families living in emergency or temporary.

10th: Pray for people who suffer debilitating mental distress and for organisations and agencies who support them and work to end mental health discrimination.

11th: Pray for UNICEF working with communities and governments to remove barriers to girls' education.

12th: Pray for palliative care professionals in hospices, especially those abroad.

13th: Sunday, the first day of the week

May the Spirit's gifts equip us to live the gospel of Christ and make us eager to do His will, that we may know the way of Life and walk in it without stumbling.

14th: Pray for parents who grieve the loss of a baby or young child.

15th: Pray for refugees, fleeing from their homes in fear because of war or conflict.

16th: Pray for the Trussell Trust as it provides emergency food and support to people facing hardship and campaigns for change to end the need for food banks.

17th: Pray for Christian Aid as it campaigns for a world where everyone can live a full life, free from poverty

18th: Pray for health workers abroad caring for patients suffering from highly infectious disease.

19th: Pray for King Charles and members of the Royal Family.

20th: Sunday, the first day of the week

May Almighty God, in whose service lies perfect freedom, help us to obey Him with loving hearts and steadfast wills for His glory and our good.

21st: Pray for the Commonwealth Heads of Government meeting in Samoa this week to deliberate global economic, environmental and security challenges and discuss how to work together for a more peaceful and sustainable future.

22nd: Pray people and families struggling with debts will get the help they needed; pray also for the charities that support them through their difficulties.

23rd: Pray for people vulnerable through loneliness or not coping with the challenges of daily life.

24th: Pray for all who live or work in Bandrake Head, Blawith and Bouth.

25th: Pray for looked after children going through the adoption process, and pray for the adults, authorities and organisations involved in momentous decisions.

26th: Pray for people rebuilding their lives and communities in the aftermath of natural disasters.

27th: Sunday, the first day of the week

May our loving heavenly Father teach us to be faithful in change and uncertainty, that trusting in His word and obeying His perfect will, we may enter the unfailing joy of Jesus.

28th: Pray children who have found this new term to be stressful will find rest and refreshment in this week away from school.

29th: Pray for Bereavement Counsellors.

30th: Pray for the Mission Aviation Fellowship, bringing practical aid and hope to isolated and remote communities abroad, especially in Africa.

31st: Pray for Springfield Support working to empower people to live free from domestic abuse in all its forms.

Thanks and request for help

The Editor would like to thank once again our great band of volunteer distributors who bring the magazine to almost 1200 homes the length and breadth of our area every month.



There are a few people who have expressed that, after many years of helping get the magazine out each month, they are ready to hand over to someone else. This is particularly the case in Coniston just now. If you feel that you would be able to do a small area each month, or just on a "relief" basis covering for holidays/absence in any area please do get in touch via the Editor, your help would be hugely appreciated.

Juliet, Editor, 07884 232281 editor@conistonandcrakechurches.co.uk

Readings for October 2024

4th/6th Harvest: Joel 2.21 - 27	Matthew 6.25 - 33
Hebrews 1.1 - 4, 2.5 - 12	Mark 10.2 - 16
13th Why Should I Give: Philippians 2.1 - 11	John 3.11 - 18
20th How Should I Give: 2 Corinthians 8.1 - 15	Mark 12.41 - 44
27th When Should I Give: 1 Corinthians 16.1 - 4	Matthew 6.25 - 34

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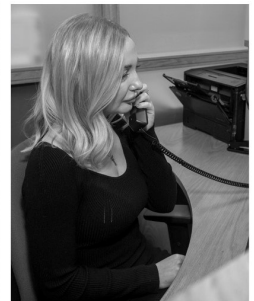
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2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Tuesday	Coniston CAMEO 2 - 4pm	Coniston Institute
Tuesday	Youth Club age 11 & over 7 - 9pm	Coniston S & S Centre
Wednesday	Parent and Toddler Group 9.30 - 11.30am (term time only)	Coniston S & S Centre
Wednesday	Beginners Pilates, 4.30pm	Greenodd Village Hall
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Community Lunch, 1pm sharp, £7.50	Farmers Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am £5 (term time only) or just come for lunch at 12 noon.	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
Thursday	Zumba 6.30pm with Valentyna	Coniston Primary School
Thursday	Netball Skills 6.30 - 7.30pm	Coniston S & S Centre
2 nd Tuesday	Egton WI, 7.30pm	Greenodd Village Hall
2 nd Tuesday	Ulverston Repair Café 6.30-8.30pm	Croftlands Community Centre
3 rd Tuesday	Coniston WI, 7.30pm,	Coniston Institute
1 st Wednesday	Charity Quiz, 8pm, £3 per person	Coniston S & S Centre
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
3 rd Wednesday	Coffee Morning 10.30am - 12.30pm	Bouth Village Hall

What's On Guide - October

30/9	Coniston Local History Talk 2.30pm	Coniston Institute
1 st	Film: Oppenheimer	Oxen Park Cinema Club
2 nd	Lunch & Dominoes	Coniston Institute
2 nd	Lowick Parish Council meeting 7.30pm	Lowick Community Hall
7 th	Colton Parish Council, 7pm	Rusland Reading Room
11 th - 13 th	Restore-Nurture-Create, see page 11	Rookhow
11 th	Talk - Jim Bownass, 7.30pm	Greenodd Village Hall
14 th - 15 th	Bioluminescence night walks, see page 10	Brantwood
19 th	Film: Io Capitano	Oxen Park Cinema Club
19 th	Live Music - Rod Demick & Jackie McAuley, 7pm	Coniston Institute
19 th	St. John's Edinburgh choir Evensong, 6pm	St Andrew's, Coniston
21 st	Community Lunch 2.30pm, see page 9	Coniston Institute
23 rd	X712 Bus Walk, see page 8	
23 rd	Talk: Madeleine Emerald Thiele, 7pm, see page 10	Brantwood
24 th	Coniston Twinning Association AGM & social 6pm	The Ship, Bowmanstead
24 th	Talk: Andy Lowe, Windermere area, 7pm	Water Yeat Village Hall
25 th	Yin & Din (yoga & meal) 6.30pm @earth.and.sole	Torver Schoolroom
25 th	Live Music - An Evening with VOCE, see page 7	Greenodd Village Hall
25 th	Live Music - Amy Speace, 7.30pm	Water Yeat Village Hall
26 th	Food and Folk, see page 10	Brantwood
31 st	Mothers' Union Open Meeting: "Springfields" 2pm	Coniston Institute

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