

Coniston and Crake Valley News





**Saturday
7th Sept
2024**
gates open 8:30am

LOWICK SHOW

the Lowick 'L'al Royal' show

Adults £7.50 | Under 16's £2.50 | Under 5's FREE | Car Park FREE
save £1 on advanced adult tickets, buy them at www.lowickshow.co.uk

Classes to enter... Livestock/Horses/Home Produce
Enter on the day... Novelty Dogs/ Children's Races/
Cumberland Wrestling
On the Field... Refreshment Tent/
Trade Stands/Local Crafts Tent/
Beer Tent-open throughout the day and into the evening.



SAT NAV LA12 8EE

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter The Vicarage, Penny Bridge. LA12 7RQ	vicar@conistonandcrakechurches.co.uk <i>Brian works for Filling Station on Thursday Brian's rest day is Friday</i>	01229 861668 07505 048736
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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.30am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

Church Services for July 2024

7th			
Sixth Sunday after Trinity			
Schoolroom Torver	9.00am	Bikers' Breakfast	Val Towndrow / Hazel Bowness/Linda Inman
St. Luke Lowick	9.30am	Holy Communion	Rev Joanna Henson
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Harry Welch
St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter
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14th		Seventh Sunday after Trinity	
Holy Trinity Colton	10.00am	Holy Communion	Rev David Bickersteth
St. Mary Penny Bridge	11.00am	Healing Service	Rev Brian Streeter
St. Andrew Coniston	11.00am	Morning Worship	
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21st		Eighth Sunday after Trinity	
St. Luke Torver	9.00am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	11.00am	Morning Worship	Pamela Hull
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28th		Ninth Sunday after Trinity	
St. Luke Lowick	9.30am	Methodist Service	Rev Grace Cauldwell
Holy Trinity Colton	10.00am	Morning Worship	Pam Priestley
St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter
Schoolroom Torver	7.00pm	Torver Junction	Rev Brian Streeter
		Contemporary Worship	

From the Registers

Holy Trinity, Colton, 24th June, Funeral, William Watson

St Andrew, Coniston, 25th June, Funeral, George "Podge" Fleming

Holy Trinity, Colton, 26th June, Interment of Ashes, John Graham Rawson

St. Luke, Lowick, 29th June, Funeral, Anne Rippin

St. Luke, Lowick, 12th July, Interment of Ashes, William Procter

St. Mary, Penny Bridge, 27th July, Interment of Ashes, Joseph Ronald Walker

From the Editor:

Please send items for the August magazine by **15th July** to editor@conistonandcrakechurches.co.uk or **phone 07884 232281**

Cover photo: outdoor theatre at Brantwood

Pastoral Letter

Dear Readers,

My two oldest grandsons will (hopefully) take the opportunity to cast their votes for the first time in a General Election on the 4th. I wouldn't presume to influence or even ask them how they will cast their votes, but I hope they will reflect carefully before voting.

The Bible speaks much of the values God requires. The prophet Amos wrote, '*Let justice roll on like a river, righteousness like a never-failing stream*' (5:24). The prophet Isaiah spends much of the first 39 chapters of his prophetic writings calling for justice and righteousness.

Jesus summed up the law and the prophets as to love God and love our neighbour. When asked '*who is my neighbour*' he gave the radical story of the Good Samaritan. The point being that the religiously despised Samaritan (by legalistic religious people) was the one who did the work of mercy and showed love.

Jesus never condemned Roman occupation – which was universally brutal. He went so far as to complement a Roman officer for this faith – exceeding the faith of any in Israel. (Matthew 8:5-13).

The Beatitudes – Jesus' teaching at the Sermon on the Mount, is his manifesto for the values of the Kingdom of God. Meekness, mercy, a hunger for righteousness, purity of heart and a desire for peace loom large. Read also Mary's song in Luke 1:46-55.

Righteousness is the key value of Jesus' Kingdom. He said to Pilate at his trial, '*My kingdom is not of this world*' and some Christians take this to mean ignore the world and strive for eternal life! That makes a travesty of the Gospel, for the followers of Jesus are to live on earth in the values they hope to share in Heaven ('*Thy kingdom come on earth as it is in heaven*' – the Lord's Prayer). He called his followers to be '*salt*' and '*light*' in the world.

The Church is at it's best when it works for those values. Think of the great leaders of the Church – Francis of Assisi, Lord Shaftesbury, William Wilberforce, John Wesley, William Booth, Mother Teresa to name but a few. All of them were committed to faith in God by action against appalling poverty and injustice. The Church is at its worst when it only considers its own survival.

In a pluralistic and secular society, the Church should not tell people how to vote – but encourage people to vote. Edmund Burke is wrongly attributed as saying, '*evil triumphs when good men do nothing.*' Even if he did not say it, it's a good principle when casting your vote!

Our world and our nation face great challenges. It's essential that good people lead us. Our task, as the Apostle Paul wrote, in 1 Timothy 2

'I urge, then, first of all, that petitions, prayers, intercessions and thanksgiving be made for all people – for kings and those in authority, that we may live peaceful and quiet lives in all godliness and holiness...'

He was writing about prayer for the Emperor – the persecutor of the faith! It's a reminder that no matter who is in power, we should pray for them – this is our duty. But in a democracy, we should also consider the values we wish to see promoted in our society.

David Bickersteth

Around the Parishes : Colton

Colton Parish News

Thank you to everyone who came along to the Colton Parish open meeting. It was really good to hear about plans to ensure that local people have access to fast and reliable broadband, and to learn about the exciting new project to protect and improve our area's temperate rainforest.

The open meeting was the final step in a year of consultation to enable us to produce a new community plan for the parish. We had a lively debate about striking the balance between the needs of local communities, visitors, our local economy and the impact of increasing numbers of holiday let properties. We aim to publish the plan in time for the Rusland Show, due to be held on 17th August.

Thank you for all your support. Colton Parish Council is quorate again, enabling us to get back to work! We will be using our new plan to inform decisions in our priority areas of:

- Communities, wellbeing and resilience
- The climate emergency and the environment
- Highways
- Housing and planning

Our next meeting is at 7pm on Monday 22nd July at Oxen Park Reading Room. All welcome! For more information, including agendas and minutes of previous meetings see <https://coltonparishcouncil.org.uk/>



Bouth news

Just a note that the regular Bouth Village Hall coffee mornings have finished for the summer (July and August) but we will be back in September.

It will be busy in Bouth on the 20th July, with the Colton Parish Church Coffee morning taking place in the Village Hall from 10.00am, followed by a party on the village green for Bouth residents in the late afternoon.

Colton Church Coffee Morning, Saturday 20th July,
10am - 12 noon



Due to the lack of water in Colton School Hall we are unable to hold our usual popular fete. Instead we are having a coffee morning in the newly refurbished Bouth Village Hall, when the annual raffle will be drawn. £1 to enter including coffee and biscuits. There will also be a cake stall.

Egton cum Newland

Egton with Newland, Mansriggs and Osmotherley Parish Council

Our next Parish Council meeting on Tuesday 2nd July will be at a different venue from normal and will be at **The Mill Room, Broughton Beck** at 7pm. All Parishioners welcome. **Brian Campbell** Councillor, **Egton with Newland Mansriggs and Osmotherley Parish Council**

Haverthwaite Surgery Patient Participation Group

Although the practice is now safely settled in the new site there continue to be teething problems. The most serious of these is the lack of NHS standard broadband. Openreach will not install this for a few months yet so in the meantime the surgery must manage with domestic broadband. This means that quite often it overloads and collapses.

The telephones may seem to be ringing but they cannot be heard by the staff and even if patients are at the surgery the lack of internet means appointments cannot be made. This is really frustrating for both staff and patients alike but please do remember the receptionists are doing their very best to help us and be patient with them. It appears abusive behaviour is on the rise and is not acceptable.

Covid vaccines are not available at the surgery at present and indeed may not become available so if you are due another jab please book at one of the other venues.

The medical equipment fund has recently purchased 2 wall mounted examination lights for the consulting rooms and is fund raising for more equipment. A recent Bingo Night at Spark Bridge Village Hall raised £365 and there will be a Fashion Show on June 27th and a Coffee Morning on September 14th, both at Greenodd Village Hall. Watch out for the posters and please support us.

Pat Procter

Crake Valley Friendship Club

Our next coach trip is on 17th July, leaving Greenodd at 9am. We will be calling at Country Harvest and then on to Thirsk and the World of James Herriot museum. There are spare seats on the coach which are up for grabs to non-members - please call **Anne** on **01229 861278** for information.



Save the date! MAMMA MANIA (Abba tribute) are coming to Greenodd Village Hall on Friday 27th September!

For tickets call 01229 861638

Coniston & Torver

Rainfall, Garden House, Coniston - May 2024

Total - 155.0mm (6.1 ins)

Wet days - 14

More than 1mm on 11 days

Wettest day - 22nd - 54.0mm (2.1ins)

11mm of rain fell in 14 minutes on the 19th.

20th Anniversary Celebration Day

Coniston Sports & Social Centre

Saturday 6th July from 12 noon.

Activities for all ages

Buggy Race down Guards Hill

Steel band & music all afternoon

Tug o' War, Races, Dog show, BBQ, Ice-cream, Bouncy Castle



The Big Match - Sunday 7th July

Coniston FC v. Strong FC (a charitable football club promoting Men's Mental Health) KO 1pm



Monthly Charity Quiz night – 1st Wednesday of every month, starts at 8pm, £3 per person, max 6 in a team. All monies raised go to the chosen charity each month.

Coniston Co-op

The Co-op Committee met on Tuesday 11th June. The Chair (Ken) acknowledged the work done by Jean Johnson and Anne Stoddart to improve the appearance of the shop with outside floral displays, plants supplied by Anne Butterfield, Coniston & Torver Dairy. The Deputy Chair (Phil), also manager of the tenanted properties, spoke of the progress made with repair, renovation, and restoration in the properties. The Secretary recorded thanks for the support from Phil and Rachael of Coppermines and Lakes Cottages, and Juliet of Coniston and Crake Valley News. The Manager (Viv) gave her monthly analysis of the business done in May. The Financial Manager (Fiona) reported stability in the Society's accounts. The Committee complimented members of staff for their continuing hard work and enthusiasm. The next meeting is scheduled for Thursday 11th July.

USE IT OR LOSE IT - CALL AT THE CO-OP.

Chas Sargeant, Secretary to CCS: cj.sargeant70@btinternet.com

**Coniston Co-op opening times:
Monday to Saturday 9am – 7pm
Sunday 10am – 5pm
Please support your local Co-op**

Coniston Medical Practice

Coniston Medical Practice are looking for someone to join our reception team, approximately 20 hours a week. For more information please contact **Denise** on **015394 41205** or email **denise.waring@nhs.net**

Thanks

Kathleen Gibson would like to sincerely thank all family and friends for the gifts, cards and flowers she received for her 90th birthday. Thank you all.

Coniston Local History Group - talk

15th July, 2.30pm at The Reading Room, Coniston Institute: **Dan Elsworth**, Green Lane Archaeology: Prehistoric Furness. Admission is £3; refreshments available.

Torver Schoolroom Committee

The Torver Schoolroom Committee members meet 4 times a year to discuss the management, upkeep and development of the schoolroom. The committee is looking for new members, preferably in the Torver area, who are willing to volunteer. This is a great service to the community of Torver, and helps to maintain a wonderful local community asset.

If you are interested, then please do be in contact with me on **07505 048736** – many thanks.
Revd. Brian Streeter

Coniston Methodist Church are delighted to announce a
Holiday Special Return Visit
by the ever-popular

BARROW MALE VOICE CHOIR
on

Thursday 22nd August at 7.30 pm.

Book the date and come and join us for a great evening out

Reports



Mothers' Union

Coniston Mothers' Union members enjoyed a wonderful visit on May 30th to Tottlebank Baptist Church, Colton.

After a very warm welcome we were given a fascinating illustrated talk by Carol Scott. She began with a detailed history of the English Church leading up to the formation of the Baptist Church and the different groups, sometimes only seven, who have kept it going over the last 350 years.

We then had a tour of the graveyard looking at various graves including small children, and a visit to the original Privy which caused much interest and memories, due to the two being at different heights!

It was back inside to visit the immaculate chapel, so simple and peaceful with the box pews rising up to the windows showing the green of the hillside. This was followed by tea, cake and scones and plenty of discussion.

The next meeting is a trip to St Bees on June 19th to visit the Carlisle Diocese Caravan and includes a tour of the Priory. All welcome at our meetings and outings: contact **Kay: 015394 41559**.

Kay

Egton WI

For our June meeting we were entertained by three wonderful ladies from "Harps North West", namely Gill, Gill and Rosemary. What a wonderful evening we had. They played their three harps for us for over an hour interspersed with interesting snippets about the history and manufacture of harps, about the music they were playing and about their club and it's objectives. What a treat we had and we all found it very relaxing and impressive! Did you know that in 2000 the then Prince of Wales brought back the idea of having an official royal harpist, there not having been one in situ since 1871 when John Thomas was granted the role by Queen Victoria? As the harp is an important national instrument in Wales the position has to go to a Welsh person and since 2000 they have all been women, say no more, ha! At present it is 29year old Alison Huws.

Back to business we went on to discuss our forthcoming walk with hopefully a trip to Piel Island via the ferry (weather permitting), our croquet evening and of course our tea party on Saturday 6th July. Ticket sales are going well but there are still some available as I write so please feel free to contact *Gill* on **07519 144799** if you would like any. It is £10pp and starts promptly at 2pm in Greenodd Village Hall.

Matthew Cookson from South Walney Nature Reserve is our speaker on Tuesday 9th July so do join us if you so wish.

Voluntary Car Scheme – Westmorland and Furness Council

We are in need of additional drivers. Would you be someone who could occasionally drive someone to a hospital or GP appointment, railway station, shopping or social event? If you would like to know more about voluntary driving (petrol costs are reimbursed) I would be happy to have a chat.

Marguerite Calvert 01229 885498



Hawkshead Wind Band

Hawkshead Wind Band is a small Lake District band based at Hawkshead Market Hall. We are currently inviting wind players both brass and woodwind to join us. We welcome, and can accommodate, any standard of player from relative beginners to experienced players and meet every Friday evening at 7pm at the Lower Market Hall in Hawkshead.



If you are interested in joining us please contact **Graham Kilner** on **015394 36622** for a chat. Please don't just turn up at a practice because we will need to prepare music for you depending on your playing standard prior to your joining us. We are a friendly social group and are keen to expand our numbers.

Thank you, **Graham Kilner**

BRANTWOOD NEWS AND VIEWS



Our Blue Gallery exhibition of plein air paintings in water-based media by Frances Hatch ARWS entitled 'Of Truth and Water' continues until 14th July. This will be followed by a dedicated exhibition on Ruskin and Shells. In the Severn Studio 'Wisteria in Bloom', an exhibition celebrating Brantwood's Wisteria Collection continues until 21st July. This will be followed by 'Pull My Thread – Textiles for a Cool Planet' by Blue Patch. Blue Patch is the UK's sustainable directory and a community for small businesses. By investing 100% of its surplus revenue in renewable energy Blue Patch is also helping tackle climate change and is a non-profit organisation. bluepatch.org. Pull My Thread gathers together textile designers, crafters, artists and inventors to explore the fabrics we surround ourselves with and how we might protect ecology. On display from 27th July until 22nd September.

OUR OUTDOOR THEATRE IS BACK! Illyria return with a performance of Romeo and Juliet on Tuesday 16th July at 6.30pm. Running time (approx): 140-minutes (including a 20-minute interval). Suitable for all ages. Gates open 5.30pm. Held in Brantwood's lakeside meadow. Please bring seating/rug. Tickets: Ad £18.00; Students £10.00; Children (4-16) £10.00 (under 4s free). Well-behaved dogs on leads are permitted. Venue is NOT wheelchair accessible. Box office: <https://www.ticketsource.co.uk/illyria/t-gaeqkez>

Coniston Launch will be running a special service to and from the performance. Leaving Coniston boatlandings at 6pm (please arrive at 5.45pm) and returning after the performance. To book, go to www.conistonlaunch.co.uk, then click on book now then click on Brantwood Theatre. Alternatively info@conferry.co.uk phone number **017687 75327**.

Wild Wednesdays will be back during the Summer holidays from 24th July throughout August. Join us every Wednesday this Summer for a day of nature-filled fun! From 10.30am to 3.30pm, Brantwood will host a range of activities for children (4yrs +) and adults alike. Sketch, weave, print, dip, storytelling and more! £3 per child. Full booking details on our website. If you would like to volunteer in assisting our workshops and helping our education team, we would love to hear from you. (Subject to necessary checks).

For full details of all our exhibitions and events, please visit our website www.brantwood.org.uk. Box office: enquiries@brantwood.org.uk or call **015394 41396**.

ROOKHOW NEWS

Quaker Meetings in the Rusland Valley

Join us for some peace and silence reflection in the beautiful Grade II* listed historic Meeting House. Quaker Meetings are held at Rookhow on the 1st Wednesday of every month 7.30-8pm and on the 1st and 3rd Fridays 12.30-1pm when it's Open Days. All welcome, especially local people. Just turn up.

Quiet Day at Rookhow- Monday 8th July 10am-4pm

There will be a Quiet Day at Rookhow on Monday 8th July 10am-4pm on 'Experiment with Light' a Quaker way of meditation. You don't have to be a Quaker to join! All are welcome. The event is free but people are invited to make a donation to Rookhow.

Bunkbarn available for local groups

If you would be interested in hiring the Bunkbarn, please get in touch and we would be happy to show you around on a 1st or 3rd Friday 10am-4pm. Website: rookhow.org.uk

For more details, email: **Sue Nicholls**, Rookhow Development Manager.

Email: **contactrookhow@gmail.com** Tel. **07377 971783**

Website: **rookhow.org.uk**

Green Sparks July 2024

Whoever you are planning to vote for, do you know their position on tackling climate change? To help voters ask probing questions **Cumbria Action for Sustainability** has published **6 Climate Friendly Policies** to look out for focussing on:

- Renewable energy
- Energy efficient buildings
- Sustainable transport
- Sustainable agriculture and land use
- Consumption and waste emissions reductions
- Climate education and public awareness

Cumbria Wildlife events in July include **Nature Tots** at Foulshaw Moss Tuesday 2nd July 10am-11.30 am; or you can enjoy watching the recently hatched **osprey chicks** on their webcam see: <https://www.cumbriawildlifetrust.org.uk/wildlife/cams/osprey-cam>

National Meadows Day on 6th July is organised by **Plantlife UK** see <https://www.plantlife.org.uk/events/national-meadows-day-2024/> A great follow up to no mow May. There's also lots of useful information about nature friendly gardening see: <https://www.plantlife.org.uk/campaigns/nomowmay/>

Plantlife also runs a citizen science project monitoring plant species, habitats and ecosystems. You don't need to be an expert to join in! See: <https://www.plantlife.org.uk/our-work/npms-national-plant-monitoring-scheme/>

Friends of the Lake District has a series of events to inspire you or enable you to get your hands dirty with practical conservation work, including Bees, Wasps and Pollinator ID training **15th July** 10am-2pm Selside, Kendal see: <https://www.friendsofthelakedistrict.org.uk/Pages/Events/>

Carer Support South Lakes (CSSL) is an independent local charity, based in Kendal. It provides a range of services to support and enhance the lives of unpaid Carers of all ages throughout South Lakeland.

There are over 13,000 unpaid Carers in the South Lakes alone, ranging in age from 5 to 98 - Adult Carers, Parent Carers and Young Carers. Initially, most don't think of themselves as Carers, because they are looking after someone they love and when you love someone it is natural to want to care for them. You may even be one yourself.

However, over a period of time and depending on the nature of the caring responsibilities, the role can become increasingly difficult to manage. Many Carers give up their income, education, employment prospects or pension rights to continue looking after someone. Others attempt to juggle work, school or other commitments alongside their caring responsibilities. As various pressures increase, this can lead to feelings of loneliness, isolation, frustration, poor physical and mental health.

CSSL are here to help manage the impact of caring on the lives of unpaid Carers. We are the Carer's Carer. There are a range of services available to help local Carers and we will assist you to access helpful information relevant to your caring role as well as emotional support, financial support, advocacy and opportunities to take a break. We understand the pressures that Carers are under and seek to walk alongside them during the most demanding of times.

As a charity we couldn't function without the help of volunteers. We have a range of roles available from our Telephone service, Sitting Service, Gardening, Fundraising or helping at Support Groups for Carers. Just ½ hour a month could make an incredible difference!

If you are an unpaid Carer and not yet registered with us, please don't hesitate to get in touch. If you know someone who might be an unpaid Carer, please tell them about us. If you're not an unpaid Carer but want to support those who are, you could help us by volunteering a few hours of your time each month.

You will find us at The Carers Hub, Beezon Annexe, Beezon Road, Kendal, LA9 6EL or call us on **01539 815970**.

We'd love to hear from you.

Some Torver History

Excerpts from notes written by Anthony Kingston, 1939 - 2024

Mr Kingston was brought to the safety of Torver from Ealing during the Blitz - he was about 4 years of age and his father's sister, Elsie Ransome, lived at Emlin Hall.

“Opposite Emlin Hall was a white bungalow owned by Billy and Amy Barr who were friends of Elsie and offered rooms for my mother and myself.

“The property owned a small petrol garage with a hand operated pump. One full turn of the hand pump delivered half a gallon of petrol. I believe the petrol pump was only open for a few days per week as Billy Barr used to drive a lorry to Broughton Moor slate quarry on the other days and he would pick up the other workers on route.

When I became five years old it was time to become a schoolboy. Mum took me down to the station each morning where I waited, with a few other children, for the delightful small steam engine to come along. The driver always gave us a wave as he drew to a stop. The journey took 10 minutes to the station at the end of the line. I can remember my first lesson at the school, it took place in a small circular building, surrounded by a nice garden with trees overhanging. I have been back to Coniston and the building still exists, though no longer a school.

Mum would be waiting with the bicycle at Torver station for the uphill journey back home. We would often stop at a lovely sweet shop called Mrs Prickett's; the shop was converted from an old cottage building with a lovely iron swing door into the entrance area. That cottage still exists right next to the road.

My uncle Oswald Ransome owned a large field across the road, in which there was a large hen-house from which groups of hens would run down wooden ramps to reach the grassy field.

After the War Amy and Billy Barr moved down into Torver village into a small cottage. One exciting day Billy took me in his lorry to show me Broughton Moor Quarry where he worked. One impressive sight was an extremely long moving metal cable that went around and into most of the sheds. This was the power supply for the various grinding and cutting machines which were in use in the quarry. Around the site various men could be seen, breaking through the smaller rocks of slate and turning them into roof tiles”.

By kind permission of Nicola Kingston (Anthony's daughter)



STOCKMAN & YOUNG STOCKMAN OF THE YEAR 2024

Cumbrian Young Farmers from all over the county competed in the Cumbria YFC County Final of the Stockman and Young Stockman of the Year competition on Monday 10th June. The competition was kindly hosted by Penrith and District Farmers Auction Mart and was well attended with 51 young farmers taking part in the competition.

Competitors showed their skill and expertise by placing and giving reasons on 4 dairy cows, 4 butchers' cattle, 4 breeding ewes and 4 butchers' lambs. They also completed an excellent animal health questionnaire compiled by the Paragon Veterinary Group.



The Ian Graham Rose Bowl for the senior member gaining the most points in the Stockman of the Year competition was presented by Cumbria YFC President John Garnett and won by Ellie Naylor of Drigg YFC. Joint second place went to Ellie Fisher (Penrith YFC), Joanne Ridley (Caldbeck YFC) and Will Rogerson (Eden Valley YFC).

Louise Nelson of Lowick YFC (pictured) won the Bronwyn Chester Trophy for Young Stockman of the Year with Amy from Skelton YFC placed second and Drigg YFC's Billy Sibbald taking third place. Lewis Elliott of Skelton YFC was placed fourth.

The Harrison and Hetherington Trophy for the team with the most points was won by Drigg YFC. Lowick YFC were placed second, Penrith YFC third and Wigton YFC were placed fourth.

The evening was a great success with Chief Steward Julie Bowker ensuring that the night ran smoothly and to time. Thank you to Judges John Harrison, Chris Bell, Paul Bouch, Charles Geldard, Michael Wilson, Kathleen Twentyman, Richard Gardiner and Johnnie Aiken. Also, to the stewards John Garnett, Catherine Armstrong, Stephen Park, John Waller, Robbie Tuer, Hannah Sowerby, Ella Batey, Frank Gate, Ken Gibson, Sarah Nicol and Scorers Graham Holliday and Stacey Creighton. Thanks must also go to Ellen Elliott for sourcing the stock and to all the stock suppliers for their kindness in supplying stock for the evening. Food on the night was provided courtesy of Katie Edgar at The Gavel.

The top 12 in both the junior and senior competitions will now go forward to represent Cumbria at the Northern Area Stockman of the Year and Young Stockman of the Year competition hosted by the Isle of Man YFC on the 29th June at Central Mart, Patrick, Isle of Man.

YFC SOUTHERN DISTRICT FIELD DAY

Southern District young farmers and their supporters gathered to enjoy a fantastic day of fun and competitions on Saturday 18th May at their annual Field Day, organised by Lowick YFC and held at Nettleslack, Broughton Beck by kind permission of the Longmire family. It was a day of friendly rivalry and a chance for young farmers past and present to catch up and enjoy the sunshine.

With a raft of fairy tale themed competitions to take part in on the day there was something for everyone, including the Jack and the Beanstalk Challenge with Pennine YFC's Ian Wells growing the tallest plant from seeds given at the Pre-Field Day Hand In. The Lakeland Dialect competition, to produce a piece entitled "A Favourite Fairytale - told in dialect" was won by Melissa Gorst from Crook YFC.

As always, the cookery competitions gave the young farmers the opportunity to showcase their skills under pressure with Tom Nelson of Kent Estuary YFC taking a well-deserved 1st place in the Boys' Cookery and Grayrigg YFC's Lucy Gibson, Connie Guy and Katie also placed 1st for their creative Meal for a Seasonal Event.

Chloe Capstick from Broughton YFC showed speed and skill taking 1st place in the girls Open Change Unit Liners competition and Grayrigg YFC's Aidan and John Handley, Matthew King and Harry Harper took 1st in the Farm Safety Competition. Furness YFC's Alex and Luke showed great speed in the Junior Wheelbarrow Handling competition and Lowick YFC's Alfie and Bradley showed superb teamwork in the Junior Change a Bike Tyre competition. The Arm Wrestling proved a big draw on the day with Liusaidh McMaster from Broughton YFC and Ben Thompson from Lowick YFC placed 1st in the Ladies and Men's competitions respectively, and Carrie Tyson's creativity was rewarded with first place for host club Lowick YFC's Scrap Book.

Alice Woodburn, the Field Day Chair commented "Field Day was a fantastic day of competitions, giving the opportunity for Young Farmers to not only show off their skills but have fun too.

The event was very well attended by past, present and future members, as well as many supporters and members of the community, being a great social event for people to catch up.

Thank you to all the businesses, judges and stewards who supported the event, especially to the hosts of the different competitions. It was great to be able to host the Field Day on our family farm.

I have been a member of Lowick YFC since I was 12, so I was incredibly proud of the club and all its members who not only put a lot of time and effort into host, but worked hard to win the Field Day too, which is only the second time we have done so in the club's history."

At the end of an exciting and hard-fought Field Day, host club Lowick YFC were delighted to be placed first. The last time that club won the Cock of the North Shield was in 2014 when the club last hosted the Field Day, so taking the top place was a fantastic result for all the members who had worked so hard to put on an amazing Field Day.

The overall results were as follows:

1st – Lowick (9647), 2nd – Grayrigg (9202), 3rd – Broughton (8953), 4th – Kent Estuary (8744), 5th – Crook (8528), 6th – Pennine (8178), 7th – Sedbergh (8110), 8th – Eden Valley (8006), 9th – Furness (7980), 10th – Cartmel (6250)



Trophies were awarded as follows:

Cock of the North Shield - Overall Winners: Lowick

Lowick's trophy wins included:

Haesler Trophy – Co-operatives

George Whitfield Trophy – Junior Stock judging

Farming in the North – Girls Stock judging: Lowick

Paul's Agricultural Perpetual Trophy – Dairy Stock judging

Rusland Stock judging Shield – Stock judging

Mrs Galbraith Cup – Display

Mr & Mrs Armitage Plate - Sheep Shearing

John Taylor Cup - Stock & Carcase Judging

Eden Farm Supplies Trophy – Machinery Handling

And as well as their overall third place Broughton won The Cheese Company Trophy for the Club Showing the Greatest Improvement.

As the Field Day drew to a close, the young farmers took a well- earned break for a couple of hours before attending the night- time dance, to celebrate the end of a fantastic day.

A THOUGHT FOR THE MONTH by Rev. David Gregg JULY 4TH : THE GENERAL ELECTION

60 years ago, the 1964 General Election was the first for which I was able to watch the results on BBC-TV, throughout a very long night. In the early hours it became apparent that Harold Wilson was shaping up to win for Labour, and the broadcast went over to Smithfield Market, where a very toffee-nosed reporter was interviewing the early morning meat-porters. He said to one, in an impeccable Oxford accent, "And to what do you attribute Mr. Wilson's apparent success in this election?" "Yus – well," came the cockney reply. "Prob'ly cos more people voted for `im, weren't it?" "Er, yes, I suppose so," said the interviewer. "And what will this mean for you in the next few years?" "Git older, wun I?" came the reply. Back to the studio – in haste!

Well! Here we go again. A General Election, (on “Independence Day!”) In this life’s overarching conflict between good and evil, we have to regard Nationhood, along with family life, local community, the Sabbath rest etc. as gifts of God’s Common Grace for all of humankind. Our own National characteristics of fairness, justice, tolerance, freedom of speech, religion and social mobility, have led us to a basic *bedrock* that provides stability, law and order and effective defence of the realm. That *bedrock* is a Parliamentary Democracy headed up by a hereditary Constitutional Monarchy, a system that needs much more prominence in the political debate than it seems to get! There is plenty of implicit reference to it, particularly “the Crown” and, of course “The United Kingdom” etc. but issues like our broken and defective electoral system, with its “first-past-the-post” principle (which engenders *confrontation* rather than *co-operation*, and is manifestly unfair.) get very minimal attention.

The Devil has two chief weapons to undermine God’s gift – ANARCHY (described at the end of the book of Judges as “In those days there was no king in Israel: all the people did what was right in their own eyes.”) and TOTALITARIANISM. (At home we used to name our male cats after Roman Emperors, on the grounds that, like them, cats had two main attitudes – one, that the whole universe existed for their personal benefit, and two, that they were answerable to nobody!)

Our National solution to these has been to prevent Anarchy by consecrating a *Head of State* (the “Monarch”) to provide historic continuity, political neutrality and complete independence from temporary secular leaders, and to elect Parliamentary representatives, led by a *Head of Government*, to effect the day-to-day rule of the nation democratically.

I realize I’ve mentioned this before, but this distinction is very aptly illustrated by an American Student in the 1980’s who said to me, “Can’t understand why you folks go on havin’ a monarch in this country.” My reply to him was, “It’s so that we never have to put the word ‘President’ and the word ‘Thatcher’ into the same sentence!” “Ah! Gotcha! Gotcha!” he said feelingly. (In all fairness I ought to say he would have got a similarly caustic reply over the possibility of “*President Churchill*” or “*President Blair*” etc!) It does seem to me that a system that necessitates the *Head of Government* (the *King’s* Prime Minister!) to defer and answer to the *Head of State* (embodying the cohesion of the Nation as “fellow subjects” rather than “citizens”) is a very real blessing.

Christians should respond to all this in two main ways. Jesus said “Render to Caesar (i.e. the Head of State) the things that are Caesar’s, and to God the things that are God’s.” and the Apostle Paul ordains Prayer for “kings and all who are in high positions, so that we may lead a quiet and peaceable life”. (1 Timothy ch. 2:v.2) Elsewhere we are told that the powers that be are ordained by God. This seems to imply that we should *participate* in the affairs of state, at least to the point where we exercise our responsibility to vote at every opportunity. And we should also be *praying* for all those concerned, not least His Majesty the King.

Parish Prayer Diary July 2024

1st: Pray for recently ordained Deacons and Priests as they begin to serve in their assigned Mission Community across the Diocese.

2nd: Pray for the peacemakers in our families, our communities, our nation, and those working for peace and stability across the world.

3rd: Pray for today's Benefice Staff team meeting.

4th: Pray for our nation as the country participates in today's General Election.

5th: Pray for bereaved parents who have lost a child of any age, and through any circumstance.

6th: Pray for Summer Celebration Day at Coniston Sports & Social Centre today.

7th: Sunday, the first day of the week: Pray God may enable us to discern Him in all that we see and that refreshed and sustained by His presence and grace we may serve Him in all that we do.

8th: Pray for children in their final days of primary school preparing to begin secondary school in the new academic year.

9th: Pray for those trying to reduce alcohol consumption that is harming their health and wellbeing.

10th: Pray for Christians in Nigeria, for protection from attack for owning Jesus as Lord. Pray especially for leaders who face enormous pressures and dangers.

11th: Pray for all who live or work in the hamlet of Arrad Foot.

12th: Pray for Pharmacists working in hospital or community settings.

13th: Pray for The Children's Trust charity supporting children with acquired brain injury, and their families

14th: Sunday, the first day of the week: Although our faith is small as mustard seed, pray our gracious God will use it to His glory and the growing of His kingdom, within us and our communities

15th: On World Youth Skills Day, pray for our young people, especially for those learning and developing skills within our local farming communities.

16th: Pray for those living in residential and supported housing.

17th: Pray for local nurseries and childminders.

18th: Pray for pupils, teaching and support staff as schools close this week for the summer holidays.

19th: Pray for our local Parish Councillors.

20th: Pray for today's Colton Church Coffee Morning.

21st: Sunday, the first day of the week: Ponder anew the graciousness of God giving up his Son out of love for the world.

22nd: Pray for the Mothers Union at home and abroad promoting favourable conditions in society for stable family life and helping families who have met with adversity.

23rd: Pray for the Voluntary Social Car Scheme and the drivers who offer their time for this valued service.

24th: Pray for The Samaritans charity: the wellbeing of volunteers who man the phones and for adequate funding to keep the free talk lines operating day and night (116 123).

25th: Pray the National Schizophrenia awareness day will challenge the stigma and discrimination surrounding this misunderstood illness.

26th: Pray for Church Mission Society (CMS), equipping Christians to share the love of Jesus in their communities and overseas.

27th: Pray for The Children's Society providing specialist support that empowers young people to make positive changes and rediscover their hope.

28th: Sunday, the first day of the week: Pray the Holy Spirit who is the life and light of the Church will open our hearts to riches of His grace that we may bring forth the fruit of the Spirit in love and joy and peace.

29th: Pray the Scripture Union holiday clubs taking place this summer will be the start of the faith journey for many young people.

30th: Pray for all agencies working to stop the trafficking of people.

31st: Pray for charities enabling the world's poorest people have access to clean, safe water and sanitation.

Readings for July 2024

7 th	Micah 6.1 - 8	Mark 6.1 - 13
14 th	Nahum 2.1 - 13	Mark 6.14 - 29
21 st	Zephaniah 1.1 - 6, 14 - 18	Mark 6.30 - 34, 53 - 56
28 th	Habakkuk 3.1-19a	John 6.1 - 21

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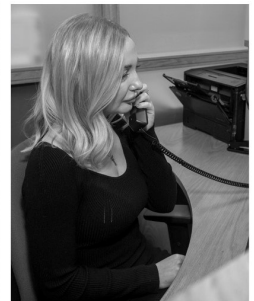
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Monday	Basketball, 7 - 8pm	Coniston S & S Centre
Monday	Short Mat Indoor Bowling, 7 - 9pm, no experience needed	Greenodd Village Hall
2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Tuesday	Coniston CAMEO 2 - 4pm	Coniston Institute
Tuesday	Youth Club age 11 & over 7 - 9pm	Coniston S & S Centre
Wednesday	Parent and Toddler Group 9.30 - 11.30am (term time only)	Coniston S & S Centre
Wednesday	Beginners Pilates, 4.30pm	Greenodd Village Hall
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Community Lunch, 1pm sharp, £7.50	Farmers Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am £5 (term time only) or just come for lunch at 12 noon.	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
Thursday	Zumba 6.30pm with Valentyna	Coniston Primary School
Thursday	Netball Skills 6.30 - 7.30pm	Coniston S & S Centre
2 nd Tuesday	Egton WI, 7.30pm	Greenodd Village Hall
2 nd Tuesday	Ulverston Repair Café 6.30-8.30pm	Croftlands Community Centre
3 rd Tuesday	Coniston WI, 7.30pm,	Coniston Institute
1 st Wednesday	Charity Quiz, 8pm, £3 per person	Coniston S & S Centre
2 nd Wednesday	Bouth WI, 7.30pm	Bouth Village Hall
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
3 rd Wednesday	Coffee Morning 10.30am - 12.30pm	Bouth Village Hall

What's On Guide - July

2 nd	ENMO Parish Council meeting, 7pm	Mill Room, Broughton Beck
5 th	Duck Race 1.30pm	Coniston Primary School
6 th	Egton WI Tea Party, 2pm see page 10	Greenodd Village Hall
6 th	Celebration Family Fun Day see page 8	Coniston S&S Centre
8 th	Rookhow Quiet Day 10am - 4pm	Rookhow
15 th	Local History Society talk - Prehistoric Furness, 2.30pm	Coniston Institute Reading Room
16 th	Outdoor Theatre: Romeo & Juliet, see page 11	Brantwood
17 th	Crake Valley Friendship Club outing to Thirsk	Greenodd VH
19 th	Coniston Primary leavers' service	St Andrews, Coniston
20 th	Colton Church Coffee Morning 10am	Bouth Village Hall
20 th	Bouth residents' party on the green	Bouth
21 st	Coniston Country Fair	Coniston Hall
22 nd	Colton Parish Council meeting, 7pm	Oxen Park Reading Room
24 th	Wild Wednesday see page 11	Brantwood
26 th	Coun. Suzanne Pender drop in surgeries 10am Herdwicks, 11.30am Undercrag Torver	
31 st	Ulverston & North Lonsdale Show	Lindal Cote Farm

SAVE THE DATE: summer events not to miss!

August 11th - Spark Bridge Duck Race - 2pm

August 17th - Rusland Show

August 18th - Lakeland Country Fair

August 20th - Hawkshead Show

September 7th - Lowick Show

Wildflower Plug Planting at Boon Crag this August and September

We need your help to restore the wildflower hay meadows at Boon Crag this summer!

Since the 1930's, we have lost 97% of our wildflower meadows in Britain and now it only covers 1% of the land. Species rich grasslands, like hay meadows, are important for many reasons. To name a few of their ecosystem services; these habitats help increase pollination, improve soil health, act as natural flood defenses, improve animal health and provide nutritious food.

Cumbria Wildlife Trust and the National Trust are working together to restore traditional hay meadows to three of the fields at Coniston and the more helping hands we can get, the better.

Activity: Wildflower Plug Planting

Location: Boon Crag, Coniston.

Date: 14th August: Boon Crag 1
20th August: Boon Crag 3
12th September: Boon Crag 2
13th September: Boon Crag 2

w3w:///date.native.plums
w3w:///engineers.peachy.blatantly
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Time: 10am - 3:30pm

Parking: Parcel 1: Monk Coniston Car Park: w3w:///ethic.bunk.slept
Parcel 2 & 3: Monk Coniston Car Park or a car park in Coniston

What to bring: Warm waterproof clothing and sturdy boots. Sun hat and suncream - weather depending. Packed lunch and drinks. Recommend bringing a warm flask, your own working gloves and spade if you have them but they will be provided.

We hope to see you there.





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SATURDAY 17th AUGUST 2024

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- Fell Races, Track Races, Hound Trails – **Cash Prizes**
- Children's Competitions: Pet Show (Pet and owner look-alike), Fancy Dress (Something beginning with A), Obstacle Course, Children's Races
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