

UNIVERSITY OF SIOUX FALLS

MAGAZINE | FALL 2022



Track & Field

HEART OF A REBRAND

People of Impact



Hello & Welcome

Greetings USF Community:

We have had an exciting start to the 2022 academic year, celebrating our 139th year with a visual rebrand and welcoming a first-time, full-time freshmen class just one student less than the all-time record for the University. Additionally, the University's overall enrollment ranked second all-time with campus residence halls at near capacity, housing just under 600 students choosing to live and learn on the USF campus.

While we continue to pursue our own unique form of adaptation to the changing landscape of higher education, we remain steadfastly committed to our roots. As we embarked upon the considerable work and implementation of a refreshed visual rebrand and positioning statement, it became quickly apparent that the mission and vision that has served us well over many years required no adjustment. To this end, *we remain fully committed to fostering academic excellence and the development of mature Christian persons for service to God and humankind in the world.*

The refreshed logo and positioning statement, The Difference is Here, was deemed representative of both the rich traditions of our 139-year history, but also our collective awareness of challenges on the horizon and the ability to seize the moment by being an industry leader for innovative change. Throughout the visual rebrand process, approximately 400 hundred pages of survey responses from students, faculty, alumni, trustees and prospective USF families were thoroughly reviewed. While many important pieces of information from the survey effort informed the process, one common theme consistently emerged from every stakeholder group. Simply stated, that theme was: "There's just something different about USF!"

I hope you will take the time to read more about our new logo in this fall issue of the USF Magazine. It conveys the message of a bright future full of possibilities for our University. Our dedicated faculty and staff are honored to serve the extraordinary students at USF that represent the future of our communities, states, nation and the world. And, our alumni represent important ambassadors for USF, demonstrating how generations of our graduates indeed serve God and humankind in profound ways. Within these pages you will find real stories demonstrating that The Difference is Here as seen through the eyes and testimonials of alumni, students and staff making a difference in their communities and the world. Best wishes for an enjoyable fall season.

Sincerely,

Dr. Brett Bradfield
President, University of Sioux Falls

C O N T E N T S

3

CAMPUS UPDATES

Catch up on the latest campus news such as new athletic programs, campus dining updates and a grant helping celebrate first-generation students.

4

DONOR SPOTLIGHT—DICK AND SHIRLEY BARCUS

Dick and Shirley Barcus share a special connection with USF. Read about why this couple is invested in USF.

5

PEOPLE OF IMPACT

Take an in-depth look at how six USF community members are using their lives to make an impact on the world.

+ TAMIEN DYSART

+ MICHELLE DEHOOGH-KLIEWER

+ SAM MARTIN

11

THE HEART OF A REBRAND

The new logo is making a splash. Read about how this modern reflection also represents a steadfast mission and identity that has grounded the institution for 139 years.

15

PEOPLE OF IMPACT (CONTINUED)

+ SAHARO IBRAHIM

+ DR. VICTOR LARSEN

+ MISTEN LANGENFELD

21

ON THE RIGHT TRACK

The Track & Field team is a space where student-athletes develop their athletic abilities, academic minds and character.

24

CLASS NOTES

Celebrate births and marriages of fellow Cougars and honor those who have passed.

25

COUGAR DAYS 2022

The COOmmunity came together to celebrate Cougar Days homecoming with a variety of events from the Alumni Achievement Awards to the annual tailgate.

TAKE OUR READER'S SURVEY: [USIOXFALLS.EDU/MAGSURVEY](https://usioxford.edu/magsurvey)



CAMPUS UPDATES



DINING EXPERIENCE

With food being a central aspect of the college experience, USF has taken bold steps towards improving the dining experience for students. This fall USF began a new partnership with Aladdin Campus Dining. Students have access to chef-crafted stations such as homestyle comfort foods, freshly made pizza and pasta, burgers, a salad bar and international cuisine. The culinary team provides a variety of healthy food choices and allergy-aware stations for those with food restrictions. Dining hours have expanded for students with busy schedules, and a new feature even allows students to order a drink from the campus coffee shop on their phone and simply pick it up on the way to class.

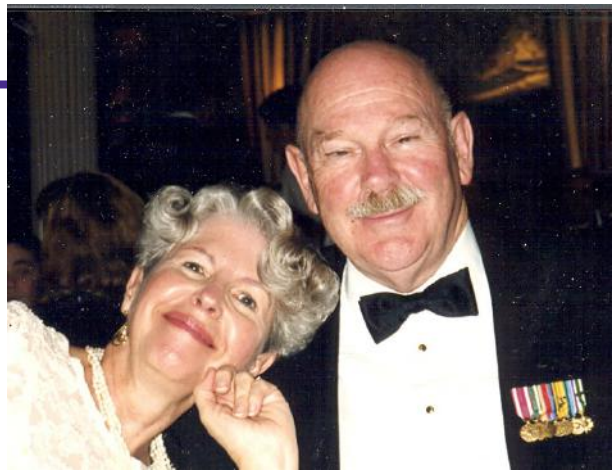
NEW! WRESTLING PROGRAMS

USF is excited to announce the addition of Men's and Women's Wrestling as the 18th and 19th sports teams at the University. USF competes in NCAA Division II Athletics in the Northern Sun Intercollegiate Conference (NSIC). Because the NCAA currently categorizes Women's Wrestling as an NCAA Emerging Sport, USF will be exploring all options in regards to conference affiliation as the landscape continues to evolve. The USF's Men's Wrestling team will be competing in the NSIC, which currently has nine charter members and one affiliate member competing. Competition begins in the fall of 2023.



FIRST-GENERATION GRANT

First-generation students are finding extra support at USF with a newly formed First-Gen organization on campus. First-Gen coordinator Diana Rivera recently applied for a \$500 grant for the on-campus organization. USF was one of a select few schools to receive the 2022 First-Generation College Celebration Grant Opportunity. The grant was used for a celebration on November 8 to raise awareness and build community for first-generation students.



D O N O R

Spotlight

Dick & Shirley Barcus

For Dick and Shirley Barcus, their connection to USF always seems to come back to the choir. They first met when Dick sang with the Sioux Falls College choir in Shirley's hometown church in Alliance, NE. Shirley eventually joined Dick at SFC and sang together as the choir traveled around the Midwest singing in churches.

"I always loved singing in the choir at Sioux Falls College," says Dick, who doubled as the captain of the SFC football team. Shirley sang in the choir and was a soprano in a trio of women who traveled around the local area.

After graduation and attending seminary, Dick traded in his football captain duties, joined the Navy in 1960, became a chaplain and eventually rose to the rank of Captain which he retired as in 1990. Dick and Shirley led a typical military lifestyle moving from coast to coast and all over the world as they raised their two sons, Scott and Steve. Dick spent 13 months in Vietnam where he participated in 23 combat missions.

After retiring from the military, Captain Barcus

joined the SFC Board of Trustees. "My first vote as a Trustee was to rename the school 'University of Sioux Falls' and my last vote as Trustee was to confirm current President Brett Bradfield into office."

Now living in Virginia Beach, VA, they never miss listening to a Cougar football game on Saturdays and are great supporters of Cougar Athletics, but their shared love for choral music has led to their consistent investment in the USF Concert Chorale. "We are so impressed with the choir under the leadership of DK (Dr. Dave DeHoogh-Kliewer)," Shirley says.

The 2017 USF Concert Chorale Christmas Special on South Dakota Public Television was inspired by a conversation with Dick and Shirley and their generous support made the production possible along with their support for the choir's regular European and domestic tours.

Moving forward, Dick and Shirley both agree they "just wish for more and more success for the choir," as they believe it provides a great platform for the entire University. ■



EQUIPPING OTHERS FOR MORE

A L U M N I S P O T L I G H T F E A T U R I N G

T A M I E N D Y S A R T ' 1 0

"Almost everyone knows that better is possible, they most often simply don't have the tools or pathways to get there," says Tamien Dysart, CEO & co-founder of Think 3D Solutions.

Dysart's life mission is to equip individuals, workplaces and communities with tangible tools to step into the next level of potential. Think 3D Solutions gives structure to this exact mission.

With over 15 years of experience leading teams at Fortune 500 companies, Dysart and long-time friend Vaney Hariri formed Think 3D Solutions to increase value in workplaces and community cultures.

"Our core saying at Think 3D is a culture will emerge whether intended or not, but if it is not one that we invest in, it will be one that we pay for," Dysart says. "An intentional investment into workplace cultures helps to make better humans. Better humans foster better home environments, and better home environments fuel better communities in which we all live and engage in."

Leaders of Tomorrow is another avenue in which Dysart is serving the community. With a world full of problems and opinions the program aims to build up leaders who are strong, empathetic and can solve complex issues while bringing people together. The 12-

week program focuses on skills, relationships and confidence.

The program has over 350 graduates and a multiplication factor has begun to take effect. Individuals who have gone through the program are making impacts in their communities and creating leaders behind them.

"We knew that the need for mentors and leaders, especially those of color and underserved communities, currently has a huge gap," Dysart says. "One of the biggest barriers is access to programs and development on this level as many cannot afford to get into certain programs like this if they don't work for employers who will pay for it. We set out to seek the funds from community partners and grants to make this zero cost to the participants which has allowed us to greatly increase the diversity coming through the program and allow participants to step into key roles within our community."

Dysart's work to equip others to find fuller potential is expanding beyond the reach of the Sioux Falls community as Think 3D prepares to launch online training and development content—Think 3D University. In addition, he has a book coming out this fall titled "Elevate: Elevate Your Thinking - Elevate Your Life". ■



SUPPORTING STUDENTS

EMPLOYEE SPOTLIGHT FEATURING

MICHELLE DEHOOGH-KLIEWER

As you walk into Michelle DeHoogh-Kliewer's office you will be greeted by two comfy chairs, bright sunshine flowing through the large windows and a cozy aesthetic from well-placed plants and décor. The space is calming and a place where countless students have entered to share with DeHoogh-Kliewer their burdens and struggles through USF's free counseling program. DeHoogh-Kliewer is a kind and encouraging support system with years of experience in professional counseling. Her expertise and compassion serve the growing need for mental health support on campus well.

"As I begin my 16th year at USF, I continue to believe in our focus on the holistic development of our students," DeHoogh-Kliewer says. "I appreciate our mission's recognition of the importance of 'fostering the development of emotional maturity, physical wellbeing, interpersonal skills and values which reflect the character and teaching of Christ in our students, in addition to academic excellence.'"

A recent survey found that over 90% of college students report struggling with their mental health as a result of the pandemic. Students' ability to succeed in the classroom is directly being affected by anxiety, depression and relationship issues. The staggering statistics point to a great need for intentional care for student mental health.

"This combination of factors can become overwhelming and lead to significant distress and even thoughts of suicide," DeHoogh-Kliewer says. "I'm grateful for the opportunity to walk alongside our students, sharing sacred moments as they navigate this journey."

Counseling can help students manage their stress and develop the resiliency needed to meet the challenges experienced in college. With a growing need and demand for mental health support services, DeHoogh-Kliewer has worked to open even more opportunities for students to care for mental health. The Avera Student Assistance Program (ASAP) is a new benefit providing additional counseling service options to all full and part-time undergraduate and graduate USF students.

"To me, our motto Culture for Service is a reminder that I'm called to live a life of compassionate service to others," DeHoogh-Kliewer says. "At USF, I'm impacted daily by the people who comprise this incredible community and the ways they care for and serve one another. As a counselor, I'm mindful of the integration of physical, spiritual, intellectual, social and emotional aspects of our personal wellbeing and consider it a privilege to spend each day at USF supporting our students' wellness." ■



MORE THAN A STAGE

STUDENT SPOTLIGHT FEATURING

SAM MARTIN

"Maybe this is why God made me autistic," Sam Martin says. "To give a voice to those without one."

When Sam was 18 months old he was diagnosed with autism. His parents were told he might not ever talk or live independently. Sam has far beyond defied those odds. Today he is one semester away from graduating from college and is an award-winning actor, but his journey hasn't been easy.

"I've worked hard to get to where I'm at today and went through a lot along the way," Sam says. "I would scream as a little kid because I didn't have words yet. I was bullied a lot in school. I had several years of speech therapy. I put in a lot of work and put it in so long ago, that I've largely forgotten how much I did to be who I am today."

While Sam worked overtime to accomplish what comes for many without thinking, he wrestled with his identity.

"There have been days where I've hated myself for being autistic, for being myself," Sam says. "I often feel I'm not good enough or that I haven't put in enough work or I've disappointed the people I've loved. These are just some of the reasons it has taken me so long to finally tell people that I am autistic.

Because I was ashamed of who I am. And it probably would've stayed that way without the theatre production at USF last spring."

Sam auditioned for USF theatre production "The Curious Incident of the Dog in the Night-Time" not expecting to land a role—and then he landed the lead. He was cast as Christopher Boone, a 15-year-old who is exceptional at mathematics but ill-equipped to interpret everyday life who goes on an adventure that changes him forever.

This summer Sam was recognized for his outstanding work at the Stage Awards which celebrate the amazing creative work being done by local companies and local performers in Sioux Falls.

It was in his acceptance speech, for Best Actor in a Play or Musical-Collegiate, that Sam publicly shared that he was autistic.

"My acceptance speech was the first time in my life that I have publicly announced that I am autistic and it feels incredible to finally have the dignity to love myself for who I really am," Sam says. "This achievement is not just for me, but for all of those who have fought so hard to be themselves in this weird world. You all have value and love." ■

The Heart of a Rebrand

USF CELEBRATES
139 YEARS WITH A
FRESH LOOK FOR THE FUTURE

Take a tour around the University of Sioux Falls campus and you can't help but notice the prominent purple USF signage greeting you along the sidewalks and streets. The bold saturation of USF's signature color makes a big statement. So does the updated logo.

"I love it. It's slick and it's sleek, but it's also perfectly simple," says John Tidwell, a 2015 USF alum who graduated with an Accounting and Business Administration degree and is now working as an independent financial advisor for North Star Resource Group in Minneapolis. "The best part about it is that cross right there in the middle of the U, separating USF from all the others."

While the refreshed logo appears simple, every nuance of its design was a deliberate decision, from the placement of the cross to the weight of the letters and the custom purple color, known internally as USF Purple.

“WHILE THE
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USF

UNIVERSITY OF **SIOUX FALLS**



“Prior to the development of the refreshed visual branding, USF surveyed students, faculty, alumni, trustees and prospective students and their families about the USF experience,” explains Dr. Brett Bradfield, president of USF. “The surveys revealed several distinctive factors those audiences felt were important to USF, and those differences are directly reflected in the new marketing materials, including the logo and new positioning line The Difference Is Here.”

A task force made up of representatives from the USF community helped guide the process, along with over 400 pages of survey information that provided the foundation for The Difference Is Here campaign. The phrase “there is just something different about USF” kept emerging in survey responses, and that valuable feedback, along with a strong desire to include a cross or Christian symbol in the logo, helped pave the way for the brand refresh.

“I loved it right away. I was initially a little apprehensive about the new logo, but I was so

“ I’M PROUD TO SAY THAT
OUR REFRESHED BRAND
REPRESENTS A STEADFAST
IDENTITY AND MISSION THAT
HAS REMAINED OVER THE
PAST 139 YEARS. ”

happy to see that USF is standing behind our faith. This is who we are!” says Dr. Rebecca Schultz, professor of exercise science.

The refreshed brand was revealed to USF and the Sioux Falls community on September 8, 2022, during a celebration of USF’s 139th anniversary.

"There was excitement from my students who attended. They felt a sense of pride at being a part of the celebration," Schultz says. "I looked around the room and saw a former student, his wife and three of their kids. The turnout was tremendous. I think it was a good reminder to us all about why we are here."

The Difference Is Here campaign highlights some of the most meaningful differences at USF, which can be viewed in a short video found on the USF website and in a marketing and social media campaign.

While these five key differences, described in the purple box below, have always been an integral part of the USF experience, the goal of the visual rebrand was to repackage that experience in a more modern, digital-friendly way.

"I'm proud to say that our refreshed brand represents a steadfast identity and mission that has remained over the past 139 years, while at the same time visually reflecting how our University continues to provide new and growing opportunities for an affordable, transformative education," Dr. Bradfield says.

Since the launch of the brand refresh in September, the logo has been embraced by the USF community and was met with positive comments across its social media platforms.

"I am from southern Minnesota and there are several small Christian universities scattered around that region. They all look the same. With this logo,



// USF students show their excitement for the new logo at the reveal press conference in September.

USF stands out. You see the cross right away, and the whole look is just more visible and distinctive," says Megan Burrows, who is majoring in Nursing at USF. "I really like the design and feel like it will appeal to new students."

To view the video that accompanied the unveiling of the new logo during the September 8 press conference, use the QR code or visit usioxfalls.edu/thedifference. ■



The USF Difference



Affordability and no hidden fees for any of our students, including undergraduate, graduate, adult and professional.



A beautiful main campus located in the heart of the thriving city of Sioux Falls, with direct access and connections to big internships and career opportunities.



Professors who care beyond the classroom, focusing on excellence in academics as well as developing the "whole" person.



A rich tradition of Culture for Service that encourages students to step outside themselves and give back through a multitude of service projects.



A distinctly Christ-centered community that encourages faith and fellowship, bringing students from all walks of life together in a place of belonging.



DRIVEN TO SUCCEED

STUDENT SPOTLIGHT FEATURING

SAHARO IBRAHIM

Saharo Ibrahim is familiar with circumstances that require courage.

"I've had to persevere through a lot in my life," Saharo says. "I come from a refugee family, and we came to America back in 2004. I didn't speak English, so I had to learn a whole new language."

Even though elementary school was challenging, Saharo still loved learning.

"I was always that one kid who cried because it was the last day of school back in elementary," Saharo says. "I loved school, especially the library. In third grade, during library time I would go to the section with the chapter books or find the Junie B. Jones books and I would just go through the pages trying to read the words. My obsession with trying to read those chapter books got me to a point where I eventually could."

Fast forward 18 years to the present day, Saharo is a first-generation college student one semester away from graduating. Her passion lies in using her experiences to support others walking through similar experiences. She has her sights set on teaching in an elementary classroom of English language learners where students' primary language is not English.

"I've never been taught by a teacher that looks like me and that's another reason why I want to be a teacher," Saharo says. "Students need to see representations of themselves in every field."

With a bright future ahead, Saharo recalls the people and experiences that have formed her along the way, all of which inspire her to be the difference for others.

"I had a lot of amazing teachers who took the time to get to learn more about me and went above and beyond for my family," Saharo says. "A lot of the education staff at USF have had a positive impact on my learning. There's just so much love and care that I have received from them. They have pushed me to go further even on the days when I was doubtful."

Saharo wants to pay forward the support she has received from influential teachers in her life to her future students.

"I hope to influence those around the world who are just like me," Saharo says. "We don't all have to look alike to share similar experiences. I'm hoping to have an impact on family, friends, peers and even strangers who are striving to achieve more in their life but just need that extra push to do so." ■



NOT JUST NUMBERS

EMPLOYEE SPOTLIGHT FEATURING

DR. VICTOR LARSEN

A student expecting a mathematics course from Dr. Victor Larsen to be solely about numbers will likely discover a new horizon. Dr. Larsen is embarking on his fifth year of teaching as an Assistant Professor of Mathematics at USF and not only carefully crafts his curriculum to challenge and support students, but is making new discoveries through his own published research in the field of abstract mathematics.

How can math be about more than numbers? Dr. Larsen believes communication is a key component for success.

"A math major has training in an analytical mindset which will help them find efficient solutions to any number of problems," Dr. Larsen says. "But, most importantly, a math major has spent time communicating via proofs so they can rigorously present and explain their efficient solution, they can listen to a solution presented by somebody else and help improve it by identifying its strengths and weaknesses. It doesn't matter how much you know; you can't impact the world if you aren't able to communicate your understanding to others."

Dr. Larsen takes a student-centered approach as he prepares his curriculum, working to equip students with skills to communicate knowledge and make their own impacts. With this in mind, Dr. Larsen encourages students that the jobs

associated with math reach far beyond actuary, statistician or data scientist. The options are endless.

Outside the classroom Dr. Larsen is making his own impact in mathematics. He recently had research published in one of the most prestigious journals in the area of graph theory. His research explores the substructures that have to exist in k -critical graphs which approach the lower bounds for density.

"Those probably sound like a meaningless string of words, but the better summary is that I proved a result of interest to a maximum of 10 people using a technique that might interest 1,000 or more mathematicians," Dr. Larsen says.

Curiosity fuels Dr. Larsen's passion to stay on the cutting edge of new research in mathematics.

"The study of mathematics contains an infinite supply of puzzles and problems, a framework where each answer leads to more questions that are even more fun to ponder," Dr. Larsen says. "Once I find a solution to a particular problem, I want to know why it worked. Was it coincidence? Is there a general rule that I can apply to similar problems? What ideas can I borrow from this process and apply to other situations? Whenever I teach, I try to ignite this burning fire of curiosity in students." ■



FLOURISHING

A L U M N I S P O T L I G H T F E A T U R I N G

M I S T E N L A N G E N F E L D ' 0 0

"USF paved the way for a road of service to God and humankind in the world," Misten Langenfeld says.

Langenfeld distinctly remembers moving in to Grand Island Hall mid-August of her freshmen year. Immediate friendships were formed with upperclassman volleyball players that have lasted to this day. Her involvement as a student at USF didn't stop at volleyball. Langenfeld participated in basketball, tennis and even landed the part of the Cheshire Cat in a USF theatre production "Alice in Wonderland".

"Each team I played with or group of new people that I met, were able to give me different perspectives and helped shape who I was becoming," Langenfeld says.

Today, for Langenfeld, service to God and humankind in the world looks like being a mother of four, wife of a fulltime firefighter and a business owner.

"I believe that success is a unique formula that looks different for everyone," Langenfeld says. "My definition of success consists of happiness, balance and hard work. Balance is a big one for me. I recognize the importance of self-care, constant prayer and being resourceful. Without those three things, success simply would not be. I also understand that success doesn't look the same for everyone, we all flourish differently."

After only five years of experience in marketing, Langenfeld started her own business—Ripple Marketing. The largely successful marketing agency is now 14 years old and works to create innovative marketing plans that reach and engage clients' target audiences.

Creativity doesn't stop in the office for Langenfeld. Her and husband Luke, own six Airbnb's that they have remodeled and crafted into themed getaways. For example their "Mi Casa Su Casa" home has a Spanish feel and the "Boho Bungalow" has an eclectic vintage vibe to it.

Recently Langenfeld joined the USF Mentorship Program as a mentor to a USF student interested in the field of marketing. She recalls how mentors and internships impacted her career journey and hopes to encourage her mentee with industry knowledge and the confidence to find her inner spark.

"I read a quote recently that really stuck with me," Langenfeld says. "'You're like the seed from which a plant grows: Almost everything you need to be fully who you are is already inside of you, waiting for the things that nurture you, the things that bring you to life and who you were made to be.' In a world that is filled with hate and envy and greed. In a world that is so afraid of something different than what we know. We need to look within ourselves and find love, the peace of God and who we were meant to be. Only then will we be the best version of ourselves and truly flourish." ■



ON THE RIGHT TRACK

STUDENT-ATHLETES
CHOOSE USF FOR
SUCCESS IN SPORTS
AND IN LIFE



// **ABOVE** Benjamin Mandel focuses on the finish as he competes in the hurdles.

// **LEFT** Khot Juac paces herself with a medal-worthy finish in mind.

USF Director of Track & Field/Cross Country Doug Petersen told his team that if they broke five school records in a single weekend, he would spray paint his hair purple.

They broke six.

Coach Petersen's "purple hair" weekend was just one of many highlights achieved by the student-athletes who have been steadily breaking records over the past two years. In fact, 12 school records fell last year as more team members hit new personal records and qualified for regional and national competitions.

That is just the start of what makes this team so special.

"I'll be the first to say USF Athletics is not for everyone," Petersen says. "If people come to USF just to play sports they are here for the wrong reasons. We are looking to uphold the values and character of USF by building a team-oriented program that is bigger than any of us, myself included. What can you do to make the people around you better? That is the question our athletes are asked every day. Together, we get better—in sports, in the classroom and in our lives."

Despite its growing track & field success, USF was not originally on the radar for Benjamin Mandel, a junior hurdler from Lakeville, Minnesota.

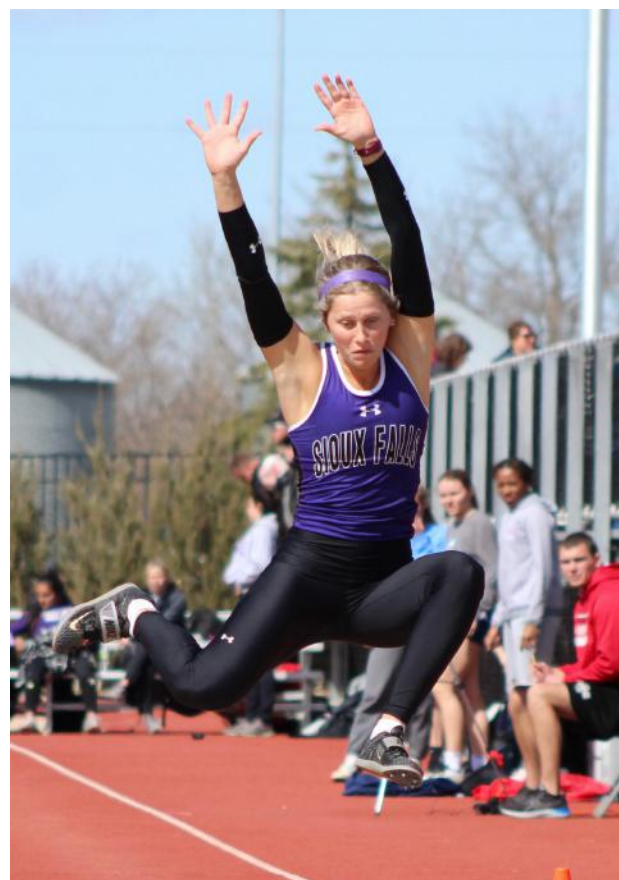
"I knew I wanted to go DII because I feel it's a better academic and athletic balance," Benjamin says. "I was looking for a smaller university not too far from home. I got a recruiting letter from USF and had never heard of the school, but it checked all my boxes. I decided to visit. I walked onto campus and told my mom, 'This is where I want to go'. I felt it immediately."

Mandel continued to visit other universities, but his heart was set on USF where it was "love at first sight."

"I came to USF as an only child. Now I have brothers and sisters. My roommates and I call each other family. We do everything together."

As a student at Washington High School in Sioux Falls, junior long distance runner Khot Juac was familiar with USF but wanted to attend a bigger university that wasn't in her hometown. She was competing at the Nike Cross Regionals Cross Country

// Avery Bartunek, a junior from Dawson, Minnesota, gives her all in the long jump.





// **ABOVE** Coach Petersen dyes his hair purple after the team broke six school records in one weekend.

// **LEFT** Emily Swanson has her sights set on breaking USF records before she graduates.

meet in Sioux Falls when a USF coach encouraged her to check out the program.

"It was the best choice I ever made," she says. "I am thriving at USF, not just as an athlete but in my faith and as a person. I am a Coo Leader for our weekly devos, where people can talk about what's going on in their lives and encourage one another. I am part of a hugely supportive community. I don't think I would have found this at a bigger university."

Avery Bartunek is a junior jumper on the track team, specializing in the long jump, triple jump and high jump. She's from Dawson, Minnesota, and was torn between wanting to play basketball or continue her track career in college.

"I had a choice to make, but the minute I stepped onto campus I knew I wanted to be here. Not only did people at USF openly talk about Jesus, but they also have awesome faculty in my major, which is Early Childhood Education. USF is perfect for me. I am proud to be part of a school that always ranks among the highest GPAs in the conference. Our coaches teach us to do as well in the classroom as we do on the field. That mentality shows up."

Indeed.

This past summer, the U.S. Track & Field and Cross Country Coaches Association announced the 2022 All-Academic Teams and Athletes. USF's Track & Field team garnered honors for both men's and women's teams as well as five student-athletes. This is the

10th straight year the teams have claimed national All-Academic Awards.

"Our Women's team tied for the best GPA in USF Track & Field history. We couldn't be prouder of them," Coach Petersen says.

One of the student-athletes receiving the All-Academic Athlete Award is Emily Swanson, a junior Business Administration and Exercise Science major.

"I visited USF as a senior and committed on the spot. It was just a great experience. The coaching staff was awesome, the team members were super welcoming and I knew the program had a history of success," she says.

Outside of stellar academics, Swanson's personal goals include breaking both the USF heptathlon and pentathlon records before she graduates.

"The coaching staff believes in me and I keep improving. Fingers crossed!" she says.

Like Swanson, every member of USF's Track & Field/ Cross Country team has something big they hope to achieve in order to leave their mark on a team that will forever leave its mark on them.

"I find that students at USF are uniquely connected, especially when they are working together as a team," Coach Petersen says. "Our student-athletes show up for each other. On the track and cross country teams, no one cheers louder than the people you may be competing against. We are here to help build character."

To check out the upcoming USF Track & Field or Cross Country schedule, visit usfcougars.com. ■

CLAS NOTES

All notes are based on information received between March 1 and September 30, 2022.
Send us your update today at usioxfalls.edu/keepintouch.

// CELEBRATIONS

Alumni

Ranae (Wipf) '72 and **Lane Karli '72** celebrated 50 years of marriage on June 3, 2022.

Marie Dickey '81 married Mark Ammann on July 17, 2017, in Gillette, WY.

Kim Hofer '93 married Ali Langseth on July 30, 2022, in Sioux Falls, SD.

Nick Fulton '03 and Becki welcomed Mara Jo on March 1, 2022.

Samantha (Gumina) '08 and Dane Baruzzini welcomed Luca Christopher on May 15, 2022.

Kara (Kooiker) '09 and Doug Rigsby welcomed Allyson Louise on June 15, 2022.

Loralee (Grimm) '10 and Brian Barnum welcomed Lucy Pearl on June 8, 2022.

Ronnie Hawkins '10 and Megan welcomed Miles N. on Aug. 9, 2022.

Ethan Serck '11 married Kelsey Heer on Oct. 23, 2021.

Jackie (Trego) '12 and **Sam Dooyema '14** welcomed Josiah Dewey on April 3, 2022.

Macie (Cottier) '12 and Ben Fornea welcomed Takoda Kai on March 17, 2022.

Jodi (Blackinton) '12 and Kuraan Jones welcomed Audrey Love on April 1, 2022.

Jennifer (Klarenbeek) '12 and Peter Kuipers welcomed Millie Jo on June 22, 2022.

Staci (Spilde) '12 and **Kyle Simons '13** welcomed River Graham on March 6, 2022.

Stephanie (Swenson) '13 and Kameron Brooks welcomed Parker J on June 20, 2022.

Katelynn (Peterson) '13 and TJ Doohen welcomed Joshua James on May 14, 2022.

Laura (Gratopp) '13 and Ken Machisa welcomed Ashton Sue on June 15, 2022.

Hillary McQuade '13 and Aaron Puckett welcomed Kessler Henry on Sept. 23, 2021.

Erica (Tumbleson) '13 married Brett Rayman on June 23, 2018, and welcomed twins, Crew and Ivy on May 5, 2022.

Erica (Quitem) '13 and Ethan Rust welcomed Holden Klaas on Aug. 16, 2021.

Nejla Smith '13 welcomed Rhys Raul on May 23, 2021.

Shae (Reinke) '13 and Derek Smith welcomed Louis Martin on July 8, 2022.

John Van Peursem '13 and Abigail welcomed Maya Jordan on Jan. 21, 2022.

Allie DeJong '14 married Tyce Bucknell on Sept. 3, 2022, in Sioux Falls, SD.

Kelli (Bones) '14 and Dane Kissack welcomed Kross Elijah on March 8, 2022.

Josh Leisinger '14 and Hannah welcomed Hendrix John on July 15, 2022.

Correena Spangler '14 married Jonathan Obenauer on March 1, 2022.

Lindsey (Mettler) '15 and Bryn Dubs welcomed Brielle Kinlee on May 23, 2022.

Elizabeth (Larson) '15 and Alan Jensen welcomed Ella James on June 28, 2022.

Kaitlynn Wornson '15 married Patrick Engel on Aug. 28, 2022, in Denver, CO.

Kayla (McMahon) '15 and Jim Wynia welcomed Elliette James on Sept. 18, 2022.

Mariana Lucero-Valencia '16 welcomed Levi Valentin on May 4, 2022.

Colleen (Thompson) '16 and Isaac Parsons welcomed Reuben Edmund on May 12, 2022.

Alecia (Martinez) '17 and Jake Juelfs welcomed Chloe Genevieve on April 23, 2022.

Sydney (Munce) '17 and Hartman Katz welcomed Emmett on May 1, 2022.

Rachel (DeBoer) '17 and **Andrew Kawasaki '16** welcomed Asher Timothy on April 22, 2022.

Emily (Erickson) '17 and **Clint Thomas '17** welcomed Colby Jo on May 3, 2022.

Madison Snelling '18 married Josh McBeth on Sept. 24, 2022, in Sioux Falls, SD.

Trey Gross '19 and Meghan welcomed Mayze on July 5, 2022.

Chloe (Lang) '19 and William Howe welcomed Jonathan James on Aug. 13, 2022.

Jordan (Achterberg) '19 and **Nick Lawson '19** welcomed Oliver Leland on March 25, 2022.

Gillian (Cheney) '20 and **Austin VanDiepen '19** welcomed Evelyn Suzanne on April 12, 2022.

Allison Laibach '21 married **Parker Schulz '20** on Sept. 24, 2022, in Sioux Falls, SD.

Erin Etrheim '22 welcomed Charlotte on Sept. 23, 2021.

Emma DeNeui '22 married **Austin Ludens '22** on July 23, 2022, in Sioux Falls, SD.

Grace Chinn '22 married **Jeff Weidner '12** on June 25, 2022.

Faculty & Staff

Nick Moen and Ruth welcomed Greta Emma on March 2, 2022.

// IN MEMORIAM

Alumni

Ruth (Ewert) Becker '47, June 21, 2022, Sioux Falls, SD

Jean (Sallander) DeKramer '50, April 15, 2022, Sioux Falls, SD

Vernon Kirstein '51, May 10, 2022, Gresham, OR

Carol Roberts '51, April 16, 2022, Manitou Springs, CO

John Norberg '52, May 18, 2022, Sioux Falls, SD

Justine Watson '52, May 22, 2022, Sioux Falls, SD

Kenneth Prideaux '53, Aug. 7, 2022, Johnston, IA

Dave Cleveland '55, Sept. 17, 2022, Sarona, WI

Phyllis McConnell '58, June 12, 2022, Washington, IA

Leonard Meyers '58, Aug. 3, 2022, Prescott, AZ

Curt Gillette '59, Aug. 27, 2022, Placentia, CA

Sandi (Davis) Schultz '59, March 25, 2022, Trego, WI

Carl Stanek '60, June 15, 2022, Henderson, NV

Belle (Tschetter) Graber '62, July 27, 2022, Freeman, SD

Will Muller '63, March 9, 2022, Sioux Falls, SD

Dale Remmich '65, June 21, 2022, Norfolk, NE

Sharon (Vanhorn) Andreasen '66, Sept. 27, 2022, Milford, IA

Paul Enersen '66, May 22, 2022, Marshall, MN

Rich Ramirez '66, Aug. 13, 2022, San Jose, CA

Margaret (Gates) Schuttloffel '66, April 29, 2022, Lennox, SD

James Battey '67, May 7, 2022, Nashville, TN

Mary (Espeland) Anderson '68, June 23, 2022, Mc Kenzie, TN

William Donlan '68, Feb. 9, 2022, Marion, SD

Gary Oldert '68, March 16, 2022, Owanka, SD

Gene Jorgensen '69, April 23, 2022, Sioux Falls, SD

Ernie Stobee '69, July 31, 2022, Athabasca, AB

Don Papineau '70, March 1, 2022, Las Cruces, NM

Don Burma '73, Aug. 8, 2022, Lennox, SD

Dean Oldson '73, Jan. 8, 2022, Kewaskum, WI

Dan Konic '74, May 17, 2022, Springfield, CO

Daniel Larson '74, June 19, 2022, Sioux Falls, SD

Larry Leveranz '76, Aug. 25, 2022, Sioux Falls, SD

Greg Machmiller '77, May 27, 2022, Sioux Falls, SD

Jim McCauley '80, Sept. 12, 2022, Sioux Falls, SD

Julie (Waltner) Krehbiel '85, March 24, 2022, Hesston, KS

Dee Stewart '85, Sept. 9, 2022, Sioux Falls, SD

Sheila Westphal '90, July 20, 2022, Sioux Falls, SD

Thomas Bell '91, May 29, 2022, Brookings, SD

Allen Croat '91, Sept. 7, 2022, Sioux Falls, SD

Donny Jonnes '94, July 19, 2022, Harrisburg, SD

Jimmy Schneider '95, May 18, 2022, Sioux Falls, SD

Shane Sejnoha '02, July 1, 2022, Sioux Falls, SD

Pam Brady '04, June 30, 2022, Sioux Falls, SD

Rick Kuhn '09, Sept. 12, 2022, West Fargo, ND

Daniel Woodle '11, March 16, 2022, Alexandria, MN

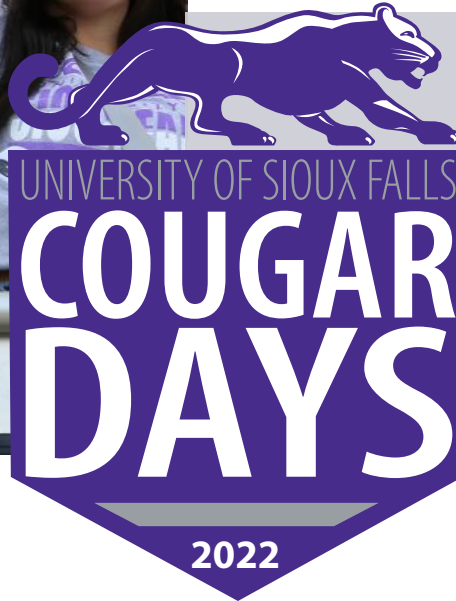
Friends

Gordon "Mac" Hull, July 2, 2022, Columbus, NE

Sandy Odegard, July 28, 2022, Sioux Falls, SD



COUGAR FAMILY *Memories!*



The USF family celebrated tradition and long-lasting relationships at this year's Cougar Days, September 23-25. As time has gone by, Cougar Days has become the overarching title for many activities and celebrations taking place around USF Homecoming. Each year alumni return and reunite with friends and old classmates, and parents join their students to celebrate homecoming with special family weekend events.

1

ALL CLASS BASH

Classmates and friends gathered at the Holiday Inn downtown for a USF party featuring food, live music, dancing, games and door prizes.

2

FAMILY WEEKEND

Families spent quality time with their USF students in a full weekend packed with activities including a talent show, corn hole tournament and of course the Cougar Days tailgate and football game.

3

TAILGATE FAMILY CARNIVAL AND FOOTBALL

Cougar fans gathered before the football game to enjoy good food, inflatables, lawn games and live music from celebrity saxophone player Richard Shaw Jr.

4

50TH CLASS REUNION BRUNCH

Members of the class of 1972 shared laughs and memories of their time at Sioux Falls College during a special brunch that celebrated their 50th class reunion.

5

5K RUN/WALK

USF community members gathered at Cherry Rock Park for a 5K run/walk that raised funds to support USF Track & Field.

6

COUGAR ROYALTY

King: Riley Robinson

Queen: Apolonia Davalos

7

ALUMNI ACHIEVEMENT AWARDS

USF family gathered at the Washington Pavilion to celebrate the excellence and accomplishments of alumni at the Alumni Achievement Awards Ceremony.



1



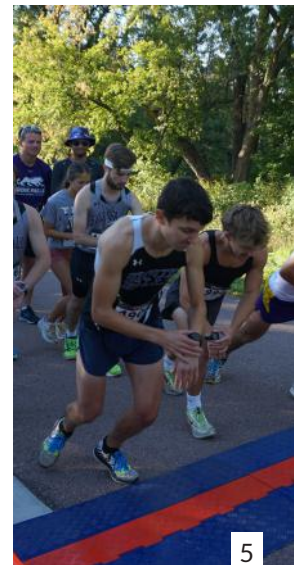
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3



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5



6



7



Save the Date!

GIVE2COO

USF'S GIVING DAYS MARCH 21-23

Connect with us!

— @usiouxfalls —



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SIOUX FALLS

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