

Retiring Ron

Growing old disgracefully

Edition: Apr 25

Spring is here which for me means severe hay fever. At least it's better than freezing in winter. The hairline fracture on my ankle is healing well, thanks for asking. But no marathon running yet. I'll leave that to Jasmin, mini-me. She's tackling the London Marathon on April 27. Raising money for the Alzheimer's Society in honour of her grandmother, St Theresa. Here's her JustGiving page, if you'd like to donate: <https://www.justgiving.com/fundraising/TCSLondonMarathon2025BallotPlace-JasminShillingford>



The London Marathon is approaching



Jasmin will run 26.2 miles for charity



Jasmin is running in honour of my dear old mum who has dementia



Margaret is normally a shy, quiet person

My lovely, crazy sister-in-law Margaret has joined the big people's club. And what a way to see in her sixties! Guests from all over – including Nigeria, Sweden, America, Uganda - flew in for the special occasion. Terrific dinner in a swish Chinese restaurant on April 2 then a massive hall party the following weekend. Capped with a house jam the next day. Blessings to you Maggie May. Always so supportive and caring. We all love you.



Margaret's birthday celebrations lasted a week!



Flanked by hubby Benson and son Dominic



Siblings celebrate - Henry, Bill, Marion, Liz, Margaret and Jacqueline



Margaret with her children Anne, Maya and Dominic



Rocking the night away with Mrs Shill

Sadly, the great boxing writer Colin Hart heard the final bell just a month before his 90th. Wretched weekend because former heavyweight champ George Foreman passed too. The boxing community gave Colin a knockout send off at Brent Civic Centre. Hundreds paid their respect. Props to his widow Cindy for organising it all. Colin contributed to our book 'Land of Hope and Glory' and gave us a glowing review in the Currant Bun. RIP champ.



Colin and George Foreman passed at the same time

<https://www.thesun.co.uk/sport/28804104/maurice-hope-boxing-world-champion-racism/>



Frank Bruno and Colin



Colin and his devoted wife Cindy



Jim Watt, Colin and Maurice Hope



Nice to catch up with my pal Lawrence Lustig



Chris Sanigar came all the way from Bristol



Tommy, Derek and James

Mother's Day was a chance to enjoy a Caribbean party with Mrs Shill at The Camden. Classic reggae vibes with mics provided. Although plastic they somehow enhanced our harmonies. Nothing to do with the rum punch. Still waiting for our recording contracts but I have a feeling that will happen soon. Watch out Taylor Swift.



The crowd loved my silky voice



We are going to be recording stars



Bobbish and Elijah loved the Chelsea tour



Elijah is a Cole Palmer admirer



Bobbish just had to pose beside that jersey!

Even though bro-in-law Bobbish and his son Elijah are Arsenal and City respectively, they enjoyed coming to tour Stamford Bridge. No tour beats the Chels. Bobbish even admits that it's better than the self-guided version at the Emirates.

At the monthly London Ex-Boxers Association meeting the former Hogarth boys connected again. Rocky Kelly, Ralph Young, Tony Rabbetts and Gary Hobbs were my mates in our united photo. On May 7 Gary gets presented with another Southern Area Middleweight title belt he first won over 40 years ago. Well deserved champ.

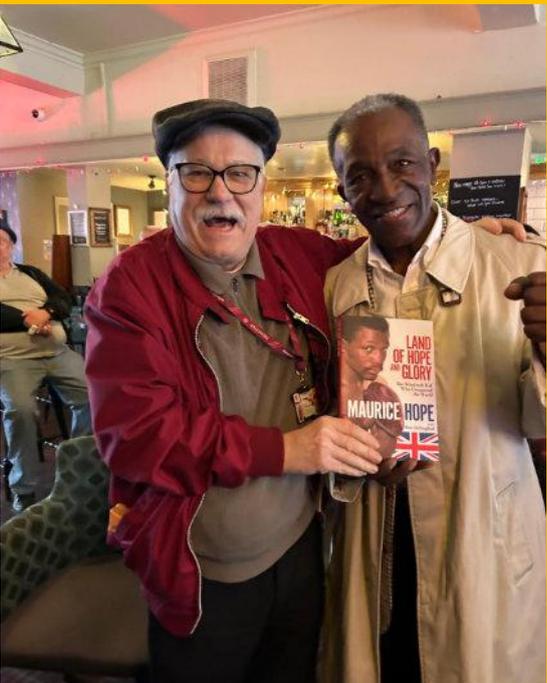


Hogarth champs with me, Rocky, Ralph, Tony, Gary

The next signing of Maurice's 'Land of Hope and Glory' is at The Globe in east London on Sunday 27 April. Hope you can make it. We visited the boozer for a meeting with manager Maxi and the old boys supping their Guinnesses in there insisted on selfies with Mo. One of them, Mickey, who has known the champ for ever even bought the sole copy I had on me!



Maurice will be at The Globe soon



Mickey bought a book when we popped in

BOOK SIGNING

at **The Globe, Hackney, London**

Maurice Hope, MBE, the former world boxing champion signs his sensational autobiography

'Land of Hope and Glory'

at **The Globe pub**

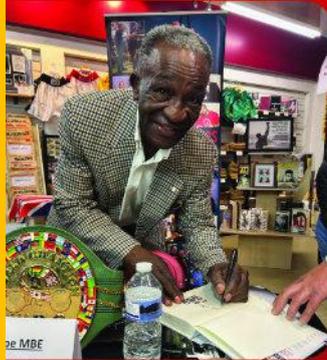
20 Morning Lane, London E9 6NA

on

Sunday 27 April

1-3pm

Come and meet Maurice to get a signed hardback copy, £25 cash



Read about when Maurice: met Queen Elizabeth, was annoyed by Muhammad Ali, Mafia intimidation, his Frank Bruno connection, Met police corruption, fighting in Las Vegas heat and much more!

<https://www.amazon.co.uk/Land-Hope-Glory-Windrush-Conquered>
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The reluctant fighter who made boxing history



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Our next book signing

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