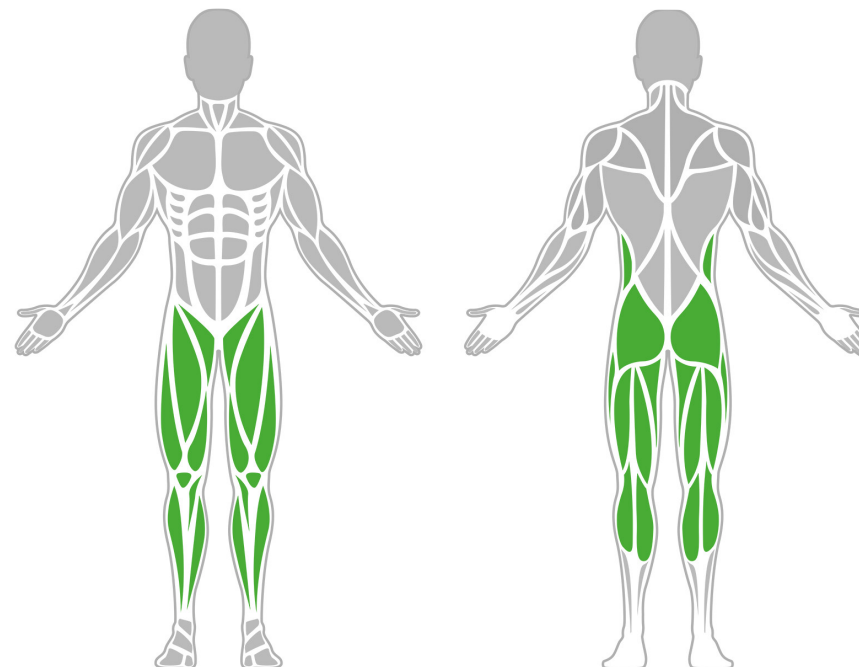




Muscle Groups Focus



Lateral Plyo Box Pro

It is a tool for developing dynamic leg strength, which can also be used to improve lateral stability, and is also a popular tool for injury prevention exercises. It is primarily used to strengthen knee and ankle stability. It can also be used in rehabilitation.

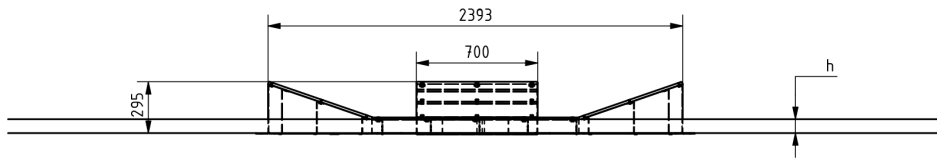
Attributes

Product code	1-1-186
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	99 kg
Type	Sport Specific
Difficulty level	Easy

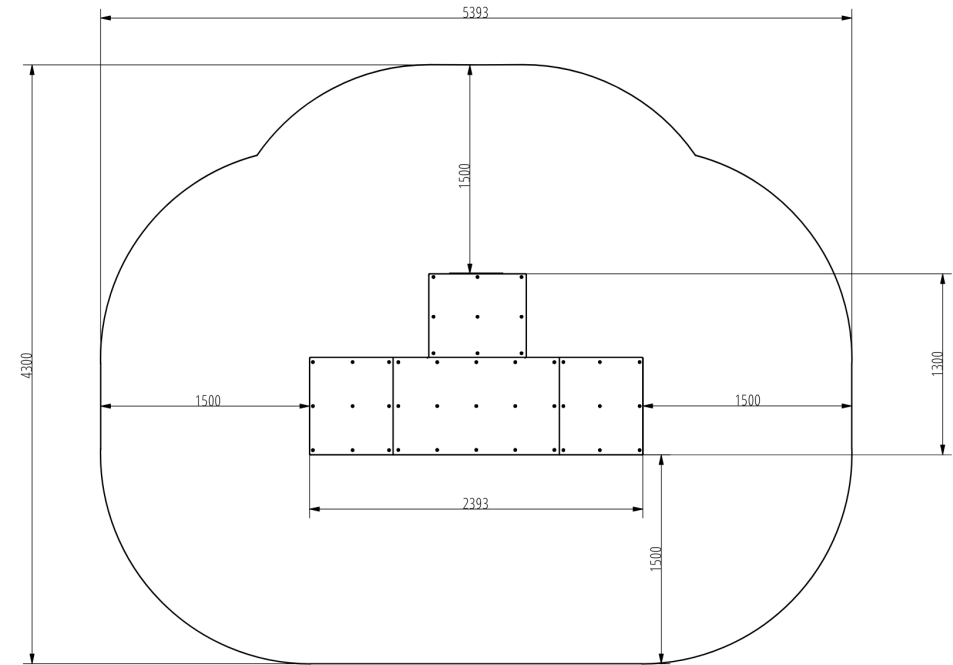
QR Code



Side View



Plan View



Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	80-140 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	45-60 min.
Excavation volume	1.4 m ³
Concrete volume	1.4 m ³
Size of the base structure	2pc 0,5 x 0,5 x 0,8 m + 2pc 0,8 x 0,8 x 0,8 m
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

Technical specification

Safety surface area	
Net weight	
Material	
Critic fall height	
Color options	

For more color options, discuss with your sales representative.

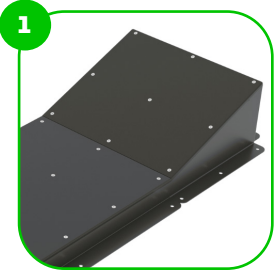


Around 1,5 m radius
161 kg
S235
303 mm

Warranty

Structure	10 years
Steel	5-10 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

Material specification



The top surface of the Lateral Plyo Box is covered with the highest quality non-slip HDPE.

