

ISSUE NO.4

ANAVÉ

JUNE 2026

FAITH. PURPOSE. IMPACT

The
RENEWED
Issue



JASMINE
PAAKA-
CULPIN
FROM REBELLION
TO SURRENDER
FROM CONFUSION
TO IDENTITY

A VOICE OF
WORSHIP HER
STORY BECAME
HER SOUND

BIANCA



Anave.co

Mindset

Womanhood

Motherhood

Faith

Wealth

Kingdom

WHY DELIVERANCE MATTERS MORE THAN MOST PEOPLE WANT TO ADMIT

There comes a point in your life where you can feel something is off, not because you are weak, not because you are dramatic, but because you are carrying things that never truly belonged to you, and if you've ever wondered why your patterns repeat, why your emotions flare up in ways you can't control, why your relationships feel strained, or why you fight the same battles over and over again...



Follow

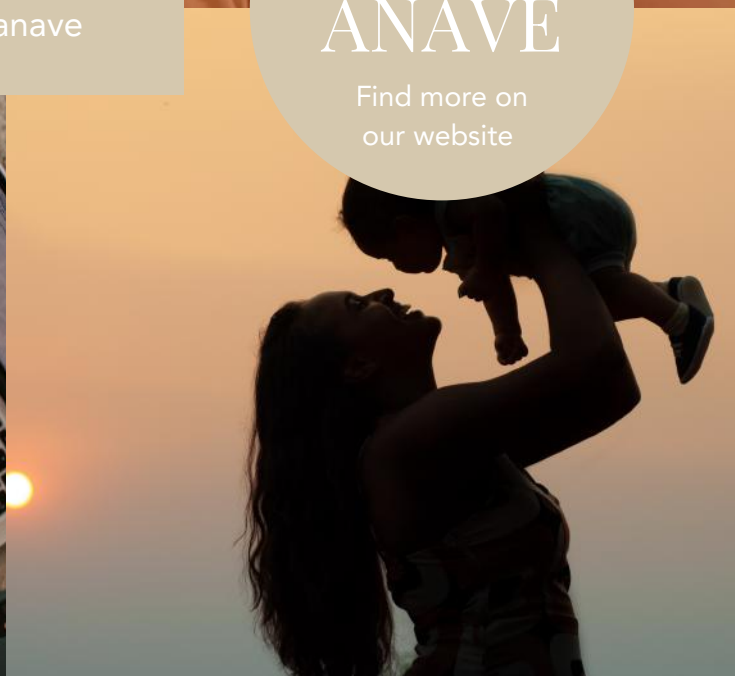
ANAVÉ

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our website



LET US MAKE AN IMPACT!

GOING AFTER LOST SOULS & BREAKING
STRONGHOLDS OF SATAN & BUILDING UP
THE KINGDOM OF GOD.

For ONE More Soul!



JOIN US IN SUPPORTING
ANAVÉ AND HELPING TO
ADVANCE THE KINGDOM.

The Ultimate Gut, Body & Cellular Detox



Deep Cell Detox

Pure Body Extra is a nano-sized zeolite detox spray that gently and effectively removes heavy metals and toxins from the body. With just a few sprays a day, it supports clearer thinking, better sleep, and whole-body wellness.

Gut & Body

Pure Body Drops support gut health by gently cleansing toxins and restoring balance in the digestive system. Just a few drops a day help improve digestion, reduce bloating, and nourish your core health.

Minerals

The Good Inside Fulvic Drops deliver powerful plant-based minerals and zeolite to support gut health, detoxification, and energy at a cellular level. Just a few drops a day help restore balance from the inside out.



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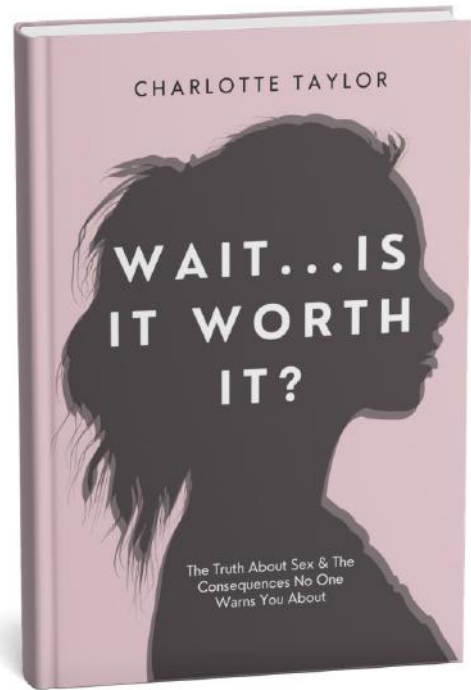
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ANAVÉ

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EDITORS LETTER FROM ANAVÉ'S
FOUNDER CHARLOTTE TAYLOR

DEAR ANAVÉ FAMILY

Welcome to the new Anavé.

Anavé has been renewed. Not replaced, not reinvented renewed because that is what God does. He doesn't scrap what He started, He breathes new life into it and says, now watch what I do with this.

We believe this magazine is more than pages and ink. We believe it is a weapon. A tool in the hands of God to advance His Kingdom one story, one testimony, one reader at a time. We believe that words carry power and that the right story read at the right moment can break something that has held someone captive for years. Strongholds of fear, of shame, of silence, of not feeling enough we are coming for every single one of them. Not in our own strength but in His.

We also believe that faith without action is incomplete. Anavé is committed to reaching those who are hurting around the world the forgotten, the overlooked, the ones the world has walked past but God has never once taken His eyes off. We will tell their stories. We will carry their voices. We will use every page of this magazine to move hearts toward action because that is what the Kingdom looks like when it is alive and moving.

If there is one thing we know it is that a testimony is never just for the person who lived it. It is for everyone who hears it. Everyone who has seen God show up in the impossible, in the darkest night, in the moment she had nothing left your story belongs here because someone out there is living the chapter you already survived and they need to know there is a way through.

The heart of why this magazine exists and why it cannot wait.

Jesus is coming back and time is short.

Not one of us knows the day or the hour but the signs are everywhere and the urgency is undeniable. We do not have the luxury of slow living when it comes to the Kingdom of God. We do not have time for comfortable religion that stays within four walls and never reaches the people who are lost, broken, searching or simply unaware that there is a God who loves them beyond anything they have ever known. Anavé is a call. A wake up call. To the people who knows God but has grown comfortable. To the people who is searching but does not know where to look. To the people who has never heard the truth the real, unfiltered, life changing truth of who Jesus is and what He did for them.

This magazine exists to reach those people. To get the Word of God into their hands, their heart and their home. To be the thing someone picks up at the right moment and finds the truth they have been looking for their whole life. Every article. Every testimony. Every page. It all carries one mission to reach people. Tell the truth. Point them to Jesus because eternity is real, the clock is moving and every soul matters.

What can you expect from Anavé? Real stories from people whose lives have encountered Jesus. Bold articles and Kingdom teachings that will grow you in truth, deepen your relationship with Jesus and the Holy Spirit and prepare you for what is coming. Spirit led content that does not shy away from the hard conversations because the hard conversations are often the ones that set people free.

This magazine is meant to be shared. Do not read it and put it away pass it on. Send it to the friend who is far from God. Leave it where someone will find it. Share it with the woman who needs it because you never know whose hands it was always meant to reach.

My hope is that Anavé impacts people all over the world, advances the Kingdom, saves souls and changes lives. Not because of anything we have done but because of the God who breathed life into it.

Jesus gets the glory for all of it.

Thank you for being here. Thank you for trusting us. We do not take that lightly!

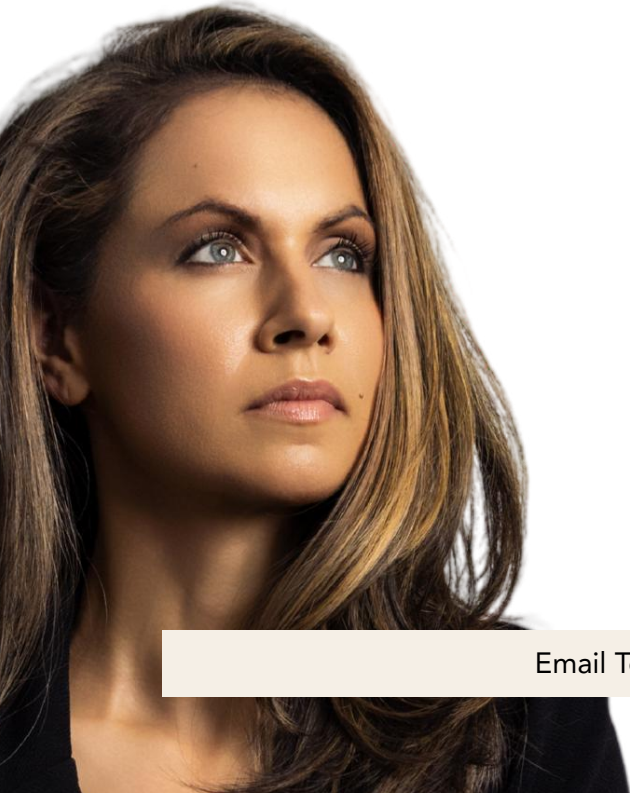
This is just the beginning. The world needs what is on these pages and we are so glad you are here for it.

With love and urgency!

Editor, Anavé Magazine ❤️

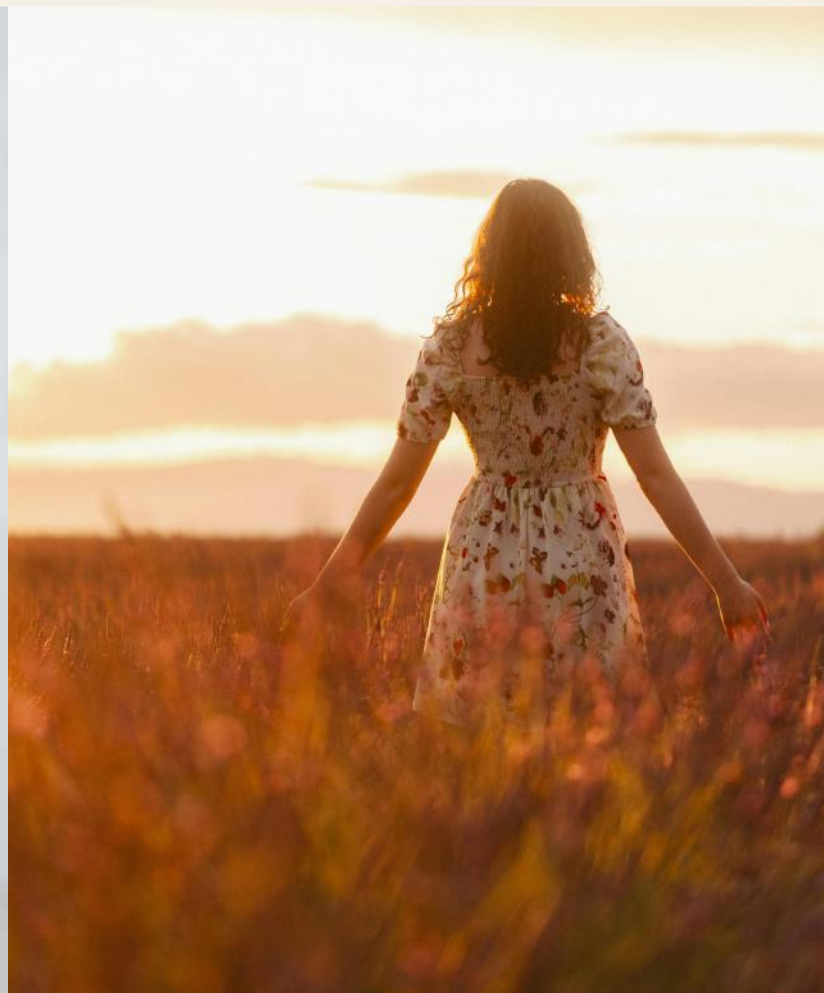
Charlotte Taylor xo

Email To Feature Your Story hey@anave.co





Anave.co





Shield Your Gut with Para•Shield



For Children & Adults



7 Health Benefits of an Herbal Cleanse



These gut invaders can cause unpleasant digestive discomfort, skin reactions, and fatigue as they drain you of energy. Don't be a host to gut intruders.



1.Supports Natural Gut Defenses:

Wormwood, clove, and black walnut hull help to defend against unwanted microorganisms.



2.Provides a Gut Reset:

An herbal cleanse provides a reset for the gut, helping to reduce bacteria that cause distress and support overall digestive health.



3.Enhances Digestive Detox:

Cleansing herbs help to expel unwanted visitors from the body, so you feel your best.



4.Balances the Gut Microbiome:

Ginger supports healthy bacteria in the gut and is known to ease digestive discomfort.



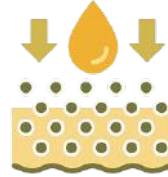
5.Improves Energy Levels:

By eliminating unwanted microorganisms, your energy may be restored to higher levels.



6.Supports Immune Function:

With over 70% of the immune system in the gut, a healthier gut supports immunity.



7. Improves Nutrient Absorption:

By reducing unwanted microorganisms, your gut can fully absorb nutrients from food.

Top Herbs

For a Gut Reset



Organic Clove bud



Organic Ginger root



Organic Black Walnut hull



Barberry root



Organic Wormwood leaf



Organic Sweet Wormwood leaf



Yuzu essential oil

Start of Your Day



Banana: fiber, potassium

Mango: beta carotene (vitamin A), antioxidants

Chia Seeds: plant protein, omegas

Super Green Juice
superfoods, probiotics, vitamins, minerals,
enzymes, fiber & calcium in every scoop!

Super Mango Smoothie Bowl

Break out the spoon because this extra thick smoothie is designed to be savored as a healthy breakfast bowl. Tropical and tasty, it's also packed with superfoods that will alkalize, energize and strengthen immunity.

The Good Inside:

- 1 ripe sliced frozen banana
- ½ cup fresh or frozen mango
- ½ cup (4 oz.) almond milk
- 1 scoop organic Super Green Juice powder

Toppings: Fresh mango, organic granola, chia seeds (or add your favorites!)

Put it together:

Blend all smoothie ingredients. Use frozen banana slices for extra thickness. If using frozen mango add a little more liquid so it blends well. Fill your bowl, add toppings and enjoy!

DRINK THE ENERGY OF THE SUN



Eattolivenottodie.com
IT'S A LIFESTYLE NOT A DIET



kingdom.

STRUGGLING TO BUILD A BUSINESS?

You've got the calling. The vision. The heart for impact. Now it's time to build the brand, the systems and the revenue God's way. Kingdom Coaching is the faith filled roadmap for those who are ready to launch a profitable, purpose-driven business without compromising their values or burning out trying to do it like the world.

- ✓ **Build a God honouring brand**
- ✓ **Create scalable offers and sales funnels that actually work**
- ✓ **Monetise and scale on social media without guilt**
- ✓ **Step fully into the CEO God showed you in prayer**

SCAN



HERE

Jasmine

PAAKA-CULPIN

From rebellion to surrender From confusion to identity

Jasmine has such an incredible Story. She walked through confusion, brokenness, and a life that looked like freedom but felt like hell, until truth met her and changed everything. This is a story of being pulled out, rebuilt, and brought back to who she was always created to be.

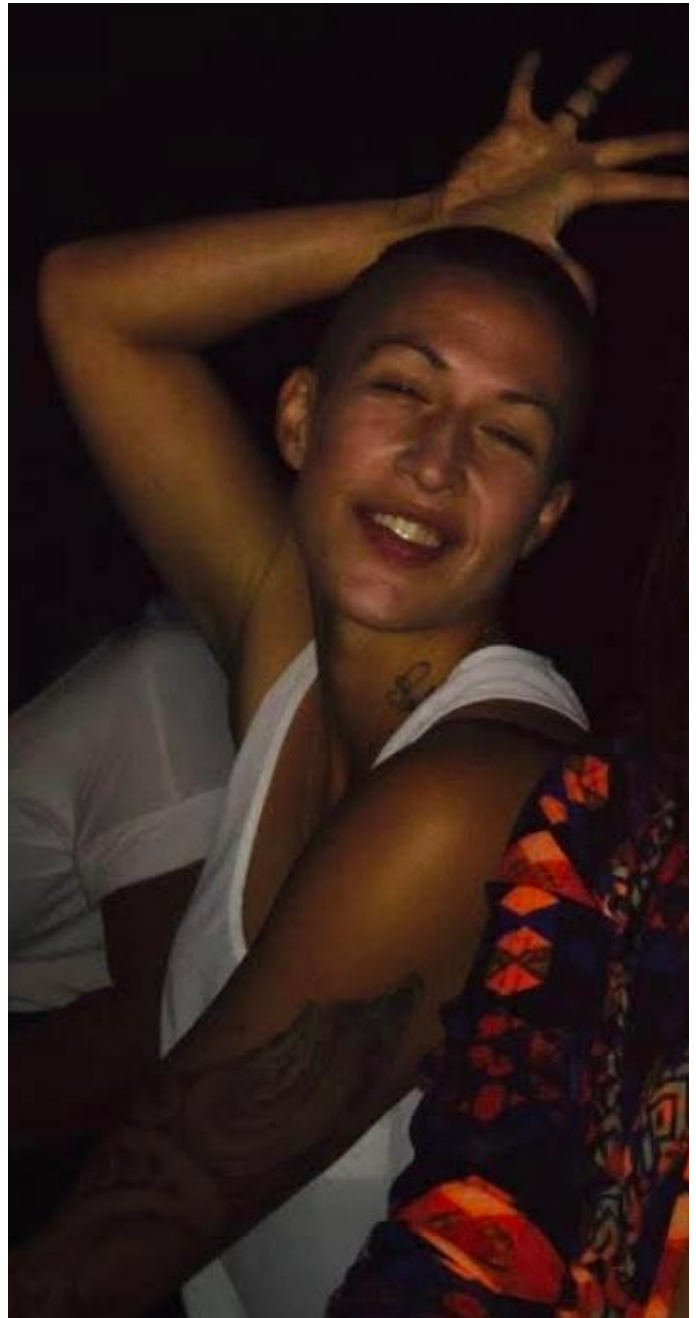


EVERLAST®

“The worst thing was that I knew what I was doing was wrong and kept trying to find a way around the truth of God’s Word.”



Jasmine’s story is not polished, it is not comfortable, but it is real. She was taken out of the fear of man and brought into the fear of the Lord, and no matter how far she went, Jesus never let her stay there. Her life once mirrored chaos. Demonic oppression. Sin. Rebellion. Witchcraft. Addiction. Loneliness. A deep sense of having no identity and no place to belong. Death followed closely. Suicidal thoughts became normal. She believed that if she did not become a man, she would end her life. She walked through transgenderism, taking testosterone and removing her breasts in pursuit of an identity she believed would finally bring peace but it didn’t. Relationships broke.



Her mind battled truth. She drank. She smoked. She lived in conflict with who she was created to be. She was even locked up at one point, yet deep inside she knew, this is not where I belong. Through it all, she was an artist. She painted. She created. She tattooed but even her creativity could not fill the void she carried. She was living a life that looked like freedom, but inside it felt like hell and yet, even there, Jesus pursued her. This is a story of being pulled out. Being confronted by truth. Being rebuilt from the inside out.

“I could see how
dirty I was...
nothing I could do
or anyone else
could clean my
soul like Him.”

Jasmine Paaka-Culpin



the righteous runs into it and is safe!

who among you fears the LORD and obeys his servant? If you are walking in darkness without a ray of light, trust in the LORD, and you will have light. Trust in your God and rely on his name. ISAIAH 50:10-11

Jesus, pray for them that they may know the only true God, Jesus Christ, the one sent to earth. JOHN 17:25

"The Lord is my helper, I will not be afraid."

KNOW THEM

Therefore my brothers and sisters, you whom I love and long for, my joy and crown, glorify me in this way.

THE LORD

LORD always

For it is not you who speak, the Spirit of God speaking through you.

ISAIAH 43:2-3
GIVE HEARTS TO THE LORD FOR HE IS LOVE AND ENDURES FOREVER

NOTHING BUT GOD'S TIME
GOD'S TIME IS THE BEST TIME

JOY
GOD IS JOY
GOD IS LOVE
GOD IS LIFE
GOD IS LIGHT
GOD IS TRUTH
GOD IS PEACE
GOD IS HOPE
GOD IS GRACE
GOD IS MERCY
GOD IS KINDNESS
GOD IS PATIENCE
GOD IS GENTLENESS
GOD IS GOODNESS
GOD IS BENEVOLENCE
GOD IS CLEMENCY
GOD IS MEEKNESS
GOD IS LONG-SUFFERING
GOD IS MERCIFUL
GOD IS GRACIOUS
GOD IS BENEVOLENT
GOD IS CLEMENT
GOD IS MEEK
GOD IS LONG-SUFFERING
GOD IS MERCIFUL
GOD IS GRACIOUS
GOD IS BENEVOLENT
GOD IS CLEMENT
GOD IS MEEK

ERIAS
THEIC

“Nothing I could do, and no one else, could clean my soul, reorder it, nurture it, grow it, or teach it like Him”

For someone reading this who is searching for truth, what would you say?

My Lord Jesus, for the person reading these words, show them Your love for them. Show them how much You love them. Reveal the gift You have placed in their hearts. Let them see You. Let them know You by Your Holy Spirit, because no one can know You without the Holy Spirit. Give this reader Your Spirit, Oh God, that they would see You too. Bring this one home to You because of love. Bring this one back to Your heart by Your Son, Jesus the Christ.

In Jesus' name, Amen.

How did you know for sure that Jesus was the way?

Jesus became the Way for me on January 2nd, 2026, when Apostle Katarena Savage baptised me in Mahia. He was there in person. Not everyone could see Him, but by the Spirit He revealed Himself to me there. I knew His presence tangibly after I was baptised by fire. I sat on the shoreline weeping, unable to move, completely enveloped by His love. I was home because He was there. He is my home.

Was there a moment where you realised you couldn't keep living like this?

For 10 years I had taken Him for granted, and this still breaks my heart today. I went about my messy way and He never left. The moment I realised I couldn't keep living this way was when I had reached the depth of hell meant for my soul. My sin, and the sin of my bloodlines, took me there. My spirit was still connected to Jesus. It was like having one foot in both worlds, soul versus spirit. Jesus is still my lifeline. My soul didn't know Him though, because I didn't want to live His way, and I had

never really seen it. I was trapped in addiction, tormented by demonic oppression, living rebelliously, stuck in a self-destruction cycle, breaking everything in my path. I was sexually immoral, mutilating my body, and perverting my gender. I kept my path and lost my mind. The worst thing was that I knew what I was doing was wrong, yet I kept trying to find a way around the truth of God's Word, the truth of Jesus. Still, Jesus never let me go. I let Him go over and over again, like He was second, and so pain and suffering turned me back to God. Out of love for me, God took the awareness of His love and presence away from me so that I would humble myself and seek Him again. When He knew I would let go of everything I wanted more than Him and seriously come back to Him with my whole heart. He knew I needed a spiritual mother in my life, and He led me to one. He led me to Apostle Katarena Savage, who lives devoted wholeheartedly with all her life, soul, and spirit to Jesus and His people. A role model of a godly woman, on fire for Christ and God's purposes for her life, unquestionably. One day I know Christ will make a way for me to join the Tower of Hope Ecclesia in Brisbane where she ministers.

What did you have to confront within yourself that was difficult to face?

The most difficult thing for me to face within myself was how filthy my soul was at the meeting of His holiness. Jesus is holy. He is pure. He is the fullness of love, things I had never known. Actually standing in the light of Jesus, in the manifestation of His presence, I could see how dirty I was. Nothing I could do, and no one else, could clean my soul, reorder it, nurture it, grow it, or teach it like Him. I need the power of God. I need the Spirit of God. I know I have to live His way to continue letting Him clean me up. If I take one step backwards, I will be worse off than before, because that has already happened.



Now that you walk in the truth, what do people misunderstand about you?

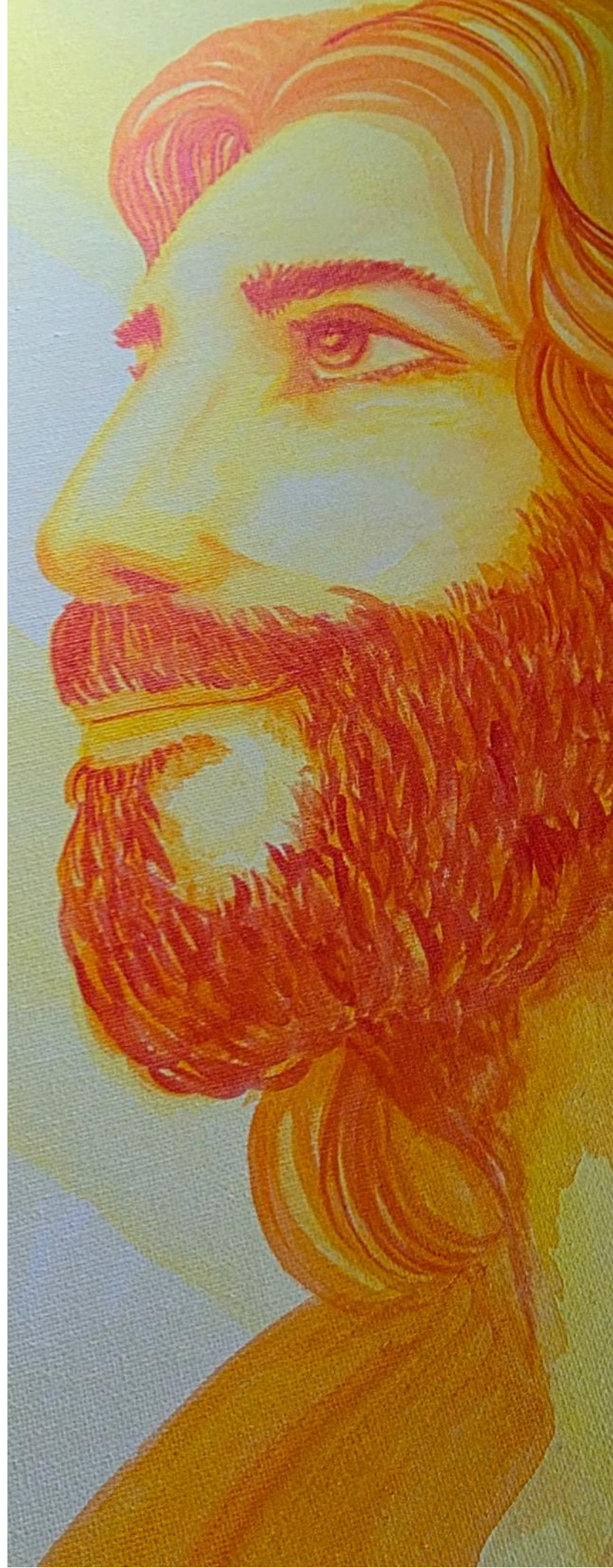
Now that I walk in the truth of Christ, what most people misunderstand is simply that they don't understand. I'm okay with that. I now live my life unto Jesus. I can't help everyone understand the ways Jesus set me free, how He delivered me, or why my face is covered in tattoos, or why I look more masculine as a woman. All I care about now is that Jesus knows. He saw everything I went through and understands why. That's what He knows most about every single person. He knows more about us than we do. He is so perfect, He remembers everything. I am a work of art in the most trustworthy hands I know, the safest hands I know. He has helped me to know God, to love, because before Him I didn't know love.

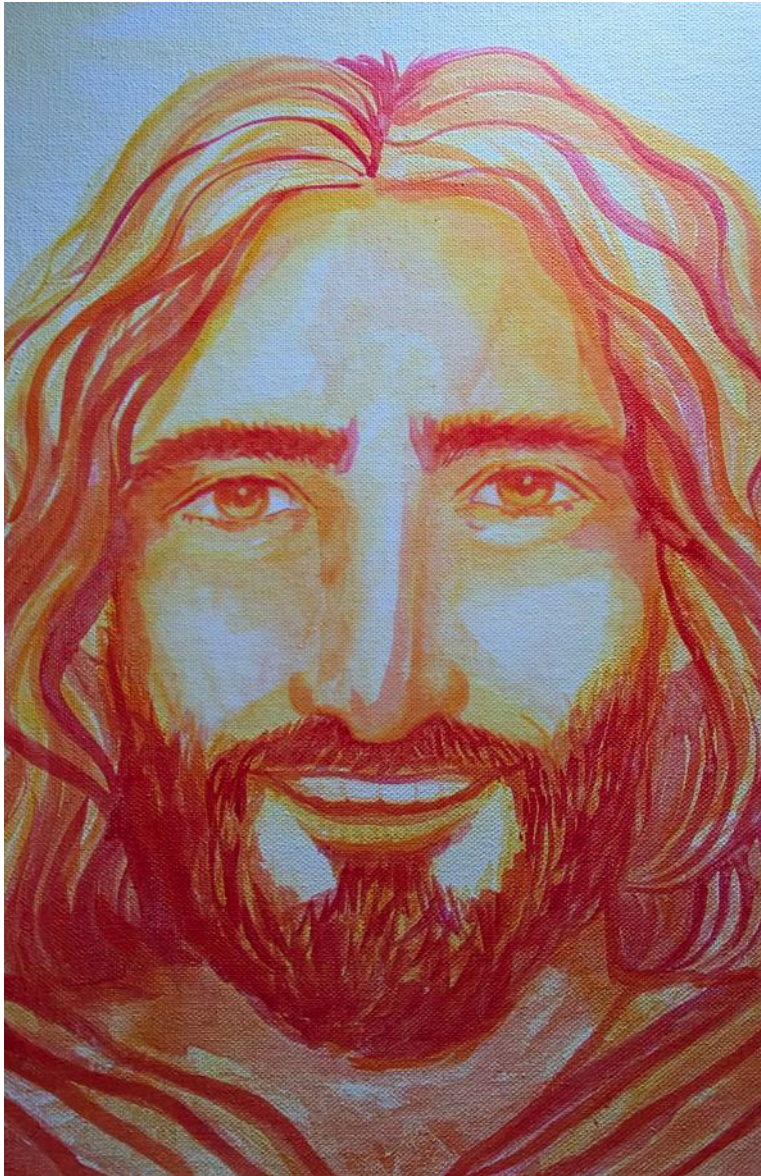
What keeps you going when things are not easy?

When things aren't easy, I cry out to Jesus, to God, literally. I've learnt to ask the Holy Spirit why. I so deeply long to know each of God's facets that I ask Him to show me with all my heart. I get overwhelmed easily, but I hold it all in until I get to my secret place with Him, and then I just cry into His chest, curl up in His arms, in His comfort, and wait for revelation. He always sorts things out for me. I can't go to people.

Can you describe your first real encounter with the Holy Spirit?

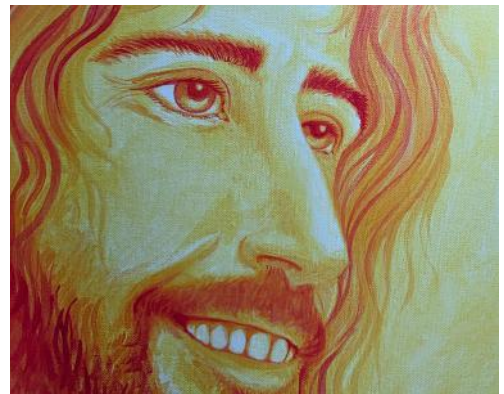
I got to know the Holy Spirit in person during the crossover crusade in Wairoa with Apostle Katarena Savage. I was sceptical about her, but God showed up anyway. By His Spirit, I experienced the mighty hand of God that delivered me from what I understood as the ancient dragon and serpent in my bloodlines, along with many other things over two days. I experienced His glory and His voice, where He spoke to me and guided me to stay still as He set me free from nicotine, something I thought would take my life.





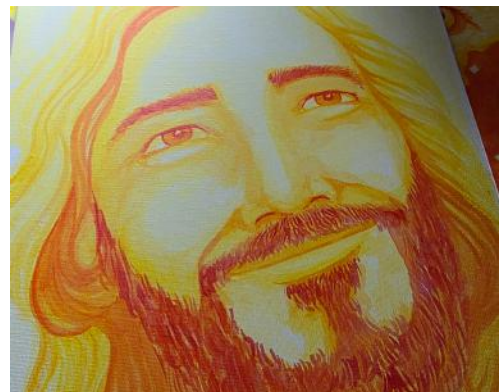
Your creativity has also been a big part of your journey. How did your art become connected to Jesus?

I didn't have a voice, so painting began as therapy, expression, and self-exploration. But it became a spiritual gift through the Holy Spirit. Early this year, after I had given up on my art journey, He told me to paint again. That was hard for me to believe at first, but because I had experienced His sovereignty over my life, I listened. I went against my wounds and let Him flow through me. He heals me through my obedience. This is a partnership where the outcome is not based on my guidance, ideas, or influence. He has control now. I see Him move in every brushstroke. He brings people to me. He chose the colour palette. I cannot step outside of what He gives me. He gives me knowledge, insight, and joy as we create together, because the revelation is always Jesus. My creative process is fellowship with Him, through the Holy Spirit, for His children.



Have you had moments where your art impacted someone in a way that stayed with you?

I don't hold onto the impact my art may have on people. I give all the glory to Jesus. He deserves every remembrance and every impact. What I hold onto is seeing His face. Being with Him feels like heaven itself, and that's where every painting comes from. When I look at each painting, I feel like I have to keep giving Him away, the One I love the most. And in return, He gives me more of Himself.



How do you stay close to Jesus daily in your relationship with Him?

Now I stay close to Jesus with everything about me. I consider Him with every thought. I give Him more time than anything else. I commit to aligning my life with the truth of who He says I am. I let go of all my dark ways. I'm learning to fight for the future Jesus wants me to have, to become who He has always known me to be

with Him. To live life in the Spirit with Him, to be a disciple, to take up my cross and follow Him. This kind of suffering, in dying to myself, is far better than where I was. Because dying to my selfish, fleshly ways means I get closer to my Lord and King, Jesus. I experience His love more, especially for others, which means everything to me now. I can say no to unhealthy ways and people. I get to know the God of all creation. He is opening my eyes to see beyond what I've ever seen before. I get to know the deep and hidden things of the Spirit. Because of what I went through and what I still face, I watch for the enemy's schemes. With Jesus, I can win every battle, no matter how hard or how long the fight gets. In Jesus, I'm learning to walk in victory.

If you could speak directly to this generation, what do they need to hear?

Give everything you have to Jesus. Live for Him. Love Him more than anything else in this world. He will never hurt you, leave you, or let you go. He always has your best interests at heart and knows you better than anyone ever can. He made you. He sees you. He hears you. He understands you. Get to know Him. Make that your life's purpose, and your reward will be greater than anything this world can ever offer, and it will last forever.

“Give everything you have to Jesus. Live for Him. Love Him more than anything else in this world. He will never hurt you, leave you, or let you go.”



“With Jesus, I can
win every battle,
no matter how
hard or how long
the fight gets.”

Jasmine Paaka-Culpin



**7 STEPS TO
BUILD A REAL
RELATIONSHIP
WITH GOD**

START WITH HONESTY & HUMILITY

You don't need the right words.
With a sincere heart.
Come to Him as you are.

- Tired
- unsure
- frustrated
- searching



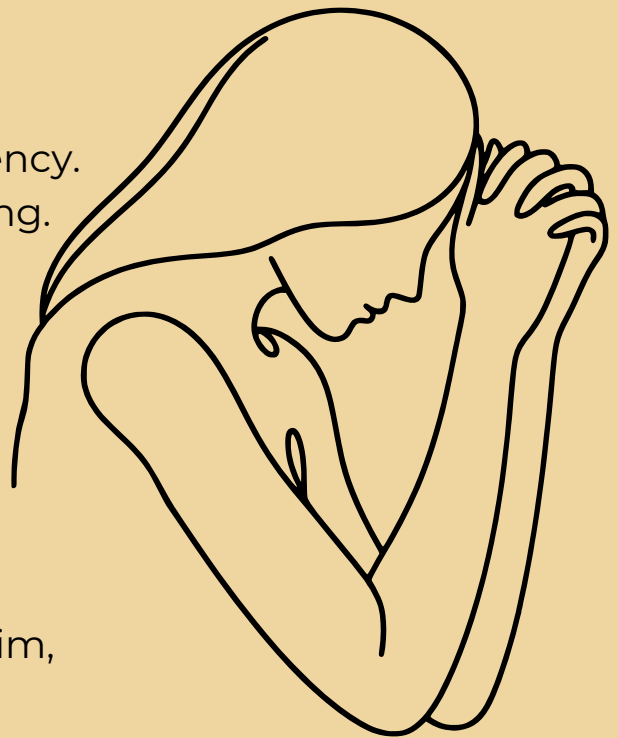
Speak openly. Say what is actually on your mind.
A real relationship begins when you stop trying to
sound “right” and start being real.

SPEAK TO HIM DAILY

Connection grows through consistency.
Not just when something goes wrong.
Not just when you need help.
Talk to Him throughout your day:

- when you wake up
- while you're working
- in quiet moments

You are building connection with Him,
not performing a religious ritual.



READ TO UNDERSTAND HIM

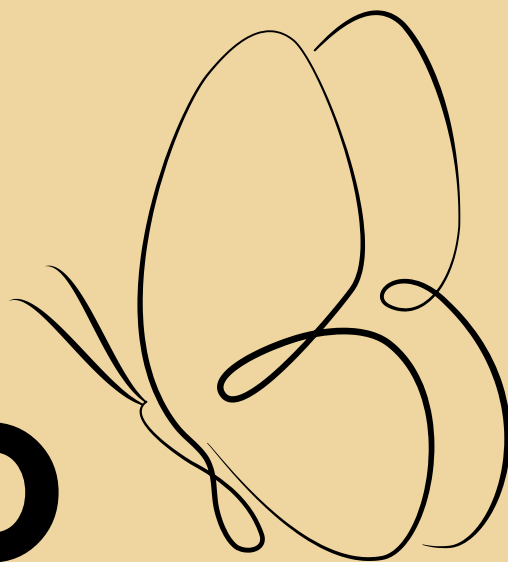
His word The Bible is not a task.
It is how you begin to understand Him
Start simple.

- Proverbs for wisdom
- Matthew to see how Jesus lived

Ask The Holy Spirit for wisdom and
understanding and ask Him to speak to you
What is God saying to me?
Don't rush it.
Let it shape you.



LEARN TO LISTEN



Most people only speak.

Few actually listen.

Make space.

Sit in silence & listen

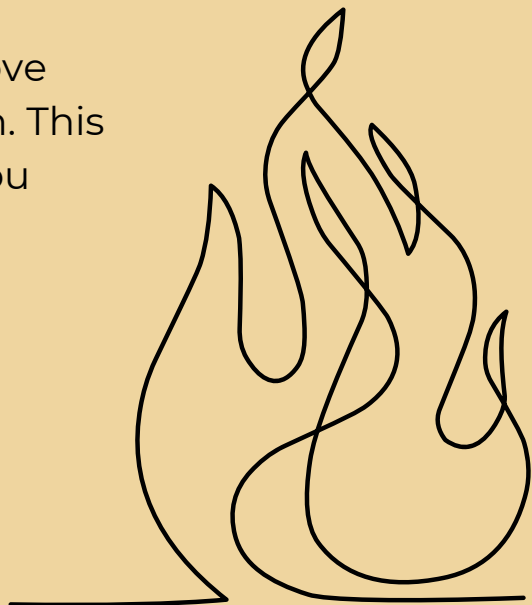
Pay attention to:

- conviction
- direction
- clarity
-

You will begin to recognise His voice over time.

OBEDY WHAT YOU ALREADY KNOW

You need to choose to take action with what you already understand. If something needs to change, change it. Obedience is what deepens the relationship. Obedience shows you love Him. Going to war for Him against sin. This is what will save your soul and free you and others

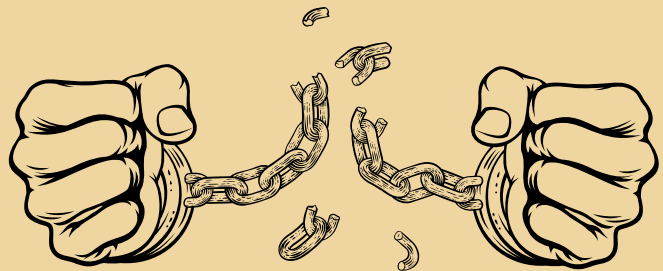


REMOVE WHAT DISCONNECTS YOU

You cannot get to God while holding onto everything.

Look at your life honestly:

- habits
- environments
- content you consume
- people around you



Ask:

Is this pulling me closer or further away?

Ask God to remove what is not His and to purify what is His

STAY CONSISTENT



You will not get everything right at once.
That is not the goal.
The goal is to keep coming back.

- Show up again
- Keep speaking
- Keep choosing Him

Consistency builds trust.
Trust builds relationship.
Those that win run the race to the end



ANAVÉ *Beauty*



TAKING CARE OF YOURSELF IS NOT VANITY

Somewhere along the way somebody convinced a generation of women of God that caring about how they look was shallow. That spending time on their appearance was vanity. That a truly godly woman should somehow be above all of that unbothered, unpolished and proving her spirituality by neglecting herself and quietly without even realising it so many women believed it.

Anavé Beauty exists to dismantle that lie completely. We need to reflect God with excellence!

This is a beauty line that has a purpose for Kingdom purposes

You Are Allowed To Feel Beautiful

Seriously. You are allowed. Not in a way that becomes an obsession. Not in a way that makes your worth dependent on a mirror but in the quiet, dignified, deeply feminine way that says I know who I am, I know whose I am and I am going to take care of what God gave me.

The Proverbs 31 woman was not walking around unkempt and unbothered about her appearance. She was clothed in fine linen and purple. She carried herself with strength and dignity. She was a woman of excellence and that excellence showed up in every single area of her life including how she presented herself.

Taking care of yourself is not vanity. It is stewardship and Anavé Beauty was born from that place for the woman who wants to feel beautiful, elegant and like a Proverbs 31 woman.





FRESH ELEGANT BEAUTY CURATED JUST FOR YOU.



It Was Made For You. Not For The World Every product in the Anavé Beauty range was curated for the woman of God who wants to feel elegantly taken care of without ever being asked to be more seductive, more dramatic or less of who God made her.



Your Order Gets Prayed Over. Every Single Time Before your order leaves it is prayed over because what arrives at your door carries more than product, it carries the intention that you would feel valued and covered as the daughter of God you are. ♥

WHAT THE BEAUTY INDUSTRY NEVER TOLD YOU

The beauty industry built an empire on one strategy make women feel like they are not enough and then sell them the solution. Anavé Beauty is not that. Every product in this range was chosen because it enhances not erases, adds not replaces and makes the woman wearing it look in the mirror and see more of herself, not less.

01

Choose products that bring the real you forward because a light natural finish will always look more beautiful, more elegant and more powerful than a face that is hiding.

02

Your Skin Is Talking . Are You Listening? Cleanse, moisturise and drink your water every single day because when your skin is genuinely cared for everything else takes care of itself.

03

Present yourself every day as the Proverbs 31 woman you are becoming because how you show up on the outside is a quiet declaration of how much you value what God placed on the inside.

04

The most magnetic thing about a woman of God it is the peace, the joy and the quiet confidence that comes from knowing exactly who she is in Christ.

"Charm is deceptive and beauty is fleeting but a woman who fears the Lord is to be praised."

Proverbs 31:30

Sheena Taylor

I DENOUNCE YOU SATAN



The Power of *Believing* You Can

Before the plan, before the effort, before the result there has to be a form of belief. God has been speaking into that belief since the beginning of time.

There is a story almost embarrassingly simple that psychologist Albert Bandura liked to tell his students. Two people face the same mountain. One looks up and thinks,

I might be able to climb that. The other looks up and thinks, I can't. At that precise moment, before either has taken a single step, their outcomes have already diverged. Not because of fitness. Not because of equipment because of belief. God understood this long before any laboratory did.

Bandura called this self-efficacy your personal conviction that you are capable of executing the actions required to produce a specific outcome. Decades of research have since confirmed what Scripture has declared for thousands of years: belief is not a soft, feel-good accessory to achievement. It is a structural requirement for it and it is something God has always called His people into.

"Belief is not arrogance it is agreement with God."

365

There are 365 "fear not" commands in the Bible one for every day of the year. God repeatedly addresses doubt and calls His people into courageous belief.

“**F**or as he thinks in his heart, so is he.”
PROVERBS 23:7

God *Designed* the Believing Mind

When you genuinely believe you can do something, your brain behaves differently. Neuroimaging studies show that a confident, believing mind activates the prefrontal cortex—the seat of planning, problem-solving and executive function with greater intensity and efficiency. Doubt, by contrast, fires the amygdala, flooding the system with cortisol and narrowing attention to the threat at hand.

Put simply: a doubting brain is a brain in survival mode. A believing brain is a brain in creative mode. This is not accidental. God wired the human mind to flourish under faith. He designed our neurology to come fully alive when we trust in Him, and in the identity and capacity He has placed within us. Science is only now measuring what God authored.

This is precisely why the Apostle Paul did not merely suggest positive thinking—he issued a direct command about where the mind must dwell. Carol Dweck's landmark research at Stanford, showing that people who believe their abilities can grow consistently outperform those who don't, is simply a modern echo of what the Bible has always taught: the renewed mind produces a transformed life.

"Faith is not the absence of doubt. It is the decision to believe God over the evidence of your fear."

40%

Students with a growth mindset outperformed peers by up to 40% echoing Romans 12:2: transformation comes through the renewing of the mind.

Doubt Is Not *Humility*

We tend to treat self-doubt as a form of intellectual honesty a sign that we are being realistic rather than presumptuous. There is something that feels almost spiritually appropriate about hedging, about saying maybe instead of yes, about not getting too confident. We have confused doubt with humility. They are not the same thing.

True humility says: I cannot do this alone, but with God I can do all things. Doubt says: I cannot do this, full stop. One honours God's power at work within you. The other quietly denies it. When the ten spies returned from Canaan and declared the land unconquerable, they were not being humble they were being faithless. Only Caleb and Joshua believed God's word over the evidence of their eyes, and it was their belief that proved true.

Research by Gabriele Oettingen at New York University confirms the cost of chronic doubt: people who rehearse negative outcomes actually have lower energy and achieve less, because the brain responds to pessimistic thinking as if the failure has already occurred. You can rehearse defeat so thoroughly that your biology cooperates in producing it. God warned us of this dynamic long before neuroscience named it.



“**F**inally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything is excellent or praiseworthy think about such things.”
PHILIPPIANS 4:8

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Romans 12:2

Faith Is the **Original** Mindset

Modern mindset culture did not invent the idea that belief precedes outcome. The Bible did. Hebrews 11 often called the Faith Hall of Fame is a catalogue of ordinary men and women who acted on what they believed before they had any visible evidence to support it. Noah built an ark before a drop of rain fell. Abraham left his homeland before he knew his destination. Each of them chose, in a defining internal moment, to believe God's word over their circumstances.

Jesus himself made belief central to every miracle he performed. He did not simply heal people He consistently asked first: Do you believe? To the two blind men who cried out to him, He said: "According to your faith let it be done to you" and their sight was restored. Faith was not an afterthought. It was the mechanism. It remains the mechanism.

Here is what makes belief so powerful and so urgent to cultivate: it compounds. Every step of faith taken builds a record a personal history of God's faithfulness and your own capability. That record strengthens conviction. Stronger conviction produces bolder steps. Bolder steps generate deeper evidence. This is the upward spiral of a faith-filled life, and it is available to every person willing to begin.



Five Practices to *Build* a God-Centred Belief

1

RENEW YOUR MIND DAILY IN THE WORD

Romans 12:2 commands transformation through the renewing of your mind. This is not passive it requires daily, deliberate immersion in what God says about you, your future and your capacity. His Word is the foundation belief is built on.

2

SPEAK WHAT GOD SPEAKS

Proverbs 18:21 tells us that death and life are in the power of the tongue. God called things that were not as though they were (Romans 4:17). Practise declaring what He has promised over your life, not merely what you currently see or feel.

3

RECALL YOUR EBENEZERS

In 1 Samuel 7, the Israelites set up a stone of remembrance an Ebenezer to mark where God had helped them. Build your own. Catalogue every prayer answered, every obstacle God carried you through. Your past faithfulness record is fuel for present belief.

4

GUARD THE COMPANY YOU KEEP

Proverbs 13:20 says that whoever walks with the wise grows wise. Surround yourself with people of faith those whose words build rather than diminish, who speak possibility because they have anchored it in God's promises.

5

ACT BEFORE YOU FEEL READY

Faith without works is dead (James 2:17). Belief that stays entirely internal is incomplete. Take the step. Make the call. Begin the thing. God honours the movement of faith and it is in the doing that belief deepens from idea into conviction.

“

N

ow faith is confidence in what we hope for and assurance about what we do not see.”

HEBREWS 11:1

God Said It *First*

Every significant thing any human being has ever done began in the same place: a private, internal moment in which someone decided or trusted that it was possible. Before the training, before the sacrifice, before the breakthrough, there was belief. For the Man or Woman of God that belief is not rooted in self-confidence alone. It is rooted in the unshakeable character of a God who declares: I know the plans I have for you plans to prosper you and not to harm you, plans to give you a hope and a future.

You do not need certainty. You do not need to feel ready. You need only to choose, in this moment and then the next, to trust what God has said about you over what fear whispers. To act from that trust rather than waiting for it to feel comfortable before you begin. The mountain is still there but you do not climb it alone and the One who goes with you has never failed.

Belief is not arrogance it is agreement with God. When you believe you can, you are not inflating yourself. You are aligning yourself with what your Creator has already declared true. Choose it first. He will be faithful to the rest.



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Pamela



GOD MY KING IS A BOLD DECLARATION OF WHO GOD IS. SOVEREIGN, FAITHFUL, AND EVER-PRESENT THROUGH EVERY SEASON OF LIFE. THIS SONG CAME FROM A PLACE OF DEEP REVERENCE. IT'S A DECLARATION, NOT JUST OF WHO GOD IS, BUT OF WHO HE HAS ALWAYS BEEN IN MY LIFE. WHEN EVERYTHING FEELS SHAKEN, HE IS STILL KING



FAITH-
DRIVEN
FEARLESS.
CREATIVE
PURPOSEFUL.

Lord, I Can't Believe





Bianca's Story

School was never for me.

I never truly fit in, because deep down, I knew: I'm an artist. Music has been part of me since the age of three. By the time I turned twenty-five, I had signed my first music contract. My dream was finally becoming reality. I thought, this is it. This is what I was born to do but just months into recording my first album, *Obsessie*, I received a phone call that shook my entire world.



The doctor said one word. Cancer.

It felt as if time stopped. Cervical cancer. At twenty-five. I remember asking, “God, why now? I’ve worked so hard for this dream, and just as it starts, You allow this?” But in that season of fear and questioning, I discovered something else, God was walking beside me. Even when I doubted, He never left. I had surgery to remove the cancer cells, and as soon as I was able, I went straight back into the studio. My health was on the line, but I refused to let cancer steal my dream. The album was finished. It launched and I thought, finally, things will start to happen but **nothing happened. No airplay. No playlisting. No spotlight.** Worse my label started asking, **“Did we sign the wrong artist?” That rejection cut deep** but instead of giving up, I started phoning every single radio station, asking them why my music wasn’t played. The answer was always the same: “It’s not you, it’s the mix. It’s not radio-friendly.” So back to the studio we went. Remixing. Reworking. Remastering and after all that, I finally got nominated for Best Female Artist of the Year. I didn’t win but in my heart, it was already a victory. Still, I thought, surely now things will happen? Again silence!

The industry had changed, and I realised that to get on stage, to get TV interviews, to get anywhere, I had to fight. Constantly. Slowly, the fire inside me started burning out. By twenty-eight, I was done. Music had died inside me. My dream was no longer a dream but on that path of surrender, I met my husband and together, we dreamed of starting a family. **That’s when struggle number three hit.** The doctors told me it was impossible to have children. We tried for three years. Three years of tears, of asking God, “Why again?”

Just when I was ready to give up, we discovered the miracle: I was going to be a mum. Today, I have two beautiful boys. My husband. My family and my faith. For the past few years, I’ve dedicated myself fully to my family and my faith and yes I’ve always been religious. I’ve always prayed but it’s only in the silence, in the disappointments, in the “no’s,” and even in the pain, that I discovered how close God has always been. Because the truth is:

I belong

For interviews, bookings, or media requests:
marketing@edemoonproductions.co.za

 @bianca1.music

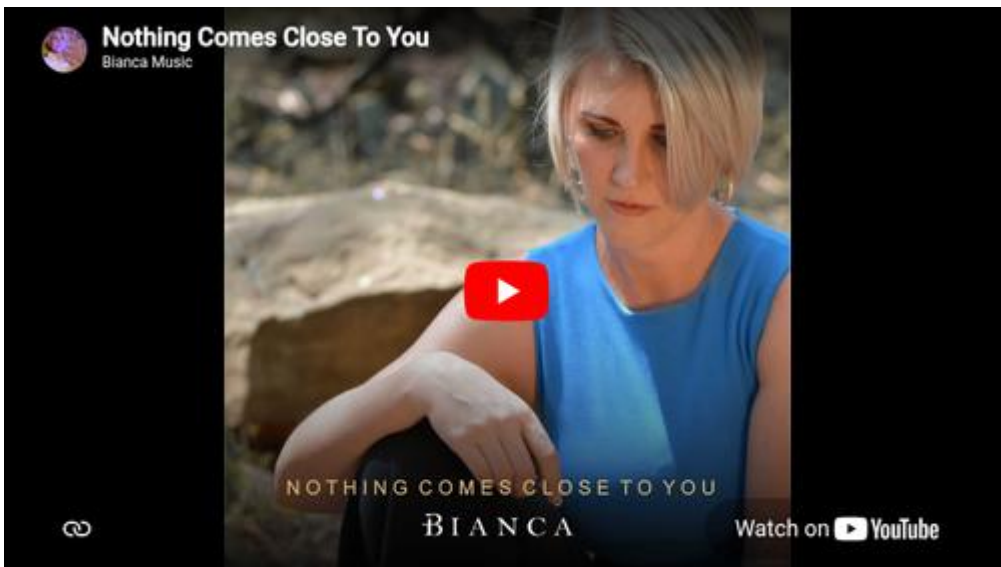


I Belong Poem


*Where do I begin? What do I say today?
I fear being judged, before I've had my
say. What makes my story so unique?
I had fame, I had applause, all that I could
seek. I stood on stages, bathed in light, I
lived my dream, it all felt right. But still, I
was empty, restless within, My flame was
dimmed, my soul worn thin. My humanity
slowly slipped away, Until I had no
strength to stay. I gave it all up the voice,
the song, and sat in silence, where I didn't
belong. For years I searched: "Where's my
place? Where can I help, where's my
space?" But fear kept whispering: "You're
not enough." And judgment made me
silent, made the road rough. Then one
coffee, one small talk, I opened my heart,
dropped the mask. I heard of a need, a
chance, a spark, and something in me
woke up from the dark. Four months later,
I sing and write again, Not for fame, but
for what I bring then. The wounds remain,
the path's still long, But I'm alive again
I've found my song. I belong not to
people's applause or plan, but to the One
who calls me, with love in His hand. I've
found my people, my place, my voice, and
all of it, grace. All of it, His choice.*



Nothing Comes Close to You

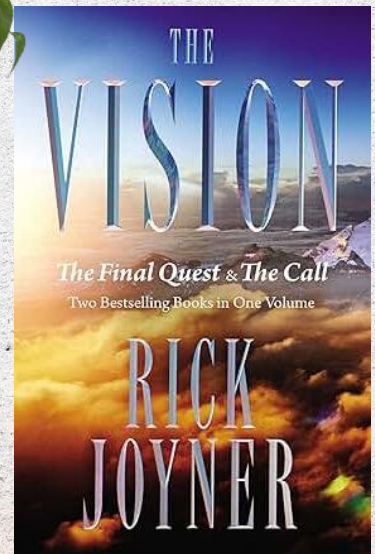
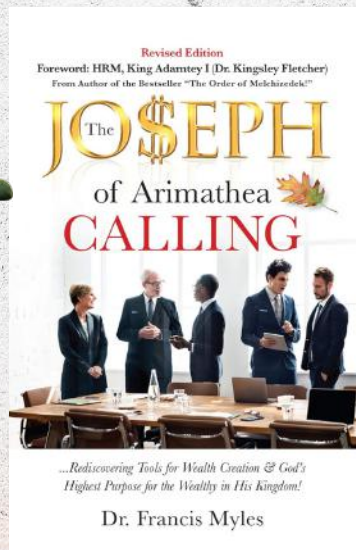
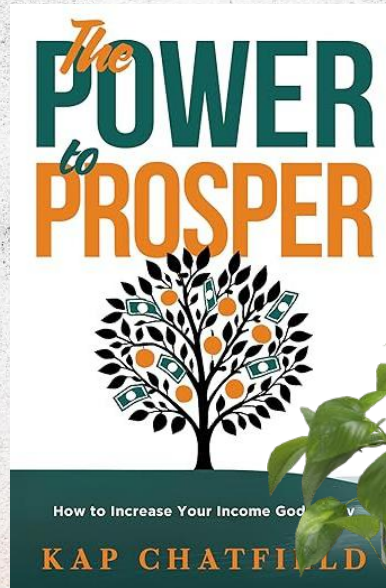
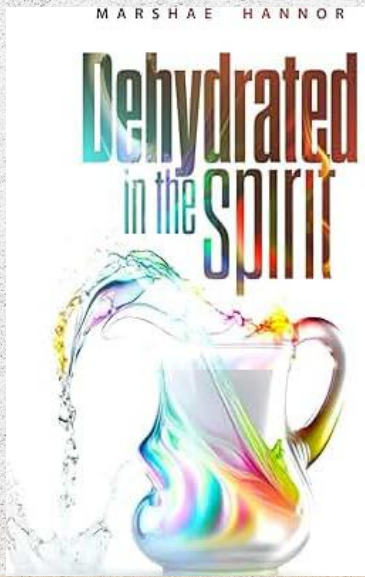


Nothing Comes Close To You” has charted at #40 on the Radio Indie Alliance Top 100 Songs for the week of 26 January 2026. Occupying the Number 1 Position for an incredible four weeks in a row. New Vision Radio USA



To every young woman: Your worth is not measured by your success, your failures, your struggles, or even your pain. Your worth is found in Him. In the God who never left me through cancer, through rejection, through infertility, through pain and if He could turn my broken dreams into a testimony of belonging, He can do the same for you. So today I stand here to tell you: You belong. You are chosen. You are loved and your story is not over.

THE SHELF



Breaking the Chains of Spoken Words

The words spoken over your life are not your sentence. They are an invitation to rise, to rebuke, and to reclaim every promise God has already written in your name.

We've all heard them those cutting remarks, negative labels, or dire predictions that echo in our minds long after they were spoken. Sometimes they come from others; sometimes from our own lips.

These are not just empty phrases. They can be word curses negative declarations that, when believed and embraced, subtly yet powerfully shape our experiences and hinder the God-given assignment on our lives.

A fundamental truth stands in opposition to every negative word ever spoken over you: you have authority, and your words carry power. It is time to stop accepting what God never sent, and to reclaim the divine blueprint He has already written for your destiny.

"Your tongue is not just a muscle it is a spiritual weapon. Use it to build, to bless, and to declare who God says you are."

365

"Fear not" commands in the Bible one for every day of the year. God knew we would need daily reminders to reject fear and choose faith.

“**D**eath and life are in the power of the tongue, and those who love it will eat its fruits.
PROVERBS 18:21

WHY WORD CURSES TAKE ROOT

A word curse isn't necessarily a voodoo spell often, it is far more insidious. It's the constant repetition of "You'll never amount to anything," the acceptance of "You always fail," or the self-declaration, "I'm not good enough." These aren't just opinions; they are seeds planted in the soil of our hearts and minds.

Why do they take root? First, belief: when we believe a spoken negativity, it gains power. Our agreement gives it permission to operate in our lives. Second, repetition: frequent exposure, whether from others or ourselves, engraves the message deeply into our subconscious. Third, identity: these words can become part of our self-perception, leading us to subconsciously act in ways that confirm the curse. The enemy knows the power of words. If he can use spoken negativity to convince us of something contrary to God's truth, he can often derail us from our purpose before we even begin.

"For I know the plans I have for you, declares the Lord plans to prosper you and not to harm you, plans to give you hope and a future."

JEREMIAH 29:11

"What you confess with your mouth reveals and reinforces what you truly believe make sure it aligns with what God has already declared."

– ROMANS 10:10 REFLECTION

GODS FIRST ACT

1st

God's very first recorded action was speaking. "Let there be light." We are made in His image our words carry creative and destructive power too.

WHAT GOD SAYS ABOUT THE POWER OF WORDS

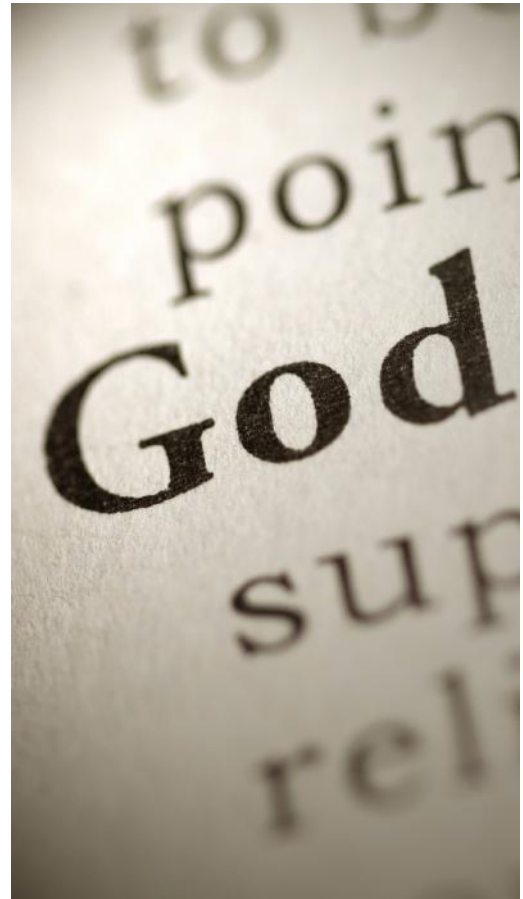
The Bible is unequivocally clear about the immense power of our words. It's not a New Age concept; it's a foundational truth taught throughout Scripture.

Life and Death: Proverbs 18:21 declares that death and life are in the power of the tongue and those who love it will eat its fruits. This isn't metaphorical; it is a profound spiritual principle. What we speak, both over ourselves and others, has profound consequences.

Creation: God Himself spoke the world into existence (Genesis 1). His first act was using words to manifest reality, demonstrating the creative force of speech. We are made in His image, gifted with a measure of that creative power in our own tongues.

Confession and Belief: Romans 10:10 reminds us that with the heart one believes and is justified, and with the mouth one confesses and is saved. Our words are intrinsically linked to our belief they can dictate our salvation, our healing, and our destiny.

God created us with the capacity to speak forth blessing and life. When we align our words with His, we unlock supernatural potential. Your tongue is not just a muscle; it is a spiritual weapon. You can use it to build up, to bless, and to declare your divine identity.



For with the heart one believes and is justified, and with the mouth one confesses and is saved.

ROMANS 10:10

“**F**rom the same mouth come blessing and cursing. My brothers, these things ought not to be so.
JAMES 3:10

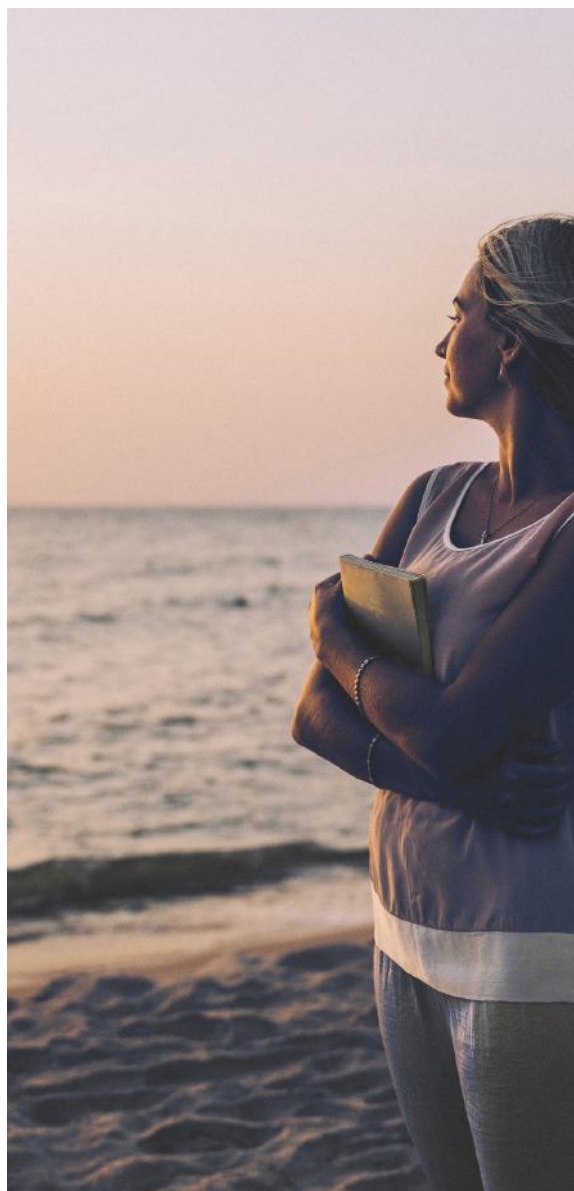
You are not obligated to accept what God did not send. Every word that contradicts His truth is a package you have every right to refuse.

BREAKING FREE: DON'T ACCEPT WHAT GOD DIDN'T SEND

The chilling reality is that we have all accepted curses often unknowingly. Parents, teachers, friends, even unintentional comments can plant these seeds. "You're clumsy." "You're not a people person." "You'll never get into that college." These are curses we must recognise and reject.

Just as you would not sign for a package you never ordered, you do not have to accept a negative word that doesn't align with God's truth for your life. When someone speaks something definite and negative over your life "You're about to lose your job," "You'll go through a big heartbreak" rebuke it immediately in the name of Jesus. You are not obligated to accept what God didn't send.

Take time to reflect. Go back to your childhood, your past week, and identify every negative label, every damning prophecy, every limiting belief spoken over you that you've accepted. Write them down. How many times were you called stupid, ugly, not a people person, or told you wouldn't get anywhere in life? These are all curses and they can be broken.



YOUR ACTION PLAN

1

REFUSE AGREEMENT

When someone speaks something definite and negative over your life, rebuke it immediately in the name of Jesus. You are not obligated to receive what God did not send. Silence is not neutral active rejection is required.

2

IDENTIFY PAST CURSES

Take time to reflect. Go back to your childhood, your past week, and identify every negative label, every damning prophecy, every limiting belief spoken over you that you've accepted. Write them down. Named and seen, they begin to lose their hidden power.

3

BREAK THEM WITH AUTHORITY

Out loud, bring each one to Jesus. "In the name of Jesus Christ, I break agreement with the curse that I am [not enough / going to fail / always broke]. I renounce this lie, and it no longer has authority in my life." This is a spiritual act of revoking permission not just positive thinking.

4

REPLACE WITH GOD'S TRUTH

Immediately follow every renunciation with God's truth. If you renounce "I'm not good enough," replace it with: "I am fearfully and wonderfully made, deeply loved, and more than enough in Christ" (Psalm 139:14, Ephesians 2:10). These are your true, God-given affirmations. No weapon formed against you will prosper; the One within you is greater than the one against you.

5

GUARD YOUR EARS AND MOUTH. BE SLOW TO SPEAK

Be extremely mindful of what you listen to and, especially, what you allow your own mouth to declare. How many times do we jokingly say "I'm broke," "I'm sick," "I'm going to die alone"? These are curses we speak over ourselves. As the Bible says, be slow to speak and quick to listen (James 1:19). Don't speak self-defeating statements or allow others to either. In my own life, when a doctor gave me a medical "curse" about my knees by age 40, I immediately rebuked it in Jesus' name and started strengthening them. We fight these things!

6

STAY AWAY FROM PSYCHIC READINGS AND BE DISCERNING WITH PROPHETIC MESSAGES

People are easily cursed through these readings. It's a setup: "Here's my future speak over it." The same applies to prophetic words from unknown sources online, especially for the collective. A single curse accepted from a psychic can terrify you for decades. Sometimes curses, even if they don't manifest physically, live upstairs in your mind and spirit manifesting as fear, anxiety, and limiting beliefs.

“**N**o weapon formed against you shall prosper, and every tongue that rises against you in judgment you shall condemn. This is the heritage of the servants of the Lord.
ISAIAH 54:17

THE POWER OF YOUR WORDS: SPEAKING LIFE OVER YOUR ASSIGNMENT

Once you've stopped accepting curses, you are ready to wield the power of your words for blessing. Your tongue is meant to be an instrument of creation, not destruction. God called things that were not as though they were (Romans 4:17) follow His pattern.

Speak Your Future: Don't just hope for your assignment; speak it into existence. "I am walking boldly in my purpose." "My kingdom brand is flourishing." "I am a powerful woman of God, impacting generations."

Declare Your Identity: Reinforce who God says you are. "I am strong in the Lord." "I am victorious." "I am blessed to be a blessing."

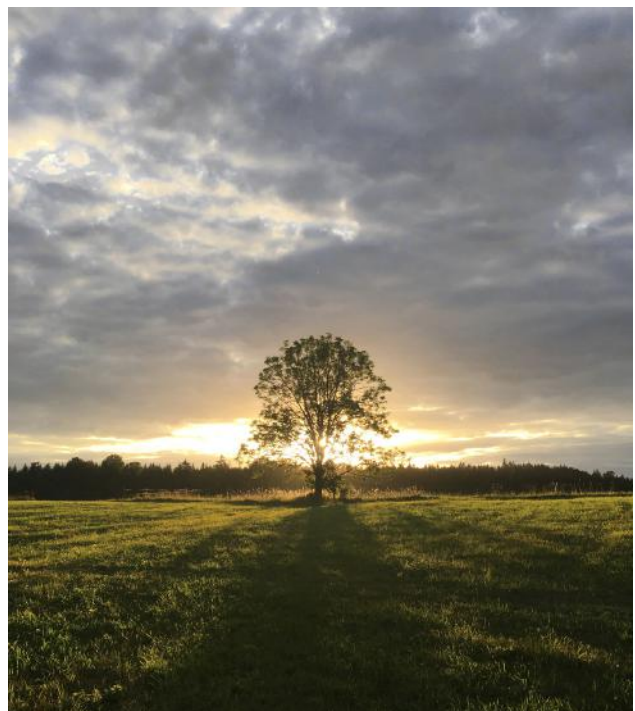
Prophecy Over Your Circumstances: Speak to situations the way God would. Instead of complaining about lack, declare abundance. Instead of describing sickness, claim healing.

Don't narrate your current circumstances declare your God-given destination.

Bless Others: Extend this power outward. Speak life, encouragement, and blessing over your family, your friends, your community. The same tongue that breaks curses over yourself can sow seeds of destiny into the people around you.

I have plans to prosper you and not to harm you, plans to give you hope and a future.

JEREMIAH 29:11



TAKE BACK YOUR POWER: A PRAYER TO BREAK EVERY CURSE

It is so easy for someone to curse you, even unintentionally. It is also tragically easy to curse ourselves. The danger is real. It's time to bring all of them to Jesus. You have the Holy Spirit within you; God speaks directly to you. Let's pray together out loud, with full authority:

“F

PRAYER

ather God, in the name of Jesus, we come before You. We ask that every single curse that has been spoken over us from childhood right into this present day is broken in the name of Jesus. Every curse that we are ugly, stupid, fat, too skinny, not people persons, that we won't get anywhere in our careers, that we won't succeed in college or in our studies, that we'll never get married, that we'll be alone forever we rebuke it in the name of Jesus and we cancel it in the name of Jesus.

Any curses spoken over us by friends, family, partners, ex-partners, even children, we break them now in the name of Jesus. Every curse unknowingly spoken over us by another person or even by a demonic entity, we cancel it and rebuke it right now in the mighty name of Jesus Christ. No weapon formed against us will prosper. No curse that is unjust will land in the name of Jesus Christ.

Every word I have spoken, every curse I have spoken over myself or over another person. Lord Jesus, forgive me and I ask right now that it is broken and destroyed in the name of Jesus Christ. I speak life and blessings over myself and every single person I may have cursed accidentally or on purpose, in Jesus' name.

We come together right now before God and we break every single curse, every single spell, every single hex, every single reading done on us in the mighty name of Jesus. Every false word that has been prophesied over us, we rebuke it right now in the name of Jesus.

Lord, we come to You and we submit and we give up the ways in which we have come into agreement with these curses. We cut the ties in which we have come into agreement with these curses in the name of Jesus and Lord, we ask that You speak Your truth into us, that You prophesy Your life over us, because Your word says, 'I have plans to prosper you, not to harm you,' in the mighty name of Jesus Christ.

Lord, thank You for protecting us against all things, things we see and things we can't see, things we're aware of and things we are completely unaware of, in the name of Jesus and also, Lord, help us to be silent when we are tempted to curse somebody intentionally or unintentionally. Lord, help us to discern where someone or something is trying to curse us, intentionally or unintentionally. Thank You, Jesus. Amen."

If you feel like you've cursed people, or if people are cursing you, bring it all to Jesus. Repent of those curses and ask that they are broken in His name. If someone is cursing you, ask that their words are broken not that the curse returns to them. You simply destroy its power in the name of Jesus. It's that straightforward, however, it requires an active and continual choice.

WALK BOLDLY IN YOUR ASSIGNMENT

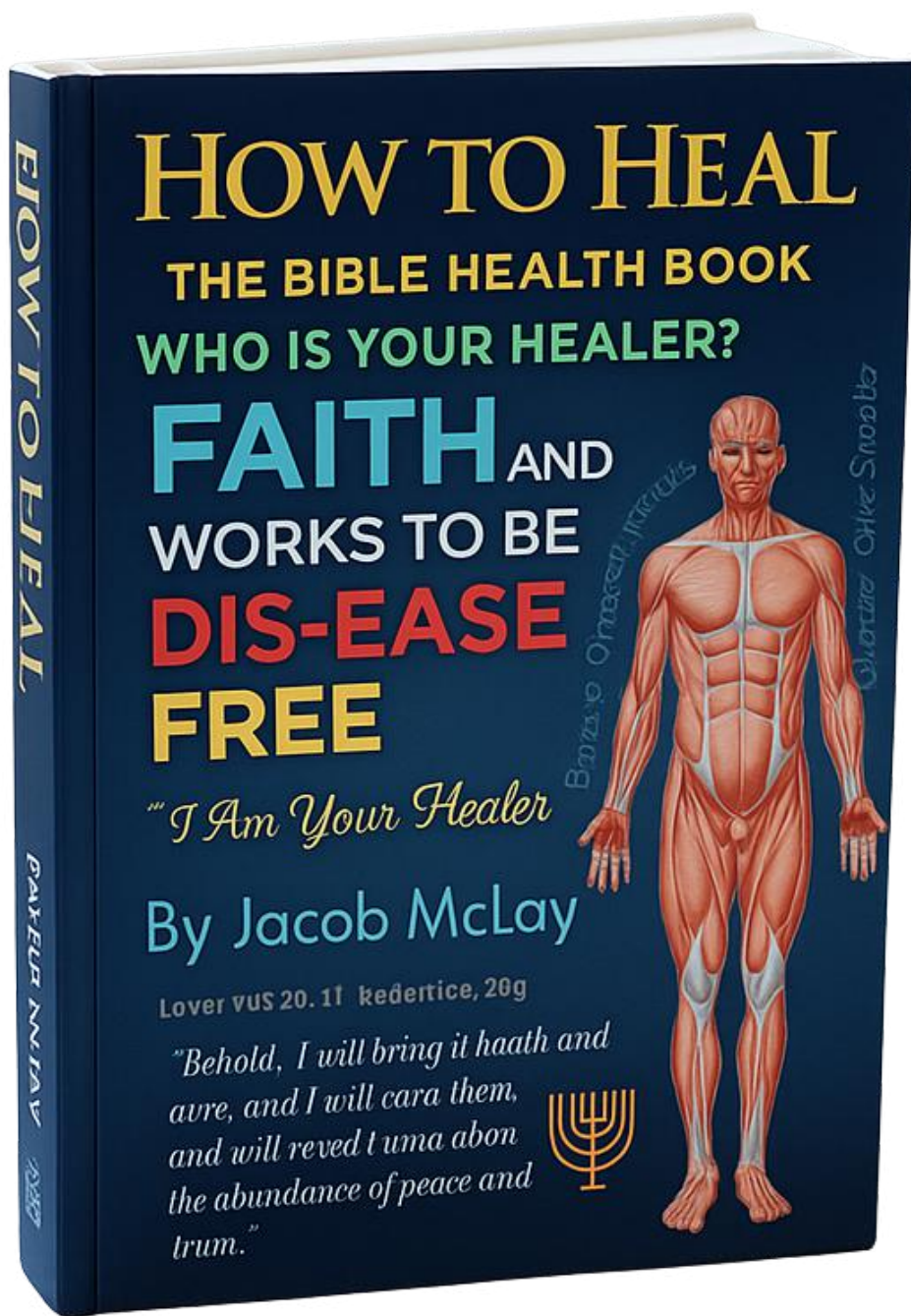
Your assignment is too great too divinely appointed to be shackled by the careless or calculated words of anyone, including yourself. God has not given you a spirit of fear, but of power, of love, and of a sound mind (2 Timothy 1:7). Continual discernment is key. God is within you, and He will show you where a curse is trying to land. Don't dismiss a nagging thought that something negative spoken might be taking root. Identify it, rebuke it in Jesus' name, and replace it with His truth.

Pick up your sword. Sharpen your tongue with truth, and declare blessing over every area of your life. The time to walk boldly is now not when you feel ready, but right now, in this moment, with the authority He has already placed within you. Your powerful assignment demands nothing less.



I Speak Life Over You Now

*You will prosper in your health. mind and spirit in Jesus' name.
You will be physically healthy and mentally sound. You will
flourish in your relationships, surrounded by love and care. Your
children are protected and covered. In all you do, God will
ordain your steps and protect and cover you from all evil. You
are unchained. Walk accordingly.*



**Health is
Wealth!
Start your
healing
journey
here!**



How To Heal Book serves as a definitive reference for those seeking biblically-informed health restoration.

This is your chance.

Time is here.

**Time is now. The door is open but not forever.
You didn't land on this page by accident.**

This Is Your Chance

Nothing about this moment is a coincidence. God has been pursuing you through the chaos, through the pain, through the scrolling and the searching and right now, on this page, He is saying: here I am. The door is open but it will not always be. *Jesus Christ is coming back.* Not as a baby in a manger this time but as King. As Lord. As the one every knee will bow before. Nobody knows the day or the hour but the signs are everywhere and the urgency is real. This is not a moment to put off, to think about later, to come back to when life settles down. This is the moment. Right now. Right here and He is not asking you to have it all together. He is not asking you to clean yourself up first. He is asking you to come exactly as you are.

Here is what you do:

Step 1 - Know that you need Him. We were all born into a world separated from God. Every one of us. No matter how good we are, how hard we try or how much we have achieved without Jesus there is a gap that nothing else can fill. You have felt it. That emptiness, that longing, that sense that something is missing. That is not an accident. That is your soul recognising what it was made for.

"For all have sinned and fall short of the glory of God." - **Romans 3:23**

Step 2 - Step into humility. Humility is not weakness. It is the bravest thing you will ever do. It is looking at God and saying I cannot do this without You. I was never meant to. Lay down the pride, the self-sufficiency, the idea that you have it all under control. Open your hands. Open your heart. He is gentle and He is

kind and He will meet you right there on the floor if that is where you are.

"God opposes the proud but shows favour to the humble." - **James 4:6**

Step 3 - Surrender your heart. This is the moment everything changes. Surrender is not giving up it is giving over. It is saying, my life is Yours. My plans, my future, my past, my mistakes, my dreams all of it. Yours and what He does with a surrendered heart is beyond anything you could build on your own.

"Trust in the Lord with all your heart and lean not on your own understanding." - **Proverbs 3:5**


Step 4 - Repent. Repentance is not just saying sorry. It is turning around. It is choosing a different direction. Look at your life honestly the things that have kept you from God, the choices that have led you away from Him and turn. He is not waiting to condemn you. He is waiting to restore you. His mercy is new every single morning and it is new for you right now.


"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." - **1 John 1:9**


Step 5 - Pray this prayer out loud


"Jesus, I come to You just as I am. I believe You are the Son of God. I believe You died for my sins and rose again on the third day. I am sorry for the life I have lived without You. I turn away from my old ways and I turn toward You. Come into my heart. Be my Lord, my Saviour, my everything. I am Yours. Amen."


You just made the most important decision of your life. Now here is what comes next:


 **Tell someone** - Find a trusted friend, a pastor or a believer and tell them what just happened. Faith grows in community.

 **Open the Word** - Start with the book of John. Read it slowly. Let God speak to you through every page.

 **Find a church home** - You were not made to do this alone. Find a Bible believing, Jesus centred church and plant yourself there. Ask Jesus where to go.


 **Talk to Him daily** - Prayer is simply a conversation. You don't need fancy words. Just talk to Him like He is right there because He is.

 **Follow voices that point you to Jesus** - Surround yourself online and in life with people who will water the seed that was just planted in you.

 **Seek the next steps** - For repentance, forgiveness, deliverance, water baptism and then the Holy Spirit

Welcome to the family. Heaven is celebrating right now and so are we. This is not the end of the page this is the beginning of your story with Him.

He who began a good work in you will carry it on to completion. Philippians 1:6

SEND US YOUR TESTIMONY AT: Hey@Anave.co
We would love to pray for you 

WRITE TODAY'S DATE
THIS IS THE DAY EVERYTHING CHANGED

__ / __ / _____

This is not just a page in a magazine.
This is the beginning of your story with Him.

"For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life."

John 3:16

THE
KING IS
COMING

Prepare For *WHAT'S COMING*





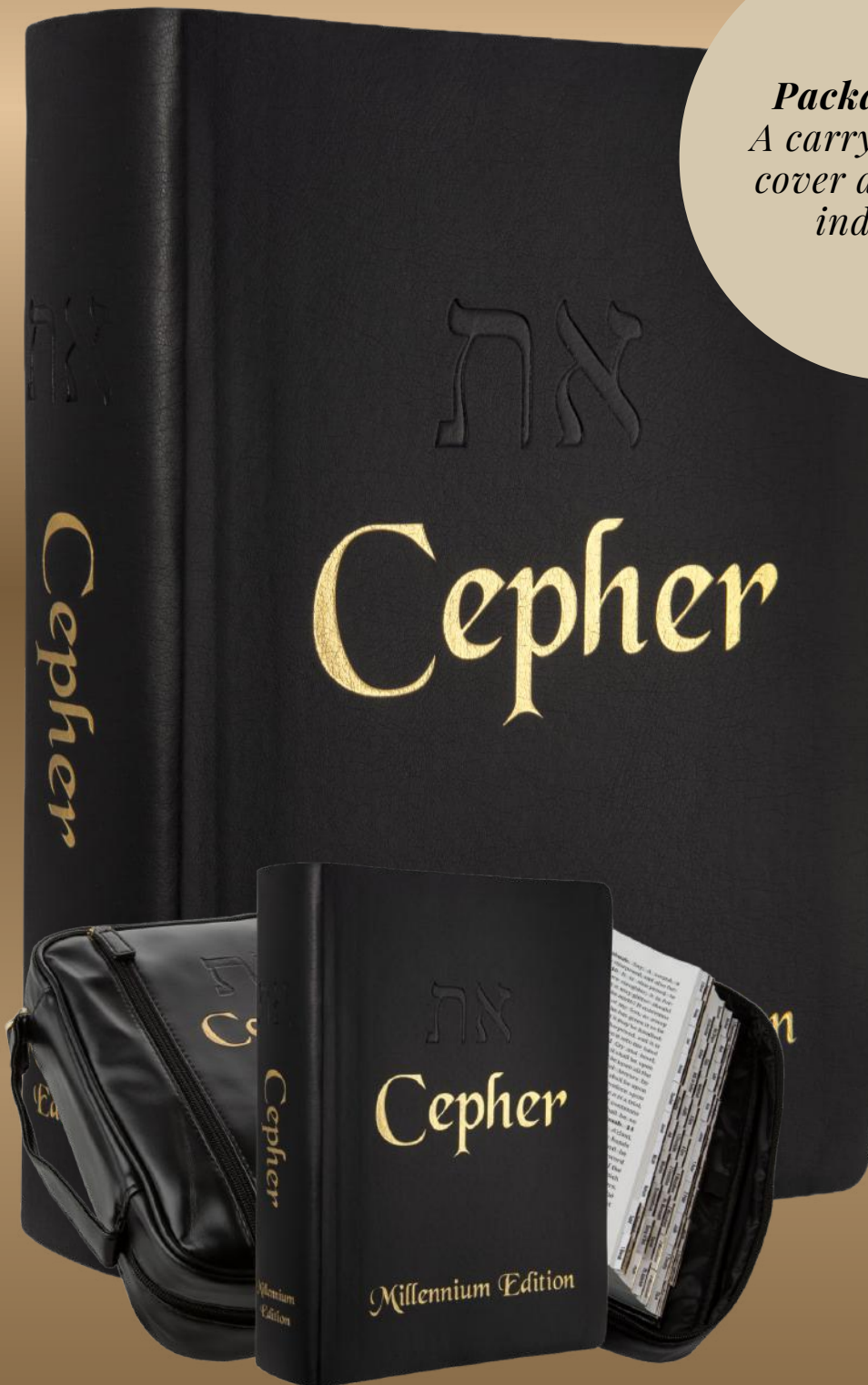
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TRUE VIEW

THE FAKE FREEDOM OF THE MODERN WOMAN



They told her she was free

Free to do whatever she wants. Free to sleep with whoever she wants. Free to abort, divorce, discard, redefine, and reclaim. Free to chase the bag, abandon the home, reject authority, and become her own god but what they never told her is that this version of “freedom” comes with chains. It looks like success but feels like pressure. It sounds like confidence but is filled with confusion. It sells like liberation but leaves her exhausted, bitter, anxious, and alone. This is the fake freedom of the modern woman. A carefully crafted illusion designed to look empowering, while robbing her of everything she was created to carry.



The Lie Was Branded Beautifully

They didn't sell this trap as rebellion. They sold it as self-love. They told women they'd be free when they stopped needing men. When they stopped serving their families. When they started prioritising pleasure, performance, and personal gain and it sounded right because it was marketed with clean fonts, viral quotes, and curated lifestyles.

But look around

We have more “freedom” than ever and more burnout, breakdown, and barrenness than ever before. That's not freedom. That's bondage rebranded.

What She Gave Up in the Name of Freedom

In choosing what culture called freedom, she lost what was eternal.

She gave up peace for productivity. Intimacy for independence. Legacy for lifestyle. Family for fame. Wisdom for education. Conviction for comfort. Sacredness for sexuality and at the centre of it all? A deep, unspoken ache because no amount of money, likes, body edits, or degrees can fill the void of misused design. You cannot override divine order and expect it to yield life.

Her Body Is Free But Her Mind Is Not

She can dress however she wants but she still hates what she sees in the mirror. She can sleep with whoever she wants but she still wakes up feeling used. She can post whatever she wants but she still seeks validation from strangers online. This isn't freedom. It's slavery with a smile.

A woman who's truly free doesn't need to perform. She doesn't crave external approval. She doesn't compete with other women. She doesn't fear being misunderstood. She moves in truth. She honours her body. She knows her role. She builds without burnout and she sleeps in peace.

Freedom Without Truth Is a Trap

The Father never created us for restriction He created us to walk in the Truth but the world tells us that boundaries are oppressive.

Those roles are outdated. That obedience is weakness. The truth? Without truth, freedom becomes chaos. Without boundaries, a woman is pulled in every direction. Without order, her gifts become burdens. Without clarity, she becomes a slave to trends, opinions, and dopamine hits. What the world calls freedom is actually lawlessness and lawlessness always leads to confusion. This is why the modern woman is so overwhelmed: She has options but no wisdom. She has tools but no vision. She has ambition but no anchor.

The System Keeps Her Bound by Keeping Her Distracted

The fake freedom agenda is profitable. If she thinks she needs to constantly improve herself, she'll keep spending. If she believes men are optional, she'll chase everything but family. If she's addicted to validation, she'll never turn off the apps. If she's confused about her design, she'll stay dependent on the system to define it. She's kept in a loop of striving, consuming, numbing, and performing and the system gets rich off her burnout but freedom was never meant to be found there. Not in hustle. Not in image. Not in rebellion.

Real Freedom Starts With Returning

The most liberated woman isn't the one with the most options. She's the one with conviction. She's the one who's clear. She's the one who doesn't let the world rewrite what The Most High already defined.

Real freedom is found in:

- Returning to truth
- Honouring your femininity
- Embracing obedience
- Choosing purity
- Protecting your peace
- Living by eternal standards, not cultural noise

It's not easy but it's freeing because when you stop performing and start becoming You realise you were never meant to carry all of it anyway.

She's Coming Home

This generation of women is waking up. They're throwing off the lies that sold them self-obsession as self-worth. They're leaving toxic independence. They're rebuilding homes. They're embracing honour. They're choosing modesty.

TRUE VIEW

They're returning to motherhood not just biologically, but spiritually. They're not weaker. They're wiser. They're not behind. They're being rebuilt. This is the new feminine rising rooted, fruitful, still, and full of power. Not because she's doing everything but because she finally knows what's hers to carry. You can be loud and still feel unheard. You can be praised and still feel unseen. You can have "freedom" and still feel trapped. Real freedom isn't about doing whatever you want. It's about being restored to who you were actually created to be. The world promised her freedom but only gave her performance. The Father promised her rest and gave her purpose.

**In the end, only
One delivers.**



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