

Everything Bump, Baby & Toddler Near You

Covering Newbury, Winchester, Andover Basingstoke and surrounding areas.





BASINGSTOKE

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Spring
2025



We provide childcare for babies and young children aged from three months to five years.

Getting financial support with childcare:

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- Government Funding
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www.kidsincnurseries.co.uk

WELCOME

SPRING FDITION!



The sun's finally decided to show its face, and with spring in full swing, the fun is just getting started!

As business owners, we're always learning and evolving, and we hope you can see the improvements in every new issue! We've got some exciting plans in the works, and we're thrilled to announce **Toddle** About LIVE!—an event you won't want to miss!

Picture this: a fun-filled family day with a business showcase twist! Mark your calendars for **Saturday**, **13th September** at Sherfield School. Trust us, you'll want to be there. Check out page 22 for more info or why not sign up for the priority list so you're first in line for all the exciting details! - www.toddle.fun/LIVE

Help us plant a forest!

As part of our commitment to the environment, we plant a tree for every new subscriber who signs up to Toddle About. Help us make a difference for the planet while discovering all the joy this season brings. See our growing forest at www.ecologi.com/toddleabout

Subcribe FOR FREE today at toddleabout.fun/FreeForever

Subscriptions have changed, for the better!

This magazine is now FREE Forever: no longer will you need to pay £2 every 3 months. Plus, you still get all the other VIP perks including exclusive giveaways and freebies.

We can't wait for everything this quarter has in store!

Bill & Emily Loving life with little ones!

Editors 07359162124 or bill@toddleabout.co.uk

PS. Have you used the Toddle About website yet? Simply pop in your postcode, and you will be shown all the different things on offer for little ones near you. Head there now: www.toddleabout.co.uk

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Cover picture:

Thank you to Hampshire photograpeher Ewa Jones for this gorgeous cover photo. Find out more at:

www.ewajonesphotography.co.uk

MEET THE TEAM







Call us on 07359162124 or email: bill@toddleabout.co.uk

- ToddleAboutNorthHampshire& WestBerkshire
- toddleabout_nhants_wberks

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Toddle About North Hampshire & West Berkshire, 19 Herriard Way, Tadley Hampshire RG26 3UG. Call us on 07357 162124.







Bite sized news



National Children's Activities Week

Brought to you by What's On 4 Kids and Headline Sponsor Kidztivity, National Children's Activities Week is the UK's biggest celebration of children's activities. Since 2018, it has engaged thousands of parents, carers and children every year, raising vital funds to support children across the UK through the charity Caudwell Children and shining a spotlight on the best children's activity providers. Taking place from 12 - 18 May, families and activity leaders can get involved and show support.

Register at www.childrensactivitiesweek.co.uk. #STANDUP4SEND See P.12



Sherfield Early Years - A Unique Nursery Experience

Located within 76 acres of beautiful grounds near Basingstoke, Sherfield Early Years provides exceptional care for children aged 3 months to 4 years. It offers a truly enriching environment with outdoor learning, daily woodland walks, a children's kitchen, and a dance studio. Its converted cottages create a home-from-home feel. Now offering 15 and 30 hours funded places, Sherfield Early Years ensures every child thrives in a nurturing and inspiring setting.

Email today: admissions@sherfieldschool.co.uk See P.8



Healthy Living Made Easy

Tired of putting it off? It's time to make healthy living fun and totally achievable. Whether the goal is to boost energy, lose a few pounds, or simply feel better overall, personalised nutrition plans, support, and a touch of humour are all part of the journey. Healthy habits that actually stick are within reach.

Book a consultation today at www.gethealthy4life.co.uk or email: jola@gethealthy4life.co.uk See P.15

Get School-Ready with Kumon

At Kumon study centres, experienced instructors support children of all ages to become confident, independent learners. Designed especially for early



learners, Kumon's Maths, English, and Pencil Skills Programmes build strong foundations to prepare your child for reception and beyond, opening up a world of possibilities and equipping them with the tools to succeed.

Find your local Kumon Study Centre at www.kumon.co.uk

See P.36

Fitness ,Fun and Friendships

The NHS recommends at least 150 minutes of moderate exercise per week for women who have recently given birth. But how can you do that while looking after your baby?



Buggyfit in Basingstoke is the answer.

Come along with your baby and buggy to get some fresh air and improve your wellbeing. We walk and do strength exercises with different options for all levels of fitness. Imagine feeling fitter and more energetic while meeting other Mums.

Contact lucy@lucyrowlandsfitness.co.uk

See P.26





Naturally Inspired Skincare

Meet Alex, our Tropic Ambassador! Tropic harnesses the power of nature to create nutrient-rich, sustainably sourced beauty products, blending botanical ingredients with cuttingedge science. With

products suitable for pregnancy, babies, grandparents, and everyone in between, Tropic caters to all skin types and needs. Committed to ethical beauty, the company ensures its formulations are cruelty-free, vegan, and packed with skin-loving goodness, so you can enjoy them without worries.

Visit http://www.tropicskincare.com/alexnicholls to find out more information and see the range now.

See P.12

Safe Mirrors That Don't Compromise On Design

HT Mirrors creates handcrafted. shatterproof acrylic mirrors designed especially for children. With bright colours and fun designs, these mirrors add a playful touch to any child's room while ensuring safety. Each mirror is



carefully created, painted, and finished by hand, making every piece unique. Designed to spark creativity and imagination, they offer a stylish yet practical addition to bedroom décor.

Explore the collection at www.htmirrors.co.uk

See P.11

Support for Your Postnatal Journey

Positive Beginnings, run by experienced midwife, tongue-tie practitioner and IBCLC lactation consultant Rebecca, offers expert postnatal care and feeding support. From breastfeeding challenges to oral assessments and tongue-tie division, starting solids and returning to work, Rebecca provides caring, sensitive advice tailored to your needs. Appointments are available at home or in Yattendon on Tuesdays. Choose from one-off sessions or tailored support packages.

our Baby Calming Toolkit is Here

Find out more at www.positive.health or call 07475 600068 for a free 15-minute chat.

See P.31

FREE Baby Calming **Toolkit**

When your baby is crying. they're trying to tell you something. The problem is, it's not always easy to know what that is! We have created our Baby Calming Toolkit to help. You'll discover:

- What your baby's cries and cues really mean.
- · How to respond quickly and calmly
- Simple ways to calm and soothe them and you!

Take the guesswork out of parenting your newborn, and find the support you need to feel calmer and more connected with this FREE Toolkit.

Scan the QR to claim yours today. See P.30

Inspire Their Imagination

Tiny Town Café is a children's role play centre in the heart of Newbury, aiming at ages 0-6 years. They offer a variety of themed play areas, props and costumes so your child can immerse themselves in a world of make-believe. From a

supermarket to a Dr's surgery, to a police station, this play area is designed to inspire creativity and spark the imagination.



Join us for a play session today https://tinytownnewbury.co.uk/

See P.16









Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our New Year Toddle Models competition!

Congratulations to little Evie and Charlie who won a £100 Little Starts Gift Card, redeemable at over 200 activity providers! We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all

LITTLE

Find out more at www.littlestartsgiftcards.com

Evie & Charlie, 19 months old





our entrants a lovely keepsake.



Jude, 2 years



Azaria, 14 months



Sapphire, 4 years



Charlie, 22 months



Ruby, 2 years



Anna, 3 years



Carter, 4 years



Lydia, 2.5 years



Ariella, 16 months



Harper, 2 years



Charlie, 18 months



Avyansh, 2 years



Teddy, 3 years



Blake, 16 months



Paisley, 3 years



Robin, 2 years



Aurora, 7 months



Micah & Malaki, 5 & 2.5 years

The licon tells you which advertisers have a voucher in the centre pages



Youcef, 3.5 years



Tegan, 17 months





WIN A PERSONALISED WATER & SAND PLAY TABLE, WORTH £150

THE PRIZE: Win a Personalised Water and Sand Play Table from My 1st Years!

Get kids a little closer to nature and explore their creative side! Crafted from wood, this double-sided picnic table is great for groups to enjoy together, as the lid lifts to reveal a world of fun beneath. This multifunctional bench helps little ones to develop their fine motor skills, cognitive growth and social interaction as they work together with others through imaginative play. Personalise this sensory table with a mini-mess maker's name for a gift that's sure

Find out more at www.my1styears.com.

to stand the test of time.

T&Cs apply - all online at www.toddle.fun/toddlemodels. The winners will be chosen at random.

HOW TO ENTER:

Send us a photo of your little one enjoying some spring-time fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by Sun 8th June 2025.

ENTER AT: www.toddle.fun/toddlemodels





Early Years Practitioner! 💢

P Location: KIDS Shakespeare Road, Popley, Basingstoke RG24 9BP Salary: Up to £25,000 FTE

Do you want to create brighter futures for disabled children, young people, & their families? Join us at KIDS Nursery, where inclusive, vibrant learning environments & playful development are at the heart of what we do.

Why You'll Love Working with Us:

- Flexibility: Enjoy shifts tailored to your lifestyle.
- Generous Leave: 25+ days off, plus perks like discounts & career growth opportunities.
- Supportive Team: Work with a fun-loving, caring group that values your well-being.

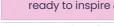
What We're Looking For:

- **Qualifications:** Level 3 Early Years qualification (or higher).
- Personality: A caring, creative team player ready to inspire & nurture young learners.

Ready to make an impact & have fun while doing it?

Apply today by scanning the QR code and help us build a world where every child has the chance to shine!

Your journey starts here. Let's grow together!



Follow us for

daily updates!

























Big Adventures for Little Learners

Participating in the Hampshire Early Years Scheme providing 15 or 30 Free Hours Per Week

- From 3 months
- Opaily walks in stunning private grounds
- Breakfast, lunch, and tea all included in a full day
- Mobile Farm Visits

- A warm home-away-fromhome environment
- Fresh, sustainable meals cooked onsite
- Fun cooking sessions with Andy, our Head Chef
- Onsite Library Visits

Sherfield-on-Loddon, Hook



Springtime Fun Family Days Out



MAKE THE MOST OF SPRING WITH THESE GREAT FAMILY-FRIENDLY EVENTS

SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN DAYS

THATCHAM FAMILY FUN DAY

A day filled with lots of stalls, food and entertainment guaranteed to be Thatcham's best free entry day out of the year!

Cost: Free

Henwick Sports Ground, Thatcham RG18 3BU

thatchamtowncouncil.gov.uk/event/family-fun-day

HATCH WARREN SUMMER FESTIVAL SAT 21ST JUNE 12PM-4PM

A fun-filled community event with family activities, dog show, stalls, delicious food, and uplifting music, perfect for a family day out!

Cost: Free

Hatch Warren Community Centre, RG22 4XF hatchwarren.org/events-1/summer-festival

WELL READ AT WASING SUN 25TH - MON 26TH MAY

Wasing Estate's woodlands will be transformed into a haven for writers, nature lovers, and wellness enthusiasts at the debut of Well Read.

Cost: From £30, under 12's free

Wasing Lane, Aldermaston, RG7 4LY www.wasing.co.uk/wellread

CORN EXCHANGE: THE BADDIES TUES 27TH - THURS 29TH MAY

The Baddies is a wickedly hilarious adaptation of Julia Donaldson and Axel Scheffler's smash-hit story. A laugh out loud riot for all the family.

Cost: From £16.25

Market Place, Newbury RG14 5BD cornexchangenew.com/events/the-baddies

LITTLE PEOPLE BIG DREAMS @ THE VYNE SAT 3RD MAY — SUN 22ND JUNE, 10AM-4PM

Encouraging kids to 'be bold, be brave' and 'dream big' this season, don't miss this trail Little People, BIG DREAMS® at The Vyne

 ${\it Cost: Free \ event, normal \ admission \ charges \ apply}$

Vyne Road, Basingstoke RG24 9HL

nationaltrust.org.uk/visit/hampshire/the-vyne

DAY OUT WITH THOMAS SAT 24TH MAY - SUN 1ST JUNE, 9:30-4:30

Celebrate 80 years of Thomas. Take a ride behind Thomas and meet your favourite characters for a trainload of excitement! Cost: From £19, under 2's free

The Watercress Line, Ropley, SO24 0BL watercressline.co.uk/day-out-with-thomas

"BYOB - BRING YOUR OWN BABY COMED" WED 23RD APRIL, 12:30 PM -1:45 PM

An afternoon of top comedians, no childcare needed! With buggy parking, baby changing, and a stocked bar, for you to enjoy the show.

Cost: £15 (includes one grown-up and one baby)

The Nutshell Arts, 15 Kings Walk, Winchester

thenutshellwinchester.com/shows-and-events

RAILWAY FAMILY FACT TRAIL SAT 24TH MAY - SUN 1ST JUNE, 10AM-4PM

To celebrate 200 years of the passenger railway, trains have been hidden around the museum, each with a railway fact. Can you find them all?

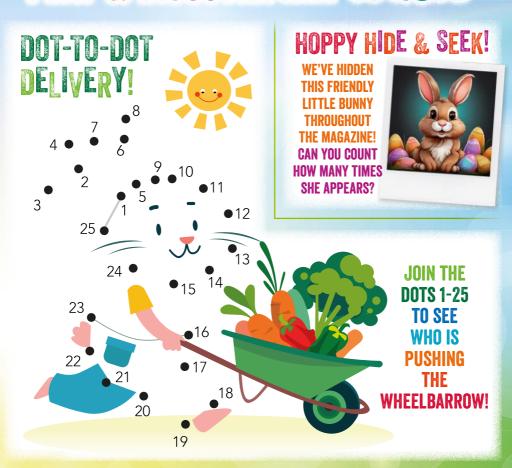
Cost: Included with admission

Andover Museum, Andover SP10 1DP www.hampshireculture.org.uk/event/ railway-family-fact-trail

Details are correct at time of printing but may change.

Please check with the venue for up-to-date prices.

PLAY & DISCOVER WITH toddle



NEST QUEST!

SPOT THE DIFFERENCE THERE ARE 5 TO FIND!

ANSWERS ON P.35





HT Mirrors makes unique, handmade, non-glass mirrors in a range of fun, safe and personal designs for kids!



www.htmirrors.co.uk f @ J htmirrors

















TECHNIQUES ON HOW WE CAN SUPPORT OUR CHILDREN'S MENTAL HEALTH

by Becky Hoare at Pop Up Play Village



Our children's mental health is a priority. As parents and carers, we strive to have happy and healthy children and support them in any way we can.

I don't know about you but with so much going on in our children's lives, it is often hard to know how best to support them, especially when we aren't with them all of the time and don't always know what situations they have faced each day. My children are 8 and 10 years old now and this is what I particularly find difficult. They spend so much time at school and when they come home and they haven't had a particularly good day or they are quiet about their day, it is sometimes hard to work through it with them and know how best to support them.

No child is the same so there will never be a strategy or best way to offer support. Our children also develop and change so much whilst they grow up so ways of supporting your child will inevitably change over time.

I think a key priority is talking with our children. Talking through each day and offering guidance where we can. Consider the best time to talk about their day, for example a special time at night time before they go to bed reflecting on the greatest parts about their day and then something that wasn't so great.

Our children are in the driving seat to their mental well being but we can be there on the side lines cheering them on and boosting their confidence as

much as possible. Talking is so important and the power of speech goes a very long way.

If you have a child who struggles to get out their words or talk about their day then the thumbs up, thumbs down strategy might work well. You ask your child questions which they can answer with thumbs up or thumbs down. Start the questions off very light and simple. Did you enjoy our journey into school today? Did you eat a nice lunch today? Then if you suspect something you could ask was everyone nice to you today? They can simply answer with thumbs up or thumbs down.

I came across this quote from Charlie Mackesy and absolutely love it:

'Tears fall for a reason and they are your strength, not weakness' – Charlie Mackesy

Children learning about different emotions, expressing emotions and learning strategies to deal with different emotions is so important as they grow and fundamental in order to manage their mental health.

I just want to conclude by saying that as parents, supporting our children's mental health is tough and there is no one solution. All we can do is be there to support and guide our children and do the best we can. If you need someone to talk to, supporting each other in our journey as parents is important too. You can reach out to any of our Pop Up Play Village team, we would be more than happy to listen.





Pop Up Play Village is the original multi award winning mobile role play village offering play sessions, parties and bespoke events across the country. To learn more, visit popupplayvillage.co.uk

FAB & FUNKY PRODUCTS

THE LATEST AND FUNKIEST PRODUCTS FOR YOU & YOUR LITTLE ONES



BUTTERFLY GARDEN, £23

The Insect Lore Butterfly Garden offers a unique chance to witness caterpillars transform into beautiful Painted Lady Butterflies. This hands-on kit lets children, families, and students raise, feed, and release their own



butterflies. The full metamorphosis takes three to five weeks, making it a fun and educational experience, guaranteed to create lifelong memories. Available now at www.insectlore.co.uk.



CHILDREN'S LITTLE NATURE EXPLORERS GARDEN GIFT SET. £20

This charming gift set is perfect for little gardeners. It includes a waxed cotton tool bag with plenty of pockets, plus a lightweight hand rake, fork, trowel, and transplanter - all designed for small hands. Made with FSC-certified ash handles and stainless steel, it's both durable and beautifully illustrated.

www.gardening forkids.co.uk



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For new parents and their little ones, this collection of Little Tropic products combines nurturing, COSMOS organic ingredients and paediatriciantested formulations. Includes Little Joey Baby Washing Milk, Little Emy Nappy Cream, Little Roary Baby Oil and a FREE storybook (chosen at random) https://linktr.ee/Tropicalex



HOT CROSS BUNNIES GAME, £6

Hop into fun with Hot Cross Bunnies, a playful twist on Snap and Pairs! Ideal for ages 3+, this adorable game challenges players to match pairs while avoiding grumpy bunnies complete with silly faces for extra laughs. Compact and travel-friendly, it's a great alternative to Easter treats. www.orchardtovs.com



FINGER FOODS FOR BABIES & TODDLERS COOKBOOK, WORTH £14.75

Annabel Karmel's brand new *Finger Foods for Babies and Toddlers* is the ultimate guide to baby-led weaning and self-feeding. Packed with over 100 nutritious recipes and expert advice, this essential cookbook helps parents raise confident, independent eaters while making mealtimes fun and stress-free.

Available now at www.annabelkarmel.com.



Scan to find out more and enter:



toddling about THE ARMY FLYING N. Hampshire & W. Berks MUSEUM



We've asked local blogger Mama Around Town, to share some of her favourite adventures and activities to try with little ones.

The Army Flying Museum tells the story of the British Army flying from the early days of military ballooning to modern day Army Air Corps. There are lots of interactive parts to keep children entertained. It's easy to find and has a large car park with a few planes and a tank out the front. Once you've got your ticket or signed in at reception and the gift shop, you're good to go!

There are 2 hangers filled with real sized, original aeroplanes and helicopters with so much to see around every corner. It's a really interesting museum and if you have

some big history and aeroplane fans, this is the perfect day out. Walking around the museum there are LOADS of parts to keep the children entertained - aeroplane puzzle, museum activity book, dressing up stations, a 1940s house, sound and light helicopter show, interactive games, soft play for under 8s and an outside picnic and play area, plus lots more.

They also offer school holiday crafts and activities, a baby and toddler group, and Apache cafe with highchairs and baby changing. It's a really family friendly location to take your children to and my 3.5 year old enjoyed playing outside in the play area and soft play, collecting stamps around the hangers and sitting in the aeroplanes. In the winter, it's a warm safe space to entertain the kiddos and inthe summer you can take a picnic and sit in the play area and watch the planes! A great day for all the family!

Opening Times: Monday - Sunday, 9am - 4pm. All tickets are annual memberships, under 5's go free Place Kentsboro, Stockbridge SO20 8FB Tel: 01256 355557 www.armyflying.com

Mama Around Town through her socials shares her adventures with her children and days out in and around Hampshire and Berkshire. Discover her world at @mamaaroundtown

















Spring Craft: Homemade Bird Feede

YOU WILL NEED:

- Empty juice carton (washed & dried)
 Paint (acrylic is best)
- A pen, ruler, scissors & string
- A wooden skewer or stick
- Birdseed



METHOD:

- 1. Draw a window shape on one side of the carton, leaving at least a 1" gap at the bottom. For small birds, a 1" hole is good. Bigger for larger birds.
- window piece. This might be a grown-up job!
- Let your creativity shine!
- 4. Once the paint is dry, make a small hole just below your window using a pen or scissors. Then push the wooden skewer or stick right through to create a little perch.
- 2. Cut along the lines with scissors to remove the 5. Carefully poke 2 holes at the top of your carton; thread some string through the holes and tie to create a loop.
- 3. Paint your carton to brighten up the birdhouse. 6. Fill the bottom with birdseed, then find a sheltered and safe spot to hang it outside. Now wait for the birds to arrive!

For guidelines on the foods that suit the birds in your garden at different times of year, visit www.rspb.org.uk/ birds-and-wildlife/helping-birds-and-wildlife



SWIMBIES PARENT AND BABY SWIMMING LESSONS

AGES 3 MONTHS+

Grow your child's water confidence with you right beside them. Swimbies lessons lay the foundation for safe, independent swimming as they grow.



Q

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BETTER

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TROPIC WITH ALEX FREE SKINCARE CONSULTATION

www.tropicskincare.com/alexnicholls

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10%

WOMBAT & ROSE HANDMADE 10% OFF IN-STOCK ITEMS

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www.katiemariecreations.co.uk

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Packs are valid up to 3 months from purchase date. Message 07497091372 and quote 'toddle about'. New customers only. Expires 31/05/2025.

FREE **EVALUATION**

CALI

SLEEP NANNY MICHELLE VINT

FREE EVALUATION (WORTH £49) www.michellevint.sleepnanny.co.uk

Visit michellevint.sleepnanny.co.uk/toddleabout to book your free call or click Sleep Evalutation Call and use code TODDLE at checkout. Expires 30/06/2025

LUCY ROWLANDS FITNESS

BUY 5 SESSIONS, GET ONE FREE

gymcatch.com/app/provider/8339/events Buy the 5 sessions for £32.50 bundle and email

lucy@lucyrowlandsfitness.co.uk quoting 'Toddle About' Valid for 8 weeks Expires 30/06/2025

PARTIES & CLASSES

FREE HOT DRINK

TINY TOWN PLAY CAFE FREE HOT DRINK PER ADULT

https://tinytownnewbury.co.uk/

Quote 'TinyToddleAbout' for one free hot drink per paying adult ticket. Expires 06/07/2025

10% OFE

POP UP PLAY VILLAGE 10% OFF A PARTY BOOKING

www.popupplayvillage.co.uk

Role play party in a venue of your choice. Email hello@popupplayvillage.co.uk and quote Toddleparty when enquiring. Expires 30/06/2025

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puddleducks.com/local-teams/northhampshire-and-reading

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www.totsplay.co.uk/basingstoke

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THESE OFFERS ARE **EXCLUSIVE TO TODDLE ABOUT**

YOU WON'T FIND THEM ANYWHERE ELSE

toddle



a Little Adventurers' Holiday for up to 6 people at Hendra Holiday Park in Newquay, worth up to £615!



As a family-run park, five-star park for over 50 years, Hendra Holiday Park know what makes great holidays for babies & toddlers! Their Little Adventurers' Package runs in spring and autumn on selected dates*. The prize includes:

- A short break in a luxury holiday home caravan in the autumn.
- Daily kids' cooked breakfast throughout your stay.
- Free swimming for toddlers at the indoor Oasis Fun Pools
- A mini 4×4 experience.
- Family ticket to Lappa Valley: Train rides and indoor and outdoor play.
- Free Adventure golf for toddlers.
- Discover more at www.hendra-holidays.com

Enter now at toddle.fun/hendra

Competition closes midnight Friday 27th June 2025. *T&C's apply, see toddle.fun/hendra for details.





Cornerstone Day Nursery Priestley Road, Basingstoke, Hants, RG24 9PU. Tel: 01256 818118



Building a strong foundation for your child's future

Professional Childcare for children aged 0-5 years.



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Call us today for your personal tour quoting 'Toddle About'.







www.cornerstone-nurseries.com











Parental stress is on the rise. Triple P conducts a survey each year of family support practitioners to understand the challenges parents are facing. The most recent results from 2024 are stark.

Triple P found practitioners reported an 81% increase in parental mental health concerns over the last year, and an 85% increase in parents identifying concerns around the cost of living. These external pressures can increase parental stress and impact family wellbeing.

Taking care of yourself is one of the best things you can do as a parent to manage stress, placing you in a better position to positively care for others. It is handy to think of the phrase, "You can't pour from an empty cup."

There is no such thing as a perfect parent. But these are my practical tips you can try out to feel calmer and boost your wellbeing.

1. PRACTICE SELF-CARE

There are small practical steps you can take to practice self-care, such as having a morning stretch, a quiet cuppa, or spending time with a friend.

Negative thoughts are normal, especially when parenting feels challenging. If critical thoughts are becoming a habit, it might be helpful to pause, acknowledge those thoughts and reframe them into something more constructive.

Instead of asking "Why can't I do this? Nothing I do is right," try "It's okay to make mistakes. I'll keep trying."

Remember that your children are watching and learning from you all the time. If you're calmer and kinder to yourself, there is a better chance of them being so too.

2. SET REALISTIC ROUTINES

A clear routine can help to boost your confidence by getting everyone on the same page. If you find the morning rush stressful, try planning with your children to make sure things like lunchboxes, bags, and clothes are all ready the night before.

Things may go wrong, but a simple and consistent routine can help you feel more productive and calmer when chaos strikes, even if you still haven't found that missing sock!

3. SPEAK UP & SEEK SUPPORT

Alarmingly, 78% of practitioners from Triple P's study reported that parents were not accessing support due to the fear of being judged. Asking for support does not mean you have failed at parenting, and there is help available.

You'll find solace in shared experience. Consider reaching out to a loved one you feel safe with. If there are more serious concerns, there are referral pathways through a GP or mental health professionals.

Parenting programmes such as Triple P can also be an excellent resource. These can be completed independently, or in groups, and offer a range of evidence-based strategies.

When parents look after themselves, it can have a positive impact on their physical and mental health, in turn helping them to manage the demands of parenting to the benefit of their children and families too. Self-care isn't selfish - it's essential.



Matt Buttery is the CEO of Triple P UK & Ireland and Honorary Associate Professor at the University of Warwick. Triple P delivers evidence-based parenting programmes to support families, enhance child well-being, and strengthen communities across the UK and Ireland. www.triplep.net



PETITE SCHOOL OF DANCING PRESENTS...











a Deluxe Montessori Eco 2-in-1 Mud Kitchen/Potting Bench - worth £128.95!

In celebration of Little Helper's 20th anniversary this April, we are giving away this fabulous eco-conscious potting bench.

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nter at toddle.fun/littlehelpers

Competition closes midnight on Sunday 1st June 2025. T & C's apply, see www.toddle.fun/littlehelpers for details.



Little & Helper www.littlehelper.co.uk

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Time 09:00 - 10:30 AM







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Your local 'What's On Guide' for families with bumps - 5s in North Hampshire & West Berks. **WEST BERKS**

P.25 - 31 **BASINGSTOKE**

BASINGSTOKE AREA

MONDAY

PARENTS & TOTS

Christ Church

Chineham, Basingstoke, RG24 8LT christchurchchineham.org.uk. Sparklers: 10:00 - 11:30. Cost: £1.50 (must book).

Dates: 31 Mar, 28 Apr - 19 May & 2 Jun - 21 Jul.

Kumon Basingstoke South

St Andrews Methodist Church, Western Way, Basingstoke, RG22 6ER. 01256 533234. www.kumon.co.uk.

Maths & English Tuition: 15:30 - 1

Ages: 2 - 16 yrs. Cost: £70 (must book). Dates: 31 Mar - 21 Jul.

Oakley with wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED. 01256 782724. www.Oakleywithwootton.org.uk.

Pippins: 13:30 - 15:00

Ages: 0 - 4 yrs. Cost: Free (drop in). Dates: 31 Mar - 21 Jul.

Pamber Heath Gospel Hall

19 Pamber Heath Rd, Tadley, RG26 3XH. Toddler Time: 10:00 - 11:30. Ages: 0 - 4 yrs.

Cost: Free (drop in). Dates: 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

The Salvation Army

6 Mulfords Hill, Tadley, RG26 3LJ. www.salvationarmy.org.uk.

Stay and Play - Tadley: 10:00 - 11:30. Ages: 0 - 4 yrs.

Cost: £1.50 (drop in). Dates: 28 Apr, 12 May - 19 May, 2 Jun - 21 Jul.

Pop Up play Village Basingstoke

Wellington Arms, Stratfield Turgis, Basingstoke, RG27 0AS. 07789 717076 popupplayvillage.co.uk/organiser/basingstoke/

Easter Family Monday: 11:00 - 14:00

Dates: 7 Apr &14 Apr.

The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634. viables.org.uk. Tiny Town - roll play village (walking-5): 9:30 - 10:30 Cost: £4 (must book). Dates: 31 Mar - 21 Jul.

DANCE & DRAMA

Drama Tots Basingstoke

St Mary's Church Room, The Street, Old Basing, Basingstoke, RG24 7BW. 07803 046549. www.dramatots.co.uk.

- Rising Stars: 9:30 10:10. Fun class for toddlers
- Bright Stars: 10:30 11:15. Preschooler class

Cost: £7.50 (must book). Dates: 28 Apr, 12 - 19 May, 2 Jun - 7 Jul

Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP. www.petiteschoolofdancing.com.

- Tiddlers: 16:00 16:30. Ages 3-5 yrs Cost: £4.50 (must book).
- Class 1a: 16:30 17:30. Ages 5-7 yrs
- Class 2: 17:30 19:00. Ages 7-9 yrs Class 3: 17:30 - 19:00. Ages 9-11yrs
- Cost: £5 (must book).

Adult Tap: 19:00 - 20:00. Tap dance class for adults

Cost: £3 (must book). Dates: 31 Mar - 21 Jul

Perform Workshops LTD

Beggarwood Community Centre, Broadmere Road, Beggarwood, RG22 4AQ. 020 7255 9120. www.perform.org.uk.

 Perform Basingstoke: 16:00 - 17:00. Drama, dance & singing classes for 4-12s Dates: 31 Mar - 12 May & 31 Mar - 21 Jul.

PHYSICAL FUN

CurveBall Coaching

07939 972436. www.curveballcoaching.co.uk The Priory School, Pamber End, Tadley, RG26 5QD.

• Multi-sports Holliday Camps: 9:00 - 15:00

Ages: 4 - 11 yrs. Cost: Free (must book). Dates: School Holidays

The Priory after school Tag Rugby Y4-Y6: 15:20 - 16:2 Cost: £6.50 (must book). Dates: 21 Apr - 19 May & 2 Jun - 14 Jul.

Silchester C of E Primary, School Ln, Silchester, RG7 2NN. Silchester Primary Tag rugby Y3-Y6: 15:15 - 16:20

Cost: £6.50 (must book). Dates: 21 Apr - 19 May & 2 Jun - 14 Jul.

Tots Play Basingstoke

Sherfield Park Community Centre, Sunwood Drive, Sherfield Park, RG27 0FP. 07843479359. www.totsplay.co.uk.

- Action Tots: 9:45 10:30. Ages: 2 yrs 6 mths 4 yrs.
- Social Tots: 10:40 11:20. Ages: 8 mths 2 yrs 6 mths.
- Discovery Tots: 11:35 12:15. Ages: 2 mths 9 mths.

Dates: 28 Apr, 12 May - 19 May, 2 Jun - 14 Jul. Cost: £8.50 (drop in).

Tumble Tots Basingstoke North Warnborough Village Hall, Priors Corner, Dunley's Hill, North

Warnborough, RG29 1EA. 07368 500820. www.tumbletots.com.

- 2 3 Years: 9:30 10:15.
- Confidently Walking to 2 years: 10:30 11:15.
- 6 months to walking class: 11:30 12:15.
- 3 years to school age: 12:35 13:20

Dates: 28 Apr, 12 - 19 May, 2 Jun - 21 Jul. Cost: £9.25 (must book).











Mondays 10:30am War Memorial Park, Basingstoke

Wednesdays 10:30am The Recreation Ground **Old Basing**

Come along with your baby and buggy to get some fresh air, meet other mums and improve your fitness and mental health

We walk and do strength exercises. Different options for all levels of fitness and recovery, start from 6 weeks post partum

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Get in touch! lucy@lucyrowlandsfitness.co.uk 07747000137 Lucy Rowlands * Level 3 Personal Trainer trained in postnatal fitness

Next Level Camps

Lord Wandsworth College, Long Sutton, Hook RG29 1TA www.nextlevelcamps.co.uk

Multi-Activity Day Holiday Camps: 8:00 - 18:00.

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

SWIMMING

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk. Pre School swimming: 11:00 - 12:00. Dates: 31 Mar - 21 Jul.

HEALTH & WELLNESS

Lucy Rowlands Fitness

War Memorial Park, Crossborough Hill, Basingstoke, RG21 4AG. 07747000137. lucyrowlandsfitness.co.uk.

• Buggyfit Basingstoke: 10:30 - 11:30. Postnatal fitness Cost: £8 (drop in). Dates: Apr - Jul

LIBRARY

Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

- Stay and Play at Basingstoke: 10:30 11:30. Ages: 0 5 yrs.
- Parent Meet and Connect: 11:30 12:30.

Tadlev Library

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

- Stay and Play at Tadley Library: 10:30 11:00. Ages: 0 5 yrs.
- U3A Cribb at Tadley Library: 14:00 16:00.

TUESDAY

PARENTS & TOTS

Lychpit Village Hall

Lychpit Village Hall, Great Binfields Rd, Lychpit, RG24 8TF

Basing Beans: 10:00 - 11:30

Ages: 0 - 5 yrs. Cost: £3 Dates: 29 Apr - 20 May & 3 Jun - 15 Jul.

Kumon Basingstoke North

St Gabriels Church Hall, Tewkesbury Close, Basingstoke, RG24 9DU. 01256 636233. www.kumon.co.uk.

• Maths & English Tuition: 16:30 - 18:15. Ages: 2 - 16 yrs. Cost: £75 (must book). Dates: 1 Apr - 22 Jul.

Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676. www.melrosecommunityassociation.co.uk.

Popley Little People: 9:30 - 12:15. Cost: £2.50 (drop in).

Dates: 1 Apr, 29 Apr - 20 May & 3 Jun - 22 Jul. Oakley with wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED. 01256 782724. www.Oakleywithwootton.org.uk.

New Life: 10:00 - 11:30. Ages: 0 - 1 yrs. Dates: 1 Apr - 22 Jul.

Sherfield Park Community Centre

Sunwood Dr, Sherfield on Loddon, RG27 0FP. 01256 883 967. sherfieldparkcommunity.co.uk.

• Sherfield 0-5s: 10:00 - 11:30.

Cost: £2.50 (must book). Dates: 29 Apr - 20 May, 3 Jun - 22 Jul.

St Mary's Basingstoke St Mary's Church, Goat Ln, Eastrop Ln, Basingstoke, RG21 7PZ. 01256 464249. stmarys-basingstoke.org.uk.

Toddler Group: 10:00 - 11:30. Cost: £2.50 (must book).

Dates: 1 Apr, 29 Apr - 20 May & 3 Jun - 22 Jul.

Treasure Island Parent and Toddler Group

Popley Fields Community Centre, Carpenters Down, Popley Way Basingstoke, RG249AE. 01256 414014. Times: 9:30 - 11:00. Cost: £2 (drop in). Dates: 29 Apr - 20 May & 3 Jun - 22 Jul.

Viables Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. www.viables.org.uk.

Barn Tots: 10:00 - 11

Cost: £2 (must book). Dates: 1 Apr - 22 Jul.

Marks & Spencer - Basingstoke

Festival Place, Basingstoke, RG21 7LJ, 01256 466466 marksandspencer.com

• Parent and Baby Morning 09:30 - 11:30. Cost: Free cake with purchase of a hot drink

DANCE & DRAMA

Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP. www. petiteschoolofdancing.com.

Class 4: 17:00 - 18:00. Ages: 10 - 12 yrs.

General dance class **Cost:** £5 (must book).

Senior Medals: 18:00 - 18:30. Ages: 14 - 18 yrs. Senior medal dance class Cost: £4 (must book).

• Inters Contemporary: 18:30 - 19:00. Ages: 12 - 14 yrs.

Intermediate contemporary dance Cost: £4 (must book).

Senior Acro: 19:00 - 19:30. Ages: 14 - 18 yrs.

Advanced acrobatics class Cost: £4.50 (must book).

Dates: 1 Apr - 15 Jul

PHYSICAL FUN

Tumble Tots Basingstoke

Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke, RG23 8AB. 07368 500820. www.tumbletots.com.

- Confidently Walking to 2 years: 9:30 10:15.
- 2 3 Years: 10:30 11:15.
- 6 months to walking class: 11:30 12:15.
- 3 years to school age: 12:35 13:20.

Cost: £9.25 (must book). Dates: 22 Apr - 20 May & 3 Jun - 15 Jul.

CurveBall Coaching

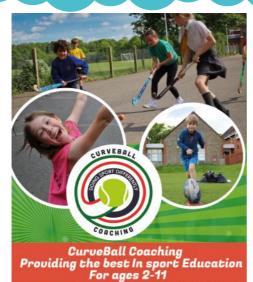
The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. www.curveballcoaching.co.uk.

After school Tag Rugby R-Y3 Times: 15:15 - 16:15.

After school Tag Rugby Y4-Y6 Times: 15:15 - 16:20.

Dates: 22 Apr - 20 May & 3 Jun - 15 Jul. Cost: £6.50 (must book).





Nursery sports sessions

- SEN sessions
- · 1-1's
- - Active Lunch ProgramHoliday clubsTeacher Training

curveballcoaching .co.uk

Next Level Camps

Lord Wandsworth College, Long Sutton, Hook RG29 1TA www.nextlevelcamps.co.uk

• Multi-Activity Day Holiday Camps: 8:00 - 18:00.

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

CREATIVE

Jo's Messy play

Silchesters Village Hall, Little London Rd, Silchester, RG7 2ND.

• Under 5s Tuesdays - Silchester: 10:00 - 11:00.

Cost: £6 (must book). Dates: 1 Apr - 15 Jul

SWIMMING

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

- Pre School: 11:30 12:30. Preschoolers' swimming skills
- Dippers: 9:30 10:00. Baby water fun with parents
- Splashers: 10:00 10:30. Toddler water fun with parents

Paddlers: 10:30 - 11:00 & 11:00 - 11:30. Toddlers' swim basics
 Dates: 1 Apr - 22 Jul.

LIBRARY

Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

- Storytime at Alton Library: 10:30 11:00. Ages: 0 5 yrs.
- Chat About at Alton Library: 14:00 15:30

Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS, www.hants.gov.uk.

Baby Rhymetime at Basingstoke: 10:30 - 11:00.

Chineham Library

Chineham District Centre, Basingstoke, RG24 8BQ.

- Storytime at Chineham Library: 10:30 11:00. Ages: 3 5 yrs.
- Scrabble at Chineham Library: 10:30 12:30.
- Construction Club: 15:15 16:45. Ages: 5 12 yrs.









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Tadley Library

Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

- Baby Rhymetime at Tadley Library: 10:30 11:00.
- Chat About at Tadley Library: 11:00 12:00. Parent chat

HEALTH & WELLNESS

FitMamaTM

Studio 41, Ground Floor, BMS House, Stroudley Rd, Basingstoke, RG24 8FW 07753 668843. www.fitmamaonline.com.

Pregnany Class: 18:30 - 19:15

Cost: £50 for 6 week course (must book). Dates: 1 Apr - 15 Jul

Zumba with Greta

Rucstall Community Centre, Basingstoke, RG21 3ON 07497 091372. www.zumba.com/en-US/p/greta-paloci/3193221

Zumba Class: 20:00 - 21:00

Cost: £87(must book). Dates: 1 Apr - 15 Jul

WEDNESDAY

PARENTS & TOTS

Hatch Warren Community Centre

Long Cross Ln, Basingstoke, RG22 4XF. 01256 811262.

Warren Tots Pre-Play Sessions: 10:00 - 11:30. Ages: 0 - 4 yrs. Cost: £3.50 (must book). Dates: 23 Apr - 21 May, 4 Jun - 16 Jul.

Kumon Basingstoke North

St Gabriels Church Hall, Tewkesbury Close, Basingstoke, RG24 9DU. 01256 636233. www.kumon.co.uk.

Maths & English Tuition: 15:30 - 18:30. Ages: 2 - 16 yrs.

Cost: £75 (must book). Dates: 2 Apr - 23 Jul.

Kumon Basingstoke South

St Andrews Methodist Church, Western Way, Basingstoke, RG22 6ER. 01256 533234. www.kumon.co.uk.

Maths & English Tuition: 15:30 - 17:30. Ages: 2 - 16 yrs.

Cost: £70 (must book). Dates: 2 Apr - 23 Jul.

Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676. www.melrosecommunityassociation.co.uk.

Popley Little People: 9:30 - 12:15

Cost: £2.50 (drop in). Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Impstone & Cherry Trees Preschool

Pamber Heath Memorial Hall, Pamber Heath Road, RG26 3TO. 07733898914. www.impstoneandcherrytreespreschools.co.uk.

Little Imps Baby Group: 10:00 - 11:30. Ages: 0 - 5 yrs. Baby activities and crafts Cost: £2.50 (drop in). Dates: 2 Apr - 16 Jul.

The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634. viables.org.uk.

Weigh and play: 9:30 - 1

Cost: Free (must book). Dates: 2 Apr - 23 Jul.

Follow us for daily updates!









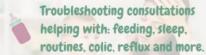




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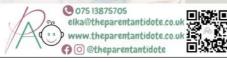




Sleep coaching and advice.



Q&A sessions and parent help coffee mornings.



SWIMMING

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

- **Pre School**: 11:30 12:00, 12:00 12:30 & 15:30 16:00.
- Dippers: 10:00 10:30. Baby water fun with parents
- **Splashers**: 9:30 10:00 & 10:30 11:00. Toddlers with parents
- Paddlers: 11:00 11:30. Toddlers' swimming basics

HEALTH & WELLNESS

Lucy Rowlands Fitness

The Recreation Ground, The Street, Old Basing, Basingstoke, RG24 7DA. 07747000137. lucyrowlandsfitness.co.uk.

Buggyfit Basingstoke: 10:30 - 11:30. Postnatal fitness Cost: £8 (drop in). Dates: 2 Apr.

PHYSICAL FUN

CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. www.curveballcoaching.co.uk.

The Priory after school Multi-skills R-Y2: 15:30 - 16:30.

The Priory Basket ball and Netball: 15:30 - 16:30.

Dates: 22 Apr - 20 May, 3 Jun - 15 Jul, Cost: £6.50 (must book).

Tumble Tots Basingstoke Sycamore Centre - Ashwood Hall, Sycamore Way, Basingstoke,

RG23 8AB. 07368 500820. www.tumbletots.com.

- Confidently Walking to 2 years: 9:30 10:15. & 12:35 13:20
- 2 3 Years: 10:30 11:15.
- 3 years to school age: 11:30 12:15.

Cost: £9.25 (must book). Dates: 23 Apr - 21 May, 4 Jun - 16 Jul.

Next Level Camps

Lord Wandsworth College, Long Sutton, Hook RG29 1TA www.nextlevelcamps.co.uk

Multi-Activity Day Holiday Camps: 8:00 - 18:00.

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

Tots Play Basingstoke

Chineham Village Hall, Thornhill Way, Chineham, RG24 8YE. 07843479359. www.totsplay.co.uk.

- Action Tots: 9:45 10:30. Ages: 2 yrs 6 mths 4 yrs. Social Tots: 10:40 11:20. Ages: 8 mths 2 yrs 6 mths.
- Discovery Tots: 11:35 12:15. Ages: 2 9 mths.

Cost: £8.50 (must book). Dates: 23 Apr - 21 May, 4 Jun - 16 Jul.

Baby Development 6 week Course: 12:30 - 13:20

A Strong Foundation for Your Baby's Growth and Development Ages: 0 - 6 mths. Cost: £69 (must book). Dates: 23 Apr - 28 May.

LIBRARY

Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk. Rhymetime at Basingstoke: 10:30 - 11:00. Ages: 0 - 5 yrs.

THURSDAY

PARENTS & TOTS

Christ Church

Chineham, Basingstoke, RG24 8LT. christchurchchineham.org.uk.

Sparklers: 10:00 - 11:30. Cost: £1.50 (must book).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Kumon Basingstoke North

St Gabriels Church Hall, Tewkesbury Close, Basingstoke, RG24 9DU. 01256 636233. www.kumon.co.uk.

Maths & English Tuition: 16:30 - 18:15.

Ages: 2 - 16 yrs. Cost: £75 (must book). Dates: 3 Apr - 24 Jul.

Melrose Community Association

Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676. www.melrosecommunityassociation.co.uk.

Popley Little People: 9:30 - 12:1 Cost: £2.50 (drop in). Dates: 3 Apr, 1 May - 22 May & 5 Jun - 17 Jul.

Oakley with wootton

St Leonard's Centre, Rectory Road, Oakley, RG23 7ED. 01256 782724. www.Oakleywithwootton.org.uk.

Quackers: 10:00 - 11:30

Ages: 0 - 3 yrs. Cost: Free (drop in). Dates: 3 Apr - 24 Jul. Sycamore Community Halls

Sycamore Way, Basingstoke, RG23 8AB. sycamorehalls.co.uk.

Munchkins: 10:00 - 11:30. Ages: 0 - 5 yrs.

Cost: £1.50 (must book). Dates: 24 Apr - 22 May, 5 Jun - 17 Jul.

The Roger Morris Community Centre

Eastrop Way, Basingstoke, RG21 4QE. 01256 473634. viables.org.uk. Park Tots: 9:45 - 11:30. Ages: 0 - 5 yrs.

Cost: £2.50 per session (booking essential). Dates: 3 Apr - 24 Jul.

Viables Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. www.viables.org.uk.

Ages: 1 - 5 yrs. Cost: Free (booking essential). Dates: 3 Apr - 24 Jul.

DANCE & DRAMA

Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP. www. petiteschoolofdancing.com.

- Acro Minis: 16:15 17:00. Acrobatics class for KS1
- Junior Acro: 17:00 18:00. Acrobatics class for KS2
- Inters Acro: 18:00 19:00 Acrobatics class for Year 7 & 8
- Senior Contemporary: 19:00 19:30. Ages: 14 18 yrs.

Cost: £4-5 Dates: 3 Apr - 17 Jul (must book)

Drama Tots Basingstoke

Lychpit Hall, Great Binfields Road, Lychpit, Basingstoke, RG24 8TF. 07803 046549. www.dramatots.co.uk.

- Rising Stars: 9:30 10:10. Ages: 1.5 3 yrs.
- Bright Stars: 10:30 11:15. Ages: 3 5 yrs.

Cost: £7.50 (must book). Dates: 24 Apr - 22 May & 5 Jun - 10 Jul.





CREATIVE

Jo's Messy play Heath End Hall, Heath End Rd, Baughurst, Tadley, RG26 5LX.

Unders 2's Thursdays - Baughurst: 10:00 - 11:15. Cost: £6 (must book). Dates: 3 Apr - 17 Jul

HEALTH & WELLNESS

Zumba with Greta

Chineham Christ Church, Basingstoke, RG24 8LT 07497 091372. www.zumba.com/en-US/p/greta-paloci/3193221

Zumba Class: 18:40 - 19:40. Cost: £7 (must book). Dates: Apr-Jul

Studio 41, Ground Floor, BMS House, Stroudley Rd, Basingstoke, RG24 8FW 07753 668843. www.fitmamaonline.com.

Postnatal Class: 10:15 - 11:00. Cost: £50 for 6 week course

PHYSICAL FUN

CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. www.curveballcoaching.co.uk.

- The Priory after school Tag Rugby Y4-Y6: 15:20 16:20.
- The Priory after-school Hockey R-Y3: 15:30 16:30. The Priory after-school Hockey Y4-Y6: 15:30 - 16:30

Dates: 24 Apr - 22 May & 5 Jun - 17 Jul. Cost: £6.50 (must book).

Tots Play Basingstoke

Sherborne St John Village Hall, Kiln Road, Sherbourne St John Road, Basingstoke, RG24 9HR. 07843479359. www.totsplay.co.uk.

Family Tots: 10:35 - 11:15. Ages: 2 mths - 2 yrs 9 mths.

A multi-activity, developmental play session
• Discovery Tots: 10:35 - 11:15. Ages: 2 - 9 mths.

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul. Cost: £8.50 (drop in). Baby Tranquil 5 week Course: 11:30 - 12:30. Ages: 0 - 4 mths. Nurturing Your Newborn & You Cost: £59 Dates: 24 Apr - 22 May.

Tumble Tots Basingstoke

Victoria Halls, West Green Road, Hartley Wintney, RG27 8RQ. 07368

500820. www.tumbletots.com.

• 3 years to school age: 9:30 - 10:15.

• Confidently Walking to 2 years: 10:35 - 11:20.

2 - 3 Years: 11:35 - 12:20

6 months to walking: 12:35 - 13:20

Cost: £9.25 (must book). Dates: 24 Apr - 22 May, 5 Jun - 17 Jul.

Next Level Camps

Lord Wandsworth College, Long Sutton, Hook RG29 1TA www.nextlevelcamps.co.uk

• Multi-Activity Day Holiday Camps: 8:00 - 18:00.

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

LIBRARY

Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

- Rhymetime at Alton Library: 10:30 11:00. Ages: 0 5 yrs.
- Loopy Loopers at Alton Library: 14:00 16:00. crafting group





Basingstoke Discovery Centre Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

Rhymetime at Basingstoke: 10:30 - 11:00. Ages: 0 - 5 yrs. Cost: £1 (must book).

STEM Social at Basingstoke: 10:00 - 11:00.

Read Aloud at Basingstoke: 12:45 - 13:30. For adults

Tadlev Librarv

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk. • Scrabble at Tadley Library: 10:00 - 12:00

Storytime at Tadley Library: 10:30 - 11:00. Ages: 3 - 5 yrs.

U3A Scrabble at Tadley Library: 14:00 - 16:00

SWIMMING

PuddleDucks North Hampshire and Reading Hampshire Court Hotel & Spa, Chineham, Basingstoke, RG24 8FY. 0118 229 3232. www.puddleducks.com.

- Swim Academy Level 1: 16:00 16:30, 16:30 17:00, 17:30 -18:00 & 18:30 - 19:00.
- Swim Academy Level 2: 17:00 17:30 & 18:00 18:30.
- Swim Academy Level 3: 18:00 18:30.

Ages: 4 - 10 yrs. Cost: £17 (must book). Dates: 24 Apr - 17 Jul.

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

Pre School: 11:00 - 13:00. Preschoolers' swimming skills

Dates: 3 Apr - 24 Jul.

FRIDAY

PARENTS & TOTS

Hope Community Church

Sarum Hill Centre, The Sarum Hill, Basingstoke, RG21 8SR. Bouncing Beans: 10:00 - 12:00. Ages: 0 - 4 yrs.

Cost: £0.50 (must book). Dates: 25 Apr - 23 May, 6 Jun - 18 Jul.









FREE TOOLKIT

That Every New Parent Needs





Scan to download!!

Melrose Community Association Melrose Community Hall, Abbey Road, Popley, Basingstoke, RG24 9EF. 01256 420676. www.melrosecommunityassociation.co.uk.

Popley Little People: 9:30 - 12:15

Cost: £2.50 (drop in). Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul. St Luke's Church

St Luke's Church, Pamber Heath, Tadley, RG26 3DZ. 07759 151576. St Luke's Baby And Toddler Group: 10:00 - 11:29

Ages: 0 - 4 yrs. Cost: Free (must book). Dates: Apr -Jun

Viables Community Centre

The Harrow Way, Basingstoke, RG22 4BJ. www.viables.org.uk.

Little Seedlings Music: 10:00 - 10:

Cost: £3 (must book), Dates: 4 Apr - 25 Jul.

PHYSICAL FUN

CurveBall Coaching

The Priory School, Pamber End, Tadley, RG26 5QD. 07939 972436. www.curveballcoaching.co.uk.

- The Priory after school Dodge Ball Y3-Y6: 15:30 16:30.
- The Priory School Quidditch club 15:20 16:20.

Dates: 4 Apr - 18 Jul Cost: £6.50 (must book).

Next Level Camps

Lord Wandsworth College, Long Sutton, Hook RG29 1TA www.nextlevelcamps.co.uk

Multi-Activity Day Holiday Camps: 8:00 - 18:00.

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

Tumble Tots Basingstoke

Sherborne St John Village Hall, Kiln Road, Basingstoke, RG24 9HR. 07368 500820. www.tumbletots.com.

- 6 months to walking class: 9:30 10:15.
- Confidently Walking to 2 years: 10:35 11:20.
- 2 3 Years: 11:35 12:20
- 3 years to school age: 12:35 13:20.

Cost: £9.25 (must book).Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

Why is my baby crying?



You're not aloneevery parent asks this at some point, but we're here to help!

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- Understand how to respond with confidence
- Know what to do to soothe and calm your baby
- Enjoy calmer, happier moments together

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CREATIVE

Jo's Messy play Heath End Hall, Heath End Rd, Baughurst, Tadley, RG26 5LX. Under 5s Fridays - Baughurst: 9:45 - 11:15. Cost: £6 (must book).

SWIMMING

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

- Pre School: 11:30 12:00 & 12:00 12:30. Swimming skills
- Dippers: 9:30 10:00. Baby water fun with parents
- Splashers: 10:00 10:30. Toddler water fun with parents
- Paddlers: 10:30 11:00 & 11:00 11:30. Toddler swim basics

LIBRARY

Basingstoke Discovery Centre Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk.

Storytime at Basingstoke Centre: 10:30 - 11:00.

Chineham Library

Chineham District Centre, Basingstoke, RG24 8BQ.

- Rhymetime for Under 1's: 10:00 10:30.
- Rhymetime for Over 1's: 11:00 11:30.

Tadley Librar[,]

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

- Toddler Rhymetime at Tadley Library: 10:30 11:00.
- New Parents Meet at Tadley Library: 14:00 15:00.

SATURDAY

PARENTS & TOTS

Kumon Basingstoke North

St Gabriels Church Hall, Tewkesbury Close, Basingstoke, RG24 9DU. 01256 636233. www.kumon.co.uk.

Maths & English Tuition: 9:30 - 12:30.

Ages: 2 - 16 yrs. Cost: £75 (must book). Dates: 5 Apr - 26 Jul.

Search activities online at www.toddleabout.co.uk



Kumon Basingstoke South

St Andrews Methodist Church, Western Way, Basingstoke, RG22 6ER. 01256 533234. www.kumon.co.uk.

Maths & English Tuition: 9:30 - 11:30

Ages: 2 - 16 yrs. Cost: £70 (must book). Dates: 5 Apr - 26 Jul.

DANCE & DRAMA

Petite School of Dancing

Bramley Village Hall, The Street, Bramley, RG26 5BP. www. petiteschoolofdancing.com.

Tiny Toes: 9:00 - 9:30. Dance class for ages 3-5

Cost: £4.50 (must book). Dates: 5 Apr.

LIBRARY

Alton Library

Alton Library, Vicarage Hill, Alton, GU34 1HT. www.hants.gov.uk.

- Community Connections at Library: 13:00 15:00
- Construction Club: 14:00 16:00. Ages: 5 12 yrs.

Basingstoke Discovery Centre

Festival Place, Basingstoke, RG21 7LS. www.hants.gov.uk. Construction Club: 10:00 - 13:00. Ages: 5 - 12 yrs

Tadley Library, Mulfords Hill, Tadley, RG26 3JE. www.hants.gov.uk.

- Family Fun Board Games Tadley: 14:00 16:00.
- Construction Club at Tadley Library: 14:00 16:00.

HEALTH & WELLNESS

FitMamaTM

Studio 41, Ground Floor, BMS House, Stroudley Rd, Basingstoke, RG24 8FW 07753 668843. www.fitmamaonline.com.

• Perimenopause Workshop: 14:00 - 16:15. Dates: 1 Apr-15 Jul

SWIMMING

Basingstoke Sports Centre

Festival Place, Basingstoke, RG21 7LE. 01256 326331. better.org.uk.

- Pre School: 9:00 9:30, 9:30 11:30 & 13:00 13:30.
 Paddlers: 8:00 8:30 & 8:30 9:00. Toddlers' swimming basics

SUNDAY

PARENTS & TOTS

Pop Up Play Village Basingstoke Wellington Arms, Stratfield Turgis, Basingstoke, RG27 0AS. 07789 717076 popupplayvillage.co.uk/organiser/basingstoke/

- Family Sundays: 12:00 16:
- Mother Day Special: 12:00 18:00
- Easter Sunday with Easter Bunny: 12:00 16:30

Cost: Included free with a roast dinner Dates: 6 Apr - 29 Jul.

WEST BERKS AREA

MONDAY

PARENTS & TOTS

St Marv's Greenham

St Mary's Church, New Road, Greenham, RG19 8RZ.

Teas, Toys and Tots Playgroup in Greenham: 9:30 - 11:00. Cost: £1 (must book). Dates: 28 Apr, 12 - 19 May & 2 Jun - 21 Jul.

St Nicolas Church, Newbury

St Nicolas Church, West Mills, Newbury, RG14 5HG. 01635 47018.

• Hidden Treasures: 10:00 - 11:15. Ages: 0 - 4 yrs.

Cost: £1 (must book). Dates: 28 Apr, 12 May - 19 May, 2 Jun - 21 Jul.

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/ • Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00. Ages: 0 - 6 yrs. Cost: £8.50.

PHYSICAL FUN

Next Level Camps

St Andrew's School, Pangbourbe RG8 8QA nextlevelcamps.co.uk

Multi-Activity Day Holiday Camps: 8:00 - 18:00

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).



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CREATIVE

Great Shefford Village Hall

Station Road, Great Shefford, RG17 7DR

Great Shefford Under 5': 9:30 - 11:00. Cost: £3 (must book).

Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. cornexchangenew.com.

Create and Make: 10:00 - 17:30

Ages: 4 - 11 yrs. Cost: £37.50 (must book). Dates: 31 Mar - 21 Jul.

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk

- After School Club Ages: 5 yrs+ Cost: £10 (must book).
- Family Play Cost: £10 per family (must book).

TUESDAY

HEALTH & WELLNESS

Breastfeeding & Tongue Tie Division Support

Yattendon Clinic, 1st Floor Adam and Eve Hair Yattendon, The Square, Thatcham, RG18 0UF. 07475600068. www.positive.health.

 Breastfeeding and Tongue Tie Session: 10:00 - 16:00. Cost: Free (must book). Dates: 22 Apr - 22 Jul.

PARENTS & TOTS

Aldermaston Parish Hall

The Street, Aldermaston, RG7 4LN. 07748 791544.

Aldermaston Toddlers: 9:30 - 11:3

Cost: £3 (must book). Dates: 1 Apr, 29 Apr - 20 May & 3 Jun - 22 Jul. Kingsclere Village Club

George St, Kingsclere, RG20 5NH. kingsclerevillageclub.co.uk.

• Kingsclere Village Bunnies - Baby & Toddler Group: 9:00 -

11:00. Cost: £2 (drop in). Dates: 1 Apr - 22 Jul.

Saint Mary's Church, Shaw

Church Road, Shaw, RG14 2DR. 01635 40450. shawchurch.org.

Meeting Point: 9:45 - 11:15. Ages: 0 - 5 yrs.

Cost: Free (must book). Dates: 29 Apr - 20 May, 3 Jun - 22 Jul.

Easter at Corn Exchange Newbury



Nick Sharratt's Picture Book Drawalong

Tue 15 Apr. 2pm Age 4+



Room on the Broom

Thu 10 - Sun 13 Apr. Various Times Age 3+



Science Museum: The Live Stage Show

Wed 16 Apr, 2.30pm & 4.30pm, All ages



St John's Church

St John's Road, Newbury, RG14 7PY. 01635 41249. stg-stj.org.uk.

 St John's Newbury Baby & Toddler Group: 9:30 Cost: £1 (must book). Dates: 1 Apr, 29 Apr - 20 May & 3 Jun - 22 Jul.

The Lambourn Centre

Close End, Lambourn, RG17 8NJ, 01488 73690, lambourn.org. Under 5s Parent & Toddler Group: 10:00 - 12:00

Cost: Free (must book). Dates: 1 Apr, 29 Apr - 20 May, 3 Jun - 22 Jul

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/ • Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00.

Ages: 0 - 6 yrs. Cost: £8.50.

PHYSICAL FUN

Next Level Camps

St Andrew's School, Pangbourbe RG8 8QA nextlevelcamps.co.uk

Multi-Activity Day Holiday Camps: 8:00 - 18:

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk

Family Play Cost: £10 per family (must book).

WEDNESDAY

PARENTS & TOTS

The Parent Village at Educafe

Newbury Library, The Wharf, RG14 5AU. educafeuk.co.uk. Times: 11:00 - 14:00. Cost: Free (drop in). Dates: 2 Apr - 23 Jul.

The Salvation Army

Northcroft Lane, Newbury, RG14 1BU. www.salvationarmy.org.uk. • Stay and Play - Newbury: 10:00 - 11:30. Ages: 0 - 4 yrs.

Cost: £1.50 (drop in). Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Search activities online at www.toddleabout.co.uk





Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD cornexchangenew.com.

• Memory Café: 10:30 - 12:00. Dates: 2 Apr - 23 Jul.

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/

• Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00. Ages: 0 - 6 yrs Cost: £8.50

PHYSICAL FUN

Next Level Camps

St Andrew's School, Pangbourbe RG8 8QA nextlevelcamps.co.uk Multi-Activity Day Holiday Camps: 8:00 - 18:00

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk

After School Club Ages: 5 yrs+ Cost: £10

• Engage: 12:00 - 13:30 Children not in school Cost: £5 p/family

• Family Play Cost: £10 per family

 Minis: 09:30 - 11:00 Ages: Under 5s Cost: £2.50 p/family Dates: Apr - Jun (must book)

THURSDAY

PARENTS & TOTS

Brightwalton Village Hall

Common Lane, Brightwalton, RG20 7BN. Brightwalton Toddler Group: 9:00 - 10:45. Ages: 0 - 4 yrs.

Cost: £3 (must book). Dates: 24 Apr - 22 May & 5 Jun - 17 Jul.

The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. lambourn.org.

Under 5s Parent & Toddler Group: 10:00 - 12:

Cost: Free (must book), Dates: 24 Apr - 22 May & 5 Jun - 17 Jul.

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/

• Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00. Ages: 0 - 6 yrs. Cost: £8.50.

PHYSICAL FUN

Next Level Camps

St Andrew's School, Pangbourbe RG8 8QA nextlevelcamps.co.uk • Multi-Activity Day Holiday Camps: 8:00 - 18:00

Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk

- After School Club Ages: 5 yrs+ Cost: £10 (must book).
- Family Play Cost: £10 per family (must book).

MUSIC & SIGNING

Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. cornexchangenew.com.

Tots Create: 10:15 - 11:15

Ages: 2 - 4 yrs. Cost: £5 (must book). Dates: 24 Apr - 17 Jul. Room on the Broom: 13:30 - 16:00. Theatre show for 3+ Cost: £16.25 (must book). Dates: 10 Apr - 13 Apr.

FRIDAY

PARENTS & TOTS

GLENDALE CHURCH

The Well, Green Lane, Thatcham, RG19 3RG. glendale-church.com. • Replenish Baby & Toddler Group: 10:00 - 12:00.

Cost: £2 (must book). Dates: 4 Apr - 25 Jul.

Hungerford Youth and Community Centre

Priory Road, RG17 0AL. 07999 053744. hungerfordyc.org.uk. Ladybugs Playgroup: 9:30 - 11:00. Ages: 0 - 5 yrs.

Cost: £2.50 per family includes snacks. Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

Newbury Baptist Church

Cheap Street, Newbury, RG14 5DD. newburybaptistchurch.org. Giggles and Wiggles Toddler Group: 9:30 - 10:45

Cost: £1.50 (must book). Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

The Lambourn Centre

Close End, Lambourn, RG17 8NJ. 01488 73690. lambourn.org. • Under 5s Parent & Toddler Group: 10:00 - 12:00

Cost: Free (must book). Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

Upper Bucklebury Memorial Hall

Broad Lane RG7 6QH. buckleburymemorialhall.org.uk.

Bucklebury Baby & Toddler Group: 9:30 - 11 Cost: £1 (must book). Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/ Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00. Ages: 0 - 6 yrs. Cost: £8.50.

PHYSICAL FUN

Next Level Camps

St Andrew's School, Pangbourbe RG8 8QA nextlevelcamps.co.uk

• Multi-Activity Day Holiday Camps: 8:00 - 18:00. Ages: 4 - 14 yrs. Cost: £50 per day (or £200 per week) (must book).

MUSIC & SIGNING

Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. cornexchangenew.com.

- My First Notes: 10:30 11:00. Ages: 0 4 yrs Cost: £10 (book).
- Messy Stories: 13:00 14:00.Ages: 0 4 yrs. Cost: £5 (drop in).

CREATIVE

Pop Up Play Village Thatcham & Newbury Upper Bucklebury Memorial Hall, Broad Lane RG7 6QH. 07807

297259. popupplayvillage.co.uk. Glow Up in the Village this Easter: 10:00 - 11:00, Ages: 0-8vr Cost: £9 (must book). Dates: 11 Apr.

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk • Family Play Cost: £10 per family (must book).

DANCE & DRAMA

Perform Workshops Newbury

St John the Evangelist, St John's Road, RG14 7PY. 020 7255 9120. Perform Newbury: Drama, dance & singing classes for

4-12s: 16:00 - 17:00. Dates: 4 Apr - 9 May & 4 Apr - 25 Jul.







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SATURDAY

PARENTS & TOTS

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/

Role Play Cafe: 9:30 - 11:00, 11:30 - 13:00, 13:30 - 15:00. Ages: 0 - 6 yrs. Cost: £8.50.

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk

- Family Play Cost: £10 per family (must book).
- Respite Cost: £25-45 contact office@swingsandsmiles.co.uk

CREATIVE

Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD. cornexchangenew.com.

Broom Workshop for 3+: 10:00 - 12:30. Dates: 12 Apr

OTHER

W Berks Mum2Mum Market

Thatcham Catholic Hall, 7 Bath Road, Thatcham, RG18 3AG.

Thatcham 5th April 202514:00 - 16:00.

The Nanny Network

Elephant at the Market, 8 Market Place, Newbury, RG14 5BD. 07493 360906. thenannynetwork.co.uk.

The Nanny Networking Night: 18:00 - 20:00.

Exclusive networking event Cost: £15 (must book). Dates: 5 Apr.

SUNDAY

SEND

Swings & Smiles

Lower Way, Thatcham, RG19 3RR www.swingsandsmiles.co.uk • Family Play Cost: £10 per family (must book).

MUSIC & SIGNING

Corn Exchange Newbury

Market Pl, Newbury, RG14 5BD cornexchangenew.com.

• My First Notes: 10:30 - 11:00.

Ages: 0 - 4 yrs. Cost: £10 (must book). Dates: 27 Apr - 20 Jul.

PARENTS & TOTS

Tiny Town Cafe, Newbury

Kennet Centre, Newbury, RG14 5EN. tinytownnewbury.co.uk/

- Role Play Cafe: 8:00 9:30, 10:00 11:30, 12:00 13:30, 14:00
- 15:30, 16:00 17:30
- SEN Role Play Cafe (1st Sunday of the Month):16:00 17:30. Ages: 0 - 6 yrs. Cost: £8.50.

PHYSICAL FUN

Tadley Rugby Club

Red Lane, Aldermaston, RG7 4PA tadleyrfc.rfu.club.

Under 6 Rugby Classes: 9:00 - 10:00. Ages: 4 - 6 yrs.

Dates: 6 Apr - 13 Apr & 27 Apr - 25 May.

WINCHESTER & ANDOVER AREA

MONDAY

DANCE & DRAMA

Perform Workshops Andover

Andover Leisure Centre, West Street, SP10 1QP. perform.org.uk.

- Perform Andover: Drama, dance & singing classes for
- **4-12s**: 16:00 17:00. **Dates:** 31 Mar 12 May & 31 Mar 21 Jul.

LIBRARY

Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Chat About at Andover Library: 10:30 12:00
- Storytime at Andover Library: 11:00 11:30. Ages: 3 5 yrs.

Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

- Scrabble Club at Winchester: 11:00 12:00
- Home Education Club Winchester: 13:00 15:00.

TUESDAY

PARENTS & TOTS

Marks & Spencer - Winchester

138 High Street, Winchester, SO23 9AX marksandspencer.com

 Parent and Baby Morning 09:30 - 11:30. Cost: Free cake with purchase of a hot drink



Christ Church - Winchester

Christchurch Road, SO23 9SR. 01962 854454. ccwinch.org.uk.

Bumps and Babies: 10:00 - 11:30. Ages: 0 - 2 yrs. Cost: Free
 Toddlers: 10:00 - 11:30. Ages: 3 - 5 yrs. Cost: £1 (must book).

Dates: 1 Apr - 22 Jul.

LIBRARY

Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

Chatty Craft at Andover Library: 10:30 - 12:00. For adults

Dog Storytime: 11:00 - 11:30.Ages: 3 - 8 yrs.

Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

Knit and Natter at Winchester: 10:00 - 12:00

WEDNESDAY

LIBRARY

Andover Library

Chantry Centre, Andover, SP10 1LT, www.hants.gov.uk.

Rhymetime at Andover Library: 11:00 - 11:30. Ages: 0 - 5 yrs.

Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

• Sociable Stitching at Whitchurch: 13:30 - 15:30.

Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

Read Aloud at Winchester Library: 10:30 - 12:30.

THURSDAY

PARENTS & TOTS

St Paul's Church

St Paul's Hill, Winchester, SO22 5AB. stmatthewstpaul.org.

Bumps & Babies: 9:15 - 10:30

Cost: £1 (must book). Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

DANCE & DRAMA

Perform Workshops Winchester

Holy Trinity Parish Church, Upper Brook Street, Winchester, SO23 8DG. 020 7255 9120. www.perform.org.uk.

Perform Winchester: Drama, dance & singing classes for

4-12s: 16:00 - 17:00. Dates: 3 Apr - 8 May & 3 Apr - 24 Jul.

LIBRARY

Alresford Library

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

Rhymetime at Alresford Library: 11:15 - 11:45.

Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

Parents Meet at Andover Library: 11:00 - 12:00

• Baby Play at Andover Library: 11:00 - 12:00.

Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

Rhymetime: 10:00 - 10:30 & 11:00 - 11:30. Ages: 0 - 5 yrs.

FRIDAY

PARENTS & TOTS

St Barnabas Church, Winchester

Fromond Rd, Winchester, SO22 6EF. 01962 886629. stb.church. Tiddlywinks: 10:00 - 11:30

Ages: 0 - 4 yrs. Cost: Free (drop in). Dates: 4 Apr - 25 Jul.

St Paul's Church

St Paul's Hill, Winchester, SO22 5AB. stmatthewstpaul.org.

Toddler Group: 9:30 - 11:0

Cost: £1 (must book). Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

LIBRARY

Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Rhymetime at Andover: 10:00 10:30 & 11:00 11:30.
- Marigold Club at Andover Library: 10:30 12:00. For adults

Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

Rhymetime: 10:30 - 11:00. Ages: 0 - 2 yrs.

SATURDAY

LIBRARY

Alresford Library

20 Broad Street, New Alresford, SO24 9AQ. www.hants.gov.uk.

Construction Club at Alresford Library: 10:00 - 13:00.

Andover Library

Chantry Centre, Andover, SP10 1LT. www.hants.gov.uk.

- Community Connections at Library: 10:00 12:00
- Dads' Rhymetime at Andover: 11:00 11:30. Ages: 3 5 yrs.
- Construction Club at Andover: 14:00 16:00. Ages: 5 12 yrs.

Whitchurch Library

Gill Nethercott Centre, Whitchurch, RG28 7HP. www.hants.gov.uk.

- Construction Club: 10:00 13:00. Ages: 3 8 yrs
- Storytime at Whitchurch: 10:30 11:00. Ages: 3 8 yrs.

Winchester Library

Jewry St, Winchester, SO23 8SB. www.hants.gov.uk.

• Family Fun: 14:00 - 16:00. Ages: 3 - 12 yrs.

DANCE & DRAMA

Perform Workshops Winchester

Holy Trinity Parish Church, Upper Brook Street, Winchester, SO23 8DG. 020 7255 9120. www.perform.org.uk.

Perform Winchester: Drama, dance & singing classes for

4-12s: 9:30 - 11:00. Dates: 5 Apr - 10 May & 5 Apr - 19 Jul.



















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