CREATIVE CARPET & FLOORING'S

Creative Thinking "Mark" My Words ... a message from Mark Sr.



Bouquet Jr.

"We promise that you'll love your new floors, or we'll replace them FREE! Call today for a complimentary Custom Interior Analysis!" (888) 910-6585

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Hi Everyone!

Wow! The holidays are over, and we're in the hard winter time now! Personally, I don't mind winter. I love the season changes! It does seem as if we all forgot how to drive though (I put myself at the top of EVERY CATEGORY!!!), so please stay safe!

On a side note, by the time you receive this, we will have a new president! Whomever you voted for, or if you didn't vote at all, "WE THE PEOPLE" need to stick together. It's what we do - we're Americans! We still have the freedom to be part of the process. We here at Creative Carpet & Flooring just pray everyone has a happy, prosperous and SAFE YEAR! I want to mention that February 20th is President's Day. Let's hope we can, in the spirit of the "Father of Our Country" and "Honest Abe," pull it all together! Let's trust that all the sacrifices made by our people in uniform were not done in vain. We would have a much different country had others not made the sacrifices we all have benefited from.

On another note, please, remember your sweetheart on Valentine's Day this February 14th. I know I'm taking my sweetheart out! We live in such a fast-paced society that we often don't take the time to SHOW the people who we are closest to what they mean to us. The adage, "actions speak louder than words," certainly applies. Even if you don't believe in the holiday, it's so important for people to be affirmed. Everyone is valued by God and someone. So, it's just a great way to show someone that you do love and care for them.

And as always, I want to thank you for being so loyal. I don't believe I'll ever be able to wrap my brain around all the wonderful reviews I see and the generations of families I see coming back! It's why we are growing at an INCREDIBLE RATE! I can thank only God and pray that we never let you down. But if we ever do or have, please let us know. We can't resolve what we don't know about! It makes us better, too. So PLEASE know that we are always prepared to do the right thing. Even when it may hurt. WE DO CARE!

Thanks for Reading,

Mark Bouquet, Sr.

| 2017 FEBRUARY | | | | | | |
|---------------|-----|-----|-----|-----|-----|-----|
| SUN | MON | TUE | WED | THU | FRI | SAT |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | | | - | |

Month at a Glance:

2nd Ground Hog Day - is spring near? 5th Superbowl Sunday - #51! 14th Valentine's Day

20th President's Day

27th No Brainer Day - this day is for me!

28th Public Sleeping Day - If you opt to sleep on the job, do so at your own risk! 29th Leap Day - not again until 2020, once every four years

Health Benefits of Dark Chocolate

There is a good chunk of evidence out there that cocoa can provide some powerful health benefits, especially against cardiovascular disease.



Dark chocolate contains some sugar, but the it's usually minimal. The best part is

the darker the chocolate, the less sugar it will contain. Of course, this doesn't mean you should go mack out and wolf down lots of chocolate every day! It's still full of calories and super easy to over indulge. Pace yourself to a piece or two during work during a 15 minute well deserved break and eat them nice and slow.

Be careful not to get the cheap junky chocolate. Grab the organic dark chocolate with 70% or more cocoa content to get the good stuff!

Dark chocolate is...

- very nutritious Quality dark chocolate is rich in fiber, iron, magnesium, copper, manganese and a handful of other minerals.
- + a powerful source of antioxidants Cocoa and dark chocolate have a wide variety of powerful antioxidants, way more than most other foods.
- may improve blood blow and lower blood pressure The bioactive compounds in cocoa can improve blood flow in the arteries and cause a small but statistically significant decrease in blood pressure.
- raises HDL and protects LDL against oxidation Dark chocolate improves several important risk factors for disease. It lowers the susceptibility of LDL to oxidative damage while increasing HDL and improving insulin sensitivity.
- may lower the risk of cardiovascular disease Observational studies show a drastic reduction in heart disease risk for the people who consume the most chocolate.
- may protect your skin against the sun Studies show that the flavanols from cocoa can improve blood flow to the skin and protect it against sun-induced damage.
- may improve brain function Cocoa contains stimulant substances like caffeine and theobromine, which may be a key reason cocoa can improve brain function in the short term.

The most important benefit to dark chocolate is its awesome taste!

Kris Gunnars, B. (n.d.). 7 *Proven Health Benefits of Dark Chocolate*. Retrieved from Authority Nutrition: https://authoritynutrition.com/7-health-benefits-dark-chocolate/

Random Acts of Kindness Day

Random Acts of Kindness Day is always celebrated on February 17th. It's a day to perform a few random acts of kindness... any kind deed on as many people as you can is the way to really celebrate! Random Acts of Kindness Day has grown in popularity and is a favorite day of many people and groups encouraging acts of kindness. Hold open a door, offer help, even a simple compliment, just be watchful to your surroundings and spontaneous to help that can be offered around



you. Every interaction with someone, no matter how small, is can have a positive impact on both of your lives bigger than you might realize. What a wonderful world it would be if everyday was treated like February 17th!

LARRY & CINDY VISSER

Your are this month's **MYSTERY WINNER!** We have a \$50 Creative Carpet & Flooring gift card reserved just for you! Stop in your nearest showroom to claim your prize! NOTE: Must be picked up before 02/28/2017

Did You Know

Creative Carpet & Flooring recommends our own soap-free spotter available for purchase?

The first step towards keeping your carpet clean is to never buy any spot cleaners with detergents in them. Most store-bought spot cleaners are detergents and will leave a soapy residue on your carpet. You won't feel it but will start seeing dark spots everywhere it was used. If you listen to us, there should be no reason to ever have reoccurring spots on your carpet. Just pour a little in your hand and see the soap, and you will understand what we are saying.

> As always, feel free to call Creative Carpet & Flooring at 888-910-6585... we're ALWAYS here to help!

THANK YOU FOR THE KIND WORDS!

"Overall, exceptional experience start to finish. Everyone, from the store front to the installers, we informative, professional, kind and prompt. The price was the best out of four stores I spoke with, plus the incredible service. Our third floor looks like a new place with the new carpet in! Couldn't be happier." Elizabeth

FEBRUARY

<u>Cínnamon Infused Hot Chocolate</u> makes 2 cups

A little more time consuming than instant hot chocolate. but well worth it!

- 2 cups milk (or milk substitute)
- 1 cínnamon stíck
- 3 to 4 tablespoons granulated sugar
- half a vanílla bean, splít & beans scraped out
- 2 tablespoons plus 2 teaspoons premíum, unsweetened cocoa powder
- 1/2 cup heavy cream
- 2 tablespoons powdered sugar
- 1/2 teaspoon pure vanilla extract
- ground cinnamon to garnish
- 1. Place milk in a medium saucepan over medium heat. Heat until the milk is steaming but not boiling. Remove from the heat. Crush the cinnamon stick slightly & add to the warm mílk. Cover & let steep for 15 mínutes.
- 2. While the milk and cinnamon steep, rub the vanilla bean into the granulated sugar, creating a fragrant vanilla sugar.
- 3. Once steeped, remove the cinnamon stick from the milk and discard. Add the cocoa powder and vanilla sugar to the warm milk. Heat over low heat, whisking constantly until the sugar and cocoa are completely dissolved.
- 4. While the cocoa is heating, whip the heavy cream, powdered sugar, and vanilla extract to soft peaks.
- 5. Divide hot cocoa between two glasses. Top with whipped cream and sprinkle with ground cínnamon.

Enjoy immediately. Consuming chocolate should always be comforting!

Wilson, J. (2013, December 12). Cinnamon Infused Hot Chocolate | Joy the Baker. Retrieved from Joy the Baker: http://joythebaker.com/2013/12/cinnamon-infused-hot-chocolate/

WELCOME BACK TO OUR RETURNING CLIENTS...

Dale & Mary Brown

- Heather & Keith Cichon
- Jerry & Stephanie Dauparas
- Therese Dwver Kyle & Leah Fischer

Company

Dalton + Lisa Egner

+ Mike Faber

Ed & Shirley Berling

Donna & Tom Bleker

+ Cornerstone Church

+ Erin & Christopher

Willa & Marvin Bormet

+ James & Kathy Emmett

- Pam & Jim Huizinga T.D. & Angelica Igney Eric Lindemulder
- Robert & Marilyn Murphy

MEET OUR CARPET CLEANING CUSTOMERS... + Acoa Ltd. Construction

Dawn Florey

+ Jean Fugo

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Beverly Gareis

- Ann Geertsema
- Marlene & Todd Harting
- Jan & Pam Helfen Beth & Tim Keblusek
- Charles & Martha Librizzi
- Elmer & Sheri Lucas
- Bill & Gennie Mehler
- Greg Meyer
- Marsha & Ross Nelson
- Nick & Caroline Nelson

Call for more info on our expert carpet cleaning services! 888.910.6585



Mega Trivia Contest

Who wants to WIN a \$50 Gift Card towards dinner at TGI Friday's, Olive Garden, Red Lobster or Aurelio's Pizza?

Take our Trivia Challenge!

This month's Mega Trivia question:

Inventor Thomas Edison, born on February 11th, 1847, said "Genius is 1% inspiration and 99%...

- A) luck"
- B) hard work"
- C) obsession"
- **D)** frustration"
- E) perspiration"

To enter, go to:

www.creativecarpetinc.com, click on "Monthly News - Home Advisor

Monthly Newsletter" and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline, February 20th, 2017. Good luck!!!

Answer to January's quiz: E) The Dental Drill

Congratulations to last month's winner:

Rebecca Adlaka

Stop by Creative Carpet & Flooring to claim your prize by February 28, 2017!

> Don't visit any flooring dealer until you call us for a FREE Consumer Awareness Guide! You will learn ...

4 predatory sales tactics

- 7 costly misconceptions about flooring
- ✓ 5 questions to ask a dealer before buying

Visit our website to obtain your copy!

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- Phil Walusek
- - Charles & Kathleen
 - Obrzut

Phyllis Pallay

+ Janet Tucker

Mark & Mary O'Malley

Tim & Ginger Murphy

Michael & Lillie Newton

- Karen Parks Gwendolyn Rivers
- Kim Sedlak
- Janet Stoller
- Chris Wagner

Karen Wallace

Fun Quotes for Groundhog Dav

sunshine." ~Anthony J. D'Angelo *Every mile is two in winter.* ~George Herbert "Gon't knock the weather; nine-tenths of the people couldn't start a conversation if it didn't change once in a while." ~Kin Hubbard Spring is when you feel like whistling even with a shoe full of slush." ~Doug Larson "Turn your face to the sun and the shadows fall behind you." ~ Maori Proverb "To be interested in the changing seasons is a happier state of mind than to be hopelessly in love with spring." ~George Santayana #"To shorten winter, borrow some money due in spring." ~W.J. Vogel Spring is nature's way of saving, "Let's party!" ~Robin Williams "The trouble with weather forecasting is that it's right too often for us to ignore it and wrong too often for us to rely on it." ~Patrick Young

#"Wherever you go, no matter what the weather, always bring your own

MEET OUR NEW FRIENDS AND CLIENTS...

- + Rochele Alumbaugh
- Ronald Bartnicki
- Chad & Sienna
- Bloomfield Kathy Call
- + Andy Cash
- + Duane Cerrito
- Mark Charles
- David & Brenda
- Cherek
- + Len Clancy
- + Joel Cote
- Kim Davy
- + Don & Sue DeMatteo
- + Esther & Dale Derks
- Thea & Eugene Devries

- + Esther Escobedo Dennis Hogan
- Greg & Diane Jones
- Anthony & Dawn
- Kamis
- Kieran Lagan
- Moira Lebryk
- Helen Lekavich
- ÷
- Brandi Lepkowski Sharon Lepkowski ٠
- Tom Lotus
- Susan & Brad ٠
- Lueders
- John & Darris Martello
- Keith Martin
- Wayne Matulis Judy Mestrovich

- Dan Miller Dave Monaham

 - Laura Starcevich
 - + Judy Tokowitz
 - + Robert Trela
 - Mary Troc
 - Tony & Sandy Weber
 - + Steve & Connie Westman

A gigantic THANK YOU to all who referred us last month...

- Deana & Darin Cerrito Gary & Mickey
- Nancy Yunker + Graham Robertson
- Medema
- Sharon Lepkowski

Get A Night Out At One Of Your Favorite **Restaurants Through Creative Carpet's**

Referral Rewards Program

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. So I've assembled my Referral Rewards Program. Every time you refer someone who becomes a client and purchases, we will send you a \$25 gift card to one of the following: Olive Garden, Longhorn Steakhouse, Bahama Breeze Island Grill, Seasons 32 Fresh Grill, Yard House, Red Lobster, TGI Friday's or Aurelio's Pizza.



Saturday, February 11th 11:00a-1:00p **CSRI Sweetheart Dance** CoOp Special Recreation Initiative **Turkey Creek Banquet Hall** 6400 Harrison St, Merrillville IN Refreshments, music and crafts! Advance tickets are required and seating is limited. COST: \$6 per person (including family/ caregivers) CONTACT: RSVP required - 219.769.7275 deadline 2/6/17

Sunday, February 12th 2:00p-3:30p Moonlight and Music concert Southwest Community Concert Band -Cultural Center 14760 Park Ln, Orland Park IL Amorous tunes that will fill the air with love! COST: FREE (donations encouraged) CONTACT: OrlandPark.org or 708.349.1402

Saturday, February 11th 4:00p-6:00p Friends & Family Sweetheart Dance Wicker Memorial Park Clubhouse 2215 Ridge Rd, Highland IN Bring your children ages 4-12 for an afternoon of dancing, games, prizes, crafts, food & frolic. COST: \$5 per couple / \$3 each adtl. child CONTACT: RSVP required -219.932.2530 ext. 331

Sunday, February 19th 3:00p-5:30p **Drive-In Movie** New Lenox Community Park District

701 W. Haven Ave., New Lenox IL Age 3-Adult, "Design" your car, "park" & enjoy a movie! Register by 2/10/17 COST: \$7 per child CONTACT: newlenoxparks.org or 815.485.3584

If you have a community event or fundraiser that you would like us to feature in the March 2017 Creative Carpet & Flooring Creative Thinking, please email dawn.g@creativecarpetinc.com by February 15th, 2017.



The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice.

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- Jose Nieves Cathy Papendick
- Mike & Cheri Rapp
- Mark Santucci
- Todd Schaer ٠
- Kathleen Singleton Greg &

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\$250 OFF



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SALE!