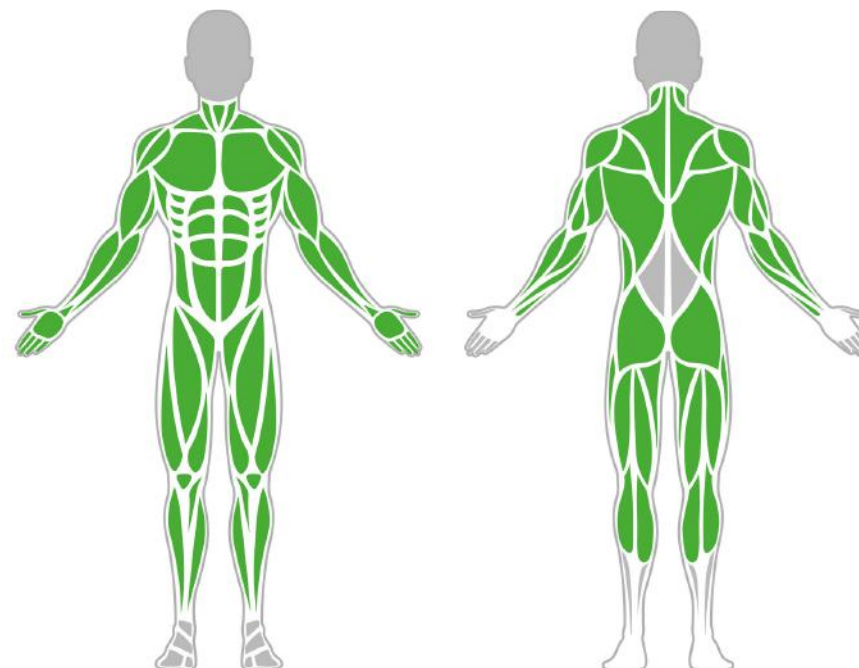




## Muscle Groups Focus



### Boxing Bag Holder

A punching bag can be a refreshing addition to any outdoor gym, but it can also stand on its own, even set up in the garden at home. With punching bags, the problem often arises of finding a good place to hang the bag. This problem is solved by this sturdy and strong gym accessory, which is a great help for those who practice martial arts.

### Attributes

Product code	1-1-054
Certificate	EN 16630, ASTM F3101
Age group	14 + years
Capacity	1 person
Max. weight load	218.26 lbs
Type	Cross Training
Difficulty level	Easy



# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.

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