

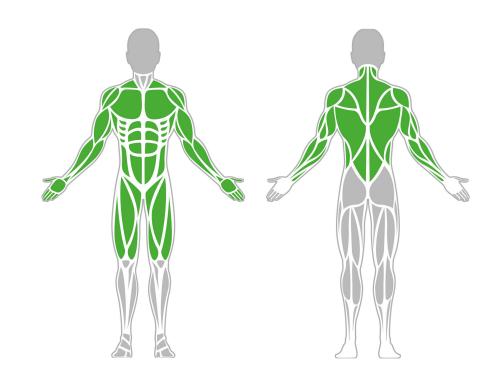
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Muscle Groups Focus





Narrow Pull-Up Bar 1500

The narrow pull-up bar is an excellent tool for performing pull-up exercises, which are the basic exercises of bodyweight training. The heavy grip pull-ups performed on the equipment provide an intense workout for the arm, shoulder, abdominal, and back muscles.

Attributes

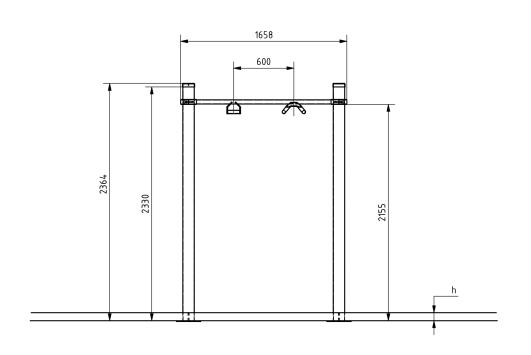
Product code 1-1-047 Certificate EN 16630 Age group 14 + years Capacity 1 person Max. weight load 99 kg Туре Calisthenics Difficulty level Hard

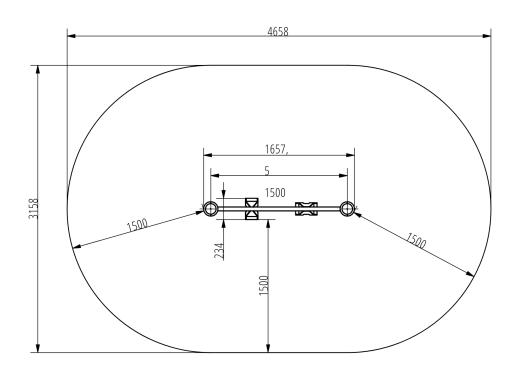
QR Code



Side View

Plan View





Installation information

Number of installers (concrete) At least 2 people Total installation time (concrete) 45-90 min. Number of installers (equipment) At least 2 people Total installation time (equipment) 20-30 min. Excavation volume $0.4 \, \text{m}^3$ Concrete volume $0.4 \, \text{m}^3$ 2pc 0,5 x 0,5 x 0,8 m Size of the base structure Anchoring options In-g
In combined structures, the volume of concrete required varies. In-ground or surface

Technical specification

Safety surfice area

Net weight

Naterial

Color options

Around 1,5 m radius

16 kg

S235

Critic fall height

1100 mm

Color options

For more color options, discuss with your sales representative.

Warranty

Structure
Steel
Paint
Plastic
Rubber
Moving parts
Detailed information in the warranty document

10 years 5-10 years 2 years 5-10 years 1-3 years 2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting ments are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.













