

  
BROKEN SOUND  
CLUB

# *The* SOUND



FEBRUARY 8, 2025

# News You Can Use

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## GENERAL UPDATE

- **Have you seen the latest event photos under the "Stay Connected" section of the BSC Mobile App?**  
Browse, download, and share your favorites by clicking the share icon (📷 / 📤). New photos have been added from these events:
  - Dining Alfresco
  - XGlosive
  - Darioush Wine Society Dinner
  - OC Men's Member-Guest
  - Color War
  - CC 9&Dine (January 19)
- Ladies' Card Play will be held in Starling on Tuesday, February 11 due to the Ladies' Member-Guest Card Party.

## AQUATICS UPDATE

- All afternoon classes are canceled for the week of Monday, February 17 through Sunday, February 23 due to the Presidents' Holiday Week.
- There will be no 11:00 am Aerobics class available on Monday, February 17.

## DINING UPDATE

- Dinner at CIRQ will be closed on Sunday, February 9 due to the Super Sunday Dinner.
- 1401 East Bar Bites will be closed on Monday, February 10 due to the Men's Night Out event.
- CIRQ lunch will be closed on Tuesday, February 11 due to the Ladies' Member-Guest Card Party.
- 1401 Bar Bites and Dinner will be closed on Thursday, February 13 due to OCWGA Mixer event.
- Bistro will close at 2:30 pm on Thursday, February 13 including Poolside Service, Curbside, and Bar due to a club event.
- CIRQ will closed on Sunday, February 16 due to the Home on the Range event.

## GOLF UPDATE

- The Club Course will closed after a 8:30 am Shotgun on Thursday, February 13 due to PM Course Maintenance.
- The Club Course Driving Range will close at 3:00 pm on Thursday, February 13 due to PM Course Maintenance.
- The Club Course Driving Range will close following the Sadie Hawkins 9:00 am Shotgun on Sunday, February 16 to set up for the Home On The Range event.

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# Watch as 26 NFL Legends and 78 PGA TOUR Champions Professionals Compete!



Featuring Pro Football Hall of Fame Players Alongside PGA Tour Champions.

VIDEO HERE

## Claim Your Tickets Today!

To claim your complimentary three-day tickets, simply request them through the Broken Sound App [here](#) or call Reception at 561-241-6800. Members are eligible to purchase four additional tickets per day at a 50% reduced rate. Additional tickets can be purchase "in person" Monday through Friday from 9:00 am - 5:00 pm at the Membership Office Via Credit Card.

Please be on the look out for an email from TIXR regarding your complimentary tickets.

MORE INFORMATION!



# Conversations with David & Ken



Join Club President David Bauer and GM/COO Ken Kosak for an interactive conversation with Members to ask questions and share insights.

Thursday, February 20

Thursday, March 13

3:30 pm – 4:30 pm | Starling

Registration for Thursday, February 20 is now open. Registration for Thursday, March 13 will open two weeks in advance.

REGISTER NOW

*These meetings are designed to be smaller, ensuring that all members in attendance have speaking time. Space is limited. Should a wait list occur, future dates will be forthcoming.*



# YOUTH SPOTLIGHT

Beata Delanoe, Youth Program Manager



The Youth Department made the most of MLK Jr. Day by inspiring children to step outside their comfort zones and try something new!

Our "Tween Spin" event had thrill-seeking participants jumping into the unknown, and with Coach Shelley leading the way, there was no slowing down! Riders tackled uphill climbs, downhill sprints, and strength challenges, pushing their limits in an electrifying workout from start to finish.

The excitement didn't stop there! We kept the energy high with a Dance Jam session, welcoming all ages and dance styles. After a dynamic warm-up and stretching, everyone found their groove, let loose, and showed off their best moves on the dance floor.

To close out the day, we shifted gears with a LEGO creation station, where kids let their imaginations take over, building and designing at their own pace. It was the perfect way to unwind after an action-packed day of movement and fun!



## February 8 - March 8

## Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE BISTRO MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>8</b></p> <p>Bistro All Day 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>
<p><b>9</b></p> <p>Bistro All Day CIRQ Brunch Buffet 1401 East Brunch Buffet CIRQ Bar Bites Bistro Pizzeria The Big Game Super Sunday 1401 East Uncorked After Fore</p>	<p><b>10</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Zest Dinner</p>	<p><b>11</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner</p>	<p><b>12</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner Wine Society: Evening of Appreciation</p>	<p><b>13</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Prime Rib Special Zest Dinner</p>	<p><b>14</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Zest Dinner CIRQ Asian Dinner Buffet Valentine's Day Dinner Dance 1401 East Dinner</p>	<p><b>15</b></p> <p>Bistro Brunch Buffet 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>
<p><b>16</b></p> <p>Bistro Brunch Buffet 1401 East Brunch Buffet Bistro Pizzeria 1401 East Uncorked After Fore</p>	<p><b>17</b></p> <p>Bistro Lunch Buffet 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Bistro Burgers &amp; Brews Zest Dinner</p>	<p><b>18</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner Wine Dinner: Orin Swift</p>	<p><b>19</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner</p>	<p><b>20</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Lobster Bash 1401 East Wine &amp; Dine Dinner Special</p>	<p><b>21</b></p> <p>Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour Zest Dinner 1401 East Dinner Woodford &amp; Chocolate</p>	<p><b>22</b></p> <p>All Day Buffet Bistro All Day 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>
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# Weekly Dining Events



Hours of Operation & Dress Code

VIEW

## CIRQ Grille and Bar

### Lunch Buffet

Monday - Saturday

MENU

### Limited A la Carte

Daily

MENU

### Sunday Brunch

MENU

### Bar Bites

Daily

MENU

### Burgers & Brews

Monday

MENU

### À la Carte Dinner

Monday, Thursday - Saturday

MENU

### Tuscan Dinner Buffet

Wednesday

MENU

### Twin Plates

Tuesday

New Menu Starting February 11

MENU

### Prime Rib Night

Thursday

MENU

### Chef's Specials

Friday

MENU

### Ocean to Table

Saturday

MENU

### Family Dinner Buffet

Sunday

No Dinner on February 16

MENU

### Youth

Daily

MENU

## Bistro

### Lunch

Monday - Friday

Saturday & Sunday | Opens at 9:00 am

MENU

### Youth

Daily

MENU

### Bistro Burgers & Brews

Available February 17

MENU

### Bistro Pizzeria

Sunday

New Menu Starting February 9

MENU

## Zest Restaurant

### Dinner

Monday - Friday

No Dinner on February 27

MENU

### Youth

Daily

MENU

## 1401 East Restaurant

### Lunch

Daily

MENU

### Brunch

Sunday

MENU

### Wine & Dine

Thursday

MENU

### Dinner

Friday & Saturday

MENU

### Uncorked After Fore

Sunday

MENU

### Bar Bites

Daily

MENU

# 1401 East



## Shuttle Service

We are delighted to offer our members a **complimentary luxury shuttle service** to and from the Old Course.

The 1401 East Shuttle will operate every 30 minutes on Friday and Saturday evenings from 5:00 pm to 10:00 pm.

To use this service, simply park or valet your car at the Main Clubhouse, and our 15-person shuttle will be waiting near the Valet Bag Drop. After dinner, your shuttle will be stationed near the Old Course Port Cochère for your return trip.

### Hours of Operation:

Friday and Saturday evenings, 5:00 pm - 10:00 pm

Shuttle picks up at Main Clubhouse - 5:00 pm

Arrives for pick up every half hour until 9:30 pm

Shuttle arrives at Old Course on the quarter hour, starting at 5:15 pm

Arrives every half hour until 10:00 pm



**CIRQ**  
GRILLE & BAR

*Did you know?*

CIRQ Restaurant offers fresh food Stations every week for lunch!



**Monday | Build Your Own Pasta Station**

Choose from a variety of pastas, sauces, and toppings to create your perfect dish



**Wednesday | Farm to Table Salad Station**

Experience the CIRQ new farm-to-table organic elaborate salad bar!



**Friday | Stir Fry Action Station**

Savor sizzling stir-fry made right before your eyes, with your choice of protein, veggies, and sauces!



# NATIONAL PIZZA DAY

**SUNDAY,  
FEBRUARY 9  
5:00 PM - 8:00 PM  
AT BISTRO**

## LOBSTER PIZZA

**CHOPPED LOBSTER, FRESH MOZZARELLA, FRIED CAPERS, KALAMATA OLIVES, ARUGULA**

## WHITE TRUFFLE & PROSCIUTTO PIZZA

**FRESH MOZZARELLA, MUSHROOMS, PECORINO CHEESE, SLICED PROSCIUTTO, TRUFFLE OIL**

[VIEW FULL PIZZERIA MENU](#)

  
BROKEN SOUND  
CLUB



# SOCIAL HOUR



FEBRUARY  
10 - 28  
4:00 PM TO  
5:30 PM



**\$8 SOCIAL BITES | \$9 HOUSE MARTINIS**  
**\$3 BEERS | \$5 HOUSE WINES**



AVAILABLE DAILY

[VIEW MENU](#)



AVAILABLE DAILY

[VIEW MENU](#)



MONDAY - FRIDAY

[VIEW MENU](#)

## Evening of Appreciation

Wednesday, February 12 | 6:30 pm | 1401 East

Dress Code: Club Attire

Price Included with Wine Society Membership

To reserve, please call 561-241-6800.



For details regarding the Wine Society Membership, please email [winesociety@brokensoundclub.org](mailto:winesociety@brokensoundclub.org)

## Valentine's Day Dinner Dance

Friday, February 14

Seating Begins at 5:30 pm  
Illuminations Ballroom | \$110

COCKTAIL ATTIRE

Join us for a special two-course prix fixe menu featuring an exquisite dessert display carefully crafted to delight your senses. Indulge in romantic ambiance, exceptional cuisine and unforgettable memories.

[VIEW MENU](#)

Reservations are required and open.

If a cancellation is needed, please call Reception at least 48 hours prior to reservation. Members who fail to cancel in due time will be charged in full.

# Dine with your Valentine



## ZEST

RESTAURANT

Dinner Menu  
Reservations Now Open

[VIEW MENU](#)



## CIRQ

GRILLE & BAR

Asian Dinner Buffet  
Reservations Now Open

[VIEW MENU](#)



## 1401 East

Dinner Menu  
Reservations Now Open

[VIEW MENU](#)



## Lakerview Happy Hour

Happy Hour  
5:30 pm - 7:30 pm

In the event of inclement weather,  
Happy Hour will be moved to Bistro.

# Presidents Weekend at bistro

### BRUNCH BUFFET

Saturday, February 15 &  
Sunday, February 16

9:00 am - 3:00 pm | Bistro  
\$24 Adults | \$12 Children

[VIEW MENU](#)

### BBQ LUNCH BUFFET

Monday, February 17

11:30 am - 3:00 pm | Bistro  
\$21 Adults | \$11 Children

[VIEW MENU](#)

# bistro | BURGERS & BREWS



Monday,  
February 17  
5:00 pm - 8:00 pm

[VIEW MENU](#)





*Saddle Up for Family Fun!*

# HOMIE ON THE RANGE BBQ



**Sunday, February 16**  
3:30 pm – 7:00 pm | Driving Range  
Adults \$40 | 12 & Under \$20  
*Guest Welcome! | Food Stations Included*

**GAMES FOR ALL AGES!**

[REGISTER NOW](#)

[VIEW MENU](#)

**AXE THROWING**  
**GAMES** **PETTING ZOO**  
**BULL RIDING** **PONY RIDE**  
**FARMER'S MARKET**



# ORIN SWIFT *Wine Dinner*

**Tuesday, February 18**  
6:00 pm | Illuminations | \$105

DRESS CODE: CLUB ATTIRE [VIEW DRESS CODE](#)

[VIEW MENU](#)

Reservations are required and open.  
To reserve, please call 561-241-6800.



# *Lobster Bash*

**Thursday, February 20 | 5:30 pm**  
\$85 Adult | \$20 Child | Illuminations Ballroom

DINNER CASUAL ATTIRE

*Reservations are required and open.*

To reserve, please call 561-241-6800.

[VIEW MENU](#)

*If a cancellation is needed, please call Reception at least 48 hours prior to reservation.  
Members who fail to cancel in due time will be charged in full.*



# WOODFORD & Chocolates

Friday, February 21

Seatings Begin at 7:30 PM

The Old Course Lower Patio | \$65 Adults

Discover a unique tasting experience where the craftsmanship of fine bourbon blends perfectly with the indulgence of gourmet chocolates. Enjoy four distinct Woodford Reserve flavors, Distillers Select, Double Oak, Double-Double Oak, and the New Make expressions each guided by an expert educator.

To reserve, please call 561-241-6800.

*Limited Availability*

Cancellations must be made at least 48 hours prior to the event. Any cancellations made after this time will incur the full charge.



## Wine Society Exclusive Dinner

Tuesday, February 25  
6:00 pm | 1401 East | \$225

Dress Code: Club Attire

To reserve, please call 561-241-6800.

Exclusive to Wine Society Members.

[VIEW MENU](#)

Cancellations must be made at least 48 hours prior to the event. Any cancellations made after this time will incur the full charge.



PLEASE JOIN US FOR  
THE ANNUAL OLD COURSE

UNDER THE STARS

# GALA

MARCH  
**08**  
2025

7:00 pm | Illuminations | \$160 per person  
Premium Open Bar | Outstanding Entertainment

*Old Course Members Only | Black & White Cocktail Attire*  
To reserve, please call 561-241-6800.

DRESS CODE

VIEW MENU

*AN EVENING NOT TO BE MISSED*



# PASSOVER DINNER

Saturday, April 12 & Sunday, April 13

Seatings Begin at 5:00 PM | Illuminations  
\$65 Adults | \$20 Children | Club Attire

Reservations open Wednesday, March 12.



# Easter Brunch

SUNDAY, APRIL 20

SEATINGS BEGIN AT 11:00 AM | ILLUMINATIONS

\$65 ADULTS | \$20 CHILDREN | CLUB ATTIRE

RESERVATIONS OPEN THURSDAY, MARCH 20.



## February 8 - March 8

## Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE CLUB COURSE MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>8</b> Tennis Singles Championships Pap Corps Viva Las Vegas Live at Lynn</p>
<p><b>9</b> Tennis Singles Club Championship Fitness Class: Tai Chi</p>	<p><b>10</b> Spa Event: "Love the Skin You're In" Current Events CC XXIO Fitting Day OCMGA Guy's Night Out</p>	<p><b>11</b> Ladies' Member-Guest Card Party: Mamma Mia Photography Club Grief Support</p>	<p><b>12</b> Music on the Patio Fitness Class: Sound Healing</p>	<p><b>13</b> OCWGA Mixer #2 Trivia Night Rumba Dance Class</p>	<p><b>14</b> Youth Movie Night</p>	<p><b>15</b> Family Fishing Derby Oscar Talk</p>
<p><b>16</b> CC Sadie Hawkins Mixer Home On The Range</p>	<p><b>17</b></p>	<p><b>18</b> Writers Workshop Great Courses</p>	<p><b>19</b> Book Club: The Frozen River Dink &amp; Drink</p>	<p><b>20</b> Conversations with David &amp; Ken BSC Singers CC StickX Trade-In Event</p>	<p><b>21</b> Women's Club Luncheon: Renee Silvin Lynn University - A Chorus Line</p>	<p><b>22</b> Pickleball Doubles Club Championship</p>
<p><b>23</b> CC Member-Member</p>	<p><b>24</b> Current Events Workshop Series Early Morning Yoga</p>	<p><b>25</b> Fitness Class: Belly Dancing Grief Support</p>	<p><b>26</b> OC Clinic: Putting &amp; Pizza</p>	<p><b>27</b> OC Men's Multi-Day Member-Guest Candlelight Concert</p>	<p><b>28</b> OC Men's Multi-Day Member-Guest</p>	<p><b>1</b> Getting Ahead of Alzheimer's Tennis &amp; Pickleball OC Men's Multi-Day Member-Guest</p>
<p><b>2</b> Getting AHEAD of Alzheimer's Tennis &amp; Pickleball Youth Drive, Chip &amp; Putt Competition</p>	<p><b>3</b> Tennis Ladies' Member-Guest Pickleball Ladies' Member-Guest Bowling Club Meet the Candidates</p>	<p><b>4</b> CC Ladies' Golf Guest Day 1 Spanish River: Kol Esperanza Writers Workshop Great Courses</p>	<p><b>5</b> CC Ladies' Golf Guest Day 2</p>	<p><b>6</b> BSC Singers Social Game Night</p>	<p><b>7</b></p>	<p><b>8</b> Tennis Men's &amp; Women's Doubles Club Championship Semi-Final OC Black &amp; White Gala</p>

# Member Clubs

JOIN A CLUB TODAY!

[MORE INFORMATION](#)

## BOOK CLUB

Wednesday, February 19  
4:00 PM | Starling | Complimentary  
The Frozen River by Ariel Lawhon

[FULL FLYER](#)

[REGISTER NOW](#)

## BROKEN SOUND *Bowling Club*

Monday, March 3 | 7:00 pm | Bowlero  
21046 Commercial Trail, Boca Raton  
\$14+ Games | \$6+ Shoe Rental  
Members Only

[FULL FLYER](#)

[REGISTER NOW](#)

## The *Broken Sound Singers*

Thursday, February 20 | 4:00 pm  
Starling | Complimentary | Members Only

[FULL FLYER](#)

## CURRENT EVENTS

Monday, February 10  
4:00 - 5:30 pm | Starling  
Complimentary | Members only

[FULL FLYER](#)

[REGISTER NOW](#)

## GREAT COURSES

AMERICA'S  
FOUNDING  
FATHERS

TUESDAY,  
FEBRUARY 18  
7:30 PM | STARLING  
COMPLIMENTARY

[FULL FLYER](#)

[REGISTER NOW](#)

## GRIEF SUPPORT GROUP

Tuesday, February 11 | 7:00 pm  
Nightingale | Complimentary  
Members Only

[FULL FLYER](#)

## *Magic Hands* KNITTING CLUB

Tuesday, February 11  
10:00 am - Noon  
Osprey | Members & Guests

[FULL FLYER](#)

# Music on the patio

Wednesday, February 12  
4:30 pm - 7:30 pm | Lakeview Terrace  
Complimentary

Join us for an evening of music!  
Reservations are not required on  
the terrace and the bar bites  
menu will be available.

STUDIO DANCE CLASS:

## Rumba

Thursday, February 13  
5:00 pm | Studio 1 | \$8

Join us for an exciting and dynamic Rumba dance class  
with the talented Ellen Cullivan! Learn the passionate and  
rhythmic movements of the Rumba, a Latin dance known  
for its smooth, flowing style and sensual steps.

Register on the Mobile App

[REGISTER NOW](#)

or call Reception at (561) 241-6800.



If a cancellation is needed, please call the reception team at  
least 48 hours prior to the event. Members who fail to cancel  
in due time will be charged in full.



**THURSDAY, FEBRUARY 13**  
**7:30 PM | PELICAN**  
**COMPLIMENTARY | MEMBERS ONLY**

Register on the Mobile App  
 or please call Reception  
 at 561-241-6800.

**REGISTER NOW**

Members must call Reception at 561-241-6800  
 cancel at least 48 hours in advance,  
 or a \$10 per person no-show fee will be charged.

*Best Picture*  
**OSCAR TALK**  
*with Dan Hudak*

**Saturday, February 15 | 4:00 pm**  
**Illuminations Ballroom | Members Only | Complimentary**

Register on the Mobile App or please  
 call Member Experience at 561-241-6870.

**REGISTER NOW**

Members must call Reception at least 48 hours in advance,  
 or a \$10 per person no-show fee will be charged.

*Duplicate Bridge*

**Wednesday, February 19**  
**7:00 PM | Osprey | Members & Guests \$12**

Calling all Bridge players! Whether you're a  
 seasoned pro or a beginner, all levels are welcome.

Register on the Mobile App or  
 please call Reception at 561-241-6800.

**REGISTER NOW**

Join Us As  
 Broken Sound Welcomes  
**Dr. G. Peter Gliebus**

Discussing Alzheimer's Disease and  
 Related Dementias,  
 New Drug Therapies and Risk Reduction



**Friday February 21, 2025**  
**4:00 pm**  
**Illuminations Ballroom**

Dr. G. Peter Gliebus received his medical degree from Vilnius University in Vilnius, Lithuania. After completing the neurology residency at Drexel University College of Medicine in Philadelphia, PA, where he was named a chief resident, Dr. Gliebus was named the J. Rosenstone Behavioral and Cognitive Neurology Fellow at the Cognitive Neurology and Alzheimer's Disease Center at Northwestern University, Chicago, IL. Before joining Baptist Health, he served as the Chair of the Department of Neurology at Drexel University College of Medicine in Philadelphia. He is currently a Vice Chair for Neurosciences and the Director of the Behavioral and Cognitive Neurology Program at Marcus Neurosciences Institute of Baptist Health.

**REGISTER NOW**

**Reservations are  
 Required and Open  
 To Reserve, Please  
 Call 561-241-6800**

**ALZHEIMER'S ASSOCIATION®**



# A.I. Session

**Monday, February 24**  
**7:30 pm | Starling | Complimentary**

Dive into the fascinating world of Artificial Intelligence!

**Register on the Mobile App**  
**or please call Reception at (561) 241- 6800.**

**REGISTER NOW**

# Annual Canasta

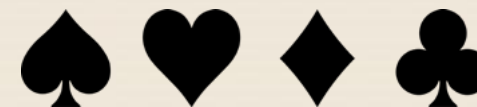
**CHAMPIONSHIP TOURNAMENT**

**Tuesday, March 11 | 5:45 pm**  
**Pelican | \$75 | Members Only**

Light dinner, tournament play, cards, and trays will be provided. Players must be at the intermediate or advanced level of play and all participants must sign up with a partner. Prizes will be awarded to the winners.

**Registration opens on Tuesday, February 11.**  
**Register on the Mobile App or please call Reception at (561) 241- 6800.**

**REGISTER NOW**



**Presented by the Social Committee.**  
**Tournament Coordinator is Carol Cohen.**

**Benefiting the Tunnel to Towers Foundation**  
**\$10 cash per ticket to enter a 50/50 Raffle.**



# *Candlelight Concert*

## CLASSIC ROCK ON STRINGS

**Thursday, February 27**  
**7:30 pm Dessert Reception**  
**8:00 pm Show | Lakeview Terrace**  
**\$48 Members & Guests**

**Register on the Mobile App or**  
**please call Reception at (561) 241- 6800.**

**REGISTER NOW**

*If a cancellation is needed, please call the Reception team at least 48 hours prior to the event. Members who fail to cancel in due time will be charged in full.*



# Save the Date

## Sunday, March 30, 2025 | 7:00 pm

 **HADASSAH**  
 Florida Atlantic *presents*  
**Hadassah MEDICAL MIRACLES:**  
**Hadassah Cancer Research Institute**

**Hosted by**  **HADASSAH**  
 Broken Sound, Boca Raton Chapter

### Featuring



Moti Avner, MD

*Moti Avner, MD is presently a postdoctoral Fellow in Melanoma Oncology at the MD Anderson Cancer Center. He is the Senior Physician & Director of the Young Adult Oncology Program at Hadassah Medical Center, Jerusalem, Israel.*



Stewart Greenberg, Esq.

*Stewart Greenberg, Esq. is a long-time melanoma patient of Professor Michal Lotem, Director of the Hadassah Cancer Research Institute, Ein-Kerem, Jerusalem, Israel.*

Broken Sound Country Club - 2401 Willow Springs Dr., Boca Raton, FL 33496  
 Dessert Reception in the Pelican Room  
 Fee: \$50 p/p Hadassah Members & Guests  
 Questions? Contact: Judy Needle, ypneedle@gmail.com

**Check your Hadassah Emails for how to register for Hadassah Medical Miracles event.**

Hadassah, The Women's Zionist Organization of America, Inc.



**YOUTH**

*Slumber Style*

**Movie Night**

Featuring... "Gnomeo & Juliet"

Friday, February 14

Drop off 6:15 pm | Pick up 8:45 pm | Fitness Studio 1  
Complimentary | Members Only

*PJs, blankets and pillows welcomed!*

Moonstone Café will be open until 6:45 pm with kids' menu and goodies.  
The game room will be closed during the movie unless accompanied by parents.

**REGISTER NOW**

Register on the Mobile App or  
call Youth at 561-241-6828

*If a cancellation is needed, please call Youth at 561-241-6828  
at least 48 hours prior to the event.*

*Members who fail to cancel in due time will be charged a  
no-show fee of \$10 per person.*



**YOUTH**

*Hooked on Fun*



**FAMILY FISHING DERBY**

Bring your fishing poles and your best fishing stories—  
we'll provide the bait and the fun!

Saturday, February 15

1:00 pm - 3:00 pm | Lake by the Clock Tower  
Complimentary | Members Only

*Grandchildren Welcome | Parental Supervision Required*

Register on the Mobile App  
or call Youth at 561 -241 -6828.

**REGISTER NOW**

*If a cancellation is needed, please call Youth at 561 241 6828 at least 48 hrs prior to the event.  
Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

# YOUTH

*Drive, Chip & Putt*



## COMPETITION

**Sunday, March 2 | 3:00 pm - 5:00 pm | Ages 5-16**  
**Driving Range | Complimentary | Members Only**  
*Grandchildren Welcome | Parental Supervision Required*

Bring your A-game and join us for a fun-filled afternoon on the greens! Whether your child or grandchild is a seasoned golfer or just learning the ropes, this friendly competition is perfect for all skill levels. Participants will have the chance to showcase their driving distance, chipping accuracy, and putting finesse.

**Register on the Mobile App or call Youth at 561-241-6828.**

**REGISTER NOW**

*If a cancellation is needed, please call Youth at 561 241 6828 at least 48 hrs prior to the event. Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*

# Youth

**Dough it Yourself!**

## Pizza Making Party



**Sunday, March 9**  
**Session 1 10:00 am - 11:00 am | Session 2 12:00 pm - 1:00 pm**  
**Zest Patio | \$27 per Child (Ages 5 & Up) | Members Only**

LIMITED AVAILABILITY

Slice up the fun! Join us for a hands-on pizza party where junior chefs create their own delicious masterpieces. Toppings, giggles, and memories included!

**Register on the Mobile App or please call Youth at 561-241-6828.**

**SESSION 1**  
**REGISTER NOW**

**SESSION 2**  
**REGISTER NOW**

*If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event. Members who fail to cancel in due time will be charged an event fee of \$27 per child registered.*

# February Youth Class Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>BASKETBALL</b> 4:00 - 4:30 PM (AGES 4-6)  BASKETBALL COURT COMPLIMENTARY WALK-IN	<b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 & UP)  RACQUET CENTER REGISTER WITH RACQUET SHOP	<b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM	<b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM	<b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM	<b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM
	<b>BASKETBALL</b> 4:30 - 5:30 PM (AGES 7 & UP)  BASKETBALL COURT COMPLIMENTARY WALK-IN		<b>*SELF-DEFENSE</b> 5:00 - 6:00 PM (AGES 5 & UP)  FITNESS STUDIO 2 REGISTRATION REQUIRED	<b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 & UP)  RACQUET CENTER REGISTER WITH RACQUET SHOP		<b>FITNESS</b> 12:00 - 12:30 PM (AGES 4-6)  FITNESS STUDIO 2 COMPLIMENTARY WALK-IN
						<b>FITNESS</b> 12:30 - 1:30 PM (AGES 7 & UP)  FITNESS STUDIO 2 COMPLIMENTARY WALK-IN

\* TO REGISTER FOR SELF-DEFENSE CLASS PLEASE CONTACT CARLOS SUAREZ AT 561 929 0812



## EXPERIENCE DAY



Monday, February 10  
 11:00 am - 3:00 pm  
 Club Course Driving Range

[REGISTER NOW](#)



OCMGA

## GUY'S NIGHT OUT

MONDAY FEBRUARY 10 | 12:30 PM  
 OLD COURSE

STABLEFORD / SKINS  
 \$105 PER PERSON

# STICKX GOLF

## TRADE-IN EVENT

Thursday, February 20  
10:00 am - 2:00 pm  
Club Course Driving Range

Turn your unused or unwanted golf gear into Golf Shop credit! The StickX team will be on-site to evaluate your items and provide you with credit directly to the Golf Shop.

Bring in all types of golf equipment—clubs, rangefinders, and more—for a hassle-free evaluation.

It's the perfect opportunity to declutter your garage and upgrade your gear effortlessly.  
**Don't miss out!**



# PUTTING & PIZZA

**WEDNESDAY, FEBRUARY 26**

**4:00 PM - 5:00 PM | THE OLD COURSE**

**\$35 PER PERSON**

**REGISTER  
VIA FORETEES!**

For more information, please  
call The Old Course Pro Shop  
at 561-994-8505.





*The Pineapple*  
**MEN'S INVITATIONAL**  
 AT THE OLD COURSE

**Thursday, February 27  
 through Saturday, March 1**

**\$1,795 Per Twosome**

**Thursday**

Optional PM practice round.

6:00 pm Pairings Party with contests, gifts, and important information.

**Friday**

Three 9-Hole Matches followed by dinner.

**Saturday**

Two 9-Hole Matches with Shootout and Playoff occurring immediately following play.

Handicap Index between partners will be limited to a 10 shot differential. The higher handicap player will receive a handicap index deduction if differential is greater than 10.

All participants will be issued their lowest handicap index in the GHIN database from the past year.

Register via  
 ForeTees.



# CLUB COURSE Ladies' Golf Guest Day

Tuesday, March 4

8:30 am - Breakfast and Gifts  
 10:00 am - Tournament Shotgun  
 2:00 pm - Luncheon and Awards



Wednesday, March 5

8:30 am - Breakfast and Gifts  
 10:00 am - Tournament Shotgun  
 2:00 pm - Luncheon and Awards

## Never Never Land With a Golfing Peter Pan

**\$500\* per Twosome (Member & Guest)**  
**Format - 4 Person Scramble - Sign up with another Twosome to create your Team.**

Register via ForeTees.

Registration is for Member-Guest Groups only, no Member-Member teams allowed to participate.

Register for the day you prefer to play.

Each day limited to the first 30 teams registered.

\*Plus tax, price includes golf, food and gifts.

Invitation will follow once registration is confirmed.

# MEN'S SINGLE DAY MEMBER-GUEST

TUESDAY, MARCH 11  
&  
WEDNESDAY, MARCH 12  
PM SHOTGUN CLUB COURSE

Register via ForeTees.  
\$550 per team \*

Golf members only.  
\*Plus tax. Price includes golf and food.



## OC Men's 1-Day Member-Guest Monday, January 27

Overall Winners:  
Barry Meyers & Lewis Meyers

### First Flight

- 1st Place: Allan Ratafia & Jahn Levin
- 2nd Place: Zoel Silverman & Robert Maguire
- 3rd Place: Lee Casty & Michael Rosenson
- 4th Place: Michael Newman & Stuart Newman

### Second Flight

- 1st Place: Louis Glazier & Jim Narens
- 2nd Place: Glenn Geffner & Jonathan Aber
- 3rd Place: David Garrett & Burt Bines
- 4th Place: Jeffrey Turner & Eyal Avivi

### Third Flight

- 1st Place: William Schenck & Elliot Wexelman
- 2nd Place: Ron Oppenheimer & Ron Moelis
- 3rd Place: Gary Cohen & Mike Shapiro
- 4th Place: Brian Friedman & Steve Migliara

### Fourth Flight

- 1st Place: Saul Simon & Ron Guttenberg
- 2nd Place: Ryan Leeds & Richard Weisman
- 3rd Place: Bruce Mantell & Bernard Bloomfield
- 4th Place: Daniel Chlewich & David Shanker

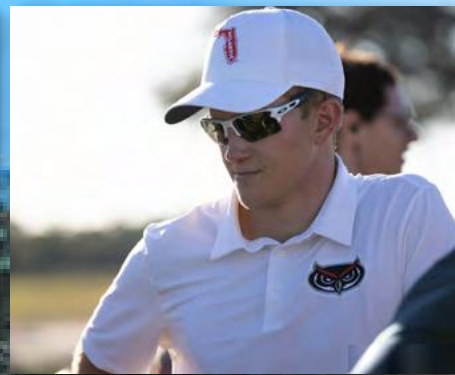
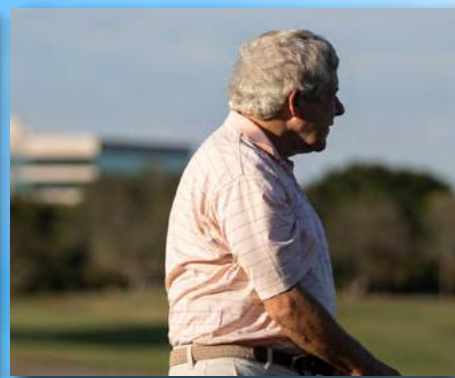
### Fifth Flight

- 1st Place: Doug Steinberg & Lawrence Wolfe
- 2nd Place: Michael Moskowitz & Jon Gross
- 3rd Place: Harry Berg & David Berg
- 4th Place: Stephen Nechtow & Ed Horwitz

### Sixth Flight

- 1st Place: Barry Meyers & Lewis Meyers
- 2nd Place: Scott Metzger & Jon Hornik
- 3rd Place: David Lasky & Brian Schroeder
- 4th Place: David Stecker & Mario Fratto





### OC Men's 1-Day Member-Guest Tuesday, January 28

**Overall Winners:**  
Irwin Isser & Edward Petrie

#### First Flight

- 1st Place: Robert Goldstein & Howard Juster
- 2nd Place: David Schachter & Barry Fish
- 3rd Place: Michael Chalef & David Skid
- 4th Place: Mark Mariani & Jack Paltani

#### Second Flight

- 1st Place: Irwin Isser & Edward Petrie
- 2nd Place: Harvey Feldman & Stuart Elkin
- 3rd Place: Jeffrey Baskies & Nick Carbo
- 4th Place: David Stadtherr & Paul McAllister

#### Third Flight

- 1st Place: Eric Bershad & Russell Bershad
- 2nd Place: Ira Rosen & David Zalaznick
- 3rd Place: Eric Donner & Darren Satsky
- 4th Place: Charles Rappaport & Jerome Cohen

#### Fourth Flight

- 1st Place: Howard Dolgon & David Silverman
- 2nd Place: Alan Goldstein & Ira Udell
- 3rd Place: Arnold Kaminer & Ian Freeman
- 4th Place: Michael Landsberg & Jonathan Landsberg

#### Fifth Flight

- 1st Place: Doug Steinberg & Lawrence Wolfe
- 2nd Place: Michael Moskowitz & Jon Gross
- 3rd Place: Harry Berg & David Berg
- 4th Place: Stephen Nechtow & Ed Horwitz

#### Sixth Flight

- 1st Place: Gary Flyer & Mitch Goldschmidt
- 2nd Place: Roger Levine & Daniel Levine
- 3rd Place: Bruce Mantell & Stuart Applebaum
- 4th Place: Henry Hackel & David Kraut



# Meatballs & Martinis

## Wednesday, February 5



# Getting AHEAD of Alzheimer's March 1 & 2, 2025

**SATURDAY, MARCH 1, 2025** \*rain date:  
**FUN WALK/RUN FOR ALZHEIMER'S** Sunday, March 2nd

8:00 am Registration/Stretching  
(at clubhouse parking lot)  
9:00 am Fun Walk/Run

FEE  
**\$50**

\*\$25 FOR 16 & UNDER  
\*\*\$75 DONATION INCLUDES EVENT T-SHIRT  
\*\*\*\$125 INCLUDES ATTENDANCE TO THE SUNDAY CLOSING CEREMONY

**MINIMUM DONATION**

**SUNDAY, MARCH 2, 2025**  
**Tennis & Pickleball Mixed Doubles Round Robin**

Pick Your Partner - Division A or B  
\*Women may be partnered together

*This event is open to all members and Guests are welcome!*

FEE  
**\$250**

11:30 am Registration Opens  
12:00 pm Play Begins  
1:00 pm Vendor Fair Begins

3:00 pm Closing Ceremony:  
Vendor Shopping | Raffles  
Hors d'oeuvres | Cash Bar

**PER TEAM**  
INCLUDES EVENT T-SHIRT

**Register for one or both events!**

Scan the QR code & click "donate to team"



**FOR MORE INFORMATION ON YOUR REGISTRATION OR QUESTIONS, CONTACT:  
SAUL SIMON AT ALZBSCC@GMAIL.COM**



## RACQUETS *Dinner Dance*

Saturday, March 15  
6:30 pm | Illuminations | \$110  
Cocktail Attire

Join us for Cocktail Hour,  
Dinner and Dancing

Reservations Open  
Saturday, February 15





# PICKLEBALL MIXED DOUBLES CLUB CHAMPIONSHIP

Sunday, March 16  
Semi Finals & Finals

10:00 am | Pickleball Courts

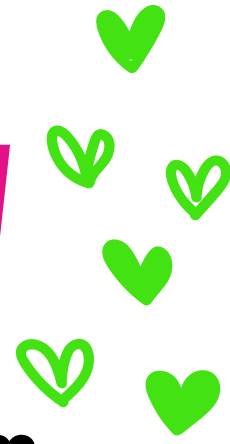
Must sign up with a partner and be available for Semi Finals and Finals. Registration closes Tuesday, February 11. Draw will be posted Friday, February 14. Preliminary Rounds scheduled independently prior to Semi Finals and Finals.

Register on the Mobile App or please email [tennis\\_proshop@brokensoundclub.org](mailto:tennis_proshop@brokensoundclub.org)

REGISTER NOW

Rain Date Monday, March 17.

# Pickleball & Tennis TRUNK SHOW



Monday Feb. 17th | 11:30am - 2:30pm  
Broken Sound Club - Racquets Pro Shop

Come See Us At  
**RACQUETS PRO SHOP**



# Dink and Drink

Meet at Pickleball Courts.

Come play Pickleball,  
Drink and Socialize!

Open Bar

**REGISTER NOW**

Register on the Mobile App  
or please call the  
Racquet Pro Shop 561-241-6880.

If a cancellation is needed, please call Racquet Pro Shop 561-241-6880 at least 48 hrs prior to the event. Members who fail to cancel in due time will be charged a cancellation fee.



Wednesday, February 19  
6:00 - 7:30 pm  
Pickleball Courts | \$30

# TENNIS MIXED DOUBLES CLUB CHAMPIONSHIP



Saturday, March 29 & Sunday, March 30  
Semi Finals Finals

10:00 am | Racquets Center

Must sign up with a partner and be available for Semi Finals and Finals. Registration closes Tuesday, February 18. Draw will be posted Friday, February 21. Preliminary Rounds scheduled independently prior to Semi Finals and Finals.

Register on the Mobile App or please email  
[tennis\\_proshop@brokensoundclub.org](mailto:tennis_proshop@brokensoundclub.org)

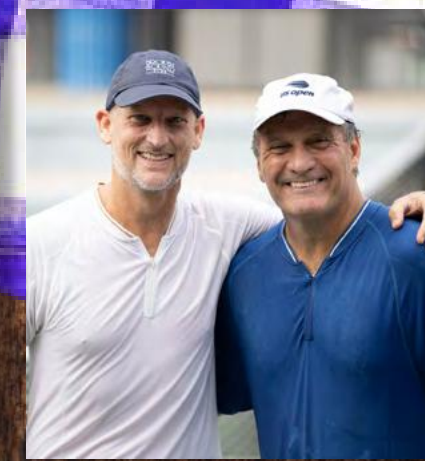
**REGISTER NOW**

Rain Date Monday, March 31.

**2025  
RACQUETS MEN'S  
MEMBER-GUEST  
SATURDAY, FEBRUARY 1**

**PICKLEBALL CHAMPIONS:**  
DAVID GROSSMAN & MARCIO PEPE  
GREG DUKOFSKY & NICK PIERIONE  
LARRY KOBREN & JORDAN TOLMAN

**TENNIS CHAMPIONS:**  
MARCELO ARAUJO & PEDRO NICOLELA  
STEVE SMITH & JEFF SMITH  
DUSTIN KEBRE & BRAD WASSERMAN



# FEBRUARY FITNESS CHALLENGE

## *Keep going and rowing!*

It's a race to see who can finish 500m the fastest!

To participate, simply ask one of our professional staff to time and record your performance.

*(Only one attempt allowed for each member)*

The winner will receive a free 30-minute session with one of our trainers!

[VIEW VIDEO](#)



# Early Morning YOGA

Monday, February 24 | 7:45 am - 8:30 am

Fitness Studio 1

Complimentary | Members Only

Join Terri and start your day destressing and energizing your body and mind with Vinyasa Yoga. All levels welcome.

*Reservations are required and open on Monday, February 10.*

**Register on the Mobile App. For more information, please call the Fitness Desk at 561-241-6840.**

[REGISTER NOW](#)

To cancel, Members must call the Fitness Desk at 561-241-6840 24 hours prior to the event, or a \$10 per person no-show fee will be charged.



# Belly Dance Class

**Tuesday, February 25**  
**10:30 am - 11:15 am | Studio 2**  
**Complimentary | Members Only**

Join Yukta for a unique Yogic Belly Dancing experience. Unleash your inner goddess in this beginner-friendly class celebrating feminine energy! Connect your body and soul with graceful movements.

Hip scarves and veils will be provided.

*Reservations are required and now open.*

**Register on the Mobile App.**

**REGISTER NOW**

**For more information, please call  
 the Fitness Desk at 561-241-6840.**

To cancel, Members must call the Fitness Desk at 561-241-6840 24 hours prior to the event, or a \$10 per person no-show fee will be charged.

## FITNESS CENTER TOUR & DEMOS



**Mondays at 2:30 PM and  
 Fridays at 1:30 PM  
 in February.**



Tour the Fitness Center and explore all it has to offer! From classes to training, we have something for everyone. Check out our new state-of-the-art equipment and learn how to use it.  
**Got questions?  
 We're here to help!**

moonstone<sup>SPA</sup>

# “Love the Skin You’re In”

## Instant Rejuvenate Treatment with Microdermabrasion

Experience a 30-minute Dermaplaning and LED Light Therapy facial, designed to reveal a smoother, brighter complexion. Dermaplaning gently exfoliates your skin, removing dead cells and peach fuzz for an instant glow, while LED Light Therapy targets specific skin concerns like fine lines, acne, and redness, promoting healing and rejuvenation. The perfect combination of exfoliation and skin therapy to leave your skin radiant, refreshed, and ready to shine.

Book your appointment today and fall in love with your skin all over again! The event includes a complementary gift, and participants will receive 25% off retail on the day of the event. Sweet Treats and bubbles will be served.

Monday, February 10  
2:00 pm - 5:00 pm | \$65.00

To schedule please call the  
Moonstone Spa at 561-241-6868.

moonstone<sup>SPA</sup>

# Indulge in Love: A Luxurious Valentine's Spa Escape

## Instant Rejuvenate Treatment with Microdermabrasion

Price - \$185 (\$210 Value)

Treat yourself to the ultimate rejuvenation with our Microdermabrasion + Oxygen Infusion Facial. We begin with Microdermabrasion to exfoliate and resurface your skin, revealing a smoother, brighter complexion. A nourishing blend of vitamins, antioxidants, and a hyaluronic acid-based serum is infused with pressurized oxygen, delivering deep hydration and instant radiance. Experience immediate results with a glow that continues to improve in the days that follow. Treat your skin to something special this month — schedule during the month of February and receive a complimentary gift!

## “Perfect Pair Treatment”

Add 30-minute Nourishing Scrub to any massage | Price - \$35.00

Book any 60/90-minute massage and add a 30-minute nourishing scrub for the perfect combination of relaxation and rejuvenation. Let the soothing massage melt away stress while the scrub exfoliates and hydrates, leaving your skin soft, glowing, and ready to take on the day. Whether it's for yourself or a loved one, this indulgent duo is the perfect way to unwind and feel your best this Valentine's season.

To schedule please call the Moonstone Spa at 561-241-6868.



# Group Fitness Class Schedule | February 2025

FITNESS CENTER | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

All classes require registration through the Mobile App.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Functional Strength</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 2 8:15 - 9:10 Ingrid	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>Stretch</b> Studio 1 7:30 - 8:25 Roberta	<b>Circuit Training</b> Studio 2 8:00 - 8:55 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>Stretch</b> Studio 1 10:30 - 11:25 Lisa B.	<b>Barre Strength</b> Studio 1 8:45 - 9:40 Shelley	<b>UltraFit Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Ginger	<b>UltraFit Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>Barre/Pilates Fusion</b> Studio 2 11:00 - 11:55 Karina	<b>Functional Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Functional Conditioning</b> Studio 1 9:00 - 9:55 Roberta
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Cycle &amp; Core</b> Cycle Studio 10:00 - 10:55 Shelley	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Barre/Pilates Fusion</b> Studio 2 11:00 - 11:55 Evan	<b>Cardio Dance</b> Studio 2 9:30 - 10:25 Evan	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Shelley	<b>Boot Camp</b> Studio 2 9:15 - 10:10 Ginger
	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Slow Gentle Yoga</b> Studio 1 11:00 - 12:15 Kristin	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Slow Yoga Flow</b> Studio 1 10:30 - 11:30 Shelby	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>UltraFit Conditioning</b> Studio 2 6:00 - 6:55 Stacey	<b>Gentle Restorative Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin	<b>Vinyasa Flow &amp; Sculpt</b> Studio 2 10:45 - 11:40 Terri	<b>Barre/Pilates Fusion</b> Studio 2 10:30 - 11:25 Shelley	<b>Youth Multi-Sports</b> Studio 2 Ages 4 - 6 12:00 - 12:30 Ages 7 & Up 12:30 - 1:30
	<b>Circuit Training/Boxing</b> Studio 2 5:30 - 6:25 Leo				<b>Youth Self Defense</b> Studio 2 5:00 - 6:00	

Cardio
  Strength & Cardio
  Strength & Balance
  Mind, Body & More
  Yoga
  Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure. For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

# Water Aerobics Class Schedule 2025

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>8:00 - 9:00</b> Karina	<b>8:00 - 9:00</b> Andrea	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Andrea	<b>8:00 - 9:00</b> Shelley	<b>8:00 - 9:00</b> Lois	
<b>9:30 - 10:30</b> Karina	<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Andrea	<b>11:00 - 12:00</b> Einat	<b>10:00 - 11:00</b> Karina	<b>11:00 - 12:00</b> Ginger	<b>9:30 - 10:30</b> Einat
		<b>3:00 - 4:00</b> Ginger	<b>3:00 - 4:00</b> Ingrid	<b>3:00 - 4:00</b> Ginger		

## Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching.

Classes are held in the Grotto Pool and the water temperature is 85 degrees.

If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

## Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour.

The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.



BROKEN SOUND  
CLUB

Photos/videos may be taken at any/all events.  
Participation implies consent for Broken Sound Club to  
use these photos for marketing purposes.

2401 WILLOW SPRINGS DRIVE  
BOCA RATON, FLORIDA 33496

